WEEKLY BULLETIN

P: +233 303305134 | E: info@tis.edu.gh| W: www.tis.edu.gh

At TIS,

we believe that integrity, or the lack of it, defines the individual and their reputation. We strive to display it as our badge of honour.

Calendar

September

21 Interschool badminton; G10-12 Drama/Theatre trip

23 Public holiday; TIS Speaker of the Year.

24 CIS University Fair (3.00-4.30pm: MPH)

25 TOK Trial Presentations

27 Inter-colour maths and science quiz

28 TISSA soccer championships; Pre-ACT

Thought for the Week

In any given moment we have two options: to step forward into growth or back into safety.

Abraham Maslow



Self-Management and Self-Discipline

All students are assigned a locker in the class block. This is to ensure they have all their class requirements in a central location during the school week, instead of carrying a heavy load in their backpack each day.

An important aspect of boarding school life is developing your self-management skills, as well as your self-discipline. Self-management means students need to be organised and disciplined to fulfil their obligations and responsibilities to TIS expectations. The TIS expectations are: right place, right time and with the right equipment. No excuses. The appropriate learner profile is being principled.

The self-discipline aspect is consistency in fulfilling obligations and meeting expectations.

Students are responsible for their belongings and this is why all student items should be labelled clearly, including clothing. Yet, quite a few students are careless when it comes to personal belongings, including their devices and their cables.



Tema International School

Do the right thing, even when no one is watching.

It's called integrity.

Making Us Proud

- Akua, Kendrick and Princess, Student Council leaders who are positive role models for the rest of the school.
- TIS boys' soccer team who enjoyed their first inter school games last Saturday.
- Our girls' soccer team who went the full distance last week.

Reminders

- Please read the weekly TIS Bulletin and take action as required.
- Exeats: All exeat requests must be completed and submitted online. To access the online exeat form, please go to: https://www.tis.edu.gh/exeat-form
- A separate exeat has been created for urgent medical reasons. Please complete the online version at:

https://www.tis.edu.gh/medical-exeat-form/

- Student Medications: Any student medication must be sent to the Infirmary, along with medication instructions.
- Devices: Students are allowed only one device which must be a laptop. Mobile phones are banned.

Lost and found items, or more aptly named by Surama as *Left and Careless*, are kept for 10 days before being stored and to be given away to an orphanage at the end of each mid-semester. Personal ID helps locate the owner, however, unlabelled items are likely to be left unclaimed. There will be a big emphasis placed on self-responsibility over the next month to emphasise its importance for each student.

Hereditary? Role Modelling?

There are many examples on a daily basis demonstrating that students don't read and/or follow instructions. This worries me a great deal because students undertake external exams at the end of G10 and 12.

However, parents are assessed also on a weekly basis. The assessment task is the weekly TIS Bulletin. The purpose of these publications, for which each parent receives an email each Friday afternoon, is to keep parents informed. This is especially important for a boarding school. However, if parents aren't readers should they expect their children to be?

Yes, these publications are big documents, but a lot of great things happen at TIS, as communicated on a weekly basis. The TIS expectation is 100%. Please pass your next assessment.

I appreciate your support.

Dr Ken Darvall Principal



PYP CORNER

Early Years

This week in Early Years, we explored our family compositions, as well as numbers. We also put finishing touches to our 'Classroom Essential Agreements' to ensure that we make TIS a truly Happy School.



Lower & Upper Primary

It was an exhilarating week for Primary students as they were introduced to new ways of learning and teaching. We believe learning is made effective if it is student-centered, allowing

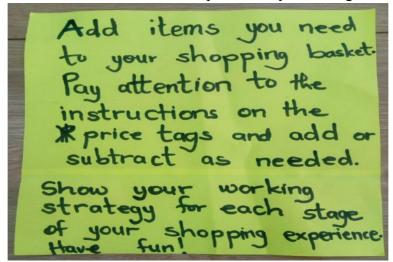
students to own their experience and construct their own meaning through questioning, exploring and problem solving.

Our Onyx Class (Grades 1 and 2) started inquiring into living things, non-living things and natural resources. By learning through questioning and investigating, students explored the school environment to identify various natural resources, as well as living and non-living things.



Learning in PYP is transdisciplinary. This means that we use knowledge from different subjects to make our learning meaningful and relevant. After the nature exploration, therefore, students used the information gathered to work on pictographs in their maths class.

In PYP, learning involves a lot of problem solving because we believe that everything we learn should help us fix a problem in society. Here at TIS, we focus on having fun while solving problems. The Opal Class (Grades 3 to 5) for instance, engaged in a shopping activity in which they solved addition and subtraction problems by following a set of instructions.

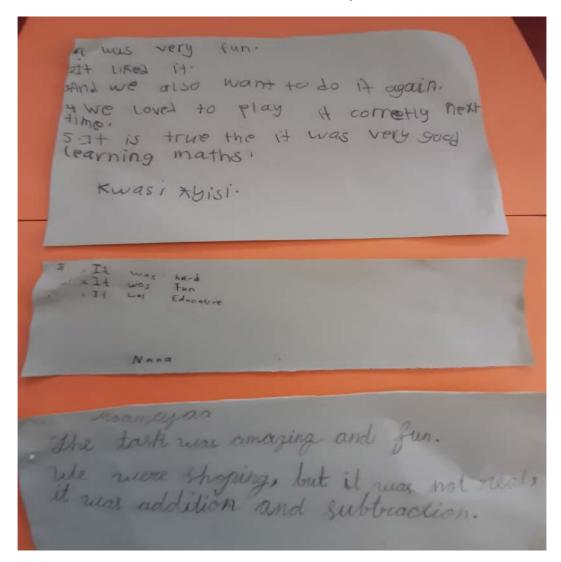


Students got busy with their shopping. It was, however, an intense activity, where they had to decide at each stage, what needed to be done. Do they add or subtract? How will that be done? These were the questions they had to focus on.

It was such a thrilling experience!



These were the students' reflections after the activity:





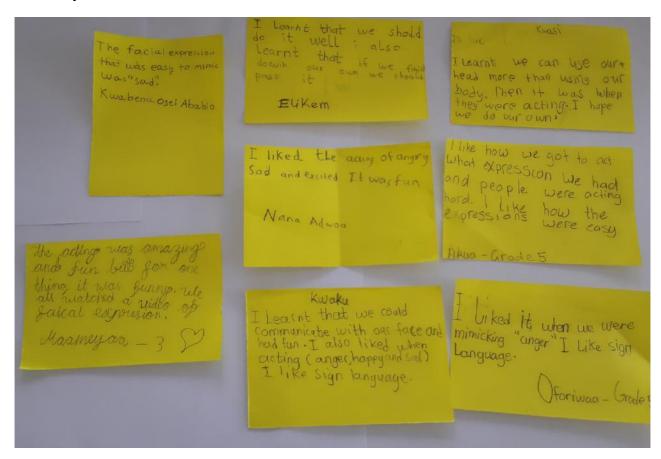
SIGN LANGUAGE @ THE PRIMARY SCHOOL CAMPUS

This week, while our Early Learners looked at how to sign the alphabets The Onyx Class expanded their vocabulary by signing the names of some living and non-living things.





Opal Class on the other hand examined facial expressions and body language. This is what they had to say:



Assembly Award Winners for This Week





TEMA INTERNATIONAL SCHOOL

WELCOME TO THE LEADERSHIP INCUBATOR



At TIS, we believe the four pillars for student balance and ensuing success - Academics, Service, Sport and Culture - provide a theoretical lens for inquiry, critical thinking, conceptual understanding in a real-world context, through action. Across all four pillars, TIS prides itself on the opportunities and experiences that enable all graduates to develop and enhance leadership attributes and skills to make a difference and the world a better place. As leaders, we create our footprints to ensure authenticity.



The 6th Edition of Creative Writing and Photography Workshop is Here!

'We advance on our journey only when we face our goal, we are confident and believe we are going to succeed'

Orison Swett Marden

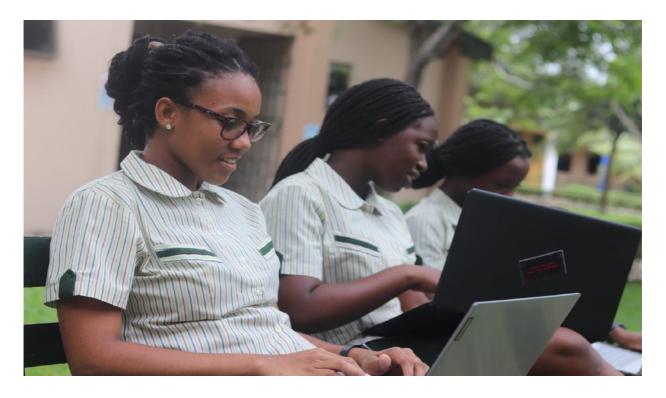
The Tema International School Creative Writing and Photography Workshop, established in 2014, enters its sixth year this October. Over this period, the endeavour of nurturing young minds in the creative arts has in addition to impacting the lives of both facilitators and students, churned out five editions of the anthology, *Whispers*, which has given young creative minds the platform to showcase their art.

In the past five years, more than 500 students from high schools in Ghana have benefited from these workshops. As has always been the case, this year's edition promises to unearth and discover talents in the field of photography, screenplay, blogging, poetry, short story writing and public speaking. The theme for this year's conference is 'shaping the world through our creativity'. The two-day workshop is scheduled for Friday, 18 October and Saturday, 19 October, 2019.

During the workshop, each student will participate in one main session, such as animation, short story, poetry or photography facilitated by a resource person. Participants will also benefit from an enrichment session in an area other than their prime area which will be facilitated by a different resource person.

Registration for the workshop is from 23 **September** to **10 October**, **2019**. Interested students are requested to complete their registration forms and submit them to the Department of Language and Literature or to Tema International School Front Desk by **10 October**, **2019**.

For further enquiries, parents, guardians and sponsors should kindly contact the coordinator via irene.koree@tis.edu.gh or 0243132523.



KOFI SAKYI-ADDO IN KOREA

Hello Auntie Cecilia/Frances/Dr. Ken,

This is to inform you that Kofi and I are in South Korea. He'll start school next week. He's had a very good welcome already.

Today, we had a meeting and dinner at a prestigious Golf Club with the President of the university, alongside the director of International Students Affairs, and director of international admissions.

He's the first Ghanaian to be admitted to Incheon National University, one of the top National Universities in Korea. There'll be a flag raising ceremony at which Kofi will raise the flag himself on Thursday. I'll attend the event.

He's also going to be introduced to the soccer coach who's one of the top coaches in the country. Three of the members of the INU soccer team play for the national team, including the goalkeeper. They're the universities soccer champions in Korea.

By the way, Kofi got 108 out of 120, the highest score among all the foreign student applicants in TOEFL which is a requirement for admission.

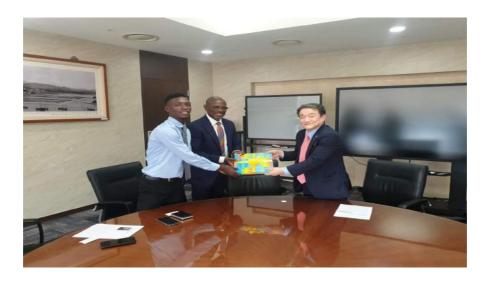
I'm only paying \$100 per year for accommodation. Everything else is covered by his scholarship.

The President of the University was tipped to become prime minister of Korea.

Kwaku Sakyi-Addo

The following photos include:

- Kofi at the Lobby of the President's office.
- Student housing
- Campus
- Gymnasium
- Campus
- Kofi meets President of INU Dr. Cho and Admissions and foreign students' directors.



Tema International School



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DISPATCHES FROM THE DIPLOMA COORDINATOR

Some years ago, as eagle-eyed and assiduous readers of these dispatches will remember, I worked at a school in Beirut, an American school, and I was introduced to a hitherto (to me...) little-known condition known as 'Senioritis.' Senioritis is a 'condition' that affects students in their final year (senior year) of high school.

It's a peculiar condition, and the symptoms are these: lack of motivation, lack of interest, lack of desire, lack of focus, and lack of concentration. Prima facie it seems odd: surely, one might think, when the 'prize' of university is so close, students would redouble their efforts in order to make sure they cross the finishing line as strongly as possible? A moment's thought, however, brings home to us how obvious it is – perhaps, how *necessary* it is – that final year students feel this sense of academic ennui. So many years spent in education, and the end is nigh...

...except it isn't, of course.

There is still the bulk of the work yet to be done, and that is the killer. Internal assessments followed by extended essays followed by more internal assessments followed by mock examinations followed by final examinations...the sense of tiredness that students must feel is palpable.

'Senioritis,' however, I also learned, is brought on by 'gradeitis.' Gradeitis is an unhealthy obsession with numbers as the be-all-and-end-all of education, and is a forgetting that what makes education worthwhile, valuable, is not what numbers are attached to it, but what is less tangible, and is what will help turn students into learners (a crucial distinction...) and henceforth into successful adults. Seeing education as that which generates only numbers is the cause of senioritis, and, of course, breeds ennui. After all, there are only so many 7's that one can acquire, only so many points that one may obtain.

Take time out, then, from the quest for the elusive, ever-bigger number, ever-greater grade, because that way lies senioritis. Enjoy studying that which you chose, freely, to study, as an end in itself, to paraphrase Kant, not as a means to an end, and it might just be that the end follows, if not treated as a means.

David Spooner



La culture

In the Grade 9 (MYP 4) French class, we have started talking about our identities. As culture forms part of our identity, we looked at some of the festivals and celebrations that are very common in France. Students were put into groups to research collaboratively on a given topic.



Le Festival de Cannes

The Cannes Festival is a festival celebrated in France each year in May. We learnt that the Cannes Festival is celebrated with numerous film stars coming to the town of Cannes. We used ATL skills, such as research and communication skills in our group. At the end of all the activities completed during the festival, the winner gets the ultimate award called "La Palme d'or".



La fête nationale (Bastille Day)



During the French lesson, we learnt about festivals celebrated in France. Our group researched in depth about Bastille Day. We were able to learn about French traditions and how Bastille Day is celebrated. The name Bastille is derived from the storming of Bastille prison, in 1789 by outraged Parisians. We used the collaboration under the ATL cluster skill, Social, to produce an informative and colourful poster about Bastille Day.





La fête de la musique

We had the opportunity to look at the French culture in depth, by looking at their festivals, and our group had to look at Fête de la musique, which is a festival in which people of France (or around the world now) stand or go around their streets playing music which is an open festival. We used three ATL skills which are Communication, Research and Social. Communication as we were able to understand each other effectively and we had to research very well and show collaborative skills to put all our ideas on paper.

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Tema International School







Tema International School





TEMA INTERNATIONAL SCHOOL

ACADEMICS



At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



EDUCATION FOR A BETTER WORLD

INDIVIDUAL AND SOCIETIES DEPARTMENT

MYP 5 ECONOMICS: Students' reflections on the Unit: 'The Lion in the Jungle'

Subtopic: Government macroeconomic policy conflicts.



Macro-economics is the study of how the national economy works and the interaction between economic growth and national income, employment, etc. Government macroeconomics objectives are difficult to be achieve. In some cases policy aims might conflict. For example, setting the minimum wage too high will increase costs, forcing employers to cut jobs.

~ Naa Anang-La

We understood what demand-side and supply-side policies are. It is a good idea to implement such policies but governments need to keep in mind that conflicts can erupt from the implementation of these policies. For example, increasing disposable income may lead market prices and profits to rise, resulting in high inflation.

~Nassira A-Dikeni

We now have a deeper understanding on government policies, specifically demand-side and supply-side policies. From our group discussions, a discovery was made that even though these objectives seems good, it implementations may come with challenges. Example, Crowding-out public sector may cripple the private sector in accessing credit.

~ Elorm Godzi

Out of the group discussions we gained detailed knowledge and understanding about how there is always a conflict to each policy. Using our collaboration skills, the group analysed some selected policies and its effect on the macro economy. For example, increasing interest rates may result in lower output and more unemployment.

~Quophi Yelbert

We learnt that the government of every country really does a lot to improve the lives of its citizens. However, in the process of implementing some policies, it rather creates other difficulties for the same economy. For example, economic growth may bring about negative externalities.

~Awurabena Ahenkorah

Any government policy will create conflict. Therefore, governments must implement the Tinbergen's rule which says that to every policy objective there must be a separate policy instrument. Governments should also put certain structures in place to make sure the government is stable enough to implement that policy and they should try and make sure the conflict effects are minimised.

~Apewe Chigabatia

INDIVIDUALS AND SOCIETIES DEPARTMENT

SPATIAL THINKING (SpaT) PROJECT

The Individuals and Societies department is excited to host a Spatial Thinking Project with MYP Geography students. This project aims to equip students with analytical and reasoning skills using place specific data. As part of the project students will have the practical and hands-on exposure to field data collection using smart forms on smart devices, digital map creation, web maps and web application developments among others.

This project is being supported by a globally recognized ESRI Partner Network (EPN) Silver Tier member located in Ghana, AccuGeospatial. AccuGeospatial is a company registered in Ghana and Nigeria that specializes in the configuration, deployment and training in Geospatial technology to meet the needs of clients. As part of its corporate social responsibility, the company is creating spatial thinking awareness among students in selected high schools in Ghana.

The project will be of immense benefit to students of Tema International School for their field data collection and also equip MYP students with critical thinking skills for organizing relevant information to formulate arguments. Consequently, a team from AccuGeospatial will visit TIS to have an initial interaction with MYP 5 Geography students on Tuesday 24 September 2019 at 11:00am-12:00pm and Wednesday, 25 September at 3:00pm. Dr. Michael Odame from the Individuals and Societies department will coordinate the project in TIS.



GIS-MUN 2019



Ghana International School will host GISMUN19 from 31 October - 2 Nov, 2019. The theme of Peace, Justice and Strong Institutions was chosen specifically to highlight issues significant to the progress of Ghana. Strong institutions are vital to a successful society and economy. As the SDGs guide us towards improving life for all people, the GIS MUN club members are eager to showcase hosting with reduced waste, hoping towards a zero waste in the future.

A special feature of this conference will be the addition of a Historical Committee, based on events in the 1920s. The conference pledges to offer delegates a stimulating MUN experience, which will follow templates of United Nations proceedings. We believe that the conference will enable participants improve their debating and research skills, and also familiarise themselves with international protocols and diplomacy.

A conference fee of GHC250 per delegate will be charged to cover:

- Daily meals (lunch and snack)
- Conference materials and souvenirs

All payments should be made to the School Account and the scanned payment advice slip emailed to: Kwame_d@tis.edu.gh no later than Friday, 19 October 2019.

For further enquiries, please contact:

Mr. Ben Darko, +233 (0)244110355

(kwame d@tis.edu.gh)

Please note this clashes with the TIS Annual Production and the November SAT test date.

HOSTEL CORNER





Chewing gum? Not good for you!

Chewing gum can produce excessive "air pockets" that can upset your stomach.

Many of the artificial sweeteners in sugar-free gum can upset your stomach.

Chewing gum can cause headaches. According to Dr. Ben Kim, there are eight different facial muscles involved in chewing. *Unnecessary chewing can create chronic tightness in two of these muscles, located close to your temples. This can put pressure on the nerves that supply this area of your head, which can lead to chronic, intermittent*

Chewing gum only masks bad breath. It doesn't get rid of it.

Chewing gum could hinder your metabolism.

People stick chewed gums at inappropriate places eg: chairs and tables. When stuck to your clothes, it can be very uncomfortable

Oh yeah, chewing gum thickens the lining around the nose muscle.

Just click: https://www.thankyourbody.com/chewing-gum-is-bad/

ADVICE: All students are therefore advised to desist from chewing gum on and off TIS campus!



Mints are preferable!

Birthday Packages

- ✓ Cakes **MUST** be muffins or cupcakes.
- ✓ Chicken or cooked food is **NOT** allowed.
- ✓ Plastic bottled or canned soft drinks allowed.
- ✓ Non-alcoholic wine allowed
- ✓ Cakes with **BUTTER** icing **NOT** allowed.

Please Note:

- ✓ All Items will be inspected and approved by a hostel parent and security officers at the hostel gate.
- ✓ Items which do not meet the specifications above will not be allowed.

Non-Visiting Days (Weekends)

- ✓ On non-visiting days, parents who wish to visit their children should give prior notice to hostel parent(s) first.
- ✓ Birthday arrangements, parents are allowed to spend time with their children on their on non-visiting days.
- ✓ The parent(s) and their children are allowed to spend an hour at the tuckshop area or Project Centre area.

Leaving and returning to campus

✓ Students **MUST** be in uniform or TIS Polo shirt when leaving and returning to campus, unless otherwise directed by the Principal.

Labelling of students' personal effects

✓ All clothes and students' personal effects MUST be permanently labelled. This is to avoid the non-identification of lost and found items.

Money

✓ No student must be in possession of money above GHC 50.00. All monies above GHC 50.00 must be kept with a hostel parent.

For clarification, please contact any Hostel Parent.



TEMA INTERNATIONAL SCHOOL

CULTURE



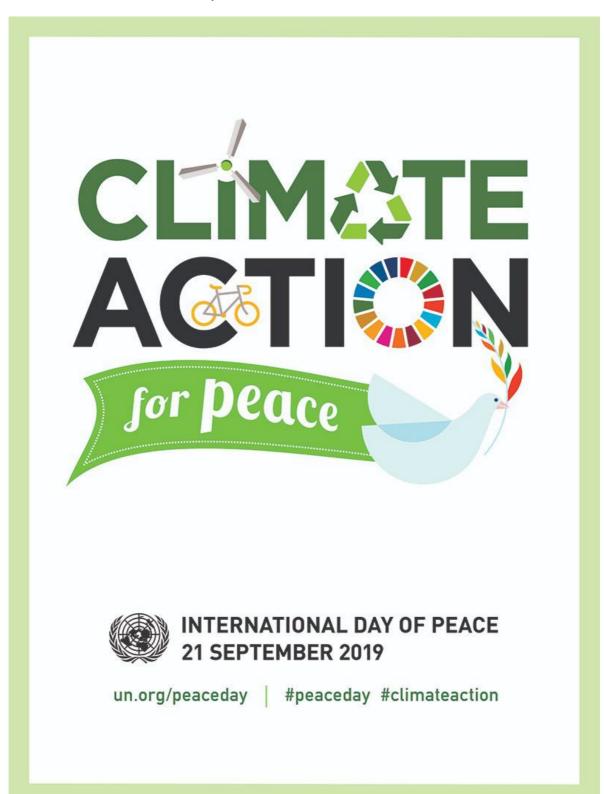
At TIS, we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.



CAS-SA Corner

Climate Action for Peace on International Day of Peace

TIS students join thousands of students around the world as they take action towards **Climate Action for Peace**. Stay tuned to know more about this on next week's bulletin.



TIS GreenUP Ghana – CAS Project – in collaboration with *Waste or Create* are doing a massive Beach CleanUP Exercise at *Borla Beach* in Accra. 24 students from Grades 10 to 12 are eager to contribute towards a #CleanGhana and #endplastic polution

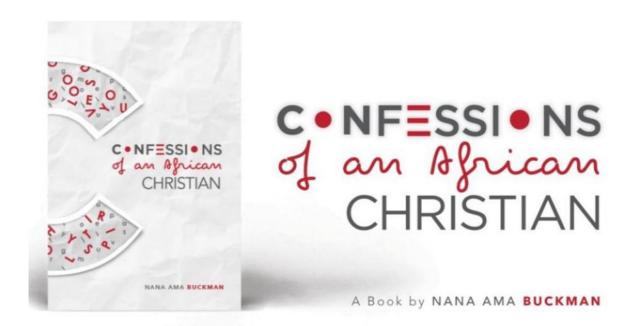


Fast & Furious TIS



Alumni Corner – Book Launch

Nana Ama Buckman – IB Class of 2007 - The Pioneers



What inspired you to write this book?

NAB: To be honest the idea did not come from me so I can't take any credit. I got a clear instruction from God and I reluctantly obeyed.



Him and not run away from Him.

What is the central message of it?

NAB: In the book I use some of my experiences to show people that they are not alone in their struggles when it comes to walking with God. The central message is that you are not alone and it is possible for anyone to actually be a Christian as God would have them be, if only they will allow themselves to admit their mistakes and decide to walk with

"If you are reading this blurb because you are looking for salacious scandals or rants against God and the church, sorry to disappoint you but this book doesn't have what you are looking for.

But if you are interested in reading about an odd encounter with a prophet, a child led rebellion, quite a number of self-deprecating revelations, some honest self-assessment and embarrassing situations experienced by a young woman in her journey to get closer to God, and understand better what it means to be a Christian, this might just be the book for you." https://booknook.store/product/confessions-of-an-african-christian/

Alumni Corner - Almighty Trei TIS IB Class of 2016 and other renowned artists including our one and only, **Herman Suede**, are performing at TIS Entertainment Night in support to the Sickle Cell Awareness Initiative.



Alumni Corner – Book Launch by Apiokor Ashong-Abbey – IB Class of 2017 - The Pioneers





TIS adaptation of Beauty and the Beast

"TIS' production of an adaptation of Beauty and the Beast. Beyond brilliant and something to witness and admire. Absolutely, beyond belief. Everyone was a star!" - **Dr. Ken Darvall** – **Principal**

https://youtu.be/NiHcyctp-cI - TIS YouTube Channel

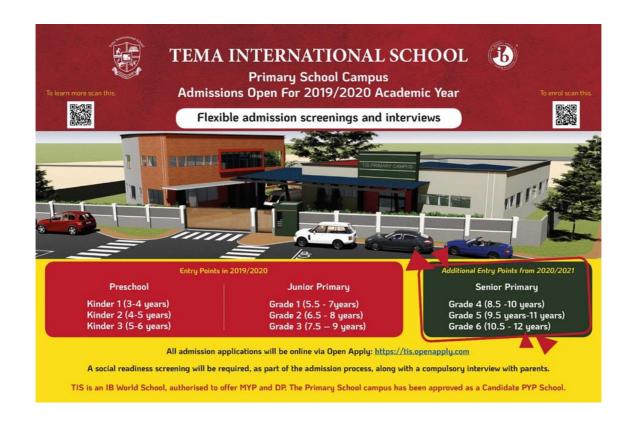
Limited copies available of TIS Beauty and the Beast DVD - GHC80.00 /Flash Drive GHC100.00

Grab your copy NOW.

Contact Ms. Abigail +233 54 393 6488

Stay updated - Save the TIS WhatsApp - 0503849799 - TIS: more than a school.









Tema International School



ADMISSIONS OPEN FOR 2019/2020 ACADEMIC YEAR

A family school, a unique experience

Flexible online admission testing is available

ENTRY POINTS: Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 10 (MYP 5) | Grade 11 (IB Diploma Programme)

Grade 7	Grade 8	Grade 9	Grade 10	Grade 11
(MYP 2)	(MYP 3)	(MYP 4)	(MYP 5)	(IB Diploma Programme)
Students should: a) Have completed Primary 6 b) Be aged 11+(at the time of admission) c) Complete a general aptitude test and interview	Students should: a) Have completed JHS 1 or in JHS 2 b) Be aged 13+(at the time of admission) c) Complete a general aptitude test and interview	Students should: a) Have completed Year 8 or Basic Education Certificate Examination (BECE) b) Be aged 14+(at the time of admission) c) Complete a general aptitude test and interview	b) Be aged 15+(at the time of admission). c) Complete a general aptitude test and interview.	Students should: a) Have successfully completed MYP 5, the IGCSE (Or its equiva- lent) or awaiting the results of the IGCSE. b) Be aged 16+(at the time of admission). c) Complete a general aptitude test and interview for non IGCSE 8x GCSE students (i.e. WASSCE, OCR. AOA).



The online application process can be completed at: www.tis.openapply.com For further information contact us on phone: +233 303 305134; +233 303 308737; email: admissions@tis.edu.gh
Or come and visit the school (Opp Afariwa Farms, Off Tema-Akosombo Road)

www.tis.edu.gh Principal







THE DEBATE SOCIETY: The School of Sharks (Hooked on "DE-BAIT")

PRESENTS







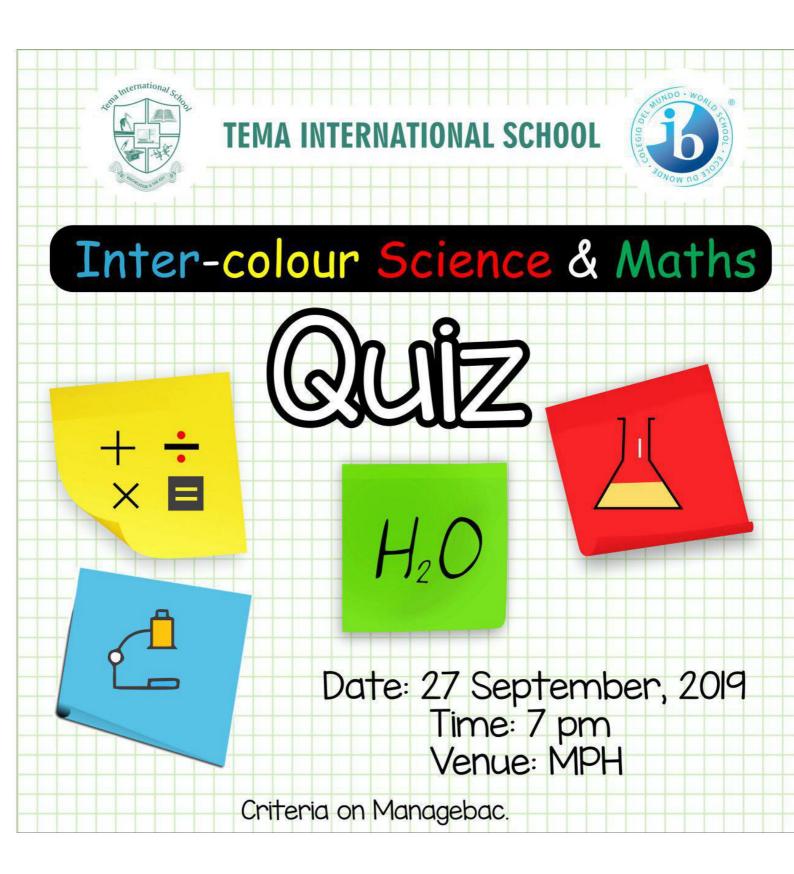
SPEAKER OF THE YEAR CONTEST

Prompt: Africa's Developmental Challenges: a Result of Leadership Failure or Irresponsible Citizenship?

23 September 2019

10:00am

TIS





TEMA INTERNATIONAL SCHOOL



"TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member.

As a TIS family member, I promise to uphold and demonstrate its values, and protect the reputation of the school.

I make this pledge in the spirit of honour and trust."

TIS Integrity Code



Semester 1 Thanksgiving Service – I am Thankful for:



I am thankful to God for my education, life and all the love that my parents show me. I know it is not everyone who is able to get lovely parents who will take care of them and send them to a wonderful school to give them the best of education. I am most thankful for my mum and my dad for all the love they give and the food!!! For the last time all

THANKS TO GOD FOR MY FAMILY!!! David Safo Grade 10







I am thankful for my life God has given me and the life of my parents because without them I would not be able to become a member of the TIS community. **Eugene Grade 8**

To be honest. I'm thankful for life itself. I am thankful for the opportunities I have been granted such as the ability to be part of the TIS community and opportunity to make new friends. I'm thankful for the loving family I have been born into and all the opportunities my parents have granted me. Most importantly I am thankful to God and his persistence in helping me through life. Amanda Agambire Grade 10

I am honestly thankful for life and my family because life doesn't come easy to some people and the fact I have life makes me very happy and thankful to God. **Essilfua Ansah Grade 10**

I am thankful for the life of my parents and my brother. I am also thankful for God giving my parents the idea of bringing me to TIS. Eliezer Anim-Somuah Grade 9

There are so many things I am grateful for, but the people I am most grateful for

are my parents. They have put in a lot of hard work to give me an opportunity such as this and I love them so much. Seyram Essey Grade 10



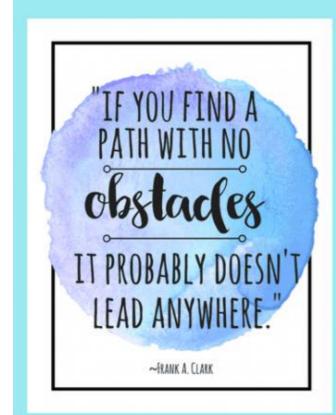


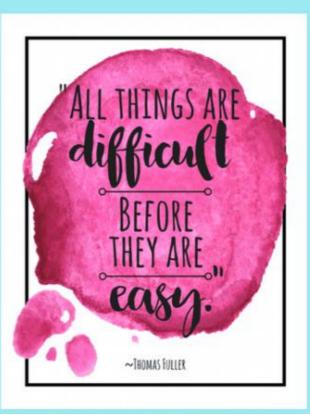
I am thankful for so many things in my life. I am firstly thankful to God for giving me life every day and the family he gave to me. Finally I am thankful to God for the life of my family especially my parents. Cynthia Abla Nutsuakor Grade 10

I am most thankful to God and my family especially my late mother all that I am I owe to them. Also, I am grateful to life events and the pressures of time which has shaped me to the person I am today. Lastly, I am thankful to the Tema International School community for always laying down opportunities to learn and grow. **David Difie - CAS**



Growth Mindset Corner









KTTCHENTARIECIASSROOM COM



TEMA INTERNATIONAL SCHOOL

SERVICE



At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.



SELF-DEFENCE THROUGH PERFORMANCE-TAEKWANDO(PHE)

Taekwondo is a martial art that in "todays" form of self-defence has evolved by combining many different styles of martial arts that existed in Korea over the last 2,000 years and some martial arts styles from countries that surround Korea. Taekwondo incorporates the abrupt linear movements of Karate and the flowing, circular patterns of Kung-fu with native kicking techniques. Over fifty typically Chinese circular hand movements can be identified in modern Taekwondo.(1) A few of the earlier martial arts styles that contributed to Taekwondo are: T'ang-su, Taek Kyon, also known as Subak, Tae Kwon, Kwonpup and Tae Kwonpup. There are also influences from Judo, Karate, and Kung-fu.

Today, the original Five Codes of Human Conduct have been correlated into the so-called Eleven Commandments of modern day Taekwondo, which are:

- Loyalty to your country
- Respect your parents
- Faithfulness to your spouse
- Loyalty to your friends
- Respect your brothers and sisters
- Respect your elders
- Respect your teachers
- Never take life unjustly
- Indomitable spirit
- · Loyalty to your school
- Finish what you begin

In order to give students an opportunity to meet the requirements of the MYP physical and health education objectives at the highest level, TIS has planned a balanced curriculum that includes significant amount of content and practical work. The inclusion of Taekwondo in our school meets the aesthetic movement requirement of MYP which directs that students must complete **an aesthetic movement routine** that is **assessed against criterion B** (planning for performance) in **every year** of the program.

Our Grade 8 students are the pioneers of the taekwondo program and are currently having the best of tuition in the subject. Their experiences have been summarised in the following reflections.

Since we came back to school, we have been treating the martial art "Taekwondo". It has been a fun and tiring experience and we have been using up a lot of our energy. Taekwondo is aggressive and is a type of self-defense, which is good, because you can defend yourself easily. In conclusion, I have really enjoyed this experience.

Tiffany Forson

In Physical and Health Education (PHE) class, we are learning Taekwondo. It is fun so far and it is my favorite unit so far. I am happy we are learning this because I will be able to defend my loved ones and myself when in danger wherever I find myself.

Dzidzor MacDeh

When we started the Taekwondo unit, I was angry because I did not like doing activities that required a lot of energy. The word taekwondo sounds like an energetic activity, we always had to jog around the sport complex ten times. After a while, I realized` that it actually was not so difficult and it did not require so much energy. The unit has taught me how to defend myself and understand the reason to be discipline.

Nannette Ativor

Taekwondo is a self-defense martial art, which does not require the use of any weapon but many different fighting techniques such as blocking, kicking and punching. This is a sport in which I have never participated in personally so I am quite new to basic concepts and terms found in the sport but in due time I would learn about basic and key concepts based in Taekwondo. One important aspect of the sport, which has to be considered, is discipline because in order to excel discipline and listening are required in every single movement done. Therefore, in order for me to perform at my outmost best, participation and discipline must be taken into consideration so that it is done in succession.

Eugene Cobbinah











Counsellor's Corner



Take charge and do the right things. You are in control. Be super-awesome!



UNIVERSITY FAIR

MEET **ADMISSION** REPRESENTATIVES FROM THESE **UNIVERSITIES**

COLBY COLLEGE

Waterville, Maine | USA

ÉCOLE HÔTELIÈRE DE LAUSANNE

Lausanne | Switzerland

IE UNIVERSITY

Segovia | Spain

KENT STATE UNIVERSITY

Kent, Ohio | USA

LAKEHEAD UNIVERSITY

Thunder Bay, Ontario | Canada Orillia, Ontario | Canada

LAWRENCE UNIVERSITY

Appleton, Wisconsin | USA

MCMASTER UNIVERSITY

Hamilton, Ontario | Canada

MEMORIAL UNIVERSITY OF NEWFOUNDLAND

St. John's, Newfoundland and Labrador | Canada

MONASH UNIVERSITY

Melbourne, Victoria | Australia

RYERSON UNIVERSITY

Toronto, Ontario I Canada

ST. GEORGE'S UNIVERSITY

Saint George | Grenada

UNIVERSITY OF JOHANNESBURG

Johannesburg | South Africa

UNIVERSITY OF

MASSACHUSETTS AMHERST

Amherst, Massachusetts | USA

UNIVERSITY OF NEW HAVEN

West Haven, Connecticut | USA

UNIVERSITY OF TORONTO

Toronto, Ontario | Canada

UNIVERSITY OF VERMONT

Burlington, Vermont | USA

YORK UNIVERSITY

Toronto, Ontario | Canada

REGISTER NOW

Go to

StriveCIS.com or just snap/scan these:





FAIR INFORMATION

Date: Tuesday, 24 September 2019, Time: 3:05pm prompt. Venue:TIS MPH

Parents are invited. MYP5- DP2 students are required to attend & should keep bags & laptops in their lockers during the univ. fair! Students register in advance: StriveCIS.com



The Top 10 Reasons I Procrastinate:

- I leave things to be done at the 11th hour
- I spend a lot of time chatting with friends
- When I don't understand a concept in any subject, I feel overwhelmed and refuse to seek for help!
- I find it difficult to plan my day
- I lack the motivation to keep me glued to finish an assigned task
- I love to work within my comfort zone, even though there are deadlines to meet
- I have poor organization and time management skills.
- I can't concentrate for long. I easily get distracted
- I love to do things my way. I am not adaptable to change
- I don't enjoy studying or research

Experiencing any of these? Talk to the academic support unit and wellbeing team for assistance. You can and must stop procrastinating. You have all it takes to be successful in the IB programme. "A sound mind in a sound body culminates the best management practice."

~Alphonse Adjavon (Co-Founder TIS)



Month	University/Institution	Date	Time	Venue
Sept.	Columbia, Cornell and Princeton Universities (USA)-	6 September, 2019	1:30pm- 1:55pm	TIS Learning Centre
	Babson College (USA)	9 September, 2019	1:30pm- 1:55pm	TIS Learning Centre
	CIS University Fair 2019 (17 universities)	24 September, 2019	3:05- 4:45pm	TIS MPH
	Walsh University	26 September 2019	1:30pm- 2:00pm	TIS Learning Centre
Oct.	Dartmouth College, Johns Hopkins Univ., Northwestern Univ., Vanderbilt Univ.	1 October 2019	TBD	TIS Learning Centre
	York Univ. (Canada)	2 October 2019	1:30pm	TIS Learning Centre

Please note: Parents are welcome to attend these meetings and meet university admissions team for further enquires.





Babson College is a private business school in Wellesley, Massachusetts, USA. Established in 1919, its central focus is on entrepreneurship education. Founded by Roger W. Babson as an all-male business institute but is now coeducational. https://en.wikipedia.org/wiki/Babson College

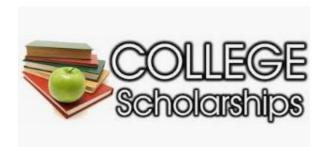
As one of the best schools for developing entrepreneurial leaders, Babson College visited TIS to interact with the 2019/2020 batch of prospective students. See pictures below:







- A globally diverse and welcoming community of scholars offering the right supportive environment where students can engage and learn from diverse perspectives in one space. https://www.babson.edu/ https://www.babson.edu/admission/undergraduate-school/
- Latest SAT score range 1340-1480, ACT 29-33. https://www.niche.com/colleges/babson-college/
- In a learner-friendly and safest neighborhood in the US, Babson offers you so many Business programs to choose from.Majors include Accounting,Business Analytics, Entrepreneurship Computer, and Mathematical Finance and so many more. https://www.babson.edu/academics/undergraduate-school/course-catalog/



@Babson

Scholarships

International students are considered for the following scholarships:

Need-Based Scholarships

Submit the College Scholarship Service (CSS) PROFILE to be considered for the following: Global Scholarship
Canadian Scholarship

Merit-Based Scholarships

International students are considered for the following merit scholarships when applying for admission:

Center for Women's Entrepreneurial Leadership Scholarship

Presidential Scholarship

Weissman Scholarship (additional application materials required)

In addition, international students may qualify for the <u>Dean's Scholarship</u> and the <u>Honors</u> Program Scholarship beginning in sophomore year.

Click: https://www.babson.edu/admission/tuition-and-financial-aid/undergraduate/financial-aid/financial-aid/financial-aid/financial-aid/financial-aid-for-international-students/

Boston University Scholarship opportunity for DP2s!!!:

TRUSTEE SCHOLARSHIP

Every year, BU welcomes approximately 20 outstanding students to the Trustee Scholars Program. Many of our current Scholars had perfect 4.0 grade point averages in high school and ranked in the top of their class.

In addition to exceptional academic credentials, Trustee Scholars are intellectually and creatively adventurous and demonstrate viewpoints, experiences, or achievements beyond the usual. They are, in other words, not just top students, but extraordinarily well-rounded individuals. At BU, Trustee Scholars become part of a unique campus community that offers many intellectual, cultural, and social opportunities.

A Trustee Scholarship covers full undergraduate tuition plus mandatory undergraduate student fees, and is renewable for four years if certain criteria are met.

HOW TO APPLY

To be considered for a Trustee Scholarship:

- Submit the Common or Coalition Application and all required materials for admission to one of the undergraduate degree programs at BU by December 1.
- Complete the Trustee Scholarship essay on the Common or Coalition Application as part of your application to BU.

For more details visit: http://www.bu.edu/admissions/tuition-aid/scholarships-financial-aid/first-year-merit/trustee/



SEVEN-YEAR LIBERAL ARTS/MEDICAL EDUCATION PROGRAM REQUIREMENTS

This highly selective program offers outstanding students an accelerated pathway to a career in medicine through combined undergraduate programs and early admission to the Boston University Medical School.

The application deadline for the program is **November 15**. It is only available to students applying as freshmen for September. Applicants to the Accelerated Program will be considered only for admission to this program.

How to Apply

First-Year Applicants

College of Fine Arts Requirements

Accelerated Medical Program

International Applicants

Early Decision Applicants

Transfer Applicants

Additional Applicant Types

FAQs & Helpful Forms

Important Deadlines

Interested in studying Medicine at Boston University? Find out more about the requirements for the accelerated pathway to Medicine here:

http://www.bu.edu/admissions/apply/first-year/accelerated-medical-requirements/

Reminder! Upcoming UK Law, Medical School Tests, Univ. of Debrecen updates!

LNAT, UCAT & BMAT, Univ. of Debrecen 2019 Information

TEST TYPE	REG. FEE & DATE	TEST	TEST CENTRE	HELPLINE
		DATE		
LNAT (Law National Admission Test) BMAT (Biomedical Admissions Test)	£70.00 1 Aug. 2019 – 15 Jan. 2020, 5 Oct. for Oxford applicants. £81.00 1 Sept. – 1 Oct. 2019	1 Sept. 2019 – 31 July 2020. 30 October 2019.	Linear Assessment Services Limited. Accra-Ghana. British Council. Accra-Ghana	http://www.lnat.ac.uk/registration/ Tel: +233-30-2662342/+233-242686782 Salifatu.NtiamoahOsei@gh.britishcouncil.org https://www.admissionstesting.org/for-test-takers/bmat/bmat-october/dates-and-costs/ Tel: +233 30 2610090 T+233 56 002 7829 BCTN (internal) 8282 1045
UCAT (formerly UKCAT) (University Clinical Aptitude Test)	£115.00 1 May – 18 Sept 2019	1 July – 2 Oct. 2019.	Linear Assessment Services Limited. Accra- Ghana	https://www.ucat.ac.uk/ucat/registration- booking/ Tel: +233-30-2662342/+233-242686782
Univ. of Debrecen Medical School (Hungary)	Application fee: USD150, Examination fee: USD350. Total: USD500 Due- Thurs. 10 October 2019 Name: Edu Elyon Consult Ltd. Bank: Fidelity Bank Ltd. Branch: Accra Central Account: 1951210533021. Amount: USD500 (Dollar account)	Sat, 16 Nov. 2019	Elyon's Consult, Gimpa Road, Accra	Mr. Adeyemi Adeleke: adeyemi@elyoneduconsult.com or adeyemi adeleke@yahoo.com Edu Elyon Consult Ltd., {Papagu House} Achimota Gimpa Road, Near Pure Fire Church. Kissieman. West Legon. Accra – Ghana. Tel: +233{0}243353498,+233 {0}231291516

To register, students must first complete app. form, then Parents must pay directly to test centre officials/bank for LNAT/BMAT/UCAT after contacting reps.

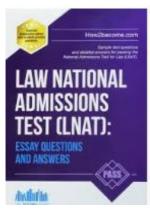


Click on the links below;



https://www.passmedicine.com/ucat/?gclid=CjwKCAjwq4fsBRBnEiwANTahcL4en_o9WjbbUg-v2fhTNdAkLghaOfeaRbwxRpEPnmd5lgXy0lv8_xoCnqAQAvD_BwEhttps://www.jobtestprep.co.uk/free-ukcat

https://www.medentry.edu.au/resources/ucat-sample-questions



https://lnat.ac.uk/wp-content/uploads/2014/05/Practice-Test-2010-paper-

1.pdf

https://www.thelawyerportal.com/e-learning/lnat-questions/



2019-2020 TEST DATES

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
5 Oct. 2019	29 Aug. 2019
2 Nov. 2019 *	19 Sept. 2019
7 Dec. 2019	31 Nov. 2019
14 March 2020**	23 January 2020
2 May 2020	5 March 2020

^{*} SAT SUBJECT TESTS ONLY (Foreign Languages with listening only),

Please come along with your unexpired passport!

SAT Registration Fees (To complete registration online full payment with credit card only. Visit www.collegeboard.org)

SAT I - U.S. \$107.50 SAT II: 1 subject (\$117), 2 subjects (\$127), 3 subjects (\$137) (estimates).

^{**}REGULAR SAT ONLY (No Subject Tests available)



2019-2020 TEST DATES (COMPUTER-BASED TESTING ONLY!)

TEST DATES	REGISTRATION AND PAYMENT DEADLINE
14 Sept. 2019	23 Aug. 2019
12 Oct. 2019	5 Sept. 2019
14 Dec. 2019	7 Nov. 2019
4 April 2020	27 Feb. 2020

Please come along with your unexpired passport!

ACT Registration Fees (Online payments only: Visit www.actstudent.org):

ACT plus writing – U.S. \$166.50. (TIS Test Centre Code: 870390, but inform Counselors first). *To complete registration, payment must be made online in full with a credit card.







These tests are just one slot in 2019. Registration is now closed. Registration will be opened February 2020. You still have the chance to take the test!

Test takers please come along with your <u>valid unexpired passport</u> as the only form of identification! Students taking the Pre-ACT exam next week should also bring their number 2 pencils (buy from the Tuckshop), calculator, eraser, sharpener for the test next week Saturday- 28 September 2019. There will be early breakfast at 6:50am that day and Reporting time for the exam - 7:15am- Handel-Picasso Exam Hall.

FOR Pre-ACT PRACTISE TESTS AND TEST PREP MATERIALS:

<u>WWW.ACTSTUDENT.ORG</u> (Click On "Test Prep" & ACT Academy for practice material) Also, visit <u>africa.actclub.org</u> and click on resources

For PSAT: Visit www.collegeboard.org and click on PSAT

Please practice for at least an hour every day and you should be fine. Also, see your Math and English Teachers for help reviewing practice questions. There is also some practice material on Naviance. See the College Guides for help in accessing it.



TEMA INTERNATIONAL SCHOOL

SPORTS



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork, challenges personal best and emphasizes the importance of appreciating how to lose before knowing how to win.



