

WEEKLY BULLETIN

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At TIS,

we believe the four pillars for student balance and ensuing success – academics, service, sport and culture – provide a theoretical lens for inquiry, critical thinking, conceptual understanding in a real world context, through action. Across all four pillars, TIS prides itself on the opportunities and experiences that enable all graduates to develop and enhance leadership attributes and skills to make a difference and the world a better place. As leaders, we create our footprints to ensure authenticity.

COVID-19

- Wash your hands frequently and thoroughly with soap and water, before and after eating, and after going to the washroom. Dry your hands thoroughly or the advantage of washing your hands is lost.

Thought for the Week

The simple things are also the most extraordinary things and only the wise can see them.
- Paulo Coelho



Learning is Our Focus

Online learning and lockdown have brought us many (new) challenges in continuing student learning during the COVID-19 crisis.

TIS is operating on its current schedule (timetable) which can be found on ManageBac (MB). Details of individual Zoom sessions can be found under Messages on MB for different classes.

Attendance is being recorded for every lesson as we do not want COVID-19 to be an excuse for interrupting our learning. If students are late for a lesson, then they are registered as late. Students who are regularly absent will be contacted by their Programme Coordinator. These students are putting their progression to the next grade at risk by their regular absences and non-completion of set tasks. Semester reports will be issued in June.

I congratulate those students who have been principled (and



Do the right thing,
even when no one
is watching.

It's called integrity.

Making Us Proud

- Kwaku Ayisi, Juanita Quarcoopome, Kwabena Osei-Ababio, Oforiwaa Okoampah and Akua Osei for their reflections on online learning in last week's Bulletin.
- (Professor) Paa Kow Oppan who thoroughly enjoys any moment to conduct science experiments.
- Christine Agyare, Terence Mwindaare, Ethan Pobee, Nana Osei, Charity Apreku, Nana Obeng-Nkansah, Salma Roland, Clive Amoh, Albert Addo, Cheryl Kumah, Jason Boateng, David Safo, Peter Arthur, Aaliyah Tamakloe, Nanasei Osei-Safo, Kofi Boateng, Immanuel Frimpong Mr David Difie, Mr Akortah and Auntie Abigail for their creative and dedicated efforts to produce our film documentary submission to the International Schools Film Festival.
- Kendrick Effah-Gyan for his thoughtful and inspiring reflection on his CAS experiences at TIS.

Reminders

- Please read the weekly TIS Bulletin and take action as required.

fortunate) to join every scheduled lesson. This has been no easy task with regular power and internet failures frustrating most of us on a daily basis. When schools do re-open, our students and staff may have a greater appreciation for the TIS network!

I thank those parents who have been ensuring their son/daughter have maintained a focus and commitment to completing scheduled work, often when completing their own work requirements. Well done.

Admissions 2020/2021 Update

Round 2 admissions end today.

There are only 4 places for boys and 5 places for girls in Grade 7 and a few places for boys in G8,9 and 11 in secondary classes at the main campus, while there are limited vacancies at the Primary School Campus.

It is no longer possible to guarantee places for siblings of current students.

I appreciate your support.

Stay healthy.

Dr Ken Darvall

Principal



[Note: all photos are from pre-COVID-19 times.]



TEMA INTERNATIONAL SCHOOL

Primary School Campus

Admissions Open For 2020/2021 Academic Year



To learn more scan this.



Flexible admission screenings and interviews

To enrol scan this.



Entry Points in 2020

Early Years

Kinder 1 (3-4 years)
Kinder 2 (4-5 years)
Kinder 3 (5-6 years)

Junior Primary

Grade 1 (5.5 - 7 years)
Grade 2 (6.5 - 8 years)
Grade 3 (7.5 - 9 years)

Senior Primary

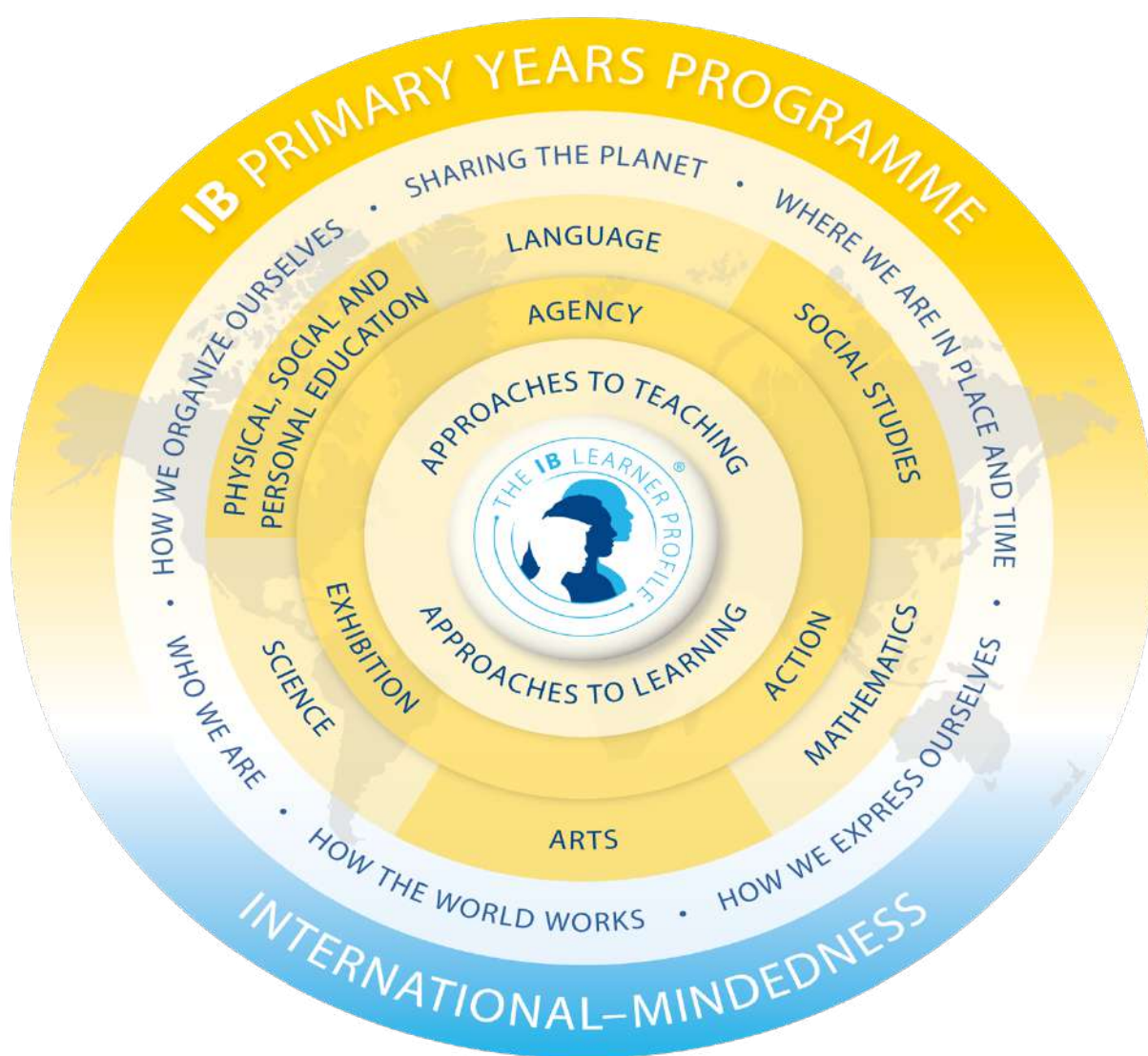
Grade 4 (8.5 - 10 years)
Grade 5 (9.5 years-11 years)
Grade 6 (10.5 - 12 years)

All admission applications will be online via Open Apply: <https://tis.openapply.com>

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer MYP and DP. The Primary School campus has been approved as a Candidate PYP School.

PYP CORNER



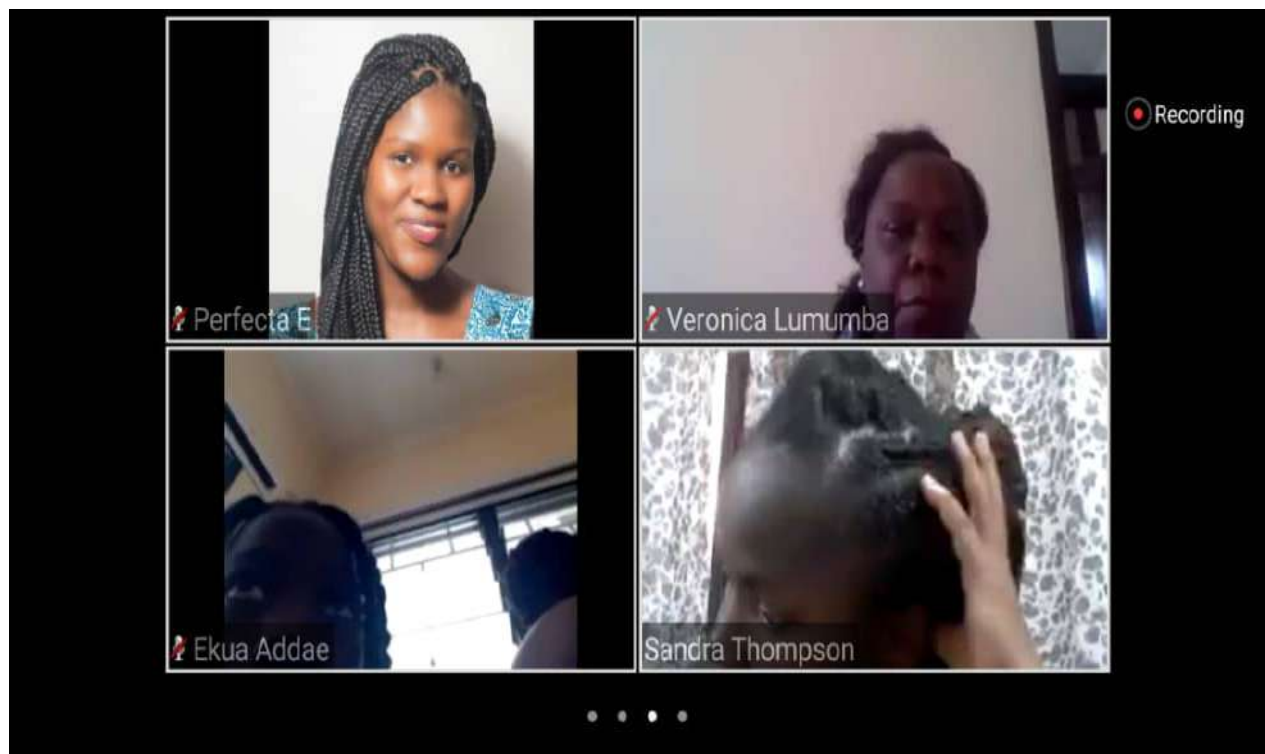
PARENTAL SUPPORT FOR VIRTUAL LEARNING (TIS PRIMARY SCHOOL)

It's been an amazing experience having lessons in virtual classrooms for the whole school community. There has been effective communication, learning and teaching, and assessment through different online platforms. Students have had a new experience of interacting with each other and giving presentations virtually. The key element here is that our students enjoy class from the safety and comfort of their homes and this can only be possible with the support from parents.

Whereas the greater burden of classroom learning is on the teacher, parents in virtual instruction have to do the heavy lifting; we can call it “turning of tables”. This calls for a brushing up of organisational skills, in order to keep up with learners’ timetables and enforce prompt Zoom meeting attendance. Parents have to double up as ‘compliance officers’ to guarantee the timely submission of quality assignments and tasks.

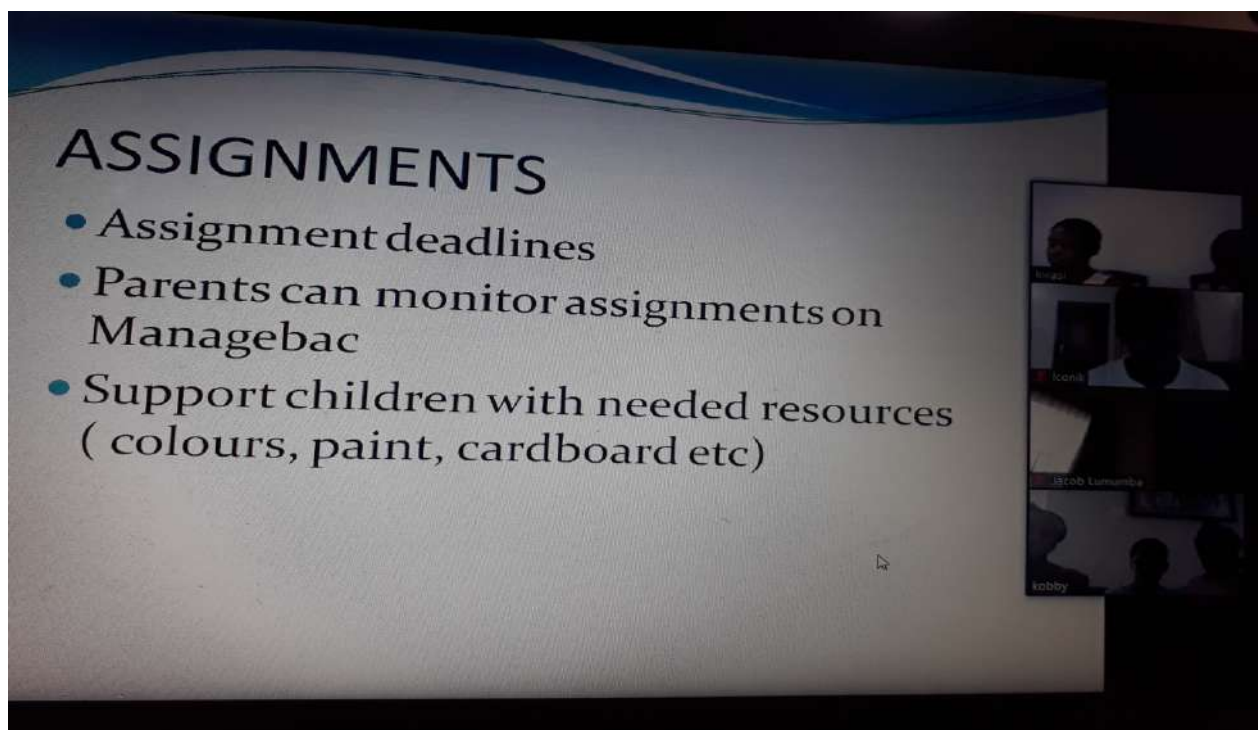
The common saying, “sharing is caring” has taken on a much deeper meaning in this virtual dispensation. We are in very interesting times because parents are called upon every day to alter their busy schedules, miss phone calls, give up workstations, share gadgets, not forgetting data as a way of supporting their children in order not for them to miss out on any learning experiences. Ensuring active child participation in online learning is definitely no mean feat and hence parents’ efforts must be commended.

Parents for both Opal and Onyx have been extremely supportive in many ways. They are always ready to help with the learning process despite their busy schedules. The parents for Onyx have had to do a lot of work getting the children settled in their virtual classrooms since the children are younger. They have been available in the 3WI and the meet and greet sections with teachers and it has been a learning curve for them as well.



Onyx meet and greet session with parents

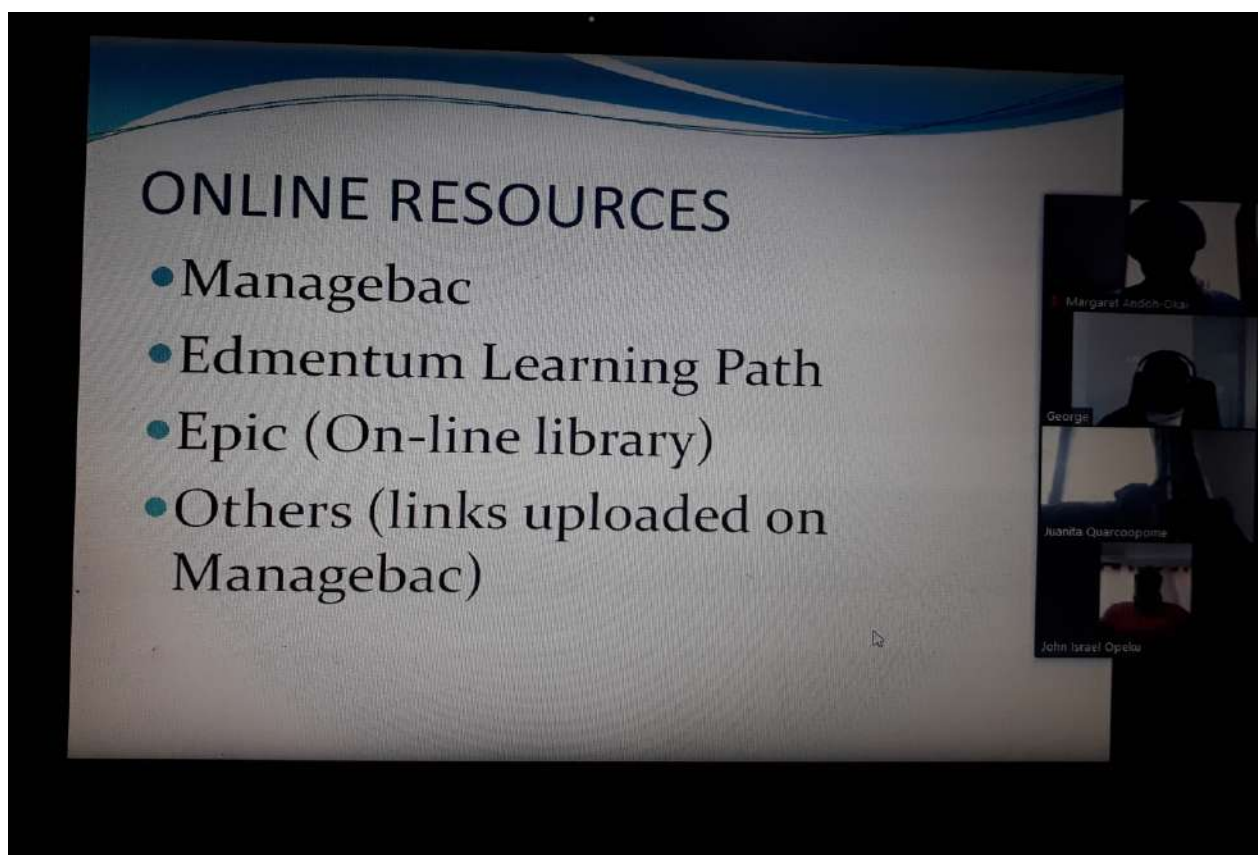
Parents for Opals have been available through all the interactive sections and they have been punctual in all the sections. Thus, the 3WIs and meet and greet sessions and their contributions were impressive.



ASSIGNMENTS

- Assignment deadlines
- Parents can monitor assignments on Managebac
- Support children with needed resources (colours, paint, cardboard etc)

A video call overlay on the right side of the slide shows four participants: Margaret, Ikonk, Isob Lumumba, and kobby.



ONLINE RESOURCES

- Managebac
- Edmentum Learning Path
- Epic (On-line library)
- Others (links uploaded on Managebac)

A video call overlay on the right side of the slide shows four participants: Margaret Andoh-Gyasi, George, Nantia Quarcoopome, and John Israel Opelaw.

Parents of Opals having a collaborative time with teachers

In general, the support of parents in our virtual learning has been enormous. Parents have ensured that students adhere to all zoom protocols, work on their task and send on ManageBac, provide devices needed for Zoom sessions and research work, as well as respond to calls and WhatsApp messages from teachers and make clarification on tasks given to their children for the right feedback. Virtual learning has indeed been successful with the wonderful support from our parents. Their efforts are greatly appreciated.

Early Years Program

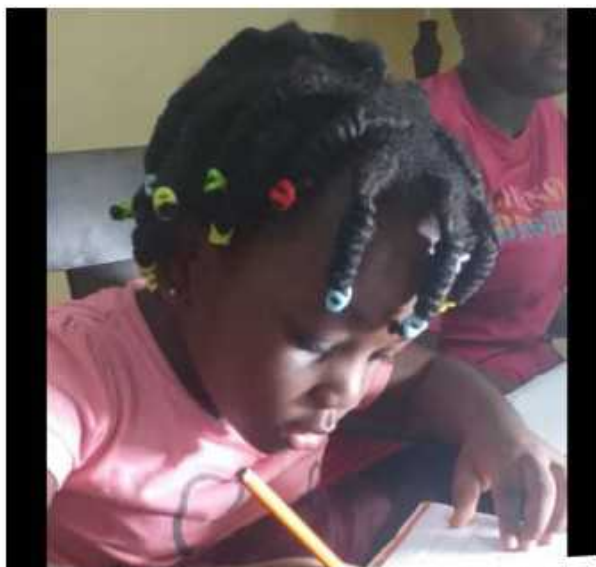
There is no doubt that the Covid-19 pandemic has resulted in a sudden turn of events with regards to students' learning worldwide and this is no different in the case of our Early Learners at TIS. In these unprecedented times, our Early Learners have had to learn from home through virtual platforms and guess who has taken up the mantle to become the **Super heroes** of each school day, shuffling between chores and work and still providing the necessary support that our Early Learners require to carry on with their learning journey? I am sure your guess is as good as mine..... **Our Dear Parents!**

Over the last five weeks up until now, our Early Years Parents have proven to be **Excellent Co-Educators**, who have collaborated very well with the Early Years Teachers in running the current unit, "Sharing The Planet". In proving their support, parents have supplied their wards with the necessary materials they need and have followed through with all directions given them by Teachers, in getting students to complete tasks sent in through **ManageBac**, which always come with set deadlines. They have also gone out of their way to provide good and constant **internet supply** at home, amidst all odds, which we understand can be quite expensive, helping our young learners to access **YouTube videos, Zoom, Epic!** and other online resources recommended by teachers to assist our young learners, as they inquire more into Plants, Animals and Water and carry on with their unit projects.

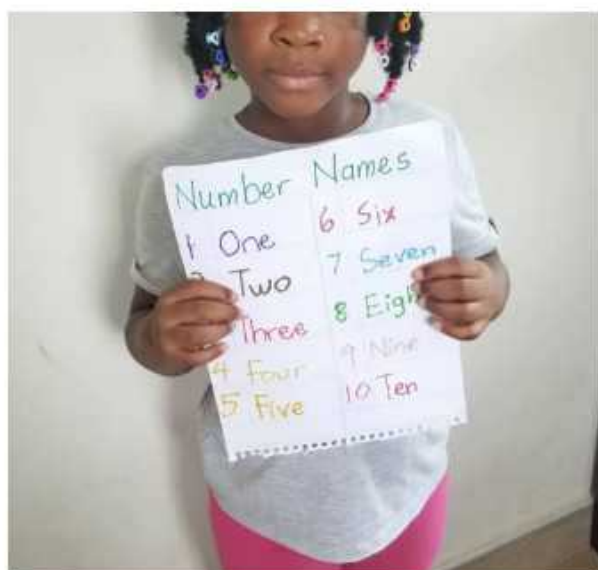
After the completion of tasks, our Parents fulfil another **key** duty by sending in feedback on their ward's progress in the form of **photos, audio / video recordings** or some other means requested by the teacher via ManageBac, or WhatsApp, to make room for their ward's tasks to be duly assessed and the necessary feedback given by teachers.

Even though many of our parents may have resumed fully with their work after the partial lockdown has been lifted, they still make some time out of their busy schedules to join in **Meetings** and **Info Sessions** via Zoom. In their absence, they do well to make arrangements for their wards to be fully attended to by guardians or older siblings who ensure that our Early Learners carry on with their learning as expected. Indeed, our Early Years Parents are doing an amazing job every step of the way and they deserve our **utmost commendation!!**

We truly understand that these efforts and more have taken a huge toll on you Parents, in many different ways and that is why we want to use this platform to say a **GIGANTIC AYEKOO!!** to you all for all that you do and keep doing to support our Virtual Learning program in these unusual times.



Parental involvement in virtual learning





TEMA INTERNATIONAL SCHOOL

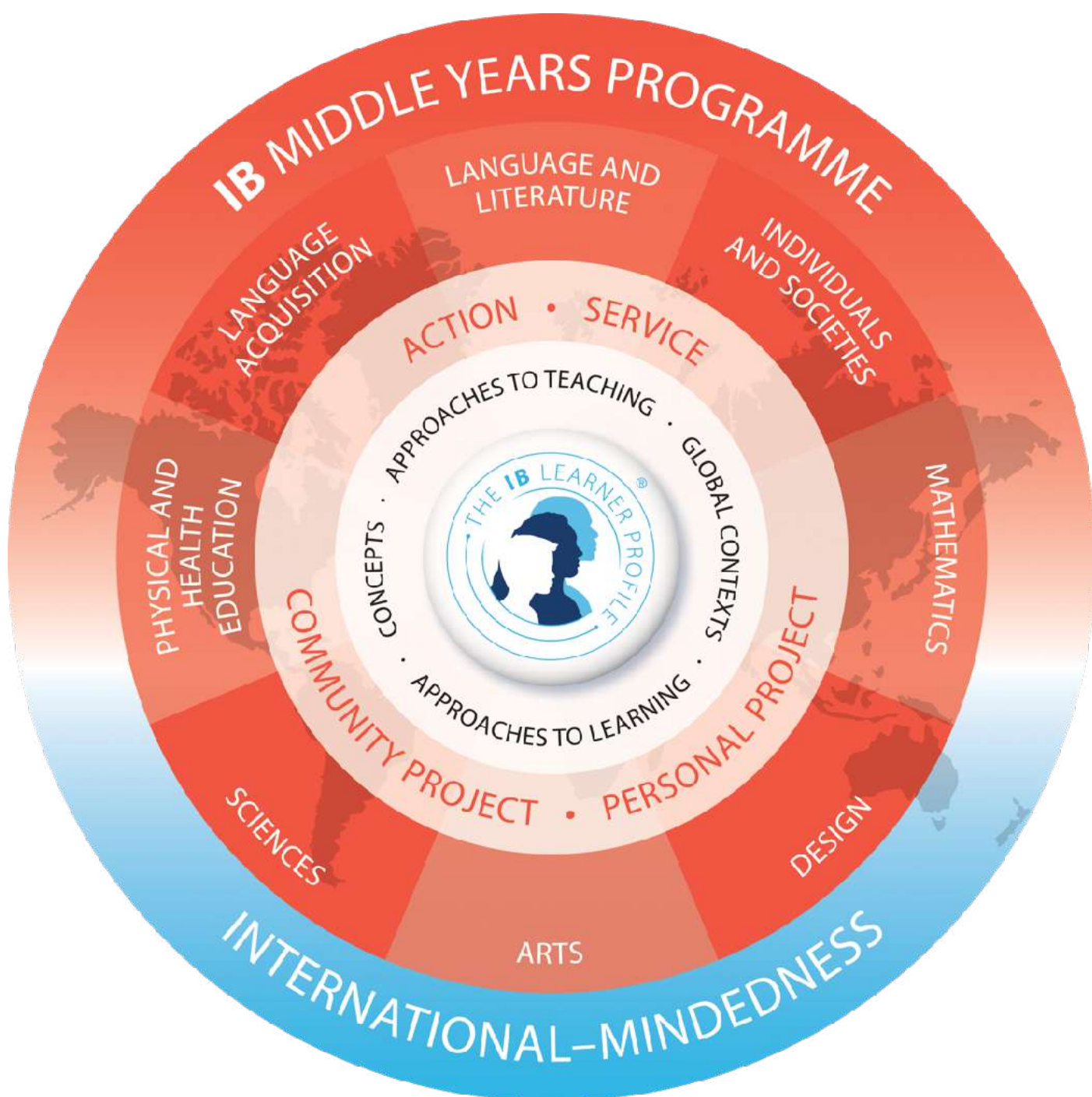
ACADEMICS



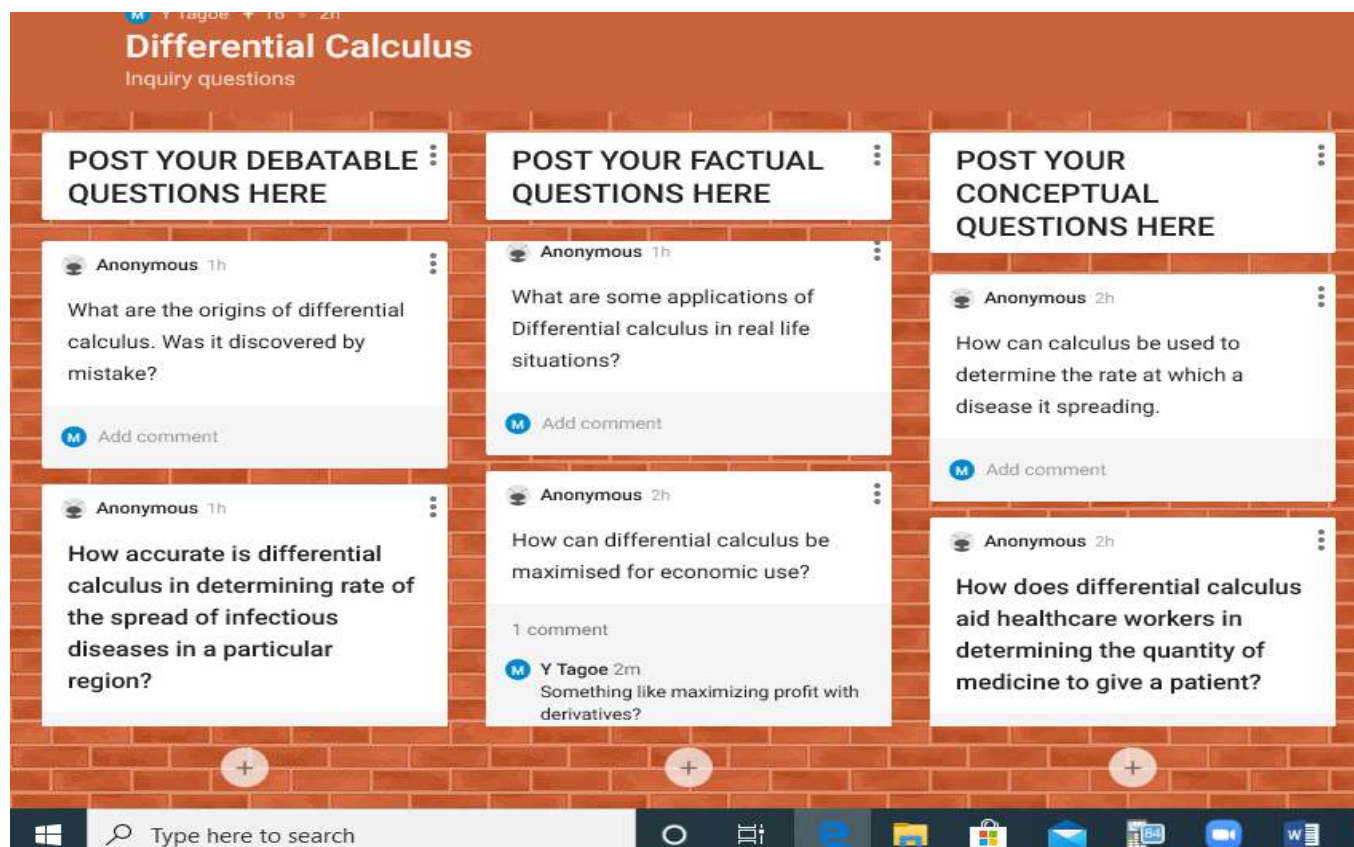
At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



EDUCATION FOR A BETTER WORLD



The Continuum (A Peek into the Future)



MYP5 Mathematics has begun the migration into DP1. Over the next few weeks, MYP5 (Grade 10) students will enjoy the experience learning activities which are meant to introduce them to topics at DP level. At the MYP level, students learn to develop inquiry questions similar to research questions used at DP. During their Personal Project they linked their inquiry to a global context and many of them already have an idea of how they might take their personal project ideas into CAS at DP.

In an activity for a gallery walk this week, two groups (from Extended and Standard Mathematics) have also demonstrated how MYP mathematics leads into differing forms of inquiry at the DP level. Students took their new knowledge from MYP lessons in differential calculus to present factual, conceptual and debatable inquiry questions as posts on a virtual wall (seen above). The inquiry questions posed here link directly into Theory of Knowledge (ToK), the Extended Essay (EE) and the Internal Assessment (IA) of the Diploma Programme. Their virtual wall is a peek into the future after the first TIS MYP5 students graduate into DP with their enhanced concept-based and inquiry-based learning skills.

Language and Literature Corner

This week, we are excited to share some reflections from the pioneering MYP 5 students on the impact the learning engagements in Language and Literature has had on them and their expectations and readiness for the Diploma Programme in August 2020.

My Lang-Lit experience in MYP 5 was generally quite smooth mainly because of how well I was able to grasp basic key concepts in MYP 4. Even though I was able to comprehend most of the lessons and tasks I had in MYP 5, there were a number of topics and assessments that really challenged my understanding and how well I could embody all that I studied in responding to various summative tasks. I can boldly say that my thinking, communication and reflection skills have been greatly developed.

Lang Lit classes were always interactive and made room for collaborative tasks so different perspectives and opinions on topics could be highlighted. This aspect in particular helped with my collaborative skills. Group tasks also helped me to be more open minded when working with people.

I expect my DP classes to follow the same pattern since the MYP and the DP are not far off from each other in terms of their underlying principles (The use of Key Concepts, IB learner profile attributes, etc.). I expect the DP to be more rigorous, tasking and engaging. Despite this, I am positive that because of the solid foundation we had from the Middle Year's Programme, we will be able to settle into the DP quickly and be amazing IB students in the end. **Marge Hagan**

Experiencing MYP for the first time has been nothing short of challenging, yet a valuable experience. Joining the class in Grade 10 presented its fair share of challenges as I had other outstanding requirements to meet before completing the programme. In spite of these, my journey in Language and Literature is one that I have truly loved and won't like to trade for anything in this world.

In Language and Literature, we focused mainly on writing; including both fiction and non-fiction pieces, and on literature as well; where we studied the novella, "The Metamorphosis" by Franz Kafka. This posed a challenge to me as I was used to more grammar and less of writing and analysis. I knew this was going to be a very difficult experience for me but I sailed through and became more confident in the course than I ever have been.

Other things that were very vital in my experience and which have helped me to greatly improve as a person and in my language proficiency are the ATL skills and learner profile attributes such as being balanced, open minded, developing research skills and self-management skills. I know these experiences I have had and skills acquired would be a booster for my DP journey; I believe this would be lovelier but rigorous. **Adeline Adjei**

To be honest, I really did not like the study of English in any school I attended. My experience in TIS has, however, changed that perception. What interests me the most during Language and Literature lessons were the debates, Socratic seminars and other fun but educative activities that we experienced. These activities have been an eye-opener. As a result, my vocabulary and communication skills have been taken to a whole new level. Public speaking was never my thing and it was probably one of the reasons why I did not enjoy going for English lessons, but after some activities, especially presentations, I have been equipped with the skill of public speaking which I can do anytime.

I am confident the time has come for me to move to the next level and to embark on the Diploma Programme journey. **David Safo**

MYP Language and Literature in TIS has been a remarkable experience despite having to switch between teachers in the second part of the academic year. As an MYP student progressing to DP, I have acquired some important skills which will enhance my performance. Some of these skills include: self-management and time management skills which enabled me to finish my tasks on time. Some of the tasks were group work and required some decent effort of collaboration and communication skills has now made me more tolerant of the views of others. I improved on my reflection skills by constantly thinking over teacher's comments and making sure never to repeat some errors ever again.

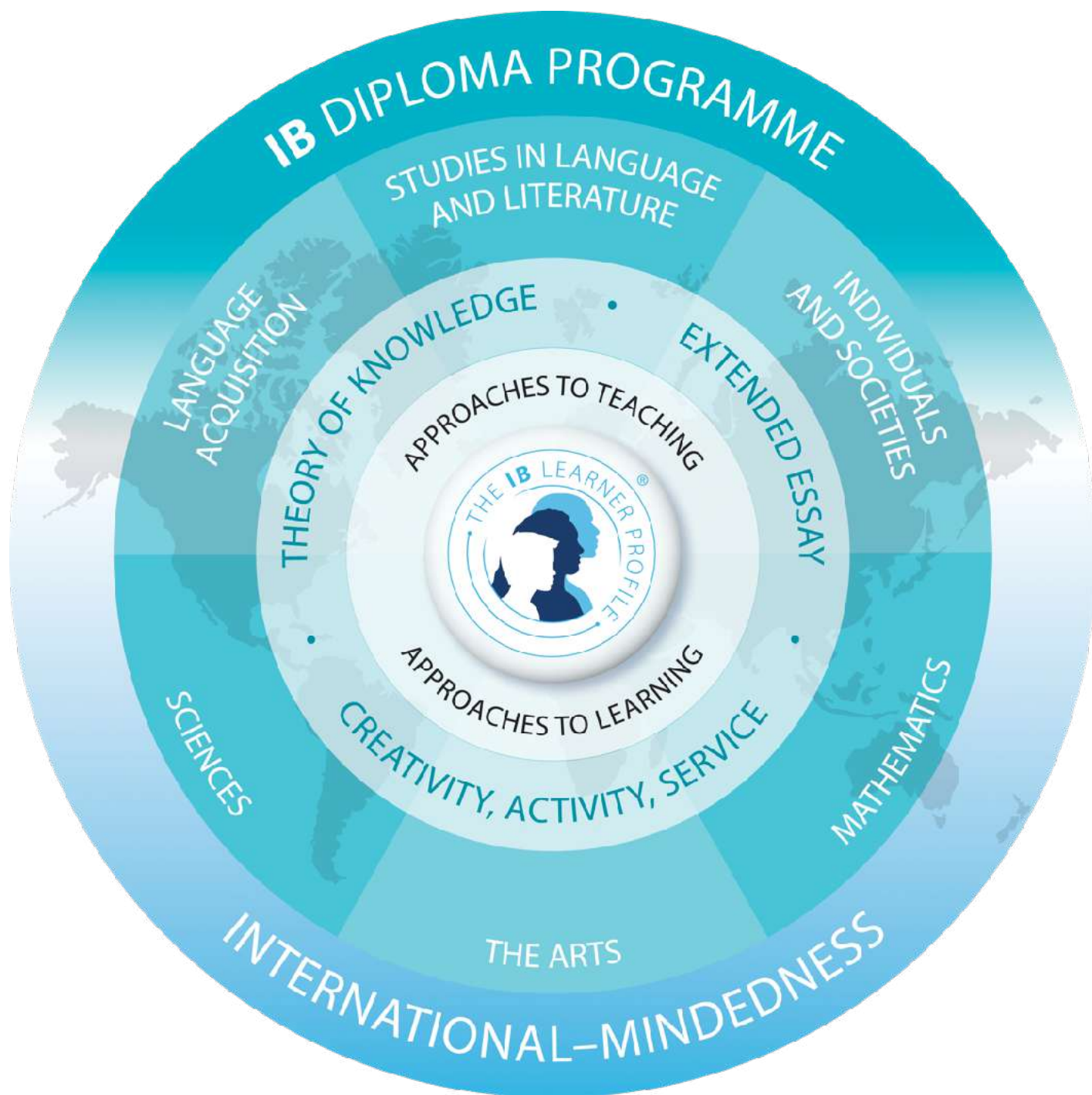
I look forward to mastering more ATL skills in the Diploma Programme as I expect more challenging tasks in in the programme. **Kevin Cudjoe**

Most people believe that once they can write a few paragraphs and identify a few literary devices they have basically finished their Language and Literature syllabus. Although I can write a few paragraphs and identify literary devices, I found out during my Language and Literature lessons that I needed to do more to develop my basic skills in communication.

Some of the learning engagements in language and literature included researching into different forms of writing (academic, personal etc.) and analyzing literary and non-literary texts (posters, billboards, videos etc.). These have helped my communication skills. I also learnt how I could apply my transfer skills. For example, we were once asked to plan a presentation on Global Warming. For this, I used my transfer skills to apply the knowledge gained from the biology to the task. All these have greatly helped in my communication.

As part of the pioneering batch of MYP class, I am of the view that the skills we have acquired will very much help in our TOK and Extended Essays. Thanks to the foundation we have had from these lessons, I believe my grade is well-prepared for the DP. **Cyril Davies.**





APPROACHES TO LEARNING IN THE DIPLOMA PROGRAMME

The Diploma Programme (DP), as one of two programmes at the final stage of the IB Continuum, offers young people aged 16-19 an opportunity to take their inquiry a notch higher and prepare them adequately for education beyond secondary school and life afterward. The core of the DP - theory of knowledge (TOK), extended essay (EE) and creativity, activity, and service (CAS) provide a foundation for the development of competencies and skills that will be useful in further education. Another important aspect of the DP and for that matter, all four IB programmes is the Approaches to Teaching and Learning skills. These are skills that augment teaching and learning pedagogies and develop students into life-long learners.

The approaches to learning skills (ATLs) are used in the broader sense to involve not just cognitive skills but also affective and metacognitive skills. The ATLs are broadly categorised into five groups: thinking skills, research skills, social skills, communication skills, and self-management skills. These five categories are further broken down into ten cluster skills and several skill indicators.

ATL skill categories	MYP ATL skill clusters
Communication	I. Communication
Social	II. Collaboration
Self-management	III. Organization
	IV. Affective
	V. Reflection
Research	VI. Information literacy
	VII. Media literacy
Thinking	VIII. Critical thinking
	IX. Creative thinking
	X. Transfer

These skills are not standalone competencies that are developed in the Diploma Programme, rather, they are embedded in each of the six subject groups and the core. Thus, articulation of the ATLs across these areas increases students' success in further study. According to the scope and sequence developed for the implementation of the ATLs across the whole school, students in DP1-2 (Grade 11 and 12) must show mastery of these skills.

The use of critical thinking skills in the TOK course cannot be overemphasized as students are required to question knowledge and reflect on the production and acquisition of knowledge. As knowers, they are expected to meaningfully reflect on their understanding of knowledge issues across the various areas of knowledge and determine how they know what they claim to know. These skills are extensively assessed in both assessments (presentations and essays) in the course.

The Extended Essay (EE) is a good opportunity for students to continue with their inquiry from the Personal Project in the Middle Years Programme (MYP). Unlike the Personal Project, which is inter-disciplinary, EE is disciplinary. The use of research skills, communication skills, and thinking skills is highly desirable. There is evidence to show that students who perform well in the extended essay demonstrate mastery of these skills.

CAS certainly is a culminating experience in which students use these skills to undertake various service-learning projects. At TIS, the CAS experience for our students is one of the best in the world and arguably the best in the country.

There is definitely a connection between every aspect of the Diploma Programme and the approaches to learning skills. Not only that, "By developing ATL skills and the attributes of the learner profile, DP students can become self-regulated learners" (IB, 2014).



TEMA INTERNATIONAL SCHOOL

CULTURE



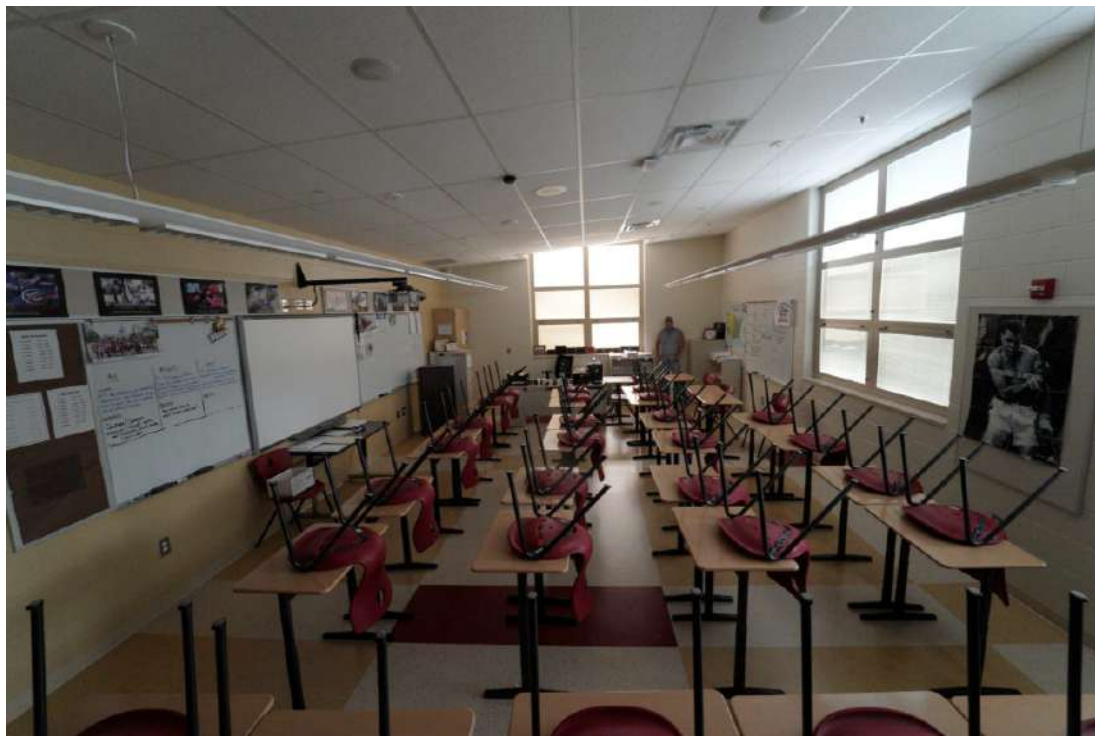
At TIS, we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.



EDUCATION FOR A BETTER WORLD

HOSTEL NEWS

COVID-19 FEVER WE MISS SCHOOL



The outbreak of the global COVID-19 has made self-quarantine and working from home the new norm. Some of our daily activities like waking up early to use the gym, swim, and getting ready for breakfast and going down to the classroom block for lessons are on hold. Your hostel parents miss you greatly and we know you miss school too. The COVID-19 pandemic has separated us but know that we are together apart.

In these trying times, please follow the Government's directives. It is important to also bring in a sense of purpose and sanity by creating a daily routine for yourself. Be creative and take advantage of every opportunity this season brings while at home.

All your Hostel Parents would like to encourage you remain focused and follow these routines while at home.

Maintenance of Study Structure

With the online learning, it is important to structure your time and prepare a learning space to study. In this period keep your brain active and read widely!

Create a Time-wise Schedule

Stay on track by fixing your sleeping time, waking up time and all your meal times. Make it a point to build your immunity by taking adequate rest and consuming nutritious homemade food.



Make Time for Exercise

Since all your conventional morning commitments have disappeared, you will be left with a lot of extra time. Use this opportunity to create a healthy lifestyle by exercising and practising meditation to reduce stress. Both you and your family members need to be physically active even if you stay in a compact home. This will not only help you to maintain your calm but also give the strength to pass through this pandemic. You could look at online workout lessons. You could even get your friends to workout with you, together on Skype!

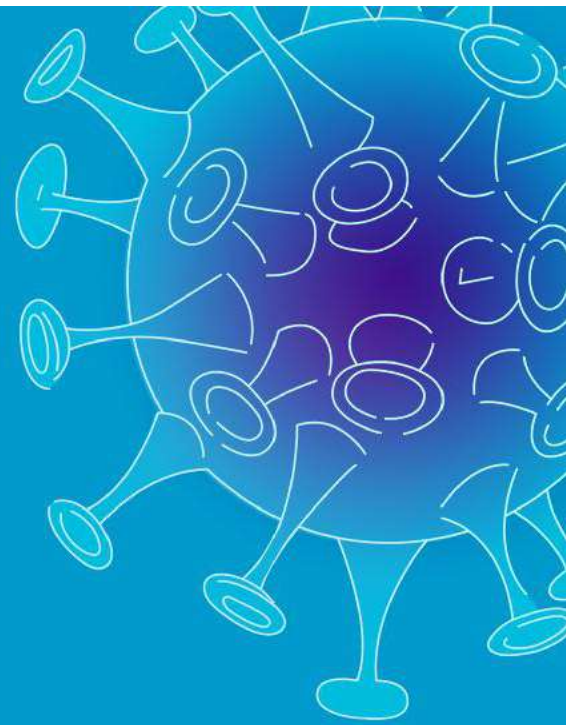
Dress Up

Staying home can leave you feeling lethargic and demotivated. One way to feel fresh and happy is simply dressing up. Put on a nice, crisp shirt, and trousers/pants and feel like you're getting dressed for the day. Even some light makeup would help.

Spend Quality Family Time

This is the best time to slow down from the fast-paced life of the real world and spend some quality time with your siblings and other members of the family. Play conventional board games and reach out to your loved ones through video calls to give them strength and assurance to cope with these times of uncertainty. This lockdown will definitely test our mental strength and patience, but it is our responsibility to respond positively and make the most of the present situation.

<https://www.architecturaldigest.in/content/how-to-create-a-daily-schedule-during-the-covid-19-lockdown/>



Be **INFORMED**

Be **PREPARED**

Be **SMART**

Be **SAFE**

Be **READY** to fight
#COVID19

For the latest health advice, go to:
www.who.int/COVID-19



UNITED NATIONS



World Health
Organization

PLEASE NOTE

Tema International School is **CLOSED until further notice due to the COVID-19 pandemic.**

Deliveries should be handed to security at the Promise Street entrance.

To make contact with TIS during this period of closure, please email: info@tis.edu.gh

We apologise for any inconvenience.

Stay healthy by observing all recommended health practices.

TIS Management

CAS-SA Corner

What do you miss most about school on the campus?



Schools are about students. I miss the laughter, their tardiness, their focus, their excuses, their humour and their determination. I miss them. I enjoy the feedback about student participation in online learning. It has been hard for everyone: students, staff and especially parents. But I am proud of those students who demonstrate their commitment to learning, despite all obstacles.

Teachers have been able to access school pre-and post-lockdown to ensure TIS has emerged in this COVID-19 world. It has been equally difficult for teachers to move from actual (real) to virtual

teaching.

As long as we are learning from what we do each day and improve the learning experience, I will be happy. Conversely, if families are experiencing issues with online learning, please advise me or class teachers so we can best address these issues.

I was excited by the President's message to review school closures on 10 May. I hope schools may reopen from 11 May to satisfy most prayers and hopes for all of us. Stay healthy. **Dr Ken Darvall – Principal**

These past few weeks have been very unproductive at home as we take our classes online. The act of being at home makes students to become relaxed rather than to study. I personally miss school because I would rather have face-to-face interactions with my teachers which would be more productive and convenient. I hope we could globally overcome this pandemic for our everyday lives to go back to normal, so we can go back to school. **Terence Mwindaare – G11**



What I miss more about school is seeing the students all over the place. Coming for class late and arguing with me about the time they got to class. Having students come to the department for extra help or just to say hi (when they need something from us most of the time). **A happy teacher ☺**



On Monday, 16 March, when it was announced that we were supposed to depart to our homes due to the COVID-19 entering the country, every corridor was filled with excitement and cheers, but it took me less than 48 hours in a confined environment to realise how much I miss everything in school, even the little things that I took for granted. From the common room football nights, to soccer and volleyball training, to engaging with my teachers, to Mr Tay and Mr Adipah's lectures during common room and most importantly spending time

with my Anthony boys! I see the number of cases increase alongside my fears of not being able to get back to all these activities I fondly miss soon. Unfortunately, a return this semester seems rather unlikely, but I really hope and pray everyone is keeping safe and following the appropriate guidelines. Please take care of yourselves so we can all meet up with smiles when everything clears up. Can't wait to see each and every one of you!

Stay Safe! Arnold Fiifi Gyateng - HOA

I miss the motivational atmosphere in school, most of the students making the best of their time to make progress in their academic and extracurricular achievements, therefore I am also inspired to push myself more and more. However, in the house, despite the fact that family is sweet, they can really be a source of distraction sometimes, especially the younger siblings. That makes my learning not as efficient and I am always be tempted to join their activities. **Bennett G11**



It's been 32 days since the President ordered the shutdown of all schools in Ghana and declared partial lockdowns across the nation. Life as we knew it has been transformed dramatically, though I'm not yet sure if it's for better or worse. What I do know for sure is that I miss the homies terribly. I miss all the games we played together, all the heated street soccer matches and water polo competitions. I miss recording comical masterpieces down the hallways with my Outsight TV brothers, videos that'll fill the MPH with gleeful laughter. I miss the pressures from Mr. Akortah to either fix the feedback from the microphones or ensure the projectors are calibrated to the right inputs. I

miss the heartfelt moments I spent with my friends as we lay on Mr. Tay's car and stared into the boundless sky, the night sky filled with stars that symbolized our many goals and aspirations. However, as my final year of high school speedily approaches, and the pandemic continues in its determined decision to remain, I wonder if I'll ever have the opportunity to experience and relive those invaluable moments. I can only hope for this season to pass soon so things go back to how they were, I miss life on campus so much.

Edward K. Quansah-G11

Students, I miss you. I really miss you. You may say we meet online; yet, it's not the same. I teach you online; I see you online; we interact online; yet, I miss you. Students of TIS, I miss you. I miss the face-to-face interaction in class; I miss you coming to call me for help after school or during your free periods.

Lord, please, have mercy upon humankind and wipe COVID-19 out of the surface of the earth so that it will be safe for my beloved students to come back to school.

Monsieur Mensah French Teacher and Patron of TIS Red Cross Society



I actually could begin school right now. Like I really miss school. Honestly speaking, I rather prefer actual school to online classes. I miss my friends too and the good times we had at school together. I really can't wait for the quarantine to be over. What I'm most excited for right now is when the whole COVID-19 is over and I can finally go on and see people again. I also really miss the hostel life. **Aaliyah G10**



Well....I miss working with colleagues at the department; the jokes and laughter we share while working. And I miss my students; having physical contacts with them is nothing compared to the virtual classroom. **Mavis, Art Teacher**

I miss playing *Uno* with my roommates after prep. **Alberta Addo G11**

I miss bantering with my roommates and friends as well as playing football and going to the gym. **Elrad G11**

I miss collaborating with my friends in class. Especially my Lit SL class!! We learnt and had fun as well. I really miss the people in the class too! **Salma Roland-G11**

I miss checking the girls at gate. Laughing with them or getting frustrated with them. It was nice because we were building connection with all of them. **Lydia Boahen-G11**

What I miss the most about being in school is playing sports with my friends. I miss the feeling of adrenaline and the fun that comes with playing together after school or on the weekend. **Darin Sarpong-G11**

I miss the feeling of being in the MPH during breakfast. There was just this thrum of energy from everywhere; people are fresher, excited, laughing with their friends and eating and the promise that the rest of the day is going to be as fast and furious as the one before. **Charity Apreku-G11**

I miss the fun times with my roommates and laughing all the time with my friends. I miss my girls (Cecilia!!) and I miss my council table buddies, and also going to the gym in the morning!!! **Isabel Prempeh-G11**



I miss my hanging out with my friends after prep and most importantly the spring rolls! I miss going for all my CAS activities as well. :) **Jackie Buba**

Honestly, the change was unexpected. I miss the MPH, I miss the constantly being surrounded by noise and small chatter. I miss talking to the juniors and making sure they're okay, having common room with the girls and just being thrilled by their presence. I miss my roommates, I miss my

table mates, and I miss all my extra-curricular activities, especially Insight TV and Debate Society. I miss constantly having friends around and laughing with Outsight TV. I miss being a video room shadow. Honestly, I miss the school environment way more than I have expected. Online school is definitely different, but learning to learn in a new way is great. **Adoma-G11 – Cecilia Hostel Executive**

With schools closed indefinitely due to the novel COVID-19 pandemic, physical interaction with my students are impossible. Although virtual learning is a good compromise, it is never the same.

I miss the human interactions, the lab work and all the chemistry experiments. The colour changes, the effervescence, the pungent smell, the explosions, the fun, as well as the frustrations. This academic year, I won't get to witness my favorite sporting event, ISSAG Girls Soccer Competition. You can never get the final match wrong, TIS vs SOS. You are assured of entertaining drama with no dull moment. The ending has always been the same, the best team never wins and we are left with the job of consoling one set of teary girls. Before the virus came, we were planning on changing the narrative.

When this pandemic passes the best team will win and the cup will be ours. **Edem Amenoo Chemistry Teacher-Friends of the Zoo/Animal Lovers Club Patron**



Wow... it's been so long since we have been at school, I miss you all very much. Sometimes the memories of the Fridays I spent at the sports complex trying to perfect my swimming skills, or the fun and very entertaining Common Room meetings held by **Elrad and Arnold**. I also really miss my

Computer Science with **Mr Fudzagbo**, very interactive. The one thing I enjoy about being home is all the free time I have, I can confidently say I have reached all my deadlines!

I hope a cure is found soon so that things can get back to normal. I can't wait to go back to my normal lessons, especially my Language and Literature classes with **Miss Koree**, because even though Zoom allows me to continue my classes, I don't feel the teacher-student relationship like before. **Mama Su's** desk is no longer there for me to pass by and say hi to her and the rest of the **CAS team**. Hopefully, you are all staying protected for us to all reunite at school and be that one big happy **TIS family** again. Make sure you're washing your hands and drinking lots of water. See you soon! **Joseph Bryan Grade 11**

It's been weeks of mixed feelings since school closed down and I must say I reaaaaaaallllly miss my students. As I told some of them during our Zoom classes, I miss seeing them and sharing agreeable class moments with them. All I want and pray for, is to see my 'BUDDIES' again.

I believe they are following the precautionary measures and we will hopefully see each other **SOON! JE VOUS EMBRASSE**. **Miss Gilda (French teacher)**

I wish I could go back to campus, because I miss my friends a lot. Staying at home and having classes is difficult, more than anything else. **Cynthia Nutsuakor Grade 10**





I always looked forward to morning assembly. I loved Mondays, because of assembly. There is something special when everyone, staff and students are all gathered together, if we have guests, even better, I am always so proud of showing off my school. During school plays, oh my, oh my. I miss the many events, the buzz, the preparations, the anticipation, the smiles and angry faces, the arguments with my peers, knowing that at the end we always get it done. And this year the highlight was the Personal

Project exhibition that was marvelous. I still can't believe we did all that. My friends published their own books; very good stuff.

I miss ASA and walking to the sport complex after 4 PM with the boys. Sometimes we meet the Principal, Dr Ken, on the way, and he always asks how we are doing. It's always very nice when he talked to me. I miss my hostel parent, Mr. Atseku. Common room is always so nice. I feel that I have a family, many fathers and brothers. I miss the Peer buddies; Aku was a big sister. At home, it can be very lonely. I miss the discipline and the morning drama of doing our chores in the hostel.

Once I was told that the Founders wanted the school to be a home away from home. Well, it is more than that. I miss the food, always on time, always pepperish and the servers asking how I am doing. I love bro Yaw and Auntie Sophia. I really love my school, the nurses, my teachers, my classmates and the security people reminding me of my goodies at the gate. There are people all over, it's never alone and everyone cares, even when they are blasting you. **A G10 who can't wait to go back to school.**





Community Project & Service as Action Updates

Dear Parents and Students,

We hope you are all keeping safe and considering the precautionary measures to avoid the spread of COVID-19.

We continued our online classes for Service as Action last week when we returned from our mid-semester break. So far it is been different and

adjustable. Discussions are always fun and precise. The plan for the remaining semester has been outlined to each MYP class and students are fully aware of the requirements per the current circumstances. This plan was discussed according to the IB framework for Service as Action in these times which states that schools can modify the requirement to suit the current situation as service as action does not count hours, only the achievement of the seven

learning outcomes. It stated that hopefully, students (MYP 5) may have most of their learning outcomes completed with a final deadline on the 1 June.

MYP5-Grade 10 – the Continuum – CAS awaits

Good news, TIS MYP 5 students had achieved most of their learning outcomes before the pandemic. A final transition into CAS in the form of a work book was released for students to complete. It required students to have a major reflection (throwback) of all the activities and projects they have been involved since Grade 7 - MYP2. It tested their understanding of their Service as Action experiences, how they achieved the learning outcomes, the impact of their Community Project and it ends with stating CAS ideas for the DP level. Most students have submitted to date.

Students' individual portfolios on ManageBac are been prepped for transition into CAS and we are excited about their growth and are very confident they have acquired a strong foundation to develop and create impactful Creative, Activity & Service ideas.



Watch this space.

MYP4-Grade 9



MYP 4 was making meaningful connections between their lessons and real life situations before the pandemic. More so, there was a lot emphasis on understanding the Global Sustainable Development Goals, how to critically think on ways to achieve these UN goals. In the online classes, these discussions are ongoing and students are encouraged to be engaged while at home. They are at liberty to engage

in meaningful activities geared towards the seven learning outcomes of Service as Action.

Some of the activities that came up include: *designing a fitness routine, walking a dog to track the miles walked in connection to staying healthy, planting a container herb garden, using Maths to measure the litres of water used to wash the cars at home, instead of using the water hose to save water, assisting a younger sibling with his or her online classes/homework, painting, crocheting for babies in the family, journalling about the pandemic, creating a song with the precautionary measures of the COVID-19, learning skills online (DIYs), starting a YouTube channel. Using tiktok to create awareness about a cause, learning to bake or cook*, the opportunities are endless and students are excited to take pictures and video their activities as evidence. They are at liberty to be indulged in more than one activity and upload the entire experience on ManageBac. During the classes students will discuss their progress and experiences.

Community Projects

MYP3-Grade 8

A big thank you to all supervisors of the last Community Project season and the incredible grade MYP3-G8 students for a successful Community Project. If you missed the presentation on 6 March, you missed a great deal. The projects and presentations by students were phenomenal and almost perfect.

They all took charge of their various stands and thrilled their audience with spectacular presentations. A big shout out to *Ms. Linda Adika, Mr. Gabriel Atseku, Mr. Eben Asime, David Difie, Mr. Kingsley Attah, Mr. Alex Tay, Madam Agbeli, Vannesa Oddeye, Mr. Eric Fudzabgo, Rahman Adam, & Ms. Setor Adih* for their unwavering support during Community Project preparations. Community Project is internally assessed and the results of their efforts will appear on the end of year report to be published in June.



Moving on, Grade 8 students are encouraged to engage in activities while at home as these will count as Service as Action. Most importantly, they are to consider the Seven Learning Outcomes and find meaningful connections between their lessons and real-life situations. Advocacy Community Projects are ongoing on social media platforms which may also count as Service as Action. We have the Poetry group creating a poem about COVID-19. All of the activities will be recorded on ManageBac. Look out for updates here in the Bulletin.

MYP2-Grade 7

Before schools closed down, Grade 7 students were brainstorming on projects from their various subject units and were engaged in *After School Activities*. In the online classes, we are discussing the possible continuation of these projects and going through the seven learning outcomes for a deeper understanding of the requirements.

Furthermore, the understanding of Service as Action is leading the grade into Community Projects. The basics and introduction will be done by a few Grade 8 students who will be invited into the Zoom class to assist Grade 7 into the beginning of their Community Projects. Due to the pandemic, students may not be able to develop their Community Projects in groups. Those that choose too will undertake online collaborative tasks. The entire brainstorming stage will be recorded on ManageBac.

Stay tune for the incredible ideas come to life in our subsequent bulletins.

Stay safe Stay Healthy.



Recommended online resources for virtual learning

Salma Roland G11

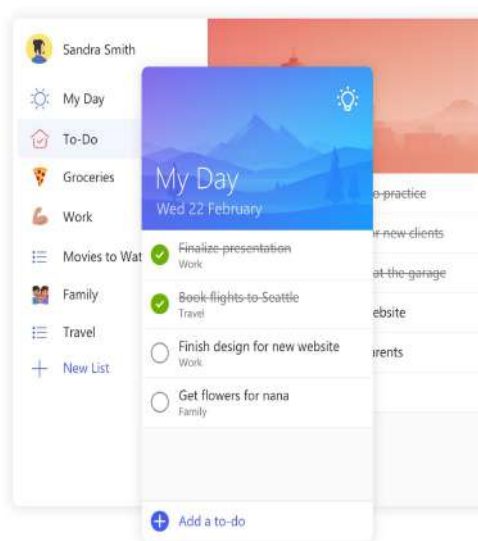


Hey there!

How has your week been so far? How have your classes been so far? Hope you're doing good.

It's a lot to juggle all at once, but we'll make it, trust me. The best way to make all of this easier is to be well equipped with the right resources. Depending on the courses you take, there will obviously be some good websites or applications that will aid you to excel in this virtual learning era. Besides the more common ones made available by TIS (**Exam-Mate, Kognity, SmartPrep, etc.**), here are some recommended websites/ applications.

I advise you to do a little research as well because these may not be the best for your personal style or may not be tailored for your course, but these are the ones I recommend. Feel free to share any new ones you find.



1. MICROSOFT TO-DO:

This is a daily planner I found out about last year during my IGCSE times. This really helped me stay on top of all my deadlines. This can be used for both school-life and home-life as there are different categories you can make for different activities you need to do. I always loved this app compared to the rest because you could change the background with fun colours and it automatically cleared all activities after the day ends. It was very simple yet very useful. This will really help you remember your agenda for the day and help keep up with personal studies day by day (for those who find it hard following structured personal timetables).

2. KHAN ACADEMY:

This website has almost everything! There are so many subjects and courses available to explore on Khan Academy. They also offer videos of their lessons on YouTube, offering more detailed explanations. They have a very special SAT course, which is also free! This can really help out anyone interested in writing the test soon. They harness self-paced learning as in the beginning you are asked a series of questions which will help them tailor your schedule. This is truly a top pick for the freebies!



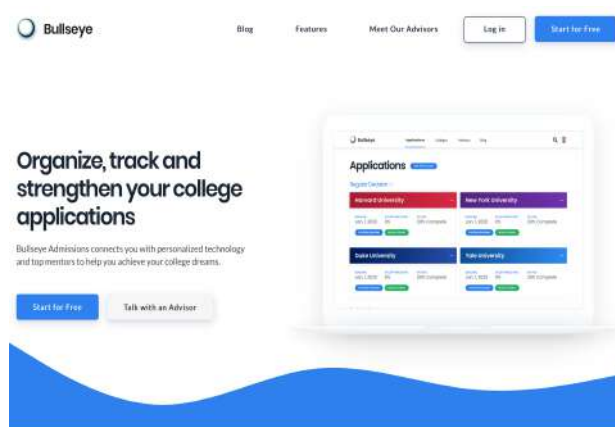
3. QUIZLET:



This resource has been around for such a long time and I think it is much underestimated. Quizlet has so many sets of flashcards that can help you memorise fundamental terms in a subject.

I realised the value of Quizlet only a year ago and trust me, it really helps. These definitions and explanations have been made by students just like us, so for me, it makes it more comprehensive. Quizlet is always a must-have!

4. BULLSEYE:



This one is for my IB1s!! Trust me, you'd want to be using Bullseye during your college admission process. They help you plan out all the things you need to work on and submit to all your schools! Also, they have a large advising platform for CommonApp essays as well as specific supplement essays. The advisors are either people who got accepted to the school or current students of the school.

Please note that there is a fee you have to pay but it truly is worth it. They advise you on other things like whether that school is for you and can also help you

with school interviews. In almost every college decision video I have watched, excelling students recommend this app a hundred percent. It will really help you stay on top, especially considering our College Guides won't be there all the time to remind us about our deadlines at home. It's more motivating to see the real, worldwide deadline! 100% recommend this.

That's all for now!

Hope you use these. Let me know how it goes! Email me at salmaliyo12345678910@gmail.com

Until next time!

Stay tuned.

Yours, *Quarantine Buddy* ☺

#TISDukies Corner



Proud to deliver

**THE DUKE OF EDINBURGH'S
INTERNATIONAL AWARD**



Duke of Edinburgh's International Award Temporary Changes to DofE programme requirements

We want every young person to have every chance to complete their #DofE – which is why we're introducing temporary programme changes to support our Leaders and participants, both during and after the lockdown.



“We're determined that young people shouldn't miss out on doing their DofE because of the coronavirus outbreak – and we want to do everything we can to support you so your participants can keep doing theirs, at what we know is a really challenging time. To help you keep supporting participants, both now and when the lockdown ends, we're introducing these temporary changes.

1. Participants can now volunteer for family members, for example by mentoring or coaching younger siblings.

However, this should be more than a participant babysitting, or helping out with their usual chores!

As with all DofE activities, they should be structured and help the participant to meet the benefits and outcomes of the Volunteering section.

Participants can choose to volunteer to help any family member, but we would suggest coaching or mentoring a family member, particularly younger siblings, as an activity which can easily be structured and help meet the outcomes of the section. This could include:

- mentoring a younger sibling and helping them with their schoolwork or homework.
- coaching a sibling or another family member to learn an instrument or develop another skill.
- organising a sports session or arts and crafts session for someone they live with to participate in.

Participants can plan their sessions using resources online, and record what they do using a programme planner and activity log.

If a participant wants to help another family member in a different way, then their DofE Leader will just need to check it's suitable by ensuring it fulfils the aims of the section.

As with all DofE activities, to maintain the value and integrity of a young person's Award, an Assessor cannot be a family member. However, you can find some useful information on finding an Assessor [here](#).

2. Participants can now change section activities more than once. Time spent on previous activities will still count towards completion.

Previously, participants could only change activities once per section. However, due to the pandemic, we know many participants have already changed activities to something they can do from home, and will want to resume their original activity once social distancing limitations are lifted.

Some activities participants are doing from home may also not continue when normal life returns (e.g. helping with the coronavirus efforts in their community) so they will need to find something new.

Participants can find out how to change an activity on eDofE [here](#). If changing activities more than once, participants will need to use 'revert to draft' and resubmit their programme planner with their new activity. Participants will also need to upload an Assessor's Report for each activity they have done onto their eDofE account.



3. When expeditions are able to resume, Silver and Gold Expedition Assessors will temporarily be allowed to be known to the expedition group.

Currently, Expedition Assessors for Silver and Gold level expeditions should be independent from the group. However, on a temporary basis, Assessors will be able to be known to the group (this includes helping run the DofE group, or supporting expedition training) – although they must still be an Accredited Assessor.

We hope this will help groups more easily access the resources required to run expeditions when they are able to resume, whilst maintaining the quality assurance measure of each expedition being assessed by a trained Assessor.

4. DofE staff members may be able to act as section Assessors, if required.

If participants require an Assessor for a sectional activity, they can request for a DofE member of staff to help – more information about this can be found here.

To protect the value and integrity of DofE Awards, other requirements will remain the same. However, we're continuing to look for ways we can be flexible to support you and young people at this time, and will update you if we introduce any further temporary changes. “

<https://www.dofe.org/dofewithadifference/programme-changes/>

#TISDukies

DoEIA-HoSA COVID-19 Social Project



The **HoSA COVID-19 Social Project** seeks to engage a group of young **Award participants**, as part of their Skills and Service, to:

1. Raise support for the StayHome; KeepSafe Campaign. Via Social Media
2. Produce and distribute hand sanitizers to the at risk, marginalized and vulnerable groups of young people in society. This is being done in partnership with the Smart Hygiene Group.

Target is to produce 500 litres of hand sanitizers for distribution to Children's Homes and the Senior Correctional Centre.

The Award Participants, TIS Dukies, interested to engage with this project kindly contact **Mr. David Difie** via ManageBac

<https://t.co/86dIMijxr2>

<https://www.dofe.org/dofewithadifference/programme-changes/>

#DofEWithADifference <https://t.co/rBvclq1m59>

“STAY HOME, KEEP SAFE” CAMPAIGN

Participants and award leaders can share a less than one-minute video, encouraging and advising young people to observe the various protocols and stay home in order to decrease the spread of the COVID-19.

Kindly send all video to me via We Transfer or email david.difie@tis.edu.gh

#TISDukies

To register for the DoEIA during COVID-19 quarantine kindly email the CASSA team, or send a message via ManageBac.



Proud to deliver












BRONZE
SILVER
GOLD

Award Levels & Timeframes

Minimum Age	14	15	16
Minimum Participation Period*	6 months	6 months or 12 months*	12 months or 18 months*
Service 	3 months	6 months	12 months
Physical Fitness 	3 months	6 months	12 months
Skills 	3 months	6 months	
Adventurous Journey 	2 days / 1 night	3 days / 2 night	4 days / 3 night
Residential Project 			5 days / 4 night
Plus...	All participants must do an additional 3 months in the Service, Physical Fitness, or Skills section	Non Bronze holders must do an additional 6 months in the Service, Physical Fitness, or Skills section	Non Silver holders must do an additional 6 months in the Service, Physical Fitness, or Skills section



* minimum time depends on whether participant hold a previous Award

You can also login your ASA - After School Activities, Service in Action and Community Projects, Creativity, Activity Service (CAS), Clubs, Sports, as part of the DoEIA program.

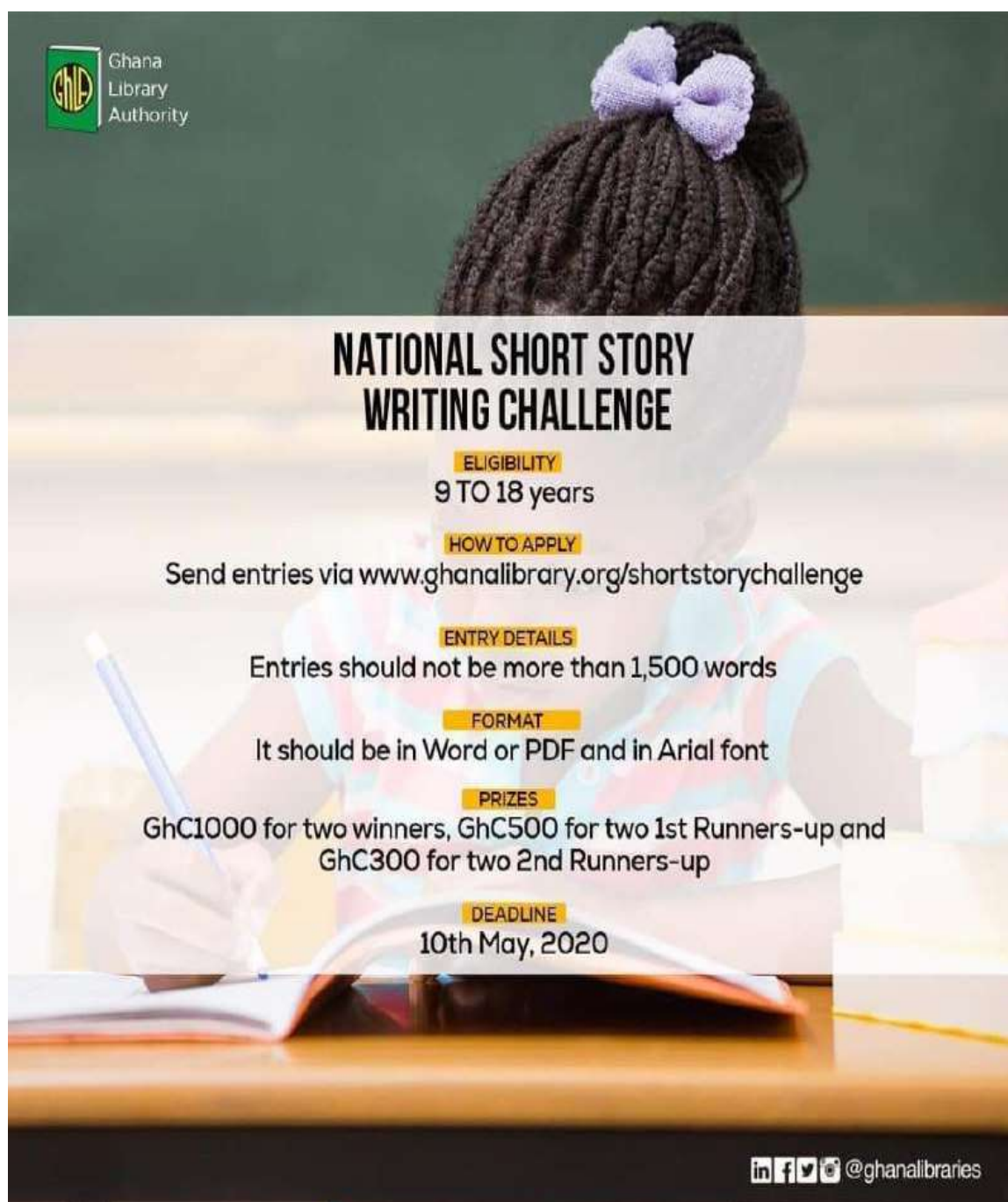
REGISTER

WITH Ms ABIGAIL AHIADORME AT THE CASSA OFFICE

COVID-19: LIBRARY AUTHORITY LAUNCHES NATIONAL SHORT STORY WRITING CHALLENGE

As part of measures to stimulate the minds of young people and to optimise responsible use of time during the stay-at-home efforts of government to fight the spread of COVID-19, the Ghana Library Authority has launched the “National Short Story Writing Challenge” to curate more short stories by young people and make it available for it wider audience through the Ghana Library App.

<https://ghanalibrary.org/article.php?cc=E32DBP>

A promotional poster for the National Short Story Writing Challenge. The background features a close-up of a person's head with dark braided hair tied in a bun with a purple fabric bow. The person is holding a pen and writing in a notebook. The poster includes the Ghana Library Authority logo in the top left corner. The title 'NATIONAL SHORT STORY WRITING CHALLENGE' is prominently displayed in the center. Below the title, several key details are listed in yellow boxes: 'ELIGIBILITY' (9 TO 18 years), 'HOW TO APPLY' (Send entries via www.ghanalibrary.org/shortstorychallenge), 'ENTRY DETAILS' (Entries should not be more than 1,500 words), 'FORMAT' (It should be in Word or PDF and in Arial font), 'PRIZES' (GhC1000 for two winners, GhC500 for two 1st Runners-up and GhC300 for two 2nd Runners-up), and 'DEADLINE' (10th May, 2020). At the bottom right, there are social media icons for LinkedIn, Facebook, Twitter, and Instagram, followed by the handle @ghanalibraries.

Ghana Library Authority

NATIONAL SHORT STORY WRITING CHALLENGE

ELIGIBILITY
9 TO 18 years

HOW TO APPLY
Send entries via www.ghanalibrary.org/shortstorychallenge

ENTRY DETAILS
Entries should not be more than 1,500 words

FORMAT
It should be in Word or PDF and in Arial font

PRIZES
GhC1000 for two winners, GhC500 for two 1st Runners-up and GhC300 for two 2nd Runners-up

DEADLINE
10th May, 2020

[in](#) [f](#) [t](#) [@](#)ghanalibraries

Celebrating the Class of 2020

Join us as we celebrate each member of the **IB Class of 2020** on a daily basis within our Social Media handles. Follow TIS on social media. Click on the links below and join us on **Twitter, FaceBook and Instagram**. Like, comment and share the inspiring Poster of each member of our graduating Class.

https://www.instagram.com/tema_international_school/ -

<https://web.facebook.com/TISGhana>

https://twitter.com/TIS_Ghana

TEMA INTERNATIONAL SCHOOL

Celebrating the Class of 2020

Tema International School is always proud of its graduating class. In 2020, with COVID-19 changing our daily lives, practices and traditions in so many ways, we are determined that each member of the IB Class of 2020 receives the recognition s/he deserves.



Thank you for so many special memories and for making us proud. We look forward to you continuing as alumni members of our TIS family while you continue with the next stage of your journey. Best wishes.

Dr Ken Darvall
Principal

www.tis.edu.gh

Celebrating the Class of 2020

Today, we celebrate **Dwayne Gyateng**.
You are a kind young man. You rock!!!!

 **TEMA INTERNATIONAL SCHOOL** 

Celebrating the Class of 2020

I've been in this institution for six memorable years and I am most proud of the meaningful and lifelong friendships I've built during my time here. I am also proud of being a co-founder of a student-run business on campus. Watching soccer and having laughs with the boys is one thing I will miss for sure. My next destination is at university where I will be majoring in Economics and Computer Science. In five years' time, I will be pursuing my Masters in Economics.

Dwayne Gyateng
IB Class of 2020

www.tis.edu.gh

Celebrating the Class of 2020

Dear **Betty**, your six-year journey through TIS is inspirational.
You brought the fun to the party!!!
You will be missed.



 **TEMA INTERNATIONAL SCHOOL** 

Celebrating the Class of 2020

I joined TIS in Grade 7. These years have honestly been my best ones. I am very proud of being a part of the Breast Cancer Awareness CAS Project and for completing the Economics HL course. I am also very proud of how much I have grown as a person. I will join Ashesi University to study Business Administration. In the next five years I hope to have already started my Master's Program.

Betty Ayele Ajavon
IB Class of 2020

www.tis.edu.gh

Celebrating the Class of 2020

Congratulations, **Akos!!!**

Though your stay with us was short, you made the most of your time here. Thanks for all the memories.

 **TEMA INTERNATIONAL SCHOOL** 

Celebrating the Class of 2020

I began my journey in TIS during the second semester of DP1. Despite my late arrival to the school, I am proud of my experience in the Pop Band, Swimming Club and also making a record during the 2019 Athletics Carnival. One thing I will miss is the hostel parties with both Cecilia and Catherine girls and the strong bonds I made with students. My journey in TIS was short but definitely sweet and I will miss every moment and memory I made. The next step for me is to study Bachelor of Law. In five years, God willing, I will be a practising barrister and CEO.

Akos Osei
IB Class of 2020



www.tis.edu.gh

Celebrating the Class of 2020

TEMA INTERNATIONAL SCHOOL

Celebrating the Class of 2020

I joined TIS as a seventh-grader. In six years I have been able to create strong bonds with people that vary in personality and culture. I will cherish the moments I spent with them in various club meetings and practices. Leaving TIS, I am immensely proud that I co-initiated a project (Healthy Heart, Healthy Life) that raised funds to pay for two heart surgeries and that I lead the TIS Insight TV. Looking forward, I am excited to start my studies in International Business whilst exploring my love for film and media.

Davina Yawson
IB Class of 2020

www.tis.edu.gh

Davina, we will miss you!! We appreciate your contributions to various TIS productions, projects and hostel life.

We love you. Davina.

Keep making us proud!!!

Celebrating the Class of 2020

Dear TIS family, today we celebrate **Bervelyn Sawyerr-Markwei**. She is great team player and very supportive.



 **TEMA INTERNATIONAL SCHOOL** 

Celebrating the Class of 2020

I joined the TIS Class of 2020 in August 2016. It has been four years of wonderful and unforgettable memories, and undying friendships. Departing from TIS, I am truly proud that I helped revive the Friends of the Zoo Club, as President, to help nurture students' love for animals. I helped organize the CAS trip to Akorlikope where we aided in the construction of a school block unit, taught the students and provided healthcare services. I will pursue economics and software engineering/computer science in University while figuring out ways that I can help my community, country, and the world. In five years, I will be pursuing my Master's Degree and working successfully in Silicon Valley.

Bervelyn Sawyerr-Markwei
IB Class of 2020

www.tis.edu.gh

Celebrating the Class of 2020

Ibrahim, you came, you saw and you conquered. Keep up the spirit and do more at the next stage of your life. Make us proud.

TEMA INTERNATIONAL SCHOOL

Celebrating the Class of 2020

I joined TIS back in 2018 as a shy student but the TIS experience brought out the best in me. The opportunities to organise various CAS experiences like the Akorlikope Service Learning trip where I learnt how to be more social and a risk-taker by teaching little children at Graceland and it opened my eyes to a different world. I will be leaving behind my wonderful teachers, the nurses and Mr Tay, who I will miss seeing every day. I'm looking forward to joining the University of Calgary's class of 2024 to become an IT specialist and lead the future generation.

Ibrahim Halilu
IB Class of 2020

www.tis.edu.gh

#ASA – Dance e-Class

 **TEMA INTERNATIONAL SCHOOL** 

ONLINE
DANCE CLASS

WITH
DAVID DIFIE

VIA ZOOM


Every **WED. 4:30pm**

CONTEMPORARY DANCE, DANCE HALL, HIP-POP/URBAN, BALLROOM/LATIN,
LITURGICAL, COMMERCIAL DANCE, SALSA & MORE.

CHECK MANAGEBAC FOR INVITE DETAILS

#Follow TIS on Social Media



The graphic features a central image of the Tema International School building with a sign that reads "TEMA INTERNATIONAL SCHOOL". The background is a gradient of green and blue. In the top left corner is the school's crest, and in the top right corner is the International Baccalaureate (IB) logo. The text "TEMA INTERNATIONAL SCHOOL" is written in large, bold, teal letters across the top. Below this, the words "Follow us" are written in large, pink, bubbly letters with a white outline. Underneath "Follow us" is the text "Tema International School" in white. A central hub of social media icons (Twitter, LinkedIn, YouTube, Facebook, Instagram) is connected by lines to various social media handles. At the bottom, there is a WhatsApp icon, the phone number "0503849799", a globe icon, and the website "www.tis.edu.gh".

TEMA INTERNATIONAL SCHOOL

Follow us

Tema International School

@TIS_Ghana

Tema International School

@TIS Ghana

@tema_international_school

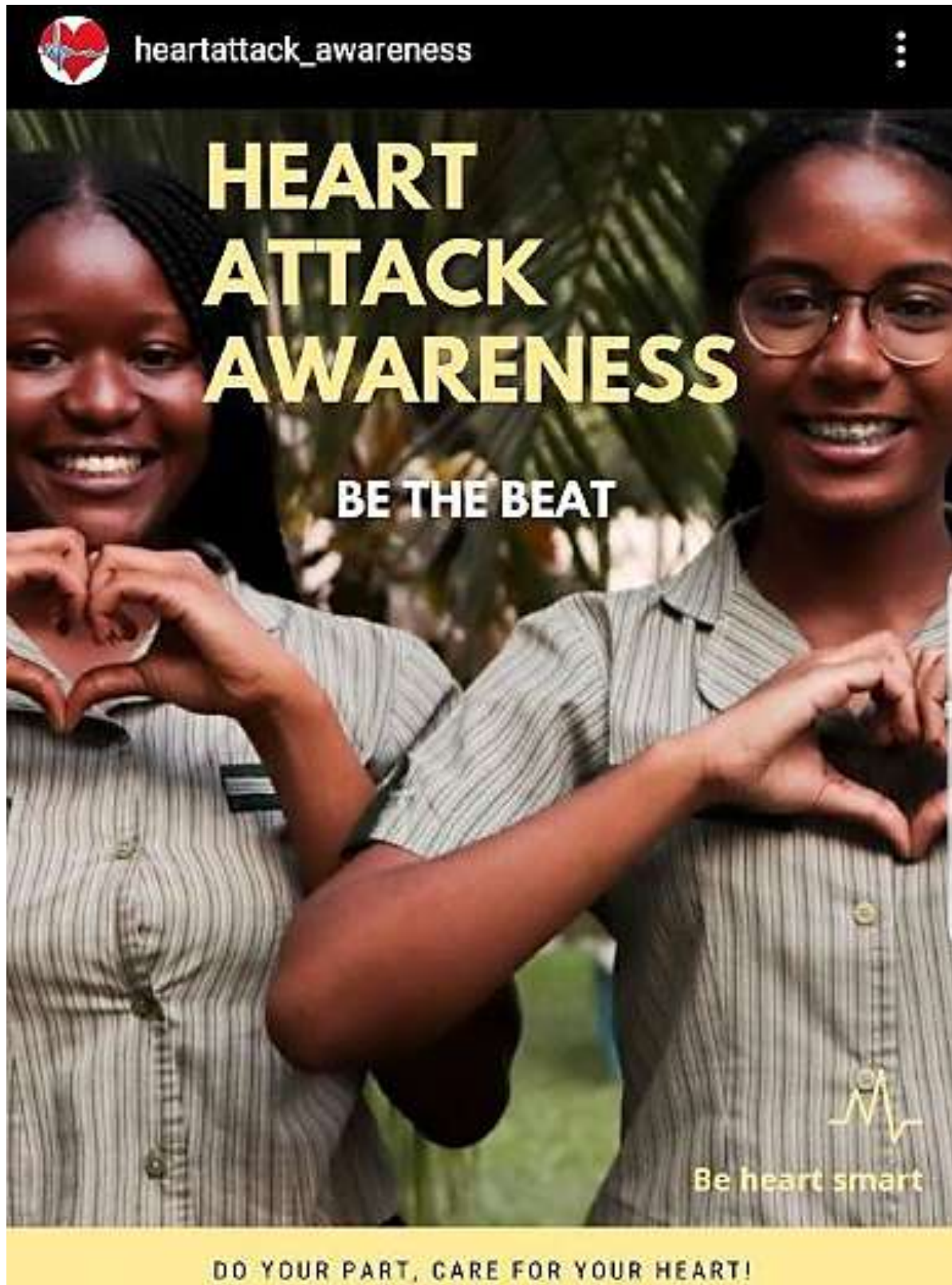
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www.tis.edu.gh

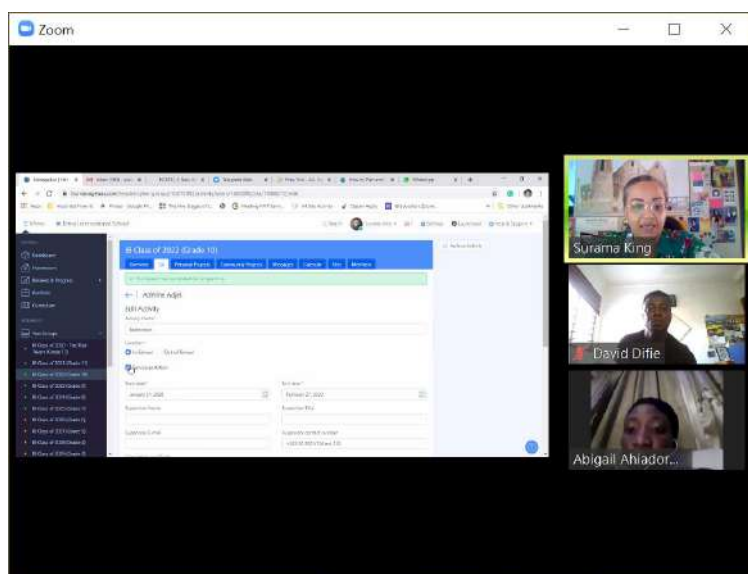
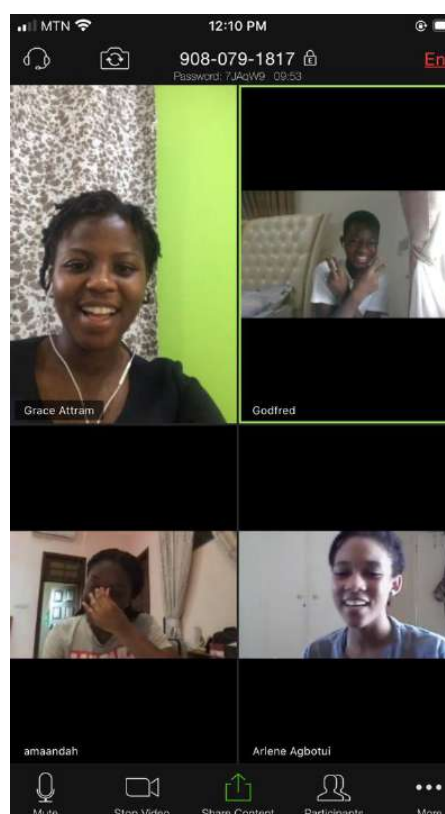
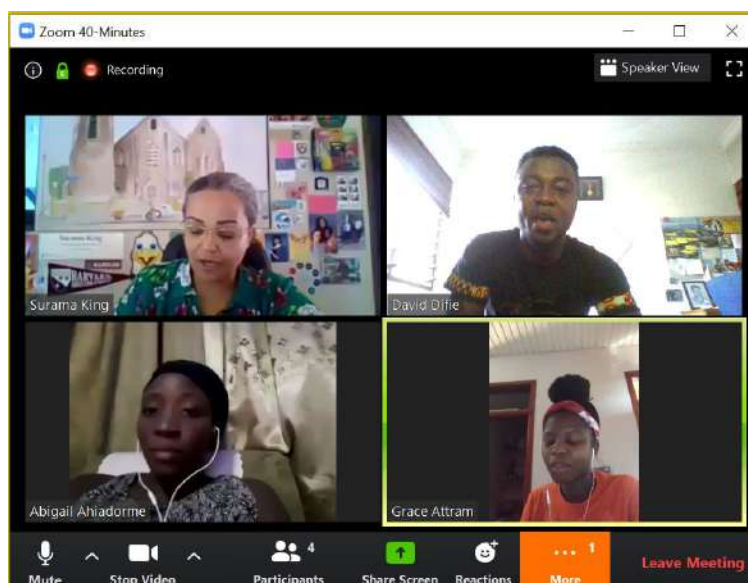
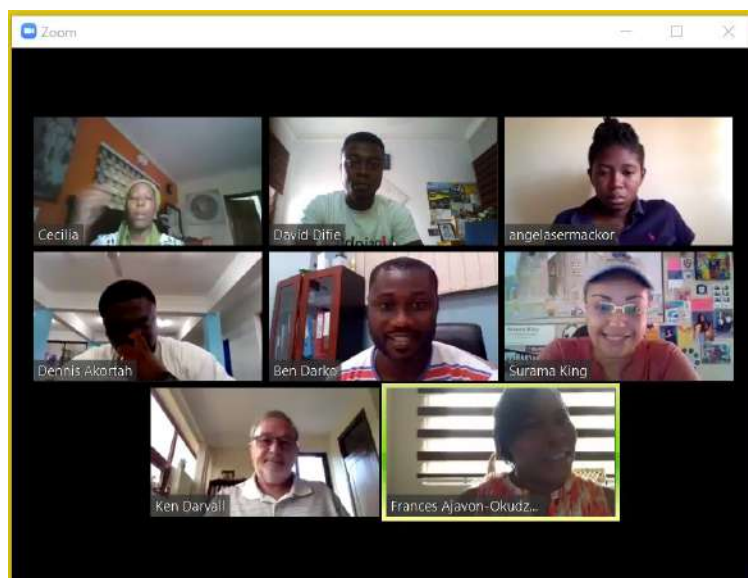
#CAS Project

Heart Attack Awareness

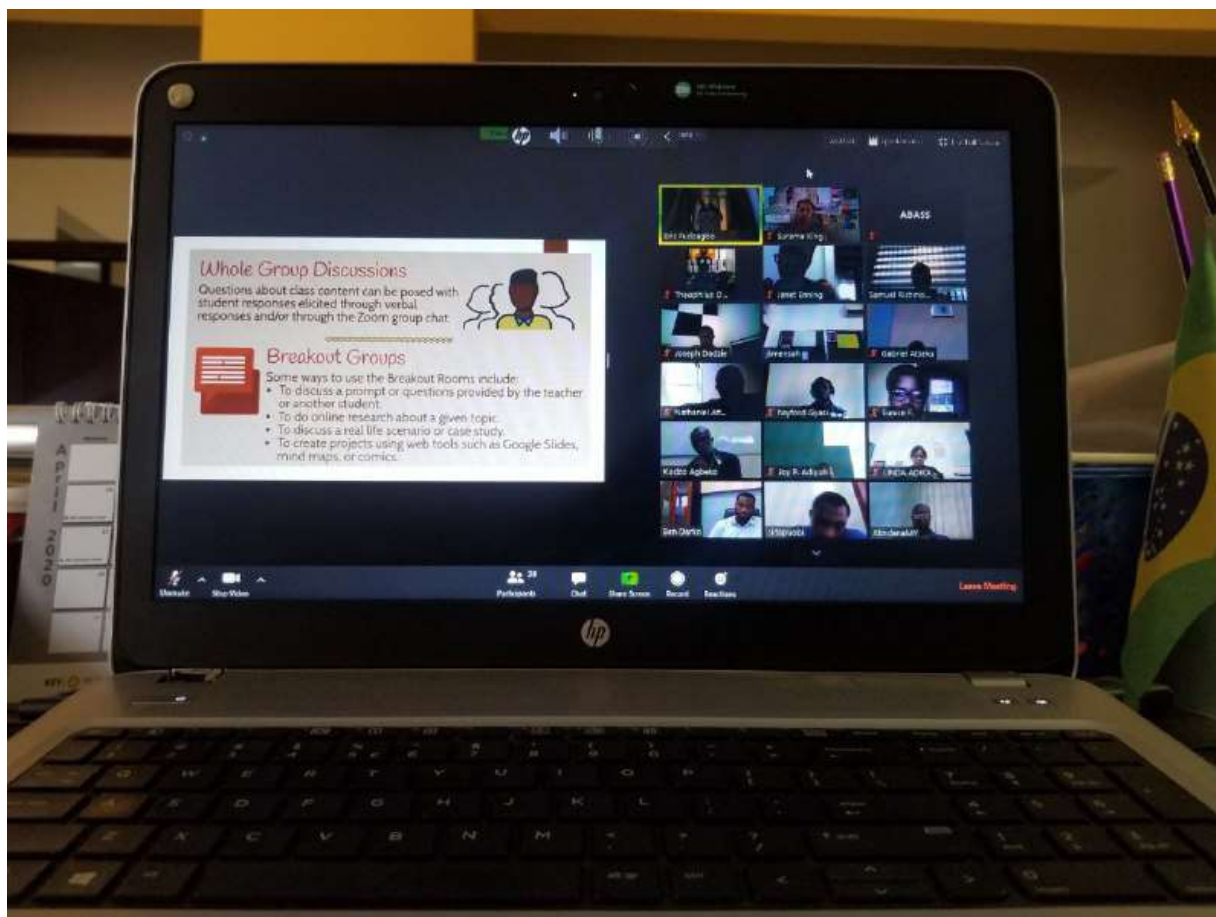
Follow us on Instagram [heartattack_awareness](#)



Welcome to our Virtual World...



Staff Development Virtual Session with Mr. Eric Fudjagbo



Lydia led her grade mates to record **Let it Shine** in support of the Stay at home silent auction organized by Unit to Light USA this coming Friday. Beautiful virtual performance.



IB Class of 2020, **Virtual Graduation Ceremony.**

A very special Virtual ceremony to a very special class. Stay tuned.



WE ARE THE WORLD

Do you love to sing? Let's Join the biggest **Virtual Choir** in the world and send a message of hope to everyone in the IB Community.

This is an amazing **CAS Project** initiated by students at the Yorkin School in Costa Rica.

They invite you to be part of the CAS Project **"WE are the World"**, the biggest IB Student Virtual Choir in the world.

Visit their first project at:

<https://www.youtube.com/watch?v=EjwWd1JOPo0&feature=youtu.be>

Be inspired! Stay tuned for more details.



#IBTogether #Stayathome





TEMA INTERNATIONAL SCHOOL

SERVICE



At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.



EDUCATION FOR A BETTER WORLD

COUNSELLORS' CORNER



There is always something to be thankful for. In these times, focus on the many blessings surrounding you, including the gift of life and make the most out of everything and every situation. Let's continue to apply all the precautionary measures to ensure we all stay safe and in good health.

DP2 REMINDERS: A few important updates and reminders...

- ✓ **1 MAY ENROLLMENT DEPOSIT DEADLINE- TODAY, SECURE YOUR UNIVERSITY SLOT!**
DP2s, please ensure that you reply and accept the offers to universities you wish to enroll in, before end of this month. Tomorrow, 1 May tends to be the universal reply date and is the deadline for you to also make an enrollment deposit payment at your university of choice to secure your spot. Kindly get in touch with your university and sort this out this month to avoid losing your admission offer.
- ✓ **IBIS FORM DUE!** You should have submitted your IBIS form to your counsellor by now. Be sure to have your IBIS form submitted to your counsellor by today to take advantage of the opportunity for IB to send your official results to your top 6 universities for free, when the results are released in July.

- ✓ **STUDENT VISA ISSUES:** With some embassies closed due to COVID-19, please continue to check for updates on the official country-specific embassy websites, for updates. Some embassies are allowing online applications, although in-person appointments are not open yet. **So constantly update yourselves by visiting the online official country-specific visa application websites.** This way, you can track what happens and know when they resume services, so you can put in your student visa application right away, as soon as they open. For some countries, you may be able to even start the online student visa application process in the meantime. Also communicate directly with your preferred universities right away, if you have any challenges applying for the visa **on time. Also check with your university to find out any updates on plans for the start of your undergraduate studies for the fall 2020 semester.** We are hopeful that things will return to normal soon, so you can apply for your student visas for universities abroad, hopefully in May.
- ✓ **REPLYING TO YOUR OFFERS, UK AND OTHER UNIVERSITY OFFERS:** Be sure to respond to your schools, and accept offers for universities you wish to attend. If you don't respond by the required deadline, you can lose your offer.

Check out this link for information on the deadlines to reply to your **UK OFFERS**: **WE hope the ZOOM meeting was helpful and you are now very clear on how to make a wise UK FIRM - FIRST CHOICE AND INSURANCE - BACK UP CHOICE using UCAS Track.** Once you and your parents approve your final two UK choices, you have to log onto UCAS TRACK to select your two choices, after which UCAS will withdraw all other offers you have received from the system. Please make these choices carefully. **Take note of the deadlines below, if you miss it you will lose all your UK UNIVERSITY OFFERS, so be sure to choose your FIRM AND INSURANCE RIGHT AWAY.**

- If you received your last decision on or before 31 March 2020, your reply date is 19 May 2020.
 - If you receive your last decision on or before 20 May 2020, your reply date is 4 June 2020.
 - If you receive your last decision on or before 4 June 2020, your reply date is 18 June 2020 (except if you're using Extra to find a place).
 - If you receive your last decision on or before 13 July 2020, your reply date is 20 July 2020 (including Extra choices)
- ✓ <https://www.ucas.com/undergraduate/after-you-apply/types-offer/replying-your-ucas-undergraduate-offers>

BELOW IS A PICTURE CAPTURING OUR ZOOM MEETING FOR DP2 UK APPLICANTS

Zoom 40-Minutes You are viewing eyram mahoney's screen View Options

Kodjo Boateng Dwayne Portia Atubiga

Recording

OFFER & REPLY COMBINATIONS	
Unconditional Firm (UF):	▶ You're in!
Conditional Firm (CF):	▶ You're in if you meet the conditions.
Conditional Firm (CF) & Conditional Insurance (CI):	▶ You've made a 1 st & 2 nd choice- you'll get into your 1 st choice if you meet the conditions, if not you may get into your 2 nd choice if only you meet the conditions of that 2 nd choice school/course instead.
Conditional Firm (CF) & Unconditional Insurance (UI):	▶ You've made a 1 st & 2 nd choice- you'll get into your 1 st choice if you meet the conditions of that school/course. If not, you'll certainly get into your 2 nd choice since the 2 nd offer is unconditional.

12 Participants Chat Share Screen Record Reactions Leave Meeting



A guide to making your firm and insurance choices (DP2 UK University decisions).

It's always a good idea to be prepared for every stage of the university application process. One of the toughest parts of applying to university can be choosing your top universities and confirming with UCAS. Here's everything you need to know before making your firm and insurance choices.

- What are firm and insurance university choices?
- When do I have to decide? Picking firm and insurance
- Understanding your offer and what is expected of you
- What if I'm given an unconditional offer before I get my exam results?
- What happens with my offers on results day?

Picking your firm choice university and course

Your firm choice university **should be the one that you most want to go to**, and that's realistic given your expected grades. On results day, if you meet the grades for your firm choice then that is where you'll be going. Where you live and what you're going to study for the next three years is a hugely important decision. You'll want to make sure that you do your research and think about it carefully.

Some advice when it comes to settling on your firm choice university:

- If you really can't visit the university (perhaps you're an international student), then there will be videos of open days and online campus tours on university websites. Yes, these will be biased (they are trying to sell you their university), but at least you can see what the university looks like.
- Don't base your decision purely on reputation, prestige or league tables. Picking the right university for you is more important, and league tables change every year anyway. Being happy with your course and university will help you to perform well academically and get the most out of student life.
- Make sure you check out the student union website to find out all about the university's clubs and societies, as well as the student support offered. This will give you a really good idea of what your social life might be like at university.
- Finally, think about the cost. London and other major cities tend to be more expensive, which could affect your budget and how much you can do. It's not just the rent on first-year university accommodation: look at the cost of second and third-year rent, public transport, food, social life stuff, and the cost to travel home for the weekend, too.

Picking your insurance choice

Your insurance choice is your back-up university. It will probably have less demanding grade requirements than your firm choice. This means that if you miss your firm choice you still have a chance of going to university this year – and most importantly, to the one you want to go to.

- You can have an unconditional offer as your insurance even if your firm is a conditional offer. If you have an unconditional for, however, then you won't have an insurance choice because you won't need one – in that case, you'd be going to your firm no matter what happens on results day. And if you apply through UCAS Extra then you won't get an insurance choice at all.
- A few things to think about when you're deciding on your insurance choice:
- Make sure it's sensible in terms of the difference in offer conditions from your firm. If the grade conditions are too close, you could potentially lose out on both your firm and insurance if you miss your grades on results day.

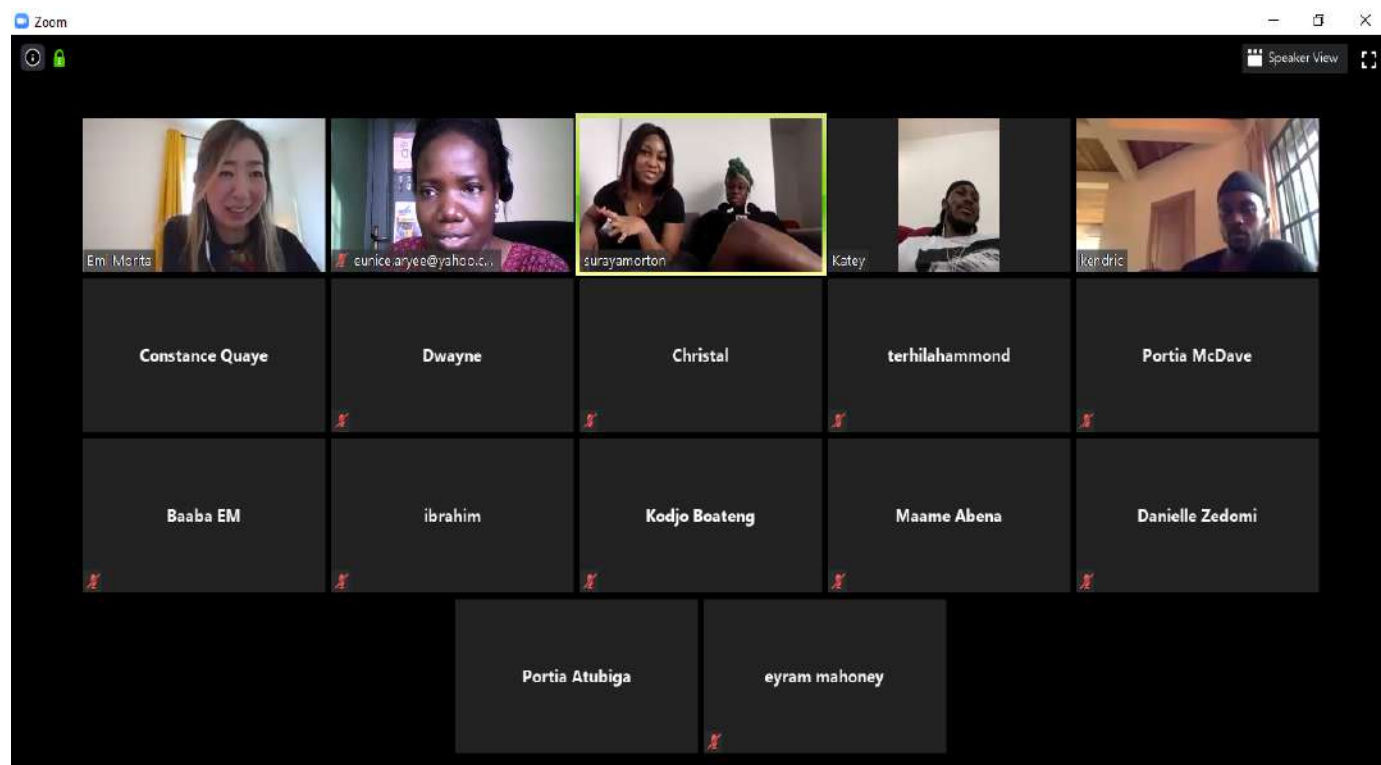
- Remember, your insurance only comes into play if your firm rejects you. If your firm accepts you (even with lower grades than the offer conditions), you cannot at that point decide that you'd rather go to your insurance.

<https://www.thestudentroom.co.uk/university/apply/firm-and-insurance-choices>

YORK UNIVERSITY STUDENTS, TIS ALUMNI ZOOM MEETING

We also enjoyed a fruitful and informative virtual interaction with Ivan Adjovu, Excellva Addow, Suraya Morton- TIS ALUMNI, Class of 2019, who are currently studying at York University, Ontario, Canada. They shared useful experiences and insights with DP2s who have been admitted into York University. It was obvious that our students have enjoyed their time at York so far, as they highlighted the fact that the IB Diploma Programme really helped prepare them for the rigour of academic work at the university, especially regarding writing reports and papers, among others. They also noted that York University's beautiful campus is a nice blend between a city and a rural ambience and the school community has been welcoming and helpful. Also, you can easily find Ghanaian stores and access Ghanaian meals conveniently. We are very grateful to admissions manager, Emi Morita, from York University for facilitating this meeting.

See below, a screenshot from the meeting;



UNIVERSITY UPDATES

- BENTLEY UNIVERSITY, USA**

"We hope your family is safe during these difficult times. Given the uncertainty we face, to show our commitment to students, Bentley University is introducing a personalised approach to the

next academic year that includes **a term of free tuition**. Also, all students who were admitted to the January Acceptance program are being moved to a fall of 2020 start date so that they are able to take advantage of this offer.”

“To give students maximum flexibility and reduce the financial burden on their family, we are moving to a trimester schedule for the 2020-21 academic year, which will allow students to take classes in the fall, spring and summer. And as part of our effort to help families through this crisis, next year, students who enroll full-time in fall and spring will receive full summer tuition for free. We are planning on a traditional start this fall while also preparing for all potential public health scenarios. We are moving to this trimester format to:

- Provide an additional on-campus experience next summer in the event that public health circumstances do not allow a traditional start to the academic year
- Help students avoid delaying their education and move forward on the timeline they were anticipating
- Reduce the overall cost of tuition and allow students to graduate early and join the workforce or get a jump start on their graduate degree

All of our admitted students were notified of this yesterday. For students who have not yet sent in their enrollment deposit, we have extended our deposit deadline until **May 15, 2020**. Our Undergraduate Admission team is on call whenever you need them, so if you have any questions about this new program, visit our [trimester program web page](#) or e-mail us at ugadmission@bentley.edu.

- **BOSTON UNIVERSITY, USA- VIRTUAL EVENTS AVAILABLE- SEE MESSAGE BELOW, SIGN UP.**

“Dear Colleague,

We are thinking of you, your students, and families as the school year comes to a close. We appreciate the work you are doing under unprecedented and difficult circumstances to support both your seniors as they complete their studies and make decisions about where to attend college and your juniors as they continue their college search.

I am writing today because I want to provide clarification about BU's plans for the fall term. We have shared this information with students and parents as well. It appears that some news outlets misinterpreted an interview with BU's president to indicate that BU did not expect to return to residential in-person operations until spring 2021. Our intent is just the opposite.

Our recovery planning is focused on the fall semester, and the resumption of our on-campus, in-person programs in late August. We are planning accordingly and will incorporate the best public health practices into those plans so that all members of the BU community will feel comfortable and safe on campus this fall.

We have launched a new webpage, [Your Journey to BU](#), **specifically for juniors navigating the college search process featuring a recorded information session and schedules for virtual events and live chats with admissions counselors and**

students. You and your seniors may also benefit from our [Frequently Asked Questions page](#) which provides up-to-date information for students admitted to the BU Class of 2024.

Please feel free to contact us if you have any questions at admissions@bu.edu. I hope you stay safe and well.

Sincerely,

Kelly A. Walter
Associate Vice President for Enrollment &
Dean of Admissions, Boston University

- **UNIVERSITY OF DUNDEE, Scotland, UK**

Greetings from a very sunny Dundee. Hope all is well with you. Some news to share about our start date for next academic session:

Teaching in Semester 1 of 2020/21 will now begin on Monday, 5 October 2020.

The admissions team will update applicants' records to show the new start date.

We are planning to re-start teaching face-to-face on our campuses in October, but are also planning for a mix of online and face-to-face teaching if required. We plan to start sending emails with information about applying to University accommodation towards the end of May.

Please continue to check our dedicated webpage for details.

<https://www.dundee.ac.uk/guides/covid-19-coronavirus-information-enquirers-applicants-and-agents>

Regards,

Professor Peter, Admissions Representative, Univ. Of Dundee.

COMPLETION OF GHANAIAAN UNIVERSITY APPLICATIONS- DP2s

Please note that as of March 2020, we completed all Ghanaian university applications for DP2s.

DP2 students who still wish to apply to Ashesi University or any other universities in Ghana, should complete the process at home and submit their applications directly to the respective universities, following the university-specific guidelines provided below.

Remember that you will have to submit your official transcript from TIS with predicted grades, as well as your IGCSE results, as these tend to be the basic requirements of most universities, in addition to national IDS and essays, among others. Please check for specific requirements of the university and be sure to complete the application process right away.



Ghanaian University Applications are opened!

At TIS, we strongly advise all students to have at least 1 Ghanaian University on their university application list. This can be a plan A, plan B or plan C option. Ghana has quality universities to choose from, and we highly recommend that each DP student considers adding at least 1 or 2 suitable ones to their list.

You still have the chance to apply directly, now that you are at home.

Follow the links below;

Apply online! - Ashesi University

<https://www.ashesi.edu.gh/>

<https://admissions.ashesi.edu.gh>

How to Apply? Click: <https://www.ashesi.edu.gh/admissions/how-to-apply.html>

Parents should please pay application fees using the directions below, and email a copy of payment receipt to your child's college counsellor, for assistance completing the application.

Pay Application Fees

- GHs100 for Ghanaian nationals; \$50 for international applicants. (How to pay application fees)
The Late Admissions period attracts an extra GHs50. We also do not accept the scholarship and international applications for the Late Admissions period.
- Application Payments can be made as follows
 - a. **MTN Mobile Money**
 - a. Transfer application fee to merchant mobile number: 024 526 4831
 - b. Name of the recipient should be Ashesi University College
 - c. Applicants should quote the following information on their application form or in the task box in the online application portal:
 - i. Mobile number used for the transaction by applicant
 - ii. Transaction ID
 - iii. Reference Number (Applicant's Name should be used as the reference)
 - b. **ExpressPay**
 - For Applicants who will like to pay via Visa, Mastercard, Amex, Discover or Mobile Money (MTN, Airtel Money, Tigo Cash, Vodaphone Cash) please click here: <https://expresspaygh.com/ashesi>.

Applicants should quote the expressPay generated transaction reference number on their application form (paper applications) or in the task box on the online application portal.

c. Direct Deposit/Rapid Transfer at any Ecobank Branch in Ghana and West Africa

Account Name: Ashesi Admission fees
Account Number: 0200014411600905
Bank: Ecobank
Branch: Osu

d. Wire Transfer from within West Africa

SWIFT CODE: ECOCGHAC
Account Number: 02010 144 116 009 01
Account Name: Ashesi University College
Branch: ECOBANK, OSU BRANCH
PMB CT443, ACCRA-GHANA

e. International Payments (All other countries)

SWIFT CODE: ECOCGHAC
Account Number: 02010 144 116 009 01
Account Name: Ashesi University
Branch: ECOBANK, OSU BRANCH
PMB CT443
ACCRA-GHANA

** Attach a copy of your payment receipt to your complete application*

** Attach a copy of your payment receipt to your complete application*



UNIVERSITY OF GHANA

[How to Apply for University of Ghana 2020/2021 Admissions,](#)

To apply for the University of Ghana admission for the 2020 academic year, prospective applicants are expected to meet some basic requirements.

Click on the link for more information:

<https://admission.uq.edu.gh/applying/content/how-apply-ghanaian-applicants>

1. GHANAIAN APPLICANTS

[University of Ghana online application](#) E-VOUCHERS can be obtained by Ghanaian applicants for GH¢200.00 at the following banks: Ecobank, Republic Bank, Agricultural Development Bank, Ghana Commercial Bank, Zenith Bank, Universal Merchant Bank, Consolidated Bank Ghana (CBG), Prudential Bank and Fidelity Bank. Ghanaian applicants in the following categories are expected to apply using the E-VOUCHER:

2. STUDENTS AND GHANAIS APPLYING FROM ABROAD

International applicants and Ghanaians applying from abroad should **NOT** buy the e-voucher. They should use the following link to access the online application form for completion and submission.

[Online Application for International Undergraduate applicants](#)

All applicants are expected to pay to the University a non-refundable application processing fee of US\$110.00. This fee can be paid directly or wire transferred into the University of Ghana ECOBANK Account.

Details of the Account are:

Account Name:	University of Ghana Foreign Students Account
Account Number:	0161014409780401
Bank Details:	Ecobank Ghana Limited, Legon Branch
Swift:	ECOCGHAC

or International Transfer through Ecobank (0161014409780401 or 0161094409780403

or Payment with Credit Card on the GT payment platform.



<https://ghstudents.com/knust-admission-forms/>

Are you a **KNUST** Prospective Student? Stay up to date with absolute **Kwame Nkrumah University of Science and Technology** Latest Admission News and Updates for the 2020/2021 academic year.

ALL COMPLETED APPLICATIONS SHOULD BE SUBMITTED BYPOST (EMS/DHL/UPS/FEDEX) TO THE DEPUTY REGISTRAR (ACADEMIC AFFAIRS) KNUST, KUMASI, GHANA ON OR **BEFORE JULY 31ST, 2020** except for MATURE APPLICANTS WHO ARE TO SUBMIT ON OR BEFORE **FRIDAY, 29TH MAY, 2020**.

POINTS OF SALE: All Ghana Post Regional and Designated Post Offices

APPLICATION PROCESSING FEE

- GHANAIAN APPLICANTS – GH¢ 200.00.
- FOREIGN APPLICANTS – USD 150.00.

GHANAIAIAN APPLICANTS ARE REQUIRED TO PURCHASE THE E-VOUCHER FROM THE GHANA POST OFFICES.

APPLICANTS ARE REQUIRED TO SUBMIT TWO (2) COPIES OF THE ONLINE APPLICATION AND OTHER RELEVANT DOCUMENTS.

FOREIGN APPLICANTS ARE TO GENERATE AN E-VOUCHER FROM THE UNIVERSITY'S WEBSITE ([HERE!](#)) AND FOLLOW THE INSTRUCTIONS.

For more information on other universities of your interest please click <https://ghstudents.com/ghana-admission-forms-update/>



Central University - Welcome

<https://www.central.edu.gh>

Welcome to Central University, the largest private Christian University in Ghana. We welcome you to the place where dreams are born. Here transformational leaders are trained to serve as a positive influence on society through the values of Faith, Integrity, and Excellence.

HOW TO APPLY

APPLICATION PROCEDURE

ONLINE APPLICATION

Applicants may also apply online by clicking <http://online.central.edu.gh> to buy an E-voucher for GH100.00 (for Ghanaian applicants) or the cedi equivalent of US 100.00 (for foreign applicants) at Ecobank branches. Use the PIN and SERIAL NUMBER on the E-voucher to apply online at apply.central.edu.gh. VISA branded cards and MTN Mobile Money can also be used to purchase E-vouchers online.

APPLICANTS WILL BE REQUIRED TO:

- Upload their 2 passport size photographs, certificates/ Results slips

All Online applicants are required to present original copies of their supporting documents to the Admissions office before semester registration will be allowed.

Applicants are advised to check thoroughly all details entered before finally submitting their online applications. <https://www.central.edu.gh/96>

A form once submitted can only be viewed but cannot be edited.

**Apply Online**

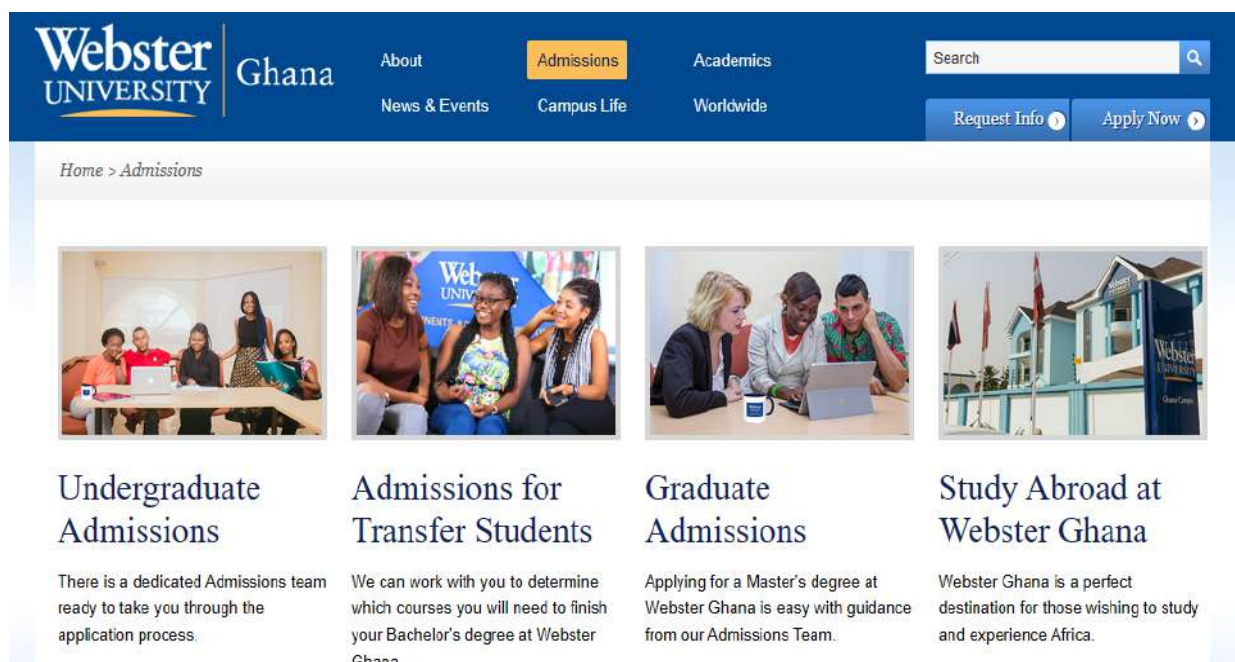
Our online application is simple and takes 5-7 minutes to fill. You can create a login and always return to continue the application where you left off. Keep handy your parents' contact information, academic qualifications and program of interest. Applications that are complete and include a personal essay will be looked upon favorably.

<https://acity.edu.gh/admission.php> Apply Now!

Tuition and Fees details here: <https://acity.edu.gh/admissions.php>

**Academic City University College**

Our mission is to educate future-ready leaders who can innovatively solve complex problems within an ethical, entrepreneurial and collaborative environment. <https://medium.com/acity-journal/academic-city-holds-2nd-international-education-conference-on-defining-future-ready-69527eb96c6e>



Home > Admissions

Undergraduate Admissions
There is a dedicated Admissions team ready to take you through the application process.

Admissions for Transfer Students
We can work with you to determine which courses you will need to finish your Bachelor's degree at Webster Ghana.

Graduate Admissions
Applying for a Master's degree at Webster Ghana is easy with guidance from our Admissions Team.

Study Abroad at Webster Ghana
Webster Ghana is a perfect destination for those wishing to study and experience Africa.

www.webster.edu.gh/admissions/

Apply Now

Request Info

3-Step Streamlined Application Process

Call or email us for assistance: +233 (0)540120849 / ghana@webster.edu

Quick Step 1: Click on the [Apply Now Online](#) button and start by creating a login profile.

[Apply Now Online](#)

<http://www.webster.edu.gh/admissions/apply.html>

Quick Step 2: Go back to the application page, login with your username and password to start your application. Complete the application in 15-20 minutes. There is an application fee of 200 Ghana Cedis (outside of Ghana: US\$50) *that will be collected later but at the payment screen, you can enter a Fee Waiver Code before you can submit the application.*

Request a code by sending an email to ghana@webster.edu

Quick Step 3: We send you a confirmation and ask you to submit all the supporting documents by email, drop-off or mail. Download and read the Admissions Handbook for details. Find the links below. You will also need to sit in for a 1.5-hour entrance exam.

You will receive the admissions decision within a week if all required documents are submitted. Then you can start telling your family, friends, and colleagues that you've been accepted into a top American university, the first one to have a campus and deliver fully accredited degrees right here in West Africa.

DP1 STUDENTS

You are all well aware that we are continuing with virtual one-on-one meetings. This week, we have reached out to you and had a few sessions. Please be sure to get in touch with your assigned counsellor and be punctual for all scheduled meetings which will continue on a weekly basis.

Check ManageBac and your emails regularly for information on guidance lessons and other updates from the College Guides. Also be sure to read the weekly TIS News Bulletin.

Submit all pending assignments - brag sheets, essays, personal statements, university selection sheets, financial aid forms among others. Remember to discuss courses and university options with your parents during this time at home.

NOTE: APRIL ACT HAS BEEN RESCHEDULED TO TAKE PLACE IN JUNE - JUNE 13. BE SURE TO SIGN UP. THE NEXT SAT EXAM HOWEVER, WILL BE IN AUGUST. PLEASE TAKE NOTE AND MAKE TIME TO PRACTISE AND PREPARE FOR A FEW MINUTES DAILY, TO OPTIMIZE YOUR SCORES.

GRADES 7-10

ALL OTHER GUIDANCE CLASSES FOR GRADES 7-10 WILL CONTINUE WITH THE RESUMPTION OF VIRTUAL LESSONS. Attendance will be recorded, kindly check ManageBac and be sure to be present for Zoom sessions and also submit all assignments given to your assigned counsellor.

Grade 8 Guidance Lesson: Building Self Confidence/Self Esteem



Where we were born, our life experiences, words spoken to us, the environment, culture, our skills set talents and abilities all played a crucial role in building our self-confidence and self-esteem needs. The Grade 8 explored this life building lesson. Differences between the two concepts are tabulated below.

Self Confidence	Self Esteem
"Confidence "comes from the Latin word, fidere, "to trust." Trust in oneself, particularly in one's ability, skill or aptitude to engage successfully with people or the world at large.	"Esteem" is derived from the Latin word, aestimare, meaning "to appraise, value, rate, weigh, estimate," and self-esteem is our cognitive above all, emotional appraisal of our own worth.
Ready to rise to new challenges, seize opportunities, deal with challenges, take responsibility things go awry.	Is a matrix through which we think, feel, and act, and reflects and determines our relation to ourselves, to others, and to the world
Outward looking; expressive	Inward looking; self-concept
Build self-confidence you must be lifelong learner. Master an art, a skill, etc... Through vicarious learning (models). Accept criticisms to make you better and grow!	Change your disposition about yourself. It's a mental shift. Begins from the mind!

<https://slideplayer.com/slide/6112854/>

Students' Reflections

"During our Guidance class on 27 April, 2020 we had a lesson to help us well differentiate between two terms which are usually misunderstood which were Self-esteem and Self-confidence. Self-esteem can be defined as the overall sense of an individual's own personal values, traits and the overall well-being of an individual, whereas self-confidence can be described as the trust one has in his/her own abilities and always looks for new ways to develop and improve them. I personally think that these are two very important aspects of a human being and would help in the development of an individual's mental state of mind. I also learnt that self-motivation is also a very well-known factor for these two terms to be well-exploited and this is because without first readying your body mentally and emotionally for the challenge you are about to face through self-motivation and this would enable an individual to gain both self- esteem and self- confidence. If this mental preparation isn't done, it will have very crucial effects on the individual's mind and these effects caused by discrimination of cultural, religious or ethnic background, intolerance and prejudice of bodily features (body shaming), etc. These would further decrease the self-esteem of an individual having effects such as anxiety, depression, lack of formation of interpersonal relationships with others and even affect the academic performance of the individual involved. In order to increase my self-esteem and confidence as an individual I need to be appreciative of my own body's unique traits and adapt to it as well as consider trying out new things and opening myself to new experiences. To conclude, I think that being self-confident and building self-esteem will better increase my assertiveness so that I will be able to better create interpersonal relationships. I will also feel secure and not ashamed of embracing who I am".

~Eugene Joel Cobinnah~

"Yesterday I had a guidance class, where I learnt about self-confidence and self-esteem. I learnt the difference between the two. I was able to learn how to build my self-confidence. I also found what it means to be confident.it was a really interesting class. This lesson taught

me not to listen to negative talk and just believe in myself, by doing so I will be able to achieve great things in life. I am very grateful to the guidance teachers for making this a topic for the class to discuss.” ~ Mawulolo Agbeli ~

“During our guidance class, I learned about the difference between self-esteem and self-Confidence. I learned that self-confidence is outward while self- esteem is inward. I learned that when you are self-confident, you are ready to rise to challenges and take responsibilities, whereas with self- esteem you have the emotional appraisal of your self-worth.” ~ Tiffany Forson~



Due to COVID-19, Unfortunately College Board’s May and June SAT tests have been cancelled by College Board. We shared details of this official message in previous week’s bulletin.

The next SAT exam at TIS will be in August 2020, as we received information this week that June SAT Exams have also been cancelled. In light of the inconveniences caused, College Board is considering adding extra test dates in September and November this year. We will keep you posted regarding this. See the new upcoming SAT test dates below. :

SAT 2020-2021

- August 29, 2020
- October 3, 2020
- December 5, 2020
- March 13, 2021
- May 8, 2021

PSAT 2020 Exam Date:

- Saturday, October 17, 2020

DP1s, don’t wait until the eleventh hour to register. Register now to avoid any disappointments!

<https://collegereadiness.collegeboard.org/sat/register/international>

Test takers please come along with your valid unexpired passport as the only form of identification! Photocopies are not acceptable.

- **Number 2 pencils (buy from the Tuckshop), approved calculator, eraser, admission ticket and sharpeners required.**

SAT Registration Fees (To complete registration online full payment with credit card only. Visit www.collegeboard.org)

SAT I - U.S. \$107.50 SAT II: 1 subject (\$117), 2 subjects (\$127), 3 subjects (\$137) (estimates).



2019-2020 TEST DATES (COMPUTER-BASED TESTING ONLY!)

ACT April Exam has also been cancelled by ACT Inc., USA due to COVID-19 concerns.

Parents and Students, please take note the official message from ACT was shared in the previous week's bulletin. WE WILL CONDUCT THE NEXT ACT EXAM ON JUNE 13 2020. PLEASE TAKE NOTE AND SIGN UP FOR THE TEST RIGHT AWAY.

NEXT ACT EXAM DATE- 13 JUNE 2020.

ACT Registration Fees (Online payments only: Visit www.actstudent.org):

ACT plus writing – U.S. \$166.50. (TIS Test Centre Code: 870390, but inform counsellor first).

***To complete registration, payment must be made online in full with a credit card.**

ACT April DEADLINE coming up. DP1s especially are encouraged to sign up for the April ACT exam this year! Aim to complete registration right away! STEM students have an edge when they take the ACT.

NEW TEST DATES FOR ACT FOR NEXT ACADEMIC YEAR

ACT 2020-2021

- Saturday, June 13, 2020
- Saturday, September 12, 2020
- Saturday, October 10, 2020
- Saturday, December 12, 2020
- Saturday, April 17, 2021

PRACTICE TESTS FOR SAT, ACT OR PRE-ACT, PSAT AND OTHER TEST PREP RESOURCES FROM THE OFFICIAL TEST MAKERS CAN BE FOUND HERE; WWW.COLLEGEBOARD.ORG AND WWW.ACTSTUDENT.ORG



TEMA INTERNATIONAL SCHOOL

SPORTS



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork, challenges personal best and emphasizes the importance of appreciating how to lose before knowing how to win.



EDUCATION FOR A BETTER WORLD



TEMA INTERNATIONAL SCHOOL



A family school

& a unique experience

Early Years | Primary

Community 22

Secondary* (Boarding)*

Community 21

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