



**TIS BULLETIN: 22 JANUARY, 2016**

## **Thought for the Week**

If you are going to achieve excellence in big things, you develop the habit in little matters. Excellence is not an exception. It is a prevailing attitude.

- Colin Powell

## **Important Dates**

**23/1/16:** Health Walk; SAT; Parents of Grades 8 and 10 Orientation

**24/1/16:** Thanksgiving service and induction of new student leaders

**30/1/16:** ISSAG soccer, tennis and table tennis @ SOS

**7/2/16:** Visiting Sunday (1.00 -5.00pm)

## **Student Leadership Elections**

The student leadership elections for 2016 concluded on Thursday and their induction will take place on this Sunday at a special combined event from 3.00pm. Parents are welcome to attend.

## **ASA**

The After School Activities (ASA) program commenced this week. The yoga club has created some angst in the school community due to religious beliefs or perceptions. Yoga became fashionable in the Western world back in the 1980s as a form of physical exercise and relaxation. This is the only reason that yoga has been offered here at TIS. At TIS, yoga is important as:

- it allows a participant to be involved in a non-contact activity that promotes exercise and healthy living; and
- promotes relaxation, that will be important during exam periods when 95% of the student population panics and becomes very stressed.

Parents of any participating student in the yoga activity, or any ASA activity, who would like their son/daughter to withdraw from this activity should contact Mrs Surama. If uncertain, a parent may attend a yoga session to be reassured that this activity is being implemented for the intended reasons, and not with any duplicitous or nefarious intentions.

At TIS, we want our students to be balanced, reflective and internationally-minded.

## **Calendar**

An updated calendar of events is (definitely) included with this bulletin. Please note there are quite a few changes from the annual calendar to ensure a better balance and avoid congestion for activities. My apologies for omitting the calendar last week.



## Health Walk

- The second semester health walk will be held tomorrow, 23 January. Parents are welcome to join us. The walk will commence at 6.00am. Parents are encouraged to support their child/ren's color group. There will be some refreshment after the walk; a great opportunity to bond within school community.

## Parents of Grade 8 and 10 Students Orientation

Parents of Grade 8 and 10 students are invited to attend an orientation session tomorrow at 9.00am in the MPH. This meeting will provide parents with information about IGCSE and DP courses and subjects for the 2016/2017 academic year.

## Thanksgiving Service and Induction of Student Leaders

This service and event will be held on Sunday, 24 January, commencing at 3.00pm. Parents are invited to attend.

## Exeat Weekend

Please note that there will be an exeat weekend from 5-7 March to coincide with Ghana's Independence Day long weekend. Students may depart after 5.30pm on Friday 4 March and must return before 5.00pm on 7 March

## Young Entrepreneurial Challenge

Boston Dates: July 11-16, 2016

Location: Boston University (residential)

The Young Entrepreneur Challenge is the first of its kind, intensive business bootcamp designed specifically for high school students with a passion for entrepreneurship and business. Our primary objective is to increase the analytical aptitude of students by using business and entrepreneurship as a vehicle.

Our program is an intensive, one-week experience that will catapult your learning in the areas of web development, product and design, ideation, marketing, and business modelling while stressing the concepts of team work, critical thinking, and leadership.

Students between the ages of 15-19 are eligible to apply to the YEC programs! Students **must** be enrolled in a high school or secondary school as of January 1, 2016. Organisers evaluate applications based on the following criteria and will alert applicants within 3 days of their submission.

- Interest or desire to learn about entrepreneurship;
- Exposure to business knowledge through school or work experience;



- Speaking and writing ability.

They believe all students should have the experience for exposure to an entrepreneurial education. However, once students are accepted, they place a high standard of performance on them. The YEC is a competition and students are expected to display the utmost professionalism and a healthy competitive attitude.

The YEC encourages schools and groups to apply to compete as a school. Each year, the YEC attracts top international schools from around the world. Roughly half of our seats are reserved for international students and schools.

Parents who would like to find out more information should contact Bijoux.

## **IBDP Update**

Grade 12's are having a special schedule for this week and next week to complete the syllabus in a few subjects in a view to start full-fledged revision from Feb 1, 2016. 100% result for the batch of May 2016 is our common goal and all the stakeholders are giving their best to achieve the same. My advice to my Grade 12 students is to take good care of their health by eating and sleeping well. Viva voce for the extended essay will happen soon, and this schedule will be shared at the earliest time.

Grade 11, the election fever has caught the TIS campus and it was a pleasant sight to see the candidates canvassing using various media. My advice to all the participants in this electoral exercise is that

If you win, remember," With great power comes great responsibility".

If your friend wins, "It is just a bend and not the end".

You don't need a designation to do what you love. My congratulations to all the winners of this election. Let this be the last election in TIS where we use paper ballots, as we will embrace technology to make the process environment friendly in the future.

**Extended Essay research suggestion-** Effects of plastic on environment.

A study has revealed the rate at which we are dumping plastic in ocean. In another 30 years the total weight of plastic in ocean will be more than the fish. Research in the direction of reuse or replacement of plastic with a viable bio degradable material is the need of the hour.

I am looking forward to the young researchers of IB1 to work in this area. I am also looking forward to meet Grade 10 parents in " IB orientation " this Saturday after the health walk and



all the parents at the thanksgiving service on Sunday, 21-1-16. Welcome to the vibrant campus of TIS.

## ASCUUS Update

2 things I will do to help my community

0 ne bad habit to drop

1 thing I will do to make my friend happier

6 things I will do to excel in my academics

Last week, students from **Grade 7 – Grade 9** were busy setting their goals for 2016. We played ‘On the Tro-Tro’ during which they learned about making choices. With their “choice making skills”, they have selected from various career interests on the Career Interest Survey. They will be researching their top three interest categories to start getting a feel for different job opportunities.

Parents are encouraged to continue these conversations with them.

## College Visits

This Friday, representatives from **Lancaster and Webster Universities (Ghana Campus)** are visiting our students. You are invited. The time is **1:45pm** and the venue is the **New Exam Hall**.

## SUMMER ☺

[Washington & Jefferson College \(W&J\)](#), is the 11<sup>th</sup> oldest college in the U.S., founded in 1781, and located just **30 minutes from [Pittsburgh, PA](#)**.

W&J is now accepting applications for the following summer programs:

PROGRAM	DATES	DESCRIPTION	APPLICATION DEADLINE
<b>Summer Global Academy: (Grades 8 – 12)</b>	<b>First Session: July 10 – July 23</b>  <b>Second session: July 24 – August 6.</b>	Students will participate in tailored academic programs (encompassing the sciences, arts, business and humanities), curated events, seminars, and activities to broaden their talents and	



		encourage their personal growth.	
<b>Summer Intensive English Language Institute:</b>	<b>June 12<sup>th</sup> – August 6<sup>th</sup>, 2016</b>	Students enrolled in the Summer ELI program will develop academic skills such as advanced academic vocabulary, research methods, presentation skills, and advanced writing for academic purposes.	<b>April 15th</b>

### Test Reminders

**This Saturday, 23<sup>rd</sup> January, 2016** SAT takes place. Passports are the **only acceptable IDs** for test takers.

Please be reminded that this is a **College Board directive**.

All the best to our test takers!

### College Discovery

College of the Holy Cross, Susquehanna, Kalamazoo, name them ☺

Huh? Which one is that? These may not be household names in the college search process

However, some of these colleges offer very good programmes, support for students, quality teaching among other things you never thought they were good for.

Watch out for our college discovery corner this and every week.

This week, it's the turn of our very own:

**Accra College of Medicine (ACM)** – Accredited by the National Accreditation Board and the Ghana Medical & Dental Accreditation Board.

The Accra College of Medicine is the only private medical school in Ghana. It offers holistic education and is searching for students with a heart and passion for Medicine. This new privately owned medical institution is opening its doors to begin classes this February. The school provides a six-year program in **Medicine and Surgery**, specifically (five years for postgraduate students).



## Quick Facts (ACM)

**Location:** East Legon/ Adjiriganor near the Lifeway Baptist Church.

**Tuition (for Ghanaian students, must be resident): \$12,500**

(for international students and Ghanaian resident abroad): **\$17,500**

\*\$2,500 discount for this year's applicants.

## Requirements:

- Two Sciences (Chemistry HL and an additional Science subject) & Mathematics HL
- Entrance exams & Interviews
- Two letters of recommendations

**Application Deadline: 29<sup>th</sup> January, 2016** for applicants who intend to enter in February, 2016 (Applications will open in March for TIS students)

Visit: <http://www.acm.edu.gh/> or call: +233-303-961-778/+233-303-967-477  
[for more information.](#)

## CAS Updates

**Elon University visit:** A group of 14 students, under the leadership of Prof. Jason Aryeh, from the Elon University will team up with another group of 14 from the *Africa Alive Dance Company Ghana*, in bringing to the TIS community, a night of music, dance and cultural expression. The date is this Saturday, 23<sup>rd</sup> January, 2016. The group will arrive on campus at 3pm to commence preparation towards the show which comes off later in the evening from 7pm to 9pm. It will be a night of Cultural Experience!

**Red Cross Workshop:** From 27<sup>th</sup> to 29<sup>th</sup> January, and on 31st, the TIS Red Cross Club will be taken through a four-day workshop. Members of the club will be trained in giving *first aid* and in *handling various injuries*. They will participate in a number of exercises in order to develop the skills learnt during the workshop, and will be awarded certificates upon completion.

**Current Affairs Quiz:** On 5 February, 2016, the Humanities Department will launch what will be the inaugural TIS Inter-colour Current Affairs Quiz. Each colour group will be represented by one contestant who will battle the others for the ultimate prize. **Blue Cedar**, **Green Wisteria**, **Red Kigelia**, **Yellow Outeniqua**; how up to date are members of your colour in respect of Current Events?



## UPCOMING INTER - COLOUR COMPETITIONS - SEMESTER 2

DATE	PROGRAMME	VENUE	TIME	ORGANIZERS
Friday - 5 <sup>th</sup> February	Current Affairs Quiz	MPH	7:00pm	Humanities Dept.
Saturday - 20 <sup>th</sup> February	Sporty Family	Sports Complex	8:00am	Sports Committee/CAS
Friday - 8 <sup>th</sup> April	Dance Battle	MPH	7:00pm	Creative Arts Dept./CAS
Friday - 29 <sup>th</sup> April	Spelling Bee Contest	MPH	7:00pm	English Dept.

### Colour Group **Points – Standings** from Semester 1

<b>Red Kigelia</b>	17 – 1
<b>Blue Cedar</b>	17 – 1
<b>Yellow Outeniqua</b>	21 – 3
<b>Green Wisteria</b>	25 – 4

### Message from Head of Boarding

Parents of new students who were given the school's anniversary cloth should kindly make arrangements to get them made for them if they have not already done so. Any nice dress or shirt will be appropriate as they usually wear them to school on Fridays.

The first Visiting Sunday is February 7, 2016. Kindly help us keep our compound clean and tidy by dropping empty food packs and bottles in the bins placed around campus.

I appreciate your support

Dr Ken Darvall

Principal

**Word of Advice:** Nothing in TIS is useless.

## ALUMNI OF THE WEEK



**NAME:** Benedicta Amo Bempah

**Year Group:** IB Class of 2012

**Hostel/Colour Group:** Cecilia Hostel /  
Yellow Outeniqua

**Roles played at TIS:** Hostel Prefect

**Achievements (Projects/Awards):**

-Dr. Sylvia-Boye Award for Excellence in Leadership, TIS (2011/2012)

-Listed on Deans List, TIS (2010-2012)

-Overall Best Co-Curricular Award, TIS (2009/2010)

**Current University:** Ashesi University College (Ghana)

**Year:** Senior Year

**Programme:** BSc. Management Information

Systems

**At Ashesi:**

-1st runner-up team challenge; Best team player, Ashesi-GDA\* Team Hack4Farm Hackathon Event 2015

-3rd place for Assessment Centre Award, Ashesi Career Fair

Ashesi Career Fair

-Winner, Citi-FM Inter-university team debate, Ashesi University College

-Career Peer Advisor (CPA), Ashesi University College

-Off-Campus Welfare Chairperson, Ashesi Student Council

-Design Tutor, Ashesi University College

**Currently:** Founder and President, AmoBempah Foundation Initiative

**Key Word in Life:** Explore

**Word of Advice:** Have a plan, at least, to shape your path, they might not all happen but would help you better reflect and make the right decisions in life. Always take a step, it doesn't harm in trying. Never accept No, say '*What are the alternatives?*' Be go-getters and never stop dreaming because they actually come true; you just need to believe in it, feel it in your gut and execute them! Take a look at the IB core values again, and see beyond it. Look for the best out of every situation.





## ISSAG Preparations





# TEMA INTERNATIONAL SCHOOL





# TEMA INTERNATIONAL SCHOOL









**Thank God it's Friday**



Wow CAS in TIS 😊



