# WEEKLY BULLETIN

P: +233 303305134 | E: info@tis.edu.gh| W: www.tis.edu.gh

## At TIS,

we believe excellence is achieved by continuously improving your personal best in all endeavours through consistent effort, positive attitude, regular reflection, balance, persistence, a growth mindset and no excuses.

## Calendar

February

3 G11 EE Research Institute

7 Business Plan comp workshop

8 SC Executive Leadership training program; ACT; U16 soccer gala comp.

## Thought for the Week

.....

It's the one thing you can control. You are responsible for how people remember you - or don't. So don't take it lightly.

Once you know what failure feels like, determination chases success.

- Kobe Bryant



# **The Focus is Learning**

Students are encouraged to have their own laptop at TIS. However, their device is to assist them with their learning, and not be a distraction. Gaming, social media, movies and series are distractions if students are unable to self-manage. There are times when recreational use is fine, but never during school hours, prep, or in lieu of ASAs.

The misuse of social media and YouTube resulted in restrictions on its use. So, we need to be fully aware that our focus is on learning, while the issue is integrity (doing the right thing when no one is watching).

Since 2018/2019, Telegram and VPNs have been banned and this ban continues. This issue was raised in the TIS Bulletin published on 27/9/20.



#### Tema International School

Do the right thing, even when no one is watching.

It's called integrity.

## **Making Us Proud**

- Our Primary School Campus students and their new stunning uniforms.
- Rudolph Dogbegah and Lena Dodoo who presented students' perspectives on MYP at the IB Session on MYP in Accra yesterday.
- Apiokor Ashong Abbey (Pioneer Head Girl) and Presenter at the IB Session on the IB Career Programme in Accra on Wednesday.
- Eric Kufuor-Mensah, Charity Apreku, Alberta Addo, Christine Adoma Agyare, Nana Saahene Osei and Princes Asiedu who won the Mooting competition at GIS last Saturday. All future prominent legal eagles! Well done.
- All MYP students and teachers who have thoroughly enjoyed their IDUs over the past three days.
- All DP1 students and supervisors for their Service Learning efforts this week.

#### Reminders

• Please read the weekly TIS Bulletin and take action as required. Increasing access to YouTube for learning resources for students during the day and social media and messaging services after school is expected to eliminate the constant issue of VPNs and Telegram. We are happy for students to use Facebook, Twitter, WhatsApp, Instagram, Skype, Hangout, iMessage, WeChat, MSN and Google Chat for contact between students and family, after school or on weekends. Needing Telegram to chat with parents is not supported by our data which shows 95% of Telegram use is for video/audio downloads, while only 5% is used for chatting. The numerous unfiltered and uncensored channels open to Telegram users do not meet our standards: TIS and home.

#### Admissions for 2020/2021

Testing and interviews for 2020/2021 admissions will commence on 24 February. At the main campus, we are almost at capacity, so places are limited. While there are more places available at the Primary School Campus, there will be limited places also until the second stage has been completed. Preference will be given to siblings, as long as their applications are received early (within the next few weeks).

I appreciate your support.

Dr Ken Darvall





Kinder 1 (3-4 years) Kinder 2 (4-5 years) Kinder 3 (5-6 years) Grade 1 (5.5 - 7years) Grade 2 (6.5 - 8 years) Grade 3 (7.5 – 9 years) Grade 4 (8.5 -10 years) Grade 5 (9.5 years-11 years) Grade 6 (10.5 - 12 years)

All admission applications will be online via Open Apply: https://tis.openapply.com

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer MYP and DP. The Primary School campus has been approved as a Candidate PYP School.

#### **Tema International School**





# **Tema International School**



# MAIN CAMPUS

# **SECONDARY ADMISSIONS ARE OPEN FOR 2020/2021** ACADEMIC YEAR

A family school, a unique experience.

#### Flexible online admission testing is available

ENTRY POINTS: Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 10 (MYP 5) | Grade 11 (IB Diploma Programme)

#### Grade 7 (MYP 2)

#### Students should:

- a) Have completed Primary 6.
- b) Be aged 11+(at the time of admission).
- c) Complete a general aptitude
- test and interview.

#### Grade 8 (MYP 3)

#### Students should:

- a) Have completed JHS 1 or in JHS 2.
- b) Be aged 13+(at the time of admission).
- c) Complete a general aptitude.

#### test and interview.

#### Grade 9 (MYP 4)

Students should:

a) Have completed Year 8 or Basic
Education Certificate Examination (BECE).
b) Be aged 14+(at the time of admission).
c) Complete a general aptitude test and interview.

#### Grade 10 (MYP 5)

#### Students should:

a) Have completed Year 9.

b) Be aged 15+(at the time of admission).
c) Complete a general aptitude test and interview.

#### Grade 11 (IB Diploma Programme)

#### Students should:

a) Have successfully completed MYP 5, the IGCSE (Or its equivalent) or awaiting the results of the IGCSE.
b) Be aged 16+(at the time of admission).
c) Complete a general aptitude test and interview for non IGCSE
& GCSE students (i.e. WASSCE,

ocr, Aqa).

#### To learn more scan this



To enrol scan this.

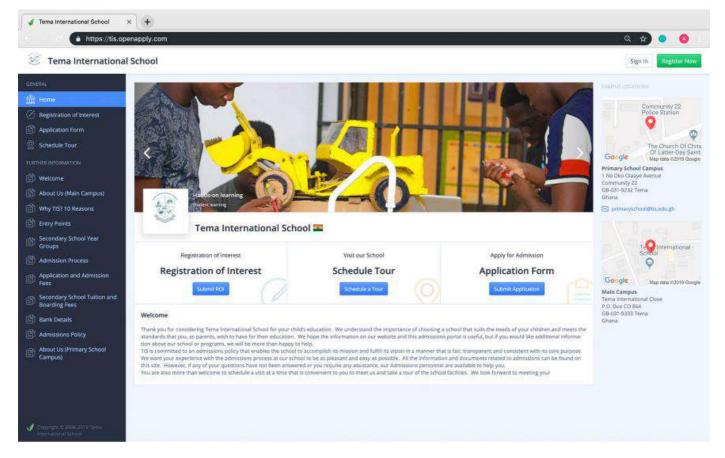


The online application process can be completed at: <u>https://tis.openapply.com</u> For further information contact us on phone: +233 303 305134; +233 303 308737; email: <u>admissions@tis.edu.gh</u> Or come and visit the school (Opp Afariwa Farms, Off Tema-Akosombo Road) www.tis.edu.gh





# **TIS Application Procedures**



Please have the following documents available (scan onto a flash drive) before you begin with online application;

- 1 recent passport-style photo
- passport biodata page/ birth certificate
- 3 recent school reports (Grade 2-11 Applicants)
- Letter of recommendation and academic transcripts (Grade 11 Applicants)
- 1. Go to our admissions portal tis.openapply.com
- 2. Click on the Sign In button found at the top right corner of the page.
- 3. Click on **Sign up** here if this is your first time using OpenApply otherwise type in the email and password you used the last time you used OpenApply.
  - For first time users please proceed to 4. For existing users please proceed to 5.
- 4. Fill in User Details and proceed to application.
- 5. Ensure you fill out details correctly and attach all required documents where necessary (passport picture, passport biodata page/ birth certificate, school reports, transcript, recommendation).
- 6. When forms have been completed kindly proceed to make application fee payment using any of the 3 options:
  - www.expresspaygh.com/tis
  - At the Finance Office on TIS campus
  - At any Barclays Bank into the TIS Account number 1798808 or Ecobank into TIS Account number: 1441000974289
- 7. You will receive an email to confirm receipt of your application and the next steps towards admission **only when the application fee payment has been received**.
- 8. Please note that your child will be taking a Cognitive Ability Test (CAT4) as an Entrance Exam for admission at TIS. (Grade 7-11 students)

Thank you for choosing TTS. We look forward to a fantastic relationship in the coming years!

# MYP AMBASSADORS

On Thursday this week, MYP students from TIS, Lena Dodoo and Rudolph Dogbegah, were invited to talk at an MYP seminar held at the Association International School (AIS) in Accra. Lena and Rudolph were speaking to mostly prospective teachers and parents of the MYP.

Both students spoke with confidence showing no signs of nervousness – they clearly and concisely described their experiences with the MYP, their development through the MYP, their acquisition of learning skills which have improved their overall learning. Lena and Rudolph spoke about their IDUs, their Personal Projects and their self-management which had allowed them to honour all deadlines this week.

Once again, our MYP students have made us proud.



# A Cure for Coronavirus?

# No, just the Grade 8 IDU this week!











At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.



EDUCATION FOR A BETTER WORLD

#### **PYP CORNER**

#### EARLY YEARS

#### Making Meaningful Connections with the Real World

This week started on a sparkly note as our Early Learners walked elegantly to class in their new Primary school uniforms. *Whoop! Whoop!!* They showed off their eye-catching attire with all the pomp and pageantry their little limbs could muster.

This experience dovetailed nicely with our inquiry into the School System, under the theme, *'How We Organise Ourselves.'* Here, students discussed the purpose of uniforms in educational establishments, drawing meaningful connections between theory and practice. By this approach, they deepened their conceptual understanding.

As part of '*How We Organise Ourselves*,' learners also extended their knowledge of the transport system, exploring appropriate behaviours to exhibit on a public transit system.

After watching a short clip, they then proceeded to discuss safety and hygiene tips to be adhered to while using such modes of transport.

In Social Studies, our transdisciplinary *Central Idea* was examined under the topic, *Social Organisation* and *Culture*. Here, learners used their thinking skills to identify the various communities to which they belong. They demonstrated their understanding by drawing and describing pictures of these groups. It was a joy to see how proud they were to be belong to the many social and cultural groups, especially the TIS Community.

Students are honoured to belong to this wonderful family. They particularly look forward to the regular visits of Grandma Adjavon and Grandma Sylvia, who dropped by this week to enrich our leaning.



# LOWER AND UPPER PRIMARY

#### **Display Boards**



Display boards are a powerful learning tool for classrooms, right from Early Years to Primary, and beyond. They can be used to relay information to students, reinforce lessons, display student work, introduce new learning materials, and more. These display boards are usually interactive to ensure that students constantly engage with posted materials, either to make additions or corrections. Also, they are changed frequently to align with concepts being explored under a unit of inquiry.

Display boards provide an opportunity for student-teacher collaboration, which is an essential 21<sup>st</sup> century skill. Since displays are an integral aspect of the PYP, both parties decide on which material best reflects learning.

Apart from being an avenue for promoting *Learner Agency*, it also catalogues our learning journey, communicating same to the extended Learning Community.



In the pictures above, Opal students are working in teams to create posters on various aspects of their unit. This is a classic example of collaboration. Displays like these help learners track their own progress as they delve deeper into an inquiry. It also facilitates student reflection, which leads to further learning, deeper understanding, and the honing of key skills.

In the PYP, students are often guided to create classroom displays. These displays are sometimes assessment tasks, assigned to learners with the aim of stimulating creativity, and also ascertaining the students' level of conceptual understanding. This is the constructivist approach to learning: making learning meaningful by encouraging students to construct their own understanding.

In doing this, students are able to sharpen their self-management, research and social skills, all of which are critical learning skills. They are also able to achieve lifelong application, as learner-constructed understanding sticks for life.

Below are displays produced by the Opal Class to exhibit their understanding of the three *Central Ideas*.

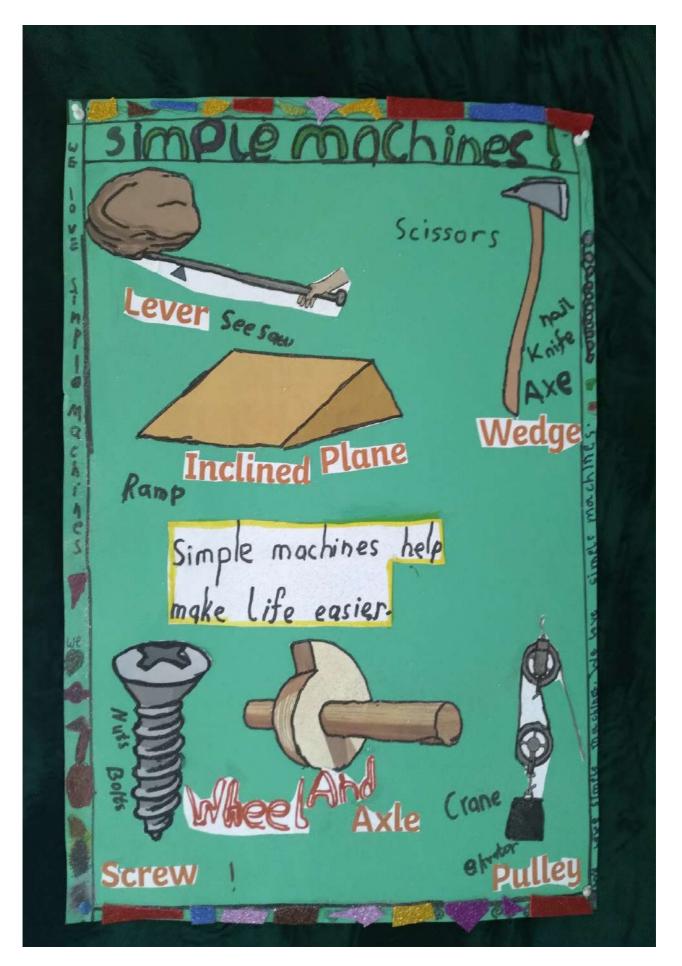


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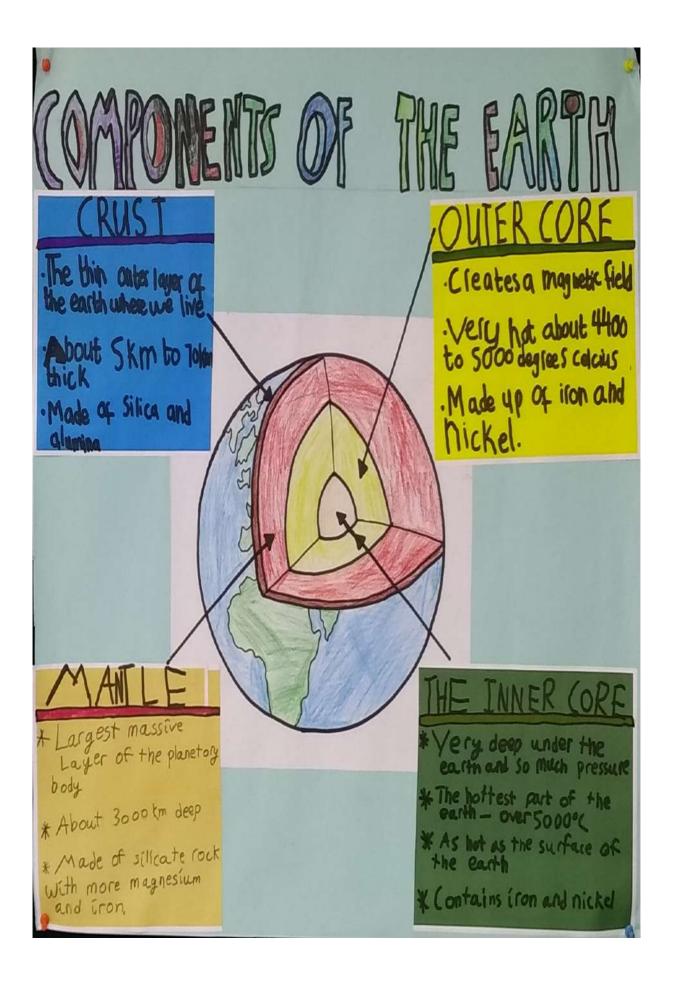
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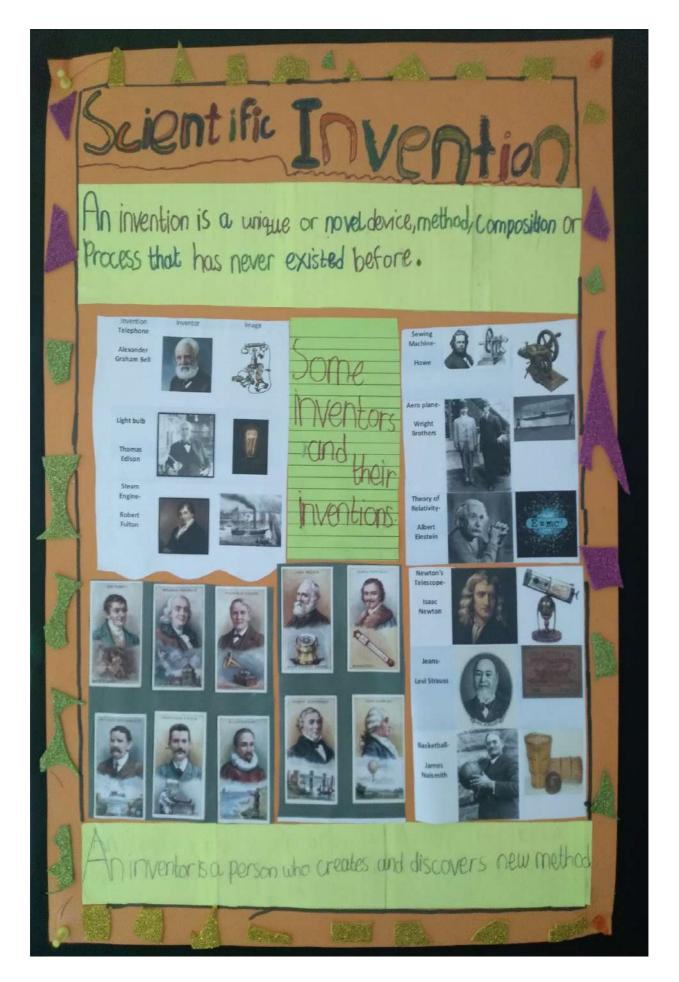
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Vol.16, No.22



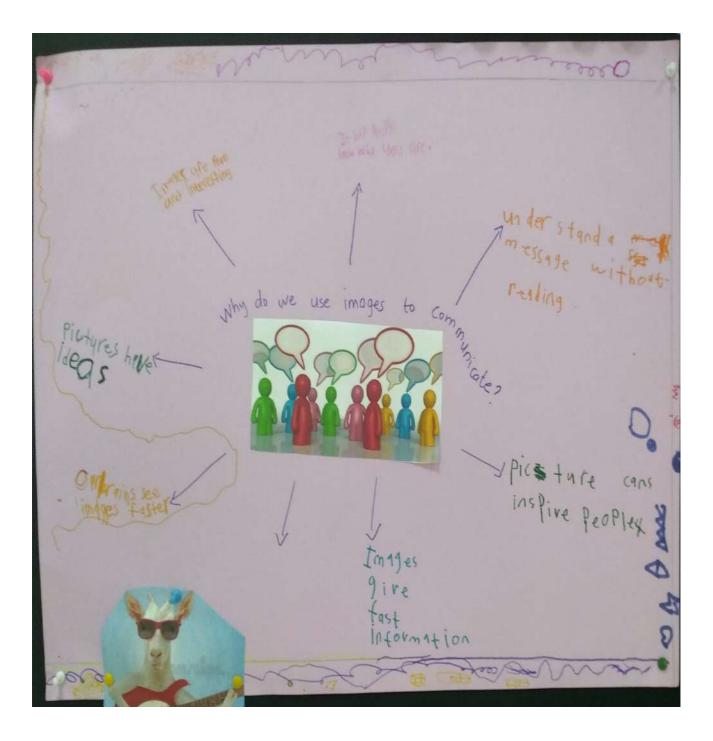


Individual student's work is also showcased on display boards. This gives learners a sense of belonging, ownership and recognition. It also motivates students to strive for excellence, knowing that their creations will be displayed to the entire learning community.

Below are some Onyx students' work.



Communication		means of	Communication
What already What want hnow about my topic This voloane was chartiacheetin I already Know about chartiacheetin I already Know that the Police was about that the Police was about the man to any the the man about the solare Now kurges	Ennie nu 2011 I Learnietabouts theedrame was frun Mare Kumme	Mind - map on Ommunication Com	Commentaries



Another purpose of display boards is to encourage visual learning and easy recall. Just at a glance, students are able to appreciate and reflect on their learning journey. With display boards, indeed a picture speaks a thousand words! By the few images below, the unit boards educate the reader about simple machines; the earth and space; and technology.

Readers can also appreciate the transdisciplinary nature of our learning as all subject areas that support the unit are evident.

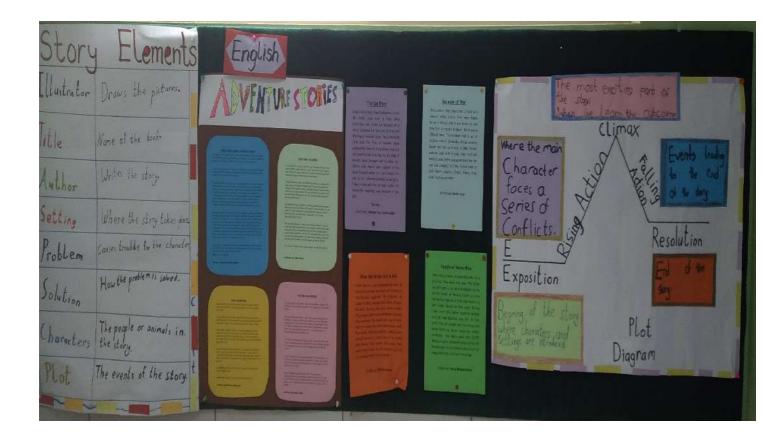
#### Vol.16, No.22

#### 31 January 2020

#### Tema International School







Displays are, therefore, a great way to foster *Student Agency*, as they progress on their journey to becoming life-long learners. They are products of student creativity and understanding, and reflect their uniqueness.

The next time you visit the Primary School, do spare a moment to observe our classroom displays. They are bound to be insightful!

## **GHANAIAN SIGN LANGUAGE**

The Onyx Class is inquiring into communication and how it can be tailored to suit different audiences. To ensure learners gain a deeper understanding and connection with the unit, they are learning how to relay their ideas and feelings through non-verbal means. This has been the focus of our lessons, the aim of which is to equip learners to communicate with the hearing-impaired. In the pictures below, students are putting their learning into practice.



Reference

www.ibo.org

Vol.16, No.22

# MYP@TIS

#### ENHANCING DISCIPLINARY AND INTERDISCIPLINARY WAYS OF KNOWING

How do we communicate? Do we have to always buy our gas? How do I change my style of writing to support my message? Can I measure happiness?

The IB way of learning states that there are several different ways to arrive at an answer. For each method used there will be advantages and disadvantages. Through reflection (an ATL skill), MYP students discover how to make purposeful decisions and selections when presented with a multiple of choices for arriving at an answer. MYP students learn to transfer their skills (from the Thinking ATL) to suit a required inquiry. MYP students discover that using their approaches to learning skills whether at the novice, learner, practitioner or expert levels eventually turns them into stronger self-regulated learners. This is very evident in the tasks and expectations of interdisciplinary learning.

The MYP teaches us to find connections between subjects. This week the Interdisciplinary Unit (IDU) Days have taken place. This has been another successful week in horizontal planning and delivery of the MYP between and within subject groups. During the IDU days, our new MYP students discovered how to find and use connections between subject areas in order to complete inquiries within specific global contexts. Once again, our more seasoned MYP students have taken concepts from multiple disciplines and used them to develop new knowledge and understanding. This is the essence of interdisciplinary learning.

Grade 7 discovered verbal and non-verbal communication across their interdisciplinary unit in Language Acquisition (French and Spanish), the Arts (Music) and PHE by connecting rhythm, signals, motion, language.



Grade 8 carried out a Science/Individuals & Societies interdisciplinary unit. They visited the Safina Waste Management Centre which is not far from school. They were shown how biogas is helping to contribute to the national grid. Back at school, Grade 8 carried out their own tasks to create biogas of their own, an action that any community can carry out to generate fuel for every day use.







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Grade 9 enjoyed their session on styles of writing for a given purpose. Their interdisciplinary unit brought Individuals & Societies and Language & Literature together. Whilst reflecting on issues of population movement, grade 9 created their own articles on migration.



Grade 10 our pioneers in everything MYP have undertaken yet another interdisciplinary unit; this time, linking Language & Literature with Mathematics, to answer inquiry questions such as "What factors contribute to life satisfaction?" which is an inquiry question from a past MYP interdisciplinary learning assessment. Grade 10 demonstrated self-management skills, transfer skills and collaboration skills to help each other through their tasks at the disciplinary stages and finally at the interdisciplinary stages. For them, it has been preparation for their mock and final interdisciplinary learning examinations through the use of authentic IB MYP pre-released materials.



As always, bar a few notes jotted down, the whole process was onscreen.

The focus during the IDU days has been amazing with all grades exhibiting pride and ownership of their chosen products. Hopefully some of the questions such as "How do we communicate?" "Do we have to always buy our gas?" "How do I change my style of writing to support my message?" "Can I measure happiness?" have been answered.



# TEMA INTERNATIONAL SCHOOL



At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



EDUCATION FOR A BETTER WORLD

# HOSTEL NEWS



It's Party Time Cecilians and Catherinites!



Sharing, friendship and unity warms the heart and walls of the girls' hostel. Working together, learning together and living with people from unique backgrounds, conflicts are bound to happen. A time like this is a moment to reflect and bond once again.

## **Reflection Time**



We are the realists! Poise! Finesse! Decorum! We really bring it, Cecilia. Caaaaaaaaaaa!

The voices of Cecelians and Catherinites celebrating their sisterhood with smiles on their faces and energetic dance moves coming into play. These are the memories we have held close to our hearts right from Grade 7. The times we bonded with our older and younger sisters that made our hostels a family. These reasons are why we decided to plan a hostel party for our ladies of class, poise, finesse and decorum at the end of our term as hostel executives. We planned towards this event as well as gathered funds with great enthusiasm as we looked forward to leaving power with a bang. The day finally arrived, the food had been ordered, entertainment planned and decorations had been set up. We started the night of with a prayer and said a short word about the time we had spent as hostel executives. Right after that we played two videos. One was a slideshow made up of pictures of all the beautiful ladies in the hostel and the second was a video of funny memories we had shared together. Even though we had a whole program planned of numerous activities, after we ate, it seemed as though the hostel had a mind of its own. We didn't need activities to have fun and enjoy ourselves, all we needed was our sisters and some music. Our sisterhood is loud. Our sisterhood is proud. The love is strong, and so is our bond.

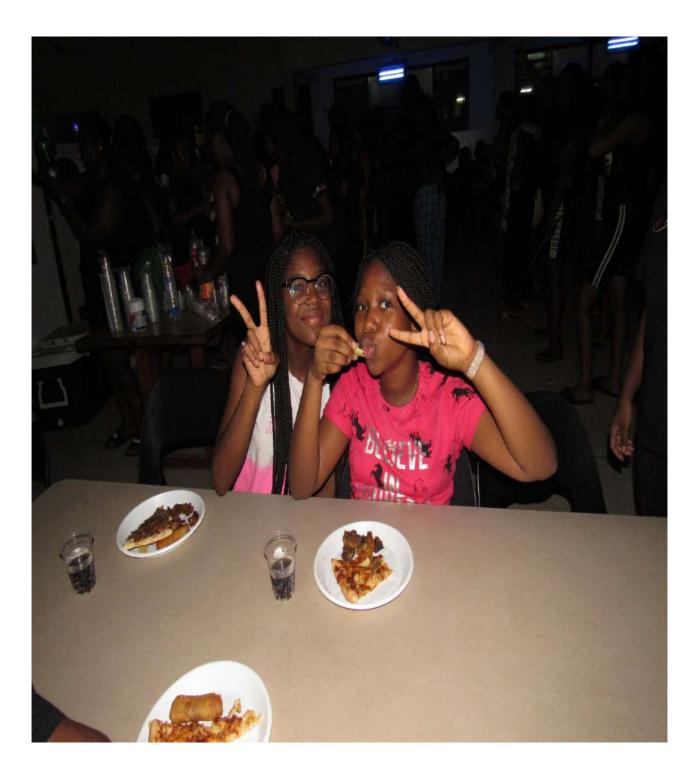
~Ex Female Hostel Executives



Supportive and amazing big sisters.



Friends become our chosen family.



The most beautiful discovery true friends make is that they can grow separately without growing apart.

#### **School Stream**

School Stream is an app that aims to have many aspects of TIS at your fingertips, especially as many are wrapped around a mobile phone.

Parents may access it now by downloading the Schoolstream app from your relevant app store.

# iPhone / iPad iOS

- 1. From your mobile device go to the App Storesearch for School Stream
- 2. Tap the **FREE/GET** button to the right of the School Stream listing
- 3. Tap the **INSTALL** button
- 4. Enter your Apple ID and password & tap OK
- 5. Wait for the install icon to change to **OPEN**
- 6. Tap the **OPEN** button
- 7. You will be prompted to accept push notifications, you will need to select **OK**
- 8. Start typing **Tema International School** into the search then **SELECT Tema International School**

# Android / Tablet

- 1. From your mobile device go to the Play Storesearch for School Stream
- 2. Tap the School Stream listing
- 3. Tap the **INSTALL** button
- 4. Tap the **ACCEPT** button
- 5. Wait for the app to install then tap the **OPEN**button
- 6. Start typing **Tema International School** into the search then **SELECT Tema International School**
- 7. Tap the **DONE** button in the top left.

# Windows Phone/Other Devices

Use the following link, and follow the instructions below. Tema International School

#### To pin a website on your **Windows Phone**:

- Open the website you want to pin
- Tap More icon, then tap Pin to Start

You will be able to access all of your school's information, however, you won't be able to receive notifications. *Note: Some devices may vary please follow your usual installation procedure for downloading and installing an app to your device.* 



# EFFECT OF TEMPERATURE ON CATALASE ACTIVITY

MYP 5 students took part in a practical activity where they investigated the effect of temperature on the rate of catalase activity using potato cylinders.

Below are reflections of two students.

The purpose of the experiment, which was conducted last week, was to measure the effect change in temperature has on the enzyme catalase reaction. It was very eye-opening as it helped me to clear up previous confusions that I had about the topic. During the experiment, I was able to improve my self-management skills since I had to finish a large task in a little amount of time.

#### - Seyram Apreku, Grade 9

In this current unit in biology, my peers and I were put into groups where we conducted an experiment about the reaction of enzymes with substrates. In this experiment we demonstrated self-management skills and collaboration. This unit has helped me to understand the importance of enzymes in our daily lives.

#### - Kelvin Kofigah, Grade 9







# Fast & Furious v16

How much can be squeezed into 7 days?









Join us on our language immersion trip to France/Spain.



Dates: 20 June - 12 July 2020



Cost: USD 4,500 (including flights & application fee)



Deadline for payment: 28 February, 2020

Have you heard about the TIS language immersion programme? Find out more from the TIS Bulletin or contact the Language Acquisition Department.







# Young African Scholars Program



YYAS is an intensive academic and enrichment program designed for African secondary school students who plan to pursue tertiary education and wish to make a meaningful impact as young leaders. There are no tuition, meal, or lodging costs.

Eligibility

Applicants must be citizens or permanent residents of an African country and currently be attending a secondary school in Africa with one semester to one year of school left after YYAS. A typical participant is between 14 and 18 year old.







# Requirements 1. Completed Online Application Form 2. Official Transcript or Grade Report 3. One Teacher Recommendation

Deadline is 12 February 2020 @ 11:59pm EST



## 2020 Sessions & Dates

GHANA: 26 July - 02 August KENYA: 08 August - 15 August ZIMBABWE: 19 August - 26 August

africanscholars.yale.edu | african.scholars@yale.edu



## Student Profile

YYAS is looking for students with excellent academic records, demonstrated leadership potential, and strong written and verbal communication skills. Participants must be able to read, analyze, and converse in English. Preference is given to high-achieving, lowincome ("HALI") students who do not have university guidance in their schools or communities.

#### DISPATCHES FROM THE IB DIPLOMA PROGRAMME COORDINATOR

This week's Bulletin is unashamedly about politics. "They say" that one should never bring politics into education – as if education itself were not a political act. (Those of you who have ever received an e-mail from me will have noted the overtly political quotation at the foot where Paolo Freire explicitly demonstrates what a political act education is...). It has always – always – struck me as a peculiar prohibition, and certainly one that is exclusive to the 20<sup>th</sup> century, and to Europe, and to international education. Kwame Nkrumah was very clear about the political act that education is. The very fact that it is national governments that create educational policies and curricula makes it crystal clear that education is an act of politics.

I suppose what "they" mean is party-political, party-affiliated, politics should be kept away from education, and I have some (limited) sympathy with that viewpoint. After all, if we are to help young people to learn how to judge statements, assess the credibility and reliability of information presented to them, then there has to be a certain neutrality. The 'footballisation' of politics, as the UK radio presenter James O'Brien calls it – the tendency to believe everything 'my team' says and disbelieve everything the 'other team' says – destroys the ability to think critically and from an informed position. Politics should not be about *tu quoque*, should not be about *ad hominem* attacks on 'the other team' but, about – if you will pardon the cliché – making the world a better place.

Politics – the operation of the *polis*, the state, by the *polites*, the citizens of the state – is an inescapable fact of education. I read the other day that, in Finland, the education system "starts its fight against fake news in primary schools."

(https://www.theguardian.com/world/2020/jan/28/fact-from-fiction-finlands-new-lessons-incombating-fake-news). News, of course, is not disinterested, is political, in that broad sense of the word. At TIS, we are inescapably political – we endorse the United Nations Sustainable Development Goals (we even build them into aspects of our curriculum), and there can be no more obviously political organisation than the United Nations, and we subscribe to the International Baccalaureate's educational aims, objectives and 'philosophy.' In a world where 'globalisation' is often used as a slur on one's opponents, where populism is on the rise and identifies itself specifically as an anti-globalist strategy, an educational organisation that boldly promotes the idea of internationalism, fostering global mindedness, cannot claim that it is not political. Indeed, there is even a U.S. organisation (edwatch.org) which claims that the IB is "based on the ideology of Italian Marxist, Antonio Gramsci."

I am a UK subject (we British people are not 'citizens', for the UK is a constitutional monarchy, thus we are 'subjects'), as are some of our students here at TIS, and at 23:01 on Friday, 31 January, the UK leaves the European Union. Gone – or about to be gone – are a whole host of political freedoms that many grew up with: the freedom to travel without border checks, the freedom to reside, work and live in a collection of countries, the freedom to vote in the elections of other countries where one may reside. I have not visited my own country for many, many years, but this week I am feeling keenly the imminent loss of those freedoms. My partner, who is Belgian, resides in France, but I will not, now, be able to go home without needing to take a visa, and who knows what else.

I have spent this week watching the middle school students, representing a range of different nationalities, working together on interdisciplinary research. I have spent the week talking to the Diploma students about their dreams and desires to go here, there and everywhere to continue with their tertiary education. In my own Grade 11 Philosophy classes we have been

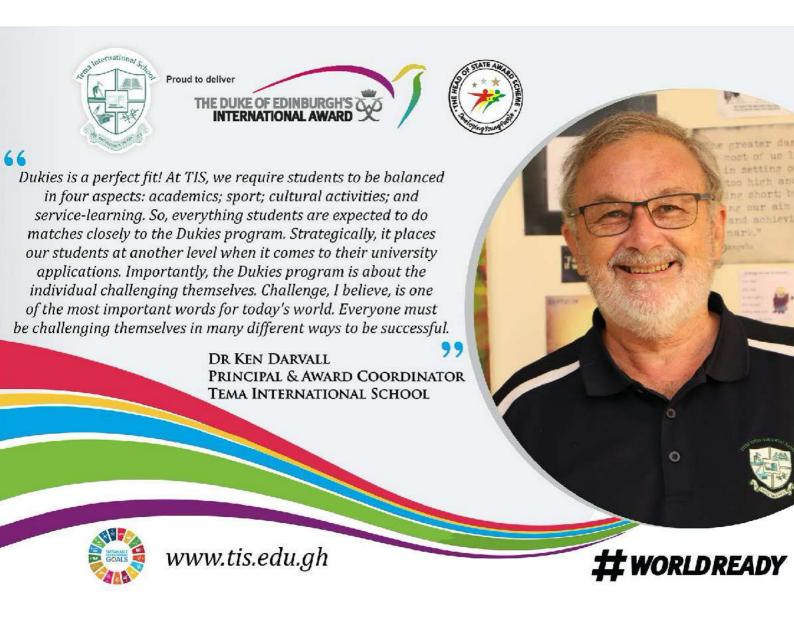
studying the concept of human rights, and looking at the United Nations charter of human rights. The IB Diploma courses are all suffused with politics. (There is even a Diploma course – Global Politics – not yet offered at TIS – which makes no bones about the fact that the world is, inescapably, political, and education is, inescapably, political).

So, at 23:01 on the evening of Friday 31<sup>st</sup> January, some of the freedoms that myself and other colleagues and students currently enjoy will be taken away from us by an overtly political act. To understand how and why this was done, to understand why critical thinking is not only important but vital in an age of misinformation, to understand how to read, think, assess information and draw reasonable conclusions, is an overtly political act. If education does not realise that it is engaged in politics, then many more of our freedoms risk being taken away from us.

I write this in the week of the 75<sup>th</sup> anniversary of the liberation of the Auschwitz-Birkenau concentration camp. If there were ever a stark reminder of what happens when we do not take care of the political nature of education, then that is it.

David Spooner dpc@tis.edu.gh







At TIS, we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.



EDUCATION FOR A BETTER WORLD

# COUNSELLORS' CORNER



Tick, tick, tick... are you using your time wisely to learn effectively, or are you using your time left to converse, while away time and laze about? DP2s, why waste time? Consciously sit up, make time and study.

IB DP final exams are this May 2020. STAY FOCUSED! Work hard to meet your university admissions requirements and conditional offers! Finish hard, finish well!



Wow! A number of university admission offers have come in recently! Congrats DP2s!!!

# We got in.....

- University of Hull, UK
- University of Nottingham, UK
- University of Leeds, UK
- University of Warwick, UK
- University of Birmingham, UK
- University of Kent, UK
- University of Liverpool, UK
- University of Law, UK
- University of Buckingham, UK
- University of Greenwich, UK
- University of Essex, UK
- De Montfort University, UK
- Northumbria University, UK

- Concordia College- Moorhead USA
- University of Massachusetts- Amherst, USA
- College of Wooster, USA
- Cornell College, USA
- Baylor University, USA
- Mercer University, USA
- Pennsylvania State University, USA
- St. Louis University, Missouri, USA
- University of Memphis, USA
- Augustana College, USA



#### Mooting Competition @ GIS. The Champions!



Mooting is an advocacy competition which enables you to develop your communication, teamwork, and legal research skills. This year's competition was organised by the University of Dundee in collaboration with Ghana International School (GIS). It was hosted by GIS at their campus in Accra. **Participation is in three internal stages of competition:** the First-Year Mooting Competition, the Internal Mooting Competition, and the Commercial Mooting Competition. Team TIS did not take the competition lightly at all, but did their best and emerged as proud winners, beating GIS and Al-Rayan contestants. Congratulations, TeamTIS, we are so proud of you!!! They were presented certificates of participation and generous gift vouchers! **Leadership and the TIS school community say well done! Ayekoo!** Thanks for your efforts and we were are happy to receive this report from Peter (University of Dundee Mooting Facilitator) - "TIS students were more confident, respectful and on top of their game-impressive!" Kudos Team TIS!!!

Pictured above, from left - Eric Kufuor-Mensah, Charity Apreku, Alberta Maame Addo, Christine Adoma Agyare, Nana Saahene Kirk Osei (DP1 Students) and Princess Asiedu the only DP2 student.









# REFLECTION

Honestly, in the beginning of the mooting practice, I had assigned myself a note taker to be a spectator and not have to go through the anxiety of talking in-front of my peers from different schools, but when Professor Peter from Dundee University saw our practice, he prompted me to take up the opportunity and I did. I do not regret it, coming in first place was not easy, going home prepping till 2am to make sure my speech was close to perfection, faking the confidence and making sure there was not a strand of fear in my eyes was hard enough. At the end of the day all the hard work paid off and we emerged as the winners amongst the five teams, which was a huge accomplishment.

-Christine Adoma Agyare (Grade 11)

Though I had undergone an internship prior to the mooting competition, I gained in-depth insight into what is required as a barrister in the legal field. Despite the fact that we had very little practice, our teamwork and dedication led us to come out victorious in the competition. When tensed, we tend to fumble and make petty mistakes, especially bearing in mind the professional judge grading our every move. Thus, it was very vital to have people in the team to encourage everyone and to point out certain errors made during the competition. Even without speaking in front of the judge, I was able to contribute towards the victory of the group as we worked in one unit. I am confident that this experience will give me a leverage, as I commence life as a lawyer, especially beginning in university. -Princess Asiedu (Grade 12)

Last Saturday, six nervous students from TIS took part in the first-ever Ghana Mooting Competition at Ghana International School. We competed with two other schools, GIS and Al-Rayan International School (ARIS). Both schools presented two team,s but TIS presented just one team. The competition was quite difficult as it was the first time any of us had ever partaken in anything like this. We were not perfect, we didn't do everything right but with hard work, dedication and team work we came in first place. It was an amazing experience and I would love to try it again. I urge everyone who wishes to practise law to also partake in such activities as they boost your confidence and public speaking skills. -Alberta Addo (Grade 11)



- There is a helpful document on ManageBac on interview tips. Please practice if you have a university interview. Please see the guidance team for a mock interview.
- Once you receive a university offer, kindly acknowledge receipt by sending a thank you note to the university.
- Have you some extra schools in mind to apply to? Kindly see your counsellor for assistance.
- Have essay supplements still pending? Don't wait for too long. Just complete them now!
- Received all your UK university offers/ responses? See the College Guides for help deciding on your firm (1<sup>st</sup> choice) and insurance (2<sup>nd</sup> choice) university. Be sure to also discuss conditions, cost, location and other factors with your parents before deciding.



The deadline to sign up for summer programs was Friday, 24 January 2020. Visit the College Guides and see Aunty Eyram for booking. Submission of all essays and application forms for the Yale Summer programmes, Oxford Scholastica, York University summer programme and all other summer programmes are due this week **Thursday, 30 January 2020**.



MONTH	NAME OF INSTITUITON	DATE	TIME	VENUE
JANUARY	Lakehead University (Canada)	Tues. Jan. 21 2020	1:30 pm	Learning Centre
	University of the West of England, Bristol, (UK)	Thurs. Jan. 23 2020	11:00am	College Guides Office
	St. George's University, School of Medicine, Grenada, West Indies	Tues. Jan. 28 2020	10:30am	College Guides Office
	Mcmaster Univ. (Canada) & IE University (Spain)	Tues. Jan. 28 2020	1:30pm	Learning Centre
	Carleton University (Canada)	Jan. 30 2020	4:10pm	Learning Centre
	Savannah College of Art & Design (SCAD), USA	Jan. 31 2020	1:30pm	Learning Centre



University of the West of England, Bristol, (UK) Mcmaster Univ. (Canada) & IE University (Spain) write-up in our next bulletin. Don't miss out!



Ghanaian University Applications are opened

Follow the links below; Apply online! - Ashesi University https://www.ashesi.edu.gh/

https://admissions.ashesi.edu.gh

#### How to Apply? Click: <u>https://www.ashesi.edu.gh/admissions/how-to-apply.html</u>

Parents should please pay application fees using the directions below, and email a copy of payment receipt to your child's college counselor, for assistance completing the application.

#### **Pay Application Fees**

GHs100 for Ghanaian nationals; \$50 for international applicants. (How to pay application fees)

The Late Admissions period attracts an extra GHs50. We also do not accept scholarship and international applications for the Late Admissions period.

• Application payments can be made as follows

#### a. MTNMobile Money

- a. Transfer application fee to merchant mobile number: 024 526 4831
- b. Name of recipient should be Ashesi University College
- c. Applicants should quote the following information on their application form or in the task box in the online application portal:
  - i. Mobile number used for transaction by applicant
  - ii. Transaction ID
  - iii. Reference Number (Applicant's Name should be used as the reference)

#### b. ExpressPay

 For Applicants who will like to pay via Visa, Mastercard, Amex, Discover or Mobile Money (MTN, Airtel Money, Tigo Cash, Vodaphone Cash) please click here: https://expresspaygh.com/ashesi.

Applicants should quote the ExpressPay generated transaction reference number on their application form (paper applications) or in the task box on the online application portal.

# c. Direct Deposit/Rapid Transfer at any Ecobank

#### Branch in Ghana and West Africa

Account Name : Ashesi Admission fees Account Number : 0200014411600905 Bank : Ecobank Branch: Osu

#### d. Wire Transfer frrom within West Africa

SWIFT CODE: ECOCGHAC Account Number: 02010 144 116 009 01 Account Name: Ashesi University College Branch: ECOBANK, OSU BRANCH PMB CT443, ACCRA-GHANA

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#### e. International Payments (All other countries)

SWIFT CODE: ECOCGHAC Account Number: 02010 144 116 009 01 Account Name: Ashesi University Branch: ECOBANK, OSU BRANCH PMB CT443 ACCRA-GHANA \* Attack a copy of your payment receipt to you

\* Attach a copy of your payment receipt to your complete application

\* Attach a copy of your payment receipt to your complete application



#### How to Apply for University of Ghana 2020/2021 Admissions,

To apply for University of Ghana admission for the 2020 academic year, prospective applicants are expected to meet some basic requirements. *Click on the link for more information:* <u>https://admission.ug.edu.gh/applying/content/how-apply-ghanaian-applicants</u>

#### **1. GHANAIAN APPLICANTS**

<u>University of Ghana online application</u> E-VOUCHERS can be obtained by Ghanaian applicants for GH¢200.00 at the following banks: Ecobank, Republic Bank, Agricultural Development Bank, Ghana Commercial Bank, Zenith Bank, Universal Merchant Bank, Consolidated Bank Ghana (CBG), Prudential Bank and Fidelity Bank. Ghanaian applicants in the following categories are expected to apply using the E-VOUCHER:

#### 2. STUDENTS AND GHANAIANS APPLYING FROM ABROAD

International applicants and Ghanaians applying from abroad should **NOT** buy the evoucher. They should use the following link to access the online application form for completion and submission.

#### **Online Application for International Undergraduate applicants**

All applicants are expected to pay to the University a non-refundable application processing fee of US\$110.00.This fee can be paid directly or wire transferred into the University of Ghana ECOBANK Account.

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#### Details of the Account are:

Account Name:	University of Ghana Foreign Students Account
Account Number:	0161014409780401
Bank Details:	Ecobank Ghana Limited, Legon Branch
Swift:	ECOCGHAC

or International Transfer through Ecobank (0161014409780401 or 0161094409780403

or Payment with Credit Card on the GT payment platform.



https://ghstudents.com/knust-admission-forms/

Are you a **KNUST** Prospective Student? Stay up to date with absolute **Kwame Nkrumah University of Science and Technology** Latest Admission News and Updates for the 2020/2021 academic year.

ALL COMPLETED APPLICATIONS SHOULD BE SUBMITTED BYPOST (EMS/DHL/UPS/FEDEX) TO THE DEPUTY REGISTRAR (ACADEMIC AFFAIRS) KNUST, KUMASI, GHANA ON OR **BEFORE JULY 31ST, 2020** except for MATURE APPLICANTS WHO ARE TO SUBMIT ON OR BEFORE **FRIDAY, 29TH MAY, 2020**.



POINTS OF SALE: All Ghana Post Regional and Designated Post Offices

## APPLICATION PROCESSING FEE

- GHANAIAN APPLICANTS GH¢ 200.00.
- FOREIGN APPLICANTS USD 150.00.

GHANAIAN APPLICANTS ARE REQUIRED TO PURCHASE THE E-VOUCHER FROM THE GHANA POST OFFICES.

APPLICANTS ARE REQUIRED TO SUBMIT TWO (2) COPIES OF THE ONLINE APPLICATION AND OTHER RELEVANT DOCUMENTS.

# FOREIGN APPLICANTS ARE TO GENERATE AN E-VOUCHER FROM THE UNIVERSITY'S WEBSITE (HERE!) AND FOLLOW THE INSTRUCTIONS.

For more information on other universities of your interest please click https://ghstudents.com/ghana-admission-forms-update/



Please send the College Guides a copy of the receipts for Ashesi University, University of Ghana, Legon and Kwame Nkrumah University of Science and Technology (KNUST) for us to assist your child to complete the application process and for our records.

# BridgeU

TIS has signed up for Bridge-U! Bridge-U is the world's leading university and careers guidance platform designed for counselors in global secondary schools and an amazing resource for students too!

Other benefits of Bridge-U include but are not limited to...

- ✓ Offers the resources and support to ensure our counseling curriculum delivers the best possible outcomes for our students in terms of university placements.
- ✓ Allows students to be independent and to own the university application process

achieve more

- ✓ Students can explore career pathways, labour market trends and personality tests designed to help them understand and plan their careers.
- ✓ Helps our students use this information to support their future University research and informs their University application strategy.
- ✓ Matcher helps motivate students to apply to destinations they wouldn't have otherwise considered.
- ✓ Enables Counsellors and Parents to track college application progress and many more!

All Students have been added unto Bridge-U. Please log in and complete your Profile if you haven't done so already!





DP1's don't wait until the eleventh hour to register. Register now to avoid any disappointments!

\* SAT SUBJECT TESTS ONLY (Foreign Languages with listening only), \*\*REGULAR SAT ONLY (No Subject Tests available) Please come along with your valid unexpired passport!

<u>SAT Registration Fees (To complete registration online full payment with credit card only.</u> <u>Visit www.collegeboard.org</u>)

SAT I - U.S. \$107.50 SAT II: 1 subject (\$117), 2 subjects (\$127), 3 subjects (\$137) (estimates).

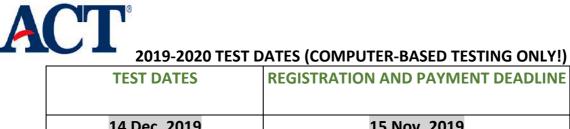
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For <u>all standardized aptitude tests</u>, test takers please come along with your <u>valid unexpired</u> <u>passport</u> as the only form of identification!

Photocopies are not acceptable.

• Number 2 pencils (buy from the Tuckshop), approved calculator, eraser, admission ticket and sharpeners required.



14 Det. 2015	15 NOV. 2019
4 April 2020	27 Feb. 2020

#### Please come along with your valid unexpired passport!

ACT Registration Fees (Online payments only: Visit <u>www.actstudent.org</u>): ACT plus writing – U.S. \$166.50. (TIS Test Centre Code: 870390, but inform Counselors first).

\*To complete registration, payment must be made online in full with a credit card. ACT April DEADLINE coming up.

DP1s especially are encouraged to sign up for the April ACT exam this year! Aim to complete registration right away! STEM students have an edge when they take the ACT.

DP1s don't wait until the eleventh hour to register. Register now to avoid any disappointments! Register before close of this month (today, 31 January).

PLEASE NOTE: TIS is a registered test centre for ACT and SAT.

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# REAT REASONS OSE CANADA

# Top quality programs

Canadian universities are noted for offering the highest quality of education. A Canadian degree is recognized globally as being equivalent to degrees from the United States and Commonwealth countries.

# Diverse peoples and cultures

Canada ranks among the most multicultural nations in the world. Regardless of ethnic origin, students feel at home in our diverse communities and campuses.



## Warm summers, cool winters

In summer, thousands of freshwater lakes and rivers hold our attention, and autumn foliage produces a stunning array of colours. Winter brings abundant opportunity to ice skate, ski and snowboard, while spring is the time to meet friends at sidewalk cafés in our numerous metropolitan cities.



BRITISH

OLUMBIA

NORTHWEST TERRITORIES

ALBERTA

Calgary

Edmon

**SASKATCHEWAR** 

Regina

# Healthy and safe communities

According to the World Bank, Canadian cities rank among the best places in the world to live, work and study.

# Study in English, étudier en français

Canada has two official languages: English and French. You may choose to study in either language or at a bilingual university.

## Lower costs, higher value

Tuition and the cost of living in Canada are lower than in countries such as Australia. England and the United States.

## Thriving campus communities

From libraries and sports facilities to concert halls and art galleries --- Canada's campuses have it all, including student-run radio stations, newspapers and business ventures.

# We're fully wired

Canadian universities offer some of the most advanced learning environments in the world. Here, wired residences and classrooms and on-campus Web access are now commonplace.

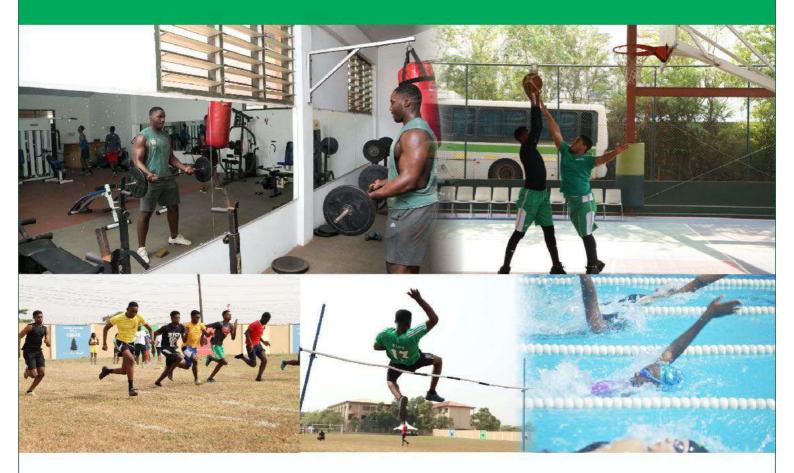




ITED STATES



# SPORTS



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork, challenges personal best and emphasizes the importance of appreciating how to lose before knowing how to win.



EDUCATION FOR A BETTER WORLD

# **CAS-SA Corner**

## Personal & Community Project Presentations – 6 March 2020

The demonstration of an authentic learning experience is about to take of TIS in a few weeks and we can't keep calm to share the joy with the entire TIS community. It is going to the biggest exhibition by far as students presents their findings, new knowledge, concept,s process, goals and more importantly, their products from their respective MYP projects.





On 6 March, all roads leads to the TIS sport complex to appreciate and interact with the MYP 5 Personal Project students and the MYP 3 students' Community Projects.

You don't want to miss this fantastic learning presentation as students will dazzle you with how their minds work and the creativity in their thinking. Products may range from clocks made from saw dust, a green housing prototype, custom TIS flowers in a bottle. different plastic booklets designed to share information about learning styles. Autism. short stories, etc. You don't want to miss the opening, as there will be a Taekwondo demo by TIS and Calvary students.

A lot of learning has occurred beyond the four walls of our classrooms and we are excited to share these experiences and outcomes with you, parents, students, teachers and Friends of TIS. Come and experience how the MYP prepares students for the real world. Check out the posters for more information.

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# **TaekwanDO it – Community Project**

#### **SDG4 – Quality Education for All**





The Community Project allows student to take their learning outside the four walls of the classroom and learn to become responsible citizens of the community around them and beyond. One of the community Projects by Grade 8 students titled, "*TaekwonDO it*", initiated by *Eugene Cobbinah*, *Winston Mwindare & Emmanuel Essel* is one such authentic learning.

These young learners are sharing their knowledge in Taekwando with **Calvary Presby School**, a local school near our Main Campus. They are raising funds to pay an instructor and are yet to receive uniform donations from their grade mates who are willing to give out their uniforms.

In order to get interested participants from **Calvary Presby**, they visited the school this week to perform a demo and educate them about the basics and importance

of Taekwondo. They got 16 passionate individuals which was reduced to 10 participants. Supervised by Mr. Alex Tay, the participants from Calvary Presby will come for practice in TIS every Monday and Friday from 4:00pm - 5:30pm towards their big performance on 6 March at the opening for the Project Day Exhibition.

# **IBMYP – Personal Project - TIS Students Taking Action. 'Style for Charity' by** *David Safo*







The phenomenal and creative David Safo undertook his Criterion C (Taking Action) of his Personal Project over the weekend during Entertainment Night. His Personal Project titled, Style for Charity, went through an authentic learning and skill development process and the success of this aspect (Taking Action) of his project was incredible. His goal was to create his own clothing line by sewing the items himself and auction the clothes through a fashion runway show to raise funds for charity. He invited friends from other schools, his family and the TIS community to witness his 'dream' come live on stage. To raise the funds, patrons were to pay any amount to enter and clothes were auctioned after the show. The success of the event was unmatched and the audience were thrilled and impressed with David's talent and skills in sewing. If you missed the show, then you really missed a good one.

As a school community we are very proud of our students.

David's achievements through this Personal Project are the evidence of the student-centred approach the MYP emphasises. The amount raised was GHC 4,178 which will be used to meet an authentic need of the **Save Them Young Orphanage children**, which is located in Golf Citi, Community 25.

Donations are still ongoing and you can kindly contribute s in cash or kind (Cloths & shoes). To do so; please contact **Ms. Grace Attram – 0244626805** (Project Supervisor)

'I am more than grateful to my family and my supervisor for making my Personal Project a bliss. I never expected this day to come. The MYP has impacted me positively. My skills in communication, writing, self-management and collaboration have been expatiated. To be on that stage and watch the models display the beautiful clothes I designed and sewed was a blissful feeling.

I really want to appreciate my mother, grandmother, dad, Auntie Cecilia, Frances, Grace and friends who helped in making this project and memory one to never forget. I could not have done this without my exquisite models and my wonderful supervisor.



I hope this inspires anyone and everyone to work hard to achieve all your goals. Nothing is impossible. Trust the process. **David Safo – MYP5** 

# **BREAST CANCER AWARENESS - Early Detection Can Save Lives**



Lady-Margaret Hagan, MYP5, reached out to young girls and boys at the *Tetteh Ocloo School for the Deaf, The ROHI School and Calvary Presby* to talk about **Breast Cancer Awareness** and how early detection can save lives. She shared over 350 booklets with students and staff in those schools.

The pink, well-designed booklet was the product made by her for her Personal Project. After each talk the audience did not let go of Margaret, from students and staff, they all want to know more about Breast Cancer and why such a young lady was interested in the topic and how they could help. Lady-Margaret emphasised the need for awareness

and early detection. She asked the participants to share the information with their families and friends and make sure breast cancer is no longer a taboo topic.



Lady believes that the opportunities given to MYP students to develop such a detailed project based on their interests is valuable. She is motivated to take this project to a different level when she starts her CAS project at the DP Her communication skills level. have improved and she is becoming an inquirer. For someone like Lady who was an introvert, unable to talk in front of a large audience and used to learn for exams mainly, this is a huge step. As a lifelong learner she hopes to apply this knowledge to make a different in the world by becoming a medical doctor and working towards finding the cure for breast cancer one day.

As her Personal Project supervisor I am so inspired by Lady's commitment, growth, time management and communication skills. While travelling to each school for her talks, I was delighted to hear Lady reflecting on this life changing experience and her plans for the future.

She also shared fond memories of her Grandmother who battle BC. Her grandmother's struggles inspired her to choose this topic. I am grateful to Lady for choosing me as her supervisor. She has no









idea of the impact of this process and how she challenged me.



As someone directly affected by breast cancer three years ago, having to go through a *double Mastectomy*, this was a very emotional and inspiring journey, It was quiet difficult to talk about my experience, the emotions are still so vivid in my mind. Leaving my family for 5 months, the uncertainty of having to go through two major surgeries and a breast reconstruction was indeed a life changing moment. The fear of not returning home times. unbearable was most The chemotherapy and its effect are something I don't wish for anyone. Through Lady's project I revived those memories and I am aware of how important it is for me to add voice and create the needed my

awareness. The misconceptions around BC are killing many women around the world. The mindset that women affected by breast cancer are witches and a curse to their families can no longer continue in our Ghanaian society. Breast cancer indeed affects the victim and everyone around them. Together we can save lives. Early detection is the way to go.

Looking forward to welcoming Lady next year when she joins the IB DP, as she hopes to develop this topic further as her CAS project. **Surama King – Personal Project Supervisor** 



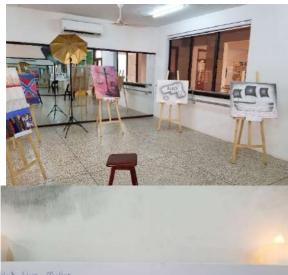


#### 'The Struggles'

My personal journey through the Personal Project.

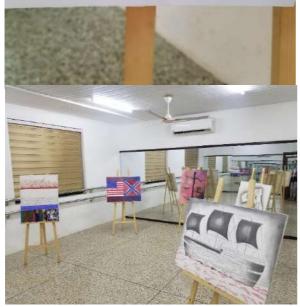
The Personal Project is not just a requirement of the IB MYP, but it is also an experience to make something you are proud of. The personal evolution the project facilitates within itself is remarkable.

Looking back on the person I was before the



loch Lioco Malter

Be penegul, be contracts, obey the law respect scargenet but a someone puts the hands on your, cand him to the cemetery. - Makem x



Personal Project, I can confidently say I'd do it all again to ensure that the determination, organisation and resilience I have acquired remains a part of me.

> There were certainly moments I wanted to give up and times I doubted my ability and the objective of the work I was doing, but in the end I was content and accomplished and there is no better feeling.

> I never would've thought a 3,500 word report could come so easily to a focused and passionate mind, which is where I truly and deeply felt a personal connection to my project. It gave me an outlet to explore a dormant hobby of mine which was art in new dimensions and new meanings, as I connected it to a global issue which I was passionate about, the elevation of contributing to a greater purpose is worthwhile.

> My goal was to create an exhibition to educate and call to action my immediate community towards the issues brought about by racial inequality in the United States which I accomplished by the aid and support of my school, supervisor and diligent Personal Project coordinator. My exhibition consisted of five art works, *The Provenance, The Unraveling, The Pledge, The Weight of it All, and Black Lives Matter.*

> A common note I would receive was how detailed, interesting, as well as enlightening the meanings behind my paintings were.

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concern, but it builds on character and ideals.

In addition, one of the more critique-like comments I received was a new side to the story of how we can force the governing officials in America to pay attention to the racial conflicts going on. It was said that if the year of return morphed into a call home for African-Americans, the development of Africa would cause leaders to pay attention to their losses in terms of the impact such mass migration would have on their economy.

Therefore, not only did I inform but I was informed in return.

Conclusively, the personal project does not only build on awareness, action and

#### Janine Apreku Grade 10 – MYP 5 Personal Project Supervisor – Mavis Ocloo



#### The "SILENT KILLER DISEASES" Series

#### Meningitis. High blood pressure. Diabetes

For my **Personal Project** I'm creating awareness about the "silent killer diseases", which are *diabetes, high blood pressure and meningitis*. I decided to choose this topic because I wanted to inform and educate people on these diseases. What inspired me to do this project was because of the experiences I saw and it was heart breaking to see people very close to me go through a painful tragedy. A friend of my father passed away from meningitis, I know someone who is living with diabetes and another person who is living with high blood pressure. They go through challenges, have to take numerous medications just to be able to keep their diseases under control and to wake up to see another morning. They are fighters and will never give up for anything.



People might think, is meningitis a silent killer? The "devils' disease" as my friend's mother calls it.

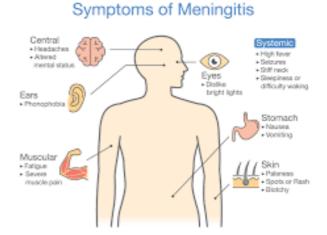
I think it could be, because it could imitate itself as flu or malaria. You could be taking the wrong medicine for the wrong disease, thinking you'll get better, but the disease is "silently" killing you inside, until you know it's too late. My friend's father thought he had malaria and the hospital diagnosed it as malaria. He was prescribed

malaria medication and went home. Everyone knows how malaria can make you feel weak but you'll think it will all go away by the end of the malaria dose. But unfortunately, that didn't happen.

He didn't get better, he got worse. After a few days in the hospital, it was then that the doctors

properly diagnosed it as bacterial meningitis, the deadliest type of meningitis. After a couple of hours, he could no longer blink or move his eyes. He laid there like a vegetable, no movement. The doctors tried giving him antibiotics but it was too late. The disease had already taken over his brain. Nobody should ever have to go through such a tragedy of losing someone.

High blood pressure, can easily be missed and can kill you silently without you knowing if



itnot frequently checked by the doctor or a medical practitioner. High blood pressure normally begins with headaches and people mostly just take pain killers and continue with their everyday



life. Sometimes, when the headaches are serious, they think their probably very tired and sleep it off.

Living with high blood pressure can be stressful at times, especially when the pressure goes high, they start to get serious headaches, dizziness and nausea. But if you take your medications as prescribed, you'll be able to live a normal life.



Diabetes can kill silently if not diagnosed early, especially with type 2 diabetes which doesn't normally show symptoms at first. The symptoms could be minor or not show at all but when the blood sugar exceeds 250-300Mg/dl, a person might feel fatigue, excessive thirst, weight loss, persistent urination and persistent hunger. You must pay attention to these symptoms because these symptoms could mean the person has type 2 diabetes and someone might have it for years without knowing. People are diagnosed with diabetes every day and have to pay attention to measures to help control the disease and live a

normal life.

My Personal Project has helped me develop as a person, learning new skills and helping me discover myself and also has encouraged me to take up any challenge that is thrown at me.

## Janelle Owusu

Grade 10 - MYP5

**IBDP – CAS Project** – When in G11, *Ayeyi, Baaba & Davina* challenged themselves through a well-planned fundraiser where they mobilised the entire TIS community to save Millicent's life. A young 12-years-old girl suffering from congenital heart disorder whose single mother could not afford to pay for her life-saving surgery. After one and half months, these young ladies were able to raise not only the \$8,000 needed for Millicent's surgery, but they also paid for 2-years-old Desmond.



Tema International School	DATE 27/06/2019
PAY <u>The Children's Heart Foundation Ghana</u> AMOUNT <u>Fifty eight thousand eighty hundred</u> <u>Ghana cedis only</u>	_ ¢ 58, 800.00
CAS Project: Ayeyi, Baaba and Davina, IB Class of 2020	Tema International School Dr. Ken Darvall (Principal)
173294 004722 11220 00	000

Last July, Ayeyi and Davina (Baaba was in France for her exchange and did not join us, however her mother represented her), their parents, the trustees of The Children's Heart Foundation and TIS CAS team joined the beneficiaries, Millicent, Desmond and their parents, while we paid the Korle-Bu Teaching Hospital on their behalf. Unfortunately, Millicent was not ready for the surgery, as she needed to recover from some few issues while her body was ready for the very delicate open-heart surgery.



We have some **great news** to share, Millicent had her open heart surgery Wednesday last week. After two days in the Intensive Care Unit, she was transferred to the children's ward and now she is home. Next week she will resume school and a normal life without the constant hospital visits, tiredness, and other discomfort caused by congenital heart disorder.

Once again, a huge thank you to the TIS community. These are some of the blessings of student's action through Service Learning.



#### Service Learning – CAS Projects

Plastic pollution is, today, one of the most pressing and critical environmental problems affecting the oceans.



Did you know about 60-90 percent of marinelitter is plastic-based?<sup>1</sup> And about 2.58 million metric tonnes of raw **plastic** are imported into **Ghana** annually, of which 73 percent effectively end up as **waste**, while only 19 percent is re-used, according to the country's Environmental Protection Agency<sup>2</sup>?

Plastic can take up to 500 years to disappear and impacts wildlife on a daily basis. The

danger goes further: under the influence of the sun, it disintegrates into micro plastics that are ingested by fish, thereby entering their food chain. It, therefore, poses a potential threat to us humans.

The Green Up Club, under the leadership of Joseph Agyemang (Grade 11), has identified the

impact of this problem on our country and has found a simple, but not simple-toexecute solution. The Green Up club, being a student-initiated club, has launched a project to clean up The Independence Beach, also known as Borla Beach. 'We plan to clean up the beach over the span of four months, making constant visits each month. Obviously, as initiators, we can't

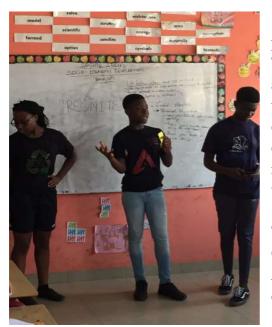


clean the beach ourselves, so we have sought the assistance of the Madina youth community and needless to say every active member of the *TIS Green Up Club*' Joseph (Club President) confirmed.

<sup>&</sup>lt;sup>1</sup> "9 Shocking Facts About Plastic Pollution in Our ... - EcoWatch." 12 Jun. 2017, <u>https://www.ecowatch.com/plastic-oceans-facts-images-2436857254.html</u>. Accessed 27 Jan. 2020.

 <sup>&</sup>lt;sup>2</sup> "Ghana's Contribution to Plastic Waste Can Be Reduced with ...." 21 Dec. 2018, <u>http://www.ipsnews.net/2018/12/ghanas-contribution-plastic-waste-can-reduced-right-investment/</u>.
 Accessed 27 Jan. 2020.

We also plan to raise awareness for plastic pollution seeing as it's gradually becoming a global issue. The Grade 11 Green Up Club visited The ROHI School, where Joseph and Peter advised and cautioned both the student and teacher population of the school on the gross effects of plastic pollution. From this Service Learning visit came out many ideas but one we are most proud of is the Plastic Bin Project. Joseph and Peter, over the course of their trip, noticed the vast amount of students who bring plastic bottles to school and leave them lying about after school and came out with a project to create a bin made out of recycled plastic in collaboration with the students of The ROHI School.



From the beach clean-ups, we plan to recycle the plastic and create more plastic bins for schools like Tetteh-Ocloo State School of The Deaf where another group of Grade 11 Green-Up members spent the past two days as interns. We will then donate the excess to Trashy Bag. Trashy Bags is a social enterprise based in Accra, Ghana, that makes recycled eco-friendly bags and gifts from plastic trash.<sup>3</sup>

This is only a fragment from what The **Green-Up Club**, under the leadership of *Joseph Agyemang and Peter Arthur, IB DP1,* has planned for the global community.

'We aim to begin a campaign on our school campus



to stop the use of plastic water bottles', styrofoam and plastic disposables'. You are yet to hear us on the radio and read about us in the newspaper, not only creating awareness of the dangerous effects on plastic pollution, but also engaging the youth to bring about a revolutionary change to how Ghana is seen as a country in terms of sanitation. WE ARE THE **CHANGE!'** The Green-UP Club

<sup>&</sup>lt;sup>3</sup> "Trashy Bags." <u>http://trashybags.org/</u>. Accessed 28 Jan. 2020.

## TIS on the NEWS



TIS students *Ethan, Adoma, Charity and Elom Tettey Tamaklo* (IB Class of 2015) joined the 'Discovery' segment at **CITI TV** - *Breakfast Daily* last week to talk about **Unite to Light Ghana** and why service is such an important component of IB programmes. Unfortunately, the segment was done earlier and our team could not be there on time for the 'Discovery'. Elom represented the Unite to Light Ghana team so well, see the link below to watch the interview.

A huge thank you to Apiorkor (Alumna, Class of 2007) for facilitating this opportunity. Even though the G11 team were unable to be part of the main interview they were given a chance to join both presenters of *Breakfast Daily* on set and talk about life in TIS as a student and the impact of Service Learning in their development and preparations for University and life. Their confidence and love for their school were evident. They were invited to come again to talk about the impact these 1000 solar LED lights will have on each beneficiary.

Watch out as the TIS Primary students will be visiting Citi TV on 21 February, as part of their inquiry process. Our students will visit a media house to further deepen



their understanding into how information is transmitted using different technology and how programs are produced and broadcasted.

Stay tuned. It's the TIS experience!

Link to the interview with TIS Alumnus, Elom on *Breakfast Daily*/CITI TV

#### YouTube - https://youtu.be/PWiinwgytkU

*Unite to Light Ghana Initiative* | *Breakfast Daily* – 'In this edition of the Discovery of the Week on *Breakfast Daily*, *David Kwaku Sakyi* hosts **Elorm Tamaklo** to discuss the initiative which seeks to provide light to the needy.

The project is based on renewable energy. It is designed and implemented by both former and current students of **Tema International School**. #BreakfastDaily #CitiTube

# **IBDP CAS**

## Interacts Club of TIS – Induction of New Members, 2020





#InteractClubofTIS #CASproject #CommunityService #ServiceLearning

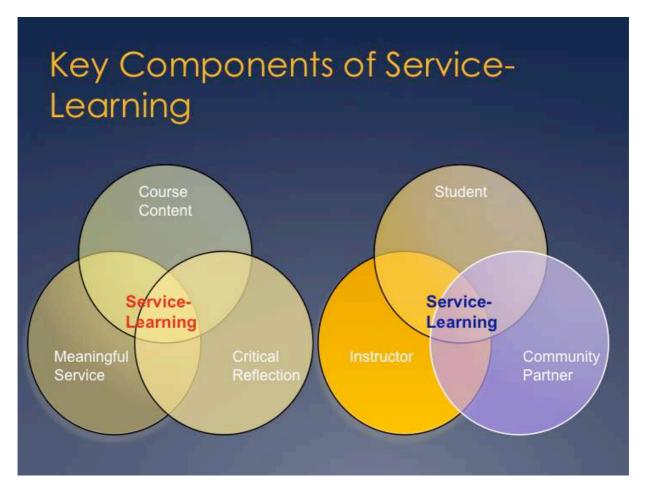
A blissful service new year to you all from the Interact Club of TIS. The club had it first meeting last Thursday and is excited to continue the remaining Rotary year with its service plans and embody the 4Way Test.



After receiving these members into the Interact fold for a span of 4weeks to test their commitment, it was time for them to be inducted as full members of the club. Last Thursday, 21 new members were inducted and it increased the membership list by a good percentage. Members of the sponsor club were present and they shared experiences and guidance with the members. It was privilege to have the President – Rtn President KUNTU induct the new members.

Donation of Veronica Buckets to local schools within the TIS environs is the club's project for the Interact year. As the club prepares for its project, they would like to welcome the new members on board.

# **CAS/Service Learning**



This week G11 students experienced the CAS/Service Learning trips. The purpose of this collaboration is to allow students to step out of the classroom and learn by doing and reflecting. Students engaged with seven different institutions for the purpose of their CAS/SL Investigation, Planning and Implementation. SL is a great opportunity for students to understand their community, observe, identify an authentic need and come out with ideas or solutions for the problem they may find. As a group or individually, they plan, take action and reflect in the process.

These opportunities help students make connections from their various academic disciplines to the real world. Knowledge application and critical thinking are very important skills in today's world. Service learning also enables students to find their passion through experiential learning. On their return today, we ask them to define this experiences in few words:

'Gratifying, eye opening, challenging, fun, beautiful, kind, mind-set change, a world of possibilities, humbling, engaging, experiential, super fun, exhausting and revealing, when again, bonding, happy, authentic, real, scary yet enlighten, changed my perception about service, what I study in the classroom made so much sense, I want more, growth, connection, positive, people need more than food and clothes, we are all one people, we are privileged, I can do so much more for the world around me.........'

These students run to the CAS office with ideas, suggestions and the will to do more. Project ideas were born, actions were taken and we are confident these experiences will not only grow our young ones, it will also enhance their academic performance. Learning becomes relevant and fun when we allow the world at large to be our 'classroom'.

- 1. Blessed Laura Catholic School Comm 22 **11** students **Leaders** Charity and Ethan **Supervisor** Grace
- 2. Calvary Presbyterian School Comm 22 **12** students **Leaders** Cecil and Vanessa **Supervisors** Alex Tay and Cynthia
- 3. *City of Refuge Children's Village -* Doryumu **12** students **Leaders** *Torrence and Gwein* **Supervisors** *Setor and Akortah*
- 4. TIS *Primary Campus* Comm 22 **8** students **Leaders** *Alberta and Bennett* **Supervisor** *Jacob Lumumba*
- 5. Tetteh Ocloo State School for the Deaf Ashaiman **13** students **Leaders** Alassane, Samuel and Amanda – **Supervisors** – David and Abigail
- 6. The ROHI School Ashaiman **12** students **Leaders** Salma and Joseph Agyeman **Supervisors** Constance and Rahman
- 7. Christ Faith Foster Home Fafraha Exeat 1 Student Jason (Supervised by the CFFH staff)

Each day these students and their committed CAS supervisors left TIS main campus eager to make a positive impact and to see the world from a different perspective.



# SL/Action by Calvary Presby group

The **Calvary Presby** school mural was created after an art class with the Primary School students where they drew their future aspirations. Some wanted to become lawyers, nurses, soldiers and even cooks. This was creatively represented on the mural by Leslie's drawings which we helped paint. Working as a team was quiet challenging but regardless of the difficulties, what mattered was that we were able to successfully finish the mural during our three days SL collaboration. by *Leslie, Ashley, Elisabeth , Vanessa and Marzuk* with *Mr Tay* (CAS supervisor)

"No matter where you are, if you are hardworking, you always make it in LIFE!"

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"No matter where you are, if you are hardworking, you always make it in LIFE!"



## CAS Workshops – Skills development

**Public Speaking and Master of Ceremony Master class** is ongoing. A group of 24 students (G11s) participating on this master class, they started on Wednesday till Monday at the Design Lab. A team of facilitators from the **Enabler Consult Ghana** are joining us on campus. Due to the popular request we will have another workshop, date TBC. Stay tuned.

# BECOMING A PROLIFIC SPEAKER AND MASTER OF CEREMONIES MASTERCLASS

#### Topics and methodologies:

Voice And Body Language, Content And Structure Audience Engagement, Quality Of Execution, Exponential Global Speaker Vision Board.

Date 29th – 30th January 2020 Venue: Project Centre – Tema International School Main Campus



# **IB** Class of 2020 Graduation preparations



# 6 June, 2020, 10:00am TIS Main Campus

Graduation day, that time we are all waiting for, especially the parents and students of the Class of 2020. A lot goes in to preparing for a graduation day. We

started last Monday by having the 48 candidates of the DP Class take their pre-graduation pictures. What a moment! We will send updates to all parents about the D day. What to expect: invitation, dress code, IB Trip details and much more. Now hear from some members of the class about their experience.





Reality finally dawned on me when I wore the graduation gown on Monday. The saying that time really flies is true. It was just 4 years ago when I was admitted to TIS and I can't believe it is coming to an end so soon. TIS has not only given me the opportunity to grow but has given me a different perspective on life.

Even though it will be difficult to say goodbye to TIS when I graduate, it is an opportunity for me to showcase what TIS instilled in me. "QUEEN OF SILICON VALLEY" was what I

wrote on my card. A dream I hope to fulfil. I chose it based on what I might be in the future and my interest. It is not only words but a pathway to my future. **Bervelynn Sawyerr-Markwei – G12** 



Wearing the gown was a beautiful experience. It brought to life the reality of finishing high school and the great journey ahead. It was an emotional moment coming to terms with the fact that we will be leaving these four walls in a few months but will hold on to the experiences, friendships and opportunities that was developed here. 110 days more. Maame Ama Ayeyi Hammond – G12



When I was wearing the graduation gown, it felt like a glimpse of what 6 June, 2020 will be. Even though we still have four months to go, it feels like the end is fast approaching and I cannot wait for the time of graduation. Graduation to me is a very important moment because it is all about honour and completing one stage of school in your life and it kicks off the path to your dreams that we all one day wish to accomplish. On my A4 sheet I wrote, "The Next Boeing Engineer", and I chose this because I want to be able to make a change in the aviation industry. I also hope to become the CEO one day as well who knows, but for now, reaching there will be a great accomplishment. **Temiloluwa Olufore** 

I remembered when I finally got my student ID card in Grade 7 in 2014 and saw the year of my graduation. 2020 seemed so far away and without a doubt it has been long. Watching all these grades leave every year while I continued,

broke my heart. But then I watched as time flew by so quickly at a point. I experienced many changes, additions, traditions and people. I have learnt so many new things from different perspectives. Wearing the gown, I felt so accomplished. I am so proud of myself for being able to stay six years in TIS and experience the school to the fullest. Taking pictures with my grade-mates from Grade 7 and realising that these next few months are only what's left of the million memories we've made together.



It was such an emotional experience for me wearing the gown and taking my graduation pictures because I realised that in a few months I would have passed through a path that I can never experience again. And on the significance of graduation, I am just excited for everyone to know that I made it, being here in TIS, my school for these full six years. **Noelle Mends – G12** 

I was amazed because just three years ago I thought I would never reach that point but there I was. It meant so much to me to know that I was

almost done but there was a part of me that realised that there is an attachment to TIS because I love the school and leaving will be a big hit for me. I was really excited about wearing the gown but the thought of leaving will always make me miss TIS because it is my home away from home. Kendric Effah-Gyan – G12















# TEMA INTERNATIONAL SCHOOL

# **WELCOME TO THE LEADERSHIP INCUBATOR**



At TIS, we believe the four pillars for student balance and ensuing success - Academics, Service, Sport and Culture - provide a theoretical lens for inquiry, critical thinking, conceptual understanding in a real-world context, through action. Across all four pillars, TIS prides itself on the opportunities and experiences that enable all graduates to develop and enhance leadership attributes and skills to make a difference and the world a better place. As leaders, we create our footprints to ensure authenticity.



EDUCATION FOR A BETTER WORLD



**The Marriage of Anansewa** flash drive is available at the school reception. Kindly contact Gina and get your copy for only GHC 70.00



