TIS RECORD

P: +233 303305134 | E: info@tis.edu.gh| W: www.tis.edu.gh

At TIS,

we believe experiential learning allows our students to understand the theory in the classroom to practise across the real world, where personal experiences and reflections add real meaning and a sense of purpose to each student, while making the world a better place.

Contents

• PYP News: Page 8

• Guide Post: Page 18

• CAS-SA Corner: Page 30

COVID-19

- Wash your hands frequently and thoroughly.
- Practise social distancing at all times
- Wear a face mask when 'out'.

Thought for the Week

Being busy isn't the same thing as adding value.

- Shane Parrish



Two years on.....

Next week, our IB Class of 2021 will commence their final Diploma Programme exams. Last year when COVID disrupted the world by closing down schools in most countries, IB exams for DP and MYP were cancelled.

Fortunately, our students have the opportunity to complete exams in 2021.

Now is the time for our exam candidates to ensure balance by enjoying adequate sleep, exercising daily and not skimping on healthy meals. Prioritise your study needs, support each other and remember cramming is not a successful strategy.

We wish our IB Class of 2021 all the best so they can complete their exams successfully and then enjoy its rewards in September.

Visiting Protocols



"My definition of integrity is a set of beliefs, values, and actions that others can depend on."

-Steve Bollar

SAT &ACT

- Best advice: students who are required to complete SAT and/or ACT requirements should do so by the end of Grade 11.

 Leave it until G12 and you have created a personal time-management monster.
- Please follow instructions and details provided in the weekly Counsellors' Corner section of the TIS Bulletin.

Top Concentration Killers

- Social media
- · Email overload
- Your mobile phone
- Multitasking
- Boredom
- Nagging thoughts
- Stress
- Fatigue
- Hunger
- Depression
- Medication
- ADHD

Making Us Proud

• Chelpang Alhassan, J'dyl Vicker, Nana Yaw Asare Frimpong and Abena Ahenkorah, TeamTIS at the African Mooting Competition, on their second place in this prestigious competition. Well done! Any visits by parents must be liaised with our Hostel Parent Coordinators (Setor and Gabriel). A limited number of visits can be arranged on Saturday or Sunday afternoons between 2.00 - 4.00pm. The duration of any visit is restricted to 25 minutes. Please consider the impact of such a visit before making a request. 72 hours' notice is expected. Any visit is restricted to two family members. No food or drinks are allowed.

Admissions Update

Admissions for girls at the Main Campus in Grades 7-12 have closed for 2021-2022.

There is a very limited number of places available in Grades 7-9 & 11 for boys.

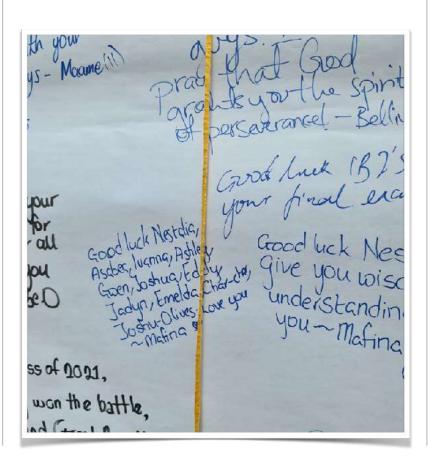
This is also the case for the Primary School Campus.

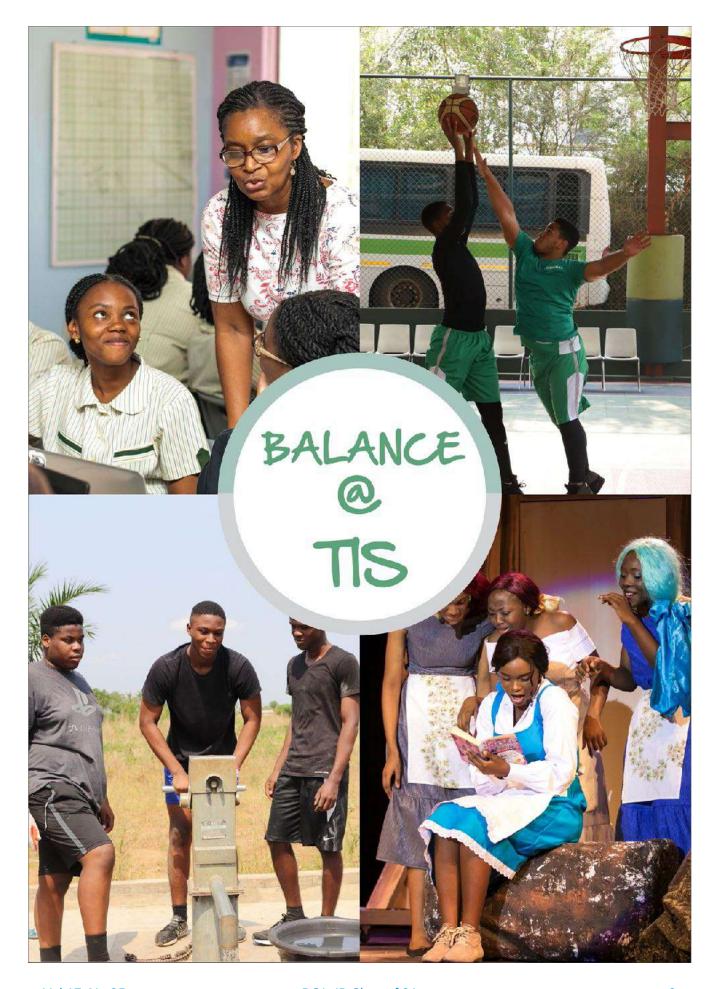
Our online admissions portal is: https://tis.openapply.com

I appreciate your support.

Stay healthy.

Dr Ken Darvall (Principal)









Primary School Campus
Admissions Open For 2021/2022 Academic Year

Flexible admission screenings and interviews



Entry Points in 2021

Preschool

Kinder 1 (3-4 years) Kinder 2 (4-5 years) Kinder 3 (5-6 years) **Junior Primary**

Grade 1 (5.5 - 7years) Grade 2 (6.5 - 8 years) Grade 3 (7.5 – 9 years) **Senior Primary**

Grade 4 (8.5 -10 years) Grade 5 (9.5 years-11 years) Grade 6 (10.5 - 12 years)

All admission applications will be online via Open Apply: https://tis.openapply.com

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer PYP, MYP and DP.

o learn more



To enrol scar



Tema International School

2020 - 2021 School Calendar (Virtual \$1/On Campus \$2)

	August '20								
Su	M	Τυ	W	Th	F	S			
						1			
2	3	4	5	6	7	8			
9	10	11	12	13	14	15			
16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
30	31								

	September '20								
Su	M	Τυ	W	Th	F	S			
		1	2	3	4	5			
6	7	8	9	10	11	12			
13	14	15	16	17	18	19			
20	21	22	23	24	25	26			
27	28	29	30						

	October '20								
Su	M	Τυ	W	Th	F	S			
				1	2	3			
4	5	6	7	8	9	10			
11	12	13	14	15	16	17			
18	19	20	21	22	23	24			
25	26	27	28	29	30	31			

	November '20								
Su	M	Τυ	W	Th	F	S			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30								

	December '20							
Su	Μ	Τυ	W	Th	F	S		
		1	2	3	4	5		
6	7	8	9	10	11	12		
13	14	15	16	17	18	19		
20	21	22	23	24	25	26		
27	28	29	30	31				

	January '21								
Su	M Tu W Th F S								
					1	2			
3	4	5	6	7	8	9			
10	11	12	13	14	15	16			
17	18	19	20	21	22	23			
24	25	26	27	28	29	30			
31									

	February '21								
Su	M	Τυ	W	Th	F	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28									

	March '21								
Su	M	Τυ	W	Th	F	S			
	1	2	3	4	5	6			
7	8	9	10	11	12	13			
14	15	16	17	18	19	20			
21	22	23	24	25	26	27			
28	29	30	31						

April '21								
Su	M	Τυ	W	Th	F	S		
				1	2	3		
4	5	6	7	8	9	10		
11	12	13	14	15	16	17		
18	19	20	21	22	23	24		
25	26	27	28	29	30			

	May '21								
Su	Μ	Τυ	W	Th	F	S			
						1			
2	3	4	5	6	7	8			
9	10	11	12	13	14	15			
16	17	18	19	20	21	22			
23	24	25	26	27	28	29			
30	31								

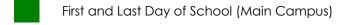
	June '21								
Su	M	Τυ	W	Th	F	S			
		1	2	3	4	5			
6	7	8	9	10	11	12			
13	14	15	16	17	18	19			
20	21	22	23	24	25	26			
27	28	29	30						

	July '21								
Su	M	M Tu W Th F S							
				1	2	3			
4	5	6	7	8	9	10			
11	12	13	14	15	16	17			
18	19	20	21	22	23	24			
25	26	27	28	29	30	31			

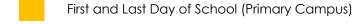














Public Holidays

7/12/20	Election Day	8/3/21	Independence Day
2/4/21	Good Friday	5/4/21	Easter Monday
3/5/21	Labour Day	13/5/21	Eid Al Fitr (TBC)

S1 Internal Dates: Main Campus				
1/8/20	2020 MYP Results Released; 2020 MYP Enquiries Upon Results Open			
3/8/20	20 Senior executive staff resume			
10/8/20	Teachers resume			
12/8/20	Newbies' orientation commences online			
21/8/20	Newbies' orientation ends online			
24/8/20	Secondary School classes commence			
29/8/20	SAT			

12/9/20 ACT

18/9/20 MYP/DP Parent Information Session

26/9/20 SAT (TIS Students) TIS Founders' Day; SAT 3/10/20

10/10/20 ACT

12-16/10/20 Mid-semester break

MYP Enquiries Upon Results Close; Language Acquisition Inter-Colour Competition 15/10/202020

17/10/20

G12 TOK Presentations 22/10/20

G12 EE Cafe 26/10/20

Dukies Camp (Shai Hills) 29-31/10/20 G9/G11 Subject Selections close 30/10/20

Annual Performance 6-7/11/20 SAT (Subject test) 7/11/20 **GIS** Competition 18/11/20

1/12/20 Admissions open for 2021/2022

5/12/20

Last day for first semester: Students may depart from 2.00pm. 11/12/20

S2

7/1/21 Teachers resume

Second semester commences 11/1/21 15-17/1/21 Students return to hostels

24-30/1/21 Alumni Week 27-29/1/21 **IDU Days**

Thanksgiving Service and Student Leadership Induction Ceremony 31/1/21

19/2/21 TIS Senior Tennis Championships

DP MUN (Virtual) 19-21/2/21 MYP Mock eAssessments 22-26/2/21

MYP Community and Personal Projects Virtual Exhibition 6/3/21

TIS swimming championships (3.00-5.00pm) 7/3/21

9 - 19/3/21 DP Mock Exams

13/3/21 SAT;

19/3/21 Maths/Science Intercolour Quiz (7.00-8.30pm);

20/3/21 Pre-ACT;

Dukies Expedition Camp (Gold and Silver) 24-27/3/21

Mid-semester break [K1-G9] 29/3-9/4/21 29/3/21 Mock reports (G10&12) published

Good Friday (PH) 2/4/21 Easter Monday (PH) 5/4/21

ACT 17/4/21

29/4/21-7/5/21 G9 eAssessments

SAT 8/5/21

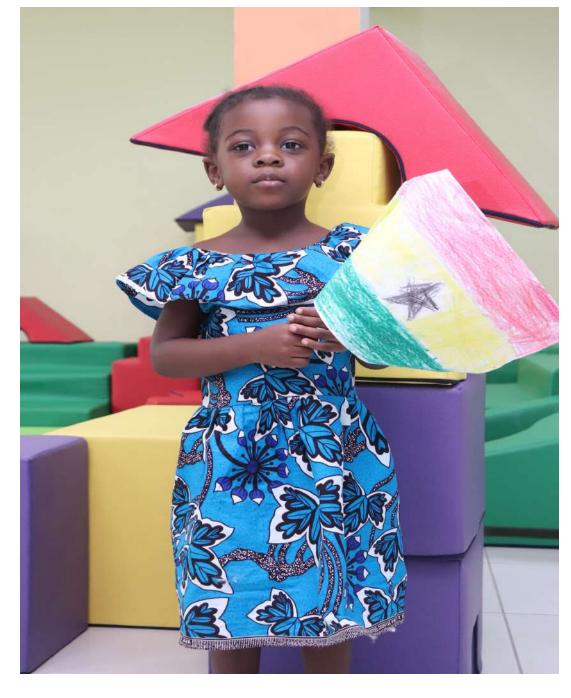
10 - 21/5/21MYP eAssessments 29/4 - 21/5/21**DP Final Exams**

Hostels Cleaning; Students depart hostels 22/5/21

26/5/21 S2 reports published Last day for teachers 28/5/21 2021 Graduation 5/6/21

29/5-1/6/21 Staff Dukies' Expedition camp

Primary School Campus						
<i>S1</i>		S2				
10/8/20	Teachers resume	7/1/21	Teachers resume			
31/8/20	First semester commences	11/1/21	Second semester commences			
3/9/20	Meet the Teacher Info Session					
23/9/20	International Day of Sign Languages					
		19/2/21	End of UOI #4 Celebrations			
5-9/10/20	Student-led interviews	26/3/21	End of UOI #5 Celebrations			
19-23/10/20	Mid-semester break	14/5/21	PYP Exhibition (11.00am			
26/10/20	Classes resume	14/5/21	End of UOI #6 Celebrations			
13/11/20	End of UOI #2 Celebrations	21/5/21	Last day of second semester			
1/12/20	Admissions open for 2021/2022					
2-3/12/20	PYP Authorisation visit					
11/12/20	End of UOI #3 Celebrations					
11/12/20	Last day for first semester					





Learning Through Games



Our world is fast-changing and educators are looking for ways to keep students motivated to learn, while having fun. One great way this can be achieved is through games. Games can be incorporated into key learning areas as teaching and learning tools, or assessment strategy. They can also be employed as a class motivator to help students acquire certain essential skills.

Games may come in various forms, such as computer games, board games or outdoor games. Its selection, however, needs to be well planned in order to help achieve the desired results. With this in mind, teachers need to carefully think about the skill they want students to acquire, and then tailor the game to meet this need.

Incorporating games into classroom activities has many benefits for all learners. Some of these benefits are:

Motivation to Learn

Playing games in the classroom increases overall motivation. By playing games, students become more motivated to learn, pay attention and participate in set tasks. Games help students to play active roles in teams, as well as take responsibility for their own learning. They can also be a great classroom management tool, helping to motivate a class.





Students practising their counting skills using a 'Hop, Count and Run' game



Learners honing various literacy and numeracy skills, while having fun

Improved Thinking Skills

Most games require problem-solving strategies and planning. By applying a range of strategies in a game, students are able to use their working memory to solve problems, increasing their cognitive abilities. Stimulating the brain with game strategies can be a great brain workout!

Strengthening Understanding

Playing a range of content-specific games can increase memory! As they play a game, students need to remember important details about a topic, and also use their working memory to think and act quickly.

Student-designed games are among the most effective. As students construct a game, they are required to use their memory of specific content to create suitable questions and answers, and subsequently, play the game using their recollection of the topic. Games are also a great tool to use in the classroom to consolidate new knowledge.





Students consolidating their knowledge of subtraction, while enjoying 'Roll Bowling' and 'Cup Tower' games.



Students involved in a multiplication game

Improving Social Skills

Playing games in the classroom increases class cooperation. Classroom games can also be used as team-building exercises! Students can be made to play games in groups in order to learn the skills of collaboration and cooperation. In this way, students learn how to take turns, develop mutual respect, listen to others and play fairly.

Friendly Fun

Playing games in the classroom is always great fun!

When playing a game, endorphins are produced that stimulate the brain and give students a feeling of euphoria. This feeling of euphoria creates a great sense of happiness and excitement for students in the classroom, stimulating a positive learning environment.



Teams competing in a 'Fastest Finger' multiplication game



A 'Kahoot' game to reinforce the mathematical concept of probabilities.





TEMA INTERNATIONAL SCHOOL

ACADEMICS



At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



Vol.17, No.35 BOL, IB Class of 21 15

STEPS TO PAY SCHOOL FEES VIA MTN MOBILE MONEY



- 1. Dial *170#
- 2. Select MoMoPay & Pay Bills
- 3. Select Pay Bills
- 4. Select **School fees**
- 5. School Fees Payment Service (Select option 1)
- 6. Search for the School by;
 - 1. Name (TEMA INTERNATIONAL SCHOOL)
 - 2. Alias (TIST)



- 7. Enter <u>Student ID</u> Confirm your **Name** and enter **Amount to be paid**.
- 8. Enter **Reference** (1st Term Fees)
- 9. Confirm your **payment** and exit.
- 10. You would receive a pop up to enter your MM PIN
- 11. Confirm payment.

You will receive an sms as confirmation for a successful Payment

CRITICAL QUESTIONS

Philosophy for anyone over 12

With Conrad Hughes & Mira Shibaru

Weekly lectures published every Friday on

http://bit.ly/philosophy-over-12

Monthly debates Wednesdays from 17h00 to 18h00 CET

29 September, 27 October and 24 November 2021, 26 January, 23 February, 30 March, 27 April and 25 May 2022. https://meet.google.com/bpz-xrbi-gou



To join, subscribe to the Ecolint YouTube channel: https://www.youtube.com/user/Ecolintvideos
Successful course completion leads to 1 Ecolint Learner Passport Credit for Lifelong Learning.









DP2s: Attention!! To excel academically you must be studious with your studies. Sit down! Open your Books and Study! That's all you need at this point.

DP2 University Enrollment Deposit:



Heard from all your universities? Please note the following;

• The enrollment deposit slot deadline is 1 May, 2021 for all USA universities and some Canadian Universities as well. To pay the enrollment deposit, you may have to log into your application portal of your university and follow the link for paying your enrollment deposit. Deposits will have to be paid with a credit/visa card online and note that some deposits are non-refundable and range from about \$200 to as high as \$700.

- For Canadian schools, kindly check on your OUAC portal to know the specific deadline for enrollment deposit payment due to secure your admission offer.
- Students applying to Canada must start the Canadian visa application process right away to avoid disappointments, as the Canadian Student Visa application process can take 3-4 months or more.

Note: Kindly communicate with your parents to make the deposit as soon as possible to secure your university spot. You have barely 1 week left to secure your spot by paying the deposit. So, please remind your parents.



All DP2 UK Applicants should please confirm via email with approval from their parents their firm and insurance universities. Email your counsellors before Monday, 26 April 2021, and copy your parents. Then log into UCAS Track to select your firm and insurance UK choices and submit. Once you miss your deadline, you miss your university spot. No delays!



DP2 GHANAIAN UNIVERISTY APPLICATIONS STILL OPEN AND ONGOING.

As a policy here at TIS, we highly recommend that you have at least one Ghanaian university application completed. **See your counsellor to apply now**. Details are in earlier Bulletins. Ashesi, Lancaster University Ghana, Academic City College, Webster University Ghana, Accra College of Medicine, Family Health Med. School, University of Ghana, are open.



University of Dundee Competition TIS places 2nd!

At Tema International School (TIS), celebrating our students' success stories is our greatest pride! We congratulate our team comprising **Chelpang, Awurabena, Nana Yaw, and J'dyl** (DP1s) for their fabulous performance at the recently held mooting competition by University of Dundee. Competing against 12 schools in 5 African countries is no mean feat. Keep up the great work! For the next competition, TIS will definitely emerge winners!



HERE IS AN EXCERPT FROM THE PRESS RELEASE BY UNIVERSITY OF DUNDEE:

"Africa's lawyers of tomorrow celebrated by UK University:

The debating skills of Africa's future legal experts have been recognised as outstanding in a competition hosted by a leading UK university.

Pupils from schools in Ghana, Kenya, Nigeria, Uganda and Zimbabwe participated in the University of Dundee's African Schools Mooting Competition 2021.

The competition saw 13 teams, each made up of four young people, make a case against an opposing counsel and before two judges.

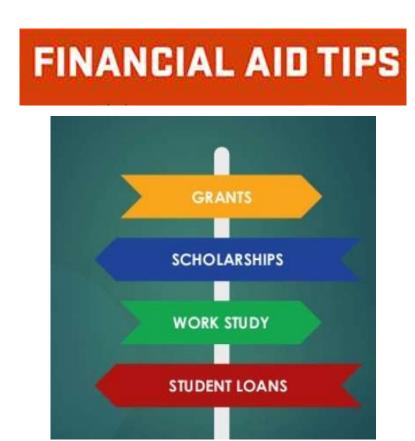
They were asked to make submissions in a fictitious civil law appeal before the United Kingdom Supreme Court, with the team from Brookhouse School, Nairobi, Kenya, declared winners after performances of the highest standard. The team from Tema International School (TIS) in Ghana were named runners up, with Chisipite Senior School in Zimbabwe finishing in third place.

Professor Peter McEleavy, Barrister, Professor of Law and Academic Lead for Sub-Saharan Africa at the University, said, "This is the fifth Mock Trial Competition Dundee Law School has run in Africa. Whilst the global pandemic meant that we were not able to conduct the competition face-to-face, the move online opened the door to making it a pan-African event. It was wonderful to bring schools and young people together from across the continent.

"The standard this year was the highest we have encountered. The senior high school pupils got to grips with complex legal concepts and produced compelling submissions. I have no doubt that many will go on to be legal stars of the future."

Each member of the winning team will receive a £100 voucher and a scholarship of £5,000 per annum should they apply and be accepted to one of Dundee's LLB programmes. Members of the runner-up team will received a £50 voucher and a potential scholarship of £2,000 per annum."

AGAIN, CONGRATS TEAM TIS!!!



DEAR DP1 PARENTS, FINANCIAL AID VIRTUAL ONE-ON-ONE MEETINGS WITH YOUR CHILD'S COUNSELLOR ARE ONGOING. Please respond to the email invitation and book your appointment for an online zoom meeting to discuss funding opportunities for your ward. Meetings are ongoing.

Guidance Lesson: Grade 10 Stress Management

Teacher of Psychology and Emotional Counsellor, Dr. Sandra Assan, took the Grade 10s through a very helpful lesson on stress management.

Enjoy reading students' reflections:

"Today's Guidance was about stress management. As students, it is normal and expected of us to feel anxious, stressed and overwhelmed. This session dealt with how we can envelope all these mutual feelings into something positive and great. We went through some relaxation exercises to help us connect with our thoughts and know how we felt towards our upcoming final IB MYP 5 examinations. Some of us shared our thoughts with our colleagues to figure out how we can help each other grow and deal with how we feel. The five guides which were mentioned to help us prepare towards the examination during the class were; having a planner, making use of academic friends, changing our mindset, making use of our support system and introspection method which is the examination of one's own conscious thoughts and feelings. I enjoyed the session because I hardly express myself and share how I feel to others but through this I was able to gather courage and share my feelings with the class. I took notes of the guides and I am determined to stay focused in order to excel in the exams". "Emmanuella Manukure"

"The Guidance session on stress management was very informative as I learnt a lot about how to manage stress in challenging times. The therapies taught were very useful as they can help one to meditate, relax, and arrange his/her thoughts together. Some other things we were also advised to do were to make use of support systems (such as families and friends), as well as seek academic support from teachers and fellow students. What was also very key to me was seeking spiritual help, as through our maker anything can be achieved. I am looking forward to applying these actions in subsequent days in order to excel in my final exam". "Roman Agyeman"

"Our Guidance session which focused on stress management was led by Aunty Sandra. With the final examination approaching, my peers and I have been faced with increased levels of anxiousness and stress due to numerous reasons. This session aided us to share our thoughts and feelings and provide assistance to one another and how we can overcome our struggles. A number of suggestions were provided by our counsellors and Aunty Sandra and some of them include: getting planners, seeking for support from our friends, family and teachers etc. Generally, this session was helpful for my peers and it has helped us to gain a number of solutions to tackle our feelings towards the approaching examination".

~ Ramatu Ibrahim~



DATES AND INFORMATION



2021-2022 TEST DATES

See current and New SAT dates below:

- 8 May 2021
- 28 Aug. 2021
- 18 Sept. 2021*
- 02 Oct. 2021
- 04 Dec. 2021
- 12 March 2022
- 07 May 2022

*September date is tentative, yet to be confirmed by College Board

DP1s, don't wait until the eleventh hour to register. Register now to avoid any disappointments! https://collegereadiness.collegeboard.org/sat/register/international

<u>SAT Registration Fees (To complete registration online full payment with credit card only. Visit www.collegeboard.org)</u>



College Board Will No Longer Offer SAT Subject Tests or SAT with Essay

THIS KICKS INTO EFFECT RIGHT AFTER THE JUNE 2021 SAT TEST ADMINISTRATION DATE.

SAT without essay \$95 – Online payment only with visa/credit card.

Registration for the MAY SAT Exam is now closed.



2021 PSAT REGISTRATION ONGOING;

DEAR GRADE 9s, WANT TO TAKE THE PSAT EXAM IN OCTOBER THIS YEAR?

Please discuss and confirm with your parents this weekend, so you can sign up next week for the Preliminary SAT Exam (PSAT). This provides an opportunity for you to 'practice' and familiarize yourself with the format of the SAT Test and you stand the chance of getting a scholarship for college if you excel and are an American citizen. **CONFIRMATION EMAIL FROM YOUR PARENTS REGARDING YOUR DECISION TO TAKE THE PSAT EXAM IN OCTOBER, IS DUE NEXT FRIDAY 30 APRIL, 2021.**

ACT 2020-2021 TEST DATES (COMPUTER-BASED TESTING ONLY!)

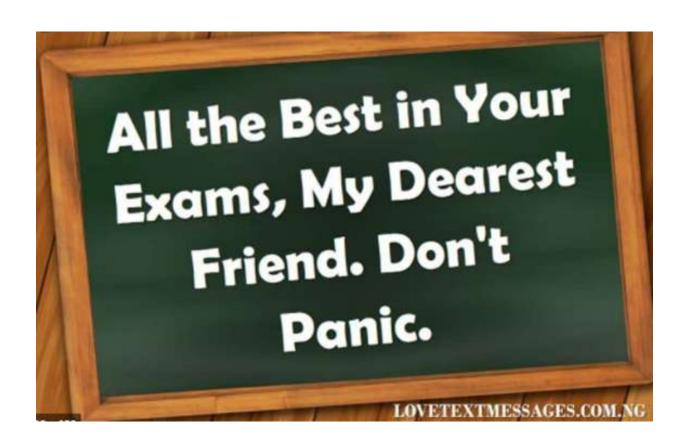
ACT Registration Fees (Online payments only: Visit www.actstudent.org):
ACT plus writing – U.S. \$166.50, without writing- U.S.\$150.00 (TIS Test Centre Code: 870390, but inform counsellor first).

*To complete registration, payment must be made online in full with a credit card.

ACT April DEADLINE coming up. STEM students have an edge when they take the ACT.

CURRENT & NEW TEST DATES FOR ACT 2021-2022

- 11 Sept. 2021
- 9 Oct. 2021
- 11 Dec.2021
- 2 April. 2022
- 11 June 2022





TEMA INTERNATIONAL SCHOOL

CULTURE



At TIS, we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.



Vol.17, No.35 BOL, IB Class of 21 25

RETURN TO SCHOOL PROTOCOLS

Dear Parents,

All students must produce a valid* negative COVID test result to enter the campus (* 72 hours prior to return).

TIS has also made arrangements with,

Sonotech Medical and Diagnostic Centre

Branches: Osu - 0206161908 (close to Danquah Circle) and Tema community 9 - 0303319796 (opposite Tema General Hospital)

The discounted rate is GHC200 for results in 24 hours.

• LEDing Medical Lab for a discounted price for COVID tests.

Website: https://portal.ledingghana.com/booking/corporate-intro

Corporate/Bulk ID: 2227

Contact Person's No: 0244690135

The discounted rate is GHC250 for results in 48 hours. You must use the Corporate ID when booking online to access the discount.





IB learner profile

The aim of all IB programmes is to develop internationally minded people who, recognizing their common humanity and shared guardianship of the planet, help to create a better and more peaceful world.

As IB learners we strive to be:

INOUIRERS

We nurture our curiosity, developing skills for inquiry and research. We know how to learn independently and with others. We learn with enthusiasm and sustain our love of learning throughout life.

KNOWLEDGEABLE

We develop and use conceptual understanding, exploring knowledge across a range of disciplines. We engage with issues and ideas that have local and global significance.

THINKERS

We use critical and creative thinking skills to analyse and take responsible action on complex problems. We exercise initiative in making reasoned, ethical decisions.

COMMUNICATORS

We express ourselves confidently and creatively in more than one language and in many ways. We collaborate effectively, listening carefully to the perspectives of other individuals and groups.

PRINCIPLED

We act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences.

OPEN-MINDED

We critically appreciate our own cultures and personal histories, as well as the values and traditions of others. We seek and evaluate a range of points of view, and we are willing to grow from the experience.

CARING

We show empathy, compassion and respect. We have a commitment to service, and we act to make a positive difference in the lives of others and in the world around us.

RISK-TAKERS

We approach uncertainty with forethought and determination; we work independently and cooperatively to explore new ideas and innovative strategies. We are resourceful and resilient in the face of challenges and change.

BALANCED

We understand the importance of balancing different aspects of our lives—intellectual, physical, and emotional—to achieve well-being for ourselves and others. We recognize our interdependence with other people and with the world in which we live.

REFLECTIVE

We thoughtfully consider the world and our own ideas and experience. We work to understand our strengths and weaknesses in order to support our learning and personal development.

The IB learner profile represents 10 attributes valued by IB World Schools. We believe these attributes, and others like them, can help individuals and groups become responsible members of local, national and global communities.



Tips for Battling Senioritis in High School

- Got accepted into your dream university? Kudos! Be consistent in your academics to secure your slot.
- · With a fall in grades, you can lose your slot into that dream university.
- · Be balanced, challenged and stimulated....
- Remember, your high school transcript & final grades will be on your CV/resume for life- make sure you put in your best!
- Need help? Always talk to your College Guidance Counsellor for assistance and support.
- · It is a great feeling to finish well. Be committed to excellence!
- · Don't stress. Take it a day at a time but don't forget to have fun!

CASSA - Corner

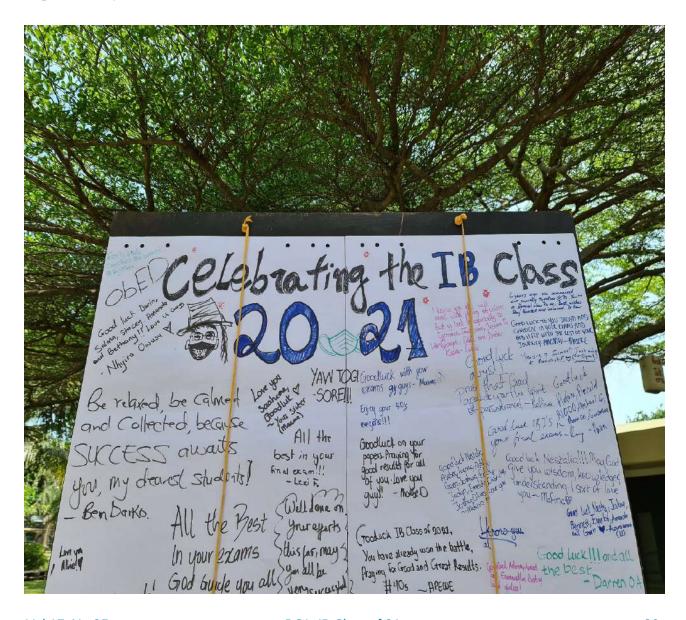


TIS YouTube Channel – Enjoy this Week's Assembly, organised by Team 1 - Lena Dodoo – Leader, Elorm Godzi – Editor, Essilfua Ansah, Apewe Chigabatia, Keisha Okai, Joshua Mefful and Rudolph Dogbegah – Presenters

If you would like to participate in the Weekly Assembly, kindly email Mrs. King at <u>surama.king@gmail.com</u> with details of your presentation.

Don't forget to like, comment, share and subscribe to the TIS YouTube Channel:

https://www.youtube.com/watch?v=eROWP58I4MU



Service as Action - Litter to Arts Project



Participants: Jessie Ofori-Appiah, Annette Ajavon, Victoria Su, Dasebre Manu, and Nana Yaa Owusu-Manu – **G9**

We're still in the process of completing our project, but so far we have an idea of what we want to do and what we want to achieve. Our project is about reducing the litter we create in our environment. There are bins around, but some students tend to litter and it makes our

environment look messy.

First, we'll design posters and paste them around the school to inform/remind students to stop littering and to take care of their environment. We also plan to create a video talking about what litter is, how litter is affecting our environment, and what we can do to stop littering.

Service as Acton - Comic Corner - Raising Awareness on Harassment.



Participants: Seffirina Masoperh, Bilqis Naasr-Deen, Kabuki Caesar, Fikayomi Oguranti, Ayomi Asante, Winston Mwindaare, Malyka Owusu, Veronica Arthur, Fadila Abdoulzakou and Michelle Jackson. **G9**

For our SA group project, we settled on creating a comic circled around the various forms of harassment to put in the school bulletin, as well as creating t-shirts that showcase anti-harassment

messages. Before we came to this decision, we had brainstormed different ideas, such as making a poster on world peace and collaboration with the PHE group to make fitness t-shirts and hoodies.

These ideas weren't necessarily bad, but we all agreed they were a bit bland. We liked the t-shirt idea, and wanted to evolve it into something more appealing and creative. We also liked the idea of spreading awareness about harassment, which had been a brief part of our brainstorming. We eventually decided to combine these two ideas, which lead us to our final main idea. Deciding to add the comic came later on in the plan after we'd settled on a solid concept (Spreading awareness about harassment).

When deciding, we separated into 2 groups: An art group and an article group. The art group are the ones who draw and come up with ideas for the comics and bring artistic designs to the

work and the article group are the ones who research, analyze and make the anti-harassment message for the group.

CAS Project – Ecoville





I am very excited to have completed the first stage of this project and I hope the latter stages are completed at a quicker pace. The EcoVille team had spent weeks planning, we had made orders, set a date and all that was left was making sure everything was executed properly and on time. As the president, I needed to make sure everyone knew what they had to do and if there were any setbacks or problems I had to quickly come up with a solution and keep morale high. The organiser (Seyram) and the secretary (Mafina) did an excellent job of jotting things down and carrying the weight of the work with me. The week leading up to the event was very stressful, I always got back from school exhausted.

Each item that needed to come to school was already ordered and scheduled to come on time but on Tuesday we started to face some challenges. We couldn't find the powdered drink we originally wanted to use in our cocktail so we had to quickly ask the CAS team for assistance and thankfully they happily helped. We had taken too many chicken nugget orders but thankfully our loving parents were able to supply more before D-Day.

Then it was Friday the 16th and we had forgotten to make ice days before and only remembered to do so that morning. The cooking process was very smooth and easy going thanks to **Auntie Abigail**, **J'dyl**, **David and Shaniqua** who led the cooking.

We also couldn't have ensured social distancing

and easy communication if it weren't for **Chelpang**, **Apewe and Cyril**. While selling, the spring rolls ran out but our customers were very understanding and satisfied with the replacements we offered. Our cocktail reserve also started depleting but thanks to **Seyram's** quick thinking we were able to replenish it. It was very scary and nerve racking having so many challenges but because of our patience, quick thinking and teamwork we were able to successfully sell everything and reach our target. The next stage is to purchase the bins, set up the club, educate the school on what can be recycled and what can't and finally commence the recycling system. I am looking forward to accomplishing **EcoVille's** upcoming goals.

CAS Project - SAVE AN EYE INITIATIVE (Update)





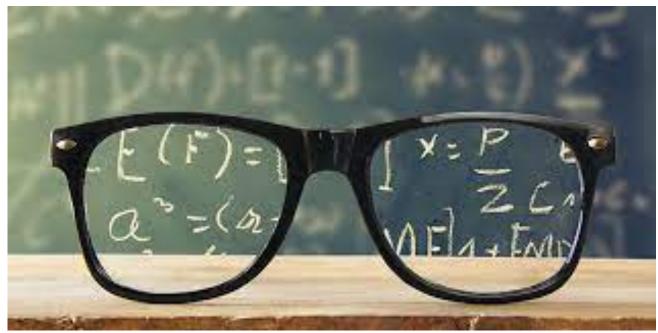


Finally, 75% of the project has been done. For those who were unable to follow the last time, I am Essilfua Ansah, the president of the **Save an Eye Initiative** that is aimed towards providing free medicated glasses for students in an underprivileged school in Ghana. The project is spearheaded by me and co-directed by **Cyril Davis, Nuna Folie and Janelle Owusu**. We found it very necessary to undertake this project because, ³/₄ of our members wear glasses, hence we will also to support our brothers and sisters elsewhere who are unable to see clearly, to excel in the future.

We identified The Tetteh Ocloo School of the Deaf which is situated at Adjei-Kodjo in Ashaiman. It was mind blowing to see the number of students who required immediate eye care, be it eye medication or medicated glasses. I, for one, was very sad because it was already unfortunate that the students were already deaf and dumb and also facing eye challenges in one way or the other. Realising this drove the whole team to work harder. This included the rest of my team mates who were not on the ground, but were pulling weight to receive funds as well as the medical team we worked with. We had the opportunity of working with very dedicated doctors, nurses and translators. Once again, we would like to express our gratitude to Dr. Daniel Bosiako Antwi and his team for their support and dedication.

Throughout the process, we were able to screen a majority of 169 students. The first screening

took place on the 27 March, 2021, and the second on the 10 April, 2021 at **The Tetteh Ocloo School of the Deaf** premises. From the 169 students, 55 were prescribed to wear glasses and 100 were provided with medication.



Thank you to all sponsors and individuals who has donated so far, we are truly grateful. We are still pulling weight to reach our targeted goal of GHC 15,000. We appeal to everyone to contribute to allow us to reach our goal. We challenge anyone who wears glasses to make a donation, put yourselves in the shoes of these students and support. Every donation counts. #Save an Eye, Make a Difference. DONATE: Momo 0543936488 Abigail Ahiadorme

Watch out for our Special Hot Dog Sales Fundraiser

Save the Date – 4 May, After School



CAS Project – The Gift





Purpose: To assist children in their learning **Type of Service:** Indirect

Learning Outcomes: Identify own strengths and develop areas for growth, demonstrate that challenges have been undertaken, developing new skills in the process, demonstrate how to initiate and plan a CAS experience, Show commitment to and perseverance in CAS experiences

CAS Strands: Creativity & Service.

Initiator: Hedia Dickson

On the 9 April 2021, my long-awaited recording session was scheduled. I had been planning this since September 2020, and it was originally supposed to happen in January 2021 but COVID didn't permit that and so it had to be postponed to April.

I had practised recording twice using the techniques and guidance the script writer for Sabre gave me and I thought I was prepared but I had so much more to learn. Walking into

the room prepared for our recording, I expected to be greeted by a grand recording set up but I am very glad it was something simple and minimalistic; along with the script writer one of Sabre's teachers who frequently records guided me through the recording process. The first lesson took the longest to record as I was being taught new ways to make my narration more interesting and engaging, I had to talk very slowly which is something I am not used to, I had to sing a few nursery rhymes which felt a bit silly and I had to take pauses between my speech as I had to pretend an audience was giving me a response. It was quite demanding but it was very fun and interesting, I was happy to do something outside of my comfort zone. Each lesson is about twenty minutes and I was able to record seven lessons which was less than I had anticipated but given the circumstances a great achievement.

This specific project taught me so much. I definitely developed more appreciation for teachers and the time and energy it takes to teach and develop a lesson plan. I learnt to listen because I was being taught the different techniques to use to make the lesson more appealing to kindergartners. I exercised my creative thinking and precision skills as I wrote the stories, I also became more open-minded and socially aware as I had to put myself into both a teacher and a kindergartner's shoes. All in all, this was a great experience and I will definitely do it again, if given the opportunity.

CAS Project - Bright Smiles - Your Weekly Online Dentist

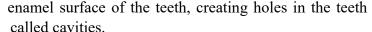
Initiators: Ewuraama Odamtten. Collaborators: Glori Yeboah, Araba Egyei-Mensah, J'dyl Vicker, Nana Appiah-Kusi, Maame Odamtten and Chelsea Somuah. G11

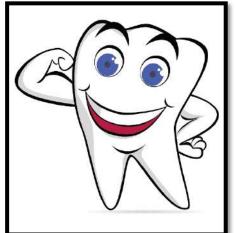


Did you know??? More than 300 types of bacteria make up dental plaque.

Your mouth is home to 300 types of bacteria. Plaque contains millions of bacteria, made up of 200 to 300 different trusted source species. The main culprit for poor tooth health is streptococcus mutans, which converts sugar and other carbohydrates into the acids which eat away at your teeth. Bacteria that live in the mouth digest these foods, turning them into acids. The bacteria, acid, food debris, and

saliva combine to form plaque, which clings to the teeth. The acids in plaque dissolve the





HOW TO DRIVE THE PLAQUE AWAY - Brush your teeth at least twice a day with a fluoride-containing toothpaste. Preferably, brush after each meal and especially before going to bed.

- Eat nutritious and balanced meals and limit snacks. Avoid carbohydrates such as candy, pretzels and chips, which can remain on the tooth surface. If sticky foods are eaten, brush your teeth soon afterwards.
- Visit your dentist regularly for professional cleanings and oral exam.

And as always keep a fresh breath and a pleasant smile.



Follow us on instagram: @bright smiles1

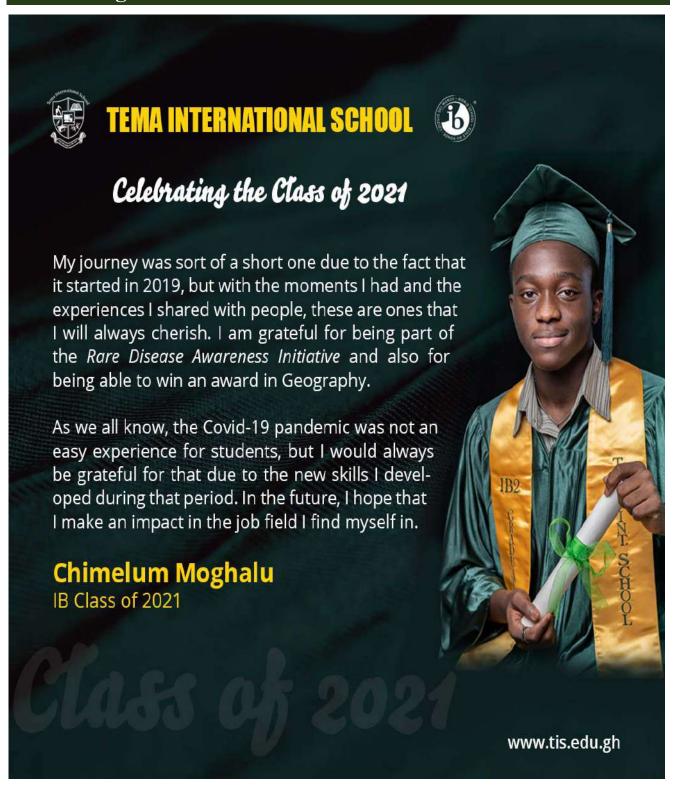
The countdown has begun, so let's celebrate the **Class of 2021**. Check our social media for daily posts where you get to know the amazing individuals of the IB Class of 2021. We will learn about their achievements since they joined the TIS family, the fond memories and the lessons learnt through Covid-19.

Save the date – Saturday, 5 June, 2021 for the IB Class of 2021 Virtual Graduation.

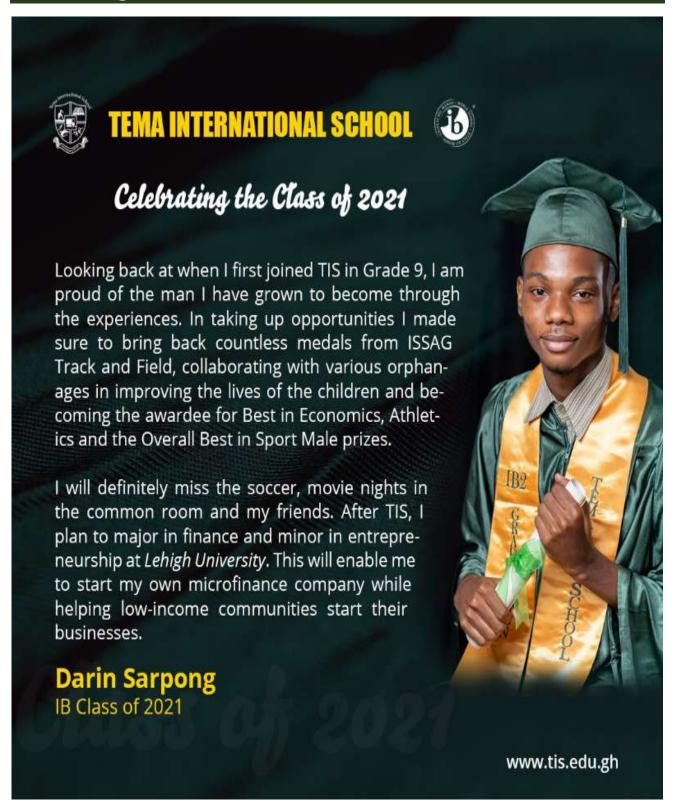
@tis_Ghana - Twitter@TISGhana - Facebook@tema_international_school - Instagram





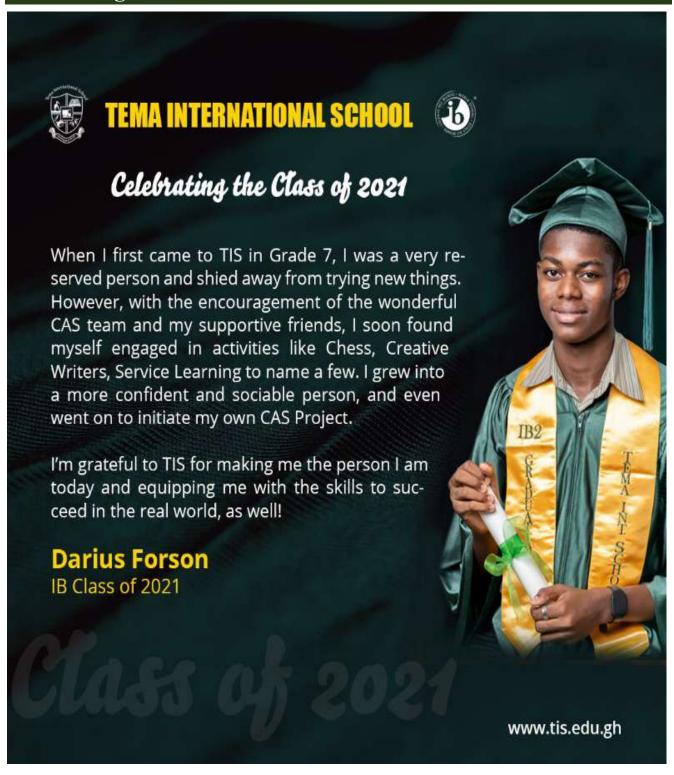








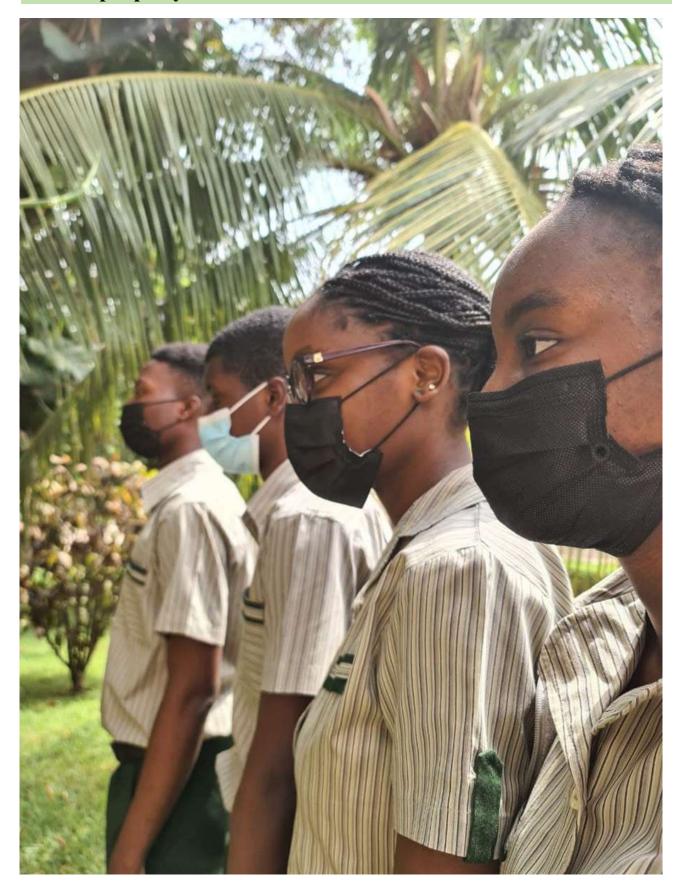








How to properly wear a face mask





TEMA INTERNATIONAL SCHOOL

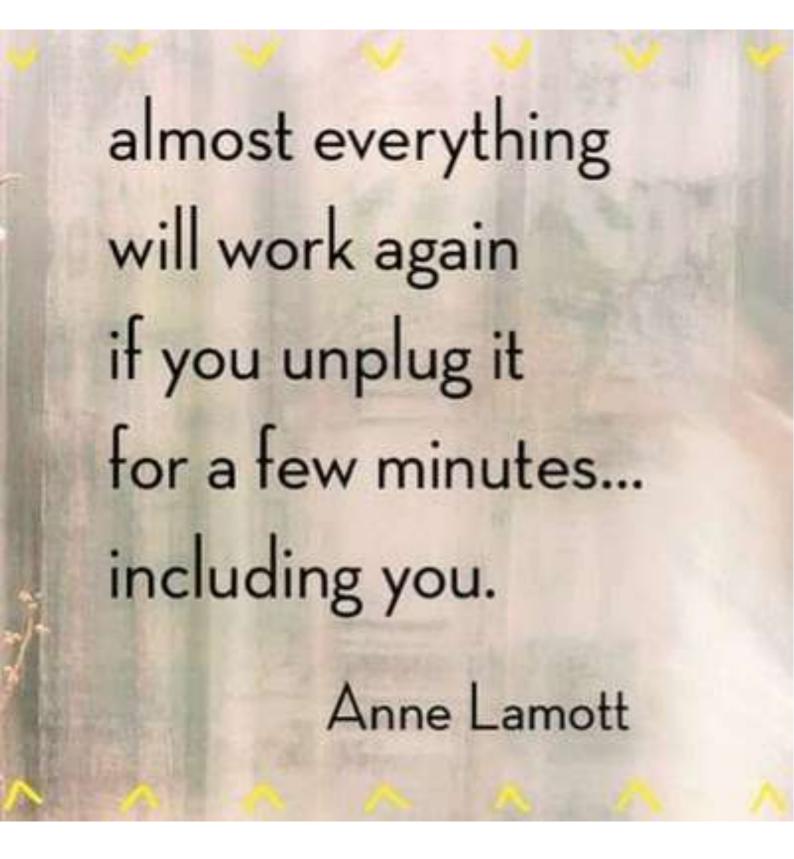
SERVICE



At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.



Vol.17, No.35 BOL, IB Class of 21 48



To Dolist

FOCUS

WORK HARD

BE CREATIVE

OPEN YOUR MIND

SPREAD POSITIVITY

STAY AWAY FROM DRAMA

ENJOY THE LITTLE THINGS

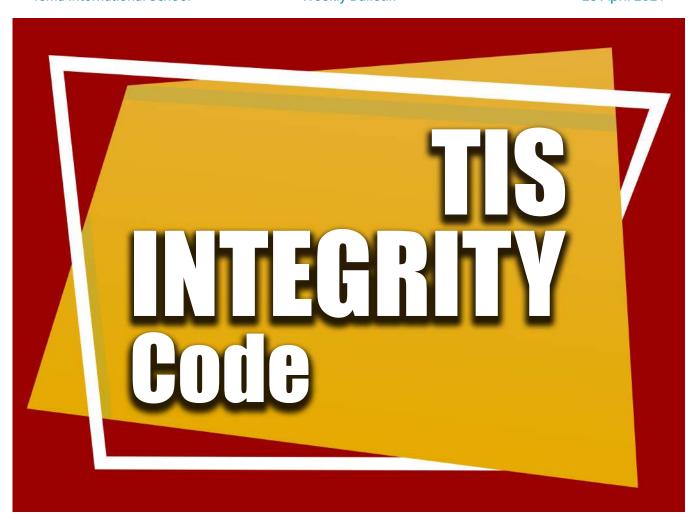
PUT IN 100% EFFORT

TAKE CHANCES

SMILE MORE

BREATHE

FLIPANDSTYLE



"TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member.

As a TIS family member,
I promise to uphold and demonstrate its values,

and protect the reputation of the school.

I make this pledge in the spirit of honour and trust."





