These COVID Times

We appreciate efforts by all members of the TIS family in these continuing, frustrating times of the New Normal.

This weekend, 30-31 January, will be the final opportunity for students to return to hostels at the main campus until mid-semester. Students choosing not to do so will remain online until mid-semester at the earliest.

We all know how important it is to observe the health protocols to help protect everyone. Wearing masks, sanitising your hands regularly, maintaining social distance, and reporting if feeling unwell, are all very important and we all have a responsibility to protect each other. It has been observed around the school, at times, that some students are not always observing the required protocols. In these instances, students will be counselled and provided with a

At TIS,

we believe adequate sleep each night will enable students to feel rested in the morning and ready to function at their best to tackle their challenges for the day and tick off plenty of boxes along the way. Without adequate rest, we know it will affect their performance, health, appetite, attitude and behaviour.

Contents

• PYP News: Page 7
• MYP & DP News: Page 16
• DP News: Page 20
• CAS-SA Corner: Page 26

COVID-19

• Wash your hands frequently and thoroughly.
• Practise social distancing at all times.
• Wear a face mask when ‘out’.

Thought for the Week

There are nearly endless opportunities to improve each day and finding them largely boils down to being curious. People who are better in the end are usually curious in the beginning.

- James Clear

Vol.17, No.23
Do the right thing, even when no one is watching.

It’s called integrity.

Read & Take Action

• When it comes to action, it depends on what is important. To avoid disappointment, always be aware of current requirements or obligations and plan ahead, rather than pushing back. It alleviates personal stress.

SAT & ACT 2021

• Best advice: students who are required to complete SAT and/or ACT requirements should do so by the end of Grade 11. Leave it until G12 and you have created a personal time-management monster.

Be Consistent Now.....

The four biggest issues for students when they returned to school were:

• Social distancing;

• Wearing face masks;

• Not sharing personal items/belongings; and

• Time and personal management in terms of classroom management and learning obligations and expectations.

warning. A third warning will result in a student returning home to complete their learning online at least until mid-semester. We need to be vigilant at all times. COVID is not fussy!

Exeats

As a general rule, exeats will not be approved as we attempt to minimise the interaction of students outside TIS. Urgent medical exeats will be approved as long as the student only attends the appointment and returns immediately to school, without any further interactions. Exeat requests are made by submitting the appropriate form online at: https://www.tis.edu.gh/forms/

Approval for SAT coaching sessions on weekends will not be granted. In these COVID-times, these sessions should be online and not in person.

Any visits by parents must be liaised with the Hostel Parent Coordinators (Setor and Gabriel). Please consider the impact of such a visit before making a request.

I appreciate your support. Stay healthy.

Dr Ken Darvall (Principal)
Primary School Campus
Admissions Open For 2021/2022 Academic Year

Flexible admission screenings and interviews

Entry Points in 2021

Preschool
Kinder 1 (3-4 years)
Kinder 2 (4-5 years)
Kinder 3 (5-6 years)

Junior Primary
Grade 1 (5.5 - 7 years)
Grade 2 (6.5 - 8 years)
Grade 3 (7.5 – 9 years)

Senior Primary
Grade 4 (8.5 -10 years)
Grade 5 (9.5 years-11 years)
Grade 6 (10.5 - 12 years)

All admission applications will be online via Open Apply: https://tis.openapply.com

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer MYP and DP. The Primary School campus has been approved as a Candidate PYP School.
MAIN CAMPUS
SECONDARY ADMISSIONS ARE OPEN FOR 2021/2022 ACADEMIC YEAR
A family school, a unique experience.

Flexible online admission testing is available

ENTRY POINTS: Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 10 (MYP 5) | Grade 11 (IB Diploma Programme)

Grade 7 (MYP 2)
Students should:
- Have completed Primary 6.
- Be aged 11+(at the time of admission).
- Complete a general aptitude test and interview.

Grade 8 (MYP 3)
Students should:
- Have completed JHS 1 or in JHS 2.
- Be aged 13+(at the time of admission).
- Complete a general aptitude test and interview.

Grade 9 (MYP 4)
Students should:
- Have completed Year 8 or Basic Education Certificate Examination (BECE).
- Be aged 14+(at the time of admission).
- Complete a general aptitude test and interview.

Grade 10 (MYP 5)
Students should:
- Have completed Year 9.
- Be aged 15+(at the time of admission).
- Complete a general aptitude test and interview.

Grade 11 (IB Diploma Programme)
Students should:
- Have successfully completed MYP 5, the IGCSE (Or its equivalent) or awaiting the results of the IGCSE.
- Be aged 16+(at the time of admission).
- Complete a general aptitude test and interview for non IGCSE & GCSE students (i.e. WASSCE, OCR, AQA).

The online application process can be completed at: https://tis.openapply.com
For further information contact us on phone:
+233 303 305134; +233 303 308737; email: admissions@tis.edu.gh
Or come and visit the school (Opp Afaririwa Farms, Off Tema-Akosombo Road)
www.tis.edu.gh
TIS ADMISSIONS 2021/2022

Admissions for the next academic year, 2021/2022, officially open on 1 December, 2020.

For 2020/2021, TIS had to put the FULL HOUSE sign up for the first time in many years. The coming year may end up the same way.

With the limited number of places available, TIS will be prioritising admissions for Grades 7-9 at the main campus and all classes at the Primary Campus.

*Please note that admissions for the current year, 2020/2021, are being accepted for second semester at the Primary School Campus.*

For admissions to the secondary school, applicants will be contacted in the first week of February 2021 to arrange for the online admission test. Admission interviews will be conducted in mid-February and first round offers will be made.

Applications for Grade 11 will be considered from 1 April and will be dependent upon the re-enrolment process and the vacancies arising. Applicants for Grade 11 should include their predicted grades for 2021.

It is likely that all secondary school vacancies will be filled by 30 April. While families with siblings at TIS will receive a priority, this only remains in force while vacancies exist.

Intending applicants should arrange a tour of the appropriate campus before the admission interview takes place.

Dr Ken Darvall
Principal
1/12/20
IB PRIMARY YEARS PROGRAMME

- LANGUAGE
- SHARING THE PLANET
- WHERE WE ARE IN PLACE AND TIME
- APPROACHES TO LEARNING
- AGENCY
- SOCIAL STUDIES
- MATHEMATICS
- ACTION
- APPROACHES TO TEACHING
- PHYSICAL, SOCIAL AND PERSONAL EDUCATION
- HOW WE ORGANIZE OURSELVES
- WHO WE ARE
- HOW WE EXPRESS OURSELVES
- HOW THE WORLD WORKS
- ARTS
- INTERNATIONAL-MINDEDNESS
- EXHIBITION

Vol.17, No.23

29 January, 2021
TIS Primary School Assembly: Moving from Virtual to Face-to-Face

The COVID pandemic and school closure last year have been a bitter pill for the Primary School to swallow, however, it never stopped us from taking an active part in all school activities, including assemblies. The assembly team always blew us away by the outcome of the virtual assembly where students shared what they had learnt in the course of the unit and received the Learner Profile awards. Everyone in the school community always looked forward to the next virtual assembly. We were all thrilled by their performance, especially the Cinderella drama put up by the Onyx class. Even though they were at home, they worked collaboratively to piece up each scene to make a full drama.

The Primary School organized the first assembly and Learner Profile awards which were filled with performances and presentations from students. We had two students to lead the assembly which they did confidently. It was the right time to welcome our newbies to the TIS family, as they are well settled and don't feel nor behaved as new students. The whole school was welcomed by both the Principal, Dr Ken, and PYP coordinator, Mr Jacob Lumumba whose addresses stressed on two main points: adhering to the COVID protocols at all times and making the best of every learning opportunity.

Below are some pictures from last week’s assembly.
On Monday 25th January, 2021, twelve students were recognized for exemplifying the Learner profile attributes and making TIS primary a happy school. Below are their reflections for receiving the awards.

**Reflections from Early year students**

**Solomon Atseku**

I feel so happy to be the receiver of the Knowledgeable award.

**Paa Kow Oppan**

I think about whatever I do and do it right. I am a happy recipient of the reflective Award.

**Ellis Darko**

I do things at the right time this makes me balanced.
Nana Yaa Asantewaa Ayisibea

I listen to others respectfully and I also use my words clearly.

Amewusika Tay

I help my friends to open the doors when needed.

Sienna Adoasi

I make TIS a happy school by using my helping hands to make people happy.
Reflections from Primary Students

VICTORIA
I am a thinker and I felt great when I won the award because I won the games in class.

REGINALD
I got the open-minded award and I felt great because I did well during discussions in class.

I am grateful for receiving an award for being an inquirer. I think I got the award because I was always eager to learn about new things. I often ask my teacher some questions about what I wanted to know in the unit we were studying. Then I research on other things that I do not have a clear information on. Being an inquirer makes me curious.

Kwaky Ayisi
I got the award for making the school a happy school. When school first reopened again, I tried to make everyone happy or make them laugh. Because there are a lot of new students, I try to let them feel welcome in TIS and let them feel like they are included in the staff we do. TIS is a happy school. So we should keep it like that.

- Thad Ossu
At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.

EDUCATION FOR A BETTER WORLD
Protect yourself and others from getting sick

Wash your hands

- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste

World Health Organization
IDU DAYS ARE HERE AGAIN!!!!

The scheduled IDU days @TIS began this Wednesday. IDU stands for Interdisciplinary Unit. The IDU days occur when the Secondary school timetable is collapsed for 3 days to allow all MYP students to take part in an Interdisciplinary Unit of work. Interdisciplinary learning supports students to understand knowledge taken from two or more disciplines or subject groups. The criteria for success in this unit have been created to allow students to integrate the subjects for the unit and to create new understanding, or a new product (as Grade 8 discovered). The IDU also challenges teachers to plan collaboratively and seek relevant, authentic interpretations of their subject content which students will use to create the new understanding mentioned earlier. This January the IDUs were developed as follows:

Grade 7: PHE and Design
Grade 8: Integrated Science and Language Acquisition (French and Spanish)
Grade 9: Mathematics and the Arts (Drama, Music and Visual Art)
Grade 10: Language and Literature (English) and Individuals and Societies (Geography, History and Economics)

Interdisciplinary units of work are an important part of what the MYP stands for and there is a compulsory Interdisciplinary Learning e-assessment for students wishing to achieve the IB MYP certificate at the end of MYP5. For this reason and for improving students’ understanding for where their chosen subjects are placed in a bigger learning picture, TIS has been running IDU days for several years. This year has been no exception. Despite social distancing and having some of our students at home and online, the IDU days have taken off as usual.

Malik and Ohemaa (Grade 10) - Ethan Dzidzor and Jessie (Grade 9) join the IDU days through Zoom

All students at home and at school had to join in. In one session this week, it was great to hear our offsite students over the class speakers discussing disciplinary understanding. Above on the right, offsite students Malik Nyanin in the UK and Ohemaa Asibu in Accra are seen on Mr Louis’ laptop joining in a Grade 10 IDU activity on the first day. On the left, in another session, Grade 9 students at TIS could hear their mates Jeremy Sunkwa-Mills in Qatar, Dzidzor Mac-Deh and Jessie Ofori-Appiah in Accra putting forward their views on their set IDU activity.
In Grade 8, the synthesis of learning about nutrition in integrated science and learning about culture in Language Acquisition created new understanding which was nutritious and culturally diverse.

The IDU, as with all units of work in the MYP, has 4 criteria: A) Disciplinary grounding, B) Synthesis (integrating disciplinary knowledge), C) Communication (of interdisciplinary learning) and D) Reflection (the benefits and limitations of disciplinary and interdisciplinary knowledge).

Our students know that if they bring together concepts and forms of communication from two or more disciplines to solve a problem, create a product, or raise a new question in ways that they would not have done using a single disciplinary means, then they will have demonstrated interdisciplinary understanding.

At the end of the IDU days, there will be summative assessments to evaluate students’ understanding of the activities of their IDU for all MYP grades.

Grade 10 have one other opportunity to take part in an interdisciplinary learning assessment. This will be in February for their mock examinations.

This is an example of the creativity which is possible with MYP even under COVID-19 constraints.

We all look forward to further creativity in our next round of IDU days.

Well done to all students at school and at home who took part in the IDU days to make it a great experience!!
At TIS, we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.
DP1 ATL SESSION ON REFLECTION AND SELF-MANAGEMENT SKILLS

The Diploma Programme Office in its commitment to ensure that students excel in the programme organised an ATL session to take G11 students through some of the basic, but necessary skills needed to be an effective and efficient Diploma student. In a 21st century world where many jobs are not necessarily tied to subject specific knowledge, the need to develop skills that help to function effectively in any field cannot be overemphasised. The session was structured in two batches in order to adhere to social distancing protocols, and focused on Reflection and Self-Management, as integral skills to human growth and development. The ATL Coordinator, Mr. Louis Welagaamo facilitated the session and students were given the opportunity to put the skills to practice. The following are what participants in the first session had to say during their reflections.

The session was kind of a reality check for me. I realized that since I started the DP, I’ve never really developed a well-defined plan as a guide. I seem to simply face each day as it comes and I have realised now that this approach isn’t the best. I’ve, therefore, decided that starting now, I will develop daily and weekly plans in order to cope with the upcoming timelines and workloads. – Lyman Cisse
This ATL session reminded me of the importance of reflection. I’ve always considered myself as a reflective person. However, when swarmed with work and life in general, I tend to forget that it is at this point that reflection is needed the most. I have learnt today that when reflecting, I need to acknowledge and recognise my own role (actions and inactions) in my successes and failures. I have realised that my own role is what I can directly control towards more favourable results. As an IB learner, I will use this new understanding to change my learning patterns and reset my goals for the semester so that I can work towards them.

I realized just how calming and, yet embarrassing, the process of reflection is. To deeply reflect on one’s actions is a good thing, but when it comes to all the negative things one was engaged in, it becomes quite shameful. It tends to feel as though one was aware of all the bad and yet engaged in them anyway; but I realize that it is also a calming process. During the session, when I was made to reflect on my performance in the previous semester and my own roles in that outcome, it felt like a weight I’d been carrying had been lifted off my shoulders. I felt ready to start anew and with this breathtaking inner feeling evoked in me during the process, I intend to make reflection a part of my regular routine. I am certain that this will calm me and arm me with what I need to do better. – Mafina Amoako

Today, I’ve learnt to reflect critically on my learning, effort and performance. I have realized that I must read instructions fully and go over my previous mistakes by considering and recognizing what part I played to cause that unpleasant outcome. I intend to pay closer attention to requirements of tasks and hold myself more accountable to both my successes and failures. – Shaniqua Akafia
IB learner profile

The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

As IB learners we strive to be:

**INQUIRERS**
We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

**KNOWLEDGEABLE**
We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

**THINKERS**
We use critical and creative thinking skills to analyse and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.

**COMMUNICATORS**
We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

**PRINCIPLED**
We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.

**OPEN-MINDED**
We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

**CARING**
We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

**RISK-TAKERS**
We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

**BALANCED**
We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.

**REFLECTIVE**
We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.

The IB learner profile represents 10 attributes valued by IB World Schools. We believe these attributes, and others like them, can help individuals and groups become responsible members of local, national and global communities.
Essay Competition

Win a scholarship for a unique online or residential academic programme. Designed and taught by Oxbridge academics.

Free entry for students aged 13–18

Subject categories (13-15)
- Architecture
- Computer Science
- Creative Writing
- Economics
- Engineering
- International Relations
- Law
- Management
- Medicine

Subject categories (16-18)
- Architecture
- Biology
- Chemistry
- Computer Science
- Creative Writing
- Economics
- Engineering
- English Literature
- Female Future Leaders
- History
- International Relations
- Law
- Management
- Mathematics
- Medicine
- Philosophy
- Physics
- Psychology

FOR FURTHER INFORMATION, SEARCH ‘IMERSE EDUCATION ESSAY COMPETITION’
At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.

EDUCATION FOR A BETTER WORLD
CAS-SA Corner

Virtual Thanksgiving Service & Induction of Student Council.

Save the Date: Sunday, 7 February, 11.00 am – TIS is a family that respect its traditions. Join us on 7 February as we thank God for how far we have come and also express our gratitude to the 2020 Student Council while inducting our newly elected Student Council for 2021. So much has changed since our last induction. The new executives are aware of these changes and they are ready to work together with the TIS community to keep learning engaging, student’s life experience meaningful and everyone safe.

The event will be live streamed on TIS Facebook and YouTube.
IB Class of 2021 – Preparations for Graduation Day

The August 2015 TIS Newbies’ trip feels like yesterday. A bunch of energetic G7s had just began their journey at TIS. As the years passed by, other newbies joined the class, some in G8, 9 or 11. So soon and here we are preparing their graduation ceremony, soon these 64 ladies and gentlemen will become Alumni of TIS. Graduation is a tradition so dear to the TIS family. A lot of preparations and special moments are created on the way. Last week the class experienced their Gown Photo shoot and the mix of emotions were evident. Some were so shocked that the day is approaching, while others realized there is no much time left. Excitement, anxiety, appreciation… yet a lot to be done.

Save the date, 5 June, 2021, 10 am, The Class of 2021 Virtual Graduation Ceremony: The Quarantine Class. Below are the reflections from our students on the Gown Photo-shoot experience.

Honestly, I was filled with joy. My TIS journey has been a long and eventful one and looking back at the shy girl who entered these four walls, I am so proud of who I am as I walk out. I feel ready to enter a new chapter of my life story and am grateful for the memories TIS has given me. **Lydia Boahen, G12**

While I am very much aware I haven’t graduated, there was no feeling ever so fulfilling as wearing my graduation gown. The experience serves as motivation for me as I look forward to wearing it once again in about four months. Right now, I have to remain focused and determined to get there. **Darin Sarpong, G12**

I felt like an adult. I loved that feeling. **Alberta Addo, G12**

When I wore the gown, I felt static. I really couldn’t believe that I have come this far into my education and that just in a few months I will graduate and further extend my learning. After all the dreaming, planning and working, my goals will finally turn into a reality. My priority right now is to stay on top of my revision. **Jadyn Afrifa, G12**
Honestly at this point I just want to finish hard and make everyone proud. The finish line is not so far ahead and I can’t wait to reach it. When I wore the graduation gown and hat, I almost forgot that I have about four months left. TIS has been my home for six whole years and wearing the graduation gown made me realize how far my grade mates and I have come. **Arnold Gyateng, G12**

This is my final lap of my IB journey and I have made it an obligation to take everything that concerns this curriculum very seriously. I have put certain measures in place for my set goals to be achieved. Wearing the graduation gown made me realize how short my four years in this school has been. With the few months I have left to spend in this school, I hope to complete my work in this school in any way possible and make a lot of memories. **Emelda Ann De-Veer, G12**

As I come close to the finish line, I am more excited and invigorated as ever. I am determined to put in all my effort and energy in these final moments in order to achieve the goals that have been fueling me during my whole TIS journey.

Whilst wearing the graduation gown, I was overwhelmed by the feeling of accomplishments and got a glimpse into what crossing the finish line during graduation would be like. Also, I began to reflect on my six years at TIS and became grateful as a result. **Torence Mwindaare, G12**

When I put on the graduation gown everything felt real. The idea of leaving TIS to start a journey in university was always a sort of daydream to me until I put on that cap and gown. I felt excited, scared, and anxious and basically every other emotion you can think of put together. Looking at myself through the mirror, I felt one step close to achieving my dream of graduating high school and begin a new chapter in my life. **Charlene Nye, G12**

While putting on the graduation gown, I felt closer to the finish line of this rigorous journey. I didn’t feel excited as expected because there is still a lot more to complete. Do not get me wrong, wearing the graduation gown and the cap seemed surreal three years ago but reaching this stage now is by the Grace of God. My priorities now are to give it my all in every assessment, get into my university and leave a legacy in TIS. **Sanjeevan Allotey, G12**

Wearing the graduation gown was the vision of the culmination of the efforts and bliss that lay beyond the IB. This vision rekindled the embers and now I am filled with the fire needed to cross that final line and turn my vision into a reality. **Ethan A. Pobee, G12**
As graduation day approaches, I am looking forward to finishing my Diploma to the best of my abilities and, at the same time, create memories with my friends. Wearing the graduation gown gave me a sense of pride. I am glad to have come this far. Kwasi Dankwa, G12

What a thrill!!!!!! My TIS journey is finally coming to an end. As I wore the gown, all my favourite memories came to mind. I’m about to start a new chapter in my life….. I can’t wait.

Joseph –Bryan, G12

Well, four years I have seen a lot of people come and go, wondering when my turn will be. It’s finally here! My priority is to graduate knowing I made the most of the many opportunities available. Ashley Gaba, G12

I never really realized until I was in my graduation gown that I’ve been in this school for six long years, wow. Every day was a new experience, especially in the Francis Hostel, and my time spent here was definitely memorable. Major priority? Finish haaard!!!! Edward Quansah, G12.

CAS Experience - International IB Debate

Welcome to the first ever INTERNATIONAL IB DEBATE

We are three people from San Cernin School in Pamplona, Spain who have come together to organize the FIRST ANNUAL INTERNATIONAL DEBATE.

Does your IB school want to participate in juicy conversation against other international students... and have the opportunity to win an amazing finalist prize??!!

Here’s what you need to do~
1. Click the LINK HERE
2. Fill in our GOOGLE FORMS and click SUBMIT
3. You’re now ENROLLED IN OUR DEBATE!
4. Congrats!! You will soon be added to our Whatsapps group :)
5. Information is coming your way. Any questions PLEASE DM US!! happy debating

https://youtu.be/6vzcnlQliN0
CAS Experience - IB Buddy Program

Want to meet an IB student from a different county? Make a new friend? Sign up for the IB Buddy Program!

Essentially the IB Buddy Program is a penpal project for IB students. We hope to connect IB students from all over the world!

You can sign up by filling out this questionnaire (http://bit.ly/ibbuddyprogram). All information will be kept confidential and only shared with your IB Buddy. We hope you participate 💙

Carlotta and Sydney
@ibbuddyprogram
ibbuddyprogram@gmail.com

DofE CORNER

Evidence: How to: provide evidence for an Assessor you can’t see in person

There are many ways to keep your Assessor up to date with your progress, even if you can’t see them in person.

If you’re able to continue your usual activities at home, you should continue to use your appointed Assessor.

As the coronavirus outbreak means you may not be able to do your activity in the usual way, make sure you get in touch to let them know how you’re continuing.

You should also contact them about how you would like to stay in touch, and how they can assess your activity remotely.

If your Assessor is also your DofE Leader, you can upload any evidence straight to the Online Record Book – they will be able to review it all online before writing your Assessor’s Report. If your Assessor doesn’t have access to Online Record Book, ask if you can email them your evidence instead. Alternatively, you could drop off paper copies of your evidence, or speak to them on the phone to explain what you’ve been doing for your section.
You can record your evidence in various ways, including:

- Activity logs
- Photographs or videos
- Written reflections or a diary
- Screenshots e.g. a running route on an app like Strava

**What if I’m changing activity or starting a new section, and need to find an Assessor?**

An Assessor can be anyone who’s interested in helping you complete your section and achieve your Award, has some knowledge about the activity (although they don’t need to be an expert!) and is available over the time you’re doing your activity.

They cannot be a family member (to maintain the integrity and value of your Award), but they could be:

- A family friend
- Your DofE Leader
- Another DofE volunteer or helper who helps with your group (your DofE Leader can help put you in touch)
- A teacher from your school
- Another youth leader, if you belong to a youth club, Scouts, Cadets etc.

---

Remote Activity Ideas: Volunteering

1. Tutoring
2. Litter picking (while social distancing)
3. Virtual campaigning
4. Delivering groceries (while social distancing)
5. Lead a voluntary organisation, e.g. Beavers
EXTENDED ESSAY AND IDU WEEK
COVID-19 Protocols by Lena Dodoo (G11)

Corona virus!
Stuff is getting real!

"Wear your mask!" "Social distance." "Do you have hand sanitizer?" All phrases spoken by Tema International Students throughout the school day. One of my favorite aspects of TIS is how it feels like a little community - independent from the world beyond those green gates. As fun as that is, it’s crucial to remember such is not the case. COVID-19 is very real, and we must adhere to the protocols put in place to protect ourselves and our loved ones. It’s a good thing our school has given us a few COVID-19 guidelines to do just that.

1. Put your mask on right! Wearing a mask protects yourself and those around you from the threat of stray bacteria or particles. Yes, wearing one all day in Ghana heat can be tedious, but wouldn’t you rather be safe than sorry?

2. Why did the chicken cross the road? Because the chicken behind it didn’t know how to socially distance properly. Hahaha, comedic gold! No but seriously, socially distance. I know it’s hard to stay 6-feet apart when you’re in a family school such as TIS, but socially distancing reduces the chances of us coming in contact with contaminated surfaces and possibly infected people.

3. Wash Your Hands. Hopefully, you’ve been doing this long before the man ate the rat, or the cat or the dog, but just in case you haven’t (;), washing your hands for 30 seconds under running water keeps you safe from bacteria. And if you don’t feel like counting, sing the ABCs while you wash!
COVID-19 Protocols by J’dy Vicker (G11)
At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork, challenges personal best and emphasizes the importance of appreciating how to lose before knowing how to win.

EDUCATION FOR A BETTER WORLD
COUNSELLORS’ CORNER

Dear students, be stimulated enough to seek for self-improvement daily.
Life is what YOU make it!
Explore all opportunities at TIS to the best of your ability. Keep running and enjoy each moment!

Congratulations DP2s. You make us proud. Study smart!

- University of Nottingham, (UK)
- University of Essex, (UK)
- University of Brighton, (UK)
- Oxford Brookes University, (UK)
- City University of London, (UK)
- Brunel University, (UK)
- University of Sussex (UK)
- Reading University, (UK)
- University of Birmingham (UK)
- Staffordshire University (UK)
- Swansea University (UK)
- Massachusetts Institute of Technology, (USA)
- University of Pennsylvania, (USA)
- Northwestern University, (USA)
- Lehigh University (USA)
- University at Albany- State University of New York (USA)
Lakehead University (Canada)
University of Guelph (Canada)
Ontario Institute of Technology, (Canada)
York University, (Canada)
Calgary University, (Canada)
University of Toronto, (Canada)
Utrecht University, (Netherlands)
Radboud University, (Netherlands)

Stay tuned for more juicy offers!

THANK YOU NOTE TO ALUMNI VOLUNTEERS
FOR ACTIVE PARTICIPATION IN THE VARIOUS VIRTUAL SESSIONS

The Alumni Reunion could not have been this impactful and educational without our alumni volunteers who participated in the various Zoom sessions. All said and done, the knowledge shared and life tips are just priceless! To our cherished alumni from Management, the University Guides and the TIS Community we say: Thank you! Dankenshon! Muchas Gracias! Akpe! You simply WOWED us!

Keep raising the flag of TIS higher and shine wherever you go. It’s the TIS spirit. TIS a haven of excellence! Please see below pictures and major highlights gleaned from the various presentations as well as students’ reflections. Enjoy!
Day 1: Time with DP2S. Topic: Life and Relationships

Major Highlights Gleaned from the Presentations;

Apiokor Ashong Abbey, IB Class of 2007 (Executive Producer at Citi FM)

- Academics, the map to excel in the rigorous IB Diploma Programme is prior planning, time management and self-management.
- Identify your academic strengths and weaknesses.
- Ask for support as soon as possible.
- Don’t just do the taking when it comes to knowledge but learn to share as well!
- Social Capital. One of life’s currencies for survival is human connections. Build a network of friends and good relationships that will last a lifetime. It opens doors!
- Managing finances. Thinking of going out with friends? Ask yourself what meaningful contribution with this socialization space add to my life? Will I meet and interact with people of positive influence?

Nana Yaw Ankamah, IB Class of 2011 (Teacher of Music, Tema International School)

- 2xF= Focus to finish!
- With all the subjects and daunting tasks IB requires you to do, it is imperative to have at the back of your minds to stay focused in order to finish well.
- TIS is always a part of you and it will open doors for you.
- Supporting each other goes a long way to bring out the best in you and others.
Nana Amoabea Larbi, IB Class of 2019 (Currently studying at University of British Columbia, Canada)

✓ Choosing a university of choice is a lifetime experience. It’s not group work, my friends are here so I want to apply and pursue a similar course. **IT DOESN’T WORK THAT WAY!**
✓ What is your interest? Why do you want to pursue this programme? These should be your motivation factors and not the decisions of others.
✓ To excel in your exams, you need accountability partners. Friends who will push you and make sure you complete your task and achieve your defined goal.
✓ Racism **YES**. You will deal with it but rather educate them when they criticize you.
✓ Applying for loans for university education? Choose wisely!

Kwadwo Ohemeng, IB Class of 2019 (Currently at Lehigh University, USA)

✓ Work as hard as you **CAN**!
✓ Learn to be adaptable in order for you to try new things and explore the best opportunities.
✓ Self and sound motivation are key. Go out there be ready to own your decisions, consequences take responsibility and get things done!
✓ Be a goal getter! Have a persevering spirit moves mountains.
✓ Academics cannot be over emphasized. Make time to sit and learn!

Alistair Kirk, IB Class of 2019 (Currently at University of Toronto, Canada)

✓ The S Factors = Stress Management, Senioritis and Studies
✓ IB can be overwhelming. To manage stress, spend some time doing extracurricular, socialize and make time for good laugh and friends. **BE BALANCED!**
✓ Senioritis. When you get accepted into your dream university it doesn’t end there. You must study hard until to excel at the final IB.
✓ Study. Make time to practice questions, take notes, and make your own notes.
✓ You must cultivate the habit of practice questions. In my time, my friends and I practiced and studied questions so well that I was able to predict IB questions and together we excelled.
✓ The power of prayer and the God factor can never be over emphasized. This is what pushes you to excellence.

Lisa Larbi, IB Class of 2013 (Pursued her undergraduate degree at University of Northwestern, USA )

✓ Scholarships. How to find and where to look? Just visit the Financial Aid Office.
✓ You will be amazed with the packages and free monies for grabs. All you have to do is make yourself available to ask and then you will find it.
✓ IB earns you credit at the University. Make sure to your IB results looks great it going to be on your CV for a life time.
Be open to meet people at the most random places but choose your associations wisely!

Students’ Reflections

“The alumni talk was very informative and I learnt a lot about life after TIS. They spoke a lot about how we can achieve the grades we want in the final stretch. We were told to work hard, work together, work smart, focus, and finish. They also gave insight on university life and emphasized how important time management was there as there will be no one to coax you on but yourself. We also learned the importance of making connections because of how far they can take you in life as well as the importance of saving money wherever possible because you never know what can happen in life”. Elrad Martin- DP2

“The session we had with the alumni was very informative! We had alumni from various batches come to give advice to us. We began the session with the alumni introducing themselves. After, each of them began to share few tips to help us in our final lap of the IB! Every one of them shared very valuable information and one tip that stood out to me was shared by Allistair Kirk. He shared with us the 3 Ss: Senioritis, Stress management and study smart. As a senior in high school, I should finish hard to ensure that I make myself proud at the end of my IB journey. I also need to be able to manage stress and give myself grace whenever the IB becomes overwhelming. I also learnt that as well as studying hard, I need to study smart! I am grateful for all the alumni that took time out of their day to spend time with us and give advice that will help us not only complete our high school journey but also equip us for university”. Bethany Buah-DP2

Day 1: Time with DP1s: University Life & More
Major Highlights Gleaned from the Presentation

Maame Abena Asante IB Class of 2020

- Make time for one-on-one sessions with your counsellors. It’s important!
- Take the university applications seriously
- There are scholarships and financial aid for you. The only way to know is when you own the research.

Yeho Padikour IB Class of 2020 (Currently at University of Ottawa, Canada)

- Take part in university visits, ask questions, and get yourself involved in extracurriculars and sports.
- When you have to write your essays and go through the applications step do it purposefully and meaningfully.
- Friends are good to keep but choose wisely.
- Keep a well planned timetable to manage your time and make the most out of the TIS experience but focus on your academics.
- Seek help early as possible in order to excel.

Students’ Reflections

“Our virtual meeting with our Alumni was a very insightful one. We had another opportunity to learn something new and put into practice as we prepare for university. Speaking with Alumni, I learnt the importance of college essays, personal statements and recommendation letters and why we should be taken seriously. I also learnt about certain research we need to take before we choose a university. Some of these include research on scholarship opportunities available, the climate condition of the country you may want to attend and racism if any. Our Alumni also spoke about how personal statements and college essays should be started early so that meaningful corrections can be made on time by our college guides before the final submission will be made to the universities. I really learnt a lot from our alumni, one thing I picked from what they said and will put into practice is to take all college essays, personal statements and recommendation letters seriously”. **King Cyrus - DP1**

“We were joined by a few alumni over a Zoom meeting. We were informed on the factors to look out for when choosing schools and what to do during your application process. Personally, I learnt that when you are picking a university, you should know what appeals to you or what you are interested in. What programme you want to offer, whether you are comfortable with the location, if the financial aid is well suited to you. You will have to weigh the pros and cons before making a decision. When you are applying to colleges, you have to know what you want to study, what the requirements or prerequisites are and aim to achieve grades good enough to get you in. Respect and discipline can take you a long way, from receiving good recommendations to achieving the greatest of opportunities”. **Ewuraama Odamtten - DP1**
DP2s: Ghanaian University Applications have opened– Check them Out!!

- Lancaster University:  https://study.lancaster.edu.gh/
- Academic City:  https://acity.edu.gh/admissions.php
- Ashesi University:  https://admissions.ashesi.edu.gh/
- Webster University:  https://webster.edu.gh/admissions/

To participate click on the link below:
https://zoom.us/webinar/register/2315966492156/WN_XOKmJsnTQxSWY8dAKt-dag

**DATES AND INFORMATION**

**2020-2021 TEST DATES**

See the New SAT dates below:
SAT 2020-2021

- 13 March 2021
- 8 May 2021

DP1’s don’t wait until the eleventh hour to register. Register now to avoid any disappointments!  https://collegered readiness.collegeboard.org/sat/register/international
Test takers, please come along with your **VALID UNEXPIRED PASSPORT** as the only form of identification! Photocopies are not acceptable. All COVID-19 protocol will be fully observed. Remember No mask no entry!

**Remember:**
- Number 2 pencils, approved calculator, eraser, admission ticket, and sharpeners required.
- Facemask
- Hand sanitizer

SAT Registration Fees (To complete registration online full payment with credit card only. Visit [www.collegeboard.org](http://www.collegeboard.org))

SAT I - U.S. $107.50 SAT II: 1 subject ($117), 2 subjects ($127), 3 subjects ($137) (estimates).

**ACT**

2020-2021 TEST DATES (COMPUTER-BASED TESTING ONLY!)

ACT Registration Fees (Online payments only: Visit [www.actstudent.org](http://www.actstudent.org)):
ACT plus writing – U.S. $166.50. (TIS Test Centre Code: 870390, but inform counsellor first).

*To complete registration, payment must be made online in full with a credit card.*

**ACT April DEADLINE** coming up. STEM students have an edge when they take the ACT.

NEW TEST DATES FOR ACT FOR NEXT ACADEMIC YEAR

ACT 2020-2021
- 17 April 2021

**Exam Date:** 6 February 2021

PRACTICE TESTS FOR SAT, ACT OR PRE-ACT, PSAT, AND OTHER TEST PREP RESOURCES FROM THE OFFICIAL TEST MAKERS CAN BE FOUND HERE; [WWW.COLLEGEBOARD.ORG](http://WWW.COLLEGEBOARD.ORG) AND [WWW.ACTSTUDENT.ORG](http://WWW.ACTSTUDENT.ORG).
“TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member.

As a TIS family member,

I promise to uphold and demonstrate its values,

and protect the reputation of the school.

I make this pledge in the spirit of honour and trust.”