WEEKLY BULLETIN

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At TIS,

we believe that personal success is best judged by one's proficiency in demonstrating on a daily basis the ten IB Learner Profile attributes: thinker, inquirer, reflective, caring, open-minded, risk-taker, communicator, balanced knowledgeable, and principled.

COVID-19

• Wash your hands frequently and thoroughly with soap and water, before and after eating, and after going to the washroom. Dry your hands thoroughly or the advantage of washing your hands is lost.

• Practise social distancing at all times.

Thought for the Week

Habits are a double-edged sword. Bad habits can cut you down just as easily as good habits can build you up, which is why understanding the details is crucial.

- James Clear



TIS Return

TIS will restart learning from August using Model 1: Online Learning until the mid-semester break in October.

This decision has been taken based on the general concern about the continuing rising numbers in COVID-19 cases in Ghana. Students, parents and staff need to know what we are doing and what we need to plan for the start of a new academic year.

When a decision to open schools is announced, TIS will consider all requirements before moving to the next stage. At the next step, we appreciate:

• Some families may prefer to continue online learning until a vaccine is available, and we will continue to support these families.



Tema International School

Do the right thing, even when no one is watching.

It's called integrity.

SAT 2020

- G12 students who want one more attempt at SAT must sit the SAT test on 29 August. Please ensure you have registered by the due date.
- G11 students wanting to sit their first SAT test will have their opportunity on 26 September. No TIS students will be allowed to sit the SAT test on 3 October (TIS Founders' Day). Start planning now.

Making Us Proud

- Congratulations, Karen Donkor (IB Class of 2018) on her second place in short fiction.
- Kofi Amoateng Akyeampong (IB Class of 2016) on his latest release 'High Speed.'

• Cheryl, Jackie and Adomaa (G11) are participating in a business competition, and they need the TIS family to vote for us.

The name of their project is: SELF-MADE by TIS. It literally takes one second to vote.

The link is attached below. <u>https://</u> <u>docs.google.com/forms/d/e/</u> • Our younger students (Early Years and Primary students) generally are better suited to in-school experiences, rather than online experiences, due to the supervision responsibilities of an adult for online learning.

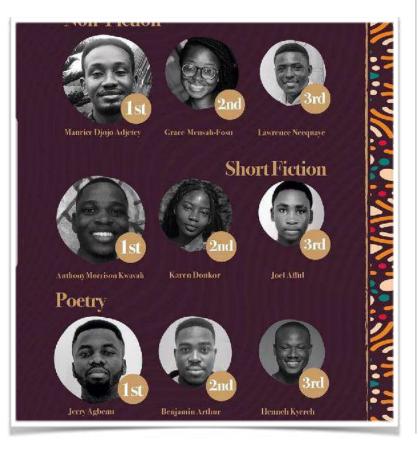
• Exam candidates appreciate the confidence and support that may be more readily available with in-school experiences, than being online.

• Not all students thrive in an online experience and are better suited being at school.

• Our international students face border, flight and quarantine restrictions that make online learning a more enjoyable and realistic alternative. TIS will cater for time zones.

It is anticipated, at this point, that the next stage for the Primary School Campus will be Model 3, while the next stage for the Secondary School (Main Campus) will be Model 2.

I express my appreciation to those families who contributed to the earlier survey on online experiences from last semester, as well as the contributions to the request for feedback on our three models in the last TIS Bulletin. All contributions reflected the concern about the impact of COVID-19, the safety of students on campus and the need to engage all



learners when students are involved in online learning.

COVID-19 has affected everyone, everywhere, in some way. Daily changes and new information impact on planning and it is frustrating trying to determine the best way forward in this new era of uncertainty. However, what is certain is TIS will be ready to move into any model of learning and provide the best experiences possible for our students in terms of learning and support.

For our Newbies, please note our orientation program will commence on 12 August and continue until 21 August. Secondary school classes will commence on 24 August while the Primary School classes will commence on 31 August.

More details will be announced in next week's Bulletin.

MYP Results

The G10 MYP results will be released to students on 2 August.

Our G10 students are our new 'pioneers' as they prepared to be the first MYP cohort in Western Africa to complete eAssessments. Our students were looking forward to this new method, having enjoyed eAssessments over the past 18 months and they deemed them more preferable than the traditional pen and paper tests.

Like the IB Class of 2020, IB cancelled the 2020 eAssessments due to COVID-19 and has implemented a variation of assessment data to determine final MYP grades. What I do know is our MYP 'pioneers' will add so much value to our Diploma Programme in terms of their IB 'readiness' as a consequence of reaching the next stage along the IB continuum.

Parents of G10 students who have arrears from 2019/2020 will not be able to access these results until arrears have been cleared.

School Accounts

TIS finished the 2019/2020 academic year with outstanding bills to pay and the need to reduce staff salaries as a consequence on the non-payment of school fees due to the COVID-19 impact of the economy which affected many families.

Parents should note that arrears from last year will need to be cleared before students can commence the new 2020/2021 academic year. Please contact Mr Quansah in coming days if this matter may affect your family. Mr Quansah can be contacted on: +233 24 465 7821.

We appreciate your support in this matter

Happy Eid. Stay healthy. Dr Ken Darvall Principal



2020/2021 Academic Year

TIS will restart in August using Model 1: Online Learning, until the mid-semester break that commences on 17 October.

An orientation program for TIS Newbies (our new students who will join the TIS family in 2020/2021) will commence on 12 August and continue with different sessions until 21 August.

Secondary classes will commence their online lessons on 24 August while our Early Years and Primary students will start their online lessons on 31 August.

It is anticipated during the semester that the Primary School Campus will use Model 3 as its next step, while the Secondary School Campus will implement Model 2.

Different families have indicated their ongoing concern about COVID-19 within the community and it is expected that some families will continue using Model 1 for the first semester and possibly the second semester as well.

Dr Ken Darvall 31 July 2020

Model 1 From August - 16 October



Online Learning (asynchronous and synchronous sessions)

School is closed. No students at school. Online learning for all students. Full curriculum options to satisfy learning program requirements. Normal timetable operates. Virtual ASAs and major events. Reduced school fee.

Model 2 $\xrightarrow{\text{TBA}}$

Blended Learning



School is open but restrictions limit the number of students on campus.

Students at home will continue online while students on campus have live and asynchronous lessons.

Day student option may be available.

On-campus and isolation protocols in place.

Virtual and live ASAs and virtual major events.

Restricted exeats.

Quarantine at school location for international students (TBC).

Model 3 $\frac{\text{TBA}}{-}$

Traditional (Pre-Covid) Learning

School is open and all students are allowed to attend. Split meal times. Blended lessons. On-campus and isolation protocols in place. Virtual and live ASAs and virtual major events. Virtual excursions. Quarantine at school location for international students (TBC).

DATE	TIME	SESSION	GROUP	SCHOOL/	GRADE/
				PROGRAMME	DEPT
12/8/20	11.00am	ManageBac (MB)	Newbies	Primary/Secondary	PYP/MYP/DP
13-14/8/20	9.00am	MB Connection	Newbies	Primary/Secondary	1-6/7-11
13-14/8/20	4.00pm	Q&A/Support	All	Primary/Secondary	PYP/MYP/DP
17/8/20	10.00am	Welcome Back	Continuers	Secondary	8-12
17/8/20	12.00pm	Welcome to TIS	Newbies	Primary/Sec	All/ 7-11
17/8/20	2.00pm	Staff information	All	Primary/Sec	K-12
17/8/20	3.00pm	Wellbeing	Newbies	Secondary	7-11
17/8/20	4.00pm	Q&A/Support	All	Primary/Secondary	PYP/MYP/DP
18/8/20	9.00am	Learning	Newbies	РҮР	K-6
18/8/20	11.00am	Learning	Newbies	МҮР	7-10
18/8/20	2.00pm	Learning	Newbies	DP	11-12
18/8/20	4.00pm	Q&A/Support	All	Primary/Secondary	PYP/MYP/DP
19/8/20	9.00am	DP Subject Selection	All	Secondary	11
19/8/20	11.00am	MYP Subject Selection	All	Secondary	9
19/8/20	2.00pm	University Counselling	Newbies	Secondary	7-11
19/8/20	3.00pm	Student Council	Newbies	Secondary	7-11
19/8/20	4.00pm	Q&A/Support	All	Primary/Secondary	PYP/MYP/DP
20/8/20	9.00am	Projects	Newbies	Secondary	7-9
20/8/20	9.00am	CAS	Newbies	Secondary	11
20/8/20	11.00am	Extended Essay	Newbies	Secondary	11
20/8/20	2.00pm	ТОК	Newbies	Secondary	11
20/8/20	4.00pm	Q&A/Support	All	Primary/Secondary	PYP/MYP/DP
21/8/20	9.00am	Extracurricula	Newbies	Secondary	7-11
21/8/20	10.00am	Online Learning	All	Prim/Sec	All
21/8/20	11.00am	Technology	Newbies	Primary/Sec	All/ 7-11
21/8/20	2.00pm	Learning Centre	Newbies	Secondary	7-11
21/8/20	3.00pm	Learning Support	Newbies	Secondary	7-11
21/8/20	4.00pm	Q&A/Support	All	Primary/Secondary	PYP/MYP/DP

VIRTUAL TIS ORIENTATION TIMELINE & PROGRAM As at 31/7/20

Note: Any changes will be communicated to parents

Tema International School

2020 - 2021 School Calendar (Virtual S1)

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December '20							
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January '21								
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May '21							
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30	31						



School Closed/ Holidays





Main Campus Event



First and Last Day of School (Main Campus)

Teacher in-Service Day (no school for students)



Primary Campus Event



First and Last Day of School (Primary Campus)



SAT Test



ACT Test

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March '21								
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	June '21									
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27	28	29	30							

Public Holiday	s		
21/9/20	Kwame Nkrumah Memorial Day	4/12/20	Farmers' Day
8/3/21	Independence Day	3/5/21	Labour Day
13/5/21	Eid Al Fitr (TBC)	5,5,21	Eucour Eug
	()		
	tes: Main Campus		
1/8/20	2020 MYP Results Released; 2020 MYP Enquiri	es Upon Results O	pen
3/8/20	Senior executive staff resume		
10/8/20	Teachers resume		
12/8/20	Newbies' orientation commences online		
21/8/20	Newbies' orientation ends online		
24/8/20	Secondary School classes commence		
29/8/20	SAT (TBA)		
12/9/20	ACT (TBA) MYP/DP Parent Information Session		
18/9/20 26/9/20	SAT [TBA] (TIS Students)		
3/10/20	TIS Founders' Day; SAT [TBA] (not for TIS stu	idents)	
9/10/20	Maths/Science Intercolour Quiz	idents)	
10/10/20	ACT [TBA]		
15/10/202020	MYP Enquiries Upon Results Close		
16/10/20	3-Way Interviews		
17/10/20	PSAT [TBA]		
19-23/10/20	Mid-semester break		
30/10/20	G9/G11 Subject Selections close		
6-7/11/20	Annual Performance		
7/11/20	SAT [TBA] (Subject test)		
1/12/20	Admissions open for 2021/2022		
5/12/20	SAT [TBA]		
11/12/20	3-Way Interviews; Last day for first semester		
12/12/20	ACT [TBA]		
S2	T 1		
7/1/21	Teachers resume		
10/1/21	Students return to hostels		
11/1/21 11-17/1/21	Second semester commences Alumni Week		
23/1/21	Health Walk		
27-29/1/21	IDU Days		
31/1/21	Thanksgiving Service and Student Leadership Ind	luction Ceremony	
6/2/20	Pre-ACT		
11/2/21	TIS Junior Tennis Championships		
12/2/21	TIS Badminton Championships		
13/2/21	Interschool Soccer		
19/2/21	TIS Senior Tennis Championships		
22/2/21	MYP Mock eAssessments		
27/2/21	TISSA Athletics; TISSA Badminton		
6/3/21	TIS Basketball Championships		
8/3/21	MYP Community and Personal Projects Exhibition	on	
9 - 19/3/21	DP Mock Exams		
12/3/21	Interschool Soccer; TIS Squash Championships		
13/3/21 14/3/21	SAT; Interschool Basketball; Interschool Tennis Pi Day		
20/3/20	TISSA Tennis Championships; TISSA Basketbal	1	
25/3/21	Hostels General Inspection	1	
26/3/21	3-Way Interviews		
29/3-9/4/21	Mid-semester break		
11/4/21	Students return to hostels		
12/4/21	Classes resume		
17/4/21	ACT		
8/5/21	SAT		
10 - 21/5/21	MYP eAssessments		
29/4 - 21/5/20	DP Final Exams		
2/6/21	Hostels Cleaning		
5/6/21	Achievers' Day and Graduation		
11/6/21	Last day for teachers		

Primary Schoo	ol Campus		
<i>S1</i>	-	<i>S2</i>	
10/8/20	Teachers resume	7/1/21	Teachers resume
31/8/20	First semester commences	11/1/21	Second semester commences
3/9/20	Meet the Teacher Info Session	29/1/21	Sports festival
23/9/20	International Day of Sign Langua	iges	-
1/10/20	Healthy Day	19/2/21	End of UOI #4 Celebrations
1/10/20	End of UOI #1 Celebrations	26/3/21	End of UOI #5 Celebrations
19-23/10/20	Mid-semester break	29/3-9/4/21	Mid-semester break
26/10/20	Classes resume	12/4/21	Classes resume
13/11/20	End of UOI #2 Celebrations	30/4/21	Spelling Bee
1/12/20	Admissions open for 2021/2022		
11/12/20	End of UOI #3 Celebrations	28/5/21	End of UOI #6 Celebrations
11/12/20	Last day for first semester	9/6/21	Annual Presentation; Last day for second semester
			Last day for second semester





Preschool

Kinder 1 (3-4 years) Kinder 2 (4-5 years) Kinder 3 (5-6 years)

Entry Points in 2020

Junior Primary

Grade 1 (5.5 - 7years) Grade 2 (6.5 - 8 years) Grade 3 (7.5 – 9 years)

Senior Primary

Grade 4 (8.5 -10 years) Grade 5 (9.5 years-11 years) Grade 6 (10.5 - 12 years)

All admission applications will be online via Open Apply: <u>https://tis.openapply.com</u>

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer MYP and DP. The Primary School campus has been approved as a Candidate PYP School.

CAS-SA CORNER



Community Project Modified – MYP3-Grade 8

Community Projects allow students to become proactive citizens in the community by identifying an authentic need and finding authentic solutions to mitigate that need. In groups, students engage, collaborate and learn to accept opinions of their peers. This gives them the opportunity to develop and discover

their personal interests. The core of the Community Project is an aspect of Service as Action, which leads students into the community to take risks, inquire, cultivate internationalmindedness, find solutions and remain open-minded towards societal issues by rendering direct, indirect, research or an advocacy type of service in and out of the school.

The Community Project is hands-on for students in the Middle Years Programme. Students appreciate the process of learning and take pride in their accomplishments while creating an

impact in the community. Furthermore, Community Projects provide an excellent foundation for the Personal Project in which MYP5. also becomes а springboard for a fantastic Extended Essay, and CAS Projects at the DP level. In view of this, coupled with the current global situation, the Community Project, suggested on ib.org-MYP: as Requirement Flexibility Plan, has been modified to suit Community Project requirements. With physical distancing protocols, students can still undertake actions to satisfy the outcomes of service. Below are opportunities of meaningful



actions that MYP students may choose and customise to suit their personal interests.

Our incoming Grade 8 students are not thrilled with the restrictions because they affect their chosen communities as anticipated. Nevertheless, there have been a number of Zoom classes to assist them choose a topic and create their groups to set a goal. We believe this cohort will produce a unique sense of service outcomes by the end of the period. Expect *Virtual Gardens, Fundraisers to purchase soap and hand towels for Squatter Areas, Post Covid-19 inspirational blogs, community photography, Twitter page on child labour etc.*

Keep reading the TIS Bulletin for the outcomes of these fantastic ideas.

Guidelines

- Students can maintain virtual groups of 2 to 3, but the undertaking the Community Project alone is acceptable and encouraged.
- Students do not have go into the community to engage with persons, however, they are encouraged to identify an authentic need within their neighborhood, observing the preventative measures as directed by WHO. Furthermore, students can take up trending global issues and share opinions by engaging their research skills.
- There are four types of service; Direct, Indirect, Advocacy and Research Service. Students are advised to explore the research and advocacy type of service to avoid contact with persons.
- Investigation can be done through emails, phone calls, FaceTime meetings, etc. Students are to take advantage of all the forms of the technology medium of communication.
- Taking action may take the form of articles, publishing, online posters, online campaign, DIY YouTube channels, Pinterest handles, online recipes, photography, arts and crafts, blogging, home videos, exercise routines, etc. An action taken must have a realistic goal which will engage the four objectives of Community Projects and, more importantly, positively influence a community.
- Students will keep a handwritten journal to document the processes as this is to differentiate the final action taken and the process. Students can also use the *process journal* section under Community Project on ManageBac.
- The supervisor may be a family member who will liaise with a teacher or the Community Project leader

Below are a few ideas that may suit the objectives of community project, students are encouraged to apply the ATLs and critical thinking to fine-tune these ideas into their own. These are original ideas as seen on the *IBlog* for CAS during the Quarantine. Students' are reminded that all the activities must have a goal and a global context to drive the cause.

- Google Blogger offers some great layouts for Blogging.
- Keep an exercise journal to track your time and progress with your family or siblings.
- Host a virtual dance party, teach some moves and organise choreography in the end. Join someone else's!
- Do a home documentary video.
- 2020 marks the 50th anniversary of Earth Day. Celebrate it with an Action.
- Create a presentation using Prezi to support a topic. Good posture, immune boosting foods.....
- Launch a mental health awareness campaign or any campaign that comes to mind. Great resources here.
- Do research on a topic of your interest and share with others.

- Through the investigation process, identify an NGO in need of a website or a poster and offer your services.
- There are NGOs offering opportunities for volunteers while you at home. Student Internship opportunities.
- Write an article about your school experiences or a particular project in which you are involved and share on the IB Community Blog.
- Educate yourself on COVID-19 via the World Health Organization's advice for the public, and take an action on your choice. Determine with whom you may want to share that info.
- Host a virtual school spirit week or create different themes to spread positive messages, photos and videos, with the use of a social media medium.
- Write a detailed review about a movie and share your thoughts whichever authentic medium you may choose.
- Host an online book club for a period, become the president.
- Become peer tutor and share your experiences.
- Design an online recipe catalogue. Learn how to bake and cook online.
- Mimic a TED Talk by videoing yourself and share via TIS YouTube or TIS Bulletin or share with peers .
- Create a garden and journal the processes and experiences.
- Develop your photography skills using your phone or camera. Take some cool pictures around the house. There are tons of online photography workshops.
- Learn how to makeup, sew or embroider, or another skill to honour a cause or use as a means to raise funds.
- UDEMY has incredible free online workshops, public speaking, art therapy, writing, drawing and many others. Sign up and complete your workshop. Teach the skills you learnt to someone else.

For more interesting ideas check the IB blog or click the link:

https://www.ibo.org/globalassets/programme-information/04-myp-requirement-flexibilityplan-en.pdf

There will be a **Newbies**

orientation on Projects scheduled for the 20 August. Further details will be communicated in due time. Students can join and ask all the mind-boggling questions toward an effective Community Project process.



CAS Projects



We are the World - IB CAS Project

"This is the biggest Virtual Choir of IB students in the world, with the aim of bringing hope and a voice of encouragement to the IB Community all around the world."

TIS students, MYP5 & DP1, joined the We are the World IB CAS Project back in April. Our students had an incredible experience alongside other IB

students from 57 countries. A special thank you to Nana Yaw, our music teacher, for his support

to this project, and John Adenu-Mensah (G11) for his enthusiasm and great leadership and to all students who participated.

While watching the video, pay attention to the Ghanaian and Nigerian flags. Those are TIS Students representing Ghana & Nigeria with pride.



Thank you so much, Harold Molina, and the entire team, Izmael Pacheco and Susana Víquez, for this amazing opportunity.

Our Next Project

A Virtual Cultural Exchange Tema International School (Ghana) & Yorkin High School (Costa Rica/Central America.)

The inaugural **Virtual IB Olympics** – We are looking for one committed G11 student to join a group of other leaders from four different countries. More details and the registration link will be included in the next TIS Bulletin. Stay tuned.

We are stronger together!

The video is ready and you can enjoy, like, share and comment: https://youtu.be/riU_RWBb3p0



ASA – After School Activities ONLINE



Spirit Week, ASA to name a few.

A lot has changed lately due to the COVID-19 pandemic. Since March, schools have been closed and online learning is the 'new normal'.

We are about to resume another academic year and our Newbies will join us and will be looking forward to the TIS experience. Our continuing students are looking forward to the CAS Orientation, Health Walk, Annual Production, events such as Founders Day,

The CAS-SA team together with Management, patrons and student leaders are looking for ways to create opportunities for our students' despite the restrictions. We will definitely continue ASA because experiential learning is an essential aspect of the TIS experience. Obviously, there is a need to re-think and change the ways we used to do so many things. This is the perfect time to show evidence of a growth mindset or begin to develop one. ⁽²⁾

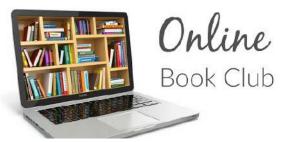
We will focus on individual sports, instead of the team sports. Sports that require maximum of two or four people such as tennis, badminton, squash, table tennis and swimming for social distance purposes. For the team sports such as soccer, we will reduce the number of players and modify requirements to ensure social distancing while focusing on skills development. All protocols will be observed while on campus (when Models 2 or 3 are implemented. Our club

meetings, weekly assemblies and school events will be virtual. In all our planning, please be assured that our priority is the safety of our students and staff.

The TIS experience will grow better. The approach may change, but definitely an experience that is engaging, authentic and meaningful for all participants is our focus. This is our DNA!

More details in next week's TIS Bulletin.

Below are creative suggestions from of our students.



Personally, I think it's a good idea to keep events, clubs and activities ongoing despite the pandemic. If possible it should be easy to engage in despite the lack of physical interaction. Also, the time should be suitable for all. **Afua Osei- Boakye, G8**

In case we go back to online learning, I think

quite a number of after school activities can be done online. Something like the TED Talk club can be done online and cooking can be done online. The Patron in charge of the cooking club can simply prepare a meal and send the video plus a list of the ingredients she/he used to the students, or the class can be live. However, I don't think ASA activities, like sports, can be done online. **Gwen Agbesi, G11**

I think that for events like TIS Founders' Day, Christmas, and Expression, it will be easy to have them online. But when it comes to ASA and clubs where physical contact, collaboration and supervision is required it will be more challenging. I suggest for clubs and for CAS projects that we can have one-on-one zoom meetings with our supervisors or club leaders.



It may also be possible to meet physically in groups of 2 or 3 with one supervisor for one hour and make the best use of that one hour. We can do that for projects that strictly require team work or physical contact. Another suggestion can also be to change all the School Clubs to e-Clubs. **Joshua Mefful, G10**

If we were to continue online learning, I believe it is good to hold after school activities also online. This will allow the clubs to be innovative and find ways to

achieve its goals. One ASA, for example, could be the cooking club. People might think it's hard but it's not that challenging to follow the instructor through Zoom. All the club members need to do is get the ingredients and follow the steps. Doing ASA online will be a very unique experience that no student will ever regret. Now students are realising the importance of all



these opportunities, an opportunity that some students used to take for granted. Isabel Prempeh, G11

If we were to return to school, I believe that school events should be held online so only students and staff are in the building. ASAs, such as Animal Lovers, which require students to leave campus should be cancelled in order to avoid students being at risk. Chris Quarshie, G8

In the case where we return to online learning this coming semester, Clubs and School Events will still need to continue as that is what makes school complete. I believe some activities of these clubs can be performed from the comfort of our homes. For example, cooking and gardening can be done from home and pictures/videos (evidence) will be taken and shared on the club's platform. Also, Zoom meetings could be held for clubs like the Debate Society,

Public Speaking workshop and the Innovation and Entrepreneurship Club where sessions can be held online. Edward Quansah, G11

I was looking forward to the CAS Orientation, especially after learning from the freshly graduated IB Class of 2020 of how amazing their CAS, School Plays, School Events, such as TIS at 15 and ASA, were. Well, we will make the best of these times. I am disappointed on the limitations that virtual learning presents us, but I am



hopeful and looking forward to beginning another year. This year's school production will be a showstopper, so watch out! I can't believe I will be a G11 Student. **David Safo, G10**

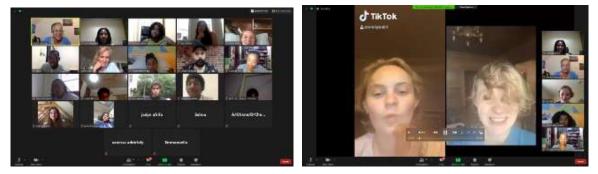
My NSHS & TIS Virtual Exchange journey



It is always painful when very interactive, mind-opening and fun experience comes to an end. 23 July 2020 marked our final and official virtual meeting for the 2020 TIS & NSHS Cultural Exchange. This experience was certainly one-of-a-kind. During our final session, we had a special guest join us. Mama Su opened our last session as she introduced our guest speaker for the night. She spoke

about the importance of challenging yourself and having a growth mindset during difficult times. She said, "If life gives you lemons, make an amazing lemonade". She said our Special Guest is someone who is not only kind but someone who knows how to turn pain into purpose and misery in to miracle. Her name is Gisela Voss the mother of the late Luke Voss-Kernan and Co-Founder of Unite to Light USA and Luke's Light.

Auntie Gisela, spoke to us about her journey and initiative. I was awed by her ability to transform her pain into passion and help many people across the globe. I cannot imagine or



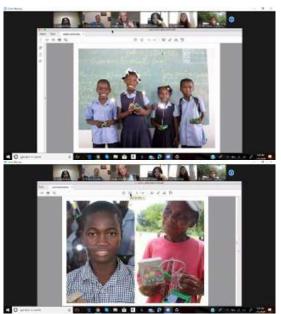
understand what she went through, but it was amazing to see how her initiative helps countless lives. She explained how there were challenges faced aside from the grieving process after losing her 19 year-old son. There were challenges, such as logistics and language barriers, when she began the outreaches to share the solar lights, but she found a way around it. I was touched by how TIS was playing a pivotal part in this initiative's impact in Ghana. The conversation with Auntie Gisela, to me, was a powerful one. We also learnt that together, TIS and NSHS were able to raise over \$US13,000 towards Unite to Light Ghana. Over 1000 Solar LED Lights and Power Banks will arrive in Ghana as soon as the borders open. We look forward to witnessing this event. These lights will make a huge difference. We heard the stories from beneficiaries in countries like Kenya, Haiti and others who benefited from the Unite to Light USA project. To date, they have shared thousands of lights in 73 countries.

During the entire virtual exchange, I had many intuitive conversations and heartwarming laughs with the group. Aunty Kay, nearing the end of the experience, emphasised the importance of relationships with many different kinds of people. That is one of the many lessons I am taking from this experience to my everyday life. I will certainly keep in contact with my partner, Miracle, sharing experiences, questions and thoughts on various subjects. I think understanding issues from someone who is living in a different place from you is one of the best forms of education. I will cherish the amazing group of students from Newton South High School with whom I was able to interact. I cannot share every single thing I learned throughout this experience and its impact because they are so numerous but I have tried to highlight some in my numerous reflections. Instead, I will say these are my top 3.

- Build relationships with people. Learn from them and help each other in various seasons.
- It's important to have conversations with people from different countries and backgrounds from you. It can help you understand issues, see new viewpoints, or simply laugh at random things.
- There is a lot we don't know about the world and the people around us, so always take the opportunity to explore and learn.

It certainly breaks my heart to know that this is the "end" to my cultural exchange experience, but I am grateful for every minute. I will make a conscious effort to continue to connect with my partner and other members of the exchange because the cultural exchange does not stop. We can all continue to interact and learn from each other, officially or not. I am happy to know that there are other two Virtual Exchanges coming up with IB Schools in Costa Rica and Angola during this coming year. Our CAS Coordinator, Mrs King will share the details soon. Incoming G11s, make sure you embrace these opportunities as you will be amazed by how much you will evolve from them.

Lydia Boahen - HOC - G11



NSHS & TIS Collaboration Towards Unite to Light Ghana Project.

One thing I took from this experience was to always make miracles out of misery. I'm sure this stands true when the world was struck by the uncertain circumstances of Covid-19. However, with the world on pause, we found a way to interact in the exchange program.

I really valued this experience because I got to meet people with disposition and realities different from my own and I was able to relate to them, share thoughts and opinions and still learn a lot from one another.

It still amazes me how we brought this exchange to fruition and to see how people from all over the world can come together under a common goal of sharing Luke's light through these dark times.

To everyone who helped make this a reality, I say 'Thank You' and I'm sure Luke would thank you too. Ethan Pobee – G11

GIRLS TALK

Topics of discussion: – relationships –self love & acceptance I guarantee you'll have a wonderful time!

THE SUPREME HOSTEL : CECILIA



Girls' Talk – An initiative by Cecilia Hostel Executives.

As a result of the current pandemic, our plans for the Cecilia Hostel could not be executed. As a way to solving this problem, the Cecilia Hostel executives came up with a brilliant idea to introduce online hostel sessions via Zoom. On 25 July, our first **Girl's Talk** was held on Zoom and we must say it was a success. In conjunction with our executive committee for the Cecilia

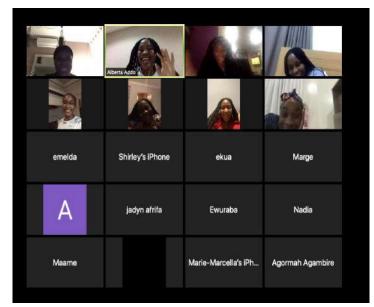
Hostel we put together a session where we discussed *self-love & acceptance, as well as relationships*. Our main aim was to provide a suitable environment for our girls to come together and strengthen the bond between everyone as Cecilian sisters. We are well aware that it is summer right now, but why not spend the summer having fun with your fellow sisters? Therefore, this amazing **Girl's Talk** was just the beginning. It can be assured that this program will be something fun and extraordinary, so don't miss out on the fun, classy ladies!!

Love ♥ *Isabel and Alberta – G12 –* Cecilia Hostel Executives

Reflections from Girls' Talk:

It was indeed a very fun night for me. I enjoyed just laying down and reuniting with my fellow sisters. I didn't think I would've been able to see any of them during this whole quarantine. We talked about self-acceptance and had an intriguing discussion which was by no doubt very relatable. I will surely be looking forward to more of these Zoom meetings as it was a quick and fun way to socialise. **Maame Ama Osei**

On Saturday, the Cecilia hostel executives and incoming DP2s planned a very inspiring Girls' Talk for the hostel. Before joining the talk, I didn't expect it to be fun as we are in quarantine and anyone can easily not show up. Going into this Zoom meeting we talked about self-love. Self-love is a topic which is very dear to my heart, so I was really glad that they held this discussion for everyone. I learnt that if you do not love yourself, no one will love you. It is very important to build yourself love, especially during this quarantine where we have more free time on our hands. I believe that a lot of people were inspired by the talk and everyone took something from it. I think the hostel executives and the team did a really great job! I look forward to the next meeting as I am sure it will be as exciting and insightful as this one! Nadia Bawumia, G10



The girls' talk was such an amazing experience. It helped me realise the importance of self-love and motivated me to be the best version of myself. Regardless of the circumstances we are in, it's nice to know that the Cecilia Hostel bond is still intact and I am really looking forward to more talks with my fellow Cecilians. **Angela Williams**

The Cecilia Girls' Talk was a really nice experience. It was an opportunity to share our opinions

and take other opinions into account.

They talked to us and gave advice as if they were our big sisters and also shared experiences with us which gave us a sense of comfort. They talked about self-love and worth, and honestly the words had a greater impact than I thought they would. It was a really fun night and it reminded me of how great my hostel really is. **Ama Mac-Deh-G8**

The Cecilian Girls' Talk was very engaging and insightful. It was a safe space for us ladies to have a chat about self-love and relationships freely. We had the chance to share our views on what we felt self-love meant to us and how to approach relationships with people. My main takeaway was that self-love is one thing that can greatly boost our confidence and diminish our insecurities.

I also got to understand the essence of setting standards and not compromising your beliefs for anyone. I believe the discussion tightened our bonds with each other and helped us catch up after being apart for so long. I look forward to more interactive sessions like this where we can express ourselves more and spend time with each other, regardless of the distance. **Marge Hagan, G10**

Having the Girls' Talk was very fun and collaborative, and we talked about "girl codes" and relationships. There were different views and perspectives on these two issues. Some people thought that a girl code was unnecessary, and you can do whatever makes you happy because you come first.

For relationships, there were a lot of perspectives on this but I think that right now we are young and it's fun to explore but we should focus more on loving ourselves because that's the first step to happiness. **Keisha Okai**

Interact Club of TIS - Virtual Election – New Board Members



The Interact Club brings together young people aged 12-18 years to develop leadership skills while discovering the power of *Service Above Self*. Take action, build international understanding, and make new friends around the world.

Anna Maria Poku, IB class 2018,

introduced the club into the TIS community as a CAS project. The club has been handed down over the years since it's induction on 19 January 2018. The Interact Club has strict measures

and requirements in choosing a new board for each Interact year. As the world is going through a phase, we are all learning to adjust and make use of available resources to reach various targets, hence a virtual election this year.

Below is the new board for the next TIS academic Interact year. An official virtual handover will take place in due time via Zoom. The link will be on ManageBac, and all guests are invited to witness the online ceremony as the Sitting Interact president, Interactor Akua Okyere, hands over the club to President-Elect, Interactor Stacy Abbeo.

Special thanks to Interactor Lydia Boahen, outgoing Club Organszer, for acting as the EC for this election.

Stacey Abbeo-President

Arnold Gyateng-Vice President

Fiifi Baiden – Club Secretary

Emelda Ann De-Veer – Club Admin

Saahene Osei – Membership Director

Torence Mwindaare – Treasurer

Darin Sarpong- Public Relations

Adom Acheamfour – Service Project Director

Congratulations to the newly elected executives! Remember: Service above self.



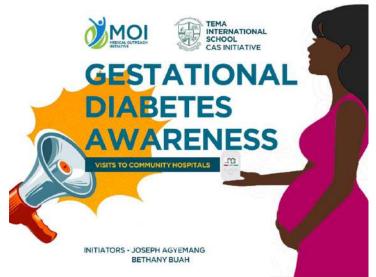


Medical Outreach Initiative by Joseph Agyemang & Bethany Buah

Hello, TIS Community!

We are the initiators of the **Medical Outreach Initiative.** The sole purpose of this project is to create awareness of the silent killer disease known as gestational diabetes. This project is of personal importance to us as we are both children of survivors of gestational diabetes.

My team and I planned to go out to three community hospitals to give talks about the risks it poses to both



mother and child, if not diagnosed before the third trimester, and ways to manage it during and after pregnancy. Unfortunately, due to COVID 19, we were unable to create awareness in that way. So, we resorted to taking our action online.

So far, we have created a website, an Instagram feed and a Facebook account. Our website averages about 20 views per week and our Instagram feed gained 20 followers per week with



a total of 100 followers.

Make a date with us on Friday, 14 August. at 8.00pm for a Webinar on Gestational Diabetes - Risks and Effective Management. Come and learn from our guest speakers.

Click on the links below and join us on Social Media and let's create an Awareness on the Effect Gestational Diabetes has on Maternal Mortality Rate during Pregnancies.

#Highriskpregancies

https://www.facebook.com/Medical-Outreach-Initiative-CAS-Project-Tema-International-School-113173737127913

https://www.instagram.com/p/CDLrbefp xY/?igshid=1ih57o782jtec

CAS Experience Opportunity - DOCUMENTAR a time capsule of NOW

(a)documentar_ is going around the world giving young people voice. This week, we had a mind-blowing submission from our one-and-only Jason, G11. The CBK team was amazed by his beautiful song. Kindly click on the link below and enjoy. Don't forget to like, follow, share and comment.

https://www.instagram.com/tv/CDFjXcOnIkW/?igshid=1okgan8igg011



Have you joined @documentar_? If not, find out how.

CAS Experiences are such an amazing way to connect with students around the world, raise awareness, tackle global issues and collaborate with young people who have the same interest as you. So, share your story, learn something new and challenge yourself.

In collaboration with CBK Associates, New York City and Service Learning Educators and students around the world you are invited to participate in a project called **@documentar_**

This is an opportunity for you to share your story with thousands of young people around the world.

See all details below. Kindly contact Mama Su, by messaging via ManageBac or email <u>surama.king@tis.edu.gh</u> or _233 244 615255

Don't miss this amazing opportunity to share your story. https://www.instagram.com/documentar /

https://www.instagram.com/p/CBOa1M jC1w/?igshid=1fv79kvdutbgo

Follow **@documentar_** on Instagram and see the beautiful submissions from TIS students and students all over the world.

Do you want to participate? See details below:

#documentar - a time capsule of NOW!

Show us the **WORLD** through your eyes. The current pandemic has shaken us to our core. No matter how many **TikToks** we watch, we are still unsettled by our current situation. The experience we are living through is particularly unique, especially for youth. You might be thinking, what can I do?

We want to know what the **WORLD** looks like through your eyes. What do you think is important to highlight? Add your story to **@documentar_.** Create your story through photos, words, art and tell the world what life is like for you during the pandemic.

Share your story and find out what is happening for others.

Before you start, take a moment to **BREATHE.**

Think about where you are right now -- mind, body, spirit.

- What story do you want to tell?
- What words or images would best tell your story?
- What matters most to include?
- Are other people, animals, places or things part of your story?

Document your story through photos,

video, art, spoken word, poetry, or self-portrait.

Three ways to participate in @documentar_.

FREE STYLE – Submit a short essay, poem, artwork, photo(s) with a caption, video, spoken word (whatever medium works for you!) about what life looks like now where you live.

Fill IN THE BLANKS – Tell us:

- Where are you now?
- How has your world changed?
- What worries you?
- What keeps you strong?
- Share a short message of hope to young people around the world.

SHORTCUT – Take a photo that represents your life right now. Challenge three friends to do the same.

When you submit, please also share 1-2 sentences to tell us what this means to you.

Share your story:

1. Post on Instagram/TikTok/Twitter: **@documentar_** and add #your name #your school @tema_International_school #tema #accra #documentarghana

2. Upload here: **@documentar_** Submission Form

- https://docs.google.com/forms/d/e/1FAIpQLSe4W3rIig7H0w8IHEECMHsBGB6vqNkDnmUiTIScCbpcVD9lg/viewform

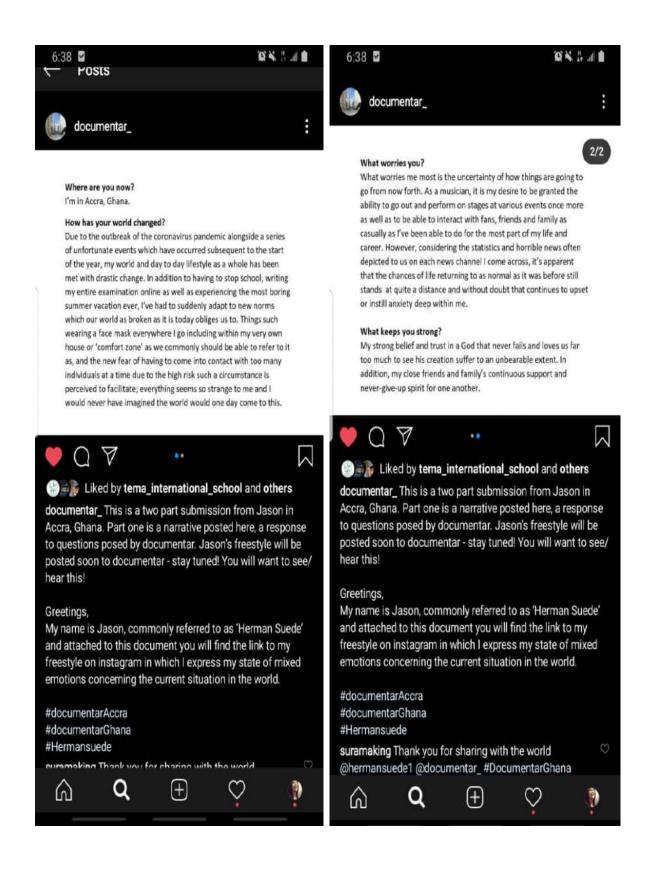
You must also upload on ManageBac. Create #Documentar by adding a new experience.

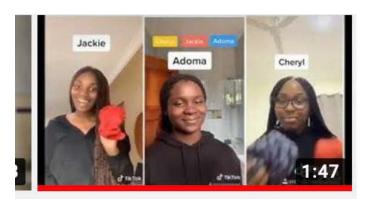
Every story matters. Tell your story. Be part of @documentar_

*Deadline: Friday, 7 August, 2020



There will be a **Virtual Session on Wednesday**, **13** August with students across Africa. The Zoom link will be shared on ManageBac. Don't miss out.





Company Program TikTok Compilation **Self-Made by TIS** - Cheryl, Jackie and Adomaa are participating in a business competition, and they need the TIS family to vote for them.

The name of their project is: **SELF-MADE by TIS**.

It literally takes one second to vote.

The link is attached below.

https://docs.google.com/forms/d/e/1FAIpQLScAnEBheGupftIao3lvJO1otklQPw4bOnmeUK 4XxmSHGAQvnA/viewform

Please vote ASAP. Voting ends on Sunday, 2 August at exactly 5.00pm.

Now, let's learn more about Self-Made by TIS and the JA competition. Make sure you are informed and participate next year.

Self-Made is a fitness and lifestyle app. It is easy to install, navigate and understand. We have noticed that the unhealthy lifestyles of Ghanaians have led to an increase in obesity in the country. Partnered with many well-equipped gyms, excellent trainers and qualified dieticians across Ghana, we provide customised plans to meet every user's needs. We even add our traditional dishes. Our plans take into account every user's specific interests from hobbies, food preferences, allergies and many more - and that's what makes us different. A future with Self-Made is healthier, happier and better.

The JA Company Program provides introductory entrepreneurship education for high school students by giving them the opportunity to organise and operate an actual business from capitalisation to liquidation. Over the course of 16 weeks, students collaborate to start a business, develop a product or idea and run the business.

The competition is an online version of their annual company of the year competition, the contestants that win the online competition would compete at the end of the year at a live event. In the beginning there is a 4 week intensive assignment program, where 19 teams are shortlisted from 63, after this round there is a second round where 13 teams are shortlisted by a short 1 minute elevator pitch. The program helps build teamwork, balance, communication and critical thinking skills during these uncertain times.

The national winners go on to represent Ghana at the Africa-wide Company of the Year (COY) Competition held in December of every year. There are many cash prizes for winning teams.

This has been such a wonderful experience. The competition has given us the platform to explore hidden talents. We've been able to brainstorm a business idea that fit perfectly into our community and thus, is bound to succeed. Together, we've been able to bond while getting the many assignments given. We've also learnt many new we believe will be applicable in future. As future business women, this competition is very essential to our future. We're extremely grateful for this opportunity and we hope others participate next year.

- 1. Voting ends on Sunday August 2nd at exactly 5pm
- 2. Scores will be weighted at 50% public voting and 50% jury evaluation.
- 3. Top 6 teams from this round will compete in the Grand Finale.

Adoma Agyare, Jaqueline Buba and Cheryl Kumah – G12



SELF MADE by TIS - VOTE NOW, Voting ends on Sunday, 2 August, at exactly 5.00pm.

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IN NO PARTICULAR ORDER	
SCHOOL	TEAM
Presec, Bompata	Teenagers Ceneration
Accra Wesley Girls	Nhark
Archbishop Porter Girls	Prep-preneurs
Achimota School	Team Dekk
Akosombo International School	Sabia Tech
Akosombo International School	Team Circle
Alpha Beta	Z - Plastics
Ghana SHS	Team Elit Amigos
GHANATA	JA Entrepreneurs of GHANATA
Keta SHS	Team Success
MCS International	E - Services
Mfantsipim School	Team Imperial
Sandema SHS	Team Shearfit
St. Mary's SHS	Amazing Plastics
St. Mary's SHS	Teptor Place
St. Mary's SHS	Team Beacons
Tema International School	Self-Made
TI AMASS	Team AMASS
Yaa Asantewaa Girls	Team Culture
St. Mary's SHS St. Mary's SHS St. Mary's SHS Tema International School TI AMASS Yaa Asantewaa Girls	Teptor Place Team Beacons Self-Made Team AMASS

SELF MADE by TIS - VOTE NOW, Voting ends on Sunday, 2 August, at exactly 5.00pm.

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TIS Alumni Nana-Tuyee Yeboah

The world is definitely as small village! To think that was through one of our pioneers that NSHS (Boston) connected with TIS is unthinkable. Katani (NSHS), the coordinator of the project, was in search for a school in Ghana. Then she met Nana Tuyee on a plane.... He told her, if you are going to Ghana, then it can only be at my Alma Mater, TIS... Well long story short, Katani visited TIS in July, 2019 with her school Principal, Joel, That was the beginning of an amazing collaboration and planning towards our first Exchange. To be precise, a virtual one due to COVID-19.

The NSHS & TIS Exchange teams invited Nana Tuyee to one of the sessions. The TIS students were inspired by his message and are eager to meet him in person, and the NSHS students wish to experience the TIS boarding life once. Hopefully, during next year's Easter we can have our Exchange in person. Mr Eddy Torkornoo, our administrator and pioneer staff member, was so delighted to meet Nana virtually. What a beautiful Zoom session we had!

Now, Ihave the pleasure to introduce you to our one and only Pioneer *Nana-Tuyee Yeboah*. Enjoy!

Name: Nana-Tuyee Yeboah - IB Class of 2007, the Pioneers

Hostel: Francis

Color Group: Green Wisteria (I still have and wear my green shorts i)

Prefect: Entertainment and Multi-Purpose Hall

University: University of Wisconsin - Madison (BBA in Finance, Real Estate and Entrepreneurship)

Masters: Harvard Business School (MBA in General Management)

Career: Growth Equity Investor.

I work as a Growth Equity investor, helping scale and build young African companies (brands in Ghana include Pinkberry and Dough Man Foods).

Fond memories – Camaraderie in the Hostels, The time Mr. Opare told the bell boy that he thinks like a bullet for ringing the bell at 3.00am (a few of us tricked him it was time to wake up), and then also the Banku days .

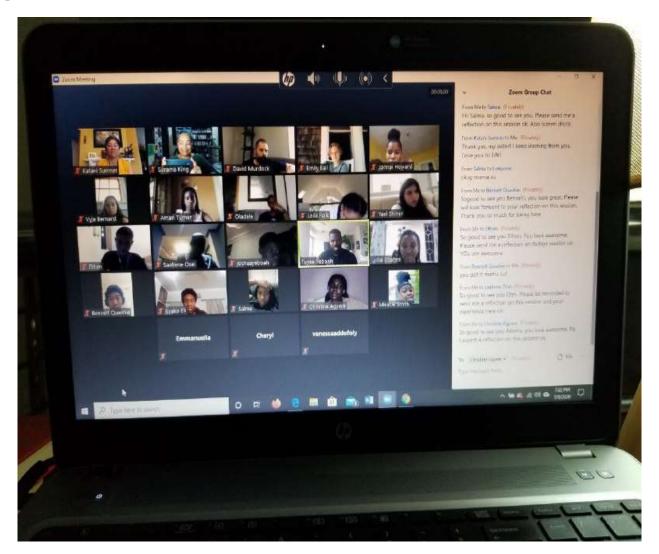




The Co-Founders, they were more than just founders and always treated us like family. Given my relationship with the kitchen staff, I used to interact with Mrs. Adjavon almost daily .

Being a special guest for the NSHS & TIS Exchange: "It was amazing to connect with the young leaders from TIS and NSHS. Their questions were extremely thoughtful and engaging. We talked about racial inequalities, navigating college and careers, and most

importantly, ways to stay focused on achieving excellence. It is evident that they are passionate about the future and determined to be agents of change. I'm confident that many will go on to do great things in their careers, communities and countries. It was an absolute pleasure!"



The IB Class of 2020 Organized a Night of Praise.

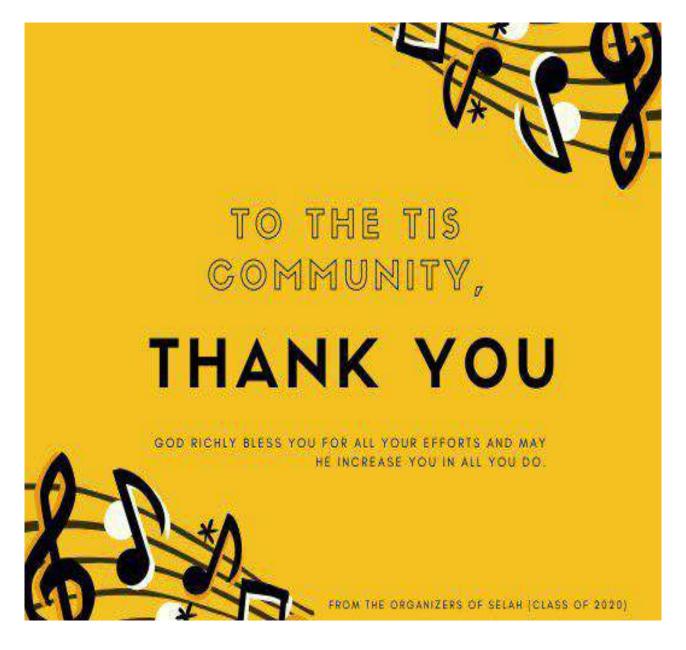
On behalf of the IB Class of 2020, I would like to say a huge thank you to all those who joined Selah: A **Night of Praise, Worship and Thanksgiving.**

This night was spirit-filled and blessed. The Bible says in Psalm 100:1, "Enter into His gates with Thanksgiving and into His courts with praise".

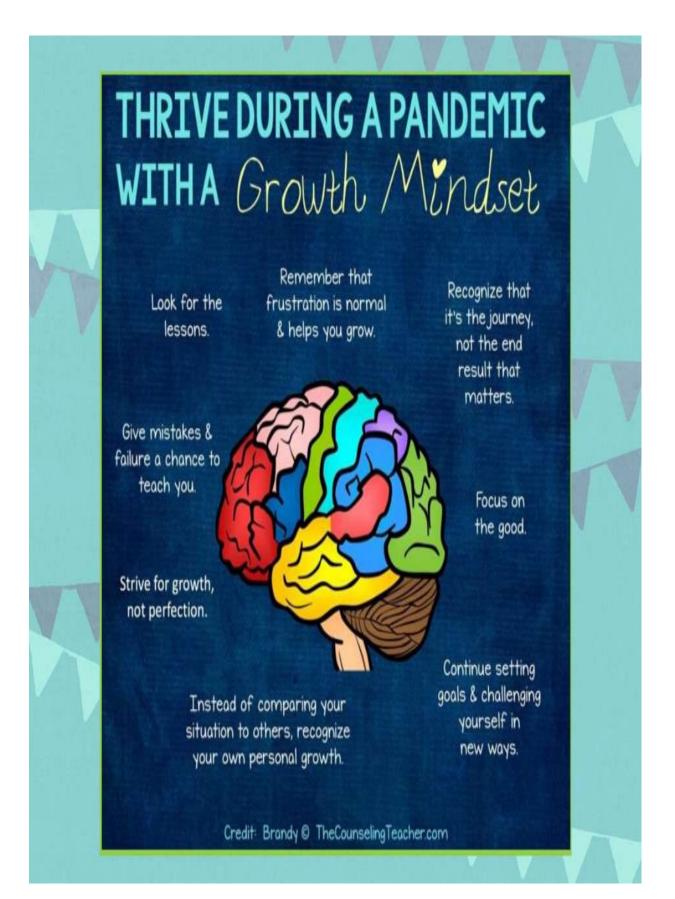
TIS Alumni, Parents, Students and Staff attended in their numbers. Thank you for joining us in giving our Maker all the praise due to Him despite the unprecedented times we are in.

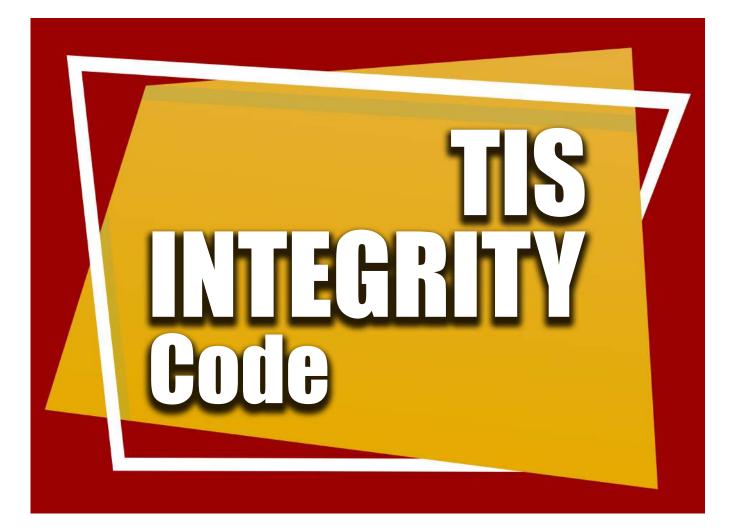
TIS family, we are grateful to you.

- Princess Asiedu, IB Class of 2020



Growth Mindset Corner





"TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member. As a TIS family member, I promise to uphold and demonstrate its values, and protect the reputation of the school. I make this pledge in the spirit of honour and trust."



