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TIS BULLETIN: 3 FEBRUARY, 2017

Thought for the Week

Faced with the choice between changing one's mind and proving that there is no need to do so, almost everyone gets busy on the proof.

- John Kenneth Galbraith

Calendar

8/2/17: G10 Geography excursion to Ghana Meteorological Services Authority

11/2/17: Chocolate Friendship Day

18/2/17: Proposed day trip for international students; singing competition

25/2/17: ISSAG Basketball and hockey competitions (GIS)

26/2/17: Visiting Sunday

Making Us Proud

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- Aku Addo: 2017 ISSAG Girls' Tennis Champion.
- Johnpaul Eta: 2017 ISSAG Boys' Tennis Runner Up
- TIS Boys' Soccer Team: lost the final 1-0. All champions.
- TIS Girls' Soccer Team: lost the final 1-0. All champions and the big improvers in 2016/2017.
- Araba Adenu-Mensah: ISSAG 2017 Girls' Tennis semi-finalist.
- Shanda Otchere: ISSAG 2017 Girls' Table Tennis semi-finalist.
- Louisa Awuku-Aboagye: ISSAG 2017 Girls' Table Tennis quarter-finalist
- David Adarkwah and Mawuena Gadzekpo: ISSAG 2017 Boys' Table Tennis quarter-finalists.
- Outgoing 2016 Prefects and SRC representatives: job well done. Thank you.

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Parent Reminders

- All student clothing and items should be labelled.

World Scholars Cup

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The World Scholars Cup (WSC) is an international team academic program with students participating from over 50 countries. The competition was founded in 2006. WSC has attracted what it calls 'a global community of future scholars and leaders', and promotes that it allows participants to 'discover strengths and skills you never knew you had.' It focuses on bringing students from different cultures together to discuss issues and ideas relevant to today and the future.

A team for the World Scholar's Cup is composed of three students. The teams are usually made up of students from the same school, but mixed teams are allowed. Students have the option of forming "independent" teams that may include students from other schools or even other countries. Each team participates in the four standard, round events.

There are both senior and junior divisions in the competition. A student's age designates which division they may participate in. Students that are below age 14 participate in the junior division, while students 15 and older participate in the senior division. A junior can participate in the senior division if he/she wishes to. In Regional Rounds, both divisions participate simultaneously, though juniors only compete against juniors and seniors against seniors. At the Global Round, the divisions are staggered, with the junior division competing in each event one day ahead of the senior division.

Each World Scholar's Cup Regional Round consists of four main events: the Scholar's Challenge, Collaborative Writing, The Team Debate, and the Scholar's Bowl. In addition to these four main events, at select tournaments additional activities take place. These activities are both social and academic, and strive to solidify the community aspect of the World Scholar's Cup.

In 2018, TIS intends to enter junior teams in WSC, to add to the international opportunities that are available to our students.

ISSAG

Last Saturday, TIS participated in the ISSAG soccer, tennis and table tennis championships at SOS. To ensure a reasonable finishing time, organisers arranged for two additional local grounds to be used for soccer. This made

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the day interesting logistically, but served its purpose.

The boys wait 12 months for this event each year. TIS fielded a young and enthusiastic team and played attacking football to reach the finals. There was little difference between both finalists, but an error in our own goal error allowed SOS the opportunity to be champions on this occasion.

The Grade 11 girls added their strength to the girls' soccer team and were classy throughout the tournament. The difference between last year and this year was incredible. Eunice Ahashie (G8) proved to be an exciting sharp shooter and was tormenting goalies as she waited for her next opportunity. Once again, there was nothing in this final, however, Akosombo scored the only goal to raise the winner's trophy.

TIS has two very strong girl tennis players in Aku Addo and Araba Adenu-Mensah. I predicted that they would meet in the ISSAG finals, and it almost happened. Both played well all day and Aku showed a lot of grit and solid tennis skills to win a close final.

Johnpaul Eta is a competitive tennis player with a range of skills and strategies to use against all types of players. At times, he suspected poor eyesight was an issue, but managed to push the ultimate champion to the wire.

Our table tennis team of Shanda, Louisa, David and Mawuena enjoyed the competition and played each match like a final. On occasions, their excitement let them down, but each of them made TIS proud.

My special thanks to our coaches and support staff for bringing the best out in each of our representatives, and ensuring sport is played the way it should be.

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Something Special

Grade 11, our Game Changers, have spent three days this week at Akorlikope, our adopted village. Visiting Akorlikope is inspiring and life-changing for all involved.

The accounts within tell part of the story. I anxiously await next week's bulletin to read about the experiences and student's reflections.

TIS thank all members of the TIS Community and our supporters for continuing to support our CAS program and ensuring we make the world a better place.

I appreciate your support.

Dr Ken Darvall
Principal

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CAS Updates

Induction Service of the New Student Council



Members of the new Student Council were inducted into office on Sunday, 29 January 2017. The whole event was colorful and extremely impressive. It was well attended by Board of Directors, Senior Management Team, Staff, Parents and well-wishers of the inductees. In all, 35 students were inducted into various leadership positions. The new Student Council births a new phase of student leadership in the School, and the entire school will look up to the Student Council as we embrace this paradigm shift. Members of the new Student Council, after their induction, assured the school of their total commitment and service to duty. Below is the speech by the Heads of Council, Yehowahi Sekan and Marie-Noelle Kpatakpa, on behalf of the entire Student Council.

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Head of Council Induction Speech ~ 29th January, 2017

“It always seems impossible until it’s done”. These are the words of the famous Nelson Mandela (May his soul Rest in Peace). I quote him today because, certainly, no one would have thought that there would come a time in Tema International School where the Prefect Body and the Student Representative Council shall cease to exist as single bodies, but rather merge and stand as one Students’ Council.

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TEMA INTERNATIONAL SCHOOL



Our Dear Co-Founder, The Board of Directors, Senior Management Team, Teaching and Non-Teaching Staff, Dear Parents, Students' Council, Fellow Students of Tema International School and all here gathered, I accord you with befitting measures of respect and regard.

To the outgoing Student Government: Congratulations upon finishing the journey with flying colours. We truly appreciate your effort in making TIS what it is today. We cannot possibly mention how much of an inspiration you were to us during your tenure in office. However, what we can do is to show you the evidence of your invaluable coaching and teaching as we carry on our duties.

To the students: Election time is over and you have elected your leaders for this year. However, I would like to hammer on the fact that no matter the camp you were in, or the candidates you supported, we are one big family bonded by the great name of Tema International School and so, we should see ourselves as one people with a common goal of lifting the name of our school high. Let us put our political differences aside and love each other while working tirelessly for the good of our school.

To the Council: My honorable brothers and sisters, congratulations on your Onaapo victories but let me hasten to add that we are beginning a long, tiresome journey. Do not lose sight of your burning desire to serve the school. There will come many times when you shall regret your decision to bear the burden of the people, but stand strong for your true victory as leaders awaits you at the end of the journey. I encourage us all to meditate on the prayer of King Solomon; A prayer in which he asked God for Wisdom to be able lead his people in truth and integrity.

To our Teachers: Though you were exempted from the election process this year, we know we are still assured of your continual assistance. We would also just want to inform you beforehand that we shall be in your offices seeking advice or even complaining bitterly about one thing or another because we know that you are always there for us.

To the School Administration: Thank you for making these opportunities available to us. It very much shows the extent to which you believe in your students and their capabilities. The Council looks forward to working with you in achieving great things for this school.

To Our Dear Parents: Thank you for unending support to us. We know you are extremely proud of us, however, the true journey is now beginning and we will need more and more of your love and support.

And now most importantly, our greatest gratitude is to God Almighty whose plans for us are ever for our good.

A journey of a thousand miles begins with a single step. We begin our leadership journey today. We are hopeful for great things to come and we know you are hopeful too. Thank you all for your support and encouragement. God Richly Bless You. **Thank You.**

(Yehowahi Sekan _ Co-Head, Student Council)

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Well Wishes from Staff Members

The brilliant idea of merging the prefectorial board and the SRC into the Student Council is innovative. The online voting procedures were very exciting, not to talk about the election campaigns with the colorful banners, stickers, posters and flyers. I believe this team will bring

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in new ideas to make TIS a haven of excellence. With Yehowahi and Marie-Noelle as Heads of the Council, Salim and Anna-Maria as advisors, I expect the team to be par-excellent. I will like to see all the tenets of the IB Learner Profile being inculcated into our students. Yes, you can!!!! (Mrs. Adelaide Ferguson _ Head, Humanities Department)

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Well Wishes from Students

The induction service was an incredibly emotional and intense period for me as it signaled that over a year of service to my friends and family in TIS had come to a close. Seeing my successors mount the stage and take on the mantle of MPH executives filled me with so much pride and I have a strong conviction that as a student body and council they will be able to do greater things than we could. (Nana Yaw Quarshie _ Former MPH Prefect)

The induction service yesterday was really inspiring and the Preacher really impressed on how to be a good leader. Personally I admired the appearance of the new Cecilia Hostel Executives, they looked amazing. I believe that Yeho and Marie Noelle will do a very good job in office. I see change coming. (Frances Quartey-Baiden _ Grade 10)

My expectations for the new student leadership are very high, because the school has taken a huge step into changing from SRC and Prefect Body to one Student Council. I expect more interesting activities from the Entertainment Executives, and I also expect that the Student Council will be able to debate and change some policies that are not student friendly. (Nadia Bawumia _ Grade 7)

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Akorlikope Service Learning Trip – Student Projects

This week the IB Class of 2018, ‘The Game Changers’ will embark on their second service learning trip to Akorlikope - another exciting and heuristic Service Learning experience.

Top on the lists of activities for the trip is the continuation of the school building project. The class will be grouped into teams as they engage in various activities. The building team will be engaged in mixing mortar and laying blocks under the supervision of a chaperone and a Mason at site. Another major activity will be



presentations of various CAS Projects. After their first visit to Akorlikope, a number of the students identified various challenges with the village and have come up with some projects to meet those challenges. Students have worked tirelessly on these projects and look forward

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to making their presentations to the respective beneficiaries on their second trip to Akorlikope. Below are descriptions of the various projects.

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Eco Stove Project



‘The Eco Stove’ project was inspired by the challenges of the people of Akorlikope. On the first visit to the village, Joel Agbey realized that the traditional way of cooking, with lots of firewood, was unsustainable and poses environmental health hazards. It was affirmed that the smoke released was very dangerous to the health of the people and their environment. It is proven that the inhalation of smoke from burning firewood has various implications such as eye irritations, infertility, respiratory diseases and many other avoidable diseases. The incomplete combustion of wood produces gases that contribute to global warming and, the cutting of the trees have long term effects on soil infertility, deforestation and increases the likelihood of flood.

Thus, the birth of the Eco Stove Project by the team. Joel and his team then took it upon themselves to see to it that the people of Akorlikope had a proper cooking environment which was not endangering them or their immediate environment. These Stoves shall still need firewood but, on an extremely lesser scale, hence saving resources and protecting the environment. The three main benefits of this stove are saving fuel and money, faster cooking and time savings, and reduces toxic emissions. The Eco Stoves are a more efficient and an environmentally friendly way of cooking. Our objectives root from that of a larger organization known as Envirofit, from which we purchased the stoves. The team members are **Joel Agbey (Initiator), Marie Noelle Kpatakpa, JadyN Thanki, Karen Donkor, Anthony Adofoly, Worla Akpatsa, Salim Roland, Tori Pfeifer, and Tsui Odonkor.**

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Dress for Success (DFS)



Dress for Success is a CAS initiative aimed at providing donated clothes and uniforms to underprivileged students. In Akorlikope, the Dress for Success team hopes to provide P.E. uniforms and donated clothes to the pupils of Graceland Academy and the members of the Akorlikope community. They are doing this in the hopes of raising the children’s comfort as they learn and go through their eventful days. Team members include, **Marie-Noelle Kpatakpa, Araba Adenu Mensah, Rachel Odartey Wellington and Selorm Mensah.**

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Happy Feet

Poverty is a growing problem in our world today. As students in such a privileged environment, it is easy to be oblivious of the dire situations of many disadvantaged people. However, this undying need for change was brought back to life on the first visit to Akorlikope. Noticing that many of the people lacked basic life needs and amenities, looking around at the situation and with the need to change things pulsating in them, 'Happy Feet' was born. It was noticed that many children walked around barefooted and thus, were at risk of getting cut, being bitten, or catching infections. 'Happy Feet' is a student initiated CAS project aimed at



providing footwear for some of the over 20 million children who do not have footwear. On the second trip to Akorlikope, the students will be donating a number of shoes to both adults and children. Team members include, **Ayeyi Ohene Adu, Worla Akpatsa, Kerlsey Seroyoh, Nuna Attipoe, Seyilayo Olagbami, Mavis Yamoah and Asantewaa Owusu Boamah**

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Feed a Child

Feed a Child was created with the intent to not only reduce hunger, but to reduce the amount of food wasted every day. In an attempt to alleviate hunger, the initiators thought it best to reach out to the neighboring communities and try to make a difference, even if it meant reaching out to only a few people. With the annual trip to Akorlikope in mind, Feed a Child decided to take this opportunity outside its boundaries. They look forward to feeding a number of children in Akorlikope and making the little difference it initially intended to make. They believe that feeding one child today is a step towards combating hunger.



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Members of this project include, **Jadyn Thanki, Shawn Sackey, Samantha Azu, Tsui Odonkor and Prosper Adabla.**

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Creative Arts Updates

Why music?

Music tells more about yourself than you will ever do. It makes you think beyond what you could see, feel, touch, hear or say...is that not wonderful? Music is a universal language that has no boundaries irrespective of career or one's background. This is why we teach music not because you are only expected to do music as a major subject or as a career. Music helps to appreciate beauty and also expresses that which cannot be put into words and yet, cannot remain silent" [Victor Hugo](#). Have you thought of life without music? Indeed, music is life and continues to be so.

Students in TIS are given the opportunity to take advantage of the numerous benefits in music as they are taking through both theory and practical lessons which to a large extent help in the holistic upbringing of our students.



(Eleanor Oforiwaa Adjei on the Cello)

The fact is, music requires discipline, time management, commitment, sacrifices, practice, creativity etc. Students who possess these qualities excel not only in music, but other subjects as well. People generally like music and listen to different genres of music but how many people will be interested in studying music? Maybe most students are unaware of the numerous opportunities one could benefit by studying music.

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Careers in Music

| INDUSTRY | CAREER |
|---------------|---|
| Judiciary | Entertainment Lawyer |
| Health | Music Therapist |
| Engineering | Sound Engineer |
| Entertainment | Performer/ Director/ Producer/ composer/songwriter |
| Education | Teacher/ Researcher/ Consultant |

Just to mention a few, one can do two or more of the careers listed above depending on his or her interest and capabilities. Now you know.....

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Thank you for the music..... Click on the link below

https://www.youtube.com/watch?v=28zgOyTb1_4

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IBDP Update

We have entered February and this month is going to be critical for Grade 12 as they will be submitting all their internal assessments, TOK essay, Extended Essay and complete their individual Oral commentaries for English and modern languages. Not to be left behind Grade 11 also have an interesting mix of curricular and extra- curricular activities lined up for this month.

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Grade 11 Service Learning Trip to Akorlikolipe

Grade 11 IBDP students are now in Akorlikolipe for their service learning trip. The focus of this trip is to construct the village school and improve the literacy of the students. Here are some of the pictures .

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English Individual Oral Commentary (IOC)

The IBDP Class of May 2017 will have their final individual oral commentary on 10, 11 and 13 February. A detailed schedule will be shared with the students by COB 6-2-17. The English department is having one round of mock IOC this Saturday (4-2-17) to help students perform well in the final IOC.

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Interesting Read

In continuation with the article on Thirukural shared last week, please find below the couplet for this week.



When good things come, men view them all as gain;,,
When evils come, why then should they complain?

(Kural No : 379)

Kural Explanation:

How is it that those, who are pleased with good fortune, trouble themselves when evil comes, (since both are equally the decree of fate) ?

Let the above message be the guiding light for students in their inquiry journey. Congratulations to all the participants of the ISSAG tournament last week.

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Counselor's Corner



Grade 12 students discussed the importance of making a budget when attending university, and tips on how to prepare financially and emotionally for college life. We are all excited by the great university acceptances thus far, with many more on the way, and the College Guides are here to support the students as they prepare to transition into university.

ACT April

ACT April registration is now available. Students should notify the Counselors by next **Thursday 9 February** and complete registration with Counselors by **Friday, 17 February**. A **registration fee of \$110 dollars** should be paid to the College Guidance Counseling department by **Friday, 17 February to complete registration**.

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College visits

Mon. 6 February at 11.30 am Adjavon Library

The University of Warwick, UK

Tues. 7 Feb, 12.00 pm Adjavon Library

Canterbury Christ Church University, UK

Wed. 8 Feb, 11.00am Adjavon Library

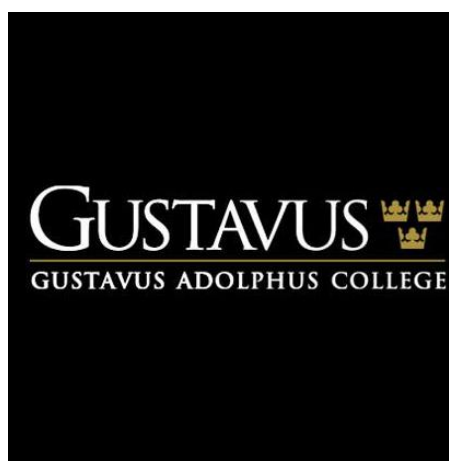
Aston University, UK

Fri 17 Feb, 12.00 pm. TIS New Exam Hall

Worldview University Fair

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College Highlights



- 61% Acceptance Rate
- Application Deadline: Rolling
- ACT: 27 SAT: 1300
- Cost: \$54,000
- Scholarships up to \$26,000/yr.
- Popular Majors – Business, Biology, Psychology

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Ghanaian University Application Instructions

Ghanaian University application forms are now available. Forms should be purchased and payments made and receipts submitted by **Friday, 17 February**. Please see email from counselors for more details on making payments and the application process. Below is a summary of where to purchase forms.

- University of Ghana Forms- Ecobank (pay & submit Ecobank receipt with serial number on it to us)
<http://admission.ug.edu.gh/applying/content/how-apply-ghanaian-applicants>
- Ashesi University Forms- Ecobank (pay & submit receipt of payment)
<http://www.ashesi.edu.gh/admissions/how-to-apply.html>
- KNUST- **Ask for the Mature Applicant's form only**- Purchase from any major local post office (submit form, EMS envelope, as well as receipt).
<https://www.knust.edu.gh/admissions/prospective/ugadmissions>
- Lancaster University Forms- See Guidance Counselor for a copy or download from the Lancaster University website: (admissions page) www.lancaster.edu.gh No application fee required.
*Note \$900 registration fees and \$9000 tuition fees per year required only after applicant has been successful / has been offered admission and would like to accept offer and enroll.
- Webster University: First create an online account and online payment with credit card required, or you can request for a fee waiver code
<https://apply.webster.edu/admissions/pages/welcome.aspx>
- All other universities in Ghana- Kindly contact the university directly to purchase the application form and submit to the college guidance department.

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Well-being Corner

Reorientation of Thought Processes!!!

Our behaviours are guided by our thought processes which are a function of our past experiences, perception and interpretation of issues. This can simply be represented in a diagram as shown below:

Negative / Irrational thought processes



Example: A - Losing an election.

B - I'm not good, I'm not likable and I'm not smart.

C - Low self-esteem, loss of interest in future competition and may affect other areas that are not directly linked.



Example: A - Losing an election.

B - It is a learning curve, I have acquired skills for future endeavours or competition.

C - High self-esteem, Positive adaptation and you will be encouraged to engage in future competition.

Explanation

The antecedent / event (A) does not lead to consequences / behaviour (C) but your irrational beliefs (B) about antecedent / event (A) triggers or maintains consequences / behaviour (C).

It can be concluded from the above that beliefs are the core of most emotional disturbances. Thus it is not what happens to you but the meaning and interpretation determines the effect it has on you and your future actions / behaviour. Do not hesitate to call at the counselling unit for assistance should you require help in maintaining positive thought processes.

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MYP Corner

Happiness in Pink

Last Wednesday my wife and I joined the Grade 11 students on their trip to Akorlikope. Just a short drive off Aflao road and you are in a different world. A small village existing of scattered houses very much different from what most of us, if not all, would not find a suitable place to live in. For the villagers however it is “home” and it appears to be a close community.



Of course we had heard about the village, and all that the students and TIS had accomplished over the years, but it a true experience to witness it in real life. It was heart-warming to see the Akorlikope students their reaction to our visit, really happiness in pink all dressed with their pink dresses and shirts. One can imagine the impact it has made to these kids their lives to have the TIS community to help building a school and other means like the water pump. Again, this week work has been done and the school will have another classroom, a Headmaster office and space for their library, so another step forward.

For the students these are the life changing experiences where service learning becomes more meaningful. All the fundraising that is done beforehand changes into reality and creates opportunities, which are so much needed. Although more can be done in Akorlikope, we might want to reach out to other rural places where the same need will exist and repeat the great work that has been done before. For us, and our students, it’s a minor effort but the outcome is huge.

Ate Hemmes
MYP Coordinator

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Akorlikope



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Alumni Corner

Alumni of the week



Full name: Cyprian Ampomah-Mensah

Year group: 2015/2016

Hostel & Colour group: Francis, Blue Cedars

Roles played at TIS: Acted for "Joseph and the Amazing Technicolor" (Judah), "This is our chance"(Servant), and "Sarafina" (Lieutenant)

Achievements/Awards in TIS: Best Behaved Boy 2015/2016 and Member of the TIS Innovators

Most memorable experience in TIS: Between Dancing for TIS Expressions and Acting as Lieutenant for Sarafina

Current university: University of Debrecen, Hungary

Major/ area of specialisation: Medicine

Key word in life: Faith

Philosophy: "Always be there for your "family" and stay strong"

Word of advice: "Keep living even if you feel the world is against you, even if you feel alone or going through depression, heartbreak or tough times"

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Our week in Pictures



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Service Learning Trip @ Akorlikope



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Induction & Handing Over Ceremony



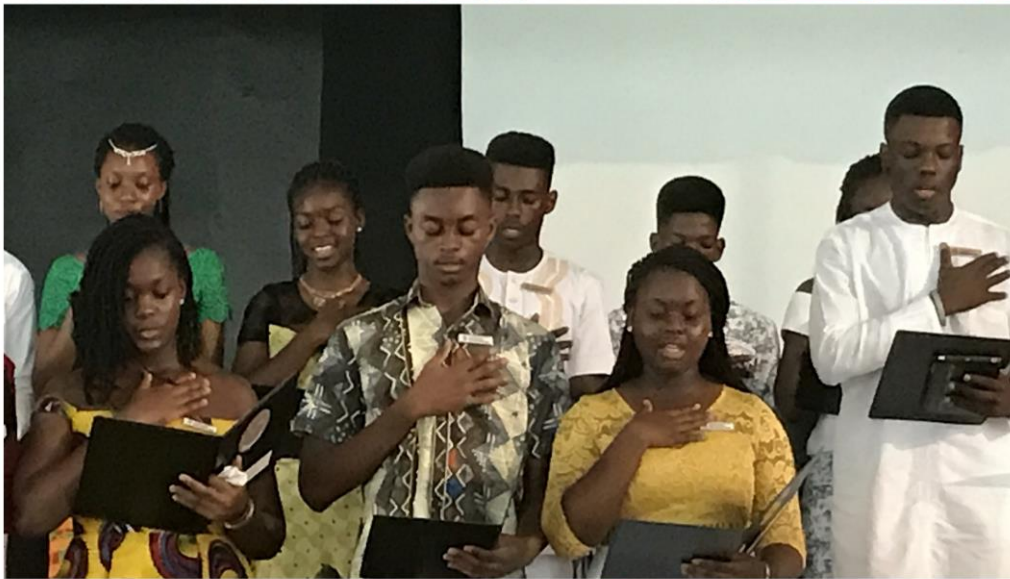
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