# TIS RECORD

P: +233 303305134 | E: info@tis.edu.gh| W: www.tis.edu.gh

#### At TIS.

we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.

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#### COVID-19

- Wash your hands frequently and thoroughly.
- Practise social distancing at all times.
- Wear a mask when 'out'.
- Use hand sanitiser frequently.

#### Thought for the Week

When you learn, teach. When you get, give

- Mary Angelou



## **Self-Improvement**

Author and writing instructor, Natalie Goldberg, offers this advice on how to improve your writing (or anything else):

"In order to improve your writing, you have to practise just like any other sport. But don't be dutiful and make it into a blind routine. "Yes, I have written an hour today and I wrote an hour yesterday and an hour the day before." Don't just put in your time.

That is not enough. You have to make great effort. Be willing to put your whole life on the line when you sit down for writing practice. Otherwise, you are just mechanically pushing the pen across the page and intermittently looking at the clock to see if your time is up.

Some people hear the rule, "Write every day" and do it and don't improve. They are just being dutiful. That is the way of the



Do the right thing, even when no one is watching.

It's called integrity.

#### **Read & Take Action**

• When it comes to action, it depends on what is important. To avoid disappointment, always be aware of current requirements or obligations and plan ahead, rather than pushing back. It alleviates personal stress.

#### **SAT & ACT 2021**

• Best advice: students who are required to complete SAT and/or ACT requirements should do so by the end of Grade 11. Leave it until G12 and you have created a personal time-management monster.

## **Making Us Proud**

- Arlene Agbotui for her Promise Project (see last week's edition).
- Chelpang Alhassan for her Congo awareness-raising project.
- Edudzi Mac-Deh, Charlene Akwei, Eliana Owusu-Afriyie and Eyram Addom for their Reduce and Reuse Project.
- Aisha Hussein, Farah Agoro and Mekaila Nyarko for their Child Labour article Community Project.
- Ezra Somuah, Terrie Tenge, Ryan Lokko and Jaye Asante for their Workout Zone Community Project.

Goody Two-shoes.

It is a waste of energy because it takes tremendous effort to just follow the rules if your heart isn't into it. If you find that this is your basic attitude, then stop writing. Stay away from it for a week or a year. Wait until you are hungry to say something, until there is an aching in you to speak. Then come back."

Source: Writing Down the Bones

So, self-improvement requires consistent effort and a commitment. In one word, it all comes down to ATTITUDE.

How is your attitude affecting your achievements and success

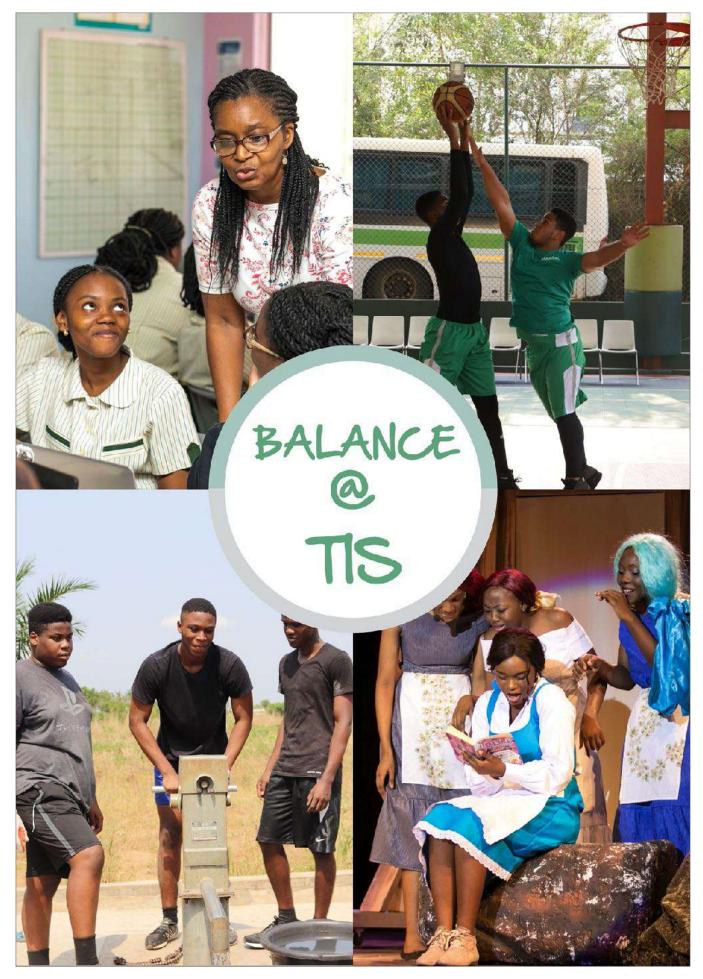
## Admissions 2021/2022

Admissions for the next academic year, 2021/2022 open on 1 December 2020 for the Primary School Campus and the Main Campus, Secondary classes from Grades 7-12. The Primary School is still accepting admissions for second semester, commencing January 2021. For further information, please visit: <a href="https://tis.openapply.com">https://tis.openapply.com</a>

Stay healthy. I appreciate your support.

Dr Ken Darvall (Principal)





## **Tema International School**

## 2020 - 2021 School Calendar (Virtual \$1)

	August '20								
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	December '20								
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	January '21							
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	February '21								
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March '21								
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April '21								
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May '21								
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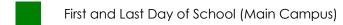
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	July '21							
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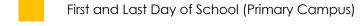




Main Campus Event



Primary Campus Event

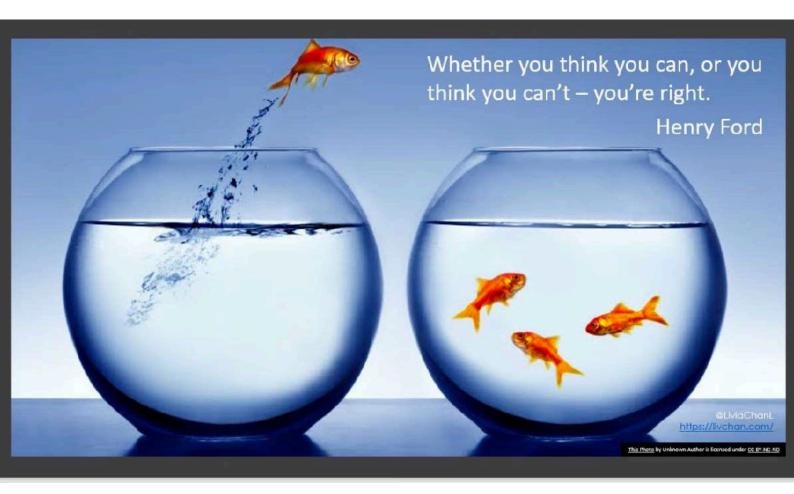


SAT Test ACT Test

Public Holidays	1					
4/12/20	Farmers' Day	8/3/21	Independence Day			
3/5/21	Labour Day	13/5/21	Eid Al Fitr (TBC)			
S1 Internal Da	S1 Internal Dates: Main Campus					
1/8/20	2020 MYP Results Released; 2020 M	YP Enquiries Upon R	lesults Open			
3/8/20	Senior executive staff resume					
10/8/20	Teachers resume					
12/8/20	Newbies' orientation commences onlin	ne				
21/8/20	Newbies' orientation ends online					
24/8/20 29/8/20	Secondary School classes commence SAT					
12/9/20	ACT					
18/9/20	MYP/DP Parent Information Session					
26/9/20	SAT (TIS Students)					
3/10/20	TIS Founders' Day; SAT					
10/10/20	ACT					
12-16/10/20	Mid-semester break					
15/10/202020	MYP Enquiries Upon Results Close; I	Language Acquisition	Inter-Colour Competition			
17/10/20	PSAT					
22/10/20	G12 TOK Presentations					
26/10/20	G12 EE Cafe					
29-31/10/20	Dukies Camp (Shai Hills)					
30/10/20	G9/G11 Subject Selections close					
6-7/11/20	Annual Performance					
7/11/20	SAT (Subject test)					
18/11/20 1/12/20	GIS Competition Admissions open for 2021/2022					
3-5/12/20	Dukies Camp					
5/12/20	SAT					
10/12/20	Virtual 3-Way Interviews;					
11/12/20	(In person) 3-Way Interviews; Last da	y for first semester				
<i>S2</i>		•				
7/1/21	Teachers resume					
10/1/21	Students return to hostels					
11/1/21	Second semester commences					
11-17/1/21	Alumni Week					
23/1/21	Health Walk					
27-29/1/21	IDU Days	1 1: 1 1 .: 0				
31/1/21 6/2/20	Thanksgiving Service and Student Lea Pre-ACT	idership induction Ce	eremony			
11/2/21	TIS Junior Tennis Championships					
12/2/21	TIS Badminton Championships					
13/2/21	Interschool Soccer					
19/2/21	TIS Senior Tennis Championships					
22/2/21	MYP Mock eAssessments					
27/2/21	TISSA Athletics; TISSA Badminton					
6/3/21	MYP Community and Personal Projec	ts Exhibition				
	TIS Basketball Championships					
9 - 19/3/21	DP Mock Exams					
12/3/21	Interschool Soccer; TIS Squash Cham					
13/3/21	SAT; Interschool Basketball; Interscho					
14/3/21	Pi Day; Maths/Science Intercolour Qu					
20/3/20 25/3/21	TISSA Tennis Championships; TISSA Hostels General Inspection	Dasketoan				
26/3/21	3-Way Interviews					
29/3-9/4/21	Mid-semester break					
11/4/21	Students return to hostels					
12/4/21	Classes resume					
17/4/21	ACT					
8/5/21	SAT					
10 - 21/5/21	MYP eAssessments					
29/4 - 21/5/20	DP Final Exams					
2/6/21	Hostels Cleaning					
5/6/21	Achievers' Day and Graduation					
11/6/21	Last day for teachers					

Last day for second semester

Primary School Campus					
S1	-	<i>S2</i>			
10/8/20	Teachers resume	7/1/21	Teachers resume		
31/8/20	First semester commences	11/1/21	Second semester commences		
3/9/20	Meet the Teacher Info Session	29/1/21	Sports festival		
23/9/20	International Day of Sign Languages				
		19/2/21	End of UOI #4 Celebrations		
5-9/10/20	Student-led interviews	26/3/21	End of UOI #5 Celebrations		
19-23/10/20	Mid-semester break	29/3-9/4/21	Mid-semester break		
26/10/20	Classes resume	12/4/21	Classes resume		
13/11/20	End of UOI #2 Celebrations	30/4/21	Spelling Bee		
1/12/20	Admissions open for 2021/2022				
2-3/12/20	PYP Authorisation visit				
11/12/20	End of UOI #3 Celebrations	28/5/21	End of UOI #6 Celebrations		
11/12/20	Last day for first semester	9/6/21	Annual Presentation;		





## TEMA INTERNATIONAL SCHOOL



Primary School Campus
Admissions Open For 2020/2021 Academic Year

To enrol scan this



Flexible admission screenings and interviews



#### Preschool

Kinder 1 (3-4 years) Kinder 2 (4-5 years) Kinder 3 (5-6 years)

### Entry Points in 2020

**Junior Primary** 

Grade 1 (5.5 - 7years) Grade 2 (6.5 - 8 years) Grade 3 (7.5 – 9 years) **Senior Primary** 

Grade 4 (8.5 -10 years) Grade 5 (9.5 years-11 years) Grade 6 (10.5 - 12 years)

All admission applications will be online via Open Apply: https://tis.openapply.com

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer MYP and DP. The Primary School campus has been approved as a Candidate PYP School.



#### VIRTUAL UNIT ASSEMBLY AT TIS PRIMARY SCHOOL

Unit Assemblies are student-led presentations of their Unit of Inquiry (UOI). They are organised on a class basis each fortnight and learners put in a maximum effort to share their learning with the wider learning community. Learners exercise agency on the format their presentations will take, whether written, oral or visual.

Learners may decide to share poems or stories, dramatise, sing, give a puppet show, create a videotape, PowerPoint presentation, collage or pictures as evidence of their learning by collaborating with peers during live Zoom sessions to organise their class assembly. Optimum time is given for self and peer assessments of individual inputs before the final production is compiled.



Topaz class in a unit assembly (Pre-COVID)

Unit Assemblies are essential for granting learners the opportunity to consolidate their learning by sharing their understanding with the learning community. It helps learners build research, thinking and communication skills, gain confidence through their presentations and deepen conceptual understanding of their unit. It also provides students with the opportunity to take charge of their learning as they present aspects of the unit in their own creative ways. Learners from other classes have been motivated to embark on personal inquiries based on the learning shared by peers from other classes.

#### Challenges experienced and lessons learned

During our new normal, the school has resorted to recorded presentations from learners. To ensure that recordings are top-notch and of high quality, essential agreement and success criteria are discussed with the class. On a few occasions, learners have had to retake videos due to low-quality visuals, sound or background distractions. The video presentation is an aspect of formative assessment, thus requiring this attention.

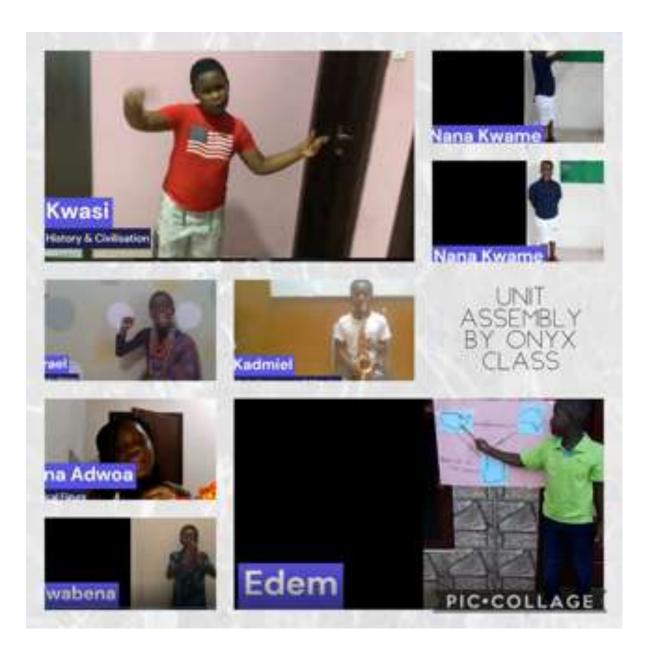
Despite the challenges experienced in the creation of these videos, students have acquired certain lessons or skills. They have learnt to record high-quality videos using phones in the landscape mode. Other students have learnt to use video editing software to improve the quality of their videos. This has provided students with an avenue to use digital tools to support their learning.

#### **Moving Forward**

Unit assemblies are opportunities for learners to share their learning with the learning community. To ensure the learning community benefits from this, learners are encouraged to find creative ways to share their understanding and make connections between disciplines. They are encouraged to seek technical support where needed in order to record high-quality videos. They are also encouraged to work with guidelines as spelt out in assessment tools or success criteria. Below are some screenshots from the video-making process.



Unit Assembly by Ruby Class



Unit Assembly by Opal Class

### Links to Unit Assembly videos

Our virtual assemblies are available on the school's YouTube channel. You can also find it on ManageBac, in the File Tab.

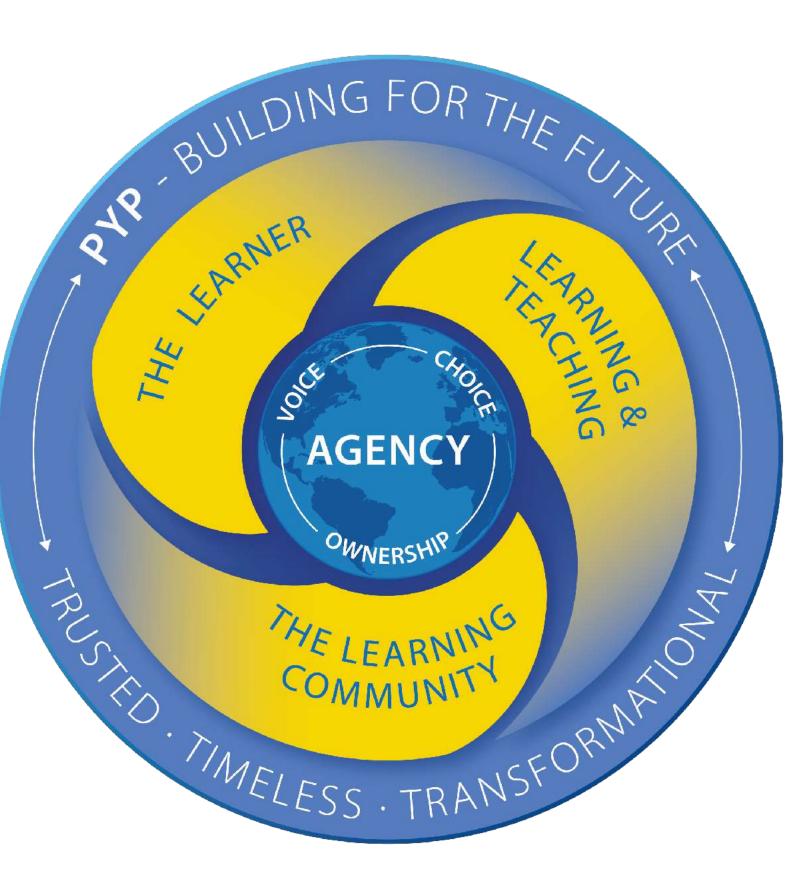
Here are links to a few:

## Opal (Grades 3& 4) Unit Assembly

https://vimeo.com/user127483582/review/481314130/40705b3559

#### Ruby (Grades 5&6) Unit Assembly

https://vimeo.com/user127483582/review/481318302/d77b062cfb





## TEMA INTERNATIONAL SCHOOL

# **ACADEMICS**



At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



**EDUCATION FOR A BETTER WORLD** 

#### ONLINE LEARNING PROTOCOLS

#### As a TIS student, I will:

#### **Achievement**

- Be online and on time for my virtual learning sessions.
- Submit all learning tasks.
- Check email and ManageBac everyday.
- Communicate with my teacher/s regularly via email.
- · Advise my subject teacher if I am finding the work challenging or I am requiring further support.
- Have my laptop or computer fully charged and ready, my microphone working and webcam enabled.
- Engage fully in online work without any background distractions. Log out of all social media so I am not distracted during the lesson.
- Have pens and paper ready if required.
- Utilise break times with a healthy and mindful focus.
- Observe all assessment notifications.

#### Respect

- Only turn my microphone on when I am asked to speak or when responding to questions.
- Make sure that I am dressed appropriately for learning (something I would wear for an out of uniform day)
- Keep my online chat focused on the learning. Ensure chat is respectful of all participants.
- Keep my mobile phone off and away from me whilst I am learning online.

#### Commitment

- Complete all online and offline learning tasks.
- If I have technical issues, refer to MB to access each aspect of missed lessons.
- Single-task focus during online lessons. Don't be chatting, gaming or checking social media while trying to do your schoolwork.

#### Community

- Contribute to online discussions.
- Offer support and assistance to my peers.
- Identify myself online with my first and last name. No alias or pseudonyms are allowed.
- Join in and contribute to forum style activities as participation in these activities/reflections will inform attendance.
- Be patient but also alert the teacher to ways things may be improved.
- There is to be no filming, recording or sharing content (I must not take screenshots or record staff members presenting information to me.)
- I will inform all members of my household that I will be joining a video conference and that they can be seen (if your camera is on) and heard (if your mic is on).

Online learning is different. It is not easy. But it should suit many of our 21c learners. However, evidence is required to validate your learning. Please contact your class teacher, programme coordinator, or myself, if you are experiencing any difficulties.

Dr Ken Darvall 15/8/20

## CAS-SA Corner



TIS YouTube Channel: Enjoy the Virtual Weekly Assembly organised by Team 2.

Don't forget to like, share and subscribe to the **TIS YouTube Channel**: Weekly Assembly, 13 November, 2020

Virtual Assembly Team 2

https://www.youtube.com/watch?v=k9dnLgYk7k8&t=763s

### MYP Projects - Recycle, Reuse to Reduce - Community Project

As communicated in previous bulletins, Edudzi Mac-Deh, Charlene Akwei, Eliana Owusu Afriyie & Eyram Addom, (G8/MYP3) in collaboration with Mckingtorch Africa have constructed a Plastic Bottle Segregation Tank as their Community Project (almost a house) to store plastic bottles/sachets/bowls/containers/bags (everything plastic) for sale. A total of about 5104 bottles have been collected so far and used in the construction.





The project has already generated substantial media attention, and DW Ghana is set to interview the students and the social enterprise - Mckingtorch Africa on the 19 November at the Secondary Campus. The team is making a CALL FOR ACTION to the entire community to kindly clean and clear ALL THINGS PLASTIC at home, preferably empty, tied in a trash bag and dispose of it in the tank. We call on parents, teachers, alumni, kitchen staff, janitorial team and students to support a good cause and contribute to the global goal of reducing plastics that end up in our landfills and water bodies. In the long haul, this project supports the UN Sustainable Development Goal No.14 & 15 - Life Below Water and Life on Land.

For more details on how to bring your clean trash bag filled with **ALL THINGS PLASTIC** to TIS main campus, kindly contact Ms Setor Adih or drop it at one of our security gates.





Congratulations to Edudzi, Charlene, Akwei, Eliana and Eyram, (G8/MYP3) on an exceptional community project. They are the epitome of an IB Learner. Immense appreciation to the school management team for the opportunity given our students to explore their ideas and take action continuously. Kudos to the ever-passionate and knowledgeable Community Project Coordinator, Ms Grace Kabukie Attram, and our reliable and caring Community Project Supervisor, Ms. Setor Adih, for their constant mentorship to our MPY Champions.

It was an assertive decision of **TIS** to transition from **IGCSE to MYP**. The positive outcome of the MYP curriculum is evident. Kindly visit the TIS campuses (Primary and Main Campuses) and observe our students in action. They are learning by doing and experiencing. They are critical thinkers, global-challenging explorers, learn for understanding, are persistent and think positively. Observe how they are working, the level of

concentration and how they are having fun in the process is contagious.

Here at **TIS**, subjects are not taught in isolation. Students are empowered to develop and explore their talents, prepare for life beyond high school and encouraged to be internationally-minded through the various opportunities for collaboration in and out of our school community.

These are the guardians of our planet. They are reflective and are taking action towards building a better and sustainable world for all.

Very proud of our Community of lifelong Learners; the TIS experience.

To learn more about our MYP program kindly visit www.tis.edu.gh



#### **CAS Project - The Revival Initiative – Implementation**

**Type of Service** – Direct

**Learning Outcomes** – Strength and Growth, Planned and initiated activities, Collaborative skills, Ethical Choices and Action, Global Engagements.

CAS Strands: Creativity & Service

Group Members: Nanasei Osei- Safo, Elrad Martin- Lawson, Emmanuel Akuffo, Samuel

Lumumba, Torence Mwindaare, and Allassane Agalasou – G11 Partner Organizations: Sisters of Charity and Marfo Home



We, the Revival Initiative team, will be visiting the **Sisters of Charity and Marfo Homes** on 28 November to share a COVID Kit, containing soap toiletries, reusable masks and hand sanitizers. We will also share used clothes and books.

**Knowing the impact of** Covid-19 in the community and starting to be a surge in new cases, we wanted to help protect families in the underprivileged communities by providing them with a personal hygiene and mask kits. The masks are reusable and made out of recycled old

clothes. We did this because people in these low-income areas do not have the funds to consistently be buying disposable masks, as such we wanted to provide these families with a

more cost-effective solution.

With the help of our families, friends, neighbours, and our personal savings, we raised enough to make over 200 masks. We are now in the process of buying toiletries, soaps, and hand sanitizers to be part of a kit we would like to distribute to the many families who visit the **Sisters of Charity** twice a month to get food, provisions and medication. These are families who live in the surrounding communities of Tema and Ashaiman.



We will also visit the **Marfo Home** in Tema Community 11 to donate the various books we gathered during the summer break towards our project.

Please donate to our cause and help support this initiative. We have made Tally Cards and we plead to our teachers, staff and students to donate. NO amount is too small. Please support our cause. You can also donate via MOMO/MTN to 0543936488 – Ms Abigail Ahiadorme toward the Revival Initiative project. When making the MOMO Donation, kindly text the name of the project and the amount donated

#### - Revival Initiative Team, by Nanasei

#### CAS EXPERIENCE – Students' Articles

Amnesty Course: Human Rights— A tool for change.

Type of Service: Advocacy

**Learning outcomes:** Identify own strengths and develop areas for growth, Demonstrate that challenges have been undertaken, developing new skills in the process, Demonstrate engagement with issues of global significance

I, being a member of the Amnesty Club in TIS and a human rights advocate, frequently check amnesty.org to find out the latest news concerning human right issues happening globally. I was rather intrigued by their completely free online courses that seek to educate the youth about human rights. These courses are structured just like any other lesson plan, with modules and tests to help ascertain our understanding. Finally, upon completion, students are rewarded with certificates of participation/excellence depending on the course. (These certificates are recognized worldwide and look good in college applications).

The course exposed me to a lot more about human rights and how specific and important each nation considers them to be. It delved deeper into all the rights humans are entitled to, debunked most myths about human rights and came with very short but informative



20 November 2020

videos that taught me about certain concepts that come up when dealing with the issue at hand. This satisfies the learning outcome 1, assisting me to fortify my previous understandings with new information.

Throughout my time studying the course, I was able to challenge myself and develop new skills like better communication of human rights issues, better analysis of various situations and unpacking information.

I encourage everyone to take part in Amnesty's insightful courses to educate yourself more on human rights. Having general knowledge about issues as pertinent as this is not enough. As IB learners, it is important we engage with issues that cut across the globe (like Human Rights) and equip ourselves with the necessary skills to make the changes we wish to see.

#### Lady Margaret Hagan, G11

## CAS Project: Aspire To Inspire

Type of Service: Research/Awareness

**Aim:** To help spread awareness of Rare diseases

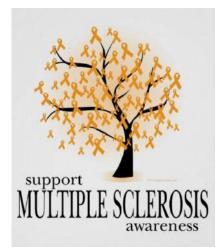
Learning Outcomes: Strength and Growth, Global Engagement, Collaborative skills, Ethical

choices, and Action

CAS Strands: Creativity and Service

Group Members: Charlene Noye, Jayden Afrifa, Khadidjatou Yandja, Ashley Gaba,

Chimelum Moghalu, Kwasi Dankwa, Terry Ansah **Partner Organization:** Rare Disease Initiative in Ghana



Hi, everyone! It's Charlene and Khadija from the **Aspire to Inspire** project here. As discussed in the last bulletin, our mission is to help spread awareness of rare diseases through posters, infographics and motivational videos, and this week's rare disease is multiple sclerosis.

Did you know that multiple sclerosis is said to be the most common rare condition out there with an estimate of more than 400 000 people in the US alone and 2.1 million worldwide suffering from this disease. Even though it was discovered over 150 years ago, its origin is still unknown and immediate cure is yet to be discovered.

So, what is Multiple Sclerosis? It is a chronic inflammatory and neurodegenerative condition or to be precise, a disease in which the immune system eats away from the protective coating of the nerves resulting in nerve damage. It may cause several symptoms, including vision loss,

pain, exhaustion, and impaired coordination. These signs, severity and duration can vary from person to person. Some people may be symptom-free for most of their lives, while others may have serious, persistent symptoms that never go away.

#### **Interesting facts about Multiple Sclerosis**

The **orange** awareness ribbon is for Multiple Sclerosis. Its symbol is a butterfly because when you look at an MRI of the brain, it is shaped like a butterfly. The multitude of colours in the butterfly represent the constant changing symptoms and unpredictable course of MS.

Many celebrities like **Selma Blair**, **Jack Osborne and Montel Williams** all suffer from multiple sclerosis and are doing their part to help spread awareness and support families also suffering from this disease.



Thank you all for your time and if you would like to know more about our project kindly follow us on our **Instagram @aspir.e.to.inspire** for weekly updates and more information about our group.

#### CAS PROJECT – TeenMTH – Teen Mental Health Awareness Campaign

Name of Project: TeenMTH

**Purpose:** To spread awareness and to bring to light mental health issues that we as teenagers

face today.

**Type of Service** – Indirect

Learning Outcomes – Strength and Growth, Global Engagements, Planned and initiated activities, Collaborative skills, Ethical Choices and Action.

CAS Strands: Creativity & Service

Initiators: Deborah Gomado, Adeline Adjei, Bernard Obeng, Theodora Tekpor, Alvin Appiah and Shaun Adjei.

"Mental Health...is not a destination, but a process. It's about how you drive, not where you're going."- Noam Shpancer, PhD

Hello Everyone. Trust you are keeping well and safe.

**TeenMTH** is proud to announce; ~ drum roll please ~ INTRODUCTORY MONTH!!!

This series will see us introduce you to the basics of mental health. This is very important as it will allow us build on as we go from series to series.



To begin, we will look at mental health and distinguish between mental health and mental illness. But before that:

Did you know, the representative colour of mental health is green?





This is one fact to take away.

Moving on to mental health... What is it?

**Mental Health** is a phrase used to describe the health of a person's general state of mind. It has to do with the relationship between our thoughts and feelings.

Mental Illnesses on the

other hand, are conditions which affect the relationship between our thoughts and feelings.

They affect how we handle situations of stress and pressure in our daily lives. Examples: Eating disorders, depression, obsessive compulsive disorder, ADHD etc.



## Some facts about Mental Health:



- It can affect anyone.
- Mental disorders affects one in four people.
- Many aspect of our lives, for example, diet, can affect our mental health.
- Around 300 million people never seek help for mental illness, due to STIGMATIZATION.

In teenagers, mental health issues like depression and anxiety are very common, as bodily changes coupled with some challenges in education, relationships and other areas of life can be overwhelming and very draining. This is very NORMAL but is, however, not a very open topic.

This should not be the case, as regularly discussing these mental health issues would help these teenagers find their ground, in what appears to be a spinning and overwhelming world.

As the adage goes, "A problem shared is half solved".

At TeenMTH we are very excited to undertake this project that seeks to bring to light the mental health issues that teenagers face today, so as to fuel change and make mental health as comfortable a topic as puberty.

Please do well to follow our social media page,

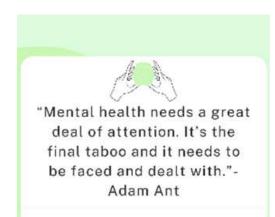
take note of our email address and feel free to DM or email us about any questions/concerns you may have about mental health. WE ARE HERE FOR YOU.

Instagram Link https://www.instagram.com/teen.mth/
Youtube link https://www.youtube.com/watch?v=htdC5TtR01c&t=13s
Email Address teen.mth@gmail.com

Last, remember that anything human is mentionable and anything mentionable is more solvable.

Thank you and stay safe and healthy.

TeenMTH.



## CAS Project: SDG Ghana

CAS Strands: Creativity, Service

Type of Service: Advocacy

Learning Outcomes - Collaborative Skills, Initiative & Planning, Commitment &

Perseverance, Global engagements, Ethics of Choices & Actions.

CAS Strands: Creativity, Service Type of Service – Advocacy

Initiators: Lena, Elorm, Apewe, David Safo, Araba, Cynthia, and Michelle, G11



**SDG Ghana** is a student initiative to introduce and educate citizens of Ghana to sustainable development goals. We were inspired by the #ACT4SDG goals, and then decided to extend it because we realized it was so important. Our initiative includes monthly campaigns for the different SDGs.



For the month of November, the SDG Ghana Team is focusing on Sustainable Development Goals 12 and 13, Responsible Consumption and Production, and Climate Action. Following up on last week's Bulletin, we would like to inform you about the causes of Climate Change and Irresponsible Consumption and Production.

As mentioned last week, Climate Action calls for urgent action to combat climate change and its effects. There are

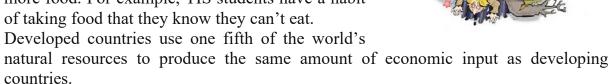
two main causes of climate change - natural causes and human activities. Natural causes have influenced the planet's climate through volcanic eruptions, ocean currents, the Earth's orbital changes and solar variations. Although these natural causes occur, they happen very slowly and do not affect the planet's climate as much. Human activities have sped up the process. Humans are increasingly influencing the climate and the earth's temperature by burning fossil fuels, cutting down rainforests and farming livestock. This adds enormous amounts of greenhouse gases to those naturally occurring in the atmosphere, increasing the greenhouse effect and global warming. Most of the causes of climate change are as follows;

- Cutting down forests (deforestation): Trees help to regulate the climate by absorbing CO2 from the atmosphere. So when they are cut down, that beneficial effect is lost and the carbon stored in the trees is released into the atmosphere, adding to the greenhouse effect.
- Burning of fossil fuels
- Pollution
- Industrial processes
- Coal mining

Sustainable Consumption and Production (known as SCP) is about doing more and better with less. It is also about decoupling economic growth from environmental degradation, increasing resource efficiency and promoting sustainable lifestyles. Achieving economic growth and sustainable development requires that we urgently reduce our ecological footprint by changing the way we produce and consume goods and resources.

The following factors contribute to Irresponsible Consumption and Production:

- Leaving the tap on when you are brushing your teeth, taking unnecessarily long showers, leaving lights or electronics on when they are not in use.
- 1.3 billion tonnes of food produced for human consumption are lost or wasted annually. At the same time vast swathes of precious forest are cleared to make space for farming to produce yet more food. For example, TIS students have a habit of taking food that they know they can't eat.



# Activities that people can practice to promote Climate Change and Responsible Consumption



Each year, an estimated 1/3 of all food produced – equivalent to 1.3 billion tons worth around **US\$1 trillion** – ends up rotting in the bins of consumers and retailers or being spoilt due to poor transportation and harvesting practices. Water: Less than 3% of the world's water is fresh (drinkable), of which 2.5% is frozen in Antarctica, the Arctic and glaciers. Humanity must therefore rely on this 0.5% for all the fresh water needs of human ecosystems. More than 1 billion people still do not have access fresh water. Energy: Despite technological advances that have promoted energy efficiency gains, energy use in OECD countries will continue to grow by another **35%** by the year 2020.

Below are some practices that can help promote Climate Change and Responsible Consumption:

# How can I participate in Responsible Consumption?

- Avoid wasting food
- Avoid wasting water
- Buy less plastic and refill water bottles
- Cut down meat from your diet
- Reduce the amount of energy you consume







- Use energy-efficient appliances
- Reduce water waste
- Buy efficient bulbs
- Reuse, Reduce, Recycle
- Prevent wastage of food
- Start conversations about climate change
- Unplug electronics when not in use

Do more, better, with less, in an increasingly consumerist world!

Be the change you want to see!

Please visit our Instagram page to check out more of our posts, interact and share!

https://www.instagram.com/p/CFzSqsfAQY0/?igshid=149zpyipqpovv Visit https://dodoolena.wixsite.com/sdghana to learn more about our Goal of the Month.

By: The SDG Ghana Team

## CAS Project – IB for ME

**CAS Strands:** Creativity, Service **Type of Service:** Indirect/Research

At information taken from officially recognized iB searces

Learning Outcomes - Collaborative Skills, Initiative & Planning, Commitment &

Perseverance, Ethical Choices, Challenge & Skills. **Initiators:** Elorm Godzi and Lena Dodoo, G11

Welcome to **IB For Me**, a CAS Project aimed at helping students through their IB journey. We know the IB can be very difficult, especially when doing it alone. That's why we've created an interactive website with a *lot of* resources to help all IB students. Students can share their experiences with other IB students, ask for help, and so, so much more! The link is <a href="https://www.ibforme.com">www.ibforme.com</a> - Go check it out!



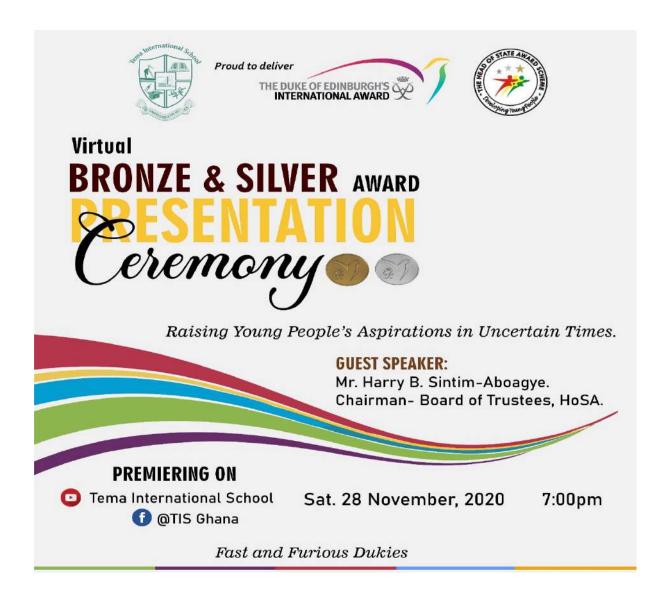
### DoEIA – Bronze & Silver Award Ceremony

Tema International School is proud to deliver the **Duke of Edinburgh's International Award**. As a Centre for the Award Scheme, we are proud to celebrate 36 students who have successfully completed their **Bronze Award Level**, 11 students who have successfully completed their **Silver Award Level** and two Alumni who have successfully completed their **Gold Award Level**. Note that the Gold Award Ceremony was held at the **Jubilee House** on 30 October, 2020.

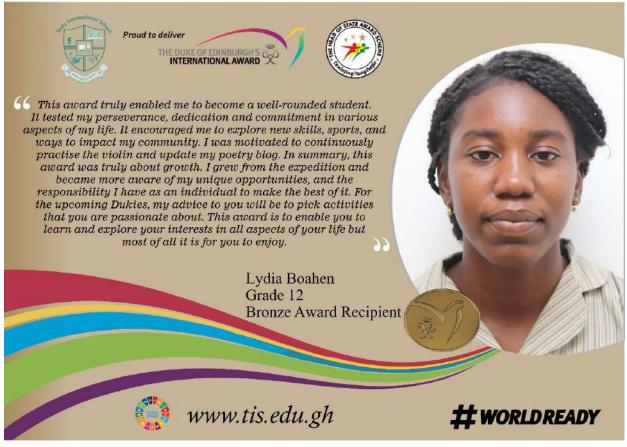
The TIS Award Ceremony will be premiered on **Youtube and Facebook** on Saturday, 28 November, 7pm.

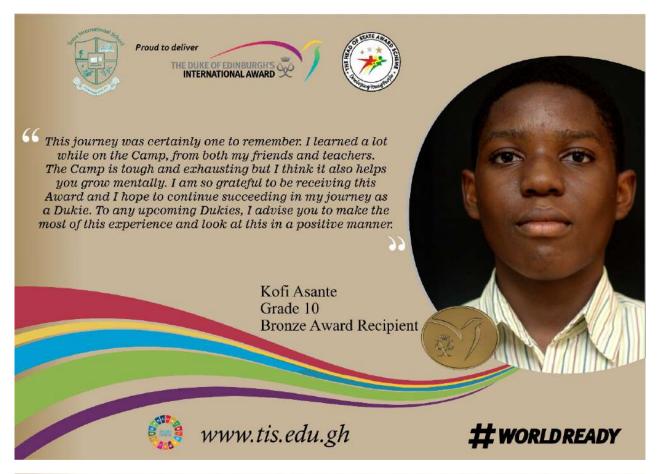
TIS become a Center back in January 2018. Till date we have 23 Students and 1 Staff member who are Gold Award Holders.

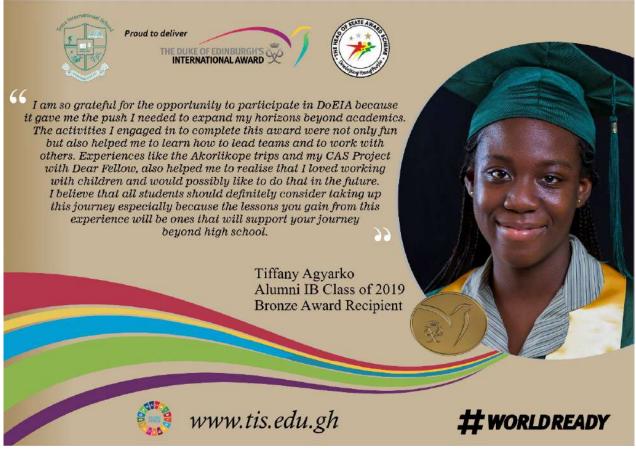
The Theme for the Virtual Bronze and Silver Ceremony is: "Raising Young People's Aspirations in Uncertain Times."

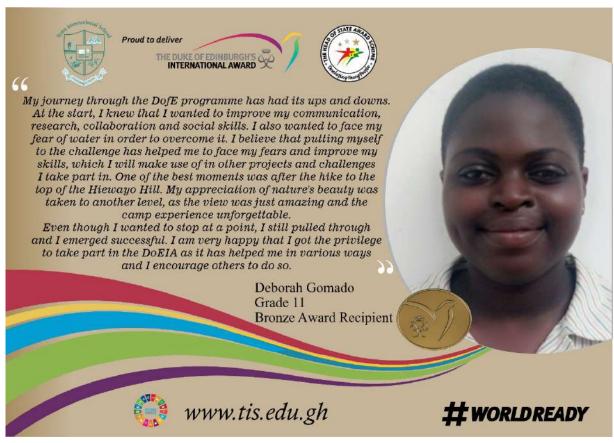




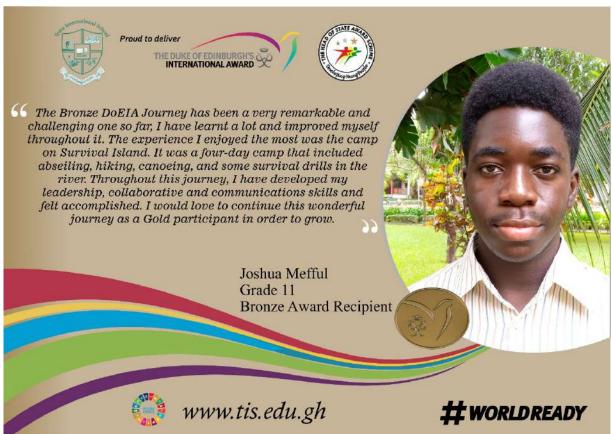


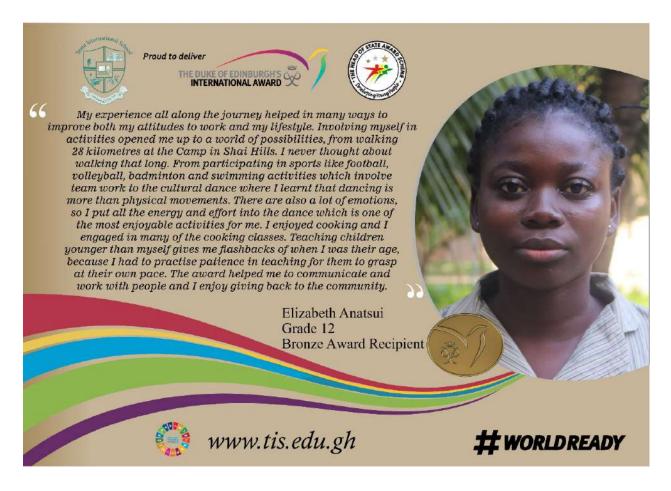


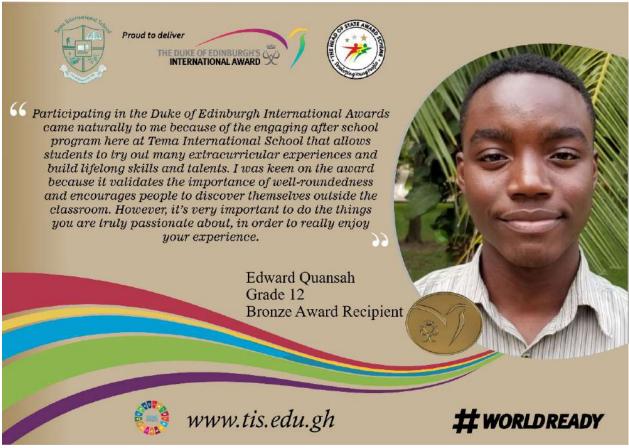


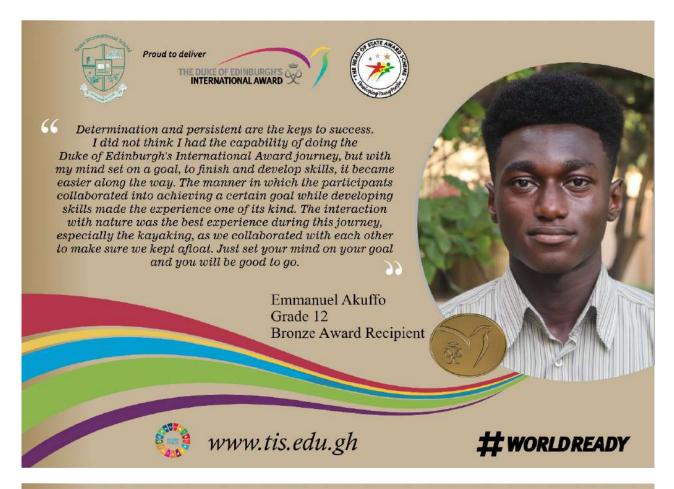


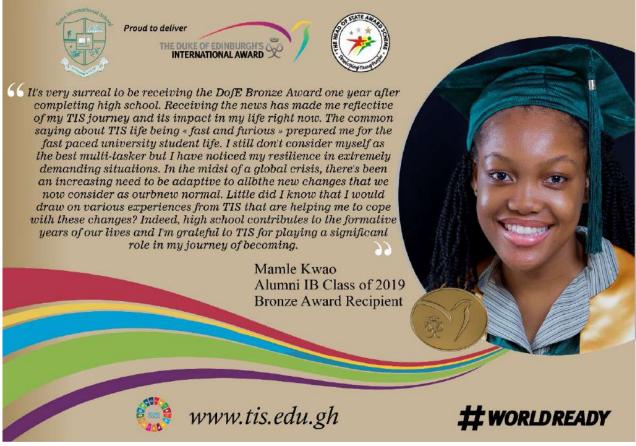
20 November 2020

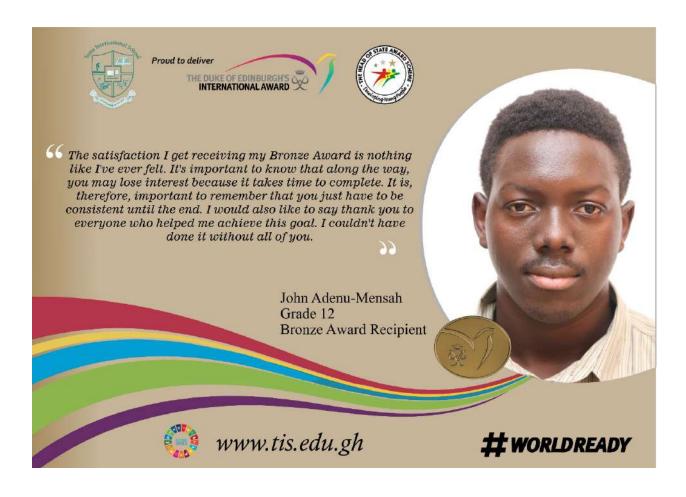


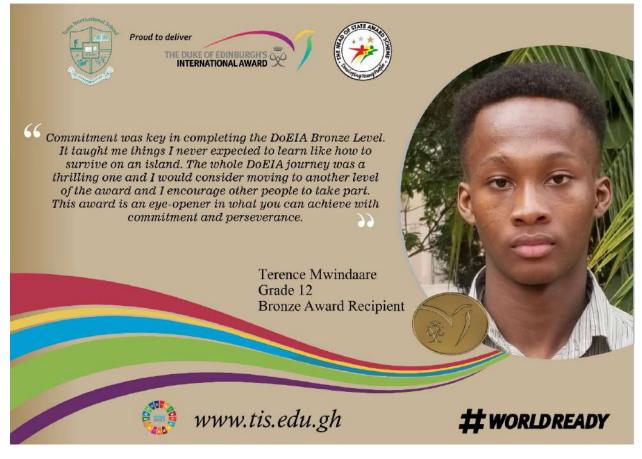


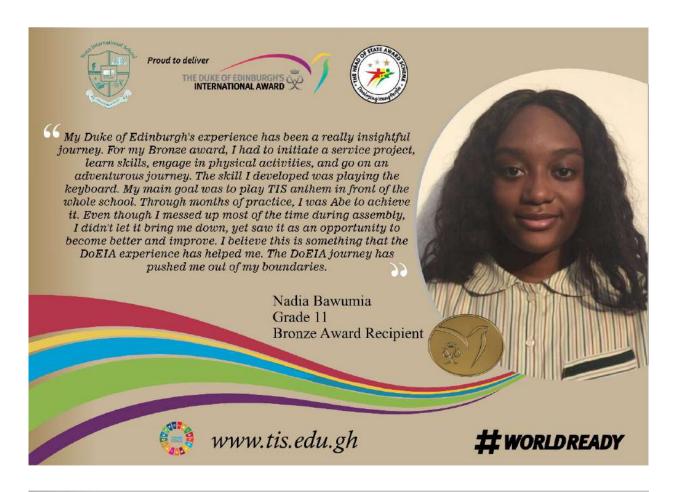


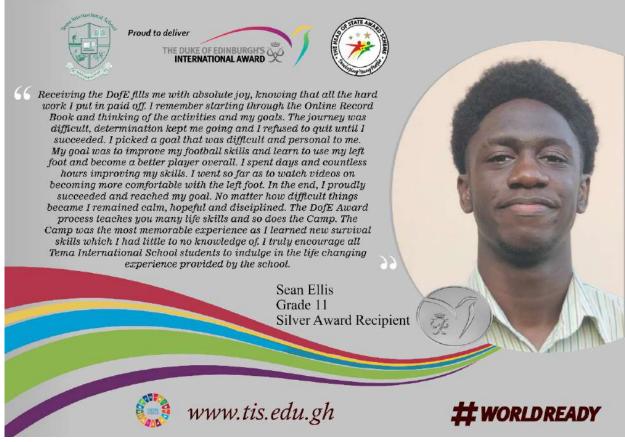


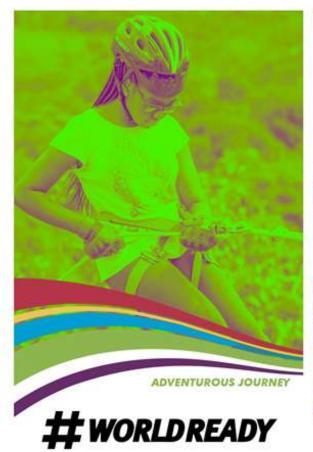














# WORLD READY



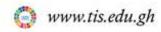








www.tis.edu.gh











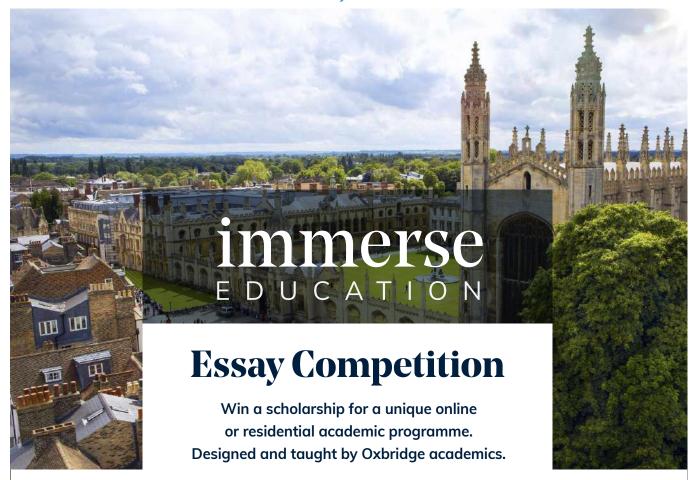
## TEMA INTERNATIONAL SCHOOL

# SERVICE



At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.











## Free entry for students aged 13-18

### Subject categories (13-15) Subject categories (16-18)

Architecture Architecture History Computer Science Biology International Relations Creative Writing Chemistry Economics Computer Science Management Engineering Creative Writing Mathematics International Relations Economics Medicine Engineering Philosophy Management English Literature Physics Medicine Female Future Leaders Psychology

SCAN ME!



FOR FURTHER INFORMATION, SEARCH 'IMMERSE EDUCATION ESSAY COMPETITION'





## **IB** learner profile

The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

### As IB learners we strive to be:

### **INOUIRERS**

We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

### **KNOWLEDGEABLE**

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

### THINKERS

We use critical and creative thinking skills to analyse and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.

### COMMUNICATORS

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

### **PRINCIPLED**

We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.

### **OPEN-MINDED**

We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

### **CARING**

We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

### **RISK-TAKERS**

We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

### **BALANCED**

We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.

### REFLECTIVE

We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.

The IB learner profile represents 10 attributes valued by IB World Schools. We believe these attributes, and others like them, can help individuals and groups become responsible members of local, national and global communities.

International Baccalaureate

## **COUNSELLORS' CORNER**



Dear students, you have what it takes to succeed. Be intentional about life. "There are no secrets to success. It is the result of preparation, hard work, and learning from failure."  $\sim$  Colin Powell  $\sim$ 

Lesson- Grade 9: Extracurricular the Heart and Soul for Talent Development



A wonderful team of experts, the CASSA team works with each student to unleash their creative potential to the best of their abilities. Although life has gone virtual, there are limitless brilliant virtual activities to explore. Do not hesitate to contact the CASSA team for an unforgettable journey to self-discovery of skills, gifts and talents.

### Students' Reflections

"In today's class, we learnt about the importance of extracurricular activities and how they can bolster our chances of being accepted into universities and colleges. We were required to watch a video about this topic which brought together some heads of the most competitive admissions and acceptance boards in the educational sector. In the video, they detail the different ways in which colleges look at extracurricular activities and the ways in which they can affect your chances of getting accepted. I found this lesson very interesting and I hope to inquire further into this topic in the future".

### ~ Ethan Sunkwa-Mills

"Extracurricular activities are activities that are pursued outside of the classroom. Examples are: arts, sporting activities, music, dance, cooking, writing and many more. At first when I entered TIS I wanted to engage myself in some activities. Not long ago, we started a new topic about extracurricular activities in Guidance class. We got to know the importance of it which are:

- It gives us a wider range of job opportunities
- It helps us to develop our self-esteem and confidence
- It also helps us to apply academic skills in real world context

I think learning about extra-curricular activities has taught us to take it seriously as it will be required during the application for colleges, and its many advantages. I have now learned to appreciate the opportunity given me to engage in extracurricular activities"

### ~ Mercedes Armah

"Extra-curricular activities are the activities you do outside of academics and it is a very important part of you being in school. It will bring out hidden talents in you that you never knew and it is also an important part of your grades and scholarships. Some of the things you can do as extracurricular activities are sporting activities, like swimming, playing or learning how to play basketball, handball, tennis, etc. These activities can help improve your muscles and make you balanced. As IB MYP students, extracurricular activities are very important and when you are doing them, you just don't do it for the sake of it. You have to do it, having a purpose in mind, committed, principled, and balanced else you will just find yourself wanting in the middle of nowhere. At TIS there are lots of activities you can do so I encourage everyone to participate in at least three activities"

### ~ Mawunyo Anatsui



### DP<sub>1</sub>

# UNIVERSITY APPLICATION PROCESS 101; ZOOM PRESENTATION AND Q AND A, FOR DP1 PARENTS ONGOING....

**Dear DP1 parents,** kindly see the message below posted on ManageBac last week by Ms. Eyram Mahoney, inviting you to this important interactive virtual meeting with the TIS University Guides, on the University Application Process.

### Dear Parents,

I trust this finds you all doing well. As your wards have started the final phase of their high school education, the next step is to prepare them for a smooth transition to the tertiary level. This is where the TIS University Guidance Counseling department comes in. As always, we are excited to assist and guide you and your wards through this phase. Rest assure that whatever your preference in terms of study destinations, scholarships, program, etc., maybe, we've got you covered. We are equipped with the right and efficient resources to give you our utmost support.

Traditionally, to kick start the process, we usually meet parents on an individual level, walk them through the application process and also listen to their preferences then together we develop an application strategy that will work for them. However, since a physical meeting is limited, we have put together a slide to introduce you to the entire process. Please find a video in the file section labelled as *University Application 101 for parents*. Kindly take some time to review the slides. We are open to have further discussions to address any questions and concerns that may arise. We have some slots available to have a Zoom meeting with parents who are interested. We will be able to host 10 parents per session. Kindly find details for the meeting slot below.

Please contact us by emailing <a href="mailto:Eyram.mahoney@gmail.com">Eyram.mahoney@gmail.com</a> with your preferred slot latest by this Friday, 20 November 2020 to sign up for the last two remaining slots. You will receive the zoom link for your selected date, once you send the email. Please note that bookings will be on a first-come, first-served basis.

### Times available are;

WEDNESDAY 25 NOVEMBER, 2020	9:00-9:45AM or 2:00-2:45PM
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### DP<sub>2</sub>

- ✓ Sneak Peek into University Applications for 2020/2021
- Successful students applying for Medical and Science related programmes in the UK with 15 October 2020 deadline has been completed.
- 1<sup>st</sup> Round of U.S. Applications with 1 November 2020 deadlines have gone through successfully.
- 2<sup>nd</sup> Round U.S. Applications with 15 November 2020 deadlines will be completed by the close of this week.
- All UK Applications will be completed and sent by students clicking 'pay and send' on UCAS latest, this Friday 20 November, 2020.
  - **DP2 Parents**, please remember to email your approval of 5 UK universities which your ward is applying to before Monday, 23 November, 2020.

### (Grades 10, DP1 and DP2)

# VIRTUAL VISITS

If you can't come to us, will come to you

Universities across the world have deliberately put together virtual visits just for YOU. To access this information kindly go to:

- ✓ ManageBac
- ✓ Click on your year group
- ✓ Go to files
- ✓ Click on Counsellor Information Desk-Virtual Visits and More for detailed information.







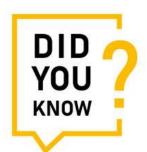
## A community of changemakers working to create a better

futureYork believes that our diverse community, excellent learning and research, and commitment to collaboration allows us to address complex global challenges to create positive change in the local and global communities we serve. Our staff, students, and faculty are passionate about building a more innovative, just, and sustainable world

Fall Virtual Open House. Attend our **virtual open houses on Nov. 21 and 22**. Learn more about our 200+ programs, campus life, and initiatives for global change. Register to attend for more information click <a href="https://www.yorku.ca/">https://www.yorku.ca/</a>

### FOLLOW THIS LINK, WATCH THESE VIDEOS TO LEARN MORE

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### STANDARDISED TEST UPDATE



### **2020-2021 TEST DATES**

See the new upcoming SAT dates below for your consideration. The international deadline for 5 December 2020 is past. 2021 test dates are open. Register now to avoid any disappointments.https://collegereadiness.collegeboard.org/sat/register/international

### SAT 2020-2021

- 5 December 2020
- 13 March 2021
- 8 May 2021

\_

SAT Registration Fees (To complete registration online full payment with credit card only. Visit www.collegeboard.org) SAT I - U.S. \$107.50 SAT II: 1 subject (\$117), 2 subjects (\$127), 3 subjects (\$137) (estimates).

Test takers please come along with these items on the test day.

- <u>VALID UNEXPIRED PASSPORT</u> as the only form of identification! Photocopies are unacceptable.
- Number 2 pencils, approved calculator, eraser, admission ticket, and sharpeners required.
- Facemask
- Hand sanitizer

NB: All COVID-19 protocols will be duly observed.



## 2020-2021 TEST DATES (COMPUTER-BASED TESTING ONLY!)

ACT Registration Fees (Online payments only: Visit <a href="www.actstudent.org">www.actstudent.org</a>): ACT plus writing – U.S. \$166.50. (TIS Test Centre Code: 870390, but inform counsellor first).

\*To complete registration, payment must be made online in full with a credit card.

ACT April DEADLINE coming up. STEM students have an edge when they take the ACT.



### NEW TEST DATES FOR ACT FOR NEXT ACADEMIC YEAR

### ACT 2020-2021

• 17 April 2021



Exam Date: 17 February 2021

PRACTICE TESTS FOR SAT, ACT OR PRE-ACT, PSAT, AND OTHER TEST PREP RESOURCES FROM THE OFFICIAL TEST MAKERS CAN BE FOUND HERE; WWW.COLLEGEBOARD.ORG AND WWW.ACTSTUDENT.ORG

Count down to Christmas, DP2s to enjoy a happy and relaxed Christmas vacation with your family, you are advised to complete all university applications before 1 December 2020, ahead of Christmas break because University Guides will be away for Christmas. Also, note that submitting your documents early puts you at an advantage over others, & gives access to great scholarships and other financial aid opportunities. Ghanaian applications are an exception since they open in January 2021. We will keep you posted. Be proactive, diligent and responsible. See your counsellor for a successful university application process.

# UBC & ME!

Join UBC advisors and students to learn more about UBC from the comfort of your home.

A preview of the campus and programs, plus hear an overview of the admission process and information about costs and scholarships. Hope you and your family can join us online!





# TUESDAY NOVEMBER 24

7:30 PM GMT

REGISTER IN ADVANCE FOR THIS ZOOM EVENT:

https://bit.ly/UBCWestAfricaFall2020



Questions? Email us at international.recruitment@ubc.ca



## TEMA INTERNATIONAL SCHOOL

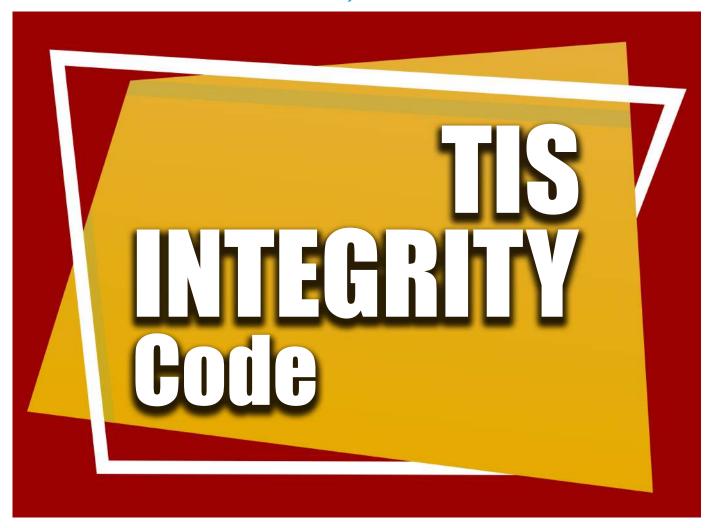
# CULTURE



At TIS, we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.







"TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member.

As a TIS family member,

I promise to uphold and demonstrate its values, and protect the reputation of the school.

I make this pledge in the spirit of honour and trust."





