

TIS RECORD

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At TIS,

we believe that service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.

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COVID-19

- Wash your hands frequently and thoroughly.
- Practise social distancing at all times.
- Wear a face mask when 'out'.

Thought for the Week

Today is the only day in all the days that will ever be. But what will happen in all the other days that ever come can depend on what you do today.

- Ernest Hemingway



Deadlines

Deadlines are important for organisational purposes. In terms of:

- Personal Projects, moderated scores must be submitted to IB for a final result for each Grade 10 student. Note: students not submitting a Personal Project are ineligible to do DP at TIS.
- The Dukies' Camp, final numbers and logistics are required three weeks before the camp date. There are maximum numbers for each camp. Once these are reached, no other students may join. Moral: don't leave things to the last minute.
- The scheduled 'mid-semester' break, hostel coordinators need to rearrange bubbles for those who remain. It is



Do the right thing,
even when no one
is watching.

It's called integrity.

Pre-ACT 2021

- The Pre-ACT test that was postponed from 6 February will now be conducted on Saturday, 20 March.
- Please follow instructions and details provided in the weekly Counsellors' Corner section of the TIS Bulletin.

Making Us Proud

- Eyako Eli Dzantor, 2021 Boys' Swimming Champion.
- Charlene Akwei and Samuella Adu-Baah, 2021 joint Girls' Swimming Champions.
- Samuel Tagoe, Winston Mwindaaare and Glory Opeku for their science report last week.
- Ryan Tano, Karen Quarshie, Kelvin Kofigah and Omar Abul Rashid for their DP reflections last week.
- Lena Dodoo for being an outstanding TIS ambassador with prospective TIS students.
- Lyman Cisse, Jeffrey Adjagar and Ewuradjoa Obeng Nkansah, our up and coming swimming stars of the future.

unfortunate that many parents waited until after the deadline to advise me.

- Medical exeats, these are for logistical purposes so that appointment times are kept. 72 hours notice must be provided.

The problem is either one does not read, or one 'puts off until tomorrow what should be done today.'

Deadlines are important at TIS. Missing them will usually result in disappointment.

Swimming Championships

It was a slow pool last Sunday with no records broken for the first time in six years. Although students have taken advantage of early morning swimming, the impact of the COVID break was obvious. Congratulations to Eyako Eli Dzantor and Charlene Akwei who won their respective Champion of Champions events. Congratulations to the Blue Colour House which absolutely dominated the championships. Samuella Adu-Baah, Rifau Toose, Lyman Cisse, Jeffrey Adjagar and Ewuradjoa Obeng Nkansah are promising swimmers for next year.



Accounts

Two reminders:

- Semester 2 accounts must be cleared by 25 March.
- Always quote the student's ID number as the reference for any account payment at a bank or when using MTN MoMo.

Students' Birthdays

Cupcakes and poppers/canned drinks are only permitted after the approval and liaison with the Hostel Coordinator. Items dropped off with this liaison will be turned away by security.

No hot food is allowed. Please see the poster on the next page.

Visiting Protocols

Any visits by parents must be liaised with our Hostel Parent Coordinators (Setor and Gabriel). A limited number of visits can be arranged on Saturday or Sunday afternoons between 2.00 - 4.00pm. The duration of any visit is restricted to 25 minutes. Please consider the impact of such a visit before making a request. 48 hours' notice is expected. (See deadlines above).

Return Date for Mid-Semester

For those students who will be going home for the scheduled mid-semester break, the return date to campus will be Sunday, 11 April.

I appreciate your support.

Stay healthy.

Dr Ken Darvall (Principal)



GENERAL NOTICE TO PARENTS AND GUARDIANS

BIRTHDAY PACKAGES

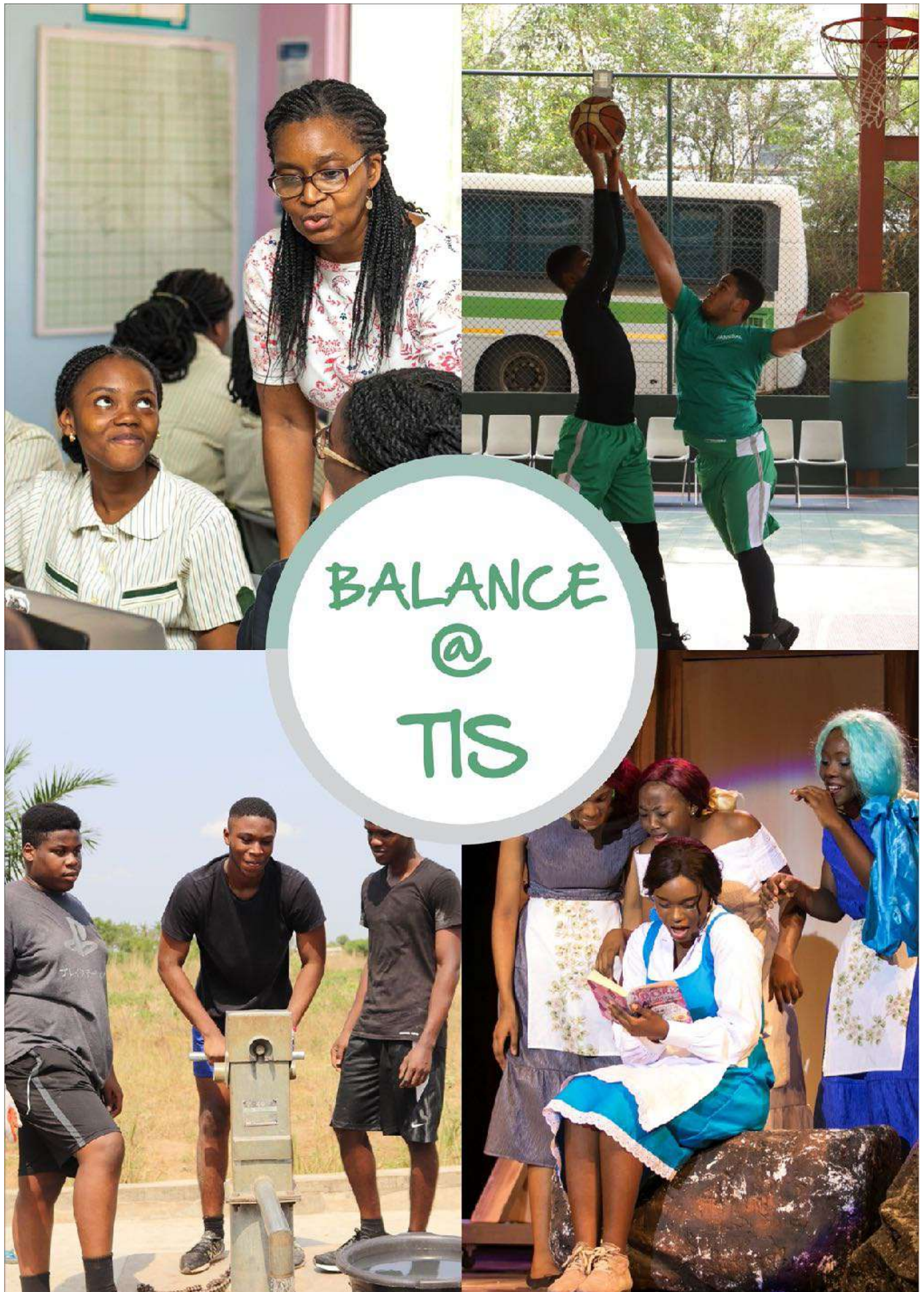
- ▶ Cakes **MUST** be muffins or cupcakes.
- ▶ Chicken or cooked food is **NOT** allowed.
- ▶ Plastic bottled or canned soft drinks allowed.
 - ▶ Non-alcoholic wine allowed.
- ▶ Cakes with **BUTTER** icing is **NOT** allowed.

Please Note:

- ▶ All items will be inspected and approved by a hostel parent and security officers at the hostel gate.
- ▶ Items which do not meet the specifications above will not be allowed.

FOR CLARIFICATION, PLEASE CONTACT ANY HOSTEL PARENT







TEMA INTERNATIONAL SCHOOL



Primary School Campus Admissions Open For 2021/2022 Academic Year

Flexible admission screenings and interviews



Entry Points in 2021

Preschool

Kinder 1 (3-4 years)
Kinder 2 (4-5 years)
Kinder 3 (5-6 years)

Junior Primary

Grade 1 (5.5 - 7 years)
Grade 2 (6.5 - 8 years)
Grade 3 (7.5 - 9 years)

Senior Primary

Grade 4 (8.5 - 10 years)
Grade 5 (9.5 years-11 years)
Grade 6 (10.5 - 12 years)

All admission applications will be online via Open Apply:
<https://tis.openapply.com>

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer PYP, MYP and DP.

To learn more
scan this.



To enrol scan
this.





Tema International School



MAIN CAMPUS
SECONDARY ADMISSIONS ARE OPEN FOR 2021/2022 ACADEMIC YEAR
A family school, a unique experience.

Flexible online admission testing is available

ENTRY POINTS: Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 10 (MYP 5) | Grade 11 (IB Diploma Programme)

Grade 7 (MYP 2)

Students should:

- a) Have completed Primary 6.
- b) Be aged 11+(at the time of admission).
- c) Complete a general aptitude test and interview.

Grade 8 (MYP 3)

Students should:

- a) Have completed JHS 1 or in JHS 2.
- b) Be aged 13+(at the time of admission).
- c) Complete a general aptitude test and interview.

Grade 9 (MYP 4)

Students should:

- a) Have completed Year 8 or Basic Education Certificate Examination (BECE).
- b) Be aged 14+(at the time of admission).
- c) Complete a general aptitude test and interview.

Grade 10 (MYP 5)

Students should:

- a) Have completed Year 9.
- b) Be aged 15+(at the time of admission).
- c) Complete a general aptitude test and interview.

Grade 11 (IB Diploma Programme)

Students should:

- a) Have successfully completed MYP 5, the IGCSE (Or its equivalent) or awaiting the results of the IGCSE.
- b) Be aged 16+(at the time of admission).
- c) Complete a general aptitude test and interview for non IGCSE & GCSE students (i.e. WASSCE, OCR, AQA).

To learn more
scan this.



To enrol scan
this.



The online application process can be completed at: <https://tis.openapply.com>

For further information contact us on phone:

+233 303 305134; +233 303 308737; email: admissions@tis.edu.gh

Or come and visit the school (Opp Afariwa Farms, Off Tema-Akosombo Road)

www.tis.edu.gh

TIS ADMISSIONS 2021/2022

Admissions for the next academic year, 2021/2022, officially open on 1 December, 2020.

For 2020/2021, TIS had to put the FULL HOUSE sign up for the first time in many years. The coming year may end up the same way.

With the limited number of places available, TIS will be prioritising admissions for Grades 7-9 at the main campus and all classes at the Primary Campus.

Please note that admissions for the current year, 2020/2021, are being accepted for second semester at the Primary School Campus.

For admissions to the secondary school, applicants will be contacted in the first week of February 2021 to arrange for the online admission test. Admission interviews will be conducted in mid-February and first round offers will be made.

Applications for Grade 11 will be considered from 1 April and will be dependent upon the re-enrolment process and the vacancies arising. Applicants for Grade 11 should include their predicted grades for 2021.

It is likely that all secondary school vacancies will be filled by 30 April. While families with siblings at TIS will receive a priority, this only remains in force while vacancies exist.

Intending applicants should arrange a tour of the appropriate campus before the admission interview takes place.

Dr Ken Darvall

Principal

1/12/20



IB PYP EXHIBITION AT TIS PRIMARY SCHOOL

TIS Primary School will be hosting its very first Primary Years Programme Exhibition. (PYPX) this year in May. As an authorized school running the IB PYP, we find joy in meeting this expectation where students are able to share their experiences through the programme as they present their exhibits. The exhibition provides the students with the opportunity to synthesize their learning and reflect on their journey through the Primary Years Programme. The process and preparation towards this goal are already underway.

The exhibition is a **self-initiated inquiry**, where the learners are empowered in their learning. The process is entirely student-led where the learners work through to identify some **local and global issues** and, perhaps through a unit of inquiry focus, then offer solutions. This is one way through which TIS Primary school is looking at developing global competence among the learners.

It is important that, as the learners work on their projects, they engage in an inquiry process that is supported by **both primary and secondary resources**; the exhibits have to show evidence of the resources, however, with a good understanding of academic honesty. This way they develop good research skills. This process should guide the students to develop perspectives that allow them to carry out **substantiated inquiry**.

Students will be provided with **formative feedback throughout** the process of the exhibition. The Exhibition has more value in the process as well as the products. Much as we will be looking at fine finished products, the main student growth is seen within the entire process. The entire process is **highly collaborative** leading the students to develop this very much needed skill for the 21st century.

Our aim at TIS Primary School is to provide the learners with a unique **culminating learning experience** that highlights the development of knowledge, concepts, skills and disposition and as well result into appropriate action. The students should be able to **articulate the learner profile** and exemplify the attributes stated here throughout the exhibition process.

Here are some reflections from the students as they prepare towards this exciting moment



Ntando Jako: *I am passionate about protecting the earth we live on since it is the only planet that can sustain life. Changes in the Earth influence the way we live our lives. I will work on creating awareness on saving our planet through various presentations and also demonstrate how our actions affect the earth. Together, we can save the Earth.*

Adlynn Mate: *I have always dreamt of a way to share my learning through Art and the Exhibition will be a great time to do so. I am working on scientific innovations and its impact on people's lives. I want to make a vast project that will take up all the space in the class. I have already started working on a project that will be used during the exhibition and so far, I have finished one!*



John Opeku: *I am excited about the exhibition. I want to show my learning and creativity to the entire world. I am inquiring into some forms of energy to come up with lasting solutions to the energy problem of the world. I have already planned out some experiments to carry out and I am confident to find some answers soon.*

Mawuena Apreku: *I am currently researching the properties of light and sound and how we can use it accordingly. I am looking forward to sharing my understanding through various forms of presentations. I am currently working on creating a model of a windmill powering a light bulb. It seems challenging but I am determined to complete it among other projects.*



Akua Osei: *Water and air are very important for life on earth and this is my focus for the Exhibition. Through my presentations, I will be creating awareness on the need to stop pollution in our environment, particularly air and water pollution. I am working towards creating a water filter to purify unclean water. I will be very happy to see people all over the world have access to clean water.*



Oforiwaa Okoampah: *In today's world, we depend on machines to make our lives better. I am currently inquiring into how the evolution of machines affects our lives. I am certain I will provide some measures to reduce the negative effect of machines and also make the best out of them. I really enjoy meeting up with my mentor, she helps me get more ideas. Look out for some amazing projects!*

Ewen Sevor: *I am passionate about showing everybody things made of recyclable materials and also showing the process which highlights the conversion of matter as a law of nature. This solves the problem of having too much trash and having to dump it in oceans and beaches.*



Manuel Borlabie: *I am researching on the changes of the earth. I will create a 3D visual representation of the Earth and explain how forces affect the continuous process of change the earth goes through. The Earth is our home and we need to do our best to protect it.*



STEPS TO PAY SCHOOL FEES VIA MTN MOBILE MONEY



1. Dial ***170#**
2. Select **MoMoPay & Pay Bills**
3. Select **Pay Bills**
4. Select **School fees**
5. School Fees Payment Service (**Select option 1**)
6. Search for the School by;

1. Name (TEMA INTERNATIONAL SCHOOL)

2. Alias (TIST)

7. Enter **Student ID** Confirm your **Name** and enter **Amount to be paid**.
8. Enter **Reference** (1st Term Fees)
9. Confirm your **payment** and exit.
10. You would receive a pop up to enter your **MM PIN**
11. Confirm **payment**.

You will receive an sms as confirmation for a successful Payment





TEMA INTERNATIONAL SCHOOL

ACADEMICS



At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



EDUCATION FOR A BETTER WORLD

CRITICAL QUESTIONS

Philosophy for anyone over 12

With Conrad Hughes
& Mira Shibaru

**Weekly lectures published
every Friday on**

<http://bit.ly/philosophy-over-12>

**Monthly debates Wednesdays
from 17h00 to 18h00 CET**

29 September, 27 October
and 24 November 2021,
26 January, 23 February, 30 March,
27 April and 25 May 2022.

<https://meet.google.com/bpz-xrbi-gou>



To join, subscribe to the Ecolint YouTube channel: <https://www.youtube.com/user/Ecolintvideos>

Successful course completion leads to 1 Ecolint Learner Passport Credit for Lifelong Learning.



HOSTEL NEWS



Could you ever imagine the merging of two hostels to create an outstanding time of fun experience to breach the gap between academia and boredom? Ever wondered how a community concerned with the pursuit of great achievement could spread youthful

exuberance to balance the equation? HOSTELS CONNECT! Enjoy students' reflections and pictures on Cathony Night.

Last week's common room was a joint one with our brother hostel, Anthony. Lena and I being the Catherine Hostel Executives decided to organize a very fun and enjoyable common room with the male hostel executives. The main point of this joint common room was to engage our sisters and brothers in a very fun way after a long week of school.

All in all, the session was really fun, I enjoyed all the performances, especially the fact that it helped us bond very well.

It was tiring planning this common room, especially the fact that we had to make sure that everyone adhered to the COVID-19 protocols; but I am very happy everyone enjoyed the night.

- **Cynthia (Catherine Head Executive)**

Last week's common room was very entertaining because it was very different from the other common rooms we had had the other past weeks. I got to engage in a lot of activities and it was really fun. I hope I get to experience that once again. – **Balma**

Last week's common room was very exciting and fun, mainly because of the joint event with our brother hostel, Anthony. I enjoyed performing and being on stage and I hope to do it once more.

- **Paris Owusu (G 7)**

At the last joint common room we had was a really fun experience. Being given the opportunity to interact with our brother hostel was very interesting and being able to let loose for a night and just had laughs with everyone every once in a while. Overall, it was a great experience. –

Phoebe Osei (G 10)

Our joint common room was very engaging. We had so much fun with our brother hostel and watching our friends on stage. We joked and laughed and were in awe of everything. It was one of the most entertaining things we've had this semester. All in all, this is something I will definitely like to do again. –**Nana Appiah Kusi (G 11)**

For Cathony, I was one of the contestants. It was really fun, because I got to express myself. I am happy that I am now getting out of my comfort zone to do things like this. I look forward into events like this. –**Farida Saani (G 10)**

We went there at 7.00 pm, a beat was being played in which a particular song was played before the show started. Images of the various contestants were displayed on the screens before they came out. There were three rounds which were: general knowledge, fashion show, and talent show. Contestants from Grade s7-11 came to the stage, boys on the left, and girls on the right. Each asked riddle questions they had to answer. The second round was where the various males and females from each grade displayed their dressing style to the audience for about two minutes each. Finally, each individual came out to display their talent on stage. For example, some were lip singing, and some were dancing. At the end, they came on the stage and the noise of the crowd determined the winner of Mr. and Mrs. Cathony, which was Nuku and Balma. – **Nadeem (G 9)**

Poise, Finesse, Decorum and we boys stick together was exactly how Mr. and Ms. Cathony was like. Our 5 manly contestants and 5 lady-like contestants put on a show for both hostels. There were good vibes all around as we engaged in a night full of fun activities like a talent show, fashion show, and more. It was a great event judged by the Anthony executive, Nana Addo, Japora, and Cynthia -**Abdul M. Bawumia (G 11)**

I knew that there was going to be a joint hostel party, but I didn't have my hopes up for anything too spectacular. I'm very happy to say that I was completely wrong. From the beginning, when the contestants were introduced, to the end, when our winners were announced, I was hooked and I was always at the edge of my seat, yearning for more. There was never a moment that I contemplated just leaving the event and I hope that I get the chance to experience many more interesting hostel events such as this one. -**Nana Ama Boakye, (G 11)**







TEMA INTERNATIONAL SCHOOL

CULTURE



At TIS, we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.

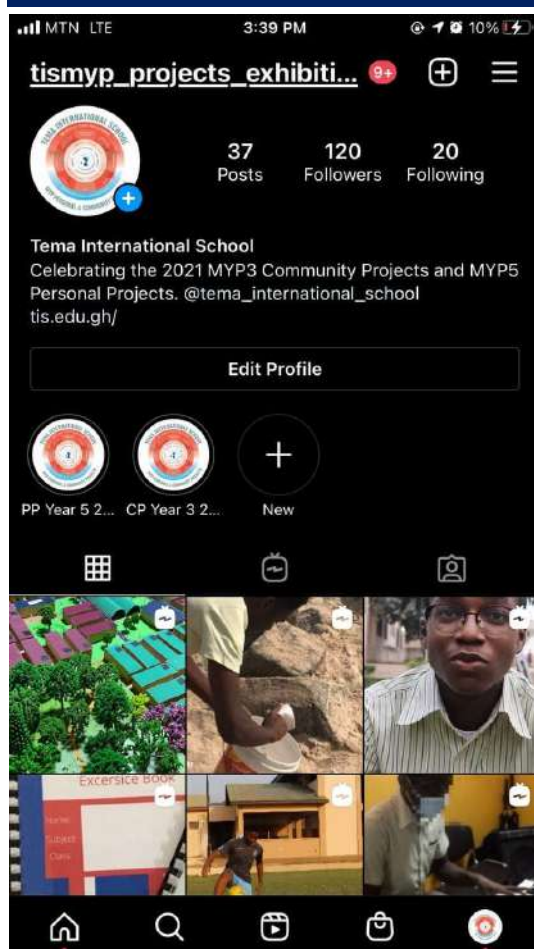


EDUCATION FOR A BETTER WORLD

“We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop.”

Mother Teresa

CAS-SA Corner



@tismyp_projects_exhibition

Have you followed **TIS MYP Projects Exhibition** on **Instagram** yet?

https://instagram.com/tismyp_projects_exhibition/

Don't miss the momentum... so many interesting topics, you will learn students interest, challenges, global contest, ATL skills and IB Learner Profile attributes acquired; not to mention the various tips for upcoming MYP 4 students who are beginning their Personal Project journey. I'm confident you will be inspired and eager to start well.

As indicated in previous bulletins, this year's MYP Projects exhibition took a virtual form on Instagram due to the pandemic. The exhibition is currently ongoing. So far, 35 projects out of 68 projects have been uploaded.

The most engaged videos, with the most likes and comments will attract points for his or her colour, the winners would be announced on Friday, 19 March.

Note that, 19 March is the last deadline for uploads.

All MYP3 and MYP5 students are encouraged to share their post to friends and family in order to engage a larger audience.

BOL



Personal Project – Sew Beautiful

My name is Annalisa Boahen and my Personal Project title was “**Sew Beautiful**” (It’s a pun).

My goal was to create a sewing and embroidery club to teach people the skill so they can apply it when needed.

I had to do most of my project at home due to COVID-19 and I was faced with a lot of challenges. I procrastinated and had difficulties managing my time. To add to that, there was a probability that my club would be virtual and that made me very stressed. I wasn’t sure what to do or how to organize it. Thanks to God, we returned to school and I was able to start effectively. Some members were at home, but I managed to create a Zoom class for them to join.

I am blessed to have such a successful project as I believe that my students can help themselves out when it comes to clothes and they can help others too.

In conclusion, I believe that it was my self-management and communication skills that aided me to complete my project. To students who are about to undergo this experience, I advise that you don’t waste time, use your problem-solving skills, and communicate effectively.

Don’t forget to visit https://instagram.com/tismyp_projects_exhibition/ MYP Projects Instagram handle where all TIS students Community and Personal Projects are exhibited. Follow, Like, Comment and Share!

<https://www.instagram.com/tv/CMDcfpxjc0B/?igshid=1tjuzhy57rwx>



Like, comment, and share!
Should I take this to CAS?
Or, should I do something NEW?

Tema International School

SEW BEAUTIFUL



Personal Project – Annalisa Boahen – MYP5



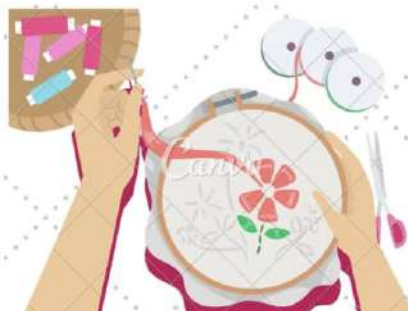
Global Context – Globalization and Sustainability

**ATL SKILLS:**

- Self-management
- Communication

IB LEARNER PROFILE ATTRIBUTES:

- Open-minded
- Balanced
- Risk-Taker
- Knowledgeable
- Communicator

**CHALLENGING?**

I believe this project is highly challenging as teaching isn't easy. I had to adapt to a lot of personalities and stop procrastinating.

CAS Experience – Student's Article - National Day of Ghana's Independence.**Type of Service – Research and Awareness****Learning Outcomes –** Global engagements and ethical choices.**CAS Strands:** Creativity and Service.**By Deborah Gomado and Nana Ama Boakye - Grade 11**

“Ghana, our beloved country, is free forever!!” (Dr. Kwame Nkrumah, 6 March, 1957) This was the day when Ghana set herself free from the British rule. *Agoo Akwaba Moyo, Miawezoo*



loo, every year, these words echo at the door steps of Ghanaian homes telling about the blood that was shed. The fight through the storm, will power, strength and in the end our victory, our price ... our independence.

On the sixth of March every year, Ghanaians all over the world recognize and celebrate this great day. Our national anthem (God bless our homeland Ghana) and other songs that showcase our history are sung and played all over in Ghanaian households.

How has Covid-19 changed our celebration of independence?

Historically, 6 March has been celebrated with a parade at Independence square in Accra, however, in the past 2 years this event was held at Aliu Mahama Stadium in Tamale and Baba Yara Sports Stadium in Kumasi. Due to the presence of Covid-19, Ghana's usual celebrations are being altered. To avoid the local spread of the virus, the parade cannot be attended as usual; the only participants are military forces, selected schools and organizations. The rest of the nation will enjoy the exquisite show from their homes.

What can we do?

In our various homes and other spaces of comfort, we can celebrate our nation's birthday by asking the elderly to share stories, recipes and memories with us from their younger days. This should be done so that we can regain our true identity and learn our culture. As the younger Ghanaian generation, we should learn from our precious grandmothers and fathers, cultural values that aid in our development and keep our identity alive. We should reflect on our past history and find the way forward.



CAS Experience – Students' Article - National Day of Ghana's Independence.**Facts about Ghana and Independence**

- *The Republic of Ghana is of a female gender.*
- *'The Republic of Ghana' was the first Sub-Saharan country to gain her independence.*
- *Ghana was called 'The Gold Coast' due to the abundance of gold it had.*
- *The Big Six , namely; 'Dr. Kwame Nkrumah, Mr. Obetsebi-Lamptey, Mr. Ako Adjei, Mr. Edward Akuffo-Addo, Dr. J. B. Danquah and Mr. William Ofori Atta led Ghana to her independence.*
- *The Ghanaian flag was the second African flag to feature a combination of red, green, and yellow.*



Ghanaians all over the world, every tribe and every nation wishes Ghana a 'Happy Independence Day!!'

Watch some videos about Ghana's Independence and some footage of what happened when Ghana gained her freedom.

<https://www.youtube.com/watch?v=AjBcRMjOWzg>

https://www.youtube.com/watch?v=ITTDi8AjZg8&feature=emb_title

https://www.youtube.com/watch?v=knrFJMhJB_0



CAS Experience

TIS Speakers' Hub presents - VOCAL

Purpose: The Speakers Hub is the place for those who want to become a better communicator, an exceptional speaker, an engaging presenter and motivate change. Vocal is a CAS Initiative that gives The Speakers' Hub members the opportunity to share their stories, ideas with a larger audience. We hope to grow this project and collaborate with Ted Talks.

CAS Strands: Creativity

Learning Outcomes: Strength and growth, initiative and planning, ethics of choices and actions, challenge and skills, commitment and perseverance, global engagement.

Initiators: Lena Dodoo and Naa Adjeley – G11



The Speakers' Hub VOCAL session was a fun and thought-provoking experience. My topic of interest that I spoke about was self-love, how you should love yourself and always do what's right for you. I was nervous at first but when I started speaking the nervousness went away. I'm glad that I was able to put the new skills I learnt from the 10x Public Speaking course to use, which was created and delivered by Chris Baldwin. Four of my grade mates also delivered their topics of interest during the session. It was a very insightful experience. If I was to do this again, I will take my time to speak. Overall, it was an enjoyable experience and I would do it again. What I learnt from my other classmates was, choose your friends wisely and hard work leads to success. The VOCAL session helped me to

express my interest and share it with others. **Janelle Owusu - G11. Topic: Self-love**

My speech, in particular, talked about the importance of working hard in order to achieve your goals. My love for soccer was what inspired me to bring my entire speech together. I must admit in the beginning, I was not very confident about giving this 'TED talk' because my public-speaking skills were not the best yet. However, giving my speech in front of that crowd gave me this burst of confidence I didn't think I had. This confidence enabled me to effectively communicate my message and more importantly, connect with my audience. Moreover, it enhanced my public-speaking skills. What I learnt from this giving my speech is that as individuals, we must be able to analyze certain situations within our daily lives and determine where and when to work hard and put ourselves in order to enable us pursue our dreams and achieve our goals. I am very excited to have been part of this entire experience. Getting the opportunity to speak in front of people gave me the platform to be confident and exhibit my public-speaking skills.

Kwame Asafo-Adjei -G11. Topic: Importance of hard work



CAS Experience

TIS Speakers' Hub presents - VOCAL



This VOCAL session was definitely a point of self-discovery for me. At first I had no idea what to write; all I knew was that I wanted something that would move my audience. But as the day kept approaching, I found I was entirely blank. That's when I sat down and used all my reflective skills to write something entirely personal to me, and yet relatable for my audience. I combined all of the skills I gained from our Speaker's Hub sessions to create the best speech possible. This session encouraged me to step out of my comfort zone, and

speak all the words that swarm my head. With every word I spoke, I felt myself becoming a better public speaker, and more confident within myself. Even though the audience was small, I believe that given the opportunity, I would be able to address very large audiences, and I have VOCAL to thank for that! **Lena Dodoo - G11. Topic: Taking time to find yourself.**

I really enjoyed this month's VOCAL session, Everyone's topic was really insightful but if I had to choose one that really resonated with me, it would have to be Kwame's speech on hard work. I think he did well on drawing the audience's attention and delivering a good presentation. I, especially, liked the analogy he gave of the two friends where one has learnt and the other hasn't but they both are writing the same test the next day. Overall, the VOCAL session has a truly great experience. **Elorm Godzi. G11 – Audience member**



VOCAL was an eye opening and memorable experience for me. I truly enjoyed every bit of it, though I was initially nervous at the beginning. First and foremost I commend my fellow speakers *Kwame Asafo Adjei, Janelle Owusu, Lena Dodoo and Naa Adjeley Anang-la* for their impactful and thought-provoking speeches. The initiative VOCAL, under the Speakers' Hub is an opportunity for young writers and speakers to express their emotions, be creative and confident in their speech. On 26 February, I participated in my first session. I must say it felt like a Ted Talk, the

audience of 10 people made the whole experience feel so real in my eyes, as though I were on an actual stage. I spoke about 'Friends', a topic that is very interesting yet controversial. I chose this topic because, we students of TIS, are in our formative years. Living in a boarding school, and meeting people from different walks of life, you will witness the good, the bad and the ugly. However, you will need good friends that will support you throughout this journey rather than bringing you down. Throughout the speech I used certain phrases and quotes to appeal to the conscience of my audience. The most striking quote I used was one by Nipsey Hussle that said "If you look around your circle, and you are not inspired by it, you are in a cage". I would like to say thank you to everyone who participated in VOCAL, the initiators and the camera crew. **Essilfua Ansah - G11. Topic: Friendship**

CAS Experience

TIS Speakers' Hub presents - VOCAL



When I was tasked with the dire moment of speaking for VOCAL, I was hit with a sudden burst of ideas which in the end amounted to nothingness. I was so excited I forgot what I actually wanted to speak about. I was going to stand in front of my peers, to have an open dialogue with members of my community. I wanted my message to be real, relevant, relatable and also eye opening. I wanted to share a bit of myself with my audience, I was going to be vulnerable in front of my friends and choose a topic which had been on my heart for a while now. So one day, I sat in class and then inspiration began to emanate from all circles, from my interactions with people, issues in the school, classroom and combined with my own experiences. I began to pen down a page which I called “A Series of Incomplete Thoughts”. I began to write thoughts on white supremacy to consent to anything and everything which I always felt compelled to share but was never bold enough to

do so.

VOCAL is my safe space. A space, I could present an opinion which was at the time controversial and should invoke discussion among students on the **topic “Restrictive Dress Codes Criminalize Men and Objectify Women, I would no longer be apologetic for my femininity”**. To say I was terrified to express this message would be an understatement because I was worried to how it would be received. It wasn't an attempt to undermine school rules and authority, but invoke an awareness on the greater message behind the topic. Standing in front of the camera, I spoke my heart out. I learnt in the moment the significance of standing up for what you believe in, I am still afraid though, to post my message, but I believe I have taken a first step in allowing myself to express thoughts which might be different from societal expectations and pressures. I loved the response and feedback, I am also always willing to engage in conversations about the topic with anyone who disagrees with me.

During VOCAL, I also learnt from other speakers, the value of hard work, the importance of friendships and self-love. I was particularly touched with Lena's letter to herself, for which I believe many people can relate to. I am grateful for the space that was granted to me, I look forward to hearing from other speakers as well. **Naa Adjeley Anang-La - G11. Topic: Dress codes.**

TIS Speaker's Hub proudly brings you...

VOCAL



A Great Public Speaking Opportunity
To Speak Through Actions And Act Through Words

Speakers:

Rudolph Dogbegah

J'dyl Vicker

Steve Adjei

Chelpang Alhassan

Cyril Davis

HAPPENING 26/03/21 AT 8:00PM THE BLACK BOX

WHO INSPIRES YOU?

*Lead by example:
Support women
on their way to the top.
Trust that they will
extend a hand to
those who follow.*
-Mariela Dabbah-

Oprah Winfrey: she is an inspiration because, she's determined, self-driven and her well-established show is an acclaim to her ability to interact with people through television, leading her to be known as one of the most influential women onscreen. **Janelle Owusu, G11**

Yara Shahidi: she is a famous actress and influencer. She always put her family above herself and tries to live a happy and healthy life.

Ruth: she is a woman of God in the Bible. She was able to sacrifice everything for the people she loves and love their God. She found favour in his eyes and is remembered.

My mother: she is a strong, independent, God-fearing woman. She loves her family and would sacrifice a lot to make sure everyone is happy. **Annalisa Boahen, G10**

Michelle Obama: she is a courageous and outgoing woman who is constantly preaching about developing ourselves for the better. She is not shy and she's outstanding as morally, and has very good ethics.

My mum because she is such a strong, beautiful, decent, caring, warm-hearted and wonderful woman that I always look up to. She is morally and spiritually strong and is an outstanding entrepreneur too. **Lexi Forson, G10**

BEHIND EVERY
SUCCESSFUL *woman*
IS A TRIBE OF OTHER
successful WOMEN,
WHO HAVE *her back*.

Mama Su, Ms. Koree and my sister. They all embody the Proverbs 31 woman, something I truly admire and wish to become. **Isabel Prempeh, G12**

My mother, my grandmother and Kamala Harris. They epitomize the peak of success I would like to surpass and empower with their strength to push through barriers. **Nissi Arday, Grade 9**

WHO INSPIRES YOU?

**OTHER WOMEN
ARE NOT MY
COMPETITION. I
STAND WITH
THEM, NOT
AGAINST THEM**

“
*Here's to strong women.
May we know them,
may we be them,
may we raise them.*

My mum, my grandmother and Serena Williams. These are 3 strong, independent and hardworking woman that know their worth and value in life. These are people that inspire me to become a better person and keep moving forward. **Agormah Agambire, G9**

My mum, my grandmother and Aija Mayrock are the three women I look up to the most. These are fearless women who were able to overcome their challenges in life and pursue their dreams. Proverbs 3:15. She is more precious than rubies and all the things thou desire are not to be compared unto her. **Afia Osei, G9**

My mother because she is a strong and dependable woman. She is a very hardworking woman, and she doesn't just stop working hard after she reaches her goal, she proceeds to go the extra mile. Despite her many commitments, she still makes time for the things that matter to her.

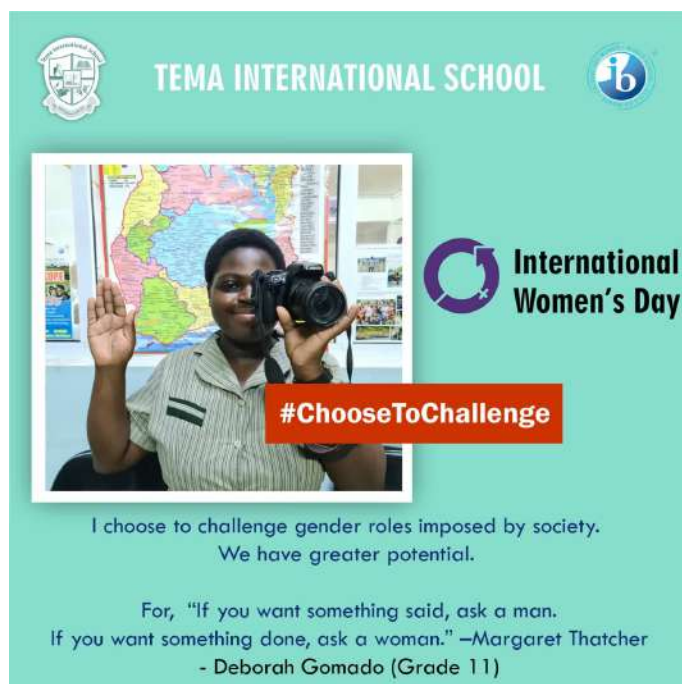
Peju Alatise is a Nigerian artist, poet, and writer who works as a fellow at the Smithsonian Institution's National Museum of African Art. She is an inspiration to me because she uses her artworks to express herself regardless of what anyone might think, which something I aspire to do one day is. **Tems (Temilade Openiyi)** is a Nigerian singer, songwriter, and record producer who specializes in alt R&B. She is an inspiration to me because I know where she began and how far she has come despite the hardships she undoubtedly faced as a child in Nigeria. Knowing that we have similar experiences is also inspiring. She pushes me to work harder in order to reach my objectives. **Tioluwalase Ogunranti, 10**

No matter where you are in life,
inspire and empower the women
around you. Success is never
reached alone. And, wisdom and
wealth are sweeter shared.

-Mizzfit

CAS Experience – Students Article

International Women's Day 2021 - #ChooseToChallenge



CAS Strands: Creativity and Service
Type of Service – Research/ Awareness
Learning Outcomes – Collaboration, Global engagements and ethical choices.
Article by: Deborah Eyram Gomado – G11

8 March is the day of the woman. Every year women around the world come together to reflect on the struggles of the female gender and celebrate our achievements. On this day, women recognize the political, social, economic and cultural achievements of other women all over the world. In celebration, speeches are given, awards are given and women rally on 8 March every year to

showcase the greatness of a woman.

History of IWD

Before being recognized by the UN, 8 March was officially set aside by the Russian government as *National Women's Day* in the year in 1911. Although the holiday was set aside for women to be celebrated in Russia, they still faced difficulties imposed on them by the government. On 8 March 1917, women of Russia took to the streets to rally and protest for their rights. The unified cry for their rights led women to be granted voting rights. This event caused other uprisings of women all over the world to this day.

International Women's Day was first observed by the UN in December 1975. The General Assembly adopted a resolution proclaiming a United Nations Day for Women's Rights and International Peace. In the subsequent years, women adopted a yearly theme.

(International Women's Day) IWD 2021

The campaign theme for International Women's Day 2021 is 'Choose to Challenge'. This year women all over the world will reflect on the past, the present and challenge the future of women rights and gender parity.

Websites, such as World Association of Girl Guides and Girl Scouts (WAGGGS), Catalyst Inc. and www.internationalwomensday.com contain immense information about women, our struggles, achievements and many more. They also support the movement by donating to the cause, spreading the message and encouraging other people to spread the message.

CAS Experience – Student Article

International Women's Day 2021 - #ChooseToChallenge

Even though women have gained some rights which we fought for, gender parity, is unfortunately not one of them. According to research, this goal might not be achieved until the next century. This is why women, in 2021, have stepped up to the challenge to spread the word and make a unified cry to government and authorities all over the world and pave an easier route to achieving this goal, hopefully in the next 25 years.

Fun Facts about IWD.

1. In nearly every country, women work longer hours than men and are paid less.
2. In 1914, Madam C.J. Walker became the first female self-made millionaire. Currently, there are 14 female self-made billionaires out of which 7 of them reside in China.
3. Purple, green and white are the colours of International Women's Day. Purple signifies justice and dignity. Green symbolizes hope. White represents purity, albeit a controversial concept.
4. Women speak about 20,000 words a day on average. Men speak only 7,000 words a day. *Why? Because we have to repeat over and over again.*

Get Involved

Therefore, we must *all* get involved. We must all challenge gender disparity and focus on achieving gender parity. We can involve ourselves by pledging to the cause, spreading the word and taking action. For 'a challenged world is an alert world, and from challenge comes change'.

In celebration of International Women's Day, members of the TIS family have pledged to the cause. Below are some pictures and pledges by some wonderful students and staff.

Thank you to each and every one who chose to Challenge.

Always remember, *"There is no limit to what women can accomplish."* –Michelle Obama
#choosetochallenge

























<https://www.internationalwomensday.com/Theme>

<https://www.goodhousekeeping.com/life/a26539742/international-womens-day-march-8/>

<https://www.internationalwomensday.com/About>

<https://www.internationalwomensday.com/Activity/15586/The-history-of-IWD>

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| <div data-bbox="231 235 295 324"></div> <div data-bbox="331 257 687 293" data-label="Text">TEMA INTERNATIONAL SCHOOL</div> <div data-bbox="726 235 790 324"></div> <div data-bbox="231 347 566 649"></div> <div data-bbox="574 414 646 492"></div> <div data-bbox="651 421 809 490" data-label="Text">International Women's Day</div> <div data-bbox="443 555 694 589" data-label="Text">#ChooseToChallenge</div> <div data-bbox="261 680 756 752" data-label="Text"> <p>I choose to challenge the poor treatment of women in too many facets of life.</p> </div> <div data-bbox="363 750 654 786" data-label="Text"> <p>-Ken Darvall - Principal</p> </div> | <div data-bbox="842 235 906 324"></div> <div data-bbox="943 257 1299 293" data-label="Text">TEMA INTERNATIONAL SCHOOL</div> <div data-bbox="1337 235 1401 324"></div> <div data-bbox="842 347 1177 649"></div> <div data-bbox="1185 414 1257 492"></div> <div data-bbox="1262 421 1420 490" data-label="Text">International Women's Day</div> <div data-bbox="1054 555 1305 589" data-label="Text">#ChooseToChallenge</div> <div data-bbox="861 660 1383 810" data-label="Text"> <p>I choose to challenge the stereotypes. Women are not in the slightest inferior to men; they deserve to be their own persons and to have a voice. "Strong, elegant and awe-inspiring" are even understatements of how remarkable they are. #Girl today, woman tomorrow, GREAT regardless -Adeline Adjei</p> </div> |
| <div data-bbox="231 846 295 936"></div> <div data-bbox="331 869 687 904" data-label="Text">TEMA INTERNATIONAL SCHOOL</div> <div data-bbox="726 846 790 936"></div> <div data-bbox="231 952 566 1254"></div> <div data-bbox="574 1019 646 1097"></div> <div data-bbox="651 1025 809 1095" data-label="Text">International Women's Day</div> <div data-bbox="443 1160 694 1193" data-label="Text">#ChooseToChallenge</div> <div data-bbox="258 1276 756 1397" data-label="Text"> <p>I choose to challenge how society undermines a woman's success. Every Woman's success is an inspiration to everyone watching them. -Apewe Chigabatia</p> </div> | <div data-bbox="842 846 906 936"></div> <div data-bbox="943 869 1299 904" data-label="Text">TEMA INTERNATIONAL SCHOOL</div> <div data-bbox="1337 846 1401 936"></div> <div data-bbox="842 952 1177 1254"></div> <div data-bbox="1185 1019 1257 1097"></div> <div data-bbox="1262 1025 1420 1095" data-label="Text">International Women's Day</div> <div data-bbox="1045 1160 1305 1193" data-label="Text">#ChooseToChallenge</div> <div data-bbox="849 1276 1388 1375" data-label="Text"> <p>I choose to challenge how society sees women. A woman should be her own self and do what she wants to do.</p> </div> <div data-bbox="1152 1388 1399 1420" data-label="Text"> <p>-Cheryl Kumah (Grade 12)</p> </div> |
| <div data-bbox="231 1456 295 1545"></div> <div data-bbox="331 1478 687 1514" data-label="Text">TEMA INTERNATIONAL SCHOOL</div> <div data-bbox="726 1456 790 1545"></div> <div data-bbox="231 1556 566 1859"></div> <div data-bbox="574 1624 646 1702"></div> <div data-bbox="651 1630 809 1702" data-label="Text">International Women's Day</div> <div data-bbox="443 1765 694 1798" data-label="Text">#ChooseToChallenge</div> <div data-bbox="237 1874 788 1968" data-label="Text"> <p>I choose to challenge the stereotypes and bias of women in the society and fight to give a voice to the women who have been silenced.</p> </div> <div data-bbox="416 1964 612 1995" data-label="Text"> <p>-Vanessa Stephens</p> </div> | <div data-bbox="842 1456 906 1545"></div> <div data-bbox="943 1478 1299 1514" data-label="Text">TEMA INTERNATIONAL SCHOOL</div> <div data-bbox="1337 1456 1401 1545"></div> <div data-bbox="842 1556 1177 1859"></div> <div data-bbox="1185 1624 1257 1702"></div> <div data-bbox="1262 1630 1420 1702" data-label="Text">International Women's Day</div> <div data-bbox="1054 1765 1305 1798" data-label="Text">#ChooseToChallenge</div> <div data-bbox="877 1897 1359 1933" data-label="Text"> <p>I choose to challenge the gender pay gap.</p> </div> <div data-bbox="904 1928 1332 1964" data-label="Text"> <p>Like men, Women have necessities too</p> </div> <div data-bbox="1043 1960 1192 1993" data-label="Text"> <p>-David Safo</p> </div> |

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|  TEMA INTERNATIONAL SCHOOL    International Women's Day <p>#ChooseToChallenge</p> <p>I choose to challenge stereotypes against women. The word 'woman' should not be interpreted as 'slaves'. Women can and must occupy positions of power just like men do. - Joshua Mefful (Grade 11)</p> |  TEMA INTERNATIONAL SCHOOL    International Women's Day <p>#ChooseToChallenge</p> <p>I choose to challenge Female Genital Multilation. - Setor Adih (Hostel Parent)</p> |
|  TEMA INTERNATIONAL SCHOOL    International Women's Day <p>#ChooseToChallenge</p> <p>I choose to challenge every woman to execute flawlessly. Gender doesn't matter we all capable. - Sophia Dumakor (Catering Manager)</p> |  TEMA INTERNATIONAL SCHOOL    International Women's Day <p>#ChooseToChallenge</p> <p>I stand against early marriage of the girl child and girls solely responsible for household chores in our homes. -Richmmond Dzongor - HOD of Science</p> |
|  TEMA INTERNATIONAL SCHOOL    International Women's Day <p>#ChooseToChallenge</p> <p>I choose to challenge the gender pay gap. Women are just as capable at doing jobs just like men, in certain cases even better. Therefore, women should also be payed the same amount as men are being payed -Alvin Appiah (Grade 11)</p> |  TEMA INTERNATIONAL SCHOOL    International Women's Day <p>#ChooseToChallenge</p> <p>I choose to challenge girls slavery and child abuse. I challenge myself to create a safe space for all girls and women to become. Surama King - CAS Coordinator</p> |

| | |
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| <p>TEMA INTERNATIONAL SCHOOL</p>  <p>International Women's Day</p> <p>#ChooseToChallenge</p> <p>I choose to challenge trokosi. - Abigail Ahiadorme (ASA Coordinator)</p> | <p>TEMA INTERNATIONAL SCHOOL</p>  <p>International Women's Day</p> <p>#ChooseToChallenge</p> <p>I choose to challenge cultural beliefs that undermine women in our society. Florence Agbeko - Pastry Chef</p> |
| <p>TEMA INTERNATIONAL SCHOOL</p>  <p>International Women's Day</p> <p>#ChooseToChallenge</p> <p>I choose to challenge power. We have soo many capabilities that cannot be held back because of where we come from or what society sees us to be. - Bellina Anthonio (Grade 10)</p> | <p>TEMA INTERNATIONAL SCHOOL</p>  <p>International Women's Day</p> <p>#ChooseToChallenge</p> <p>I choose to challenge stereotypes. Women don't have to be in a kitchen or marry for money. When you think of us, don't close your mind and look past all the great things we can do. -Annalisa Boahen (Grade 10)</p> |
| <p>TEMA INTERNATIONAL SCHOOL</p>  <p>International Women's Day</p> <p>#ChooseToChallenge</p> <p>I stand to challenge the status quo! I choose to challenge gender bias in employment in Africa and beyond. -Amanda Tay</p> | <p>TEMA INTERNATIONAL SCHOOL</p>  <p>International Women's Day</p> <p>#ChooseToChallenge</p> <p>I choose to challenge competition among women, to be kind and support each other. - Grace Attram (Coordinator)</p> |

After School Activities - Cooking with Auntie Sophia

Sweet Chili chicken sauce with Brown Onion Rice

INGREDIENTS:

500 grams - Chicken (De Boned and Diced)
½ tbsp- Black Pepper
4pcs- Carrot
3pcs- Green Pepper
2tbsp- Corn Flour
5pcs- Spring Onion
12pcs- Chili
1/2cup Ginger
1 Clove Garlic
All-Purpose Flour
2pcs- Stock Cube
Oil, Salt, 1tbsp- Sugar



PROCEDURE

- Season the chicken with milled, ginger, garlic, pepper and allow to marinate for an hour.
 - Sprinkle corn flour on the chicken and shallow flour until golden brown.
 - Cut the carrot, green pepper and onions (Medium Dice)
 - Chop chili, spring onion and garlic
 - Heat a wok with a tea spoon of oil then you cook your carrot until it turns brown, then gently add the garlic, spring onion and onion cook for a few minutes. Then add the chili cook slowly, add water, allow to boil and correct seasoning.
 - Then add corn flour, then throw in the tomatoes, green pepper and onions.
 - Mix well and add fried chicken filled and mix thoroughly.
 - Pour into serving dish
 - Serve as desired
- Enjoy

BROWN ONION RICE

Ingredients: Rice- 2 cups; Onion- 2pcs finely chopped; Oil- ½; Salt- to taste; Bay leaves- 4pcs

PROCEDURE:

Slightly cook the onion in oil until caramel brown.
Meanwhile boil water with bay leaves.

After water the water has boiled

Braise rice together onion for two minutes then add required water

Season with salt and stock cube

Cook under low heat

Serve into serving dish

Serve as desired



After School Activities - Cooking with Auntie Sophia

Sweet Chili chicken sauce with Brown Onion Rice



#REFLECTIONS

Today's cooking was very fun. We made sweet and sour chicken sauce with brown rice. The skills that I used during this cooking session were communication, collaboration and social skills. I can't wait to cook for my family. **Masere Frimpong, G 10**

This cooking lesson was very insightful and an eye-opener. I learnt the importance of planning before cooking a meal and kitchen hygiene. I used skills like collaboration and communication skills. **Vanessa Stephens, G10**

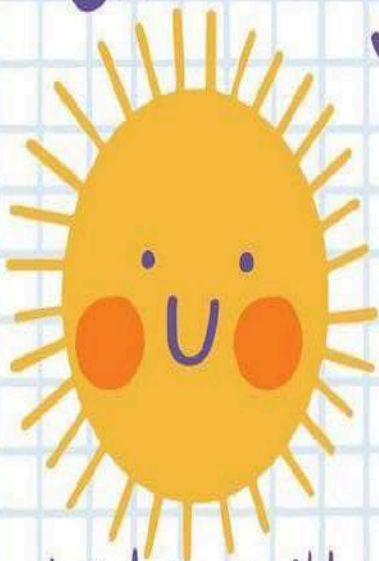
The cooking lesson was very stimulating. It was fun to collaborate with my friends and eat the delicious meal we prepared together. Auntie Sophia and Auntie Abigail gave us the opportunity to explore and share ideas during the class. **Nina Issah, G10**

Today's cooking session was super fun and yummy. Cooking is much more than mixing ingredients, you must be open-minded, creative and ready to try new things. **George. H. Hagan, G10**



@hikkimiles_

daily reminders



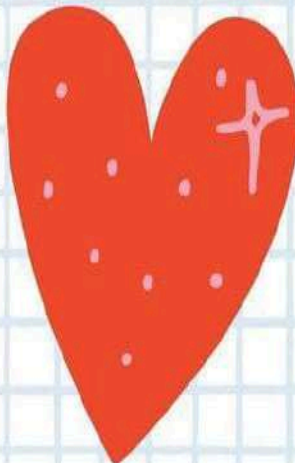
today will
be good



you are
growing



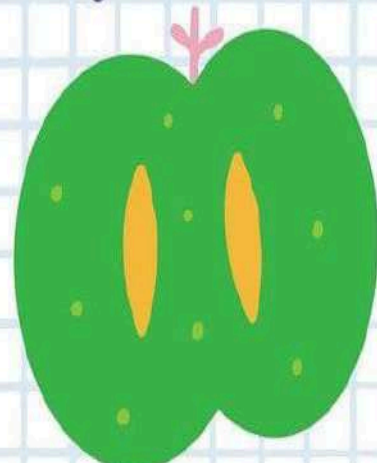
believe in
yourself



you are
so loved



keep shining
superstar



you are
enough



TEMA INTERNATIONAL SCHOOL

SERVICE



At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.



EDUCATION FOR A BETTER WORLD



TEMA INTERNATIONAL SCHOOL



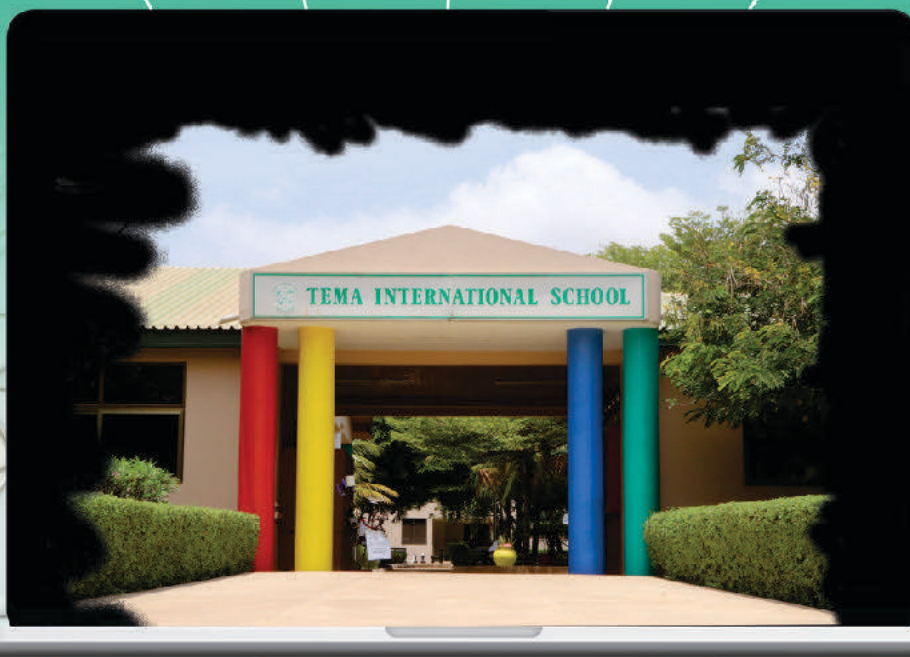
A FAMILY SCHOOL, A UNIQUE EXPERIENCE

Welcome

You Tube



Google



Protect yourself and others from getting sick

Wash your hands



- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste



World Health
Organization

COUNSELLORS' CORNER



Dear students, the decision to outshine lies in the power of your hands. Be productive with your academics and social life so you can develop holistically. Don't be a Busy Bee!



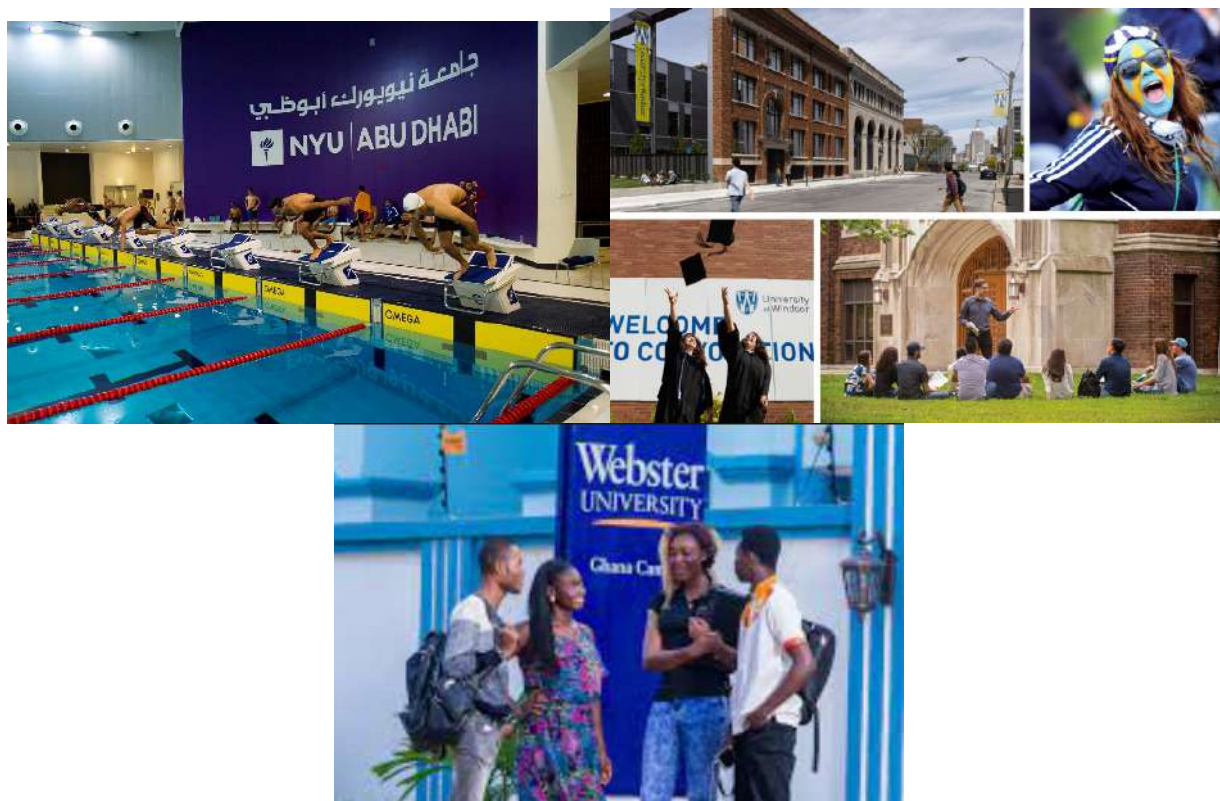
- ✓ Get rid of distractions and have enough time for good sleep.
- ✓ Put a lock on social media.
- ✓ Fuel your body by participating in sports, community projects and service, music and dance, theatre etc.. to release stress and rejuvenate!
- ✓ Have a strong network of family and good friends to keep you on track.
- ✓ Have “ME” time to help you reflect and make corrections where necessary.
- ✓ Set a SMART goal. If your lack of focus is a result of feeling overwhelmed by a complex project, try breaking it down into smaller parts and plugging the smaller steps into the **SMART** formula.
 - Specific. What exactly needs to be done?
 - Measurable. How will you track your progress?
 - Achievable. Is it realistic? Can it be done by the deadline?
 - Relevant. How does it fit with the overall plan or bigger goal?
 - Timely. When does it need to be done?

More information just click: <https://www.healthline.com/health/mental-health/how-to-stay-focused#stay-fueled>

DP1 & DP2:

| NAME OF UNIVERSITY | UNIVERSITY LOCATION | TIME OF VIRTUAL VISIT | VENUE |
|-----------------------|---------------------|-----------------------|---------------|
| Academic City College | Ghana | Stay Tuned... | Stay Tuned... |
| Lancaster University | Ghana | Stay Tuned... | Stay Tuned... |
| Ashesi University | Ghana | Stay Tuned... | Stay Tuned... |
| University of Exeter | UK | Stay Tuned... | Stay Tuned... |

DP1 WEBINAR VISIT: NYU ABU DHABI UAE, UNIVERSITY OF WINDSOR CANADA AND WEBSTER UNIVERSITY, GHANA



With departmental periodic virtual visits, this visit was a superb one! This was a very detailed representation of each university with great pointers worth noting broadening the scope of knowledge regarding the **university application processes and more** for our students. Our heartfelt thanks to the Admissions Managers of each university Mhraf Worku of NYU ABU DHABI in the UAE, Pamela Agbeli of Webster University- Ghana and Karibo Ekeopara of University of Windsor- Canada. Dankenshon!

Enjoy Reading!- Reflections from DP1 Students

NYU ABU DHABI, UAE

“Based on the wonderful presentation given to us by Mhraf, I learnt so much about NYU Abu Dhabi and I can confidently say that it is nothing short of an amazing school. It offers 25 undergraduate majors across the Arts and Humanities, Engineering, Science, the Social Sciences and multidisciplinary minors and specializations, as well as additional Areas of Study for students to choose from and allows students to decide on a major at the end of their second year; it offers financial aid, both merit-based and need-based financial aid for its students and it is renewable for all four years; like other American schools, it uses common application and what I liked about that aspect is the fact that they place a lot of focus on the kind of person the student is rather than academics and other things. It has a small student to faculty ratio of 4:1 or 8:1 in some classes which I believe allows for more a comprehensive learning environment during lectures and helps to facilitate good teacher and student relations. The student body is made up of over 1450 undergraduate students who come from over 100 countries around the world and speak over 115 languages as well making it very culturally diverse which would make a student like me who is not from Abu Dhabi feel a little less lonely. They also have a number of programs such as student orientation to create relationships between their students, student interest groups and student activities outside of the classroom to help students grow as people and groom them into the world changers we need. The school itself is surrounded by many international restaurants and sites for heritage festivals just to name a few. Founded in 2010, the school has managed to make a name for itself. It was a very insightful experience and I definitely want to learn more about what NYU Abu Dhabi has to offer”! ~**Maame Dankwaa Afranie-Adjei**~

“On 9 March, we had a Virtual University Visit. The schools that visited us were NYU Abu Dhabi, Webster University, and the University of Windsor. Each came with so much to offer. For NYU Abu-Dhabi, I found out they have three branches, one in New York, another in Shanghai, and then most certainly in Abu-Dhabi. Not just that, they also have eleven centres globally which will mean if you desire to maybe study in French, you could in their centre in Paris. For Webster, I found out they have a branch in Ghana and they offer the opportunity for students to study in Ghana and finish abroad. Most importantly, they follow all the COVID protocols which are important since we are still fighting against the COVID-19. They have a very easy application system online which takes just 20-30 minutes to finish. Finally, the University of Windsor located in Canada. I found out Windsor is located in one of the safest communities in Canada. It has a very diverse population on campus - mostly international students. They offer Bachelor of Commerce, Bachelor of Science and so much more. They also offer CO-OP, which is when a student is able to work and study at the same time as an internship in Universities. Not all schools offer this. All in all, I enjoyed the visit and I gained a lot of knowledge of these schools. I realized that every school has its own unique requirements and that it will be very safe if we as students take the opportunity to meet all the requirements, whether it be SAT, IB points, or even GPA”. ~**Amina Banda**~

“The virtual university visit was a really insightful one and impacted me a lot in regards to the decisions I will be making with regards to my preferred study destination for university in just a few months from now. I really enjoyed the presentations from each of the three universities namely, Webster, NYU Abu Dhabi and the University of Windsor. I was particularly impressed by the presentation given by the representative from Webster University because I learnt a lot

about the diverse nature of the school and how the school has several other campuses with its main campus being located in the USA. One thing I also enjoyed was the fact that students from different branches of the school campus get to visit other branches from time to time, connect with different students from different countries and immerse themselves in different cultures”. ~**Kwame Asafo-Adjei**~

MORE SCHOLARSHIPS AT NYU ABU DHABI!

<https://nyuad.nyu.edu/en/admissions/undergraduate/financial-support.html>

<http://www.nyu.edu/admissions/financial-aid-and-scholarships/applying-and-planning-for-undergraduate-aid/scholarships-and-grants.html>

Contact: Mhraf NYU Abu Dhabi Outreach Officer / sub-Saharan Africa - mworku@iie.org

Scheduling 1:1 with Mhraf: <https://go.oncehub.com/NYUAD-Mhraf>

University of Windsor

“During my zoom meeting with University of Windsor, I found out that Windsor is located in Windsor, Ontario, Canada, and is home to 5 out of 10 of Canada’s safest communities, so students living on or off campus are guaranteed safety wherever they go. The school’s campus is situated in one of Canada’s most diverse cities, allowing international students to fit right in and find a home away from home while studying at Windsor. The school was established in 1954 and so has a long history of educating Canada’s best and brightest. With over 15000 students, the school is still looking to expand and usher in more international students. To accommodate these new students from overseas, Windsor has an international student centre, basically a melting pot of all the different cultures that coalesce on Windsor grounds. The centre allows local students to connect with their mates from other cultures while giving foreign students the space to practice their culture freely. The school offers over 100 under grad courses with the entrance scholarship ranging from 500-1000 CAD per semester. Its English Language Improvement programme also allows international students to access study programme visas. It takes just 24 IB points to be eligible for application to Windsor, considering that you’ve passed all 3 HL subjects. Once there aside from academics Windsor has on offer a sports and recreational centre for students to relax or hone their skills on the field, court or in the water. Windsor University has the great advantage of allowing up to 20 hours of work while in school for students. This balance between learning and practical application helps build a well -rounded student and is Windsor’s way of bulking up their students resumés even before graduation”.

~**Jaden Atuah**~

MORE SCHOLARSHIPS AT UNIVERSITY OF WINDSOR!

<https://www.uwindsor.ca/>

<https://www.uwindsor.ca/studentawards/scholarships-bursaries>

Contact:

Working remotely: kariboe@uwindsor.ca

Tel: + 234 902 600 4115

Web: future.uwindsor.ca/international-students

ask.UWindsor.ca

Webster University

“We got the opportunity to connect with Webster University Ghana over Zoom. The university gave us more insight into their IB requirements, faculty and opportunities. The university representative also gave us a brief insight on the different campuses in Austria, China, Greece and others. It was nice to see a Ghanaian university which engages its students to be globally educated”. ~ **Seyram Essey**~

Pamela Agbeli- Webster - pamelaagbeli40@webster.edu

Online applications for Webster University are done using www.webster.edu/apply Select Accra, Ghana to the study at the Ghana Campus

MORE SCHOLARSHIPS AT WEBSTER UNIVERSITY!

<http://www.legacy.webster.edu.gh/admissions/sandfinaid.html#:~:text=The%20Webster%2D Ghana%20Campus%20awards,been%20admitted%20to%20Webster%20University>.

important**DATES AND INFORMATION**achieve more**SAT[®] 2020-2021 TEST DATES**

See the New SAT dates below:

SAT 2020-2021

- 13 March 2021
- 8 May 2021

DP1s don't wait until the eleventh hour to register. Register now to avoid any disappointments! <https://collegereadiness.collegeboard.org/sat/register/international>

Test takers, for SAT this Saturday, 13 March 2021 should please come along with your VALID UNEXPIRED PASSPORT as the only form of identification! Photocopies are not acceptable. All COVID -19 protocol will be fully observed. Remember No mask, no entry! If joining us, come in from the administration security gate and not the hostel gate.

SAT Registration Fees (To complete registration online full payment with credit card only. Visit www.collegeboard.org)

SAT I with essay- U.S. \$120, U.S. \$95 without essay

ACT**2020-2021 TEST DATES (COMPUTER-BASED TESTING ONLY!)**

ACT Registration Fees (Online payments only: Visit www.actstudent.org):

ACT plus writing – U.S. \$166.50, without writing- U.S.\$150.00 (TIS Test Centre Code: 870390, but inform counsellor first).

***To complete registration, payment must be made online in full with a credit card.**
ACT April DEADLINE coming up. STEM students have an edge when they take the ACT.

NEW TEST DATES FOR ACT 2020-2021

- 17 April 2021

The logo for PreACT, featuring the word "PreACT" in white text on a blue rectangular background.

NEW DATE FOR PRE-ACT; 20 MARCH 2021! PRACTICE TESTS FOR SAT, ACT OR PRE-ACT, PSAT, TEST PREP RESOURCES FROM THE OFFICIAL TEST MAKERS CAN BE FOUND HERE; WWW.COLLEGEBOARD.ORG AND WWW.ACTSTUDENT.ORG



SAT: <https://www.test-guide.com/free-sat-practice-tests.html>

<https://collegereadiness.collegeboard.org/sat/practice/full-length-practice-tests>

<https://blog.prepscholar.com/printable-sat-practice-tests-4-free-official-tests>

<https://www.ivywise.com/ivywise-knowledgebase/resources/article/8-sat-and-act-exam-hacks-from-an-expert-tutor/>

<https://www.educationcorner.com/sat-test-taking-tips.html>

<https://www.princetonreview.com/college/sat-information>

<https://www.khanacademy.org/test-prep/sat/new-sat-tips-planning/sat-strategies-general/v/effective-strategies-for-each-sat-section-9282016>

https://www.youtube.com/watch?v=Zc_l4cCLUqo

ACT : <https://www.kaptest.com/act/free/act-free-practice-test>

<https://www.act.org/content/act/en/products-and-services/the-act/test-preparation/math-practice-test-questions.html?page=0&chapter=0>

<https://www.worldwisetutoring.com/free-downloadable-printable-act-practice-tests-pdf/>

<https://www.khanacademy.org/college-careers-more/college-admissions/making-high-school-count/standardized-tests/v/overview-of-act>



DP2S, KEEP UP THE SPEED AND STUDIOUS ATTITUDE. ALL THE BEST IN YOUR MOCK EXAMS! IF YOU IMPROVE IN YOUR MOCKS, YOU HAVE THE OPTION OF SENDING THE RESULTS OFF TO YOUR UNIVERSITIES AS AN 'OPTIONAL REPORT' VIA COMMONAPP.



TEMA INTERNATIONAL SCHOOL

SPORTS



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork, challenges personal best and emphasizes the importance of appreciating how to lose before knowing how to win.



EDUCATION FOR A BETTER WORLD

2021 TIS Swimming Championships

Placegetters

| EVENT | GENDER | AGE | STUDENT | HOUSE | TIME | PLACE |
|--------------------------|--------|------|-------------------------|------------|---------|-------|
| <i>Record: 18.54</i> | | | | | | |
| 25m Freestyle | Girls | 12 | Samuella Adu-Baah | Yellow | 18.89 | 1 |
| <i>Record: 14.25</i> | | | | | | |
| 25m Freestyle | Boys | 13 | Abdul Salam Abanga | Red | 19.42 | 1 |
| <i>Record: 16.19</i> | | | | | | |
| 25m Freestyle | Girls | 13 | Akua Osei | Blue | 22.69 | 1 |
| <i>Record: 15.19</i> | | | | | | |
| 25m Freestyle | Boys | 14 | Rifau Toose | Yellow | 15.4 | 1 |
| <i>Record: 17.23</i> | | | | | | |
| 25m Freestyle | Girls | 14 | Charlene Akwei | Red | 19.34 | 1 |
| <i>Record: 13.73</i> | | | | | | |
| 25m Freestyle | Boys | 15 | Jeffrey Adjagar | Blue | 15.12 | 1 |
| 25m Freestyle | Boys | 15 | Bradley Hoedoafia | Yellow | 22.05 | 2 |
| <i>Record: 12.68</i> | | | | | | |
| 25m Freestyle | Boys | 18 | Eyako Eli Dzantor | Blue | 14.83 | 1 |
| 25m Freestyle | Boys | 18 | Lyman Cisse | Blue | 14.95 | 2 |
| <i>Record: 15.84</i> | | | | | | |
| 25m Butterfly | Boys | | Eyako Eli Dzantor | Blue | 18.31 | 1 |
| 25m Butterfly | Boys | | Jeffrey Adjagar | Blue | 21.91 | 2 |
| 25m Butterfly | Boys | | Rifau Toose | Yellow | 22.27 | 3 |
| <i>Record: 18.03</i> | | | | | | |
| 25m Backstroke | Boys | | Eyako Eli Dzantor | Blue | 22.82 | 1 |
| <i>Record: 21.28</i> | | | | | | |
| 25m Backstroke | Girls | | Samuella Adu Baah | Yellow | 28.57 | 1 |
| 25m Backstroke | Girls | | Akua Osei | Blue | 31.82 | 2 |
| <i>Record: 18.25</i> | | | | | | |
| 25m Breaststroke | Boys | | Eyako Eli Dzantor | Blue | 24.59 | 1 |
| 25m Breaststroke | Boys | | Rifau Toose | Yellow | 25.02 | 2 |
| 25m Breaststroke | Boys | | Cecil French | Blue | 25.1 | 3 |
| <i>Record: 21.67</i> | | | | | | |
| 25m Breaststroke | Girls | | Ewuradjoa Obeng Nkansah | Green | 24.67 | 1 |
| 25m Breaststroke | Girls | | Charlene Akwei | Red | 25.18 | 2 |
| 25m Breaststroke | Girls | | Samuella Adu Baah | Yellow | 31.38 | 3 |
| <i>Record: 58.56</i> | | | | | | |
| 4x25m Freestyle relay Bo | Boys | Open | Blue | Blue | 1.09.83 | 1 |
| 4x25m Freestyle relay Bo | Boys | Open | Green | Red/Yellow | 1.18.43 | 2 |
| <i>Record: 12.78</i> | | | | | | |
| Boys Champion of Cham | Boys | Open | Eyako Eli Dzantor | Blue | 14.96 | 1 |
| Boys Champion of Cham | Boys | Open | Lyman Cisse | Blue | 15.25 | 2 |
| Boys Champion of Cham | Boys | Open | Jeffrey Adjagar | Blue | 15.34 | 3 |
| <i>Record: 16.98</i> | | | | | | |
| Girls Champion of Cham | Girls | Open | Charlene Akwei | Red | 18.26 | 1 |
| Girls Champion of Cham | Girls | Open | Samuella Adu Baah | Yellow | 20 | 2 |
| Girls Champion of Cham | Girls | Open | Akua Osei | Blue | 22.69 | 3 |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| <i>Record: 1.12.42</i> | | | | | | |
| 100m Freestyle | Boys | Open | Eyako Eli Dzantor | Blue | 1.45.34 | 1 |
| 100m Freestyle | Boys | Open | Hafiz Jalloh | Blue | 2.04.56 | 2 |
| <i>Record: 28.66</i> | | | | | | |
| 50m Freestyle | Boys | Open | Lyman Cisse | Blue | 43.44 | 1 |
| 50m Freestyle | Boys | Open | Eyako Eli Dzantor | Blue | 48.77 | 2 |
| 50m Freestyle | Boys | Open | Hafiz Jalloh | Blue | 55.61 | 3 |
| <i>Record: 38.58</i> | | | | | | |
| 50m Freestyle | Girls | Open | Charlene Akwei | Red | 45.4 | 1 |
| 50m Freestyle | Girls | Open | Samuella Adu Baah | Yellow | 47.08 | 2 |
| 50m Freestyle | Girls | Open | Akua Osei | Blue | 48.68 | 3 |

TIS INTEGRITY Code

**“TIS, as a family school that provides unique experiences,
embodies a spirit of integrity and respect for others
which are central to the personal,
academic and ethical development of each member.**

**As a TIS family member,
I promise to uphold and demonstrate its values,
and protect the reputation of the school.
I make this pledge in the spirit of honour and trust.”**



