# TIS RECORD

# P: +233 303305134 | E: info@tis.edu.gh| W: www.tis.edu.gh

# At TIS,

we believe that integrity, or the lack of it, defines the individual and their reputation. We strive to display it as our badge of honour.

# Contents

- PYP News: Page 7
- DP News: Page 15
- CAS-SA Corner: Page 29
- Guide Post: Page 43

# COVID-19

• Wash your hands frequently and thoroughly.

- Practise social distancing at all times.
- Wear a face mask when 'out'.

# Thought for the Week

Things that keep talented people from fulfilling their potential:

- Trying to please everyone.Imitating the desires of
- others.
- Chasing status without questioning why.
- Playing superhero and trying to do it all alone.
- Dividing your attention between too many projects.

- James Clear



# **Responsibility & Impact**

Whatever we do, whatever our responsibilities are, each of us should be trying to make an impact by the actions we take. Ideally, impact promotes personal best through the appropriate challenges that accompany any responsibility. Purposeful impact should have a positive outcome for others and not just the individual. Service is the TIS most frequently communicated form of impact that occurs on a daily basis at TIS.

Lydia Boahen, as the outgoing Head of Council, has certainly made a powerful impact during her tenure. However, I must point out that her impact was already evident since Lydia commenced at TIS in 2015. Her impact made her an obvious choice for her peers and other students to elect her as the 2020 Head of Student Council.



# Tema International School

Do the right thing, even when no one is watching.

It's called integrity.

# **Read & Take Action**

• When it comes to action, it depends on what is important. To avoid disappointment, always be aware of current requirements or obligations and plan ahead, rather than pushing back. It alleviates personal stress.

# **SAT & ACT 2021**

• Best advice: students who are required to complete SAT and/or ACT requirements should do so by the end of Grade 11. Leave it until G12 and you have created a personal time-management monster.

# **Email Hassles**

As I mentioned a couple of weeks ago, my Principal email address at TIS has caused me a lot of grief over the past couple of months, and continues to do so.

Until advised otherwise, please direct any emails for Dr Ken Darvall to: kdarvall@gmail.com

If you have recently emailed me and not received a reply, please forward the email to my Gmail email address.

My apologies for these hassles.

# Weekly Bulletin

Lydia undertook her role as Head of Council with her usual poise, focus, clarity and a collaborative leadership style in which she demonstrated the importance of being a role model for others. Lydia's impact has been enormous and always evident, especially during these COVID times. Lydia has certainly demonstrated all prerequisites for the prestigious tertiary scholarships available to exceptional school leavers each year. Thank you, Lydia. May your light always shine.

# Vale, Mr Amoah

TIS was rocked by the news of the sudden death of Mr Amoah, our inspirational violin instructor. Mr Amoah had an enormous impact on students and staff at TIS. His ready smile and welcome, his wisdom, knowledge and expertise ensured moments that always remain with you. He was dedicated and passionate about the importance of music in everyone's life. Mr Amoah was a classic example of the impact you can make by helping and motivating others, in your own way, without seeking the glory or spotlight for what you do. He enjoyed each day and thrived on challenges, something we should always strive to do. We were blessed by his presence.

Stay healthy. I appreciate your support.

Dr Ken Darvall (Principal)



Weekly Bulletin



Vol.17, No.24



# **TEMA INTERNATIONAL SCHOOL**

# Primary School Campus Admissions Open For 2021/2022 Academic Year

# Flexible admission screenings and interviews



# Entry Points in 2021

# Preschool

Kinder 1 (3-4 years) Kinder 2 (4-5 years) Kinder 3 (5-6 years)

# Junior Primary

Grade 1 (5.5 - 7years) Grade 2 (6.5 - 8 years) Grade 3 (7.5 – 9 years)

# **Senior Primary**

Grade 4 (8.5 -10 years) Grade 5 (9.5 years-11 years) Grade 6 (10.5 - 12 years)

# All admission applications will be online via Open Apply: <a href="https://tis.openapply.com">https://tis.openapply.com</a>

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer MYP and DP. The Primary School campus has been approved as a Candidate PYP School.



To learn more





**Tema International School** 

Weekly Bulletin

5 February 2021





# **Tema International School**



# MAIN CAMPUS

# SECONDARY ADMISSIONS ARE OPEN FOR 2021/2022 ACADEMIC YEAR

A family school, a unique experience.

# Flexible online admission testing is available

### ENTRY POINTS: Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 10 (MYP 5) | Grade 11 (IB Diploma Programme)

### Grade 7 (MYP 2)

### Students should:

- a) Have completed Primary 6.
- b) Be aged 11+(at the time of admission).
- c) Complete a general aptitude
- test and interview.

### Grade 8 (MYP 3)

### Students should:

a) Have completed JHS 1 or in JHS 2.

b) Be aged 13+(at the time of admission).

c) Complete a general aptitude. test and interview.

### Grade 9 (MYP 4)

Students should:
a) Have completed Year 8 or Basic
Education Certificate Examination (BECE).
b) Be aged 14+(at the time of admission).
c) Complete a general aptitude test and interview.

### Grade 10 (MYP 5)

### Students should:

a) Have completed Year 9.b) Be aged 15+(at the time of admission).c) Complete a general aptitude test and interview.

# Grade 11 (IB Diploma Programme)

# Students should:

a) Have successfully completed MYP 5, the IGCSE (Or its equivalent) or awaiting the results of the IGCSE.
b) Be aged 16+(at the time of admission).
c) Complete a general aptitude test and interview for non IGCSE
& GCSE students (i.e. WASSCE,

OCR, AQA).

# To learn more scan this.



To enrol scan this.



The online application process can be completed at: <u>https://tis.openapply.com</u> For further information contact us on phone: +233 303 305134; +233 303 308737; email: <u>admissions@tis.edu.gh</u> Or come and visit the school (Opp Afariwa Farms, Off Tema-Akosombo Road) www.tis.edu.gh

# TIS ADMISSIONS 2021/2022

Admissions for the next academic year, 2021/2022, officially open on 1 December, 2020.

For 2020/2021, TIS had to put the FULL HOUSE sign up for the first time in many years. The coming year may end up the same way.

With the limited number of places available, TIS will be prioritising admissions for Grades 7-9 at the main campus and all classes at the Primary Campus.

Please note that admissions for the current year, 2020/2021, are being accepted for second semester at the Primary School Campus.

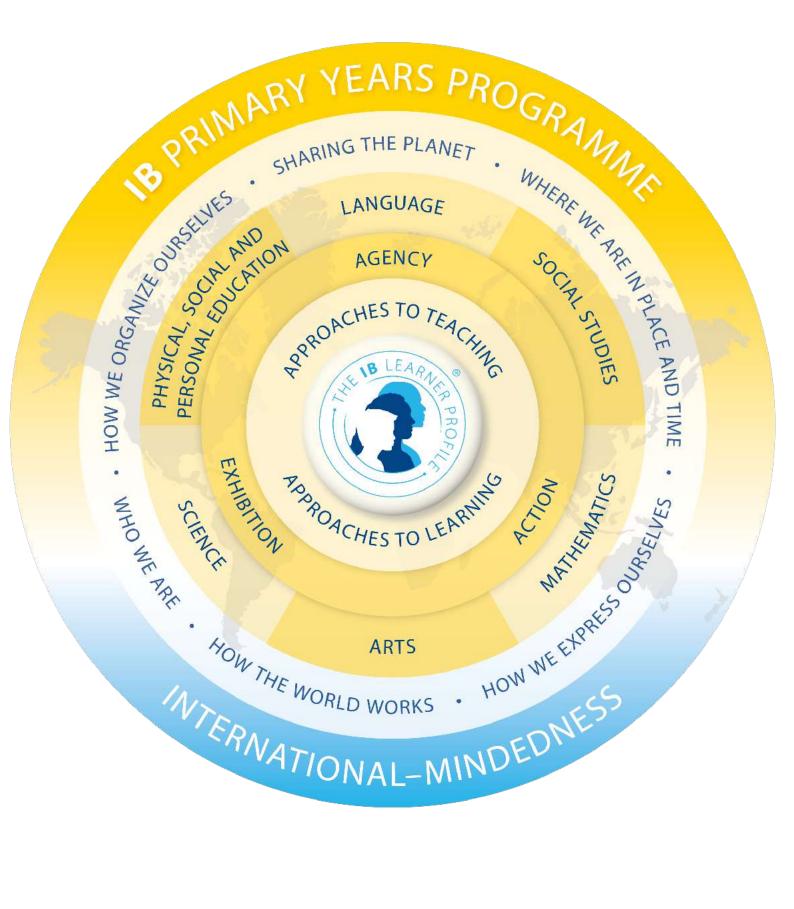
For admissions to the secondary school, applicants will be contacted in the first week of February 2021 to arrange for the online admission test. Admission interviews will be conducted in mid-February and firs round offers will be made.

Applications for Grade 11 will be considered from 1 April and will be dependent upon the re-enrolment process and the vacancies arising. Applicants for Grade 11 should include their predicted grades for 2021.

It is likely that all secondary school vacancies will be filled by 30 April. While families with siblings at TIS will receive a priority, this only remains in force while vacancies exist.

Intending applicants should arrange a tour of the appropriate campus before the admission interview takes place.

Dr Ken Darvall Principal 1/12/20



# LEARNING MATHEMATICS AT TIS PRIMARY SCHOOL

# What TIS Primary School Believes About Learning Mathematics

The power of Mathematics for describing and analysing the world around us is such that it has become a highly effective tool for solving problems. It is also recognized that students can appreciate the intrinsic fascination of Mathematics and explore the world through its unique perceptions. In the same way that students describe themselves as "authors" or "artists", a school's programme should also provide students with the opportunity to see themselves as "Mathematicians", where they enjoy and are enthusiastic when exploring and learning about mathematics.

In the IB Primary Years Programme (PYP), Mathematics is also viewed as a vehicle to support inquiry, providing a global language through which we make sense of the world around us. It is intended that students become competent users of the language of Mathematics and can begin to use it as a way of thinking, as opposed to seeing it as a series of facts and equations to be memorized.

# How children learn mathematics

It is important that learners acquire Mathematical understanding by constructing their own meaning through ever-increasing levels of abstraction, starting with exploring their own personal experiences, understandings and knowledge. Additionally, it is fundamental to the philosophy of the PYP that, since it is to be used in real-life situations, Mathematics needs to be taught in relevant, realistic contexts, rather than by attempting to impart a fixed body of knowledge directly to students.



## **Constructing meaning about Mathematics**

Learners construct meaning based on their previous experiences and understanding, and by reflecting upon their interactions with objects and ideas. Therefore, involving learners in an active learning process, where they are provided with possibilities to interact with manipulatives and to engage in conversations with others, is paramount to this stage of learning Mathematics.

When making sense of new ideas all learners either interpret these ideas to conform to their present understanding or they generate a new understanding that accounts for what they perceive to be occurring. This construct will continue to evolve as learners experience new situations and ideas, have an opportunity to reflect on their understanding and make connections about their learning.

# **Transferring meaning into symbols**

Only when learners have constructed their ideas about a Mathematical concept should they attempt to transfer this understanding into symbols. Symbolic notation can take the form of pictures, diagrams, modelling with concrete objects and Mathematical notation. Learners should be given the opportunity to describe their understanding using their own method of symbolic notation, then learning to transfer them into conventional Mathematical notation.



# Developing creativity with shapes and numbers during play

# Applying with understanding

Applying with understanding can be viewed as the learners demonstrating and acting on their understanding. Through authentic activities, learners should independently select and use appropriate symbolic notation to process and record their thinking. These authentic activities should include a range of practical hands-on problem-solving activities and realistic situations that provide the opportunity to demonstrate Mathematical thinking through presented or recorded formats. In this way, learners are able to apply their understanding of Mathematical concepts as well as utilize Mathematical skills and knowledge.

As they work through these stages of learning, students and teachers use certain processes of Mathematical reasoning.

• They use patterns and relationships to analyse the problem situations upon which they are working.

- They make and evaluate their own and each other's ideas.
- They use models, facts, properties and relationships to explain their thinking.
- They justify their answers and the processes by which they arrive at solutions.

In this way, students validate the meaning they construct from their experiences with Mathematical situations. By explaining their ideas, theories and results, both orally and in writing, they invite constructive feedback and also lay out alternative models of thinking for the class. Consequently, all benefit from this interactive process.



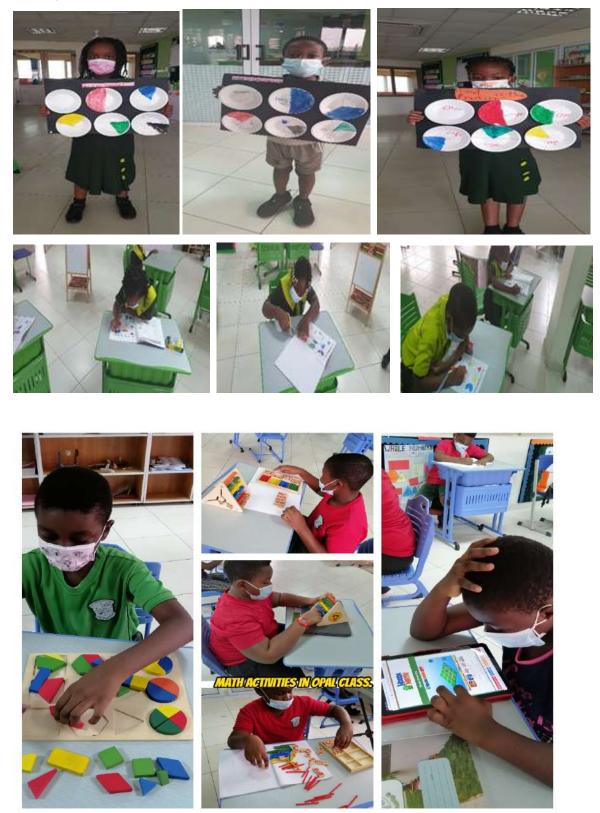


Student-initiated activity. Building number towers with blocks

# Mathematics in a transdisciplinary programme

Wherever possible, Mathematics should be taught through the relevant, realistic context of the units of inquiry. The direct teaching of Mathematics in a unit of inquiry may not always be feasible but, where appropriate, prior learning or follow-up activities may be useful to help students make connections between the different aspects of the curriculum. Students also need opportunities to identify and reflect on "big ideas" within and between the different strands of Mathematics, the programme of inquiry and other subject areas.

Links to the transdisciplinary themes should be explicitly made, whether or not the Mathematics is being taught within the programme of inquiry. A developing understanding of these links will contribute to the students' understanding of Mathematics in the world and to their understanding of the transdisciplinary theme. The role of inquiry in Mathematics is important, regardless of whether it is being taught inside or outside the programme of inquiry. However, it should also be recognized that there are occasions when it is preferable for students to be given a series of strategies for learning Mathematical skills in order to progress in their Mathematical understanding rather than struggling to proceed. The Onyx grade demonstrated their understanding by painting different fractions on paper plates. This application was done when they engaged in a Math lesson and shaded various fractions using paint and crayons.



We explore and have fun while we learn the concept of addition and subtraction

5 February 2021



# TEMA INTERNATIONAL SCHOOL



At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



# EDUCATION FOR A BETTER WORLD





# **EXTENDED ESSAY WORKSHOPS**

Extended Essay Workshops were organized concurrently for our DP1 and DP2 students on 27-29 January 2021. The workshops aimed at introducing the DP1 students to the EE process and also to provide the necessary support for the DP2 to finalize the write-up of their 400-page essays. The sessions were facilitated by extended supervisors and coordinated by the DP office. Please find below reflections from some students

# G11 begins EE journey!

The three-day extended essay (EE) workshop was a very insightful one for me. I learnt a lot about what the EE is, what it entails, how a student can do his or her EE in any of their selected subjects (preferably their HL subjects). Our teachers along with the DP/EE coordinators took us through the various general and subject-specific criteria for the start and completion of our extended essays. One important thing I took away from the three-day workshop was that although we have one year to complete our EE, it is best if we start working on our EE as soon as possible in order to receive feedback from our supervisors as soon as possible and make changes in order to enable us improve our work before the time for the final submission of our essays. ~Kwame Asafo-Adjei, DP1



Attending the three-day Extended Essay start-up workshop was an eye opener for me as I was now being introduced to the Extended Essay. I gained some understanding about what the Extended Essay entails for the various subjects, such as Biology and Langlit. At the end of the session, I was equipped with the practical knowledge for undergraduate research and was able to develop my skills, knowledge and understanding through active participation, peer collaboration and the generation of resources and strategies to effectively tackle my Extended Essay. ~Apewe Chigabatia

Before the EE workshop organized in the previous week, I already had a limited idea about the EE as I had read the resources uploaded and from advice from former DP students who spoke about the challenges to be encountered in the write-up of EEs From the workshop, I realized that what I had read and information received was just the surface of what EE entails. The facilitators delved deeper into the entire EE process during the three-day workshop. I have now learnt about the necessary requirements for writing good essay proposals in order for us to attract the attention of potential supervisors. This workshop was so helpful in assisting me to truly understand how I can make the perfect EE grade and the steps I need to take to achieve this aim. ~Awurabena Ahenkorah



The 3-day EE workshop was a great way to introduce us to the requirements of the Extended Essay. I really appreciated having teachers in all of the subject groups come and talk to us about the structure and content of EE in their various subjects. I also liked how interactive and easy to follow some of the sessions were.

I must say that on the first day, I felt like it was too much information all at once, but as we progressed, I started to settle into it and was able to come up with a few ideas as a starter for

the EE. Overall, I am very thankful that the teachers were able to put together this detailed and very much needed 3- day session. ~ Adeline Adjei

# Grade 12 EE goes down!

The EE workshop definitely refreshed my understanding the main aim for on all the EE assessment criteria. I gained more insight into what was needed to get a top score in the highest weighing criterion (C) being 'Critical Thinking'. Our coordinator inspired us to work meticulously on our format and presentation so as to receive the topmost level for criterion D. Who doesn't want a free gift? I'm very grateful to the IB coordinators and my supervisor for giving us three days to fully address issues and complete our EEs. **~Kirk Osei** 

The EE workshop last week was incredibly helpful for the completion of my essay. In the weeks leading up to the workshop, I was worried that I wouldn't have enough time to meet with my supervisor again or put the finishing touches on my essay. This workshop was a welcome solution to these problems, as I had three free days to complete everything, as well as edit and re-edit my work. I'm also grateful that to the team of facilitators who took time to explain the EE assessment criteria because it allowed me to see the weaknesses in my own essay and fix them. **~ Eyako Eli Dzantor** 

The Extended Essay closure workshop was an eye-opening experience. In the beginning, I thought I knew all the rules and relevant information about writing and formatting my Extended Essay. However, during the workshop different ideas and different methods were taught and they were more relevant to my Extended Essay in Economics. The meeting with our supervisor and the time given helped in ensuring I was able to submit a well-read and researched Extended Essay. Overall, this experience was needed and actively helped in shaping my Extended Essay.  $\sim$  Christine Adoma Agyare

The three day workshop was much needed to complete my Extended Essay because honestly, it would have been an extremely difficult task to complete it whilst normal classes were ongoing. The various workshops held by different teachers and numerous discussions with my supervisor helped me apply all the appropriate formatting needed to make my final EE ready for submission.  $\sim$  **Arnold Gyate** 

To Do list

FOCUS

WORK HARD

BE CREATIVE

OPEN YOUR MIND

SPREAD POSITIVITY

STAY AWAY FROM DRAMA

ENJOY THE LITTLE THINGS

PUT IN 100% EFFORT

TAKE CHANCES

SMILE MORE

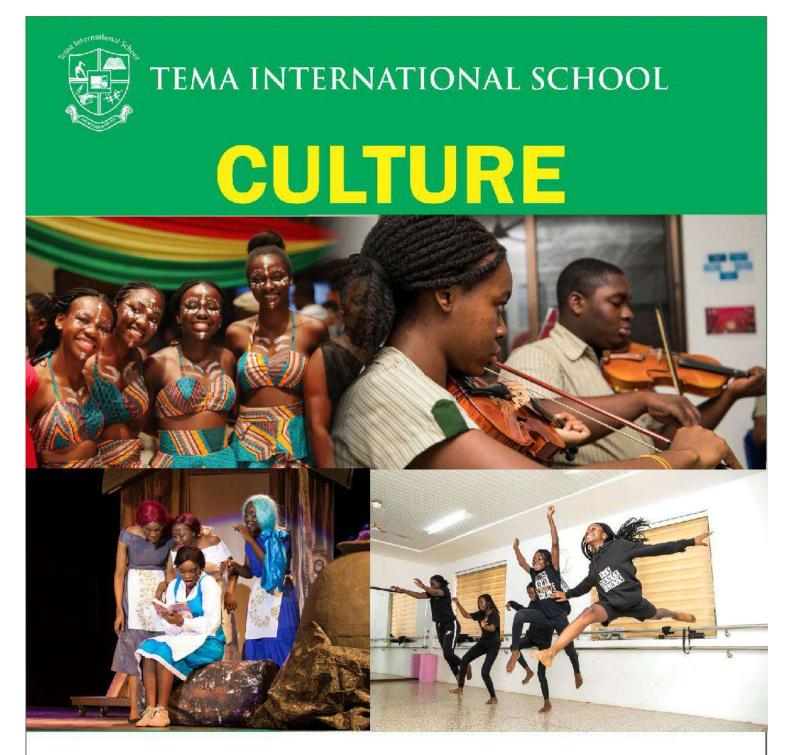
BREATHE

FLIPANDSTYLE

# "It isn't what you have or who you are or where you are or what you are doing that makes you happy or unhappy. It is what you think about it."

Dale Carnegie

5 February 2021



At TIS, we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.



EDUCATION FOR A BETTER WORLD

# HOSTEL NEWS



Night Talk at the Hostel with Alumpi was Superb! Alumni sharing their experiences and a taste of life beyond the walls of TIS gave students a gist on life. We are so thankful to all participating alumni. Enjoy some reflections from students and pictures from the session. From Hostel parents, TIS Alumni, you are AWESOME!!

"I really enjoyed the Alumni virtual common room meeting. It was very entertaining, and I really enjoyed the last part where they shared memories of their TIS journey. Even though I didn't know them, it was worth listening to them." **Bamamwine (DP 1)** 

"I really enjoyed last Friday's virtual common room meeting. It was nice to see some old faces."

Belina Anthonio (MYP 5)

"I liked the evening session with the alumni a lot, it was very interactive and fun."

– Eliana Essel (MYP 2)

"I really enjoyed our virtual meeting with the alumni. It was a very fun experience and getting to know them." – Maame Akosua ( MYP 2)

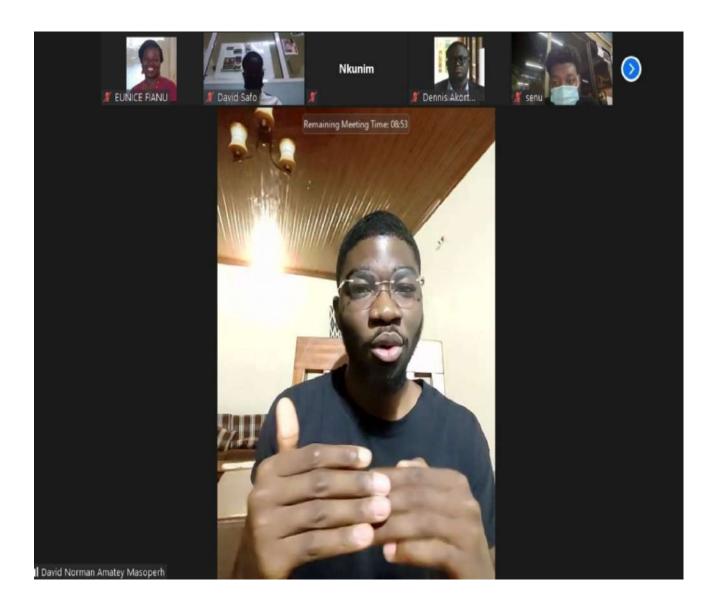
"It was fun to interact with the alumni and see old faces. I learnt how to make long lasting friends and make good memories." –**Nana Ama Adjagar (MYP 3)** 

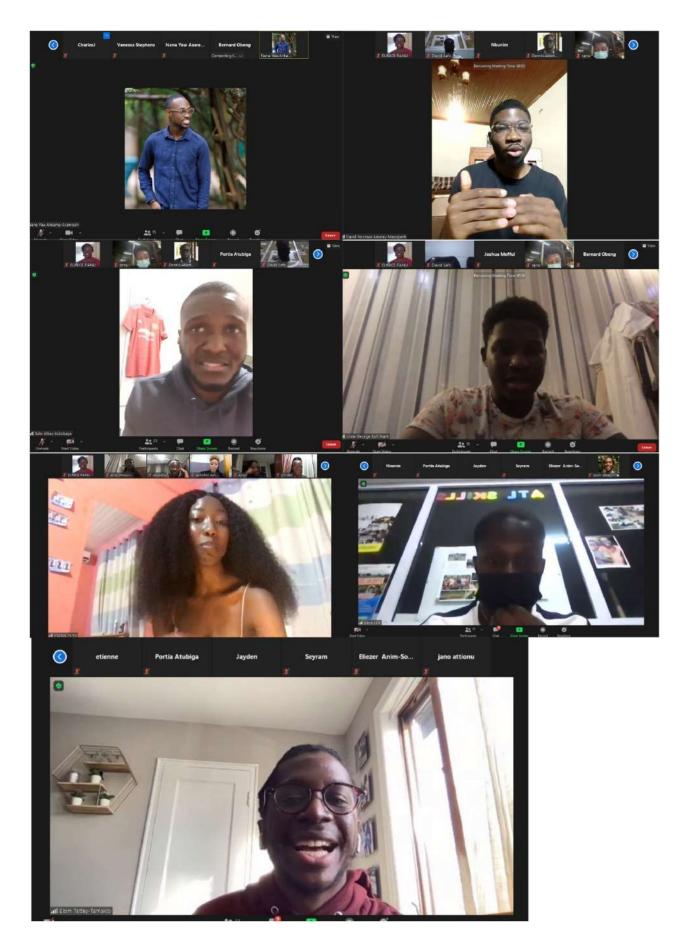
"I really learnt a lot from the alumni and tips on how to survive TIS. I interacted with faces and understood how to improve your recommendation by joining after school activities and clubs. Making new friends and keeping the old are a good way to be a better person and have different perspective on different situations."– Kabukuor Caeser (MYP 4)

"The Alumni Night was actually insightful because I got a lot of advice from those who used to be in the school. I always used to be scared of IB but the alumni told us that as long as you have self-management, you're okay. I got to see a lot of faces I missed and it was a fun experience."–**Claris Perdison (MYP5)** 

"The Alumni common room was such a fun experience. I really enjoyed the last part where they got to tell us about their favorite memories in TIS and sharing their university experience was very insightful." – Elorm Godzi (DP 1)

"Alumni common room meeting was held virtually. It was very fun and I really enjoyed seeing everyone's faces again after a year or two. I learnt a lot about what to expect in University and am even more excited now." – Lena Dudoo (DP 1)





To Do lis

FOCUS

WORK HARD

BE CREATIVE

OPEN YOUR MIND

SPREAD POSITIVITY

STAY AWAY FROM DRAMA

ENJOY THE LITTLE THINGS

PUT IN 100% EFFORT

TAKE CHANCES

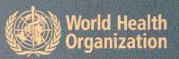
SMILE MORE

BREATHE

FLIPANDSTYLE

# Protect yourself and others from getting sick Wash your hands





- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste

C

The most important decisions you make are not the things you do — but the things that you decide not to do.

5 February 2021



At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.



EDUCATION FOR A BETTER WORLD





**TIS YouTube Channel** – Enjoy this week's Assembly, organised by Team 2 – Lady Margaret Hagan – Leader; Seyram Essey – Video Editor; Cyril David; Adeline Adjei; Hedia Dickson; J'dyl Vanette

Vicker; Angela Williams; Kwame Asafo-Adjei, (Presenters).

Watch out for the **IBforME** CAS Project of Lena and Elorm. If you would like to participate in the Weekly Assembly, kindly email Mrs. King at surama.king@gmail.com with details of your presentation.

Don't forget to **like**, **share and subscribe** to the **TIS YouTube Channel:** <u>https://youtu.be/kwitj2S8EEU</u> - 5 February - Virtual Weekly Assembly



<u>https://youtu.be/UYHCfPVT24A</u> - Tema International School Thanksgiving & Induction of Student Council, 2021 - LIVE STREAMING LINK -

# **Community Project and Personal Project Exhibition**



Due to the pandemic, this year's MYP Projects exhibitions will take a different form. After many deliberations among the MYP team, a new method for the presentation has been devised. There is going to be a virtual presentation using the social media tool *Instagram, a handle that has been created purposfully to pilot this initiative.* 

Follow *@tismyp\_projects\_exhibition* as we celebrate our MYP 3 and 5 Projects.

Students are advised to involve their supervisors in recording (at most) a 2-minute video that communicates creatively all the essential processes of their respective Community and

Personal Projects.

Students are to adhere to the following guidelines:

- All Grade 8 and 10 students are to follow the Instagram page.
   @tismyp\_projects\_exhibition
- Record your video (maximum 2 minutes) and submit to the CP and PP Coordinators, respectively.
- Coordinators will upload the video (s) and share the link with student (s) who will in turn draw traffic to their projects by encouraging viewers to like, comment or ask questions to start interactions.
- On 6 March 2021, 5 students with the most interactions will be given the opportunity to do a live session on Instagram to talk about their project (s).
- The 5 students will attract points for their color groups Red Kigalia, Blue Cedar, Yellow Outerniqua and Green Wisteria.
- This new directive starts from 5 February 2021 and ends on the 5 March 2021.



# **MYP 5** Service as Action transition to CAS

MYP 5 students are passionately working towards the completion of their projects. Grade 10 Service as Action students would be culminating this semester with a transition worksheet that reflects their growth process from the start of their MYP Year till date. The transition worksheet explores students' ideas for the next level: DPCAS. Read below *Darren Ansah's* thoughts:

Do you have any ideas for your CAS Project at the DP level?

• I will strive to be the president of the Engineers & Robotics club so I can brainstorm on innovative ideas with club members, such as creating a model rocket or even creating some model electric cars.

• I want to raise funds and partner with an organization that is working to combat hunger.

• Finally, I also want to work with a couple of my friends to develop a website which tells new/prospective students some interesting facts about the school and create a forum on the website for prospective students. **Darren Ansah – G10** 

**Service as Action Experience** 

As stated in previous bulletins, Service as Action opportunities will be drawn from classroom units. Hence, students will engage in Active experiences by connecting their classroom learning to real life situations within the school community whiles adhering to the COVID protocols.

Below is an introduction to a new addition on the CASSA Corner as a Service as Activity.

# Sports Highlights by Joel Adjei and Oluteniore Olufore

England - In England we have the Premier League. This league is considered the toughest league in Europe and it sometimes the most action and interesting packed league. The league consists of 20 football clubs that compete to either stay on the league, win the league or finish mid league. Manchester United are the leading team for the most titles in England with an impressive 20, 13 of them are the Premier League title which was won by their best Manager



(Sir Alex Ferguson) he retired as a manager after 26 years with the club in 2013, and since then United have never won a single Premier League. Hopefully, they seem to be picking up this year and may have a chance to win the league for the first time in 8 years because they sit in second place on the table with 3 points behind their famous rival team, Manchester City.

After 21 games this is how the table

sums up. Although some teams have 1 or 2 games in hand. Manchester City sits at the top after having an excellent run of winning seven games in a row, and they now sit three points clear

of Solskjær's inconsistent Manchester United with a game in hand. Here are the results of match week 21.

Top highlights of Match day 21

10		MP	997.	D	L	GF	GA.	60	Pts	Last 8
1 🕲	Man City	20	13	5	2	37	13	24	44	00000
2 🕐	Man United	21	12	5	4	37	27	10	41	00000
з 👼	Liverpool	21	11	7	3	43	24	19	40	00000
4 🛞	Leicester City	21	12	3	6	37	25	12	39	00000
5 👿	West Ham	21	10	5	6	31	27	4	35	00000
6 其	Tottenham	20	9	6	5	34	21	13	33	00000
7 🛞	Chelsea	21	9	6	6	35	23	12	33	00000
8 🐻	Everion	19	10	3	6	29	24	5	33	00000
9 🥫	Aston Villa	19	10	2	7	34	21	13	32	00000
0 🐬	Arsenal	21	9	4	8	26	20	6	31	00000
11 🛣	Southampton	20	8	5	7	27	25	2	29	00000
12 <b>()</b>	Leeds United	20	9	2	9	35	36	-1	29	00000
з 🗶	Crystal Palace	21	7	5	9	25	36	-11	26	00000
4 💮	Wolves	21	6	5	10	21	30	-9	23	00000
5 🈹	Nevicastie	21	6	4	11	21	34	-13	22	00000
16 🔳	Burnley	20	6	4	10	13	26	-13	22	00000
7 0	Brighton	21	4	9	8	23	29	-6	21	00000
is 📕	Fulham	20	2	8	10	17	29	-12	14	00000
19 🐻	West Brom	21	2	6	13	17	50	-33	12	
0 60	Sheffield United	21	2	2	17	12	34	-22	8	00000

• Thomas Tuchel gets his first win as Chelsea Manager after a 2-goal win against Burnley. Goals from Azpelicueta and Marcus Alonso secured the win at Stamford Bridge.

• Brighton got their first home win of the season at the Amex Stadium against Mourinho's struggling Tottenham.

• Liverpool get their form back after a goalless drought for their first three premier league games of 2021. This form also allows them to overtake Leicester City (4th) by 1 point in third place who lost to Leeds United (12th) 3-1.

• United continued to drop points after their run at the top of the table, but they still sit second after their loss to Sheffield United and

the draw to Arsenal at the Emirates. Lots of fans were happy with United's form as it seemed they were ready for a title race until there was a loss and a draw.



# **CAS Experience**

# <u>Chocolate Friendship Day – 20 February 2021</u>

The most popular TIS tradition is taking a digital turn this year, Grade 11 students have creatively devised a means to continue this tradition while adhering to the Covid-19 protocols. In two weeks' time it may rain chocolates, by way of showing love to friends and loved ones within the school community. A digital form has been created for students to make their orders and submit it to their respective class leaders online.

Packaging would be done per class within a period of days to allow less contact. Using gloves the committee members will deliver the bag of goodies to their respective owners.

A video has been posted on ManageBac to show the community the processes involved this year, more updates will be communicated via this medium in due time. Stay tuned. **Chelsea &** Araba – G11



# CAS Project – TeenMTH – Teen Mental Health Awareness Campaign.



Name of Project: TeenMTH
Purpose: To spread awareness and to bring to light mental health issues that we as teenagers face today.
Type of Service – Advocacy
Learning Outcomes – Strength and Growth, Global
Engagements, Planned and initiated activities, Collaborative skills, Ethical Choices and Action.

CAS Strands: Creativity & Service.

**Initiators:** Deborah Gomado, Adeline Adjei, Bernard Obeng, Theodora Tekpor, Alvin Appiah and Shaun Adjei.

"Mental health...is not a destination, but a process. It's about how you drive, not where you're going."- Noam Shpancer, PhD

Hello everyone, trust you are keeping well and safe. **TeenMTH** is proud to announce this month's series on... ~ drum roll please ~ *EATING DISORDERS*.

This month we will take you through what eating disorders are, the

types/categories, symptoms, risk factors and facts about these conditions as well.

We are very excited about it and hope you all are as well.

We would also like to use this opportunity to say a big thank you to all those who participated in our FIRST EVER INSTAGRAM TRIVIA on Saturday and to say CONGRATULATIONS to the TWO WINNERS, as well as the first and second runner-ups.

Thank you all so much for your AWESOME feedback and for continually supporting this project that seeks to bring to light the mental health issues that teenagers face today, so as to fuel change and make mental health as comfortable topic as puberty.

Please follow our social media page, take note of our email address and feel free to DM or email us about any questions/concerns you may have about mental health or our project: WE ARE HERE FOR YOU!

# Instagram Link

https://www.instagram.com/teen.mth/

# Youtube link

https://www.youtube.com/watch?v=htdC5TtR01c&t=13s

# Email Address

teen.mth@gmail.com

Lastly, remember that anything *human is mentionable* and *anything mentionable is more solvable*.

Thank you and stay safe and healthy - TeenMTH.



# **COVID-19 Protocols by J'dyl Vicker (G11)**

# TIS COVID PROTOCOLS

Tema International School has resumed school on campus as we all know. However, some students have rather opted for the option to continue online. We are following all the COVID protocols so there is no need to worry. These are a few of said procedures.

# SOCIAL DISTANCING

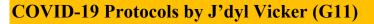
TIS is doing their very best to maintain social distancing at all times for both students and teachers alike. Every student has become an island in and out of the classroom, and ASA's take place on zoom.

# REGULAR TEMPERATURE CHECKS

The temperature of the students are checked every morning before they go for breakfast and the teachers are checked once they walk in through the gates.

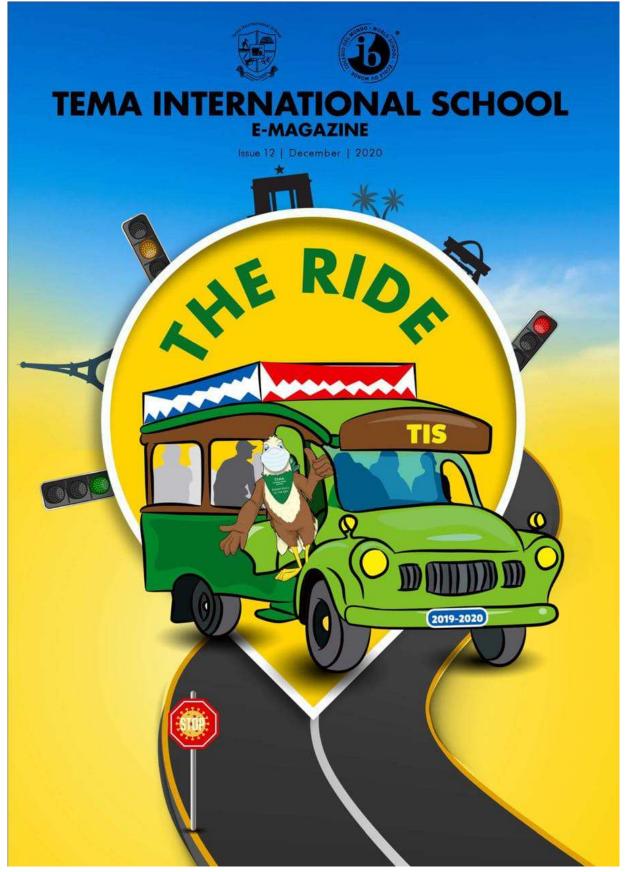
# MASK WEARING

One is prohibited from moving anywhere without a mask. Some students even demonstrated how to wear a masks properly during a weekly assembly. Both teachers and the students wear masks every time they are around others.





The 2020 Editorial Board finally released their special edition. COVID has changed so many things around us. Enjoy The Ride edition, TIS first ever e-Magazine.



# KNOW YOUR RISK OF Getting Covid-19

COURTESY: DR. JONAS HINES

## **HIGH RISK**

Indoor activities with people outside your house

Shopping at an outdoor market

**Riding in crowded buses** 

Trave	ling by	alana
Trave	und på	plane

		Shopping at an	an event
	LOW RISK	outdoor market	Attending religious gathering
	LOW RISK	Riding in a taxi	Attending weddings or funerals
Working outdoors	Working indoor (like an office)	Close contact sports	
NO RISK	Food delivery or takeout	Dining outdoors at a restaurant	Attending concerts, rallies or games
Video chats	Driving in a personally owned vehicle	Traveling between towns	Using indoor gym with other people
Online workouts	Walking to work	Grocery shopping at a supermarket	Going to the barber or hair stylist
Telehealth	Solo sports outdoors (like running)	Staying in a hotel or lodge	Going to the bar, tavern, club or casino

## MEDIUM RISK

## 030 340 9040 () @ 🗘 🖨 @listerhospital







# **COVID-19 INCUBATION TIMELINE** COVID-19 has up to a 14 day incubation period

## SALLY WAS EXPOSED TO COVID-19.

DAY 0 Sally was exposed to COVID-19.

#### **DAY 10**

Sally became symptomatic and tested positive.



DAY 5 Sally got tested for COVID-19 and the negative.

#### DAY 8

Thinking she didn't have COVID-19, Sally results came back attended school and a family cookout. She was contagious days 8 & 9 (48 hours before symptoms) and now exposed 17 people.





5 February 2021



# TEMA INTERNATIONAL SCHOOL

# SPORTS



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork, challenges personal best and emphasizes the importance of appreciating how to lose before knowing how to win.



EDUCATION FOR A BETTER WORLD



# **IB** learner profile

The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

#### As IB learners we strive to be:

#### **INQUIRERS**

We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

#### **KNOWLEDGEABLE**

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

#### THINKERS

We use critical and creative thinking skills to analyse and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.

#### **COMMUNICATORS**

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

#### PRINCIPLED

We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.

#### **OPEN-MINDED**

We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

#### CARING

We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

#### **RISK-TAKERS**

We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

#### BALANCED

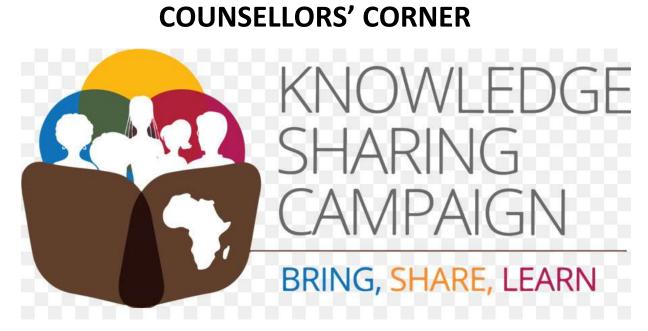
We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.

#### REFLECTIVE

We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.

The IB learner profile represents 10 attributes valued by IB World Schools. We believe these attributes, and others like them, can help individuals and groups become responsible members of local, national and global communities.

International Baccalaureate



"Everyone has a transferable commodity-knowledge. Sharing your unique expertise and making introductions for someone creates a lasting legacy."

~ Marsha Blackburn~

"Dear students, learn to be givers of knowledge and not takers only" - Apiorkor Ashong, IB Class of 2007

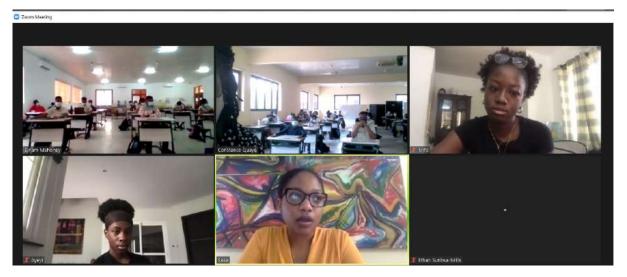


#### THANK YOU NOTE TO ALUMNI VOLUNTEERS FOR ACTIVE PARTICIPATION IN THE VARIOUS VIRTUAL SESSIONS

The Alumni Reunion could not have been this impactful and informative without our alumni volunteers who participated in the various Zoom sessions. All said and done, the knowledge

shared and life tips are just priceless! To our cherished alumni from Management and the TIS Community we say: **Thank you! Dankenshon! Muchas Gracias! Akpe!** You simply WOWED us!

Keep raising the flag of TIS higher and shine wherever you go. It's the TIS spirit. TIS a haven of excellence! Please see below pictures and major highlights gleaned from the various presentations as well as students reflections. Enjoy!



Major Highlights Gleaned from the Presentation by TIS alumni on the topic-Academics and Social Balance for Grade 9

Maame Ama (Ayeyi) Hammond, IB Class of 2020 (Currently studying at University of Leeds, UK)

- ✓ Take up leadership roles. They expose you to certain qualities you didn't know you have. All you need is a good balance academics and extra curriculuars.
- ✓ Ability to make time to study and make time for activities translates how you will be succesful at the university.
- ✓ Discover your study habits and know what type of learner you are.
- ✓ Relationships are essential for life. Cherish the good relationships and make time for the people that add positive value to your life. In Covid times, text messages and zoom are relatable.

Sarah King, IB Class of 2018 (Currently studying at Webster University, Ghana)

- ✓ Consistent priortization of what comes first helps you to manage your time efficiently!
- Know your strengths. Prior to indentifying how best to excel know your academics, personal strengths and weakness in order to improve in areas you are found wanting.
- ✓ In life you grow older by age and not younger therefore enjoy your high school experience with great enthusiasm and build positive fond memories.

- ✓ Planning can never be an understatement. With everything you do plan before you execute in order to achieve great results.
- ✓ When you achieve something you set out to do on your to do list, it's great to reward yourself!

Mife Fajemirokun IB Class of 2019 (Currently studying at University of Waterloo, Canada)

- ✓ Set goals. This gives you a sense of direction and purpose.
- ✓ Measure your progress steadily.
- ✓ Step out of your comfort zone and try new things that will add meaning to your life.
- ✓ School clubs and activities helps you discover and develop your talents. Explore!
- ✓ Always do the best that you can! Go the extra mile. Be disciplined and resilient!
- ✓ Keep Learning. Learning never stops!

#### **Students' Reflections**

"The guidance lesson was very educative. I learnt how to manage my academics with my social life. I also realized how important my social life is. I also got to explore the ways we could use to improve upon our social lives during this pandemic. I also realized that we have so many opportunities in the school to work on our social life." - Winston Mwindaare

"During the lesson I learnt that as a student I need to plan and learn how to manage my time properly. Even though we came to school to learn, we should be all rounded students and we should try and involve ourselves in different activities. It was a very insightful and impactful meeting, I hope it can be done again thank you and God bless you."- **Nana Yaa Owusu Manu** 



DP2s: Ghanaian University Applications are Open

Check them Out!!

It's that time of the year again - Ghanaian University applications! We will be grateful if payments can be made and receipt emailed to <u>portia.atubiga@tis.edu</u> to enable us assist our students with the completion and submission of the Ghanaian application process successfully.

Please see the links below and helpful information.

#### Academic City

https://acity.edu.gh/admission.php Apply Now!

INSTRUCTIONS FOR ALL STUDENTS

Submit an application form (in person or online).
 Pay the application fee of GHs100 for Ghanaian nationals; \$50 for international applicants.

3. Submit copies your transcript & examination results to the admissions office.

Payment can be made to any of these banks. Ecobank or Access Bank.

Ashesi University: <u>https://admissions.ashesi.edu.gh/</u> http://www.ashesi.edu.gh/admissions/how-to-apply.html

Application fees are now GHs100 for Ghanaian nationals and \$50 for international applicants. The Late Admissions period attracts an extra GHs50.

Lancaster University: <u>https://study.lancaster.edu.gh/</u> **No application fee required**.

\*Note approximately... \$900 registration fees and approximately ... \$9000 tuition fees per year required only after an applicant has been successful / has been offered admission and would like to accept the offer and enroll.

Webster University: https://webster.edu.gh/admissions/

Application fee of 200 Ghana Cedis (outside of Ghana: US\$50) that can be paid online. Webster University: First create an online account and online payment with credit card required, or you can request for a fee waiver code (see attachment for more details) https://apply.webster.edu/admissions/pages/welcome.aspx

Please note that detailed information will be sent via email and posted on managebac as well.



DATES AND INFORMATION



• 13 March 2021

• 8 May 2021

DP1's don't wait until the eleventh hour to register. Register now to avoid any disappointments! <u>https://collegereadiness.collegeboard.org/sat/register/international</u>

Test takers, please come along with your <u>VALID UNEXPIRED PASSPORT</u> as the only form of identification! Photocopies are not acceptable. All COVID -19 protocol will be fully observed. Remember No mask no entry!

Remember:

- Number 2 pencils, approved calculator, eraser, admission ticket, and sharpeners required.
- Facemask
- Hand sanitizer

<u>SAT Registration Fees (To complete registration online full payment with credit card only.</u> <u>Visit www.collegeboard.org</u>)

SAT I - U.S. \$107.50 SAT II: 1 subject (\$117), 2 subjects (\$127), 3 subjects (\$137) (estimates).

ACT 2020-2021 TEST DATES (COMPUTER-BASED TESTING ONLY!)

ACT Registration Fees (Online payments only: Visit <u>www.actstudent.org</u>): ACT plus writing – U.S. \$166.50. (TIS Test Centre Code: 870390, but inform counsellor first).

\*To complete registration, payment must be made online in full with a credit card. ACT April DEADLINE coming up. STEM students have an edge when they take the ACT.



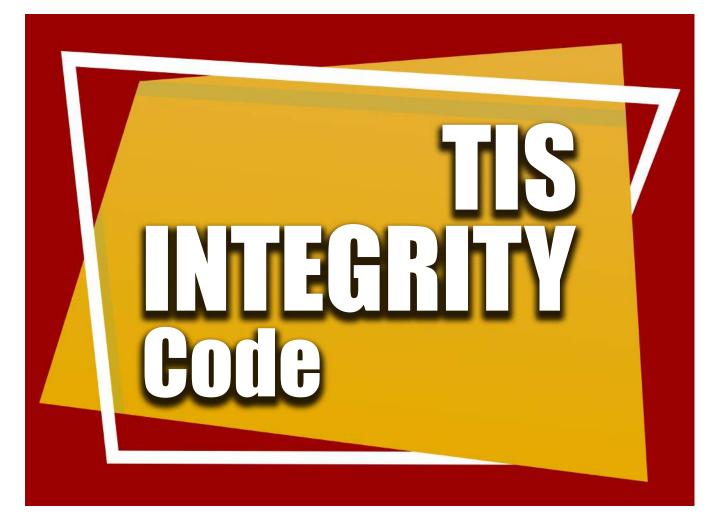
NEW TEST DATES FOR ACT FOR NEXT ACADEMIC YEAR

ACT 2020-2021

• 17 April 2021

**PreACT** Exam Date has been postponed due to a technical issue. New date will be communicated shortly!

PRACTICE TESTS FOR SAT, ACT OR PRE-ACT, PSAT, AND OTHER TEST PREP RESOURCES FROM THE OFFICIAL TEST MAKERS CAN BE FOUND HERE; <u>WWW.COLLEGEBOARD.ORG</u> AND <u>WWW.ACTSTUDENT.ORG.</u>



"TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member. As a TIS family member, I promise to uphold and demonstrate its values, and protect the reputation of the school. I make this pledge in the spirit of honour and trust."





