WEEKLY BULLETIN

P: +233 303305134 | E: info@tis.edu.gh| W: www.tis.edu.gh

At TIS,

we believe excellence is achieved by continuously improving your personal best in all endeavours through consistent effort, positive attitude, regular reflection, balance, persistence, a growth mindset and no excuses.

Calendar

December

7 SAT

8 TIS Carols' Night

12 TIS Athletics Championships

13 3-Way Interviews (Main Campus); End of Unit Celebrations (Primary School Campus).Semester ends at 4.00pm

14 ACT

16 Semester reports published (TBC)

Thought for the Week

Make your faith larger than your fears and your dreams larger than your doubts.

- Robin Sharma



BridgeU is Coming!

For the last four years, TIS has been using Naviance to support our university and college guidance processes. During this time, Naviance served its purpose, but it is now time to improve the experience for students, their parents and our College Guides. To this end, we will be implementing a new platform called BridgeU that will be synced with MB.

There are many exciting features that BridgeU presents and I am confident that students and their parents will appreciate the difference. The main component of Bridge U is geared to our senior students, however, all secondary students will have access and experience the difference.

Students will receive welcome emails from today. They should take the option: Login with ManageBac.

Their initial task to be completed by 13 January will be to complete their Profile Builder.

Aunty Eunice will follow up with students on Monday to ensure they are ready to enjoy BridgeU.



Do the right thing, even when no one is watching.

It's called integrity.

Making Us Proud

- Jeffrey Adjagar, TIS Swimming Champion last week.
- Sean Adjei-Sah for his work towards completing his Personal Project by organising a special football tournament tomorrow at TIS.

Reminders

- Please read the weekly TIS Bulletin and take action as required.
- Exeats: All exeat requests must be completed and submitted online. To access the online exeat form, please go to: https://www.tis.edu.gh/exeat-form
- A separate exeat has been created for urgent medical reasons. Please complete the online version at:

https://www.tis.edu.gh/medical-exeat-form/

- Student Medications: Any student medication must be sent to the Infirmary, along with medication instructions.
- Devices: Students are allowed only one device which must be a laptop.

End of Semester 3-Way Interviews (Main Campus)

3-way interviews (student, parents and teacher) for the Main Campus will be conducted from 8.30am - 4.00pm on Friday, 13 December. This is the last day for this semester at the Main Campus and students may leave hostels with their parents following interviews. Online bookings for interviews are now open until 11.00am on 12/12/19. To book an appointment, please go to:

www.schoolinterviews.com.au

Use this code: xkhp2

If you have any difficulties, please contact Ken. You will need to know your child's teachers to book. These details are on MB. If you are unable to book an interview with a specific teacher on 13/12/19, then please arrange a mutually convenient time after 13/1/20. Students, whose parents are unable to attend interviews, may only depart the Main Campus at 4.00pm on 13 December.

TIS is a Registered SAT & ACT Test Centre

For students who are applying for US universities and colleges (and some Canadian institutions), they are required to have a SAT or ACT score to present as part of the application process. This varies for each institution (so always read the fine print).

TIS has been a registered SAT and ACT Test Centre for yonks, so I have been surprised twice in a week when exeat requests were made to sit a test at another test centre. The importance of TIS as a Test Centre is the obvious convenience. Please make the most of it.





primaryschool@tis.edu.gh - www.tis.edu.gh

for 2020/2021 Academic Year

Learning is the focus

at Tema International School



Tema International School



TEMA INTERNATIONAL SCHOOL

ACADEMICS



At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



EDUCATION FOR A BETTER WORLD

ONSCREEN ASSESSMENTS IB TRIAL



The concentration was palpable, yet the ease with which the MYP5 students used computers instead of writing on a question paper was like water off a duck's back for our MYP5 students.

With about six months to go before the first IB onscreen examinations at TIS MYP5 students have completed a number of end of semester assessments by using the IB interface for onscreen exams. During November, the MYP5 (Grade 10) students submitted their first full onscreen assessments for their end of semester assessment. These assessments used were originally written by the IB for a past onscreen examination.

As the name suggests, these assessments are onscreen, but not necessarily online (connected throughout to the internet). The facility to work offline exists and is the preferred option of conducting the onscreen assessments at TIS. Students currently use their own devices, however, there are several mobile school devices and computers in the IT labs that are ready for use in onscreen examinations should student devices develop problems just before or during an assessment. The assessments themselves were developed in such a way that, disconnections due to power cuts and problems with chargers did not compromise the actual assessment being written at the time, nor is the time remaining on the assessment changed by disconnection problems. MYP students at TIS have progressively moved towards onscreen formative and summative assessments. ManageBac (MB) is our system for sending in, marking and assessing students' work. Using MB this way obliges MYP students to learn to use all the IT tools available on their laptops or school computers in order to complete set tasks.



The availability of IT for assessments is meant to continually develop the skills of both teachers and students. As with all IT devices, one can never tell when a problem might develop, hence the need for familiarisation with the onscreen assessment process. Establishing strong IT support in the MYP, ensures that challenges in using IT in MYP teaching, learning and assessing are kept to a minimum. MYP5 students have demonstrated their flexibility by being able to switch between (types of) devices when the need arises. They have also demonstrated in November that they can use the IB eAssessment interface for examination purposes. Language and Literature (English), Physics and Mathematics (Standard, Extended) took part in this exercise. Other e-assessment subjects, (Geography, History, Biology, and Chemistry) had the use of the Assessprep (AP) interface. These subjects will have an opportunity to take part in the IB onscreen assessments that take place during the MYP mock examination in February 2020.

As with all trials, just having the experience was very informative. Students and teachers have taken away many reflections on the process, with which to prepare themselves for the real and final MYP onscreen assessments.

Yvonne M Tagoe

MYP Coordinator



VENUE: TEMA INTERNATIONAL SCHOOL NEAR AFARIWA FARMS, COMM. 22

Tema International School



TEMA INTERNATIONAL SCHOOL

SPORTS



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork, challenges personal best and emphasizes the importance of appreciating how to lose before knowing how to win.





CAS-SA Corner MYP - Personal Project



For my **Personal Project**, I am creating an awareness about **Breast Cancer** by making a booklet to inform young girls and boys about the need for early detection and some other important information about **Breast Cancer**. My booklet will

be available at the TIS front desk. I will also be visiting schools; Tema Ridge, TIS Primary, Calvary Presby School and Tetteh Ocloo School for the Deaf. Social media is another great platform to create awareness. Check Twitter page - @wecanwinBC

Breast Cancer is one of the leading cancers in the world. <u>It is responsible for over 15% of all cancer related deaths in women.</u> The question here is, why does a cancer that can be cured still claim so many lives? To begin with, **Breast Cancer** affects *both* women and men, so it is a matter of concern for both sexes.

The main reason why **Breast Cancer** still takes so many lives is because of late detection. The disease is often not detected early enough and is only attended to when the cancer has developed into its later stages. Survival rates of Stage 4 Breast Cancer is as low as 16%. This means that treatment in this stage is rigourous and may even come with other health complications due to treatment procedures like radiation therapy amongst others.

the power to detect breast cancer early, is in your hands

Three steps that can help detect breast cancer early:

LOOK
Use a mirror to check for changes or abnormalities

The only way to make sure that you are not in danger of developing the disease is by getting checked early enough and checking yourself. Conducting a breast exam at least once a month is an excellent way to check for any lump development. Also, be aware of your breasts. You need to know the normal look and feel of your breast to be able to easily spot any changes that can happen. This kind of self-check can be done every day, preferably.

Having a mammography is a must. It is highly recommended for women over the age of 40. Lifestyle patterns like exercise and good eating habits can help minimally. Most people think that lifestyle patterns have a huge effect on whether an individual develops **Breast**



Cancer or not. It doesn't. It is all about genetics. You can have a healthy and balanced lifestyle. Unfortunately, if it within your genes, chances are, you might develop it. That is why it is important to check yourself and check in with a doctor to be secure.

I believe that by preaching the message of how important early detection is, we can save ourselves the burden of encountering it in the future and also help others around us in the same way. To know more about **Breast Cancer** make sure to get one of my booklets from next week.

Lady-Margaret Hagan – MYP 5



"SILENT KILLER DISEASES"

For my **Personal Project** I'm creating an awareness about the "silent killer diseases", to inform and educate people on these diseases. Seeing people very close to me go through the painful tragedy and the heart-breaking effect it had on me inspired me to take on this project. A friend's father passed away from meningitis; I know someone who

is living with diabetes and another person who is living with high blood pressure. They go through challenges, have to take numerous medications just to be able to keep the diseases under control and to buy some more time to spend with the loved ones. They are fighters and would never give up for anything.

People might think, is **Meningitis** a silent killer? The "devils' disease" as my friend's mother calls it. I think it could be, because it could mimic the flu or malaria. You could be taking the wrong medicine for the wrong disease, thinking you'll get better, but the disease is "silently" killing you inside, until it's too late. My friend's father thought he had malaria, the hospital diagnosed it as malaria. He was prescribed malaria medicine and went home. Everyone knows how malaria can make you feel weak but you'll think



it will all go away by the end of the malaria dose. But unfortunately, that didn't happen.

He didn't get better. He got worse. After a few days in the hospital, the doctors finally diagnosed it as bacterial meningitis, the deadliest type of **Meningitis**. After a couple of hours, he could no longer blink or move his eyes. He laid there like a vegetable, no movement. The doctors tried giving him antibiotics, but it was too late. The disease had already taken over his brain. Nobody should ever have to go through such a tragedy.



Blood pressure, can easily be missed and can kill you silently without you knowing if not frequently checked by the doctor or a medical practitioner. High blood pressure normally begins with headaches and people mostly just take pain killers and continue with their everyday life. Sometimes, when the headache is serious, they think they are probably very tired and sleep it off. Living with high blood pressure

can be stressful at times, especially when the pressure goes high, they start to get serious headaches, dizziness and nausea. But if you take your medications as prescribed, you'll be able to live a normal life.

Diabetes can kill silently if not diagnosed early, especially with Type 2 diabetes which doesn't normally show symptoms at first. The symptoms could be minor or not show at all but when the blood sugar exceeds 250-300Mg/dl, a person might feel fatigue, excessive thirst, weight loss, persistent urination and persistent hunger. You must pay attention to these symptoms because these symptoms could mean the person has Type 2 diabetes and someone might





have it for years

without knowing. People are diagnosed with diabetes every day and have to pay attention to measures to help control the disease and live a normal life.

Stay tuned for next weeks' article about **Meningitis**, we'll go deeper into the disease, the types, effects, causes, medications and many more.

By Janelle Owusu – MYP 5

To be continued...

#CAS Projects



United to Light Ghana

A group of TIS Alumni in collaboration with G11, CAS Students, are dreaming Big and doing Bigger. They are *United to Light the World*.

Let's come together and support **The United to Light Ghana Initiative**. More than a quarter of the world's population has no access to clean, affordable light. Children are living in the dark or, and worse, relying on kerosene lamps or other fossil fuels that are toxic fire hazards. Together we can change this.

Click on the link below and watch Nubuke Amoah, your favourite YouTuber ,talking about the United to Light Initiative and the upcoming fundraise.

https://www.youtube.com/watch?v=qNKyZROTlm0&feature=youtu.be

CAS Project – Heritage FOOD DRIVE – #IMPACT



The holidays are here again! That time of the year when we sing Christmas carols with our loved ones. That time of the year when we go out to the movies and parks for laughs with our friends and family. That time of the year when we rush down to the Christmas tree, filled with curiosity as to what thoughtful gifts Mum and Dad have bought for us. What would we ever do without the amazing holidays? However, as unbelievable as it may seem, Christmas isn't a time of celebration for all. The sad reality is that only a few people are fortunate enough to experience these holidays the same way that we do.

Many people struggle with neglect, diseases, accidents and severe losses in this festive season. We aren't telling you this to make you feel guilty for being wealthy or privileged, definitely not. Instead, we hope that after reading this article, you'll be inspired to use your advantage t improve the lot of the less privileged.

The plan has always been to provide clothing, food, and other necessities to orphanages, as well as to provide selected people with relief items. 2019's goal is to visit not 1, not 2, but 4 orphanages to make an impact on their lives.

By impact, we do not just mean giving them amenities to create a short smile, but creating long-lasting ones. We plan on donating mosquito nets and repellents, first aid kits, toiletries, educational books and sanitation equipment to help foster the growth of our future leaders. Accompanying these generous donations will be an educational talk on hygiene and a first aid workshop by us, members of the TIS Red Cross Society.

We also plan on donating clothes, non-perishable food, and other relief items during this festive season. Here, we would like to ask for your generous donations be it money, clothes or non-perishable food.

Kindly contact our CAS Coordinator, Mrs. King - email: <u>surama.king@tis.edu.gh</u> - phone: +233 244 615255

HeritAid team: Edward Quansah, Fiifi Baiden, Darin Sarpong, Eyako Dzantor and Torence Mwindaare – G11

Support **HeritAid** by purchasing any of the items on the Menu below During the upcoming Sports events.





The Gift of Giving

As you plan to enjoy the beautiful performances planned by our TIS students, staff and parents, **come with a small bag of rice**, some canned goods, a gallon of oil or any other form of non-perishable goodies and help us reintroduce the joy of Christmas to another family.

"When you have so much", my grandma would always say,

DONATION BOX

"you can only really receive by giving".

So, on 8 December come to TIS Main Campus to not only be masterfully entertained but also to receive the gift of giving.

By Charity Apreku – G11

CAS Initiative





Presentation of **DofE** Gold Awards at the Jubilee House – strictly by invitation.



The President of the Republic of Ghana, *His Excellency Nana Addo Dankwa Akufo-Addo* will be presenting the **DofE Gold Award** on the 13 December 2019 at the Jubilee House to 90 young people who have successfully completed their **Gold Award level.**

22 of the recipients are from **Tema International School.**

These students/staff were engaged with the community through Residential Service at Akorlikope, TIS adopted Community for Service projects. They challenged themselves through the Creativity, Activity, Service IBDP (CAS) and After School program designed in

line with the DoEIA requirements for the period of 12 to 18 months.

TIS became a proud Award Centre for the **DoEIA** known in Ghana as **The Head of State Award Scheme (HOSA)** in January 2018.





My favourite experience was the camping trip where we lived on Survival Island for four days. This experience taught me things I did not know. I finally learnt how to float in water, and this has taught me that in life, you just have to take your time and be balanced. I also learnt that I had leadership qualities I did not know.

KEKELI TORKORNOO GRADE 12 GOLD AWARD RECIPIENT





www.tis.edu.gh

WORLD READY



The significance of the Duke of Edinburgh International Award/Head of State Award Scheme, apart from the thrill and sheer enjoyment, is the impact it leaves on our young participants. Dukies have pushed themselves through a challenge (be it a fear of camping outdoors, or performing in front of a large audience), Dukies have created and carried out services in our school (and the wider community), they have become mentors and they have set examples for their peers by their determination to complete their award. The Duke of Edinburgh International Award/Head of State Award Scheme has made our students resilient, selfless, well-rounded and beacons of light for other young people. Indeed, these are some of the traits for becoming future leaders (in our communities in Ghana and elsewhere) and you first heard about them here – The Dukies of TIS.

YVONNE M TAGOE MYP COORDINATOR AWARD LEADER DOEIA/HOSA





www.tis.edu.gh

WORLD READY







It's amazing. The expeditions were definitely the most challenging aspect, but also the most exciting: having no communication with the outside world, sleeping in tents, making new friends, learning how to lead your peers in the jungle, and helping your community. The entire experience has given me the self-confidence to try new things.

PORTIA MCDAVE GRADE 12 GOLD AWARD RECIPIENT





www.tis.edu.gh

WORLD READY



66 The Duke of Edinburgh International Awards Expeditions teach many lifelong lessons through hands-on experiences. The days spent away from everything 'home' teach participants the importance of negotiating for what is needed, rather than living on entitlements. Being denied any familiar luxury, yet required to live while on an expedition, participants get to appreciate in real terms what it means to make do with little, and improvise in the absence of the ideal. DoEIA expeditions give meaning to J.R.R Tolkien's saying, "not all those who wander are lost. 99

EBENEZER ASIME
THEATRE TEACHER
AWARD ASSESSOR DOEIA/HOSA





www.tis.edu.gh

WORLD READY





Tema International School

Order your MOA T. Shirt – GHC 50.00 – Contact Ms. Abigail at the CASSA office







Coming soon: Limited edition of TIS adaptation of **The Marriage of Anansewa** DVD and Flash drive. Place your order now. Send your order to TIS WhatsApp number: +233 503849799



connect
 reflect
 perfect

Dear Parents/Guardians,

The 3-way interviews (student, parents and teacher) for the Main Campus will be conducted from 8.30am - 4.00pm on Friday, 13 December, 2019.

Online bookings for interviews are now open until 11.00 am on 12/12/19. To book an appointment, please go to: www.schoolinterviews.com.au – Use this code: xkhp2

Please note that **bookings will close on 12 December** 2019 (11.00am). If you have any difficulties, please contact Dr Ken - <u>principal@tis.edu.gh</u>. You will need to know your child's teachers to book. We expect your son/daughter to attend these interviews with you. If you are unable to book an interview with a specific teacher on 13 December, please arrange a mutually convenient time after 13 January with the teacher.

3-Way Interviews - Booking an interview is not compulsory. It just prioritises your meetings. You can still meet teachers without a booking, but you will have to wait for your turn.

For **international parents**, **please email Dr Ken** if you would like some skype interviews with teachers after students return from the midterm break.

This is the last day for the semester at the Main Campus and students may leave hostels with their parents following interviews, except for those students involved in ACT the following day.

Those students receiving the DoEIA or performing at the Jubilee House will leave TIS Campus at 12:30 noon. More details will be sent to the respective parents.

End of Semester Break Main Campus commences after 3-Way-Interviews next Friday.

Students return to hostels on Saturday, **11 January or Sunday, 12 January.** If you have any queries kindly email the CAS Coordinator surama.king@tis.edu.gh or send us a Whatsapp message +233 50 3849799 (TIS WhatsApp phone number)



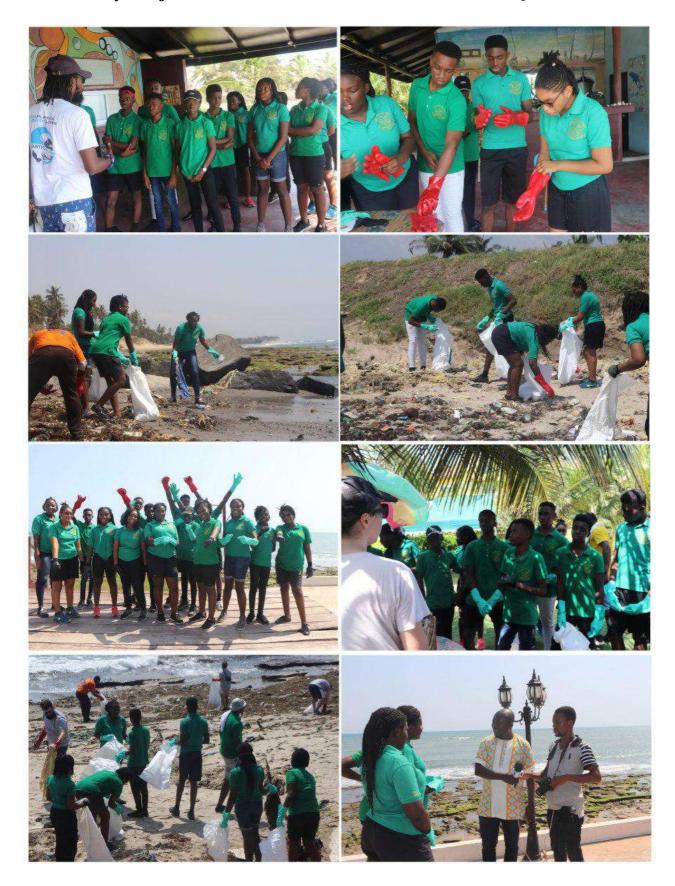


Fast & Furious TIS – Philosophy students presentation – Morning Assembly



Tema International School

${\color{red} \textbf{Community Project Action} - \textbf{MYP3 -} \textbf{Pram Pram Beach Clean-up} }$



Fast & Furious – Green Energy – Kendric G12 CAS Project presentation





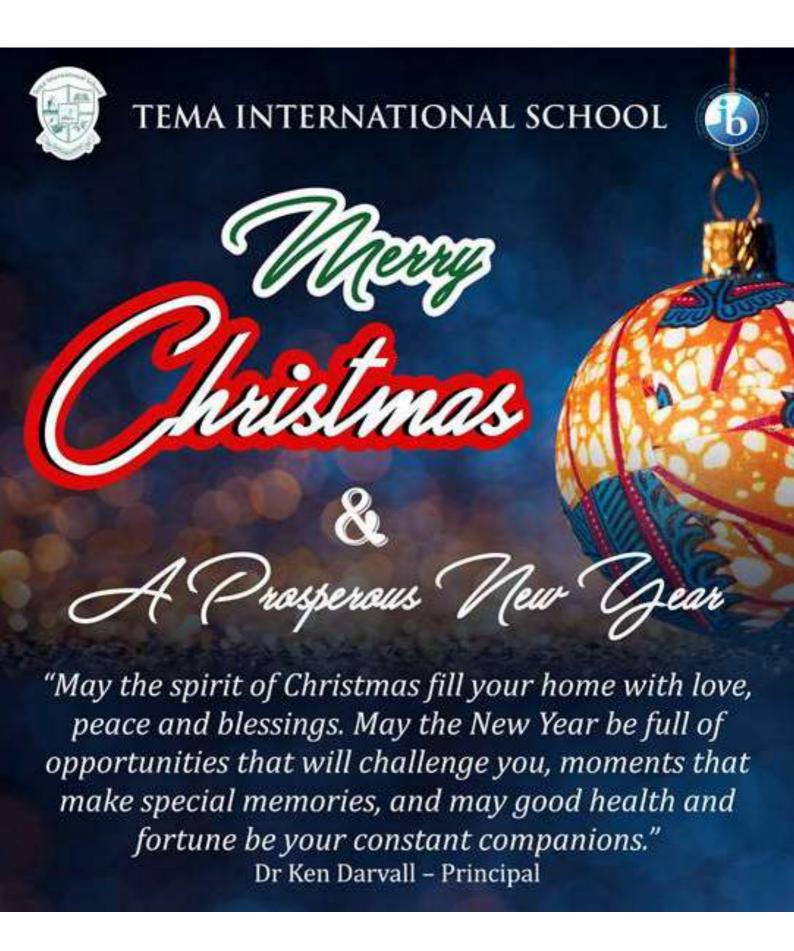
TEMA INTERNATIONAL SCHOOL

SERVICE



At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.





Tema International School



TEMA INTERNATIONAL SCHOOL

CULTURE



At TIS, we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.



