



## TIS BULLETIN: 18/1/19

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*University of Debrecen Entrance Exam 2019 at the office of Elyon Education Consult.*

*Study For Your Test. Get The Best Score Possible!*

*SAT 2018-2019 TEST DATES*

*ACT IS NOW COMPUTER-BASED- NO GAMES!*

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*Preparation for upcoming Events-Blue Cedar!*

*Reactions to Blue Cedars win!*

*ASA – After School Activities*

*Coming up: Grade 11 Service Learning Trip*

*Friendship Day SAVE THE DATE*

*The Public Speaking and Master of Ceremony workshop*

**Alumni Corner:**

**Name: Rhema Ewurama Andah**

**TIS Health Walk**

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A typical busy, but focused week for our students and staff.....

## Thought for the week

Life is a succession of lessons which must be lived to be understood.

- Ralph Waldo Emerson

## Calendar

### January

- 19 Health Walk (6.00am start); interschool basketball (10.00am); public speaking workshop
- 20 Non-Catholic confirmation (11:00am)
- 24 G11 Economics/Bus Man excursion (Ghana Stock Exchange)
- 25 G9 Biology/Chemistry excursion
- 26 ISSAG basketball
- 27 Thanksgiving Service and Induction of SC leaders (11.00am); Visiting Sunday (1.00pm-4.30pm)
- 30-1/2 G11 Akorlikope service learning expedition; MYP IDU days.

### February

- 5 Chinese New Year; G9 History excursion
- 6 Yale Young African Scholars Program applications close.
- 7 TIS Careers Fair
- 10 International students shopping trip

## Making Us Proud

- Nanaa Larbi and Ivan Katy Adjovu, the fastest girl and boy at TIS in 2019.
- Nanaa Larbi (open girls 100m and key runner in open girls and open mixed relays), Annalisa Boahen (14 y girls 100m and junior girls 200m), Ivan Katy Adjovu (Boys champion of champions 100m and key member of open boys relay), Richard Tetteh Agbemador (junior boys 200m), Eunice Ahashie (girls 400m), Alhaji Doua (boys 400m, boys long jump and key member of open mixed relay) and Abena Okai (girls javelin) for setting new records at last Saturday's athletics championships.
- Kendric Effah-Gyan and Akua Okyere who were elected incoming Heads of Student Council
- Surama King and Louis Welagaamo who are invited to present at the upcoming IB Africa Conference in February.
- BLUE: after years in the wilderness, Blue won the Athletics championships convincingly.

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## Student Council Elections

The 2019 Student Council elections concluded yesterday following online voting for executive positions and class representatives. Successful students for the executive positions are:

- Heads of Student Council: Kendric Effah-Gyan (Boy) and Akua Okyere (Girl)
- Secretary: Princess Asiedu
- MPH: Judah Sesay and Aku Addo
- Academics: Ama Owusu-Manu and Selali Blege
- Sport: India Agyeman (Girls) and Kodjo Asafu-Adjaye (Boys)
- Entertainment: Noelle Mends-Addison
- Chapel: Phoebe Agyarko
- Anthony: Nana Ofori Osei and John Quartey
- Catherine: Davina Yawson and Chelsea Bada
- Cecilia: Ama Hammond and Christal Perdison
- Francis: Steve Williams Jr

### Elected Student Council class representatives are:

- 7: Martin Ayisi and Annette Ajavon
- 8: Immanuel Frimpong and Annalisa Boahen
- 9A: David Safo and Naa Adjeley Anang-la
- 9B: Quophi Yelbert and Cynthia Nutsuakor
- 9C: Araba Egyei-Mensah
- 10A: Joseph-Bryan Asafo-Boakye and Jackie Buba
- 10B: Nana Saahene Osei
- 10C: Ethan Pobee and Lilainie Adjei-Addo
- 11A: Portia McDave and David Ahashie
- 11B: Nana Afranie-Adjei and John Adjei

We look forward to these leaders being role models for their peers in all aspects of TIS school life.

## Athletics Carnival

Last Saturday witnessed some great athletic performances, especially considering our return to school after the semester break the week before. There was strong competition and many close finishes in many events. There were also some very focused athletes who were determined to improve their records from the previous year. The relays were eventful and close and in two of these events, the first two teams beat the previous record. However, Blue was the big winner on the day and is looking forward to an exciting Blue new year in 2019.

A list of the TIS Athletics Records is included in this Bulletin.

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## TIS ATHLETIC RECORDS

AS AT 12/1/19

EVENT	AGE	STUDENT	COLOUR	RECORD	YEAR
100 metres	Open Girls	Nanaa Larbi	Blue	14.89	2019
100 metres	Open Boys	Sedo Sezan	Green	11.77	2018
100 metres	17 Years Girls	Gabriella Manu	Green	14.96	2018
100 metres	17 Years Boys	Nana Osei Mainoo	Yellow	12.38	2016
100 metres	16 Years Girls	Natasha Tetteh	Green	14.88	2016
100 metres	16 Years Boys	Sedo Sezan	Green	12.19	2016
100 metres	15 Years Girls	Gabriella Manu	Green	14.54	2016
100 metres	15 Years Boys	Sedo Sezan	Green	12.44	2015
100 metres	14 Years Girls	Annalisa Boahen	Yellow	14.95	2019
100 metres	14 Years Boys	Josid Owusu-Akyaw	Green	13.15	2016
100 metres	13 Years Girls	Annalisa Boahen	Yellow	14.95	2018
100 metres	13 Years Boys	Ayeh Obeng	Blue	13.82	2015
100 metres	12 Years Girls	Lydia Boahen	Green	15.88	2015
100 metres	12 Years Boys	Andrew Akiwumi	Red	14.16	2016
100 metres	Girls Champion of Champions	Gabriella Manu	Green	14.43	2018
100 metres	Boys Champion of Champions	Ivan Katy Adjovu	Yellow	11.78	2019
200 metres	Junior Girls	Annalisa Boahen	Yellow	26.55	2019
200 metres	Junior Boys	Richard Tetteh Agbemador	Red	24.78	2019
200 metres	Intermediate Girls	Gabriella Manu	Green	26.52	2015
200 metres	Intermediate Boys	Joel Agbey	Blue	22.11	2015
200 metres	Open Girls	Oluwayanmife Fajemirokun	Red	28.83	2015
200 metres	Open Boys	Troy Amegashie	Blue	21.21	2015
400 metres	Open Girls	Eunice Ahashie	Green	58.11	2019
400 metres	Open Boys	Alhaji Dauda	Blue	45.93	2019
800 metres	Open Girls	Abena Okai	Green	2.47.16	2016
800 metres	Open Boys	David Quampah	Red	1.55.64	2015
1500 metres	Open Girls	Etornam Attiope	Yellow	6.55.82	2015
1500 metres	Open Boys	David Quampah	Red	4.13.55	2016
4x100 metres Relay	12-15 Years Girls	Green	Green	54.59	2016
4x100 metres Relay	12-15 Years Boys	Blue	Blue	46.02	2016
4x100 metres Relay	Open Girls	Blue	Blue	50.44	2019
4x100 metres Relay	Open Boys	Yellow	Yellow	40.99	2019
4x100 metres Relay	Open Mixed	Blue	Blue	45.52	2019
Discus	Open Girls	Shanda Otchere	Blue	23.1	2018
Discus	Open Boys	Hannibal Richter-Addo	Yellow	32.23m	2018
Shot Put	Open Girls	Phoebe Dadson	Green	7.5m	2016
Shot Put	Open Boys	Luke Ige	Green	11.8m	2016
Javelin	Open Girls	Abena Okai	Green	16.10m	2019
Javelin	Open Boys	Clement Owusu	Green	35.55m	2015
High Jump	Open Girls	Maame Benyarko/Mife Fajemirokun	Red/Blue	140cm	2016
High Jump	Open Boys	David Quartey	Yellow	180cm	2016
Long Jump	Open Girls	Maame Ama Benyarko	Blue	3.92m	2018
Long Jump	Open Boys	Alhaji Dauda	Blue	5.8m	2019

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## Health Walk

It's an early start for our S2 Health Walk in the morning, especially for our parents who join us so enthusiastically. But, 6.00am is the best time for this exercise. I hope you can join us.

## Obligations

Students in G7-9 and 11 will select their 3 ASAs (After School Activities) for this semester over the next few days. This process will be completed online.

Our exam candidates (G10 and 12 students) are not required to participate as their focus is on their studies for this semester. While this obligation has been removed, our exam candidates must ensure they are maximizing their time, and not wasting it. Nevertheless, these students must still ensure balance in their daily routines, keeping in mind that adolescents should be involved in 60 minutes of physical activity each day. As some candidates prepare for ISSAG basketball and athletics, which ensures balance, they need to plan their daily schedule to ensure all targets are met.

I am emphasizing two priorities for the semester: respect time and no spectators.

### *Respect Time*

Time is something we can't get back. Once it is lost, it can be hard to complete priorities or actions. Being late is disrespecting others, whether it is late to class or late submitting assessments. The end result is usually self-imposed stress that then provides another distraction from achieving goals. As Robin Sharma reminds us, if you're not early, you're late!

### *No Spectators*

Students are expected to be participants and not spectators. It is very easy to watch others do things, but how does this improve the spectator? TIS expects students to ensure balance across their academics, sport, cultural and service activities. Unfortunately, there is a minority of students who remain spectators who therefore do not challenge themselves. Without challenges, students will never be able to perform at their best!

## Yale Young African Scholars Program

This outstanding residential program will be one of three held across Africa in 2019. The Ghana session will again be hosted by TIS from 24 July - 1 August. It is strongly recommended for G11 and 12 students for 2019/2020 academic year.

Applications are now open and close on 6/2/19. Please visit:

<https://apply.globalscholars.yale.edu/apply>

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Further details can be found at: <https://africanscholars.yale.edu>

Enjoy the TIS photos.

## Identification Labelling

Students are required to have their belongings appropriately labelled for identification purposes. Too many students are careless about leaving their belongings in the wrong place (not their lockers) and then not remembering where they left them. Often, items left around the school, especially devices, power cables and chargers, are claimed by students who think an item belongs to them. All items are clearly labelled when school resumes for second semester.

## Student Medication

Any student medication must be sent to the Infirmary, along with medication instructions. Please note that any time a student is kept at the infirmary for observation, a record is maintained on MB and parents will receive an email alerting them about this record.

## New Admissions for 2019/2020

Admissions for 2019/2020 are now open. It benefits TIS if our admissions process is completed early for planning purposes.

Online aptitude testing replaced the traditional entrance exam last year and was appreciated by applicants. This change has two benefits for students:

- it eliminates any bias for students studying under different school curriculum programs; and
- the test can be completed at TIS at any time convenient to the student (and parents) and TIS.

You can't study for an aptitude test. However, you will enjoy it if you are a reader, and you enjoy maths and writing. Reports from the test will be available and identify particular strengths and areas for attention, as well as predicting the likely result for the student in MYP and DP final exams.

Consequently, there will be no fixed testing dates. Families should advise TIS of suitable dates and times so that the testing can be completed.

Detailed information about admission to TIS and the process can be found at: <https://tis.openapply.com>

For assistance, please contact Rita: [rfianko@tis.edu.gh](mailto:rfianko@tis.edu.gh)

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# TEMA INTERNATIONAL SCHOOL



Enjoy a great week ahead. I appreciate your support

Ken



## Tema International School



**ADMISSIONS OPEN  
FOR 2019/2020 ACADEMIC YEAR**

*A family school, a unique experience*

**Flexible online admission testing is available**

**ENTRY POINTS:** Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 10 (MYP 5) | Grade 11 (IB Diploma Programme)

Grade 7 (MYP 2)	Grade 8 (MYP 3)	Grade 9 (MYP 4)	Grade 10 (MYP 5)	Grade 11 (IB Diploma Programme)
<p>Students should:</p> <ul style="list-style-type: none"> <li>a) Have completed Primary 6</li> <li>b) Be aged 11+(at the time of admission)</li> <li>c) Complete a general aptitude test and interview</li> </ul>	<p>Students should:</p> <ul style="list-style-type: none"> <li>a) Have completed JHS 1 or in JHS 2</li> <li>b) Be aged 13+(at the time of admission)</li> <li>c) Complete a general aptitude test and interview</li> </ul>	<p>Students should:</p> <ul style="list-style-type: none"> <li>a) Have completed Year 8 or Basic Education Certificate Examination (BECE)</li> <li>b) Be aged 14+(at the time of admission)</li> <li>c) Complete a general aptitude test and interview</li> </ul>	<p>Students should:</p> <ul style="list-style-type: none"> <li>a) Have completed Year 9.</li> <li>b) Be aged 15+(at the time of admission).</li> <li>c) Complete a general aptitude test and interview.</li> </ul>	<p>Students should:</p> <ul style="list-style-type: none"> <li>a) Have successfully completed MYP 5, the IGCSE (Or its equivalent) or awaiting the results of the IGCSE.</li> <li>b) Be aged 16+(at the time of admission).</li> <li>c) Complete a general aptitude test and interview for non IGCSE &amp; GCSE students (i.e. WASSCE, OCR, AQA).</li> </ul>

To learn more scan this.



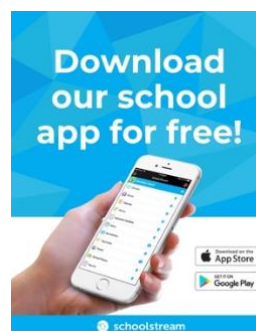
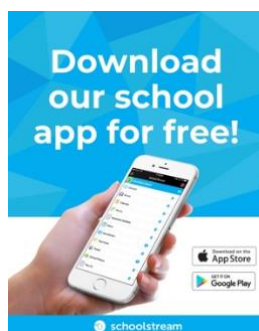
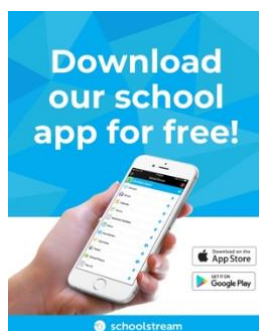
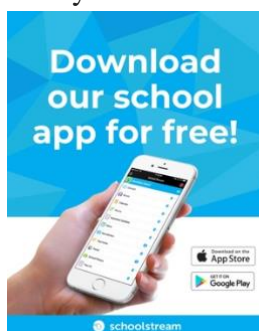
The online application process can be completed at: [www.tis.openapply.com](http://www.tis.openapply.com)  
 For further information contact us on phone: +233 303 305134; +233 303 308737; email: [admissions@tis.edu.gh](mailto:admissions@tis.edu.gh)  
 Or come and visit the school (Opp Afariwa Farms, Off Tema-Akosombo Road)  
[www.tis.edu.gh](http://www.tis.edu.gh)  
 Principal

To enrol scan this.



## School Stream

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## Be Relentless for Your Success

Good Morning TIS, I am Derek Bonsu from the IB class of 2016.

Today I am here to talk to you about ***“How to Stay Motivated and Defeat Laziness”***

I believe that the biggest obstacle in succeeding in a given task is the lack or decline of motivation. The main problem you face is that your conscious awareness does not last very long. You work hard for a few days and then roll back into the old patterns. This happens because our everyday working schedule is usually very repetitive and can get quite boring overtime. However, the temptations of our subconscious desires such as checking our Social Media, Postponing work for some relaxation time etc. are very pleasurable, they act as your safe space and comfort zone which we usually find difficult to escape from.

*So, how do we stay motivated even when we don't feel like it?*

Note that:

### 1. Your Environment Matters

Your Environment shapes your ability to work. Your mind subconsciously associates your room with a mental image of leisure or chilling because that's the most performed activity in this space. This is why most successful people usually have a separate room for working. It is all psychological. In your room everything is jumbled up in to one. Sometimes you work most times you chill.

### 2. Goals > Current Pleasure

The fight is not against relaxing and chilling because these acts are necessary for balance and mental stability. The real fight is to find as strong reasons to work as you have for chilling and relaxing. Think of the reasons that compel you to relax then think of reasons that compel you to work (success, good grades, your future), these would come in the future as fruit of intense hard work now. Also, the triggers to seek pleasure exist all around you (devices, applications, people etc.) Sadly, the triggers to chase your goals mostly exist in your memory.

*Now do you see the problem?*

It is important to note that we are in the era of short attention spans, where you get bored of the same things very quickly, ***do you really think that doesn't apply to your goals and dreams as well?*** These apps selling fun and pleasure keep updating and adding new features based on what you like to get you more addicted.

*How many times has the goal in your mind updated or added new features?* **Hardly**

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It has remained the same, your mind gets bored of the repetition, it is called “**Over-Exposure**”, and this is why these apps change continually update to prevent you from getting bored of them. The problem is that you are not working as hard because your goal isn’t producing that much incentive or excitement in you anymore, as opposed to pleasures which you experience immediately. You need to update the reasons to work, in order for your goals to dominate pleasure.

### 3. Own your Mood & Mind

Remember that, feeling motivated is a mood and your mood is built in your mind as a response to an external stimulus. For Example, you watch a comedy and your mood is full of happiness, you listen to contemplative music that reminds you of life and you get into a philosophical mood. These are some examples of how easily and temporarily your mood can be affected. But then again these are temporary.

*So, what are the long-term mood influencers that enforce motivation?*

They are **Experience** and **Thought**. Experience is a visual stimulus that is recorded in your memory as images or film, the best thing about it is when you recall it. A strong experience has the fine quality of reminding you how of you felt at a particular moment and that feeling can be effective in overcoming pleasures which influence your productivity.

Let’s take an Example, **how many times has this happened to you?**

You are in a place surrounded by people with the same dream and goals as you. It can be an exam, conference or competition and by looking around you feel one of two things. Either you felt overwhelmed with confidence that you will champion the event, or you were filled with doubt and worry regarding why you haven’t been working enough.

OR

In another example, you are listening to someone who has achieved the goals you are working towards and as they are giving you advice, telling you about their success story and work ethic, you feel driven and motivated, and begin to think about how you’re head off to achieve your similar goal.

It is important to note that your mood is also shaped by the content you feed the mind. If you watch thoughtful content, you’d find yourself in deep thought afterwards. The mind is the one

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thing we all have but it is the one thing we don't have a manual for. Nobody really teaches you how to use your mind. Your mind is like a delicate, impressionable child, feed it knowledge and it would become smarter, feed it pleasure and it would become lazy, feed it brutal honesty it would become strong. However, our modern world is filled with distractions causing your mind to randomly move from one thing to another all-day, through this you become good at being distracted. The same works for the opposite, if you practice concentration all day long. You would end up becoming an expert at focusing on one task after the other.

**Concentration** is simply the ability to keep your awareness on one thing for a prolonged period of time. You should integrate concentrating into your everyday life. With prolonged concentration comes the wonderful power of observation. Becoming more observant allows you to understand concepts and solve problems faster and more efficiently.

I also suggest that your viewing habits should be centered around content related to positively developing your character and academic priorities. When you read and watch thoughtful content your mind automatically notices all the meaningless and harmful things around you. This is because you have started valuing knowledge and thoughtfulness. Great thought has a brilliant quality of keeping you focused. Harnessing knowledge is also a great factor in boosting low confidence and a distracted mind. So, I suggest that in your spare time, instead of pleasurable activities that obstruct your productivity, watch at least 10 minutes of any lecture, motivational documentary or interviews of people you admire such as billionaires and individuals with brilliant minds.

You would find great pieces of advice that will support your focus and protect your motivation.

I hope I have been able to help you start off your semester with some motivation and if this speech has not been enough then I would like you to all note that at the end of this academic year I would be giving an award to some individuals based on their academic growth, achievements and contribution to our school. This award is one worth working hard for because I doubt there has ever been any of its kind. Lastly, I would also like to inform our student athletes that we would be kickstarting a sporting league this semester which is aimed at bringing the best out of you on and off the pitch. On this note I would like to conclude my presentation and remember:

***“You have to be relentless in your quest for success”***

***Derek Bonsu: Proud TIS Alumni***

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## Chaplaincy Corner

The Chaplaincy Committee humbly invites the school community to witness a special service of confirmation and admission to the Lord's Supper for non-Catholics (Presbyterians, Methodists and Anglicans)

Date: **Sunday, 20 January 2019**

Time: **11:00am**

Venue: **TIS MPH**

Officiating Minister: Rev Jonathan Abbey (Presbyterian Church of Ghana, Mt. Zion Congregation, Odorkor-Accra)

## DP Corner

An important role for parents this weekend is to offer a shoulder of support to students who have not been successful in the SC elections, put things in perspective and move on. Updates for the week ahead....

### Extended Essay Café

DP 1 students had a day long workshop on 11-1-19 (Friday) led by the Extended Essay coordinator, Mr Benjamin Darko assisted by Mr Festus, Mr Louis and Mr Jerry. Students are now in the process of finalizing their topics. A note of advice is to choose a subject and topic in line with the course preference in university.

### IBDP Class of 2019 – IA submission dates

Students have started submitting their final internal assessments. So far chemistry and history have been submitted and are now in the internal moderation process of the teachers. The English written task is due today (18-1-19). It was agreed at a meeting with students on 8-1-19 that anyone not submitting by due date will be quarantined in the following Saturday and Sunday till they complete the work and upload on ManageBac. If nothing credible is submitted even after the quarantine period, further consequences will come into effect. I request the parents/ guardians to counsel and support their wards in this crucial phase.

### Learner Profile - Balanced

A key learner profile for students now is "Balanced". I am already seeing some being overwhelmed by the tasks at hand, feel free to contact myself or any staff for assistance. Remember the work is not difficult but your approach to the work that makes it challenging. Be present and give your 100% focus to the task on hand. As shared by the Alumni, learn the difference between urgent and important. To sum up, "Plan your work and work your plan".

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## MYP Corner

### Technology, E-assessments and MYP



Technology is now an integral part of our modern lives; most work places are using online devices connected to some [network](#). They are engaged in a wide range of activities ranging from the use of a [word processors](#) to creating and using their own databases and diagnostic assessments. More obvious examples of these are in [health assessment](#), [psychiatric assessment](#), and [psychological assessment](#) and of course

educational assessment.

Adolescents in Ghana who attend school are increasingly coming into contact with a growing range of digital technologies at home, so it would be questionable if this did not continue when they come to school; the one place where they should be learning and using technology even more. When our students leave us to join the workplace, they must be adequately equipped to be part of the technological revolution and even become leaders in this respect. As educators and as educational institutions we can no longer shy away from this reality (technology and digital revolution). It is a very big elephant in an ever shrinking (non-technological) room. More and more educational organizations are reflecting this shift to provide for technological and digital world savvy students, yet when it comes to evaluating their abilities here, they revert to pen, paper and knowledge recall. Within the IB, MYP teaching obliges teachers to use varied forms of technological media to reach the varied forms of learning styles adolescents have. It also obliges learners to be well versed in the use of these media for problem-solving. MYP ensures that this type of teaching and learning is validated by offering the MYP eAssessment, a media rich and dynamic facility which assesses students using the tools that are such a natural part of their existence today. It provides authentic assessment by placing students in unfamiliar situations to solve unstructured real-world issues. This has only been possible with current advances in technology in schools.

In 2018, the MYP eAssessment was awarded the **‘best use of Summative Assessment’**. It was commended for the **‘best transformational project’**. The MYP eAssessment is not only based on knowledge recall. The examination is majorly based on inquiry, communication and the use of higher order thinking skills and concepts needed to succeed in this century. Technology has the greatest impact on assessment in the MYP in that it has allowed students to be placed in the middle of problem solving scenarios, engaging them through images, videos, animations and complex models for which they (the students) must use their higher order critical thinking skills to make decisions and arrive at a conclusion. Students have grown up on video games and all manner of interactive social media, this is what they already know and that knowledge should not be diminished by current educational practices.

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The idea of e-assessments is not new; although the IB world joined the world of e-assessments very recently. The first MYP e-assessments took place in May 2016. The Diploma program of the IB is already looking towards e-assessments. Imagine students who are able to use critical thinking and higher order skills from MYP in these new DP e-assessments. It is only matter of time before e-assessments in education becomes the global norm. TIS will be looking forward to its first batch of eAssessment candidates in 2020.

Trivia: E-assessments can be described as 'Electronic assessment, online assessment, computer assisted/mediated assessment and computer-based assessment'. (Wikipedia).

Yvonne M Tagoe, MYP Coordinator

## Individuals & Societies Corner

### IMUN-STEAM Summer Programme

**2019 IMUN-STEAM Summer Programme**

Hood College, USA



# 14-27 July 2019

The UNESCO Center for Peace is excited to announce this year's International Model United Nations — Science, Technology, Engineering, Arts and Mathematics (IMUN-STEAM) Summer Program! Get ready to experience a unique opportunity to build your leadership and team working capacities in our educationally-based programs. Our overarching goal is to instill within each student the diplomatic skills necessary to become a great agent of change in their community. Our program is designed to end the passive attitude and empower tomorrow's leaders with the best tools available to successfully spread the ideas of peace into the minds of the next generation of global citizens and leaders.



#### Look forward to

- Being an ambassador while enhancing your conflict resolution, teamwork, and leadership skills
- Experiencing other cultures while discussing some of our world's most pertinent issues
- Developing your skills in communication, public speaking, research, and critical thinking
- Building life-long relationships and international connections

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### Program Outline

- Field Trips to Washington, D.C. and New York City
- Campus visits to US Universities
- International Model United Nations Conference and STEAM Program
- STEP Sustainability Showcase
- Cultural Showcase and Talent Show
- Sports Day
- Cultural Diversity and Global Citizenship Workshops
- Team Building and Guest Speakers

## What to Expect:

Our International Model United Nations (IMUN) Conference exposes our delegates to many of the significant global issues affecting our world today and allows them an opportunity to solve them through international negotiations. During the conference, participants employ a variety of communication and critical thinking skills, which include public speaking, research, policy analysis, negotiating, and technical writing, in a widely diverse and multicultural environment. Our Science, Technology, Engineering, Arts and Mathematics (STEAM) Program is geared for students with a greater interest in utilizing sciences to ensure sustainable practices. This hands-on curriculum is designed to build crosscultural collaboration in research, problem solving, and advanced critical thinking skills. Students will learn the value of and understand how the sciences play instrumental roles in international peace. Participants explore the United Nations 2030 Agenda goals to work toward sustainability initiatives

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# TEMA INTERNATIONAL SCHOOL



## NOTES:

- Cost per participant: **\$4600.00** (including flights and visa application fees. Transportation to and from airport/train station will also be provided).
- Payments should be made at the Account Office no later than **28 February, 2019**.
- For further enquiries, please contact:  
Mr. Ben Darko, +233 (0)244110355 Email: [kwame\\_d@tis.edu.gh](mailto:kwame_d@tis.edu.gh)

## OTHER IMPORTANT INFORMATION

- Transportation to and from Dulles International Airport/Union Station in Washington, D.C. will be provided by the program.
- Hood College maintains **24/7 security service, a 24/7 health centre**, and free Wi-Fi, which will be accessible to all.
- For necessities, Hood College has a campus store available.
- Students will be accommodated on campus in the residence halls at Hood College separated by gender.
- Two students will share a room, which contains two beds, two desks, two closets, and an air conditioning unit. **Room selection will be randomly assigned** for cultural exchange in order to **encourage diversity and inter-cultural growth**.
- Each floor of the residence hall has a water fountain and two community bathrooms for the students on that hall (four showers, five toilets, and two sinks in each.)
- Bedding and linens will be provided for each student attending the program.
- Fully-equipped kitchens are available for student access.
- Washing machines and dryers are located in each residence hall and available to students; detergent will be provided.
- Hood College maintenance staff cleans community spaces on a daily basis, however they will not be cleaning individual rooms.
- Three meals per day will be provided by the Hood College dining hall which is served buffet style.

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- For each meal, the dining hall offers three main courses (with vegetarian options) to choose from, a salad and soup bar, fresh fruit, and a vast selection of beverages. Additionally, a café is available for student use outside of the designated meal plans.
- Students are encouraged to bring cultural talent, dress, instruments, and games/activities for the Cultural Showcase on Monday, 15 July.

The Talent Show is group-oriented and will be hosted on Friday, 26 July. Individual talent will be highlighted during the Cultural Showcase on Monday, 15 July.

## Counsellor's Corner



*“Success is not an accident, it is hard work, perseverance, learning to study, sacrifice and most of all love what you are doing” ~Pele.*

## ALUMNI in the spotlight



### Alumni Sharing Knowledge

*“I think the success of any school can be measured by the contribution the alumni make to our national life” ~ John F. Kennedy*

Oh my! During this year's Alumni Week celebration, the depth of wisdom, intelligence, a display of life lessons and such captivating moments were comparable to none. The memoir that filled the air travelled deeply into the minds and hearts of the students as they reflected on their lives and pondered over the best way forward for a successful future. The Alumni gave a positive outlook on the future inspiring their younger siblings to follow suit. Alumni indeed have made TIS proud and we continue to support them wholeheartedly on their life long journey and most importantly give a big thank you to parents for choosing TIS as the right foundation for their children's holistic development. A big thank you to

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everyone for making this year's Alumni Week a purposeful and impactful one! **Our heartfelt thanks especially to all Alumni who took the precious time off their busy schedules to participate and to give back to their Alma Mater.** We cherish you! God bless and keep you and continue to open doors of opportunity and favour!

Towards the end of the week, Alumni showed up for the athletics carnival and evening entertainment on Saturday, 12 January. We say thank you for showing up. On the Friday of Alumni Week, some alums joined current students and hostel parents in the hostels for the Common Room meeting, where practical tips on coping with boarding school and personal life lessons were shared.

A big thank you to Alumni Raphaela Agyarko, Nana Ama Ohene-Manu, Kalyssa Owusu, Edinam Mac Deh, Jacqueline Tetteh, Yaw Kwakwa, Curtis Barnes-Dabban and Kobby Anderson for joining us in the hostels.

#### Hostel Common Room Meeting:



#### Alumni Thanksgiving Service:



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The icing on the cake was the final event- Alumni Thanksgiving Service on Sunday, 13 January, 2019, where Alumni joined the TIS Genesis group in leading praise and worship, emceeing and moderating the church service. Additionally, 5 distinguished Alumni (Raphaela Agyarko, Theophilus Annang, Nana Afia Gyapong, Dylis Ewuraesi Mbiah and Shadrack Tetteh) served as panelists in a discussion facilitated by alum and current TIS teacher- Nana Yaw Ankama Asamoah, where they shared their testimonies on faith and life after TIS, hinged on the Bible verse- Mark 5:19.

*Here are some insightful reflections shared regarding this special church service:*



“On Sunday I had a very wonderful time. The alumni thanksgiving service was bliss. It was full of insight, wisdom and knowledge. There were so many things that I am sure people learned from each alum. My favorite part of it all was the song ministration by the Genesis group led by alumna- Gifty Dogbe-Gbewoaza. I was able to pick at least a lesson from every single alum that spoke to us.

From Raphaela, I was able to grasp two things from her. The first thing that I learnt was that, no matter where I find myself, I should never forget to do everything with God. The second thing that I picked up from her is that I should be disciplined. She said one thing that has helped her everywhere she goes is the discipline that TIS taught her.

The next person that I learnt things from was from Shadrack. I learnt that in everything that I do, I should put all my trust in God. He shared an example of how he had a problem with his health and how God intervened for him.

Most of all, one thing that I will forever keep with me no matter where I go is that, OUR WAYS ARE NOT ALWAYS GOD’S WAYS, SO WE SHOULD LET HIM DO WHAT HE KNOWS IS BEST FOR US.” ~David (Grade 9)



“The Alumni Week was filled with many activities but the highlight of the event for me was the special Sunday service we had with the alumni. There are three key things I learnt and I believe these things would follow me throughout my life.

1. God’s way isn’t always our way. I understood that sometimes God closes one door for us in order to open another. We have made so many plans for our lives without realizing that some of these plans do not fall in line with God’s purpose for our lives. We should trust and understand that in the end, His ways are right and are for good.

2. Know Jesus for yourself so that you don't follow other people’s version of Him. There are so many ideologies and beliefs we would meet in the outside world but in the end, our heavenly

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father has given as the Bible which contains the Word of God and who Jesus is. The moment we decide to find that truth and be principled we would not be swayed by whatever ideology comes our way.

3. We are prone to saying that whatever we have or have achieved was all our own doing, but the truth of the matter is that it is just by God's grace." ~ *Naa Adjeley (Grade 9)*



"An amazing service last Sunday. It was great to hear the success stories of our Alumni, their experiences while they were in high school and the advice they had for us. What particularly struck me was the powerful testimony of Shadrack. Just before he wrote one of his final examination papers, he went blank, even after learning as hard as he could have. By God's grace, when the results came out, he had one of the best results and that took him places in the end. This taught me one lesson:

once you have prepared well for an exam, all you have to do is leave the rest to God, for Him to provide you with the needed wisdom to answer the questions excellently. It inspired me to persist, which would get me to the top, and be consistent, which would help me remain there. GOD NEVER FAILS!" ~ *Timone (grade 12)*

***Below are a few more memorable pictures & captivating moments from Alumni Week '19:***



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## LET'S GET READY



**It's The Ghanaian University Tour:** With incredibly amazing universities in Ghana in enjoyable rainy and dry seasons, a road trip with DP1s will give them exposure and the requisite information, programmes available and other specific criteria used in gaining admission to the best universities in Ghana such as University of Ghana, Ashesi, Lancaster, Webster and Accra College of Medicine. DP1s cannot afford to miss out! The date for tour will be communicated soon and students would be required to sign up with the College Guides ahead of time.



### Ghanaian University Admissions are opened!

Thinking of how to apply? The process is pretty simple. To gain access to the Ghanaian university application portals, kindly follow the link below for a great start. A more detailed explanation and requirements will be sent via email to parents whose children are applying to Ghanaian universities.

### Ashesi University

University Avenue, Berekuso;  
PMB CT 3, Cantonments, Accra, Ghana  
Phone: +233.302.610.330 Email: <http://www.ashesi.edu.gh/admissions/how-to-apply.html>

### By Email:

Scan and email applications with all supporting documents to [admissions@ashesi.edu.gh](mailto:admissions@ashesi.edu.gh)

### By Postal Mail:

Admissions Office  
Ashesi University  
PMB CT3 Cantonments  
Accra, Ghana.

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## Application fee payment:

The cost of application is GHC100 for Ghanaian applicants and \$50 for international applicants.

Application Payments can be made as follows:

MTN Mobile Money	ExpressPay	Direct Deposit/Rapid Transfer at any Ecobank Branch in Ghana and West Africa	Wire Transfer from within West Africa	International Payments (All other countries)
<p>a. Transfer application fee to merchant mobile number <b>024 526 4831</b></p> <p>b. Name of recipient should be Ashesi University College</p> <p>c. Applicants should quote the following information on their application form or in the task box in the online application portal:</p> <p>i. Mobile number used for transaction by applicant</p> <p>ii. Transaction ID</p> <p>iii. Reference Number (Applicant's Name should be used as the reference)</p>	<p>Applicants who will like to pay via Visa, Mastercard, Amex, Discover or Mobile Money (MTN, Airtel Money, Tigo Cash, Vodaphone Cash) see link below. <a href="https://expresspay.gh.com/ashesi">https://expresspay.gh.com/ashesi</a>.</p> <p>Applicants should quote the expressPay generated transaction reference number on their application form (paper applications) or in the task box on the online application portal.</p>	<p>Account Name: Ashesi Admission fees</p> <p>Account Number: 02000 144 116 009 05</p> <p>Bank: Ecobank</p> <p>Branch: Osu</p> <p>Currency: Ghana Cedi</p>	<p>SWIFT code: ECOCGHAC</p> <p>Account Name: Ashesi University College Account</p> <p>Number: 02010 144 116 009 01</p> <p>Bank: ECOBANK, PMB CT443, ACCRA-GHANA</p> <p>Branch: Osu</p> <p>Currency: US Dollar</p>	<p>Account Name: Ashesi University College Account</p> <p>Number: 02010 144 116 009 01</p> <p>Bank: ECOBANK, PMB CT443, ACCRA-GHANA</p> <p>Branch: Osu</p>

## University of Ghana

University of Ghana, Legon  
P.O. Box LG 25  
Legon, Accra  
Phone: +233-(0)302-500381  
Email: <http://www.ug.edu.gh/>

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## Application fee payment:

University of Ghana online application E-VOUCHERS can be obtained by Ghanaian applicants for GH¢200.00 at the following banks: Ecobank, Republic Bank, Agricultural Development Bank, Ghana Commercial Bank, Zenith Bank, Universal Merchant Bank, Consolidated Bank Ghana (CBG), Prudential Bank and Fidelity Bank. Ghanaian applicants in the following categories are expected to apply using the E-VOUCHER.

## International Students and Ghanaians Applying From Abroad

International applicants and Ghanaians applying from abroad should **NOT** buy the e-voucher. They should use the following link to access the online application form for completion and submission.

## Online Application for International Undergraduate applicants

All applicants are expected to pay to the University a non-refundable application processing fee of US\$110.00. This fee can be paid directly or wire transferred into the University of Ghana.

ECOBANK Account.

Details of the Account are:

Account Name: University of Ghana Foreign Students Account  
Account Number: 0161014409780401  
Bank Details: Ecobank Ghana Limited, Legon Branch  
Swift: ECOCGHAC

**OR** International Transfer through Ecobank (0161014409780401 or 0161094409780403)

**OR** Payment with Credit Card on the GT payment platform.

## Lancaster University, Ghana

Opposite A & C Shopping Mall,  
Jungle Road, East Legon,  
Accra, Ghana  
Email: [www.lancaster.edu.gh](http://www.lancaster.edu.gh)

## Application Process

1. Download the application form
2. Complete and submit the completed application form, supporting academic documents and a copy of your international passport. Click here for the detailed application process

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3. Once your application is approved, an offer will be sent
4. You can accept the offer by paying the non-refundable fees
5. You will then come in to register for your course
6. After following the above procedures you can then enroll

**Please note, no application fees are required!**

## Webster University, Ghana (East Legon)

+233 (0)54 012 0940

<http://www.webster.edu/ghana/>

### Application fee payment:

**Non-Refundable):** The application fee is \$30, or GHC120. Once admitted, students are required to pay a deposit of \$ 500 as a confirmation of their intent to attend Webster University Ghana Campus. The deposit will be credited to the student's account and deducted from the first payment of tuition fees.

Please find below the bank details for transferring the tuition and housing deposit. Please make sure to indicate your full name (applicant's name) and your unique Webster student ID number.

### Webster University

Within Ghana:	Outside Ghana
Webster University Ghana Limited Zenith Bank (Ghana) Limited Head Office Premier Towers Premier Towers, Liberation Road, PMB CT 393, Accra Ghana GHC Account # 6010159407	Webster University Ghana Limited Zenith Bank (Ghana) Limited Head Office Premier Towers Premier Towers, Liberation Road, PMB CT 393, Accra Ghana US\$ Account # 6040139617 Swift Code # ZEBLGHAC <b>United Bank for Africa:</b> Bank Collect Platform at all UBA Branches in Africa <b>Credit Card Payments:</b> <a href="https://gh.ubillsafrica.com/r/websteruniversity">https://gh.ubillsafrica.com/r/websteruniversity</a> <b>Kindly contact the finance office for the prevailing exchange rate.</b> Scholarship applications are available upon request by accepted students.

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## TEMA INTERNATIONAL SCHOOL



### Kwame Nkrumah University of Science & Technology

The Deputy Registrar (Academic Affairs)  
Kwame Nkrumah University of Science & Technology  
Private Mail Bag  
Kumasi, Ghana  
Phone: +233 (0) 3220 61831/ 60444 / +233 (0) 500 482 807 / +233 (0) 240 130 946

<https://www.knust.edu.gh/admissions/prospective/ugadmissions>

Applications for 2019/2020 Academic Year Has Not Commenced Yet Please We Will Keep You Posted.

**Dear Parents,** ★ ★

*Please once the forms are bought, kindly bring a copy of the receipt to enable College Guides assist your children with the process accordingly.*

### University of Debrecen Entrance Exam 2019 at the office of Elyon Education Consult.

The University of Debrecen Entrance Exam for 2019 is scheduled as follows

**Date:** 2nd of March, 2019

**Venue:** Elyon Education Consult.

Edu Elyon Consult Ltd.  
{Papagu House}  
Achimota Gimpa Road,  
Near Pure Fire Church. Kissieman.  
West Legon. Accra – Ghana.  
Contact: +233{0}243353498,+233 {0}231291516.

Also find below the bank details {Dollar Account} for the payment of the Application fee of USD150 and Examination USD350 totaling USD500 to be paid. [http://www.edu.unideb.hu/page.php?Tuition\\_fees&id=172](http://www.edu.unideb.hu/page.php?Tuition_fees&id=172)

Name: Edu Elyon Consult Ltd.  
Bank: Fidelity Bank Ltd.  
Account: 1951210533021.  
Amount: USD500.

For more information Email: [adeyemi@elyoneduconsult.com](mailto:adeyemi@elyoneduconsult.com)  
Web: [www.elyoneduconsult.com](http://www.elyoneduconsult.com)

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## Study For Your Test. Get The Best Score Possible!

*Did you know there are very limited test dates for ACT/SAT available? Book your slot with the Counselors at the top floor of the Learning Centre. DPls, it's highly important for scholarships. Take advantage!*

### SAT 2018-2019 TEST DATES

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
6 Oct. 2018	31 Aug. 2018
3 Nov. 2018*	14 Sept. 2018
1 Dec. 2018	12 Oct. 2018
9 March 2019**	18 Jan. 2019
4 May 2019	15 March 2019

*SAT SUBJECT TESTS ONLY \**

*REGULAR SAT ONLY \*\**

### ACT IS NOW COMPUTER-BASED- NO GAMES!

#### ACT 2018/2019 DATES (COMPUTER-BASED TESTING ONLY-CBT)

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
8 Sept. 2018	25 Jul. 2018
27 Oct. 2018	7 Sept. 2018
8 Dec. 2018	12 Oct. 2018
9 Feb. 2019	29 Nov. 2018
13 April 2019	15 Feb. 2019

*Please note that the valid unexpired passport is the only acceptable form of identification*

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Reflecting on our journey  
Inspiring new directions  
2003 - 2018

## TEMA INTERNATIONAL SCHOOL



## Language and Acquisition Corner

## TRAVEL TO FRANCE/SPAIN WITH US



## Tema International School






# TRAVEL WITH US

## France / Spain








**DATES:** 15 JUNE - 7 JULY

**COST:** USD 4500 (including flights and application fee)

**DEADLINE FOR PAYMENT:** 28 February 2019

Have you heard about the TIS language immersion programme?  
Find out more from the TIS Bulletin.

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- This is a three-week language and culture immersion programme, which is designed to motivate students, keep them interested and is based on modern, communication-oriented methods.
- Participants live in pairs with the host families chosen by the organizers Horizons du Monde.
- Participants spend the first two weeks in a chosen region and the last week in Paris/Madrid.
- Participants have lessons for three hours in the morning session of each day and go out in the afternoon to discover the culture and civilization of the French/Spanish people. They visit tourist attractions, markets and supermarkets, museums, they play games and they watch films among others.
- Participants are chaperoned by teachers of TIS at the ratio of one teacher to 10 students.
- Lessons are delivered by professional French/Spanish teachers.
- Teachers from TIS live in the coordinator's house and communicate with students in the host families. Together with the coordinator, they get solutions to any problems that may arise from any of the host families.
- TIS teachers, the coordinator and the group's guide wait at a meeting point each morning. The host parents bring the participants in their private cars awaiting to be transported in a coach to school.
- At 5.00pm- 6.00pm each day, host parents wait at the same rendez-vous to take the kids back home.
- Participants spend weekends at home or go out with their host parents.
- Participants are not allowed to go out unaccompanied by host parents or TIS teachers.
- Participants have the telephone numbers of their TIS teachers and that of their host parents. Teachers also have that of all their students.
- Participants have travel and health insurance.
- On arrival in France/Spain, the TIS leaders collect all passports from participants and give them back to them on the day of departure.

- Parents of our students have access to the addresses of the host families of their children and therefore, can communicate with them and may even visit them should they be in France/Spain whilst the group is there.
- Parents have the addresses of the TIS leader so they can communicate with him/her.
- Participants are advised to keep their pocket monies with TIS teachers.

If interested please contact the coordinator Mr. John Mensah at [ijkemensah@tis.edu.gh](mailto:ijkemensah@tis.edu.gh) or on 0244707907. You may also call any of the school's numbers to talk to the secretary.  
**WATCH OUT FOR MORE DETAILS IN THE NEXT EDITION OF OUR BULLETIN.**  
**Thank you.**



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## CAS-SA Corner



### CAS requirements: Reminder to all CAS students.

G12 Students: Final Essay to be completed by 31 January. Make sure you attend the CAS final interview. Email with details on ManageBac.

G11 Students: as a Diploma Program student you must complete at least 1 CAS project throughout the program.

- CAS is not about hours. What matters is student's engagement, experiences and growth.
- CAS is not optional for DP Students. You must engage in CAS minimum of 3 hours per week during 18 months of the program. Some of you are not meeting that requirement and the CAS team is very concern about that. You must keep your CAS portfolio updated. You must take initiatives and work collaboratively with others. Balance is essential, especially when referring to the strands of **CAS – Creativity, Activity and Service**. Some of you focus on creativity and overlook others strands such as sports, service, etc.

There are many opportunities available to develop yourself and make the world a better place. Refer to the ASA timetable, Semester 2 for more information.

### The CAS programme aims to develop students who

<div style="display: flex; align-items: center; margin-bottom: 10px;"> <div style="background-color: red; color: white; border-radius: 50%; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center; margin-right: 10px;">1</div> <div>enjoy and find significance in a range of CAS experiences</div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;"> <div style="background-color: blue; color: white; border-radius: 50%; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center; margin-right: 10px;">3</div> <div>identify goals, develop strategies and determine further actions for personal growth</div> </div> <div style="display: flex; align-items: center;"> <div style="background-color: green; color: white; border-radius: 50%; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center; margin-right: 10px;">5</div> <div>actively participate in planned, sustained, and collaborative CAS projects</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 10px;"> <div style="background-color: green; color: white; border-radius: 50%; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center; margin-right: 10px;">2</div> <div>explore new possibilities, embrace new challenges and adapt to new roles</div> </div> <div style="display: flex; align-items: center; margin-bottom: 10px;"> <div style="background-color: red; color: white; border-radius: 50%; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center; margin-right: 10px;">4</div> <div>purposefully reflect upon their experiences</div> </div> <div style="display: flex; align-items: center;"> <div style="background-color: blue; color: white; border-radius: 50%; width: 40px; height: 40px; display: flex; align-items: center; justify-content: center; margin-right: 10px;">6</div> <div>understand they are members of local and global communities with responsibilities towards each other and the environment</div> </div>
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## Expectations for Semester 2...



I am looking forward to a successful semester. It is my hope that by the end of this semester, students will be more open about their challenges, emotions, and school life. I also wish to do my very best to contribute and support the students towards a better school life and beyond - **Sandra Thompson**

I expect that my students will be confident and ready for their exams. I personally want to improve on exciting performances for students and I am hopeful for a better staff-student collaboration - **Emmanuel Osei Owusu**

I expect students to be more assiduous in their studies. I hope to see that they have a personal interest in their studies - **Gilda Afegbedzi**

As last year was one of my best and challenging years in TIS, my expectation for 2019 is to see TIS as one of the best IB world schools in the world. And for myself, growing to be that teacher who make a difference in the lives of its students. That is what I always wanted to be - **Sylvester Wellington**



I expect students to improve their self-management and time-management skills and also develop a sense of urgency in attending to various aspects of their academic lives. More importantly, I hope to see evidence of reflection in student interactions and I look forward to being a better teacher than I have been - **Louis Welagaamo**

I expect our students to do better in both IGs and IB this year than in previous years and I am also hopeful for more staff and parent participation in school activities - **Mr. Benjamin Darko**



I am working towards a 100% pass rate for both my G10 & 12 students. I hope to improve the “friends of the zoo” club for the school and complete my teaching website as well - **Edem Amenoo**

It is my hope that both students and teachers meet their deadlines this semester, and personally, improve on my performance from last semester with regards to

comments, etc - **Margaret Agbeli**

I expect students to do better in academics this semester, especially our G10s and I also expect to teach better for students to understand the concepts easily - **Mavis Tetteh-Ocloo**

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I am hopeful that there will be a better student-hostel parent relationship this semester. I also expect that our final year students excel in their exams. - **Setor Adih**

## Alumni Week, 2019

### Econs and Literature Class with David King – Alumnus IB Class of 2016



Before my literature class was taught by David King last week Thursday, he had already taught my Economics class and so I had a fair idea of how good he was. My literature class that day I must say was very engaging, interactive and fun. We discussed an Mtshali poem titled, 'Always a Suspect', and he gave us tips on how to analyze and also write an essay. Having done literature in IB, he made literature seem easy and very exciting with his experiences for me. I hope to incorporate the tips he gave us as a class in my literary analysis and commentaries to

improve my literary essays and understanding of literary works which I believe will improve my grade in literature. **Bervelyn Sawyerr-Markwei. Grade 11**

David's lesson was on "Measuring of National Income".

The class was so interactive and inspiring with shared life experiences. I felt so excited and proud as I sat behind the class and listening to my student (David King) demonstrating such a level of maturity and experience. For me as a teacher, it was like a time to realize "the fruits of my labour". Bravo!!! David. **Godwin Awakey – Economic Teacher**

The economics class during Alumni Week was one of the best economic experiences I've had. The chance to get to hear all about economics from a new and relatable face was quite refreshing. It gave me a firsthand experience of what I could achieve if I studied hard enough. David King gave the class a fair idea of what life outside TIS would be like. It's up and downs, and to be honest, I took it better than I would if I had heard it from an older person. This was because I could understand



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the situation he was in. Overall, the experience was one I'd like to go through again. **Sam Jay (Grade 11)**

Last Thursday's economics class was one of the most engaging and exciting class as we have ever had. It was a pleasure having David King, an alumnus, teach economics during our two-hour economics class and tell us about his experiences in the university. One major lesson we took from the interaction was that we should make use of all opportunities we encounter and not be spectators because these opportunities can enhance the experience and make it enjoyable and rewarding. **Akua Boatemaa Okyere and Yeyo Padikuor Nartey (Grade 11)**

### **Baking with Afiba – Alumna Class of 2007**

Baking with Afiba was so much fun. I learnt many things about baking that I never even thought about. Before our class, I rarely ate cake because I couldn't find any cake that was not too sweet and not too unsweetened. After I baked the cakes and it came to the tasting, the cupcakes were just right! I actually never thought I'd find a cake like that. The texture and sweetness was perfect. **Crumbs and Layers** (Afiba's shop) is definitely my go-to-place for cakes from now on. I will also apply the skills I learnt to make delicious cakes and will love to learn more. **Aku Addo – Grade 11**



The highlight of my alumni week was the baking class with Auntie Afiba. I have never had the chance to bake before so I was very excited to know how baking feels like and what it entails. The baking began with a short conversation about herself and how her baking career all began. She also expressed how much TIS has helped her in every single way. As a high school student with no form of experience in baking, Auntie Afiba

made the whole teaching process very engaging and easy to grasp the concept. During our session, she emphasized on the fact that baking was her hobby before it became a reality which is currently her job. She put us into groups of four and helped us to prepare chocolate, vanilla and red velvet cake with icing. The best part of this baking class was when we had to put the icing on the cupcake because I have always wondered



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how bakers are able to ice cakes for it to look extremely smooth. While waiting for the cupcakes to bake, she shared some of her experiences about life in



TIS and also advised us for the outside world. I had so much fun and I do not regret signing up for this amazing class because I learnt more than enough. Now I can clearly say I know how to bake cupcakes and can easily teach people. As a member



of Elmonds Limited, I will suggest to my team that we bake cupcakes and sell and this skill will forever be with us. **Maame Abena Mensah-Asante**

To be honest I had never baked anything in my life and I was excited and intrigued to know how the baking class with Afiba, an Alumni, was going to be like. When I met her I felt homely and was amazed by her knowledge in baking as she owns a baking shop. With no experience in baking, Afiba made the whole process seem easy and entertaining to me. I remember her saying that baking was her hobby before it become a job, enabling her to employ workers and also gain income. During the class she aided us in preparing vanilla, red velvet and chocolate cupcakes and icing. Even though there were some issues we encountered while preparing the mixtures for the cupcakes, we were able to bake delicious cupcakes with her expertise. While the class was in session she shared some of her



experiences in TIS and university at the same time advising us on different areas of our lives. I really enjoyed myself and at the same time learnt a lot of things concerning cakes from her. She has motivated me to be interested in cooking and also baking and because of that I am awfully grateful to her. **Bervelyn Sawyerr-Markwei. Grade 11.**



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## Girl's Common room meeting with Alumna



On Saturday, 12 January 2019, the girls had a common room meeting with the Alumni. We were all seated in the MPH alongside the alumni which were **Raphaella Agyarko, Jacqueline Tetteh, Fafa Mac-Deh** and others. We started off with a warm introduction as well as a few facts about themselves, such as the hostels they were in when they were in TIS and what they are doing in the present day like what university they are in or finished. After doing this, we began to talk about some of the things that happened during their stay in TIS and some of the things that they took away from TIS which are helping them in their lives presently, such as waking up early, laying their beds and having their quiet time. They spoke to us about how presently we might think that the things we are being told to do in school are annoying or irritating but instead, they told us to take it all in good faith as once we leave is where we will start to realize the importance of having these basic skills. We also asked the Alumni about how they felt back then about the experiences we have now. But all in all, this common room meeting has really been helpful with my life in TIS and how I can prepare for my life outside TIS. So I say



thank you to all of them who showed up, not only during the common room meeting but during the whole week.

**Moyosola Fajemirokun (Grade 8)**



“A home away from home”. The hostel creates that warmth, shelter and the social atmosphere that enables creative, talented minds to relate and work together in recognizing strengths and applauding great successes and achievements. It was exceptionally great to receive an overwhelming and heartwarming visit from **Rapheala, Jackie, Nana Ama, Edinam and Kalyssa** who joined the girls for a common room meeting. The thought provoking discussions were inspiring and a deep reflection of the juniors to make the most out of TIS limitless opportunities.

Some inspiring and unforgettable life lessons shared by

alumna:....

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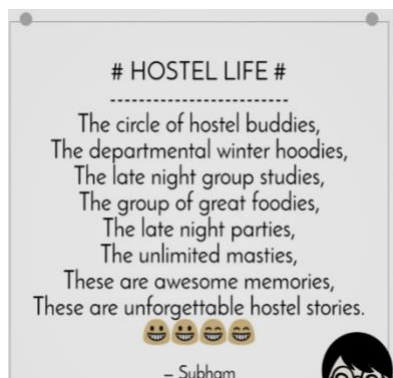
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**Nana Ama (IB Class of 2013)** shared that from her personal experience the greatest asset in life is getting along well with others (teamwork). To her, the hostel is a preparatory ground to get to know and bond with others, dealing with temperaments and how best to relate to each other in a harmonious way. The mastery of teamwork is key to building and staying in life long healthy relationships. This is because in life, we all need each other. Therefore, it is important to deliberately strive for peace in order to learn from the best minds, develop better habits and grooming skills.



**Jaqueline (IB Class of 2018)** stressed on the significance of personal time management as great lessons from the hostel. She explained that at the university, you are left on your own. In that regard the decisions you make pertaining to time management can make or unmake you. The time is now for the juniors to respect time and use it profitably.



**Kalyssa (IB Class of 2015)** explained that working and collaborating with hostel parents and coping with hostel life might not be fun but in the end when one is able to obey the rules and accept corrections as the results are rewarding and useful for life.

**Raphaeala (IB Class of 2016)** touched on character formation and the importance of obeying rules. These two work hand in hand and go a long way to shape our behaviour.

**Edinam (IB Class of 2012)** Relationships are important but it is prudent that, in dealing with the opposite sex it must be a healthy relationship towards academics and becoming a better version of you.

Summarily, the Alumni were ever grateful for the unique enriched family experience, the love, laughter, and lifelong connections. They stressed how hostel life in general has shaped and groomed them for a better purpose. This is reflected in how best they are able to manage life at the university. The Alumni encouraged students to be patient with management, channel their grievances through the appropriate quarters for redress and see TIS as a safe mentoring and preparatory training grounds, where each student is supported and encouraged to be their best, and aspire for greatness in whatever endeavours they choose. They expressed their profound indebtedness to the hostel parents and the entire TIS community for the training they received for a lifetime. Indeed it was an interesting, insightful and a captivating evening full of memories.

**Setor Adih – Librarian and Hostel Parent**



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## Blue Cedar - Winning Athletics Carnival??? Yes, it's not Fake News.



When the results were released that Blue Cedar had won the athletics carnival, I felt very happy and relieved at the same time because we had won the athletics carnival and also won for the first time. I didn't expect Blue Cedar to win even though Blue has done well in a lot of competitions, because, the same thing happened when we did well in the swimming carnival but we didn't win. All in all, I cannot help but be encouraged to believe that my colour has more wins to come. – **Debby (Blue-Cedar)**

Honestly, I was so excited when I heard that Blue won. I had a feeling that we would win. Even though most people did not believe in us, I had faith. Our very first trophy, can you imagine? Words could not express how I felt. I knew we won because of the dedication of our colour leaders Maame Ama and Valerie among others. The participants who were super involved in the carnival made sure to put in their all and make their colour proud. Some people were also able to set records. So to Alhaji, thank you. I hope we're able to win more trophies. – **Nana (Blue Cedar)**



I felt a rush of emotions, I was excited, happy, proud, shocked and yeah! I was just completely shocked and surprised because Blue has never won or we haven't won in a really long time. **M.D (Blue Cedar)**



**Charles (Blue Cedar)**

I was very happy because when I wasn't yet in this school, Blue had not won any trophy yet but when I came that was the first time Blue won and I also participated so I was very happy. –

I was very surprised initially, but I was also really excited about our win because it is our very first trophy- **Jessie (Blue Cedar)**

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### Preparation for upcoming Events-Blue Cedar!

Hopefully, Saturdays win will make the Blue Cedar members realise that team work and training can win us a lot of trophies. We are going to work harder to sweep all the trophies available this semester- **David (Blue Cedar)**

We haven't started anything yet, but we will train tirelessly towards the Singing Competition - **Winston (Blue Cedar)**

We want to fill up our trophy cabinet this semester so we will make sure when there is a competition. Everyone who is very good will rehearse and participate- **Elikem (Blue Cedar)**



### Reactions to Blue Cedars win!



When Blue won I was very happy for them because they have been longing for this moment. Even though I'm a Green Wisterian, I am still happy for them. Maybe this is a new turn for more trophies. -**Angela (Green Wisteria)**

So when I heard Blue Cedars won this year's Athletic's Carnival, I was so surprised because it was unexpected.

This is because, during the event, Yellow Outeniqua performed so well. To be honest I expected Yellow Outeniqua to win. But not every day is Christmas soooo -**Wright (Green Wisteria)**

I was actually very, very surprised when they announced Blue Cedar as the winner. Although I have not been in the school for a long time, I know that Blue Cedar does not usually win most/any of these type of competitions, so this was quite a shock. Anyway, I think that they have done quite well, and that the constant pushing finally paid off. Finally, I would like to say that Blue's win is just cleaning the cobwebs from their cabinet to make way for the 2 new trophies that Yellow Outeniqua is going to win. -**Araba Egyei-Mensah (Yellow Outeniqua)**

It was during assembly when they announced the winners for the athletics carnival that took place on Saturday. The whole room went silent, then they said Red Kigelia came last so I was a bit disappointed then to add on, they said Blue was first. Then the whole MPH became

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noisy because of the victory won to the Blues. – *McAnthony Zukowski (Red Kigelia)*

When I found out that Blue had won the athletics carnival, I was surprised but I was also happy for them because they had not won in a long time. – *Elorm (Red Kigelia)*

I didn't really feel anything. No, wait! Actually I was quite shocked because their trophy case was so empty (well there were spiders there). But still, I had mixed emotions! I was happy for them too but... - *Seyram (Green Wisteria)*



### ASA – After School Activities

**Sign up online.** See the time table below, Clubs, Cooking, Soccer, Tennis, Swimming, School Choir, Badminton and much more. Everyone has the chance to choose the activities they would love to engage during semester 2.

Be reminded: balance & commitment are a must.

**Sign UP open:** Friday (18 January) 4pm till Sunday (20 January) 9:00pm

**Go to:** [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au)

Enter the code: **9rgx4**

Do not pick two ASAs on the same day at the same time.

If you are a member of some of the listed clubs, still sign up for that club as it counts as one of your ASAs.

ASA is not compulsory for **candidate students** (G 10 and 12). However, be encouraged to have some recharging time by engaging in sports, music, dance, etc. 1 hour per week engaging in a different activity outside academia is a good thing for your mental and physical health.



**Dear Parents,** ask your ward what they would like to learn after school. In TIS there are endless opportunities to develop skills and nurture talents in music, sports, creativity, public speaking and Service. ASA starts at 4:00 pm till 5:15pm from Monday to Friday. There are also ASA on weekends. See the timetable for more details.

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<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <b>Tema International School</b>  <b>ASA – After School Activities – Semester II</b> </div>  </div>				
DAY 4:00 – 5:30PM	ACTIVITY	INSTRUCTOR/PATRON	VENUE	VACANCY/GRADE
<b>MONDAY</b>	Make-up Classes – Strands Salon	Ms. Abigail Ahiadorme	Strands Salon - Design Lab	9, 10 & 11 grades
	Animation & Graphic Design	David Difie	Design Lab	12 – 7, 8, 9 & 11 grades
	Swimming	Raymond; Dr. Ken	Sports Complex	All grades
	Handball	Gabriel, Sports Team	Sports Complex	All grades
	Squash	PIIE	Sports Complex	All grades
	Piano	Emmanuel	IIP11:Mu2	4 – all grades
	Violin	Mr. Amoah	IIP11:Mu1	4 – all grades
	MUN	Mr. Kwame Darko	Media Room	All grades
<b>7:00pm – 8:30pm</b>	Debaters Society	Louis Welagaamo	Learning Centre	12 – all grades
<b>TUESDAY</b>	Cosmetology – Cornrow/ pedicure/manicure /Hair and skin	Ms. Abigail Ahiadorme	Strands Salon – Design Lab	8 – 9 to 11 grades
	TIS Choir	Emmanuel; Nana Yaw	HP11:Mu1	40 – all grades
	Cello/Bass	Enoch	Music room	Individual Tutorial
	Mindfulness Club	Mr. Dev	Mirror Room – Project Centre	12 - All grades
	TIS Amnesty Club	Ebenezer; Sandra	C8:ll4	20 – all grades
	Innovation & Entrepreneurship Club	Mr. Kumah-Noi; Mr. Darko	Design lab	18 – All grades
	Youth Enterprise Program – Elmond Enterprise	Mr. Sampson; Abigail	Design Lab, Cafeteria PC	15 – Only auditioned
	Basketball	Sports Team	Basketball Court – Sports Complex	All grades
	Soccer	Sports Team	Field	All grades
	Table Tennis	Sports Team	Sports Complex	All grades
<b>WEDNESDAY</b>	Tennis	Siita, Gabriel	Tennis court	All grades
	Cosmetology – Cornrow/ pedicure/manicure /Hair and skin	Ms. Abigail Ahiadorme	Strands Salon – Design Lab	8 – 7, 8, 9, 10 grades
	Reading Club	Learning Centre Team	Learning Center	18 – 7, 8, 9, 11
	Orchestra	Mr. Amoah; Enoch	IIP11:Mu1	25 – all grades
	Regimental Band	Borsah	HP11:Mu3	20 – all grades
	Dance Club	David Difie	Mirror Room – Project Centre	18 – all grades
<b>THURSDAY</b>	Swimming	Raymond	Sports Complex	All grades
	Table Tennis	Sports team	Sports Complex	All grades
	TIS Insight TV	David Difie	Media Room-PC/Video Room MPH	16 – 10 & 11
	Ghanaian Language Club – Ewe and Twi	Joy Adipah	C6 :LL2	12 – 7, 8, 9, 11 grades
	Interact Club of TIS – Meeting 2 x Month	Grace Kabukie; Gilda	C11:ES2	All grades
	Basketball	Sports team	Basketball Court – Sports Complex	All grades
	Trumpet/Saxophone	Borsah	Music Room	4 – all grades
	Pop Band	Emmanuel	MPH/Music Room	15 – all grades
<b>FRIDAY</b>	Programming	Eric Fudzagbo and Castrol	Einstein Block	18 – All grades
	TIS Choir	Emmanuel; Nana Yaw	HP11:Mu1	40 – all grades
	Magazine Editorial Board	Ebenezer; Angela; David	Media Room – Project	Only those auditioned
	Animal Lovers – Zoo Club	Mr. Edem Amenoo	Garden area	18 - All grades
	Cooking	Grace Kabukie	Kitchen – Project Centre	10 – 7, 8 & 9
	Handball	PIIE teachers	Sports Complex	All grades
	Squash	PIIE; Sports team	Sports Complex	All grades
	Violin	Mr. Amoah	HP11:Mu1	6 – all grades
<b>SATURDAY</b>	Board Games, Chess, Scrabble – after breakfast	Sylvester; Mr. Djongor,	MPH/Tuck Shop area	All grades
	Gym – 4:00-5:00pm	Dr. Ken Darvall	Gym	All grades
	Volleyball – After Breakfast, After lunch	Sports committee members	MPH court	All grades
	Futsal – After breakfast	Sports SC; Sports team; Security	Sports Complex	All grades
<b>SUNDAY</b>	Swimming Club – 4:00pm	Dr. Ken; Raymond	Sports Complex	All Grades

**Service Projects out of School – Thursdays 3:45 to 5:30 – Saturdays 9:00am to 12:00 noon.** See your advisor to discuss project, logistics and duration.

An opportunity for Service as Action and CAS Students to develop their Service projects within the community. The following are some of the Institutions we can collaborate with: Comm 22 Literacy Centre, School for the Deaf, Calvary Presby school, Sister of Charity Orphanage & Save Them Young Orphanage. *Only projects near by the school will be approved for Thursday and Saturdays trips.*

**CAS projects:** DP Students must submit the Project proposal form to their CAS advisors for approval before starting.

**CAS sessions:** Meet the CAS Coordinator or advisor (if available) to plan and take action towards your CAS projects, experiences and update your CAS portfolio. Every **Monday, Tuesday and Thursdays** from 3:30 to 5:30 – CAS office.

**Online CAS exchange sessions (Via Skype or Face time):** Discuss your DP and CAS journey with DP Students from IB schools around the world. Talk about the various challenges your communities face and Share ideas on how you can make a difference in your communities. Support each other's Service project by collaborating. Generation IB is a community of students and educators who share, care and take action towards a better world. Date and time for the 1<sup>st</sup> session TBC. There are some very cool IB students looking forward to connect with you. (Only for DP (Gr 11 and 12) students for now).

**Red Cross Club:** Meetings are once a month for all those who are certified by Red Cross Ghana Society.

**School Event organizers:** Sign up with Ms. Grace at CASSA office – G11s Only.

**Participation in School Events/Performances:** By audition within Clubs– Check Bulletin, newsletter and notice board for announcements.

**Interschool Sport: Saturday 8:30 – 12:30 –** An opportunity for TIS teams to play with invited schools to prepare for ISSAG events.

**Workshops:** There will be many workshops opportunities during the semester. Make sure you read the CAS-SA corner on the bulletin, Newsletter and ManageBac messages for updates. **You will learn valuable skills in these workshops. Don't miss out.**

**DoEIA – Dukies** – Kindly see Ms. Tagoe at the MYP office to sign up and keep record of your award experiences. Payment is done at the CASSA office with Abigail after you discuss your award with Ms. Yvonne Tagoe.

\*Students are **NOT** allowed to stay in the hostels from 4:00pm to 5:15pm on Mondays to Fridays. All students are expected to participate in an After School Activity (ASA) during this period. Students who do not have an After School Activity for a particular day can be engaged with a subject teacher in the classroom block or at the Learning Centre. Such students can also have personal or group studies in the Gardens, the Learning Centre, or the Cafeteria, but not distracting those engaged in ASA.

\*ASA Patrons and Instructors will register attendance for each activity. **Commitment and Balance are essential.**



**Coming up: Grade 11 Service Learning Trip** to Akorlikope. Students are planning a **health outreach** in collaboration with **Rabito Clinic**. Hepatitis B, Breast Cancer Awareness, teaching the Graceland Academy children, Educom (paying school fee for the children), Pen in a Box are some of the projects and experiences our CAS students are preparing for the community. If you like to support this project kindly contact Mrs. King (CAS Coordinator), and/or you can volunteer to join the team. **Donations** of the following items will be highly appreciated: vitamins, dewormer, malaria medication, painkillers, stationeries, toys and books. All Grade 11 students are engaged with this project. Contact your ward for more information and how you can assist in making their project meaningful.



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## Friendship Day **SAVE THE DATE**



As February is fast approaching, the TIS community is enthusiastic to share, appreciate friendships and to bond in this month of love. This season, our annual Chocolate Friendship Day is taking another twist. We, the Risk-Takers, believe giving should be memorable and heartwarming, we have therefore decided to reduce the amount of chocolate that churns out to friends and make available items that are worth keeping and long lasting hence the change of to "FRIENDSHIP DAY" Proposed items

include, 3 chocolate brands, Mugs, Roses, personalized stickers and teddy bears.

The Friendship Day committee is made up of fourteen members of Grade 11, our leaders are John Qaurtey and Chelsea Bada. In honour of Malika Webb, our grade mate who uses a hearing aid, we decided to channel the proceeds from the events toward purchasing mattresses and donate it to the *Tetteh Ocloo School of the Deaf*. This year what matters is true friendships and creating emotional lasting memories.

**SOMETIMES, BEING  
SILLY WITH A FRIEND  
IS THE BEST  
THERAPY!**



The theme for this year's Friendship Day, organized by the IB Class of 2020 is "**Lean on Me**" creating long lasting memories. Preparations are still underway to ensure a fun filled Friendship Day. One of the events to look forward to be the rebirth of our Inter-colour singing competition coming off on 16 Feb, the evening of our friendship day. Further details including the criteria and the program, will be made available in due time. Hopefully, by end of this week the chat will come out and the market day will be announced soon. It promises to be a fun filled night. All are invited to share in the joy and laughter. **(Friendship Day Team)**



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TEMA INTERNATIONAL SCHOOL

**PUBLIC SPEAKING**  
— AND —  
**MASTER OF CEREMONY**  
**WORKSHOP**  
WITH **MRS. SANDY KOJO-ANDAH**

**17, 18 & 19 January**  
**TIS CAMPUS-DESIGN LAB**

🎤 CRAFTING WINNING SPEECHES    🎤 HOW TO MC AN EVENT  
🎤 HOW TO DELIVER A PERSUASIVE MESSAGE  
🎤 POISE AND CONFIDENCE WHEN SPEAKING

**The Public Speaking and Master of Ceremony workshop** started on Thursday, 17 January till Saturday 19 January. The class was fully booked and students are requesting for another workshop to be organized soon.

If you like your ward to partake on the upcoming workshop kindly email the CAS Coordinator, Mrs King on [surama.king@tis.edu.gh](mailto:surama.king@tis.edu.gh)

Registration Fee - GHC 200.00

Below are some pictures of our first session. As the students left last night they were so energized, inspired and looking forward to the next session.

“The facilitator is simply amazing” said Phoebe Agyarko. (Gr11)

“Public speaking is my thing.” Kendrick (Gr 11)



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## Alumni Corner:



**Name:** Rhema Ewurama Andah

**Year Group:** TIS IB Class of 2014

**Hostel:** Cecilia Hostel

**Colour Group:** Blue Cedar – Cee da Bluuu!!!

**Roles played at TIS:** Assistant Cecilia Hostel Prefect; SRC Representative; TIS Red Cross Executive; Leader of Akorlikokpe Project.

**IB Program:** What I loved about the IB program the most was how multidisciplinary it was. There was a clear focus on not only conventional subjects like math, English etc. but also subjects and projects that enhanced critical thinking. The IB program came in handy with my

liberal arts college and most recently I've been able to apply so many things I learnt to my growing career.

**University:** Mount Holyoke College

**Year of Graduation:** 2018

**Major:** International Relations and Law/Public Policy

**Achievements in College:** Global Competence Award 2018

**What next:** Law School and Entrepreneur

**Key Word in Life:** Breathe

**Word of Advice:** Be the person of your wildest dreams

**Philosophy:** L'homme propose et Dieu dispose/ I can't come and kill myself.

**Most memorable experience in TIS:** The making of the IB Class of 2014 documentary.

## TIS Health Walk



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