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TEMA INTERNATIONAL SCHOOL

NEWSLETTER



JUNE, 2019

At TIS, we believe that success is the result of: taking on new challenges by moving out of your comfort zone; ensuring consistency by avoiding complacency; understanding that performance requires balance; and reflecting on outcomes to set new personal best targets. After all, success is personal.

Thought for the week

In today's world, let NO be the safest answer and not a lazy response.

- Dr Ken Darvall

Word of the Week

Word: cacophony Meaning: an unpleasant mixture of sounds.

Sentence: At 6.00am, there was a cacophony of deafening alarm bells heard in the hostels.

Calendar

May

31 Leavers' Dinner

June

1 Achievers' Day and Graduation Ceremony. Students may depart after 2.30pm

Follow us

15 French/Spanish trip depart Accra

August

21 Newbies commence

24 Continuing students return for 2019/2020















BOL

• Our best wishes and prayers go to our Grade 10 who are continuing their final external exams over the next two weeks.

Congratulations

- To all students on completing the 2018/2019 academic year. Reflect on your journey to prepare yourself for greater success in 2019/2020.
- The Smile for All and the Edusani service project teams on reaching the semi-final stage in the Global Social Leaders competition.

Achievers' Day and Graduation Ceremony

Our Annual TIS Achievers' Day and Graduation Ceremony will be held tomorrow, 1 June, commencing at 10.00am.

Students may commence their summer vacation at the conclusion of this event (and not before.) I hope you will join us on this special occasion as we farewell our Grade 12 Inquirers.

Please use the Afariwaa end of Promise Lane to reach TIS as this section was graded on Thursday and no longer resembles the Grand Canyon.

Grade 10

For our G10 students, don't look for the soft options next year. DP is too hard? I can get into university quicker by doing foundation courses!

Three reasons why I expect to see you here next year:

- 1. You are part of the TIS family.
- 2. The DP is the gold passport to university.
- 3. The DP is doable, if you are consistent and focused.

The students who gain the most, including surprising themselves, are those students who only fare average in the IG, because of your choice of subjects and the opportunity for your initiatives to shine through. Check any G12 biographies. They bust the DP myth that initially frightens off students.

Don't forget to email me the list of possible subjects and levels for DP so you can access Kognity during the break.

The Inquirers

I congratulate our G12 Inquirers on their journey to date. Thank goodness for the TIS Alumni Association, so that it is au revoir and not adieu. We all look forward to three things: your future













success; your continuing involvement with the TIS Family as Alumni; and your visits home to TIS, whenever you are in town.

Thank you for all the special memories you leave me with. Continue to make us proud. And don't forget to thank your parents at the end of tomorrow's event for everything they have done to ensure you have reached this milestone in life. Thank you, Inquirers, for sharing your important reflections (soon.)



Screenings and interviews for admission to Primary School in September will continue next week.

Admissions are open. Please visit: https://tis.openapply.com

The first stage of the Primary School will open in September for Preschool classes (Kinder 1,2 and 3) as well as Grades 1-3.

Stage 2 will open in September 2020 when Grades 4-6 will be opened.

For more information email: primaryschool@tis.edu.gh

Semester 2 Reports

Semester 2 reports will be published by Monday, 10 June. Parents will receive an email to inform you of their availability.













Outstanding School Fees

Parents with outstanding accounts will not be able to access reports until their account is cleared.

Reminders

- Please read the weekly bulletin and monthly newsletter, and take action as required.
- Dress Code: Clothing Sense and Sensitivity

The following is a reminder with two important events approaching: Leavers' Dinner; and Achievers' Day and Graduation Ceremony. Students will not be able to participate in the Leavers' Dinner if the dress code is breached, nor will they be able to attend Achievers' Day and Graduation Ceremony. To keep it simple: always dress for the occasion, and not for personal attention.

This notice sets out for students, what to wear and what not to wear as TIS students during school days and at school functions. This is only a reminder because it constitutes part of the school rules which have already been made known to students, but which we wish to emphasise for the purpose of student appearance.

It has become a matter of concern as students are seen dressed inappropriately at school functions and after school.

Students have been allowed to express diversity in their appearance. However, it has come to our notice that students have abused this opportunity over time. Parents should be informed that clothing can be completely casual, but respectable during and after school hours.

Please note that the following clothing are not allowed on TIS campus:

Bare back

Bare shoulders

Frontal low cuts

Bodicon skirts and dresses

Mini-skirts

Transparent leggings

Tights and hanging trousers (for boys)

Furthermore, slits on dresses **SHOULD NOT** be above the knee, excessive jewelry (big hoops) and flashy clothing are prohibited.

There will be routine checks into students' wardrobes to ensure that they have the right clothing in their possession.

With parents' support, we can encourage students to appear decent and decorous on campus.

I appreciate your support.

Ken























Tema International School



ADMISSIONS OPEN FOR 2019/2020 ACADEMIC YEAR

A family school, a unique experience

No fixed exam date, flexible online admission testing is available and ongoing

ENTRY POINTS: Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 10 (MYP 5) | Grade 11 (IB Diploma Programme)

Grade 9 Grade 7 Grade 8 Grade 10 Grade 11 (MYP 2) (MYP 3) (MYP 4) (MYP 5) (IB Diploma Programme) Students should: Students should: Students should: Students should: Students should: a) Have completed JHS 1 or in JHS a) Have completed Year 8 or Basic a) Have completed Year 9. a) Have successfully completed b) Be aged 11+(at the time of **Education Certificate Examination** b) Be aged 15+(at the time of MYP 5, the IGCSE (Or its equivab) Be aged 13+(at the time of lent) or awaiting the results of the c) Complete a general aptitude c) Complete a general aptitude test c) Complete a general aptitude b) Be aged 16+(at the time of c) Complete a general aptitude test admission) c) Complete a general aptitude test and interview for non IGCSE & GCSE students (i.e. WASSCE OCR, AQA).

To learn more scan this



The online application process can be completed at: https://tis.openapply.com
For further information contact us on phone: +233 303 305134; +233 303 308737; email: admissions@tis.edu.gh
Or visit the school (Opp Afarusa Farus, Off Tema-Akosombo Road)

Atariwa Farms, Off Tema-Akosombo Koz www.tis.edu.gh Principal To enrol scan this















Counsellor's Corner



Exams are full of surprises! The saddest thing is failing to <u>study</u> only to realize that the questions were very simple to answer.Don't let this happen to you! Sit up, study and ace the test Grade 10s! Finish hard!

Achievers' Day and Graduation Ceremony This Saturday!

Congratulations to all our gifted students who have excelled in various areas this past school year and will be duly rewarded tomorrow during our annual Achievers' Day and Graduation Ceremony. We are so proud of you! A resounding CONGRATULATIONS to the IB TIS Class of 2019 who will be graduating this Saturday. You have worked hard to get this far, and we are hopeful that you will shine wherever you go! Continue to strive for excellence of character, excellence in service to others and excellence in your academics at university!

Unveiling of Class of 2019 Plaque- Alumni Roll Call Wall







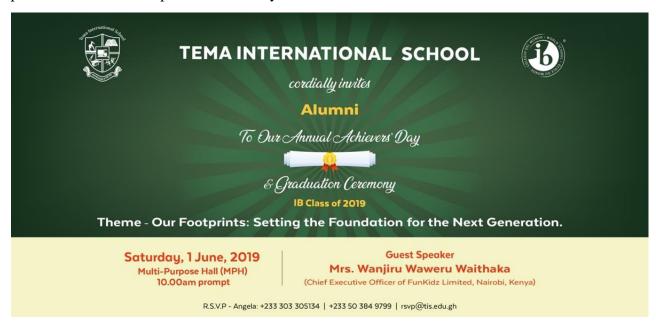








DP2 graduating students, DP2 Parents, Leadership, Staff, Board Members of TIS, you're cordially invited to the unveiling of the Class of 2019 alumni plaque! After Graduation Ceremony, the plaque of the IB Class of 2019 will be unveiled at the Roll Call wall near the Administration block. Do not miss out on this memorable picture capturing moment. Let's all please endeavour to be punctual! Thank you!



Getting Ready for Exams?



Summer Reading List

DP1s, don't forget- Get these done over the summer!

- 1. Final proofreading and submission of essays- check
- 2. Completion of final school selection with parents' approval-check
- 3. CV's well written- check
- 4. Hands-on training (Internship)-check
- 5. Search for schools with great scholarship packages, discuss university list with parentscheck













- 6. Study for your IB DP subjects, work on IAs and EEs- check
- 7. Study for SAT & ACT, return prepared to test in October(SAT) & September (ACT)- check
- 8. Get much needed rest- check
- 9. Be helpful at home- check



An evening with Pomona, Swarthmore and Williams Colleges



At one central location, Mariott Hotel in Accra, counselors from both international and public schools in Ghana were hosted under the auspices of EducationUSA for a tete a-tete session with great Liberal Arts schools from the United States of America. The academic representatives from these universities were Ashley M. Pallie-Associate Dean of Admissions Pomona College, Alexandra DiAddezio- Admission Counselor-Williams, Andrew Moe-Associate Dean of Admissions Swarthmore. It was indeed a very educative and enlightening discussion where some key secrets to students' successful admissions were disclosed by the admissions officers.





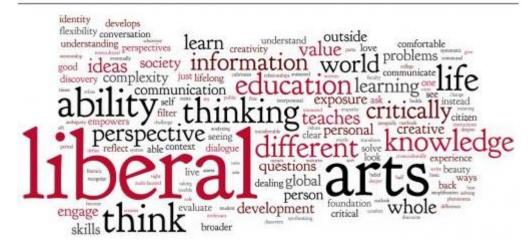








Value of Liberal Arts Education

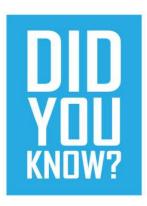


What has Liberal Arts Education got to offer?

A Liberal Arts curriculum is designed to introduce students to the full range of human experiences through the study of cultural heritage, forms of artistic and literary expressions, patterns of social and political behaviour, and methods of critical inquiry. Liberal arts education offers learning that is both broad and deep, preparing you for action and intellectual engagement in an ever-changing world. The mission is to prepare students for boundless possibilities with endless opportunities. The rigorous, intellectual and creative inquiry leads to the full development of students as they engage with the society. It cuts across fields in Humanities, Social Sciences, Economics, Philosophy, Gender, and Women Studies. Liberal Arts studies equip students with the requisite to solve the world socio-economic problems.

College Application Process





Going to college is that dream of a lifetime! However, when applicants do not adhere to the rules of engagement with the college application process, what happens? It negatively affects the reputation of the student and his/her high school as a whole. Therefore, the college application process should be taken seriously. Students should follow the due processes and be honest during the application process. Here is some very important information worth sharing:













5 Power Plugs

#1 Universities Connect –Be Honest with the process!

Dear students, once the university you applied to is highly interested in you, no matter which application process, early decision, early action, rolling and regular, they will like to know you better and find out more information about you especially if you also applied to other universities with similar interest. Universities are well connected, they travel together to attend conferences, discuss promising applicants and many others. Imagine you tweaked information on financial aid to suit that particular university you are highly interested in? The other universities that you applied to will get to know. Why lie or falsify information to get into that dream school? A clear sign of dishonesty. Such applicants ultimately lose their spot. It's not all about academics but the ethical behaviour of the applicant is also questioned.

Use this simple route:

- 1. Be honest with any information you present
- 2. The information must be consistent with all schools

Remember inconsistency with information is a big deal, it becomes a brand on you affecting the future prospects of other applicants from your school. Be wise and share honest information.

#2 Applying through Early Decision (ED)

To some universities like Swarthmore applying through the early decision is a plus (this is the case for schools like Swarthmore College). Once the student meets all the criteria the student is in an advantageous position for great scholarship packages. ED is abinding contractual agreement between the student, his/her high school and the parents.

Once the university accepts the student via ED. The student must:

- 1. Withdraw his/her application from all the other universities.
- 2. Communicate with them in writing that he has been admitted into his university.
- 3. Must choose only <u>one school</u> as early decision.
- 4. Before a family commits to an early decision they must make sure that they can afford the fees for the whole duration of the program.
- 5. Once the family realizes that there is a financial constraint on their budget, they must immediately inform the university about this. It should be an honest appeal.
- 6. If the university can give extra they will, or else there must be effective communication to the university that based on the finances that student will not be able to enroll in that university. This is perfectly understood.
- 7. Once the decision is communicated clearly, other future applicants who apply to that university from the same school will not have their application treated indifferently.

#4 Type of Students universities look out for

- 1. Intellectually curious minds excited about social interaction and network with their world
- 2. Upbeat and enthusiastic students about the future
- 3. Creatively intelligent with great leadership skills
- 4. Confident and like to try something new
- 5. Step out of their comfort zone and make life worthwhile
- 6. Very engaging with their environment making the world a better and a safer place for others













#5 Closely knitted university with small class size

- 1. With the relatively small size, student intakes are very small making the application process very competitive unlike other universities.
- 2. Excellent community support systems allowing students to integrate into the bigger school community and the American culture smoothly.
- 3. Internships spread abroad programs during summer for learning, growth, and exposure.
- 4. Project-based learning and research for students to engage with their learning finding solutions to their environment.



My Pomona

- Pomona College is 1. a private liberal college in Claremont, California founded in 1887 by a group of Congregationalists who wanted to recreate a "college of the New type" England in Southern California, and in the 1920s, it became the founding member of the Claremont Colleges consortium.
- 2. Pomona is a four-year undergraduate institution and enrolled approximately 1,700 students representing all 50 states and 63 countries as of fall 2018.
- 3. The college offers 48 majors and 600 courses, though students have access to nearly 2000 additional courses at the other Claremont Colleges.
- 4. SAT middle 50% 700-780 ACT Composite Median 34 TOFEL min 100 IELTS min 100
- 5. IB Testing: Most competitive applicants earn a score of 40+including bonus points
- 6. Pomona currently has the lowest acceptance rate of any U.S. liberal arts college (7.6% for the 2018 admissions cycle)
- 7. It has an endowment of \$2.17 billion as of June 2017, giving it the seventh-highest endowment per student of any college or university in the U.S.
- 8. In 2018, Niche ranked Pomona as the most diverse college or university in the country; among enrolled students, 74% hail from out of state, 56% receive need-based financial aid, and 61% identify as a person of colour or an international student.













- 9. Pomona will be your home for four years that's four years of forging connections, making lifelong friends, and learning and discovering new passions.
- 10. The Claremont Colleges has more than 8,000 students you can meet through 250+ clubs and 2,000+ classes.
- 11. Nestled in Southern California, a natural and cultural playground students can explore on day trips, field trips, and internships. You may even take your Pomona experience global with study abroad or international research and internships. https://www.pomona.edu/lifeat-pomona.
- 12. The student-faculty ratio is 8:1 giving 98% of the students to live on campus for all four years.
- 13. The college is a top producer of Fulbright Scholars and other fellowships.
- 14. Learning at Pomona often happens outside the classroom through hands-on experiences, internships and volunteering projects https://www.pomona.edu/

Scholarships & Financial Aid





- 15. The Total cost of attendance \$69,496.
- 16. Pomona provides only need-based aid, no merit or athletic scholarships are available.
- 17. 44% of our international students qualify for and receive need-based aid, with the average amount of aid nearly \$60,000/year.
- 18. Any admitted student with demonstrated need is offered a financial aid package that meets 100% of that need https://www.pomona.edu/admissions-aid













Swarthmore



- 1. Swarthmore
- College is a private liberal arts college in Swarthmore, Pennsylvania. Founded in 1864, by members of the Religious Society of Friends(Quakers)
- 2. A member of the TriCollege Consortium along
 with Bryn
 Mawr and Haverford College,
 a cooperative academic
 arrangement between the three

schools.

- 3. After four years of living and learning in this collaborative oasis of intellectual and creative exchange, Swarthmore graduates are prepared for whatever brand of success they imagine themselves. https://www.swarthmore.edu/
- 4. National Academies of Science, Engineering, and Medicine. https://en.wikipedia.org/wiki/Swarthmore_College
- 5. Swarthmore is also affiliated with the University of Pennsylvania through the Quaker Consortium, which allows students to cross-register for classes at all four institutions.
- 6. Offers over 600 courses a year in more than 40 areas of study, including an ABET accredited engineering program which culminates with a Bachelor of Science in engineering. https://www.swarthmore.edu/academics
- 7. Through academic programs, student-led performances on and off campus, and an array of creative spaces, the arts at Swarthmore burst with inventiveness and colour.
- 8. Despite the school's small size, Swarthmore alumni have attained prominence in a broad range of fields. Graduates include five Nobel Prize winners (as of 2016, the third-highest number of Nobel Prize winners per graduate in the U.S.) 11 MacArthur Foundation fellows, 30 Rhodes Scholars, 27 Truman Scholars, 10 Marshall Scholars, 201
- 9. Fulbright Grantees, and many noteworthy figures in law, art, science, academia, business, politics, and other fields.









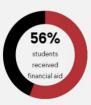




Scholarship & Financial Aid



Swarthmore meets 100% of determined need for all admitted students.



Nearly 56 percent of Swarthmore's student body received financial aid in 2018–19.

Swarthmore's commitment to financial aid and access is at the core of our educational mission. We understand that students are admitted from a variety of economic backgrounds. Nearly 56 percent of our student body received need-based Swarthmore Scholarship aid in 2018–19 from an overall financial aid budget of more than \$45 million. Tuition, room, board, activity fee (2018/19) \$68,062.

Three Distinctive Commitments

- 1. **Swarthmore practices "need-blind" admissions:** The decisions about your admission to Swarthmore and your financial aid eligibility are made independently if you are a <u>U.S. citizen</u>, <u>permanent resident</u>, <u>or undocumented/DACA student graduating from a U.S. high school</u>.
- 2. **Swarthmore meets full need:** Although we believe that the primary responsibility to pay for college lies with students and their families, we fill in the gap when family resources do not meet our costs. The College strives to make it possible for all admitted students to attend Swarthmore, regardless of their ability to pay and meets 100 percent of the <u>determined need</u> for all admitted students.
- 3. **Swarthmore's aid is loan-free:** Our financial aid awards consist of grants (which do not need to be repaid) and include the expectation that students will work in a part-time campus-based job. Although Swarthmore financial aid awards are loan-free, your family might choose to borrow a loan to pay a portion of the educational expenses. https://www.swarthmore.edu/financial-aid

School Spotlight: Williams College

















- 1. **Williams College** is a beautiful, culturally diverse private liberal arts college in Williamstown, Massachusetts, United States. It was established in 1793 with funds from the estate of Ephraim Williams, a colonist from the Province of Massachusetts Bay who was killed in the French and Indian War in 1755.
- 2. The campus contains more than 100 academic, athletic, and residential buildings. There are 349 voting faculty members, with a student-to-faculty ratio of 7:1. As of 2017, the school has an enrollment of 2,042 undergraduate students and 57 graduate students.
- 3. The college competes in the NCAA Division III New England Small College Athletic Conference and competes in the conference as the Ephs.
- 4. Following a liberal arts curriculum, Williams College provides undergraduate instruction in 25 academic departments and interdisciplinary programs including 36 majors in the humanities, arts, social sciences, and natural sciences. Williams offers an almost entirely undergraduate instruction, as there are two graduate programs in development economics and art history.
- 5. Employers include: Amazon, Apple, Bain &Co., Christie's, Deutsche Bank, Google, Harvard, Ropes &Gray, Pfizer The New York Times
- 6. The College maintains affiliations with the nearby Clark Art Institute and Massachusetts Museum of Contemporary Art and has a close relationship with Exeter College, Oxford University. Undergraduate admission is highly selective, with an acceptance rate of 12.1% for the Class of 2022. https://en.wikipedia.org/wiki/Williams_College



7. Williams has one of the most generous financial aid programs in the country, thanks to generations of gifts from alumni, parents, and friends. It allows us to award more than \$50 million a year in financial aid to more than half of all Williams students. Our financial aid program is based entirely on need, and we meet 100 percent of every student's demonstrated need. We are committed to working with you and your family to make a Williams education affordable. https://finaid.williams.edu/















Standardized Testing is on! Save the dates and register with us!







5 October 2019	14 September 2019
2 November 2019 SAT (Subject tests only*)	12 October 2019
7 December, 2019	14 December 2019
14 March 2020 SAT (No subj. tests**)	4 April 2020
2 May 2020	

Valid unexpired passport is the only form of identification This summer is a great time for students to prepare for these tests and a summer to-do list has been posted on ManageBac for all DP1 students. DP1s, maximize your summer vacation!

Soon to be Grade 10s and DP1s- Reminder about PreACT and PSAT tests next semester!



***Saturday 28 September 2019 come along with your unexpired passport!















PSAT Is just one slot in 2019



***Saturday 19 October 2019 come along with your unexpired passport!



- 1. Students are encouraged to register now or do so when school resumes.
- 2. Use summer break for test prep and effective studies.
- 3. Registration fees are nonrefundable.
- 4. Stay tuned for FREE ACT online practice resources at ACT Academy, to be highlighted next week!
- 5. Grantfairy Scholarships also to be presented in next week's bulletin
- 6. A platform for the Admissions Team to know you better!
- 7. Builds students up for aptitude on the job test
- 8. Competitive advantage for university program selection

Want To Take These Tests?? Here's Why:



- Free Money For Grabs! (Scholarships)
- ✓ Boosts reflection of academic potential- complements IB Scores
- ✓ Great start for freshmen first entry-level jobs
- ✓ Strong Demonstration of College Readiness
- ✓ Increase chances for Merit Award
- ✓ A platform for the Admissions Team to know you better!
- ✓ Builds students up for aptitude on the job test
- ✓ Competitive advantage for university programme selection

www













News from the University of Buckingham!

Medicine at Buckingham

The UK UCAS deadline for the January 2020 Medicine intake has now passed but direct applications for MB ChB Medicine at Buckingham are still very much open for the January 2020 intake; at TIS however we aim to submit applications in November for fall admissions.

With MMI's (Multiple Mini Interviews) scheduled throughout the year in July, September and October studying at the UK's only independent medical school is a fantastic option.

Our January 2019 Medicine cohort is now confirmed with 96 places accepted from over 900 applications, representing a genuine option for students predicted minimum A-level AAB or IB 34. The programme is 4.5 years in length and compliant with UK GMC (General Medical Council) regulations.

Buckingham does not set a cap on international students for Medicine or require the UKCAT/BMAT test to be completed. Applications were up 30% last year and again this year. Apply for Medicine.

Teaching Excellence at Buckingham

For the fourth year running we are ranked in the UK top ten for Teaching Quality and Student Experience on The Times and Sunday Times Good University Guide, 2019. Backed up by our TEF Gold rating, Buckingham is committed to retaining its reputation for delivering outstanding teaching with small class sizes and a supportive, positive environment.

















Applications open for 2019 Apply online today!









Tube









CAS-SA Corner

Service this summer?

As you go home for summer, remember it a time to rest, charge up, reflect and make plans for the next academic year. Have you thought of what exactly you would do to relax and recharge? Do you think you can help others while having fun in the process? Relaxing means doing something else apart from the usual routine you are used to OR engaging in an activity that makes you excited and motivated. With



the IB Learner Profile in mind, decide to be Caring and Principled considering to show integrity in all your dealings with your parents, siblings, aunties, cousins, grandparents, neighbours and family friends. It will be really nice approaching all the summer days with a positive mindset, being diligent and pleasant. Actions you can take in the form of service may include:

- Babysitting a young cousin for an auntie
- Washing Daddy's Car
- Helping Mummy in the kitchen
- Walking the dog
- Helping your younger siblings with their homework
- Cleaning your room regularly
- Taking swimming lessons or polishing up your swimming
- Engaging in your favourite sports
- Spending quality time with your grandparents, engaging in arts & crafts, crocheting etc
- Plant your favourite fruit and water it everyday
- Take a good rest when the sun is up

As part of your summer plans you can also partake in an *Instagram CookOff* organized by **Seyram Apreku, Yosi Fajek** and **Phoebe Osei** as their Service as Action activity from their Design Class

Unit "My Choice". They have the perfect summer recipe; Couscous and Octopus Sauce with West African Ginger Ale and you simply want to feel this dish melting in your mouths. The recipe is a product of two merged cultures, Ghanaian and Cameroon to create International-mindedness by way of informing that we are all one people and we are capable of accepting each other's way of life and culture. That be said, let's practise openmindedness and try out this recipe as shared. When you're done take a picture of it and post it on Instagram with the #onepeople to reach



a wider audience and spread the message of acceptance.









Follow us





Couscous and Octopus Sauce

Ingredients

- 1 bag of Couscous
- 3 Onions
- 5 Tomatoes
- 4 green Peppers

Spring/green onion

½ a pound of Mozzarella Cheese

3 bags of pre-cut steamed octopus

Cilantro

Salt

Maggi

1 teaspoon of ground cinnamon and cumin

½ a teaspoon of ginger and turmeric

1/4 spoon of curry powder

2 cups of chicken broth

6 medium sized potatoes

Pepper Flakes

Soy Sauce

Ground Pepper

Butter





Instructions

- 1. First, wash and rinse the couscous.
- 2. Wash and rinse the octopus while washing it. Remove the organs and the other parts of the octopus that aren't needed.
- 3. Place a saucepan with water and salt on fire then wash and cut your potatoes. Cut them into cubes and put them in the saucepan to boil for 15-20 minutes.
- 4. Boil the octopus in a saucepan for 5 minutes. Whilst boiling, stir it.
- 5. Make your sauce for your stir fry with pepper flakes, soy sauce, sugar, rice syrup, ground black pepper.
- 6. Heat up a frying pan with olive oil and stir in the vegetables
- 7. Aside from that, start frying the octopus in a frying pan. Also add your some salt, black ground pepper, and cayenne pepper.

















- 8. Then remove your fried octopus and add it into the already fried vegetables, stir and add your sauce.
- 9. Next put your couscous on fire and add some butter and leave to cook for about 8 minutes or according to the packaging.
- 10. And then leave to cool and plate!

West African Ginger Ale

Ingredients

3 large roots of ginger
2.5 cups of water
6 limes
1 overflowing teaspoon of sugar
1 overflowing teaspoon of peppercorn



Instructions

- Making sure that the skin and rind are still on, chop the ginger and lime into tiny chunks.
- Pour the lime and ginger into a blender making sure that there is a larger amount of ginger than there is lime, taste and add more lime or garlic when needed.
- Strain the mixture using a sieve.
- Blend peppercorn and sugar and then add the strained mixture of ginger and garlic into the blender and blend until smooth.
- Strain the mixture once more into a saucepan.
- Bring the liquid to a boil on the saucepan.
- Once it starts to boil, take it off the heat source and make it cool.















TEMA INTERNATIONAL SCHOOL

ACADEMICS



At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provides a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



EDUCATION FOR A BETTER WORLD













IB Classs of 2019, Our Grade Trip...



The grade trip was an amazing experience. It was an unforgettable way to spend the last few moments together as a grade. Many more memories were made and the trip made the whole DP 'stress' worthwhile as we got to finally unwind appropriately- *Maurice Ouartey, Grade 12*

This after exam trip was the perfect getaway for us to release stress and start the vacation off

on a good note. It was great to spend time with friends we have gone through the DP period with.

We are very grateful for the opportunity and a big thank you to Mrs. Adjavon. - Steven Opuni, Grade 12

I really want to thank the school for the amazing trip they organized. I know a lot of time and effort was put into it and for that I'm very grateful. I could not have had a more perfect way to celebrate the end of my IBDP. I honestly had such a good time.



Thinking about everything that went into making this trip an amazing one makes me appreciate it even more. Thank you again. - *Mamle Kwao*, *Grade 12*

I would like to thank Mrs. Adjavon for the lovely treat she gave the class of 2019. We enjoyed ourselves and are very grateful for the opportunity. *John Abbeo, Grade 12*



The grade trip was awesome. Getting to eat amazing food, hanging out with friends and making unforgettable memories. I am so thankful to Mrs. Adjavon and the entire Founding Family for the trip. *Abena Amo, Grade 12*















The trip was truly amazing and I'm grateful for the opportunity to go on this final trip with my grade mates. From the live band performance to the boat ride; every moment was just incredible. – Frances Quartey- Baiden, Grade 12

The trip was a much anticipated one. This trip was a platform for me to bond with my grade mates and it was an amazing time with everyone. Thank

you very much Mrs. Adjavon and the school for such a wonderful and unforgettable experience! -N and Larbi, Grade 12

Visiting Aqua Safari was on my bucket list and one of my biggest dreams. I never thought it would be this soon. This experience allowed me to bond with my friends more. I had the chance to be a metre away from a crocodile, What joy! A page to describe the fun experience I had on this trip will be small so all I would say is a big thank you to Mrs.



Adjavon for making this possible. I pray God continues to bless you and your kind heart, and keep putting smiles on your face! - *Abena Okai, Grade 12*

Mrs. Adjavon, a warm and a whole hearted thank you for such a wonderful trip to Aqua Safari. You have given us a great opportunity to create bonds between us. We are glad to have embarked



on this trip. Every moment was cherished! God richly bless you and your family and I pray that as TIS grows, it continues to build a stronger bond between students, staff and parents. Thank you so much once again. – *Mife, Grade* 12

Thank you so much Mrs. Adjavon for the provisions you made for us

to be able to come to the end of our IB Journey. I am very grateful- Bernard Osei, Grade 12











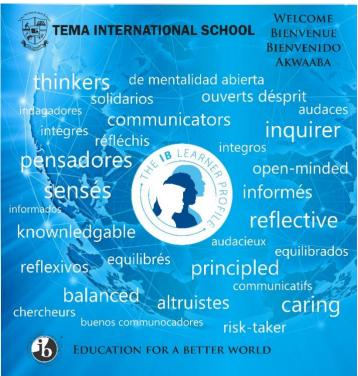


We are extremely grateful for the time and effort that was put into the planning of the 2019 grade trip. We appreciate the blood, sweat and tears poured into it and we are most importantly happy to call you Mummy. Thank you Mrs. Adjavon. – *Stephanie-Louise Agyemang, Grade 12*

Who Portrays the IB Learner Profile Attributes Best

Aunty Nora exudes the IB Learner profile attribute *Caring*. She is always there to listen to me when I am sad and also takes very good care of me when I am sick - *Jessie*, *Grade* 7

I find Mr. Tay very *Principled* because although he is mostly tolerant of us, he still disciplines us



when we breach the rules regardless. - Eugene, Grade7

Sedo is *Caring* because he shows genuine concern for people even students in the lower grade. - *Nhyira*, *Grade* 8

I nominate **Ms. Koree** as being *Balanced*. Although she has a lot of tasks to do like invigilation, preparing tasks, etc., she still makes time to go over and over every concept. - *Tiffany Forson, Grade 7*

Matthew Simmonds portrays the IB Learner Profile "Caring". He always checks for us and makes sure everything is okay. He is also always willing to lend a hand whenever we need help. Malik, Grade 7

Timone is *Caring*. He is open to talk to students at any time and always is available for advice. - *Martin, Grade 7*

Mr. Tay shows so much empathy towards students and he's also always available. He portrays the IB Learner Profile attribute, "*Caring*". - *Eugene, Grade* 7

For the IB Learner profile attribute "*Principle*", Mr. Jerry Darko portrays it best. This is because, no matter how close you are to him, wrong is wrong and right is right. He will always bring out your positives, as well as correct you on the negatives. - *Seyram*, *Grade 8*













Mr. Jerry Darko is both Principled and Open- Minded. He accepts the numerous varying



viewpoints of everyone in class and tries to work with it so that we will understand every concept he tries to talk about. - *Ewuraba Benyarko*, *Grade 8*

Aunty Janet is always there for students as if they are her own children. I would say she is *Caring*. Also **Mr. Atseku** is *Caring*. This is because he has time to give students several chances when they

are failing at something, and encourages them. - Bellina Anthonio, Grade 8

Senora Dorcas is Balanced. She socializes with students all the time and very well and at the

same time is able to prepare her teaching materials to teach to our understanding. - *Brenda Anthonio*, *Grade 8*

I nominate **Jennifer** as *Caring*. She is nice to everyone and most importantly, she talks to most students. I also nominate **Mr. Jerry** for being *Reflective*. He is always asking as to reflect on past events. This will only be a concern to him because he is also reflective. He is also able to relate things from Grade 7 to our present Grade 8 because he goes back in time to think through events a lot. *Phoebe, Grade 8*

Ms. Gilda portrays the IB Learner profile attribute '*Caring*' a lot. This is because she is not only concerned about our academic work, but is also interested in our personal life and wellbeing. *Yosi, Grade 8*

Mr. Louis is an *Inquirer*. He is always asking questions and wants to know more. He doesn't take NO for an answer. *Hedia*,





I nominate Mr. Adipah and Ms. Ganette. Mr. Adipah is *Caring* because he takes his time to help us with our academics. And Ms. Ganette as *Principled* because she is organized when she comes to class and makes time to listen to every student. - *Justice*, *Grade 9*

I'd say **Davina** and **Ayeyi** are *Caring*. They are always there for other students when they need assistance. Regardless of the student's grade,

they are always available to console. David Safo, Grade 9













Phoebe Agyarko is very *Principled*. She acts with integrity. Although she is a senior, she does

everything by the book. She holds herself up with dignity and respect. - *Naa Adjeley, Grade 9*

Joseph Agyemang is a *Thinker* because he gives an in-depth analysis on every question thrown at him and it's impressive. - *Denzel, Grade 10*

I nominate **Kofi Sakyi- Addo** as *Balanced*. He was a member of all the ISSAG teams and performed very well in every tournament. At the same time he was also doing well in Chemistry and History. Above all he is still able to relate well with students. I would say he was able to balance his academic, sports and social life very well. *Joseph Agyemang, Grade 10*





I would say **Ethan Poebe** is a *Thinker* because he is deep with all his thoughts and responses. - *Liesel, Grade 10*

Excellva Addow, I would say is very *Knowledgeable* because she seems to be abreast with a lot of things and she also seemed to have a lot of information at her disposal.- *Shanda*, *Grade 10*

I will nominate **Mr. Castrol** as an *Inquirer* because he strives to get a lot of information daily and this makes him have a precise answer for every question he is asked.- *Clive, Grade 10*

Akua Okyere is *Principled*. She follows the school rules

and is able to coordinate others like me to follow the rules as well. I also see Ms. Ganette as *Open-Minded*. She always wants to listen to our views before she acts on it. She also doesn't judge when you have a discussion with her. *Chinemelum*, *Grade 11*

Mr. Atindana I'd say is a



thinker. Every response he gives to my problems is very in-depth. And not just academics. He is able to analyze every situation critically before providing a response. **Ayeyi Hammond**, also, I'd say is an *Inquirer*. She is always looking for more information to help better herself. *Victor*, *Grade* 11













Ms. Koree is Principled. She always stands for what is right. Her appearance, demeanour and

everything about her is just Principled - Aku Addo, Grade 11

I nominate **Ms. Koree** as *Principled*. She is disciplined, works to hard and is very put together. He just amazes me with how principled she is with everything. - *Betty Ajavon*, *Grade 11*

I think *Mamle Kwao* is *Principled*. As HOC, she showed traits of a leader and it vital for a leader to be Principled in order to run the council and the school effectively. *Abele, Grade 11*



Akua Okyere is *Principled*. She abides by the rules, works hard and goes about everything with integrity. - *Akos*, *Grade 11*



I will go for **Kwadwo Ohemeng** for being *Balanced*. He is a leader, sports person as well as a model student. He made time for all the things he was passionate about, yet made sure his academic work didn't suffer for it. - *Mr. Edem Amenoo, Staff*

Akua Okyere is *Balanced*. She is able to talk to the entire student body for them to listen to her, even her class mates. At the same time she is involved in the planning of school activities such as the 15th Anniversary and still manages to get her

grades. **Phoebe**, I would say is **Principled**. She is able to correct her classmates when they go wrong and always on time for appointments. - **Mr. Attah, Math, Staff**

Nana Aba Egyei-Mensah portrays the IB Learner Profile attribute *Balanced*. She is able to make time for Music, Sports, and Academics and excels at all of them. - *Nana Yaw Ankamah*, *Staff*

Phoebe Agyarko has shown to be *Caring*. She has selflessly assisted a student to catch up with her Psychology grades. She also shows empathy to the feelings of others. - *Mrs. Sandra Thompson-Assan, Staff*

I nominate **Dr Ken** as *Principled*. I have dealt with him on different issues at different times and he was precise and prompt. *Mama Vee*, is also a critical *thinker*. She always takes a second look at everything before approval. - *Sophia*, *Staff*













How learning sign language allows you to be a better communicator



Sign language started out as a way for the hearing impaired to communicate, but it is more recently been used to improve and emphasize communication in many situations. A lot of research has come out over the last couple years that you can teach babies to communicate faster by teaching them sign language. As early as six months old, through sign, a baby is able to communicate his or her needs. Sign language also helps give a voice to people who have difficulty communicating, like those with autism.

There are dozens of other practical uses for sign language, but for anyone at any age. Paul Martin, communication

and body language expert, explained that learning sign helps you become a better communicator because the natural limitations of this language actually help you be more emotive. This is because sign language is not just the hand gestures but the emotions expressed behind them.

Sign language is expressed with a combination of the spoken words, the signs, and your facial expressions. The combination of these three aspects are brought together to create compound signs that express everything more clearly.

Reference

Riggins, J. (2016, July 12). Power of the Gesture: Learn Sign Language for effective communication. *Mindfulness*, pp. 1,2.









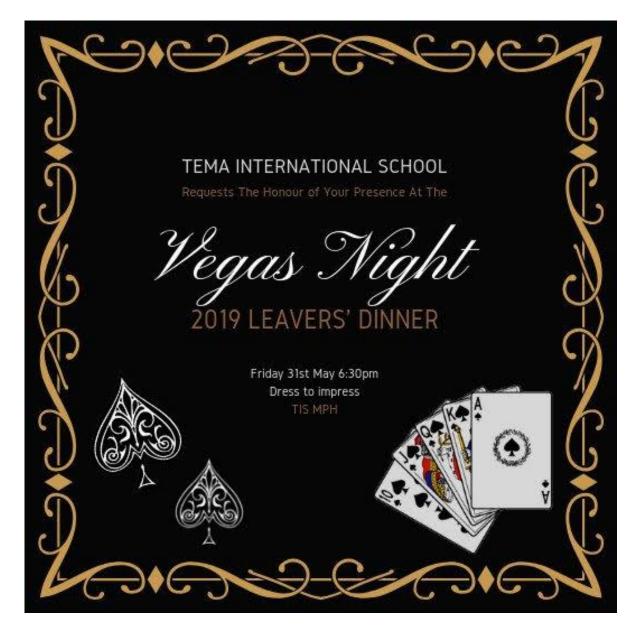








Leavers' Dinner, 2019















Annual Achievers Day & Graduation Ceremony

IB Class of 2019 – The Inquirers

Venue: Multi-Purpose Hall

Date: 1 June, 2019

Time: 9:00am Exhibition – 10:00am Ceremony

Dress Code: School Cloth

Theme: "Our Footprints: setting the foundation for the next generation."

• Guest Speaker: Wanjiru Waweru Waithaka – Nairobi, Kenya

Parent Speaker: Mr. Stephen Agyemang

• Alumni Speaker: Frempomaa Owusu, Class of 2009

















PROM NIGHT Update – IGCSE Class of 2019



All hail the Prom King and Queen!

As part of high school tradition, our IGSCE graduating class of 2019 has begun plans towards their PROM NIGHT/dinner dance. Detailed information, concerning venue and time will be communicated at a later date; tentative date for the prom is on 21 June 2019.

However, we would like to inform parents that, this is solely students/Grade initiated event funded by the students and Parents of the grade, through various fundraising projects in school. The students head organizers are:

- President Shanda Otchere
- Vice Pres. Arnold Gyateng
- Secretary Jackie Aisha Buba
- PROs Lilainie Addo & Adom Berchie
- Organizer Germaine Osei Kwakye
- Designers Saahene Osei and Hamdia Ibrahim
- Advisors Liesel Amonoo-Neizer and Terence Mwindaare
- Co-opted Members Amanda Fafa Awumee , Jason Bortei-Doku & Michael Gyau
- Treasures Salma Roland and Joseph Agyeman

The team is supported by Mad. Vanessa Amankwah as the Parent Organizer. Ms. Grace Attram and Ms. Abigail will be at the venue in their capacity as Chaperones for the students. Parents are advised to drop and pick their wards. The theme for the party is HOLLYWOOD; ongoing plans seem to promise nothing but a splendid night full of memories, fun and laughter.

fun and laughter.
For further clarification, kindly

direct all queries to Ms. Grace – 0244626805 or email address <u>g_attram@tis.edu.gh</u>
Furthermore, we will also like to discourage extravagant spending in terms of logistics and promote a subtle tone for the celebrations.













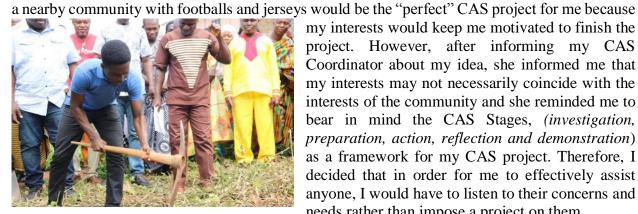
A Journey into my WASH (Water Sanitation and Health) Project



Inspiration for WASH Project

During the first meeting with my CAS Coordinator, I was challenged to remain committed to the provision of service to my community and, at the same time, positively impact my community through my CAS initiative or project. Upon accepting this challenge, I wondered what the "perfect" CAS project would be. At first, I thought about my personal interests and thought; providing

my interests would keep me motivated to finish the project. However, after informing my CAS Coordinator about my idea, she informed me that my interests may not necessarily coincide with the interests of the community and she reminded me to bear in mind the CAS Stages, (investigation, preparation, action, reflection and demonstration) as a framework for my CAS project. Therefore, I decided that in order for me to effectively assist anyone, I would have to listen to their concerns and needs rather than impose a project on them.





After much reflection and understanding of the requirements, the process of starting this project was not made any easier. The first challenge faced while embarking on my WASH project was to obtain a location in need of such a service. Many suggestions were given about probable locations. There was an area in Ada where we would have had to cross a river before arriving and an area within

the Volta region which is within an arm's stretch from **T.I.S**. However, I finally settled on *Gomoa* Brofoyeduru, my Dad's village, after visiting that region during Christmas and realizing that no toilet facility could be found anywhere for personal usage. I then thought to myself that I could not let my family and friends go through such an inconvenience. Therefore, I wrote a proposal seeking funds from Global Environment and Technology Foundation (GETF), Coca-Cola System (Business Unit and Bottling Company) with the help of my Dad and lastly organized crowdfunding campaigns to raise funds. Currently, we have been able to raise approximately US\$40,000.













Project Quick Facts

Location:	Gomoa Brofoyedru, Central Region, Ghana, West Africa
Budget Required:	\$60,000
Project Duration:	October 2017 - August 2019
Number of	1,500-2,000 people
Beneficiaries:	
Implementing	Beta-Construction
Partner:	Engineers

Existing Challenges



Gomoa Brofoyedru is a small town located in the Central Region of Ghana. Access to clean water and sanitation in this part of the region is scarce. To access water, the residents rely on a hand dug well which requires urgent maintenance repairs (Image 1).

The current facilities used for personal hygiene are intolerable, and they pose significant dangers to users. The perimeters of the toilet facilities are made of overlaid palm branches which do not provide adequate privacy (Image

2). Women and girls often wait for the darkness of night before getting the required privacy for their menstrual hygiene. The toilet facilities are also located outside, making users vulnerable to threats at night. The amenities consist of wooden slabs laying over a pit (Image 3) and young children are at risk of falling into these open pits.

There is an urgent need to address the current challenges faced by this town. The current conditions pose safety risks and potential disease outbreaks if adequate measures are not taken.

Solutions to the existing challenges of Gomoa Brofoyedru

After observing the town's conditions, together with the help of my Dad, we were able to mobilize funds to begin construction.

- **1.** This includes two sets of 5-seater squat pan water closets built over leach pits which will hold waste.
- **2.** Construct a mechanized borehole to provide water for hand washing and flushing the toilets.













Sustainability of Project

To ensure sustainability, a maintenance system will be put in place comprising:

- a. Involving chosen members of the community in the construction process.
- b. Developing and running a behaviour change programme for the community prior to commissioning of the facilities.
- c. Training selected members of the community in the operation and maintenance of the basic components of the system.

Pictures of Current state of Gomoa Brofoyedru



Image 1. Hand pump well in need of rehabilitation



Image 2. Damaged Toilet facility initially built by the Local government



Image 3. Perimeter of an existing toilet facility



Image 4. Initial visit taken to survey the land of Brofoyedru to assess the best possible toilet technology and area for construction.















Image 5. Existing toilet facility made of wooden slabs over a pit

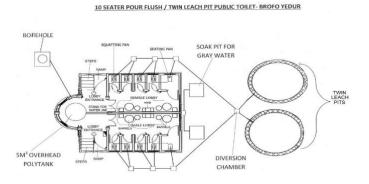


Image 6. Schematic diagram proposed for construction

Conclusion



All in all, the **WASH** project has helped me to grow as an individual. Throughout this process I have learnt how to write proposals soliciting for funds and many other more. I am grateful for the opportunity T.I.S. has given me as it places Community Service at the heart of its education curriculum in the form of CAS (Creativity, Activity and Service). The construction for the project will commence in the second week of June and we hope to finalize the project in the last week of August so we can

officially present the 10-seater toilet facility to the people of Gomoa Brofoyedru during their **Annual Akwamboh Festival**. In order to achieve this target, I will spend most of my time during summer, visiting the construction site regularly so that I can complete the project before the beginning of my College life at the University of Toronto, where I will read Economics.

Alistair Kirk

IB Class of 2019

"The best way to find yourself is to lose yourself in the service of others."

Mahatma Gandhi















Hurray!!!!!!!! We've Made It Again!

Tema International School, a truly global institution of socially conscious young leaders entered into a Global Social Leaders competition organized by Future Foundations, United Kingdom, with over 80 different countries represented in the competition

Our young people who are driven to make social change on a global scale, competed with groups of students from leading schools in Australia, China, India, Kenya, Luxembourg, Malaysia, Russia, Rwanda, Thailand, UK, USA, Zimbabwe and many more.

With over 800 teams, representing 500 schools in 83 countries who participated, Smile for All and EDUSANI (Tema International School) which is made up of a group of Grade 8 and 9 students have progressed to the next stage of judging; the semifinal stage in the GSL Global Goals competition.

Smile for All is represented by the following students:

Naa Adjaley Anang-La President

David Safo vice President

Melike Kwabena Agah. Secretary

Mafina Amoako Organizer

Cyril Davis Public relations officer

Moyosola Molunrayo Fajemirokun -Treasurer

Abdul Munin Bawumia. Photographer/Videographer

The EDUSANI team is also represented by:

President Nutifafa Folie

Vice President Quophi Yelbert

Elorm Godzi Secretary

Lena Dodoo **Public Relations Officer**

Chelsea Somuah Organizer

Kenechukwu Ogbogu Treasurer

Nuku Dzakuma Photographer/Videographer

Princess Raissa Kanekatoua Social Media Consultant

Phoebe Osei Co-opted Member

Follow us











Nana Korantemaa Owusu-Koranteng - Co-opted Member

Nana Ama Boakye - Co-opted Member

We wish to express our profound gratitude to all parents who supported our "superstars" in getting this far.

CONGRATULATIONS, SMILE FOR ALL AND EDUSANI, YOU'VE REALLY MADE US PROUD.





















TIS Adaptation of Beauty and the Beast



"TIS' production of an adaptation of Beauty and the Beast. Beyond brilliant and something to witness and admire. Absolutely, beyond belief. Everyone was a star!" **Dr. Ken Darvall – Principal**

Limited copies available of TIS Beauty and the Beast DVD - GHC80.00 /Flash Drive GHC100.00

Grab your copy NOW.

Contact Ms. Abigail +233 54 393 6488

Stay updated - Save the TIS WhatsApp - 0503849799 - TIS: more than a school.







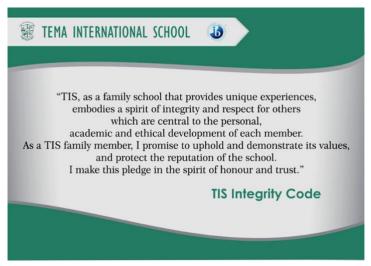




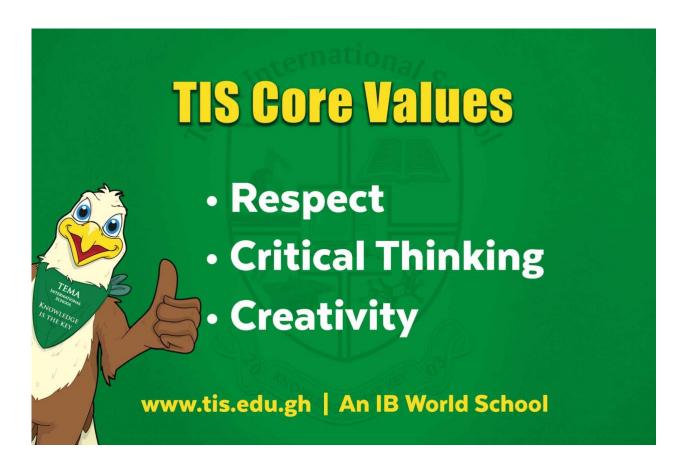




TIS Integrity Code



TIS Core Values















TIS Annual MAGAZINE - ASTRAL Edition



The magnificent **Beauty and the Beast** Annual production, the array of activities as we celebrated our 15th anniversary, the futuristic vibe of **Expression** and the breath-taking goal that led us straight to the finals of the soccer **ISSAG**. Are you part of the unfortunate bunch who missed it all?

Don't worry, this year's magazine covers it all! Now, pause and let's take a trip back with *Panorama*, it had all the drama. *Tribe*, it was just a vibe. *Log in*, just had us all drawn in, and with *Memoir* it was just "wow!" This year's magazine is called *drum roll please*... *Astral*.

This year we will be taking a trip to a galaxy illustrating all the iridescent aspects of Tema International School. This includes the many colourful personalities and opportunities provided for us students to express ourselves.

All proceeds from the magazine would be channeled towards children who are in dire need of heart surgeries. Make sure you grab a copy on the 1 June, 2019, to support the Children's Heart Foundation Ghana to pay for the lifesaving surgery of the many Ghanaian children on the Korle-Bu Teaching hospital waiting list!

Alumni Corner



Did You Know? series

This is an initiative by the Ghana Folklore Board Ghana to promote the folklore of Ghana on behalf of the president. This week "Did You Know" is about how Boxing started in the Accra Ghana, specifically at Bukom. Enjoy!













Mindscape Movement

Mental health awareness still continues, this week on Mindscape Movement. Lovelace Ankrah shares with us his thoughts about mental health.

