



TEMA INTERNATIONAL SCHOOL



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TEMA INTERNATIONAL SCHOOL
cordially invites

You
*To Our Annual Achievers' Day
& Graduation Ceremony*
IB Class of 2018

Theme: **Reflecting on our journey. Inspiring new directions.**

Saturday, 2 June, 2018
MPH
10.00am sharp

Guest Speaker
Mr. Harry Sintim-Aboagye
(Executive Chairman, Reha-Medical Group Ltd.)

R.S.V.P - Georgina: +233 303 305134 | +233 50 384 9799
rsvp@tis.edu.gh





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TIS BULLETIN: 18 MAY, 2018

Thought for the Week

There are many things that seem impossible only so long as one does not attempt them.

- Andre Gide

Calendar

18/5/18: DP Exams conclude

20/5/18: G12 Trip departs

21/5/18: G11 exams commence

23/5/18: G9 exams commence

25/5/18: G8 Parents session on MYP Experience (9.30-11.30am)

28/5/18: G11 Physics IA trip departs

30/5/18: Visit by DG of Duke of Edinburgh International Award Program

1/6/18: G11 Physics IA trip returns

2/6/18: Achievers' and Graduation Day; students may commence their summer break after 3.00pm.

9/6/18: ABRSM exams (2.30pm)

12/6/18: Final IG exams

16/6/18: Spanish and French study tours depart

18-24/6/18: TIS CAS & Dukies Expedition

2018/2019

23/8/18: New students (Newbies) commence at TIS (12.00noon arrival)

25/8/18: Continuing students return.

Making US Proud

- Deborah Gomado, student of the week at Monday's assembly.
- Our La Caixa Team: Lydia, Salma, Charity, Adoma, Ethan and Edward, who presented their project on the world stage in Barcelona. Their performance made TIS, their families, themselves, Ghana and Africa proud.
- CEIBS, who supported our La Caixa team and ensured a lifetime experience for them. Thank you.

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BOL

- Our G10 students who continue their final exams.
- G11 and G9 students who commence their end of semester exams.

Reminders

- Please read school communications.
- *The MYP Experience at TIS*: Next Thursday, 25 May. Yes, it is African Unity Day, but it is also the day when G8 students will present their Community Projects, information will be provided about the Personal Project, as well as MYP in G9 in 2018/2019. This event is for current G8 parents and parents who have enrolled their son/daughter in G9 for next year. Please lock this date into your calendar now. Time: 9.30am-11.30am followed by refreshments.
- *Achievers' and Graduation Day*: Achievers' and Graduation Day is our culminating event for the 2017/2018 academic year and a fabulous way to finish. Please join us as we farewell our G12 students from 9.00am on Saturday, 2 June.
- *Medical Exeats*: Parents who request a medical exeat for their son/daughter must collect a medical form from the Infirmary and have their physician complete it and then return it to the Infirmary so that our nursing staff are fully informed to provide the appropriate medical attention for each student. Parents' cooperation is important in this matter.

Memories and Emotions

There has been a flood of memories, special moments and some tears from staff as our G12 students have been making their rounds to say goodbye (for now) as they finish their final exams. The end of this stage in their learning journey is always an emotional time for staff in day schools. It is even harder in a boarding school where life is 24/7. The TIS experience is special, so while we look forward to farewelling them on 2 June, and hearing about their final decisions, we also look forward to each student returning as members of the TIS Alumni and sharing their experiences with current students, as well as providing great advice.

Thank you, Game Changers.

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The Critical Importance of the MYP-DP Connection (Continuum) and the TIS Experience

At the same time as we are celebrating the end of the DP journey for our G12 students, I am saddened (and surprised) that some of our G10 students are seeking schools elsewhere to complete their senior secondary education.

I am saddened because the DP is the gold passport to universities and our students usually gain admission to their first choice. This should be each student's goal in these final two years of senior secondary. At TIS, they are guided closely by an awesome university and college guidance team.

I am surprised because even though G10 students have been told how hard the DP is they have accepted this at face value, creating self-doubt. But if G10 students watch our DP students closely, they will witness their maturation, their growing sense of accomplishment and a determination to build their portfolio through CAS to ensure they have established that point of difference when it comes to admission offers during G12.

It is this self-doubt and the unsettling nature of moving from IG to DP that will be addressed with the full implementation of MYP by 2019/2020 across junior secondary. It is the importance of moving between similar programs (MYP to DP) that removes the disconnect that IG students experience at the start of DP in G11.

My interesting observation is the students who are expected to do well, do so. But those students who have some self-doubts and commence DP, actually discover that they enjoy DP more than IG, because of the ownership they have within the program. Is the DP for everyone? Yes, if you want to challenge yourself and become the best you can be through consistent effort. Students who earn 24 points gain as much from DP as those students who achieve 40 points. I am proud of what each student achieves, if it reflects their effort and ability.

After all these years in education, I have only witnessed one senior secondary exit credential that matures students during the program and ensures their success at university. Universities also appreciate the DP as well: the gold passport.

Student Exits for Exam Candidates

As advised to parents via MB last week, G10 students will start to complete all exam requirements from this week onwards. For these exam candidates, they should depart hostels on the day of their last exam. Any special arrangements must be advised well ahead of time. Parents or their designated driver must collect their son/daughter.

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Students are required to complete the Student Exit Form before departure or by the last day of semester, as non-returned books and/or equipment will be charged to parents' accounts which must be finalised before any final results are released.

An exeat request (online) is required for departure.

We hope our exam candidates will join us for Achievers' and Graduation Day on 2 June.

The schedule for the remaining exams are:

G10: IGCSE

21 May: History

22 May: Geography & English Literature & Computer Science & Biology

23 May: Physics

24 May: Business Studies

25 May: English Literature

31 May: Add Maths

4 June: Economics

5 June: Geography

6 June: Music & Spanish & Economics & Business Studies

7 June: Add Maths

12 June: Spanish & End of IG exam session

New Admissions for 2018/2019

Admissions for 2018/2019 opened on 1 December. It benefits TIS if our admissions process is completed early, by the end of May. The benefit to parents for completing the admission process early is discounted fees at the application and admission stages of the process.

Online aptitude testing will replace the traditional entrance exam. This change has two benefits for students:

- it eliminates any bias for students studying under different school curriculum programs; and
- the test can be completed at TIS at any time convenient to the student (and parents) and TIS.

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What sort of questions are asked in aptitude tests? The questions look at patterns, relationships, vocabulary and meaning. For example:

- Underline the word that has been misspelt in each sentence.
- Choose the missing word in this sentence from the list.
- What is the next number in this sequence?
- Comprehension questions for a reading passage.

You can't study for an aptitude test. However, you will enjoy it if you are a reader, and you enjoy maths and writing. Reports from the test will be available (at cost: GHC80) and identify particular strengths and areas for attention, as well as predicting the likely result for the student in MYP, IG and DP final exams.

Consequently, there will be no fixed testing dates. Families should advise Bijoux of suitable dates and times so that the testing can be completed, and you can save some money. The next discount deadline is 31 May.

Detailed information about admission to TIS and the process can be found at:

<https://tis.openapply.com>

For parents who already access MB: In this case, the parent should sign into OpenApply using their e-mail address that is already in OpenApply at the following link:

https://tis.openapply.com/parents/sign_in

They can set their password by clicking 'Forgot Password?':

<https://tis.openapply.com/parents/password/new>

Once they have signed in, they can click to add a new applicant, and can start the application for their other child.

For reference, OpenApply also has further information on linking siblings and merging parents at the following link:

https://help.openapply.com/help?lesson_id=570655&manual_id=6960

I appreciate your support.

Dr Ken Darvall
Principal

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Dear Parent,

Please make time to attend this very important session. There will be so much to learn about this curriculum that you cannot afford to miss it. Don't be left out!!

SAVE THIS DATE: 25 MAY

Tema International School
Middle Years Programme (MYP)
Interaction Session

Highlights:

- Presentation on Community Projects & personal projects for Grade 9.
- Information session on MYP in Grade 9.

Who is attending?

- All parents, especially current Grade 8 parents.
- New parents who have enrolled their son/daughter for G8 in 2018/19.

Extras:

- Free tour of TIS campus. See the facilities available. Get a firsthand feel of what it is to live and study in an IB school.
- Refreshments and interaction with MYP team & Principal.

Friday, 25 May, 2018 | 9.30am-11.30am | Ultramodern Project Centre (TIS Campus)

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Reflecting on our journey.
Inspiring new directions.
2003-2018

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15, 11TH FLOOR

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MYP Corner

Ramadan Kareem



I would like to start by wishing all our Muslim students, parents and staff a very happy and festive month of Ramadan. For our students it will be hard not to be able to share the first weeks of Ramadan within their family. Luckily it is only two and a half week to go before the end of the school year so they will be able to join for the last weeks and Eid.

The group picture below was taken last weekend in Dubai at the end of the two and a half day of MYP workshops with Taleem. You will have to zoom in a bit to recognise some of our colleagues. I was there to lead the Arts workshop but you will also be able to locate our General Manager Cecilia and two of our Math colleagues, Yvonne and Jerry. All three were there in preparation for the authorisation visit in November.



As I will be taking up a position as Principal in Bahrain, both my wife and I will not return to TIS next school year. Ms Yvonne Tagoe will take over as MYP Coordinator and Mr Jerry Darko as her assistant. With the authorisation coming up they surely have a heavy load on their shoulders to start off with and I wish them both the best of luck in their new positions.

Ate Hemmes
MYP Coordinator

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Report on Extended Essay Café: Proposal Presentations & Defence

The Extended Essay café was an opportunity for DP Grade 11 students to formally present their research proposals to the school community. Supervisors, teachers, students and staff were also invited to the café. Each student made a seven-minute presentation on their research proposal after which the audience asked questions and made contributions to fine tune the proposals. The presentation included information about:

1. The subject, research topic and research question
2. Background to the study including theoretical framework, methodology and literature review
3. Research conducted so far as well as action plan to complete the essay during the summer break
4. Possible chapters for the essay
5. Anticipated problems likely to be encountered and how they were addressed
6. Bibliography

The EE café was a perfect opportunity for supervisors to check on student's progress while helping students to create a road-map in terms of what needs to be completed during the summer break. It was also an opportunity for supervisors to identify the students who were lagging behind in their work so as to implement remedial strategies. In all, 58 students defended their work in a session that lasted for nine hours.

Students' reflections

This EE Café was very insightful. To be honest, if the café was not organised, I would not have even thought about an EE subject and topic till the summer break. Before this EE café, I struggled a lot with trying to find an EE supervisor, a subject, and a topic. After settling on an EE question and supervisor, I began to fill the proposal form in preparation for the café with the help of my supervisor. This EE café proved to be very helpful because I benefited from contributions from my friends, as well as other supervisors. I think the next DP class should have this EE café because it is very helpful.

-Mariam Abdul Rashid

This EE café has been very helpful to most of us. Our supervisors and other special guests assisted us in making significant changes to our EE proposals and presentations. It was very insightful because it helped me make necessary changes to improve my research. I would advise that the future DP's should also engage in this activity and take it seriously.

- Cyril Quansah

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This is the first ever EE café that has been organised in TIS. It was initiated with the intention of improving student research work through the contributions of supervisors and students. From this session, I was able to find improvements and solutions to problems I might face while going through with the project. I can also say I am very confident that the outcome of this extended essay will be a splendid one.

-Yanmife Fajemirokun

At the EE Café, I learnt a lot of useful tips from my supervisors and friends that will help me to ensure my Extended Essay is very expository. My current progress with supervisor, Ms. Koree, has been great so far. Initially, I experienced difficulties selecting a suitable question. However, after deep deliberation and consultation with my supervisor and some peers, I was able to come up with an amazing topic.

At the end of the day, I realized that this café was in fact very beneficial because some teachers gave me very important feedback.

-Suraya Morton

I was actually very glad about the idea of having an EE Cafe. I believed that it was very necessary to ensure students were working on their EE. I am certain that had it not been for this session I would surely have procrastinated research and planning of my EE till Summer.

During the session I was able to identify some things I had not considered in my research plan by looking at others' research plans and by assessing the feedback from the various supervisors. In all, I don't regret going to the EE Cafe.

-Tiffany Agyarko

The extended essay cafe was a very insightful experience. The cafe gave me the opportunity to revise my topic, as well as improve my action plan for my EE. I presented on my topic which is the effect of Insecticide Treated Nets (ITNs) in Ghana. During my research, I plan to look at why people use ITNs and how ITN usage has affected malaria cases in Ghana. I hope after this cafe session, I produce a very good extended essay.

-Joseph Okyere

Preparation for my EE proposal was time-consuming. I spent a lot of time and energy to complete it. The café started immediately after breakfast and ended around 4:45 in the evening. This was a very tiring experience, especially because I was one of the last people to present. The downside of this was that I was rushed in my presentation because it was getting late.

I must say, the café was very productive in the sense that it practically pushed me to get an exact picture of my Extended Essay and even encouraged me to focus on my EE. Also, the feedback that I and my grade mates were given was very insightful and I personally would implement it in my Final Extended Essay.

-Mandy Adjei

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An eye-opening experience it was for us today. We sat through a day of presentations, analyzing the successes and flaws of all our proposals. Personally, this café really helped me gain a better understanding of research and conducting surveys for the extended essay. Without the views and opinions of Mr. Akoi-Jackson, Mr. Darko, and others, I would have simply made a mess with such an important component of my diploma. One major thing I took from the café was to implement a sturdy sampling method, so the sample size used in the survey is nowhere near biased. In the end, I hope to make use of the priceless pieces of advice offered from all the teachers present. What a day!

-Timone Twum-Ampofo

The Extended Essay café was an insightful event where every member of the IB class of 2019 was given feedback on their EE proposal. Subjects covered during the session included Language and Literature, Business Management, Economics, Literature, Geography, History, French, ITGS and Chemistry. The feedback received was mostly motivating and this café pushed us to work thoroughly and quickly. I look forward to attending the next café and to contribute to the next batch of Grade 11 students.

-Stephanie Agyemang

The extended essay café was quite an event to be completely honest. The café offered students the opportunity to learn, interact and collectively reflect on their extended essay proposals; with the aid of supervisors and a special guest Mr. Akoi-Jackson, constructive feedback was given after every presentation. “Your research question is fundamentally wrong,” “You don’t need A nor B”, Clarity was free of charge and knowledge in abundance. Despite the intense heat and traumatizing length of the session, these efforts made by the TIS EE department will go a long way to ensure the highest quality is produced.

-Sedo Sezan

During the Extended Essay café, Mr. Ben Darko made each and every one of the students present on what and how they are going to work on their extended essay during their summer break. This session was very helpful as it gave me and my supervisors the chance to make changes to my approach towards my extended essay. From this EE café, I was able to generate a timeline and action plan which I believe will help me to finish my extended essay within the allocated time I have set for myself.

-Hugh Nyante

The Extended Essay Café was a very enlightening experience. We were all able to bring forth our ideas and learn from each other. We all learned the importance of narrowing down our research questions and planning. We also learned the importance of having alternate options for our research plans. Personally, I learned that once we narrow down our questions, it is good to provide adequate context. Overall, we are more confident and are looking forward to completing our essays before the end of summer break.

-Maame Kyei

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The EE Café was a valuable experience to gain insight about how the EE process was going to unfold. It was a great opportunity to learn from each other. The critiques offered also helped put everyone on course to successfully complete their EEs. By getting a series of differing opinions we were made to consider perspectives we hadn't even thought of exploring.

-John Abbeo

The Extended Essay Café was nothing short of a revelation. It opened doors that were shut and shed light on our dark path. Before the café, some of us thought that we had bagged the EE, and others knew that they were on a one-way path to destruction. From the onset we all thought that it would not be fruitful and prove futile because of the time as against the number of students. At the end of the day, we all learnt something, edited our works, and are on our way to success.

-Excellva Addow



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Arts Update

“The value of satire is often seen to only entertain, however, it is a route to highlight sensitive social, political, religious and economic concerns. Acting as an alternate narrative, satirical work can broadcast the otherwise unmentionable.”

– Dr Oduro-Frimpong (Curator, ‘Almost True’)

The exhibition form serves as a means of knowledge production; opening up discussions on diverse issues based on the curatorial interest. The curator becomes the mediator between the artist, art works and the audience. In order to understand some of the dynamics that play out in exhibition making, the DP 1 visual art students visited the exhibition ‘*Almost True*’ at Gallery 1957 in Accra. Below are their reflections.



On May 9, 2018, I went on an excursion to an exhibition called, “Almost True” hosted by Gallery 1957 in Kempinski Hotel. This exhibition showcased the works of Bright Ackwerh and Michael Soi, artists who make satirical commentaries on African sociopolitical issues. I was delighted to learn about some of the reasons behind the works along with the reasons behind the selection of the works for the display. The exhibition was in a private, commercial gallery in Kempinski hotel, so it stayed in the back of my mind that these works

were meant to be sold to a particular audience, and it would affect the work presented in the gallery. We got to have an enlightening conversation with one of the artists featured at the exhibition, Bright Ackwerh, who pointed out that although the commentary was on African issues, none of them were specifically geared towards Ghana. It enlightened me that even when artists intend to comment on social issues, they may end up being restricted or censored based on the audience to which they present their work.

~Maame Kyei

Displayed at Gallery 1957, *Almost true* by Michael Soi and Bright Akwerh were satirical pieces that had some truth to them. Soi’s pieces not only show the night time scene of Accra but, also the corrupt events that take place alongside them. These events are disguised as innocent, but are just as bad as what is going on in clubs. His works are animated, lucid pieces in which the

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subjects are actually cartoons with no distinct features, making them faceless. Unlike Soi, Akwerh creates caricatures of popular figures and trending news. He finds ways to make the news interesting with pieces like Chisus Christ depicting the narcissistic president of China. Akwerh was there to speak to us and made us realize that it's very difficult to address corruption and other negatives events when you put a name to it which is why Soi doesn't do it. Once, his studio was ransacked all in the name of protecting the names of Chinese officials.

What I took from the exhibition was that, in art, you cannot try to please everyone and you shouldn't try to mould yourself to go against your values. You should be able to sustain yourself with only art (if it's what you're passionate about and wish to do as a profession) so no one could change your style or you would have to alter your work to satisfy other.

~Frances Quartey-Baiden



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Science Corner

Grade 9 Biology students were given another opportunity during their lesson to carry out a practical investigation into the test for starch and reducing sugars. This is done to give them a better understanding of the topic- Digestion.

Below are their reflections after the lesson.

Today, during our two hour biology class, Eddy, Eric and I conducted an experiment to test for starch and reducing sugars. We were provided with an enzyme solution (amylase) and starch solution, where we first measured 5cm² of starch solution into a large test tube and mixed it with enzyme solution. We then immediately used a clean pipette to remove a sample of our mixture and placed a drop into a white tile. In order to test for starch we placed a drop of iodine solution on the white tile and observed the colour change. The solution turned dark blue which means there was starch present. To test for reducing sugar, we used a syringe to add approximately 2cm² of Benedict solution to the test tube mixture and placed it into to very hot water. We placed a timer and set it to two minutes, where we watched as the solution changed colour different times, before finally turning orange. Today's class was very educative and fun; I also received a tip on how to remain calm when handling hot materials.

-Nana Yaa Obeng- Nkansah

My group and I really had an interesting time doing the experiment, this was the first time we had worked together ,yet we worked on perfect sync and we worked within the time. When we started the experiment we used large quantities of the solutions provided so we couldn't get the exact colours. When we realized our mistakes we corrected them and we got interesting results. Even though we have done this experiment before, it was easier to answer the questions on the past IG paper. The experiment was more precise because "practice makes perfect", for this experiment we didn't repeat the experiment. It was an eye opening, educative experiment.

-Adoma Agyare

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Everywhere you go, make a mark! Make us proud DP2s! Congratulations you are done with your IBDP exams! Remember: “Education plus character that is the goal of true education”. Martin Luther King. Finish hard, Grade 10s- the end is in sight ☺.

Yale Changemakers’ Forum@ University of Ghana



The Yale Club of Ghana, an association of Yale alumni, affiliates and friends in Ghana, joined thousands globally, to participate in the annual Yale Day of Service, on Saturday, May 13 at University of Ghana, SRC Union Building. The event was dubbed: **Yale Changemakers’ Forum**. This special day was an opportunity for alumni around the world to come together and celebrate Yale University’s strong and unparalleled tradition of service and to give

back to the society. The career fair cut across various disciplines in Finance; Law & Public Service; Business & Industry; Technology; and Health & Sciences. Alumni and guests who were in attendance include dMr. Kwame Pianim, Hon. Kwesi Botchwey, Professor EVO Dankwa, Professor H. Kwasi Prempeh, Kweku Awotwi, Joe Mensah, Phillip Sowah, Dr Regina Appiah-Opong, and Katy Addy.

The forum was very educative. Some major highlights by the speakers were:

- The goal of education is to broaden the perspective of participants regarding opportunities within their areas of interest; inspire them to become agents of change; and cast light on the right paths to success, as well as potential hurdles to overcome.
- Unpreparedness to meet opportunity is a recipe for disaster.
- In the life of the Yale students, the most satisfying legacy is the *spirit of generosity*. Giving back to society is a critical tool for national and economic development.
- Life’s journey is progress but with steadfastness, focus and tenacity success is predictable.

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Some students in DP1 were in attendance. The experience was thought provoking and allowed for a self-reflection of their lives as they make the best out of the opportunities and privileges at their disposal and lead exemplary lives worth emulating. In this new era, one cannot succeed without these soft skills in any profession; **effective communication skills, team building and rapport building, conflict management skills, assertiveness, good manners and etiquette, courtesy and an optimistic attitude.**

Students' Reflection- Yale University Alumni Career Fair@ University of Ghana

“My day at the Legon campus with other friends for the Yale presentation was fantastic! I could not hide the pleasure I had of meeting so many Yale Alumni. The presentation by the alumni was centered on a career day theme rather than advice on admissions processes. Therefore, panels were created to engage us in insightful discussions with Yale Alumni and other respectable professionals who had various academic interests ranging from forestry, finance, health, science and law. These discussions provided us with information of the requirements of specific careers and personal experiences of the working conditions in a career. In summary, I would just like to thank my counsellors for providing such an opportunity because it has strengthened my love for Yale”.

~Alistair Kirk



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"When I was told about the Yale Day of Service, I was unsure of what to expect and this caused me to be a bit hesitant of whether to go or not. However, I am confident to say that, it was an amazing exposure. First of all, I was surrounded by 'Yalies' from Ghana. There were pharmacists, surgeons and forensic scientists present and all these people were from my country, Ghana. It taught me that, the country you come from is not an excuse to fail. Also, I got the opportunity to meet the CEO of Uber Ghana, who's a 29 year old alumnus of SOS HGIC. He shared his story with me and encouraged me to not let my age limit me from achieving success. I also had the chance to speak to him about teenagers going through self-doubt and what should be done. His answer to that was to grow confident despite your doubt and always keep in mind that, everyone out there is a hustler and no one is better than you."

~Ewuradwoa Otuwa Dabanka

Find below, picture from the Yale event @ Univ. of Ghana, Legon.



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Check this out! Admissions Officers from **Yale Univ., Brown Univ. & Univ. of Pennsylvania (UPenn)**, will be visiting T.I.S. next Thursday, 24 May , at 4:30pm prompt! DP1s, please be there!

It's the All-New- Computer-based American College Testing (ACT) starting September 2018!



Beginning from **September 2018**, ACT test will move away from the paper test to the clicks using the computer device. This will make the process for taking the test much easier, simpler and faster. A pre - orientation and pre- test will be organized for students, to familiarize them with the new Computer Based Testing (CBT), once ACT sends us updated information on this. This will enable students have an overall

idea of the process, rules and regulations governing the test and what is expected of them as students. This will also give students the opportunity to ask questions and seek clarifications where necessary to avoid mistakes when taking the actual test.

Parents of students who have signed up will be emailed further details about the New ACT Computer Based Test (CBT), and registration procedures as soon as they become available. **Sign up for DP1 students who want to take the September ACT exam, has been extended to next week Thursday- 24 May , 2018.**

Standardized UK Tests –Registration information for UKCAT/BMAT/LNAT

A **standardized test** is a [test](#) that is administered and scored in a consistent, or standard manner. Standardized tests are designed in such a way that the questions, conditions for administering, scoring procedures, and interpretations are consistent and are administered and scored in a predetermined, standard manner. For more information on the UKCAT, BMAT and LNAT, visit their websites, where you will find practice tests and specific universities that require them;

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UKCAT

- UKCAT helps Universities to select applicants with the most appropriate mental abilities, attitudes and professional behaviors required for new doctors and dentists to be successful in their clinical careers.
- It is used in collaboration with other admissions processes such as the UCAS application and academic qualifications. It is also your opportunity to stand out from other applicants and demonstrate your aptitude for a demanding programme of study-Medicine in the UK. The UKCAT 2018 is a computer-based test delivered in Pearson VUE test centres throughout the UK and internationally.

Which Universities require the UKCAT 2018?

Aberdeen, Birmingham, Bristol, Cardiff, Dundee, East Anglia, Edinburgh, Exeter, Glasgow, Hull York Medical School, Keele, King's College London, Leicester, Liverpool, Manchester, Newcastle, Nottingham, Plymouth, Queen Mary- University of London, Queen's University Belfast, Sheffield, Southampton, St. Andrew's, St. George's London and Warwick (grad only).

What is tested on the UKCAT 2018?

The UKCAT test consists of 5 sections. The time granted to answer the questions in each section is reflected below, there will be an additional 1 minute of time granted per section to read instructions.

Section	Questions	Timing	Scoring
Verbal Reasoning	44	22 minutes	300-900
Decision Making*	29	32 minutes	300-900
Quantitative Reasoning	36	25 minutes	300-900
Abstract Reasoning	55	14 minutes	300-900
Situational Judgement	69	27 minutes	Band 1- 4

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UKCAT 2018 for International Candidates

- MBBS in United Kingdom (UK) is 5 years duration.
- You need to apply through **UCAS (University & College Admission Service)** & you need to give UKCAT Exam.
- Also you need to do very well in UKCAT (UK Clinical Aptitude Test), as this test is beginning to be used in the selection process by a consortium of UK University Medical and Dental Schools and is rated highly in terms of importance, compared to other factors.
- **Registration opens on 1 May , 2018 and closes on 18 September, 2018 and testing begins on 2 July.** Students are advised to register between June and July, in order to select a favorable test date since seats get filled up quickly in Ghana. **Cost £115**
- Centre for completing payment and registration and where test will be conducted is: Linear Assessment Services, Pearsonvue; located on the first floor of the Total House Building, near Cedi House, Accra. Also adjacent to the National Theatre. Below is a summary of their contact details/ information from their website.

Linear Assessment Services Limited. 4th Floor Total House Liberia Road, (Please Not Liberia Refugee Camp). Accra-Ghana near the National Theatre / British Council / Movenpick Hotel. Adjacent to Cedi House Telephone: [+233-30-2662342](tel:+233-30-2662342) / [+233-242686782](tel:+233-242686782)

Contact the T.I.S. College Counselors about registering this summer as slots get filled up quickly!

Visit Official Website: <https://www.ukcat.ac.uk> For practice tests and more! Use the vacation to prepare!

LNAT

- The LNAT (Law National Admission Test- UK) testing system is managed by Pearson VUE. Before sitting the LNAT, students must complete the two step registration process using the Pearson VUE online registration system.
 1. Set up an online account and register your contact details.
 2. Book and pay for your test – once your online account registration is complete and you have created an LNAT Profile, you will receive an email with details enabling you to book and pay for the test.

LNAT results cannot be carried forward from one academic year to the next.

- **Registration opens on 1 August and testing begins on 1 September . So students are encouraged to sign up in August.** Students may only sit the LNAT once between 1 September 2018 and 30 June 2019. If the student has taken the exam twice during that period, the later sitting of the two will automatically be invalidated.

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- If the student decides to re-apply to LNAT-participating universities in a later UCAS year, he/she must take the LNAT again in that later UCAS year.
- Arrange to **visit the testing centre in Accra in person and pay directly to the representatives there**. Unfortunately, you will not be able to pay online with a credit card due to certain restrictions regarding online payment from some African countries. **Cost of Test: £70**

Important: Please make payment as soon as possible to secure preferred test date.

Linear Assessment Services, Pearsonvue is located on the first floor of the Total House Building, near Cedi House, Accra. Also adjacent to the National Theatre. Below are a summary of their contact details/ information from their website:

Centre: Linear Assessment Services Ltd

Linear Assessment Services Limited. 4th Floor Total House Liberia Road, (Please Not Liberia Refugee Camp). Accra-Ghana near the National Theatre / British Council / Move pick Hotel. Adjacent to Cedi House Telephone: [+233-30-2662342](tel:+233302662342) / [+233-242686782](tel:+233242686782)

Website: <https://lnat.ac.uk/>

BMAT: Biomedical Admission Test; required by some UK Medical Schools.

- BMAT requires test takers to register with a test centre. **BMAT opens for registration 1 Sept, 2018 and ends October 1, 2018. Test will take place in October. Cost: £78**
- Test takers can take the test at any centre that administers BMAT.

Centre Contact Details:

British Council Accra Liberia Road, PO Box GP 771 Accra Ghana West Africa Ghana

Contact: Elvis Yaw Adom Phone: 233302610090 Email:

elvis.yawadom@gh.britishcouncil.org

Test Information:

Section 1: Aptitude and Skills

What does it test?

Generic skills in problem solving, understanding arguments, and data analysis and inference.

35 multiple-choice questions. Time is 60 minutes

Section 2: Scientific Knowledge and Applications

What does it test? The ability to apply scientific knowledge typically covered in school Science and Mathematics by the age of 16 (for example, GCSE in the UK and IGCSE internationally).

27 multiple-choice questions time 30 minutes

Section 3: Writing Task

What does it test?

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The ability to select, develop and organize ideas, and to communicate them in writing, concisely and effectively. One writing task from a choice of three questions, time is 30 minutes

Visit: <http://www.admissionstestingservice.org/for-test-takers/bmat/>

Lancaster University, Ghana Open Day!

Parents & students are encouraged to visit this reputable UK-based university in Ghana! Remember Lancaster has an exclusive 5-15% discount especially for T.I.S. IB students admitted.



Although late, it is worth mentioning that a couple of weeks ago, our own Dr. Ken Darvall, was the key note speaker at an Educators' Event organized by Lancaster University, Ghana. College Guides from T.I.S. participated alongside other counselors and educators from public and private high schools in Ghana. Dr. Darvall shared very valuable, thought-provoking ideas, gleaned from over 40 years' worth of experience as an Educationist in several schools across the globe! Kudos!

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UCAS/DHL Payment

Dear DP2 parents, a gentle reminder that any UCAS application fees or DHL postage fees for documents posted to universities on behalf of our students are due as this week is their final week. Invoices usually get to us later, at the end of the academic year. Thank you!



DP2, as you step out into the world, remember you are the future! Believe in the beauty of your dreams. Embrace your future with boldness, determination and strength. The world is brighter on the other side too. Own it!

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DP CAS Projects

Innovation & Entrepreneurship Club



On Wednesday, 9 May the Innovation and Entrepreneurship Club (IEC) members were given a task to advertise and sell *Monster Energy Drink*. A rep of *Monster Energy drink* in Ghana, came to our club meeting to discuss about the task. Each group was given 12 cans of drinks to sell across a market in Community 8 – the first group to sell of the drink was the winner and awarded.

In the beginning, it was quite difficult to settle. People were asking me questions such as: what is so special about this drink; why do I need to buy this; isn't there a lot of caffeine in this drink? So when these questions were thrown at me, I had to devise plans and strategies to get around the questions. During the activity, I came across a man, he was a pharmacist at his shop and he said, "Although I am unable to drink this, I encourage you and your friends to continue this activity because it is giving us a great experience. It will take you far in life by acquiring the advertising techniques at this young age."

In all, this activity organized by the Club leaders was an exhilarating and new experience to me. I strongly suggest this club to my juniors because I feel as though everyone should have a chance at marketing items.

Eyako Eli Dzanor – G 9



For the past weeks, the IEC has had various sessions with different professionals to educate us on how to pitch. We were given various tips and tricks on how to market a product and today, we took on the practical part of it. Myself, alongside my group members; Delasie, Mamle and Nana Kwame were supposed to sell a total of 16 monster energy drink streets on a hot afternoon at the Community 8 Market. At first it seemed a difficult task but in no time we were able to sell all of them. It was really difficult

convincing people who don't take in energy drinks to buy. It was also really difficult trying to have a conversation which people who don't really understand the language. We even had to

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move to our local languages to advertise the drink. This experience showed me the reality of being an entrepreneur and showed me some new skills in advertising. **Arnold Gyateng - G 9**

Today was such an amazing day, I have honestly learnt so much from this practical experience on marketing. My initial idea was that we were going to go to a mall where selling to people our age wouldn't be so hard, but we rather hit the streets of Community 8, Tema, where the challenge was even tougher. Competing against each other added to the fun yet competitiveness. Selling a drink such as Monster energy drink was really hard. Ghanaians have a view on how they see the drink which is "demonic" so convincing them was really hard. The first ten minutes, no drinks had been sold from my side, however after receiving some advice from strangers and Mr. Sly, we got on our feet finally selling a carton of the drink together as a team. I've honestly learnt a lot from this trip, including team work, marketing strategies and many more. **Nana Yaa – G9**



This trip personally has been one of the best trips I have ever had in my stay in Tema International School. We were put in groups and given one instruction, "sell these drinks and you are guaranteed a dinner at Starbites." Right when the word "dinner" found its way into my ears, I was hyped and ready to start selling. I was in a group with Alistair Kirk as our leader, Khadija, Eyako, Hannibal and Asantewaa. All on our toes, waiting for the call from Mr. Sylvester to start, "Cross the road" he exclaimed, and we were off. During

marketing and selling, we ran into some difficult moments, like some people not being able to speak English and others who believed that the drink had a satanic background to it. But at the end, we came out victorious and got the grand price, a dinner at Starbites. **Germaine Osei Kwame – G9**

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IB Class of 2018 Farewell Trip

From the 20 to 22 May, the Class will embark on a trip to Takoradi. They will engage in a number of unforgettable experiences. A gentle reminder for the parents of the Class to email their consent to Mrs. Essuman and Mrs. King. For updates via Whattsap on the trip send a message to Mrs. King on +233 244615255



Risk Assessment trip



The CAS team and members of the Arts Department embarked on a risk assessment trip to the Survival Island/Volta Lake as part of the preparations towards the **CAS Exchange and DoEIA Expedition Camp**. The experience was once in a life time. The opportunity to face our fears by doing things which terrify us at first left us with an amazing feeling. It was indeed a trip I will take over and over again. Now we

look forward to experience that with our CAS and DoEIA students I can only imagine how transformational this camp will be.

Have you sign up for this life changing experience coming June?

TIS CAS Exchange & DoEIA Expedition Camp -

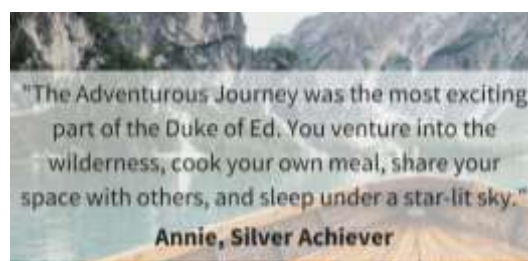
Challenging young people, transforming lives, changing the world.

Activities: Residential service, adventurous journey, abseiling, kayaking, hiking, map reading & compass use, trail navigation, radio communication reading, creativity and leadership experiences, life and survival skills, first aid, drills and much more.

Benefits: Students will apply and develop skills, DP CAS and DoEIA requirements met.

Safety: All safety measured are taking in consideration, a risk assessment trip was done by a TIS team. A wilderness medical officer, an emergency nurse with a work experience with the West African Rescue Association will be joining the team throughout the program. A TIS nurse will also accompany the team.

Equipment's: Kayaks, camping and abseiling gear, all outdoor equipment, backpack, hiking boots are inclusive.



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Departure from: TIS campus 18 June, 3pm. 1st night stay at TIS campus for an orientation and safety training.

Duration: 7 days

Comprehensive Outdoor Risk and Liability Insurance: Inclusive

Logistics: Certificate, transport, food, water, fees to destinations & projects all inclusive.

Venue: Survival Island, Lake Volta – 6km from Asikuma Township

Cost: GHC 2, 500.00

Register now: https://docs.google.com/forms/d/e/1FAIpQLSeGLoWD8m1- YCm3S_Hp0Z-flwJrGTnrMEssfRD-PP4atGchtQ/viewform?usp=sf_link

Registration deadline: 31 May, 2018



Finding Strength in Vulnerability – My Experience on the Survival Island.

Part 1

When risk becomes a choice, but you have to take it because you are principled. That is a summation of my experience on the Survival Island.

For many reasons, I was more than enthusiastic and prepared to go on this journey, with the most reason being that, I will be taking a break from my daily work routine, get my head into the unknown, and I could not be any less excited. Playing in the wild always tickles my fancy, and I will do just anything to savour such an experience. So you can only imagine my excitement as we set off from the school to Anum, in the Eastern Region to begin the risk assessment adventurous trip, ahead of the TIS CAS Exchange and DoEIA Expedition Camp in June.

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But my excitement would only last for the first two parts of the trip. The first one being a 6.5km hike through a thick forest along the path of a tributary of Lake Volta, sitting beneath a 'narrow-cliffed' footpath. And the second, abseiling to the shore of the Volta Lake to begin my worst nightmare.

To help you comprehend how an overly excited and dramatic me, ended up mute and timid, after seeing my life flash across my eyes, you will have to know these three things about me. First, I cannot sing to save my life. Also, I cannot dance to woo a lady, and lastly, I will not survive swimming in a creek.

But here I was, looking over the largest artificial lake in the world, Lake Volta, which is about 8,502km² wide and 75m deep. To get to our destination, Survival Island, we needed to kayak for 7km on the lake. 'Mamma mia'; this trip was supposed to be fun but how can enjoy any when I can barely float on water.



I wasn't the first on the team to be faced with a life threatening risk. The hiking and abseiling presented two other members of the team with their own 'valley-of-the-shadow-of-death' experience. But thanks to the company and the constant reassurance from our expedition leader, who fortunately is called JJ (Junior Jesus, if you catch the drift), we all made it through the hiking and abseiling amidst a couple of dramatic spasms. It was during one of these dramatic moments that the expression 'risk-taking is a choice' became our mantra. So yes, I had a choice not to go onto the lake. But that will only mean cutting short my initial excitement to embark on this adventure trip. I wasn't going to be the weak link in the team; not when others were able to triumph over their acrophobia and herpetophobia.

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After the initial floating drill, which I managed with bated breath to go through, I appeared outwardly ready for the 7km kayaking voyage. Left, right; left, right; and left, right, my kayak partner and I paddled across the vast and calm surface of the Volta Lake. Surprisingly, we did well with this and we got ahead of everyone else. As we moved faster and swiftly on the lake, you would think we had some previous kayaking experience, or because, I was so much in a hurry to get off the Titanic looking lake. After kayaking for about an hour, and seeing the Island from an arm's reach, JJ tells us we have only travelled 3.7km of the 7km stretch. What!!! Who said I wanted to spend the entire trip on the lake? And how could we be so far away from the



shore when it is just a stone throw away? And there I learnt my first lesson on the trip, 'distance is deceptive on water bodies'. At this stage, risk was no longer a choice, especially not for me, if the choice is being left alone on the lake. So once again my partner and I paddled on, this time without the deception of

sight. But knowing with time, as we continued to paddle the kayak,

devoid of any unforeseen mishap (which I wouldn't entertain in my thoughts), we made it to the shore of the Island. And I must say it was until this time that I began to see the beauty of the lake and how thrilling kayaking is.



After another hour or so on the lake, it was such a placating relief to step my feet on the shore of the Island, the welcoming land of the wild. Tranquilly situated on the Volta Lake, Survival Island presented us with the most relishing experience of a lifetime. The purity of the air was breath taking and the view over the lake at sunset, 'my, oh my'. It was super magnificent,

splendid, inspiring, artsy, and nothing more beautiful I have ever beheld, except the look of my Mum's jollof. ~Ebenezer Kwame Asime – CAS Advisor, TOK Observer, DoEIA Assessor

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So Frightening Yet So Cool!!

What an exciting time with my colleagues on an island that was filled with so much life, crawling, walking, gliding, flying and perching creatures. You might not want me to recommend this routine but it's definitely a must do and it will give you the opportunity to tick a few on your bucket list because I did.



We arrived at the Anum township by 10:00am and with mixed feelings we began our 6Km hike through the mountain. It had rained heavily in the morning before so it was cold with muddy areas. Through the bushes I kept wondering why I am voluntarily taking such a high risk venture and if I really had to. We jumped over rocks, crossed rivers, bent to go under broken trees, walked on the edges of cliffs, tripped a couple of times and stopped to allow snakes to pass. It was horrific. It was the season of mangoes so we picked some along the way during the walk to calm us down. We talked, laughed and made jokes to lighten up the mood and make the hike easy.



When we got the edge of the mountain we had to descend into a boat to continue the journey to the island. We got strapped into the rope system with helmet and gloves and abseiled the mountain in turns. It was my second time so it was a good second try for me, I am sure I will be a pro on my third

try. We descended into a boat and strapped on a life jacket, ready to go onto the water. We took a couple of water drills and boarded our various kayaks, I partnered with Sylvester and we paddled a 7km route on the Volta Lake to Survival Island which is located in the gorge of the lake. It was a tiring, stressful exercise but we managed to reach the island tired and hungry. We had dinner and set our tents to spend the night inside the forest.

In the morning we watched a few birds through binoculars, had breakfast and kayaked back to the mainland. During the kayaking, we had our final water drill which was fear provoking for me, capsizing our boat to save ourselves, at this point, it felt like a near death experience but when I managed to get back on the kayak, I wanted to try it again, I felt like a conqueror!

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We visited the Asikuma Township to familiarize with the people and looked out for prospective service projects. We journeyed back to school reminiscing the exciting times we had on the island.

I recommend this venture for anyone who wants to challenge him/herself and engage with nature, I have become more confident in water and more appreciative of vegetation. I used to hate seeing wall geckos and lizards but now I look on with a different mindset and calmness.

Grace Attram- Service in Action Coordinator, CAS Advisor, DoEIA Assessor.



I have always seen myself to be tough and always ready to face any situation that comes my way. Before setting off that early morning from school to Survival Island, I watched a trending video about the place and my perception about the whole island changed all of a sudden. I then asked myself if I had made the right choice to embark on this expedition, but at that moment, there was no turning back and I needed to face my fears and take a higher risk.

As we got to Anum in the eastern region after 2hrs 20mins to begin the real journey, I realized that the joy on each other's faces just dropped upon seeing the thick forest ahead of us.

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We began our 6km hiking journey through the forest, plucking ripe mangoes from trees and washing them instantly to consume with the little water we had left in our reservoirs. There, I realized the real jungle life has started and there is no looking back.

After we had gone through the forest with fears, screams, falls and laughter which I will never forget, we then came face to face with a cliff on which we needed to abseil. There I got to know each and everyone in the team had some fear that they were carrying with them. So many questions came up with the fear if a 3cm rope could hold our lives for the next 2-5mins to the lake. There, I got to know from my team members that risk taking was a choice.

On that cliff, there were deep memories I will never forget.



We all abseiled happily down to the lake thinking that was the end of the journey, but little did we know that the real challenge was just waiting for us. We came face to face with the biggest man-made lake and we needed to kayak on it a distance of 7km. I really learnt a lot on the lake. Collaboration and team work was something I learnt more as we paddled on the lake to the Survival Island.

Even though 7km was the calculated distance for everyone on the team to make within two hours to the island, my partner and I will never forget, made 10km due to the fact that we lacked collaboration and teamwork at that time. On the lake, I learnt to face my fears and also got to know that in life, you have the power to decide whether to move forward or backwards.



In fact, we had a wonderful time on the island and I got to learn a lot from other team members in terms of what their fears are and what mighty strengths they have. This is an experience every member of TIS family should experience. We truly came back as true brave hearts, it was priceless.

Sylvester Wellington – Hostel Parent, Art Teacher, Design Teacher, DoEIA Assessor.

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Wow, wow, wow, is what I have been saying and running through my mind since the day we returned from the trip. What a beautiful experience!

When I was informed that we would be going on an adventure trip to Anum on Lake Volta, which is the world's largest man-made lake, little did I know that we

were going to kayak, abseil, hike, and this frightened me because I don't know how to swim. I had to encourage myself that, I could do it.

When we arrived at the point we were going to start our hiking which was 6.5km, my heart skipped a beat though I was acting all bravely in the mist of my colleagues. Through the hiking we plucked some mangoes, and walked in the thick forest, amidst a scorching sun and drilling rains.

We got to a cliff where we had to abseil, Jay Jay, Nana Adzoa who were our guides and my colleagues did a good job by encouraging me and giving me moral support which felt good. At a point I wanted to climb up backwards because I was scared I will fall.

Seeing the lake alone just broke me down. Fear was written all over me, seeing how deep the lake is and going to sit in that small boat which I thought could easily capsize. We were taught how to swim and float before we started to kayak. Should our boat capsize we would know how to deal with the situation. JayJay and I sat in one boat and he immediately put me at ease reassuring me that everything is going to be all right. I learnt how to paddle and how to be clam on the lake. On Survival Island we slept in a tent with birds singing throughout the night.

I highly encourage students who have signed up for the CAS Exchange and DoFEIA

that they should be courageous, work as a team, trust one another and they are not going to regret it. I will do this over and over again if given the opportunity. ~**Abigail Ahiadome**
CAS Assistant, DoEIA Assessor



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Survival is a choice!!!!!!

Adventure was the first thing that came to mind when the idea of Survival Island came up. I was looking forward to nothing less than two days of awing moments that would propel me a next level of daring. I refused to pre-empt the unfolding events and was in high

expectation of dealing with anything that came up. I was looking forward to knowing each member of the group in a different way due to the creation of a different setting other than the working environment we are used to.

And ohhhh my; did I get that and more! The moment the vehicle stopped in the township, I realised we were each about to experience something that will touch different aspects of our lives, both as individuals and as a team. The hike through the forest with nature's sound from the birds and flowing streams, plucking and eating mangoes on the journey paved the way for the first real task of abseiling. Rules and guidance were the key to this task as each member managed to accomplish the task due to support from everyone. One thing I loved about the beginning of each adventure was the familiarization and preparation we went through with the instructors. The team building tasks we engaged with were rewarding as it made us access things we took for granted on everyday bases. We looked out for each other since the success of the tasks depended on more than the individual.



The most rewarding part of the whole trip for me was the kayaking on the Volta Lake with the highlight being the recovery task. Turning one's kayak upside down into the lake to be rescued by colleagues was not the easiest to do but necessary to know. Having the assurance of survival

made it all worth attempting, I believe that is the first lesson to know in the drive to survive; the belief and assurance that you can survive.

Elikem Kunutsor – Theatre Teacher, HOD Creative Arts, CAS Supervisor, DoEIA Assessor

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The International Baccalaureate aims to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect. (IB Mission Statement)

Its' Time to **Get Out There!**

JUNE 18 – 24 – 2018



The Tema International School CAS Exchange and Duke of Edinburgh International Award (DoEIA) Expedition Camp is a sail-away to life-changing experiential learning program in Ghana, West Africa for DP and DoEIA students and educators.

Now as a DoEIA Centre, we have added an extra touch to our experiential learning activities to include sailing, kayaking, abseiling, hiking, map reading, camping, survival tasks and much more to assure you a life-changing experience. In collaboration with BraveHearts (expedition adventure organisation) we are sure to give you the best outdoor experience and most of all, **FUN!**

You are welcome to the inaugural Camp. This is a unique opportunity to develop skills, open up to a new culture, make an impact, challenge yourself, to reflect, while making the world a better place.



The 2018 TIS CAS Exchange & DoEIA Expedition Camp is a complete jungle experience that introduces participants to life in the most beautiful recesses of Ghana's amazing outdoors. Participants will explore the vast expanse of Lake Volta's shoreline, and live on an Island in the middle of the lake.

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But that's not all. They will sleep in canvas tents and hammocks, eat food cooked near camp fires, hack their way through forest thickets, engage waterfall outcrops on abseiling, perform needed services to the remote communities dotted along Lake Volta's shores, and explore natural treasures by

kayaking around the several islands dotting the world's largest man-made lake.

Students will learn camp craft in an intense setting, experience Ghana in a diversely unique way, develop the soft life skills necessary for their survival in the outdoors and their development for school and home, and create friendships and impacts that will positively influence their lives and global outlook.

The 7-day exchange will leave lasting memories in the minds of all participants. They will learn to focus on the basics of life. Moonlight and the stars will be their companions at night, while crickets and bullfrogs as big as dinner plates sing to them in a chorus of jungle songs. By learning to live without the luxuries they take for granted, they will appreciate the things they have back home.

The 2018 TIS **CAS Exchange & DoEIA Expedition Camp** will be run to the highest safety standards in experiential education.



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It's All about Attitude

To enjoy such an experience positive attitude is a must. Come with an engaging smile, a volunteering spirit, and an insatiable resolution to get involved. Trust me, those are the people who get the most in return.

Contact Mrs. King for more details and sign up.

+233 244615255 or surama.king@tis.edu.gh



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Memoir... a sneak peek

Dear Editor,

I've been in a sticky situation for a while now. I have a crush on a guy who has been my friend for a really long time. He is nice and supportive but the problem is he has a massive crush on someone else. I can't tell him because I am shy and I have even been helping him to try and win the girl he likes over. I need help please.

Reply:

This is a very complicated position you've put yourself in. I really think the first thing you should do is back out of the situation involving him and the other girl. Next, I think if you really do like him, you should tell him how you feel and if things are meant to be, everything will work out. However, don't let this distract you from school work and all other things you hope to achieve during the academic year.

Dear Editor,

Pretending to be someone you're not is the hardest thing. I mean constantly pressurizing yourself to do better and shape yourself into someone you don't even know. Being so fixated on perfection that you forget about who you truly are, the beauty of life and the bliss of youthfulness. Feeling so restless at night because of the constant fear of not being enough. These constant thoughts have made me realize that I'm my own enemy.

Reply:

First off, I think you should just take and deep breathe. Then write down all the things you genuinely want to be. Don't force yourself to live up to someone else's standards or idea of perfection when in your heart you know you're not happy. Live originally.

For more of the eye-catching and mind stimulating write-ups, make sure to get a copy of the

10th Edition of Tema International School's Magazine, *Memoir*.

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SAVE THE DATE: 2 June, 2018 – TIS Annual Achievers' Day & Graduation Ceremony.
Join us as we celebrate The Game Changers

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MYP - Community Service – Grade 7, Walk tour



Last Thursday, Grade 7 took a walk around the environment outside the walls of TIS. They took a tour within the neighborhood interacting with the people and learning about the community. They were divided into three groups with a chaperone each. A group went around Don Bosco Area, the second went behind the staff apartments and the last group took the Resurrection Temple road. They observed what was peculiar to the community, the livelihood of the people, which institution is prevalent (schools or churches) in

the community, squatter areas if any and the major work of the people. In class, students were asked about their experience during the tour: what did they SEE, SMELL, and HEAR & what can they DO. Read below a few reflections from the students.



What did you see?

I saw unfinished houses, cows and table top business. – Jefferson

I saw rubbish all around in the open and houses without walls and a broken pipe – Nuku

I saw squatters who thrive in unhygienic areas in uncompleted houses – Ewurabena

I saw cows grazing everywhere and people selling everywhere near the gutters – Masere



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What did you smell?

I smelt dirt, soil and sewage, but when I got closer to a stand I smelt roasted plantain – Claris

I smelt gutters and burning garbage – Jason

I smelt cow dung, banku and okro and my perfume – Seyram

What did you hear?

I heard a lot of cars honking and the people selling – Lexi

I heard a lot of people speak Ewe and Twi – Bellina

I heard cows mooing and school children reciting poems from their school - Brenda

What can you do?

I will educate the sellers to clean the gutters they are selling by – Shirley

I will organize a cleanup session with my grade mates to clean around TIS – Annalisa

I will write to someone in charge to relocate the cows. – Shamita

Create awareness about the dangers of burning rubbish in the open air – Joshua



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The Leavers Dinner committee present to you.....



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