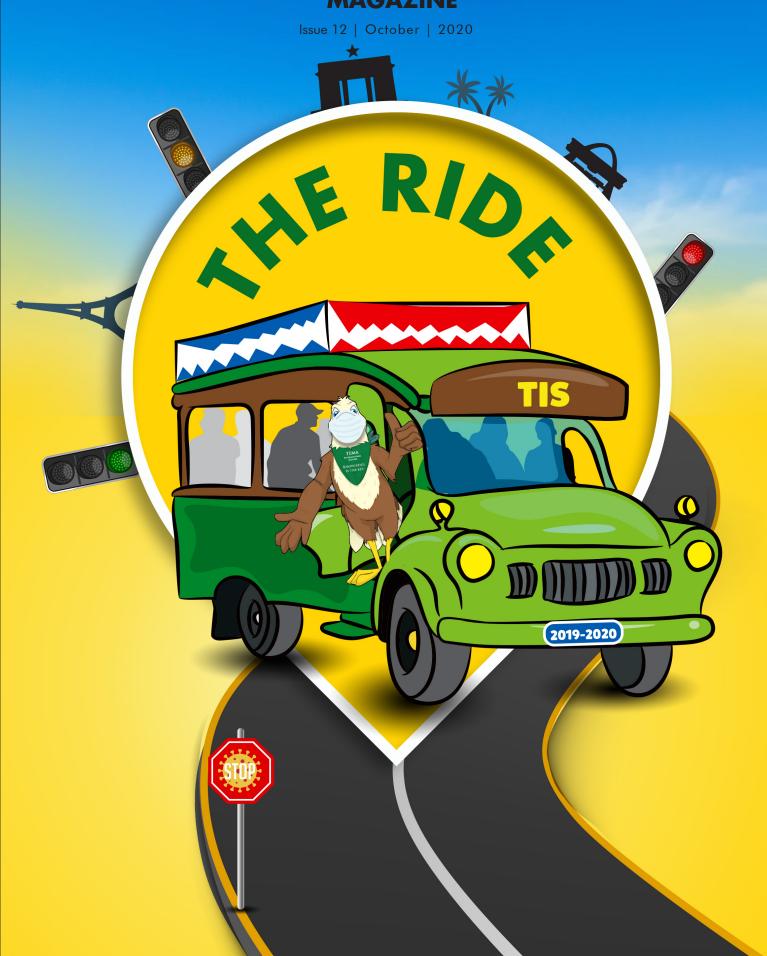
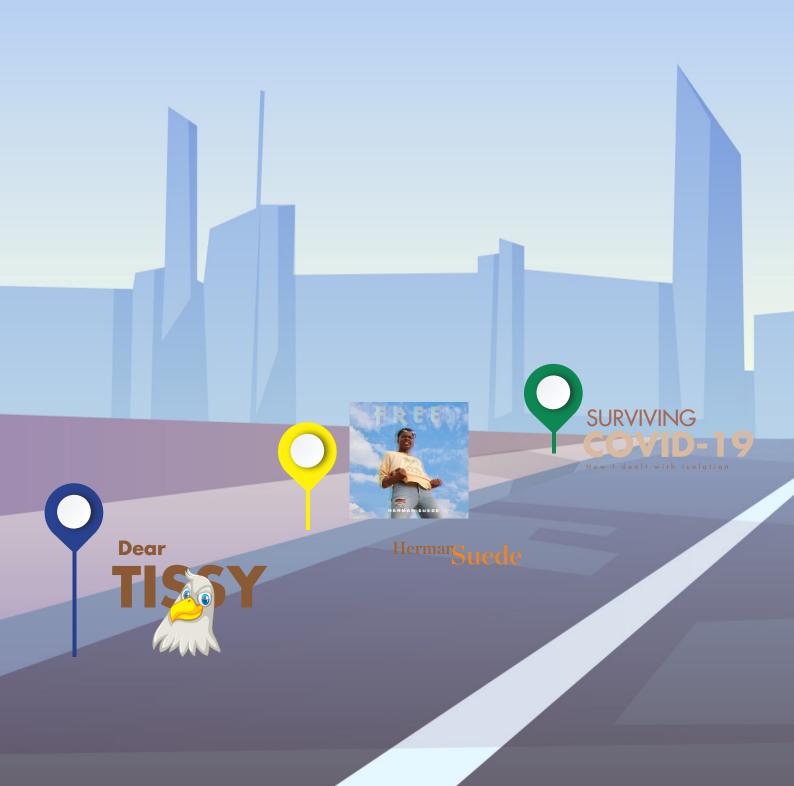




# TEMA INTERNATIONAL SCHOOL





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# **TISSY The Tour Guide:**

All Aboard, The TIS Express! Welcome, ladies and gentlemen! Thank you for joining the TIS Express today. Please fasten your seatbelt fastened as we might experience some bumpy portions during the ride. Please be aware that the sights and sounds on the journey may induce higher levels of adrenaline from heightened emotions. Get ready to laugh till your ribs hurt, cry tears of joy at the beautiful memories created, and most of all gaze admiringly at the beauty and elegance of the TIS culture. In the unlikely event of an emergency, stay calm and rest assured, you're in the safe hands of TISSY. Finally, enjoy the ride!

Bon Voyage!

Becoming the next speaker of the year

Meet the

**Executives** 





Meet the Council Executives

The ride has just begun and we know it is about to be long, stressful, fulfilling, eye opening and fun. Each and every member on the bus has made an impact, a change and of course added a little bit of the personality to the school. Unfortunately, the bus is over its capacity and can no longer contain everyone, so one person has to leave.

In a sentence each council member has to say one of the most interesting facts about themselves, so YOU can choose who leaves in order for the ride to continue

Lydia Boahen Nickname- Mama Li (Head of Council)

"I may be strict sometimes, but I know when to have fun, when I have fun; I go crazy"





Jaquline Buba Nickname-Toothless (Secretary of Council)

"MADAM FIULL SOMETHING FOR YOOURSELF I HAVE ASKED YOU, AND YOU WONT TELL ME SO DO IT YOUURSELD LOVE SKI"

Salma Aisha Roland Nickname- Skylark (Head Academic Executive) "I am always laughing, I bring light with my laughter. I work hard but I play harder"





Bethany Buah Nickname - The prophetess (Chapel Executive)

"My laugh is as contagious as my everlasting smile, my faith in God can be heard in every encounter I make."

Sanjeevan Allotey - King Kong (Head Francis Hostel Executive) "I have the ability to make the most creative shots and comebacks in seconds."



Nana Saahene Osei - Tupac's Child (Deputy Francis Hostel Executive)

"My fashion sense extends further than just my looks, my creation of most of my outfits can be made into reality and this applies to all aspects of my life, when I want something I make it happen"

Elrad Martin Lawson Nickname - RadiPuss (Deputy Anthony Hostel Executive) "My athletic ability is undeniable even though I may be quiet but when I'm given the opportunity to talk about my passions, sports and planes, I can talk for days"



Christine Adoma Agyare
Nickname - The girl with the locs" / Ski
(Head Catherine Hostel Executive)
"I am the life/ host of the party,I make
sure everyone is happy and I'm always
laughing no matter the situation and
weirdly I can crack my neck 5 times in a
row making different sounds."



Emmanuella Boateng
Nickname- DanceGodBoat
(Deputy Catherine Hostel Executive)
"I can make high pitched sounds, pipe
sounds and many different sounds
with my mouth closed."

Darin Jordan Sarpong Nickname - \$lim Rule (Head MPH Executive)

"I'm the fastest and loudest man on the land! My sense of humour is different, but when you get to know me, we can laugh for days"



Stacey Abbeo Nickname -Stayyy (Deputy MPH Executive)

"My knowledge expands further than the classroom, in each and every sentence my intelligence is shown."

Eyako Eli Dzantor Nickname - The 100 (Deputy Academic Executive) "I am book smart but I be slacking everywhere else, meaning I'm the smartest life of the party you'll ever meet."



Fiifi Baiden- Ball Gbae (Head Sports Executive) "I am a perfectionist, I play 8 sports, I've mastered my craft in all and my laugh has the ability to light up a room."

Cheryl Kumah -Ceo of Makeup to stay home (Deputy Sports Executive) "I have love for sports, and my zeal to continue even when I fail is unimaginable"

Alberta Addo - Mother of Twitter (Deputy Cecilia Hostel Executive) "I'm the most fun and kind person, you'll ever meet but when you cross my path, you'll see a whole different side"



Isabel Prempeh
Nickname - Toy Ambassador
(Head Cecelia Hostel Executive)
"There is never a dull moment with me, I am
constantly happy and have the ability to rub
off on each and every person in a 5 mile radius"

Arnold Gyateng - Coach Neezyy (Head Anthony Hostel Executive) "I'm one of the best conversationalist you'll ever meet, I'm one of the most versatile people you'll ever meet, grade, gender and age do not affect how I'll relate to you"





Let me set the scene:

Your heart slams against your ribcage and sweat drips down your forehead. You take a look around- the bed is unlaid, the room is unswept and you rush frantically to fit one foot into your shoe. But you have 5. More. Minutes. You imagine you can do it. In your head, the shoes come on in 10 seconds, the bed laid in 40 and your room swept in 50. But, the seconds go by and it happens: the inspection bell rings.

You are late.

He walks in and you immediately make eye contact. He does a quick survey of the room, and in his eyes, you see the realization that nothing that needs to be done is done. You fearfully face him as these fateful words come out of his mouth "You go freaking job".

That's it. One of the many realities of TIS. Of course in too many heads we wake up and have multitudes servants at our beck and call then we float through the day in clouds of comfort and leisure. Reality check. That isn't it.

In our reality, the TIS reality, there is a fast and furious pace that creates models of time management, discipline, and most of all integrity. So when I'm asked questions like "Can you sweep?" accompanied by tinkers of amused laughter, I simply join in the laughter because it's just thata joke. No one here is living in that impossible utopia.

I'll admit, from a spectator's view, TIS may look like just another school for Ghana's "Dada bees", but trust me, it is more than that. It is facing morning chores with the roommates and compromising when people don't seem to make sense to you, it is common room meetings where you can laugh with your friends and make unexpected new ones, it is competing heavily at sporty families and killing it at the school play. It is all this and so much more. But you don't have to take my word for it, do this instead: Come accompany us on the TIS ride. Sit back and enjoy the captivating view of the TIS events and the TIS intellect. All I ask is that you remain in your seats until we have come to a complete stop because in the words of Big Moe, "It's about to go down".











(I have a problem, shhh)

iamjhenesbabybabygirl

"Everyone says they're stressed out. They describe the endless list of things they have to do. Then there's me. I'm not stressed out - at all believe it or not, that's what is stressing me out."

> Relax, love. The first thing you need to know is you don't need to be stressed to be doing your best. However, you know yourself. Are you worried because everyone is stressed when you aren't or because you know you actually aren't doing anything productive? As long as you know you're doing what's right sweat it. And here are some tips to manage your time: Don't wait until exams or a test before you start learning. Start now. Get yourself busy now. Keep on top of all tasks and kick procrastination out the door. And if you're doing this already then sis, you're fine. Sometimes there doesn't seem to be much to do. Trust me I get you. It's such a confusing state. You wonder to yourself: "What at all does this girl have to do? Are we not in the same class?" Remember, not all fingers are of the same length. However, regardless of how tall you are as a finger, keep thriving, and doing you. Go

Anonymous 0.1

Who forced me to do the IB???

off, love!

Dear Tissy, I'm fed up. I don't know who forced me to do this IB thing but I cannot handle it anymore. I know I'm just in grade 11 but the stress is hitting me now. Are there any ways I can enroll in a different school to do A levels???? I need help Tissssy! It's Tissy here. Trust me, we've all thought about doing A-levels after having a taste of this IB. I can't stress how well I understand how you feel. I've heard many pieces of advice regarding this. 'What doesn't kill you makes you stronger,' they said.

'However, I'm not trying to be murdered in getting my diploma, you know?' That's what I said.

Then realization slapped me hard in the face.

It's just like being able to see things like everyone else: from ground level and the opposite, above ground level.

You're on the ground right now, looking at things as they are. You probably see the many obstacles and challenges in your way. The E.E, I.A's college essays, supplements,

whilst having to balance your social life with it. You wonder when it's all going to end because you can't see a destination anywhere near.

Then there's the perspective above ground level.

From here, I see that endpoint. I see you moving. However slow or fast you're moving, you're still moving and you can get to that destination because you are closer than you think. Don't give up now. You can do everything and anything you put your mind to and being in 'just' grade 11 shouldn't determine the amount of stress you feel. It's okay. Just don't overstress yourself, okay? There's no need to enroll in a different school because you can do this - and do it well. Also because your parents have already paid your school fees. You've got this!

90431-callmerosy



my roommates, hm. I get so annoyed by them sometimes. But, we're five in the room and 2 of my roommates take a minimum of 15-20 minutes to take a bath. And I wake up quite late so this means I'm always late for breakfast and then the hostel prefects keep getting upset with me. How can I politely say to these roommates that this is not their home and that selfishness will not take them anywhere in life

## Room meetinall

I know it might be hard initiating it but trust me, it'll all be worth it at the end. Just talk to them. Explain your situation in a polite way. You know, without adding that their selfishness will not take them anywhere in life. I actually get where you're coming from because it's a school setting and they should know better. Just talk to them in that room meeting. Keep your mind open and let everyone express their opinions. You'll one way or another, find common grounds. Communication is the key.

It's tempting to end here without taking into consideration that the room meeting won't work out. If that doesn't work out, just try to wake up earlier than them and bath. All the same, I trust that you'll be fine & the meeting will actually work out. Compromise comes from communication. Don't worry! It'll be okay, promise!

-Alberta Addo & Vanessa Addofol







I hope this letter finds you well,
Consider this an attestation of our appreciation,
A very personal love letter to our very own superheroes of TIS
In various ways, you have looked after us and made us your top priority.
It's almost as if you were fictional characters sent to make our lives a lot easier

Firstly, the kitchen staff, I always wonder if they work on rollerblades or skateboards-One minute the mph tables are dressed in ketchup and tea spills, and in the next hour or two, it transforms into your favorite downtown restaurant, with clean tables and the water cups systematically arranged such that the colors compliment each other. Not to mention the speed with which meals are cooked and served, these superheroes must definitely know how to stop time

Look! we have our very own Flash and Kid flash.

And with the cleaning team, you'd think we had Spiderman and his team swinging from branch to branch with the way the garden is always neat, it's as if their feet never touch the ground. No traces of the muddy pile from yesterday, no fallen leaves on the ground, no more wrappers decorating the garden, don't think they all just disappeared into thin air, magic doesn't exist in the real world, but our superheroes do.

And did you know TIS had it's very own adaptation of Tony Stark. you didn't think the bright lights and the sound system fixed themselves did you. Yes they're usually behind the scenes and keep it lowkey, but that doesn't mean we don't see them.

Look, Iron Man is not far from us.

Those looking for a degree in engineering should take some notes.

Lastly, the security team. The Hulks of TIS, without the green skin of course. They might not have the body and physical strength of the Incredible Hulk but they do they're very best to protect us from robbers and any outside threat to the school. Also they keep our parcels safe at the gate so whenever you ask mummy to bring your new clothes for church they reach you safely. Think of them as your overprotective uncles, without the temper and unrealistic muscles.

We're very grateful for your dedication and contribution to the students and the institution as a whole, your work never goes unnoticed. You are truly the superheroes we deserve. Take care.

Sent with love, Editorial board.



































































"Are you the best art student in your class?" "No," she replied.

"Does that bother you?"

"No, because I like the way I paint, and I think that's what matters. Some are the better but don't like what they paint." -Nana Adwoa, 8 years (grade 1)

Hit the brakes.

Yes, you just read grade I. And no, that's not a typo. That's not a pothole or a speed ramp. Clear your mind and relax, because you're safe in this ride - except- there's one thing I failed to tell you:

We're taking a new route.

The route meandering through the neighborhood of TIS's PYP. you read that billboard on your left, right - we're at the PYP.

Let's reverse into time:

It's September 2019 and the new TIS primary campus which has doors leading into the dimension of the PYP curriculum has been opened. Don't worry about traveling long distances to visit your child in the main high school campus, it's only a kilome-



ter away. The buildings separated by just a kilometer are so distinct yet so alike to each other. Here, we have an authentic 21st-century learning environment and experiences that promote communication, collaboration, problem-solving, critical thinking, creativity, and leadership. Not only does the school offer top-notch facilities and an environment friendly to all, but they also have a safe and enriched learning environment. In addition to the various subjects they are taught, it is mandatory for them to learn a second language during the program. What more are you looking for in a school?

We came across the students of PJP whilst they actively participated in their after school activities. You expect them to shy away, or I at least expected them to shy away. They were, however, confident with auras that exuded a surprising amount of confidence and composure. The type you wouldn't expect from a child, you know?

Nana Adwoa definitely caught my eye. She was literally dripping in elegance and so poised in her speech. Her sentences weren't rushed. Instead, she spoke slowly, taking pauses now

and then, leaving me in a trance. I can't lie, it was a beautiful sight.

"I like to keep things to myself"

"Do you think that's a good thing?" I inquired.

She let out a little laugh, paused, and laughed again. Then she said, 'Sometimes." She was so calm and collected.

One thing I can without a doubt say they enjoy is the school. They all answered saying they would rather come to school than stay in the house. You should see how their face lit up each time the words

to the question rolled out of my mouth. From Kwesi to Nana Kwame to Israel the footballer, Akua who says Ghana is too hot for her and Maame Jaa, the lady who aspires to be a miner. We met different individuals who were similar yet so alike from each other. I can guarantee that they'll stand out from their other peers.

There's a short video of each of their reactions watch time they're asked about a girl/boy they liked deeply etched in my memory. It's a face full of cute disgust I can't scratch out. And finally, the highlight of the visit:

No, because I like the way I paint, and I think that's what matters.

Some are the better but don't like what they paint.

"I don't miss my mother. I want to play at school foreverrrr!" you would think all they'll do is to have fun. However, evidence of the above-average traits they exhibit shows in their actions.

If you haven't yet noticed, that was the last turn which took us out of the neighborhood. Don't gaze back there for too long. There's more ahead of us, and the destination is near. Sit tight, in 3 seconds I'll hit the gas. three, two, and one!

Vroom!

-Vanessa Addofoly











Philosophy

# Gossipages Pitshop

MYP

12 magazines in and many can testify that TIS has not stayed the same. We crossed many hurdles, swerved countless potholes, and gone over too many milestones during this ride. And on this year's journey, there have been a crazy amount of pit stops.

irstly, we have pioneered two new courses in the IB Diploma Programme i.e Philosophy and Film! This academic year, TIS saw its first film student, Eric Kuffour Mensah who started taking an online course before we even knew it would soon become our reality. And he will be the first - and hopefully not the last -film students to be examined in TIS. We see you, Eric:)

Aside from this, TIS welcomed a new set of philosophers. Yes, you read that right. With the introduction of philosophy as a new IB subject, TIS got its fair share of Dantes, Socrates, and Aristotles. These audacious students set themselves apart from other students by studying the fundamental nature of knowledge, reality, and existence. Unfortunately, they had to discontinue the course with the departure of our beloved David Spooner. Although according to one of the Dantes

"Taking the course was an irreplaceable experience and even though I can't continue, I'd be lying if I said I didn't use a lot of the skills I learned from the subject every day".

Fingers crossed for reintroduction next year? You never know.

Passengers, at some point, we've all pictured how life would look in the near or distant future. And within these predictions, most of us have imagined writing exams and tests right from our laptop screens. Around may this year, that future would've been actualized as our MYP students would've been writing TIS's first E-assessment. Unfortunately, this particular achievement had to be postponed due to the coronavirus pandemic (let's call it Sister Rona, what do you think?)

> Additionally, this year we've had many examples that have proved that while the road to success may be rocky, it's not an impossible drive. The school has seen its first-ever 44 IB points by Tiffany Agyarko and a perfect score in mathematics by Eyako Dzantor.

Next up on this tour, we have a new hotel dubbed "HOC" that emphasizes that this academic year TIS has had only one Head of Council. You'd ask "How is she going to balance everything?, Can she overcome the challenges?" But, knowing Lydia Boahen, I don't have many worries and you shouldn't either.

The last and possibly the most jarring change we've seen is dear Mrs. Rona, who decided to go on a world tour this year. The coronavirus pandemic has caused a rude and undeniable shift in our daily lives. However, despite how big this shift has been, the versatility of a 21st-century education has saved us - who needs to be in school to get an education? With the help of our new friend \*coughs\* jailor \*coughs\*, zoom we are able to have school, complete CAS activities, and even socialize. And so far we're surviving one tweet/ TikTok/facetime/house party/ zoom meeting at a time.

Well, passengers, that's all the tea for this academic year! Thank you for joining me on this tour of all the pitstops TIS has taken this year.

**IB Diploma** 







We're here to experience the well known 'France Trip'. On

your right, you'd see our students, drinking cocktails and having a conversation with each other- in french of course. If you're wondering how this happened, it's the magic of the cultural immersion program! Students get the opportunity to meet new people and engage with the french culture. They live with French host families for weeks while going to school with friends.

This trip brings into reality what the beloved "Tricolore" textbook has been teaching for years. It's fascinating to see all these things come to life and even more amazing to experience this with your friends. The adventures here range from trying to navigate through Antibes, to struggling to tell your host parents what meal you'd like for breakfast. But at the end of the day, I can assure you that these students are budding French scholars!

# DARK ALLEYS short story based on the coronavirus pandemic\*

It's almost too sudden. You don't see It coming. Whoever sees It coming? It just hits you and then one minute, you're the most cared for in your community, and the next, you're barely an after-thought. It doesn't care. It's not living, but it strikes. And when it does, God help whoever is in its way.

I wake up, my head pounding and my chest heaving. Clots of phlegm stand, piling up during my dreams, ready to rush out when I rise; ready to leave me, along with the breath in my lungs. My lungs. My lungs and throat occasionally give up at trying to hold it in and a mass of pain shoots through my esophagus and I have to. I just have to. I remove the ventilator, hack the phlegm out of my throat and push out violent coughs, wheezing harshly for a while after. The ventilator is forced back onto my face and I shift my nose uncomfortably. Nobody at all wanted to get even 100 meters close to me when I was first diagnosed.

I can't blame them, but it hurts me. Nobody gave me a shred of attention and cared even about whether or not I was alright. Ironically, friendlessness became my only friend. I still don't feel important when the nurses ask how I am feeling, because I know they don't care and that they just ask to make sure they can use whatever medication I am on, for the benefit of the rest of the world. Once again, I don't matter. The first time I ever make an impact on the world and I am just another loss, just another thing that It took away. I'm just waiting for that day that I don't wake up. I wonder if someone will care then.

-Claris Perdison



# The Red eyes:

They say it lurks in the shadows at night and waits for its next victim. It hovers around the bathroom, thirsty for a prey, and you walk in, BAM!

The terrifying death stare peruses the depths of your soul and ignites and a flame of fear till you are left paralyzed. The only mistake you made -apart from walking in, was looking straight into the mirror. That's when it gripped you and sent your pulse racing causing adrenaline to flood your system.

So for whoever is to venture to the washroom at night, 'red eyes' awaits you.



# The floating baby Head

That day it was his word against theirs. He narrates the incident like this:

He was more than ready to get into bed after tirelessly learning during prep. But as he entered his room, he was met by what was yet to be known as 'the floating baby head'. Terrified, he let out a scream and told his friends about what he had seen. They all mustered the courage to go see what he had just described- and it was gone. Disappeared, never to be seen again.

But the story was passed on from generation to generation, leaving patches of fear and curiosity in the hearts of young boys. After years of no leads, the story died down. But some believe it's still out there- waiting for the perfect time, the perfect place, and the perfect victim.

# J

# We have a guardian angel that the boys don't!

During the deep hours of the night, chatting and gossiping is the zenith of enjoyment for the girls. The only stimulant keeping us awake in a way that our books just can't.

And it is in these moments that our guardian angel, Aunty Gladys, is on the lookout, accompanied by her torchlight and puzzled stare. She's a figure that truly deserves more recognition. We've made many memories together. But a typical meeting with her includes her moderately short advice about sleeping early and its numerous benefits.

How unlucky the boys must feel to be deprived of such a privilege. When will they also have a guardian angel?



# Docking chronicles.

On the nights after prep, you'd often find the grade 7-9's trapped in a bubble of boredom as their laptops rest in the wooden cabinet we have affectionately nicknamed "The docking station."

Every night at their respective docking times, the juniors unite in the reading room. Anna gives up her bundle of joy and the only bridge between her and her beloved mummy. And the rest do the same.

An interesting case of the docking chronicles was when grade 10s - 12s were made to dock for one night. Candidates had their laptops trapped, in the docking station, with their deadlines hanging on the edge of a fish hook. It was as if all hell broke loose- but there was nothing we could do but complain.



# 7 minutes in Heaven

From 8:30pm to 8:37pm we spend seven minutes in heaven. Although the traditional '7 minutes in heaven' game of a guy and a girl in an enclosed space, ours is a bit different.

It's the ladies bidding the guys goodnight and rushing to their rooms to chat with their roommates. Or for others, it's rushing to watch their favorite YouTuber one more time before the docking chronicles begin. Regardless of what they're rushing to do, they've only got seven crucial minutes to do so.

These seven minutes are precious times for some of them. Often, people's athletic abilities are revealed as they sprint back to the hostel before the gate is closed on them. However, on Mondays and Thursdays, they're given 15 extra minutes. Night Cup gives them some more time to have a little gossip session with the boys after a long period of studying(or not)

All in all, playing 7 minutes in Heaven is quite risky because when the gate closes, smiles will turn to frowns and the less fortunate will face the wrath of our female executives. Enjoy your snack during 'Night Cup', though!



# Breakfast or no breakfast, we decide.

Yes, in the hostel the girls decide whether the hostel executives get to eat breakfast or not, and they're very skillful in doing so. Leaving their lights and fans on, forgetting to undock their laptops on time, mistakenly transporting their room keys to the M.P.H. and many more. These are just a few tactics our lovely ladies use to keep us trapped in the hostel while they munch on their sausages and eggs with way too much pineapple juice.

On the bright side, we have also decided to fight back! We simply call them back to the hostel to take care of their unfinished business. Now, who's the one missing breakfast, ha!



You've come really far into this ride, but, believe me, when I say, you haven't seen anything yet.

Tighten your seatbelt passenger, we're at the junction leading to TIS's 16th annual school play.

Lights, cameras, action!

You might think after 15 consecutive years of directing plays, the school would have lost its touch. After all, a play can't be as good as the best, students graduate, and amazing actors or actresses are lost.

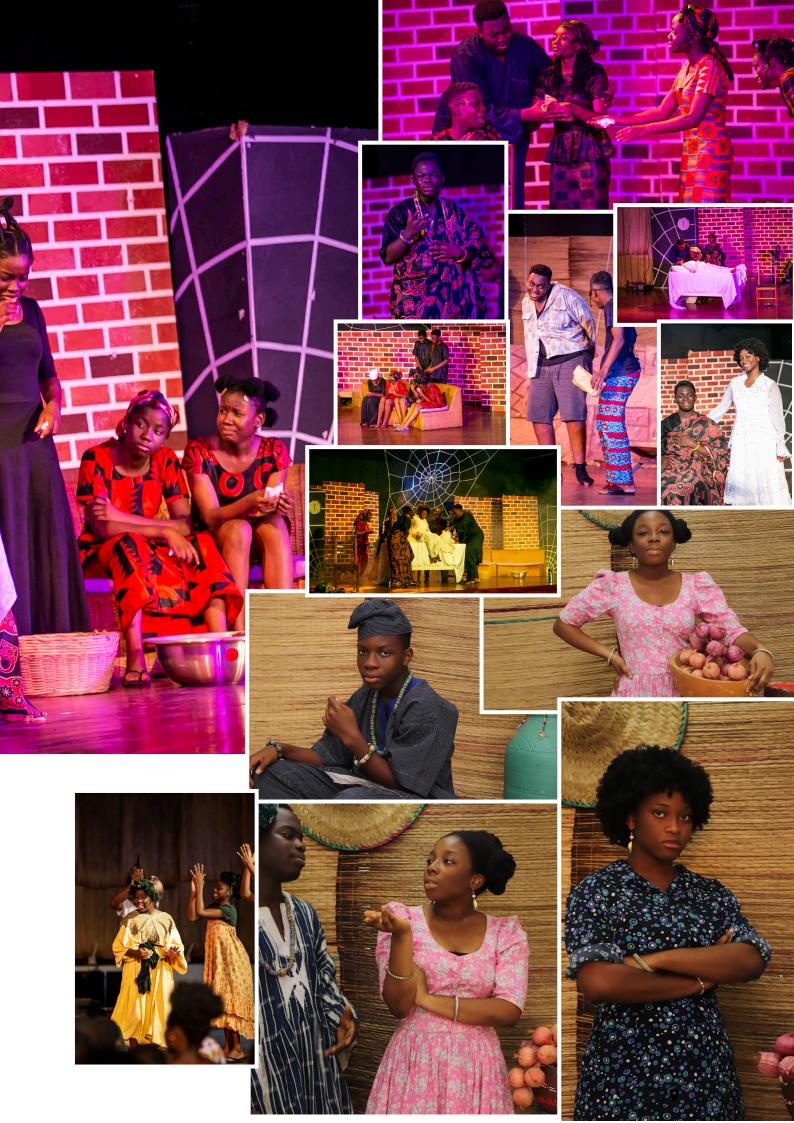
That's where you're completely wrong. The Adaptation of The Marriage Of Anansewa wasn't just yet another school play. It blew my mind more than I could ever imagine. It's quite funny because as part of the crew, I had seen the play more times that I could count. However, the spirit which engulfed the completely transformed MPH on the two days of portrayal was beyond my comprehension. Look outside the rolled window. It's the magic hour when the sun dyes everything gold and you can catch a whiff of rain in the breeze that zooms past. On the two days, the play was performed, everyone experienced that magic hour where the sun was the lights, where the gold was the cast and ensemble and that breeze, that breeze was the spirit of excitement, of anticipation and at the very end of the play, the spirit of immense satisfaction and pride.

# I repeat, it wasn't just another school play. It was an embodiment of the hard work of our TIS family

A beautiful play.

Roll the windows up, on to the next stop!

-Vanessa Addofoly





And as I look into their beautiful eyes I know this is a friendship for eternity A true forever thing.

# **Current→**

I stand.

Through the trials and tests of ordinary days,

through the same routine, my gratitude is found in-between the cracks of my uncertainty,

my gratitude is a patchwork of stitches called Holy Trinity. God's love.

God's love is the beginning and the end,

is the eternal current that flows from this shimmering faucet of love, penetrates my heart, tends the flowers growing in it, chokes out the weeds, is a gardener. His love stirs up my soul, grace cascading from non-existent waterfalls

here.

In this current moment.

Draped in the cloak of supremacy died to save humanity is His son. Emmanuel.

Just the two of us, walking hand in hand into eternal haven.

Where every star is a thought.

And each and every galaxy is a cluster of thoughts that run through my mind like randomised film tape.

Here,

in this current moment, he imparts these words into me: and when the sky grows dark, and the sun stands still,

and the clouds whisper to you but you no longer hear their beckoning, and your human anatomy crumbles under its own complexity,

I want you to know, No, I crave for you to know, that you are, Loved.

-Daniella(G12)





# What does it mean to be beautiful?

What does it mean to be beautiful?
I traveled across the world and I met some beauty experts
That is, travelling from one web page to the next,
Exploring what that really meant

They told me beauty that it was the state of being attractive When I searched what attractive meant, It told me it was appealing to the mind or senses

When I looked for what appealing meant, it told it meant to be attractive So the cycle continued

But there were many who dared to tell me, beauty was found on the inside Beauty wasn't defined and that it lay in the eyes of a beholder But what if the beholder was blind?

For the world has seen one kind of face for decades
It sold generations, a one dimensional figure
It was not prepared for the reparations of hurt that would carry on for a
millennia

Our perception lacked depth and was superficial

The mould of beauty had cracks formed by the tears of those suffocated by it It was unattainable by most

Coveted by much Hated by all

Too black, not black enough, too white, not white enough, too brown, not brown enough, too skinny, not thick enough, too thick Simply, not enough

For who really knows what it means to be beautiful? God does,

It wasn't a mistake that he made different body types, different races, different sizes

We all formed as part of his diverse image
And we are a reflection of his glory

If you asked me again, what does it mean to be beautiful
I say

My melanin be glowin' reflectin' the glory of the holies of holies

Dark skin with thick curly hair

Fearfully, Perfectly and Wonderfully Made



# Dear Diary,

Have you ever found yourself in a position where you have people looking up to you to deliver something extravagant? Well, that's how I felt weeks ago. Chocolate friendship day is the day when students can demonstrate their love for each other through gift and chocolate exchanges and everyone can eat as many chocolates as they want without thinking twice about their health. This year, I decided to take charge because the program was linked to my CAS project, heart attack awareness "be the beat". I know it sounds a bit odd, selling chocolates even though it can cause diabetes and other problems. However, studies have shown that eating chocolates once a day, reduces the likelihood of even developing any heart disease. Everyone who had taken charge in the previous chocolate friendship day planning prepared me for the ride I was about to go on, but believe me, you can never cross a bridge until you get there. As usual, every ride has its ups and downs and there were more than enough both of those during the preparations. There were good days when I ate so many chocolates I couldn't even stand the sight or thought of them, and bad days where I felt as though I had the entire TIS on my shoulders. However, in the end, it all worked out the way I envisioned it. Everyone woke up to find their bags of chocolates with excitement and curiosity. But, if you thought that was the end, you're sorely mistaken! We had our very own Love island festival for entertainment, where everyone gathered around the garden to enjoy a series of events that we had planned. The red candles, balloons, food and music all helped create the boo'd up environment we hope for. And the entire day, despite all the stress it took to get there was extremely beautiful and now Diary, I feel for more chocolate so i have go to find some.

XOXO, Nana Yaa





It was a very insightful experience which gave me the opportunity to learn a lot of the technicalities involved in hosting your own concert"



# Herman Suede

kay, passengers! We're vet to make another stop at our very own Herman Suede's After Prep Concert. Get ready for a night filled with fun and excitement before continuing our journey. For those anticipating to speak to Herman for the first time, this could be your chance, unlock your doors and let's mooove.

ALBIE: Wow, Herman we were all very excited to see you tonight.

HERMAN: I'm very glad you could all show up

ALBIE: Do you mind answering a few questions?

HERMAN: I don't mind, go ahead.

ALBIE: How did you feel about the turn up at after prep?

HERMAN: I was really honored to have seen everybody come out in their numbers to support! Literally 800-1000 people came which is crazy considering the fact that it was my very first headline show. I performed all 14 of my songs with intense energy and by God's grace, I didn't even get a muscle pull at any point in time

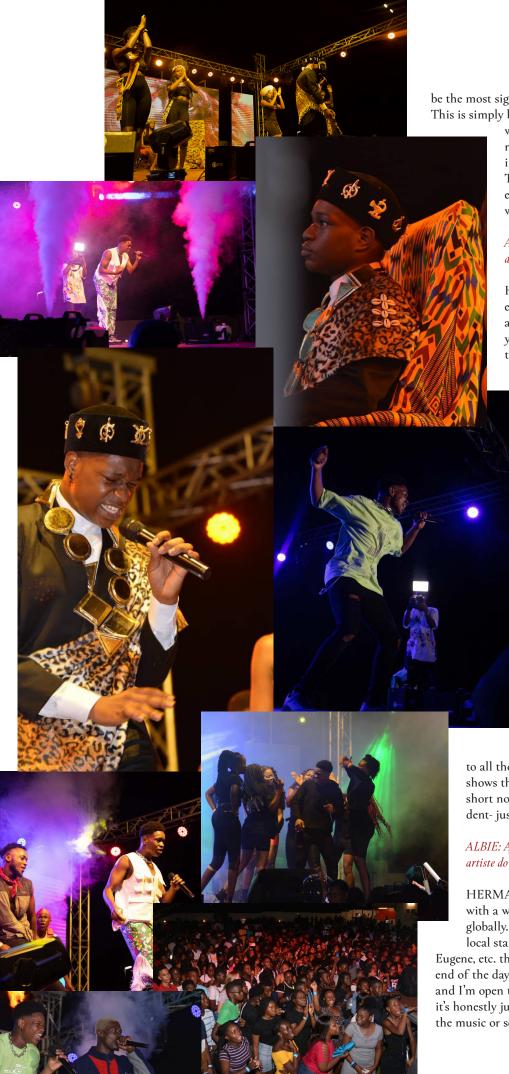
regardless of the unfit state and physique I was in.

ALBIE: Are you planning on making after prep an annual event?

HERMAN: Hopefully, I know for sure After prep 2020 is most definitely coming to pass so stay tuned for that and spread the word ASAP.

ALBIE: What was the inspiration for dubbing your concert "after prep"

HERMAN: The concept behind the name had to do with the fact that as a boarding school student such as myself, the period of time I have to spend after prep tends to



be the most significant for me and in each individual's day. This is simply because it's the only time in the day where

we are given entire freedom to completely relax and dedicate time to our personal interests aside from during the weekends. Therefore, the joy and comfort you experience during that period of time is what I wanted to replicate through this show

ALBIE: Seeing as this is your first concert, how difficult was the preparation, getting the tickets, etc?

HERMAN: It was a very insightful experience which gave me the opportunity to learn a lot of the technicalities involved in hosting your own concert. From the stage set up to the light and sounds to special fx, to inviting

and finding ways to further promote the show and most importantly the importance as well as significance of collaboration as

I had to cope with the wide variety of people involved in the production process from start to finish. In addition, the project still continues as in partnership with my CAS project in school, proceeds from my show are being used for the refurbishing of the dormitories at 'Christ Faith Foster Home' in Frafraha.

ALBIE: Were you intimidated by the other concerts that happened last year December, eg. Detty Rave and Afronation, Crusade?

HERMAN: Well not necessarily because I was well aware of the hard work I had been investing in the show therefore with trust in God and my management team, I knew the show would have been distinct and impactful

to all those who attended regardless of the other big shows that were hosted around the time. Long story short no I wasn't intimated neither was I overconfident- just hopeful that all would go as planned.

ALBIE: After collaborating with Sarkodie, which other artiste do you wish to work with?

HERMAN: I'm inspired by and would love to work with a wide variety of artiste both in Ghana and globally. To name a few Billie Eilish, Burna boy and local stars such as King promise, Mr. Eazi, Kuami Eugene, etc. there are a whole lot more of them but at the

end of the day I give them all equal amounts of respect and I'm open to collaboration. I try not to be too picky lol, it's honestly just down to whether or not I genuinely feel the music or song in question.



Executive of the year Interview

### AND THE EXECUTIVE OF THE YEAR AWARD



That statement showed so much determination and passion that it pushed everyone to work instantly to achieve just that. Fast-forward to a few weeks later and I still remember almost peeing my pants from fear!! I can assure you that memory will always be one of my favorite memories in TIS.

I had always had a hunch that she was special but from that day onwards I always look back thinking to myself "Wow, we did that."

She never let anyone feel inferior to the other. Whether you were a secretary, a drink vendor, or even just a helping hand to the committee; she made sure everyone worked equally hard. I can testify that she works with honesty, focus, passion, respect, confidence, clarity, and care. This is why I'm proud to announce that Noelle Mends Addison is rightfully the EXECUTIVE OF THE YEAR!!

Oh, but it doesn't stop there, the best is yet to come. As you continue to read you will get the juicy information you've always wanted to acquire!! From the silliest gossip said about her, to her weekly adventures that brought "THE" best entertainment nights. You will know the extremes she had to go past to achieve these entertainments and how exactly she was able to bring something that everyone thought impossible to life. Okayyy, let's begin!

(P.S. you'll see me gassing up some of her responses as we go. Allow, she is just amazing!)

### What was your first thought when you found out you won Executive of the Year?

"A lot of things. First, I thought wow, after six long years of hoping to see myself in the magazine, I'm going to get a whole feature. But on a serious note, I was relieved. It was satisfying to know that people acknowledged my hard work and appreciated what I had done."



### Of course, you deserve it girl! Now, what entertainment inspired you to pursue the position?

"I don't think I can pin it on one entertainment. It's been a long ride since I joined the entertainment committee in grade 7 and in those six years, I have had many positions from drink seller to grade representative to treasurer and public relations officer. Thinking about how much I had given myself to entertainment, it was important to me that I ended the journey remarkably."

### What pushed you to make your mark?

"I needed myself to know and understand that whatever I imagined could be achieved if I worked hard enough. I wanted to be consistent in everything I did, to make sure I was leaving the position with the same zeal I entered with."

### Can you briefly tell us how your journey was as an Entertainment executive?

"The journey was a test of my self-confidence. I had to learn how to trust myself more, which made it mandatory to strive. I was never fully sure how things would turn out. So, it was also a strong test of my faith in what I was doing. Being an executive was a teaching experience where I learned not only more about the organization, coordination and planning, etc but the importance of being focused and having unwavering confi-







dence in what I believed in. I realized that in all things, pleasing everybody is 100% impossible. At the end of the day, it is important to do what makes you happy because honestly those people may forget, but you never will."

Yes, PREACHH!!!As an executive, what was the silliest thing you've heard your juniors say about you?

"Hmm, I can't seem to remember any."

(And I oop-)

Can you simply narrate how a normal Saturday looks for an entertainment executive?

"Saturdays were my workout days. I never sat. If I wasn't in the hostel planning and writing things down, I was meeting with my committee delegating and outlining how I want the night to be. From then till the night ends you'd probably see my committee members and I setting up, running around the campus, and coordinating. When it came to the night itself, I didn't do much since I give tasks to my members, so I would just stand in the background and 'survey' to try and find out what I could possibly improve... and also rest a bit."

Please give us your best memory as an executive.

"Ahhh my best memory. That would be all the times I had free time."

Aaww, me too, to be honest. Tell us what you believe made you stand out for you to receive this award.

"I'm not sure honestly. I think when you do something you love, and do it to the best of your ability, success will always find you."

Now could you kindly tell us what made your entertainment committee the best committee the school has ever had (sorry guys but I just had to :))

"Hahaha. I'll have to try and be unbiased as much as possible. Personally, I think the members work so hard. Everyone understood and appreciated the importance of entertainment and were so committed to making the most of it, sometimes even more than me. The drive the committee was is inspiring, especially for something that wouldn't make it on their CV or CAS portfolio. I think the reason I appreciate them so much is that being a single entertainment executive, I had to carry a lot on my hands and the committee was so supportive and helpful. Personally, what sets them apart is the fact that they expect nothing in return for what they're doing, they just do because that's what they enjoy. That's the best attitude any committee should have."

And there you have it, the words of Noelle Mends Addison the winner of this year's Best Executive Award. Remarkable right?

Isabel Prempeh



spends a lot of her time listening to spoken word. The passion the speakers use to deliver their speeches and the creativity a poet uses to express a moment, send a message, create an emotion that would not have been fathomed without their intricate web of words, this intrigues her. And all of this, she transferred into the performance that won her the title speaker of the year. If you are like me, you watched captivated as the ordinarily goofy girl, captured you with a slow confident register, a wide smile, and unmatched confidence. And as you sat there only one conscious thought lingered in your brain "how does she do it?". Here, we have an exclusive look into what it takes to become the next speaker of the year...

Ethan: What inspired you to participate in the speaker of the year competition?

Answer: During my time in TIS I realized that I had a skill from pubic speaking. In fact, in grade 9 I decided to participate in the speaker of the year competition because of my love for debating. I had never done anything like this

I did what I was best as I used the stage space, my gestures, my expression, and my enthusiasm all to captivate the audience



competition and I was eager to try something new and to my surprise, I came out as the 1st runner up. It was at that moment that I realized that I had a talent for public speaking and decided to develop it. Last year I knew that I had developed my skill to the extent of winning.

### Ethan: How did you prepare for the competition?

Lydia: I spent a lot of time trying to understand the prompt. Once I got my facts and examples I just needed to put them into a speech. I wanted my speech to stand out but that was difficult in regards to prompt so I practiced my tonation a lot to make sure I was executing it well. I practiced how to say my speech, my actions, my use of the stage all to enhance my execution of the speech. And, my win- I think- was more about the execution of the speech than the speech itself. For the content itself, I used articles, Ted talks, YouTube videos, and advice from my Dad to help write my speech.

Ethan: Wow! Now after all that preparation, what did it feel like standing on the stage speaking?

Lydia: Honestly, I was extremely calm. But that was mostly because of a combination of preparation and familiarity. I have never been afraid of standing in front of a large audience, I enjoy it but on that day I was extra confident because I was prepared. I made sure to smile a lot, enjoy what I was doing, and try to send that joy to the audience as well. With the 2nd and 3rd rounds, I was nervous because I had less time to prepare and revise but I still had confidence because I knew the best thing I could do was be creative with my execution whilst still being persuasive.

### Ethan: What advice do you have for people who want to participate next year

Lydia: Know what you are best at. Many people can talk very firmly to carry their points across, others use countless examples. I did what I was best as I used the stage space, my gestures, my expression, and my enthusiasm all to captivate the audience. So what are you good at? Do you like painting and expressing yourself through art? Then paint a piece and use it to help you deliver your speech. Do you like music? Sing a song in between and make a little dance. Use what sets you apart as an individual to set your speech apart

Ethan: Thank you so much for the interview Lydia and for showing us all what it takes to be the next speaker of the year. Tata!









### FIGHT NIGHT



### CYCLOPS V HORSEMAN

re you team Horseman or team Cyclops?

The first fight of the semester commenced with this fateful line.

The school was buzzing with excitement as brother went against brother in TIS's very own fight night. Throughout the week before the event, the entertainment committee built our anticipation with posters, interviews with the students, and of course the video of the century. Then, the fateful night came when horsemen went against cyclops.

At the end of the day CYCLOPS was declared and the joyous cries of his supporters could be heard throughout the 'fighting rink'. This was just one of the many events planned and executed by the 2019/2020 entertainment committee that kept the excitement alive not just one night but also on the days preceding it. Throughout the semester, the entertainment committee remained relentless in making sure that entertainment every week was one to look forward to and left school begging for more each time. Every week new ideas, new

events, and new people make appearances. With the likes of Kwesi Arthur and Kwaku Sheldon gracing our entertainments, there was never any room left for boredom. Instead, Noelle and her team ensured that every member of the TIS family was involved, relaxed, and ready to face the challenges of the fast and furious week ahead by providing unforgettable nights.



There wasn't a more heartwarming way to end the year! We carved smiles in the faces of the children, as we journeyed from orphanage to orphanage. We were rewarded with a feeling of fulfillment as we knew that we had changed the lives of others. From a GH¢ 600.00 cash donation towards the cleaning of a septic tank to providing dust bins, toothbrushes, tubes of toothpaste and even sanitary pads! We tried our best to make a significant impact. Our motive was to donate Health and Sanitation equipment while having first aid and personal hygiene workshops with the orphans. This was to tackle the third Sustainable Development Goal, that is, good health and wellbeing. We were pleased to see the enthusiasm the children displayed on matters about their personal hygiene and health. It was a memorable experience giving to the children of the four orphanages (Save Them Young Orphanage, Handi-Vangelism Resource Center, Christ Faith Foster Home, and Lighthouse Christian Children's Home). Now, we are rest assured that they are well protected from injuries and diseases. We are very grateful to have been given the opportunity to have such a great impact on the lives of others.



We learnt a few life lessons ourselves through this wonderful journey; one's that will help us to make the world a better place. At Heritaid, we strongly believe that every life is valuable and must be cherished and appreciated. This is why we do what we do, it is never too early to start achieving!







# SURVIVING

dealt with isolation

#### midding

v. intr. feeling the tranquil pleasure of being near a gathering but not quite in it-hovering in the perimeter of a campfire, chatting outside a party while others dance inside, resting your head in the backseat listening to your friends chatting upfront-feeling blissfully invisible yet still fully included, safe in the knowledge that everyone is together and everyone is okay, with all the thrill of being there without the burden of having to be.

You've swiped to this page and you see a word that doesn't actually exist. But you notice a few things in its definition: the words campfire, a gathering, friends, a party, and chatting. In my mind, your mind catapults to a crowd of people. To an atmosphere of togetherness where you basked in the enjoyment of worthwhile presence.

Doesn't that seem like paradise now?

The played-out and overused words 'new year, new me' seemed to have a new zest to it as we entered the year 2020. After all, it was the beginning of a new year, a new decade, a new century.

Who knew rather than the total positivity we hoped for, it would conceive an epidemic that costs the lives of thousands? Who knew that the epidemic would become a pandemic that costs the lives of millions? Tell me, reader, who thought that the pandemic would affect Ghana as well?

Now, The social distancing borne of COVID 19 happened- and still is happening (hopefully not by the time you're reading this). But now I just want you to look at social distancing with this in mind:

Midding: the tranquil pleasure of being near a gathering but not quite in it.

Everything changes. Do you see? We can be at a gathering without being in it, chatting at a party, resting in that backseat laughing, mere centimeters away all from the convenience of our screens. Apart, yet still fully included knowing that regardless of the screen barriers, the static integrated with our voice as we speak and the lack of physical touch that everyone is together and indeed everyone is okay. In essence, we experience the thrill of being there... being there through zoom, through text throughout a phone call -anything- without the burden of having to be there. Not physically there, but still present.

It's a worldwide break for introspection and retrospection. To redefine your goals, values, and metrics. To experience darkness so you can appreciate the light when it comes. The social distancing of today brings our heightened existence tomorrow. We can make the most out of this situation and come out of it as new people or we can keep old habits that will result in the same occurrences. New year, new me' would only have that zest to it when we change for the better. We have the chance to do this during this time. I'll end this the way our president always does because it is indeed true, that this too shall pass.

-Vanessa



## The Silent Battle

### Insight TV vs Outsight T

Insight TV is an clubownclub created and operated by students of Tema International School while Outsight TV is a project made by the entertainment committee members.

In the year 2019, a friendly rivalry between the only two news reporting stations in TIS arose. Ever since the sudden launch of Outsight TV, the station has gained quite a reputation amongst the student body. Its relatable and comic content has the whole student body anticipating their videos by the end of each week. However, the celebrated Insight TV, is well known for its reports on amazing accomplishments and informative content the school has to offer as well as the International awards the club has managed to win.

Further investigation on this topic resulted in the collection of different points of views from members of each group

### **Adoma Agyare**

(President of Insight TV):

### What inspired you to join Insight TV?

Honestly, Insight TV has been in TIS for years, unfortunately, it went dormant for a few years. When the opportunity arose to join, I couldn't help but join and bring back insight tv to represent TIS.

### How successful do you think Insight TV has

Insight has been very successful, from our videos constantly being played at the primary campus to showcase TIS to our corporations that bring light to many problems in today's world. Unfortunately, we haven't been able to fulfill all the past aspects of Insight TV and Outsight TV has

been able to fill our gap but we're still able to represent TIS as the most formal video station.

A lot of people look forward to Outsight TV videos, how do you feel about that? Honestly, Outsight has been able to successfully grasp the student body with constant funny content and wonderful editing, but Insight Tv's target market extends further than the student body, our job is representing the whole TIS body as well as inform members outside of TIS about the school, its projects and of course Insight itself. The formation of Outsight TV has lessened the workload and has allowed us to focus on representing Tema International School as a whole. This helps us, honestly, we enjoy Outsight TV, and most times we can't wait to see what Outsight has next.

#### **Darin Sarpong**

(Presenter and active member of Outsight TV):

### When you joined Outsight TV how successful did you think it would be?

I won't lie to you, I thought it would be a flop. We were just a group of friends in the entertainment committee that wanted to go the extra mile to make fun videos to entertain the school. Insight TV was already set up and successful which was intimidating, but little did we know that we would have shot off the charts

just as fast.

#### What's your opinion on Insight TV?

Insight is such a positive motivation to us; the whole idea of Outsight was inspired by them. They do best to be informative in such a nice way. They are like a fun bulletin. However, Outsight is better:)

### What inspired you to join Outsight TV?

It is more who inspired than what. Noelle Mends Addison, the previous entertainment committee executive always

encouraged us to do something more than planning weekly Saturday night entertainments. However, the question was what to do? After watching an Insight TV video at morning assembly I heard someone say, "the idea is too cool to be this formal don't you think?"This sparked an idea in a couple of friends and I, and so, Outsight TV was birthed.

### Do you enjoy taking part?

Without a doubt! I enjoy making people happy and entertained wherever I am, and to be part of Outsight TV makes this happen which is a huge plus for me.





### **Clive Amoh**

(Active member of both news reporting stations):

I love the media. I love to get the right information to the people. And I love it when people love the information. In grade 11 I joined the Insight group to make my dreams a reality. As a member of this group, I learned from my peers some presenting and broadcasting skills. In time I realized that my style was more freeform than that of Insight, and so together with some of my colleagues in the Entertainment Committee, Outsight was founded. Outsight wasn't created to displace Insight; however, it was created to provide the students with something out of the routine assembly videos—something they could relate to. I am still a member of both groups and I think that they have given me similar exposure. Insight equipped me with the skills I needed to be in Outsight. Outsight, on the other hand, was a way for me to enjoy myself and entertain the students too.

All in all, even though it is said to be a "competition" between both parties, it is evident both hold a deep respect for one another



red and white color theme brought out the homey Christmas feel.

As lunchtime approached, students filled

by our own kitchen staff and the captivating sounds that the DJ played to keep us on a high note. It truly was a day to remember.





