

TIS RECORD

P: +233 303305134 | E: info@tis.edu.gh | W: www.tis.edu.gh

At TIS,

we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.

Contents

- PYP News: Page 10
- CASSA Corner: Page 20
- Guide Post: Page 45

Exeats

- Exeat requests must be completed online at: <https://www.tis.edu.gh/forms/>
- All exeat requests must be received at least 72 hours ahead of time. **An exeat will be refused if a student has any outstanding work.**
- The frequency of exit requests will be monitored.

Thought for the Week

The most difficult thing is the decision to act; the rest is merely tenacity. The fears are paper tigers. You can do anything you decide to do. You can act to change and control your life; and the procedure, the process, is its own reward.

- Amelia Earhart



We Are Ready!

This is an exciting time of the year when we welcome our Newbies to the Main Campus. On Wednesday, we enjoyed meeting our 2022 Newbies and their families. At Wednesday's meeting, I spoke about the opportunity to become successful as a result of their TIS experience.

At TIS, we offer you the keys to success. However, it is up to you to take those keys and keep them. The keys to success encompass four components:

- As an IB World School, the IB Learner Profile is at the centre of each program. The 10 IB Learner Profile attributes that define learners are: knowledgeable; thinker; inquirer; communicator; reflective; balanced; caring; principled; risk-taker; and open-minded.

Demonstrate daily each of these attributes authentically and you are well on the way to success. But, during your time at TIS,



"My definition of integrity is a set of beliefs, values, and actions that others can depend on."

-Steve Bollar

SAT & ACT

- Best advice: students who are required to complete SAT and/or ACT requirements should do so by the end of Grade 11. Leave it until G12 and you have created a personal time-management monster.
- Please follow instructions and details provided in the weekly Counsellors' Corner section of the TIS Bulletin.

Visiting Protocols

For visits until 30 September parents will be required to book their visit online. Please go to:

<http://www.schoolinterviews.com.au/code/9923u>

Complete your details and click *next* to select your day and time. Then click next to receive a confirmation of your booking.

If you do not receive confirmation of the date and time, then you have not completed your booking.

Weekend times will usually go from 2.00 - 5.00pm on Saturdays, Sundays and public holidays. Sessions are 60 minutes.

No food or drink may be consumed during a visit.

Book early to avoid disappointment.

Thank you for your cooperation.

expect and be willing to change as an individual because of the personal growth that occurs.

- Balance is essential for your own wellbeing. At TIS, being balanced means working to the best of your ability in academics, being involved in sport (and exercise), participating in cultural activities and making a personal commitment and contribution to service projects. Being balanced complements the Dukies program and each student 14 years and over is expected to achieve at least one Dukies Award while they attend TIS.

- One of our tipping points at TIS is the experiences that are available to students so that they can challenge themselves, demonstrate the Learner Profile attributes and satisfy requirements for the Dukies' awards program.

- The ultimate badge of honour at TIS is to be a person of integrity. Integrity is doing the right thing when no one is watching you. At TIS, we have an integrity code and we expect all students, staff and parents to abide by our integrity code. As a TIS family member, we promise to uphold and demonstrate its values and protect the reputation of the school. Breaching the integrity code brings into question your role in the TIS family.

Each of these four keys require a growth mindset, persistence and passion. Each key will challenge and change you as a person. What will determine your level of success will be the challenges you take, the choices you make, the actions you initiate and the opportunities in which you participate. Success will follow those who demonstrate authenticity on a daily basis. But, in the end, it becomes a matter of choice. Not everyone is willing to challenge themselves or change by moving beyond their comfort zone. For these individuals, success will be elusive.



Making Us Proud

- Our Student Council Executives who returned early to school to plan the arrival and orientation of our 2022 Newbies. Annalisa Boahen, Darren Ansah, Arlene Agbotui, Yosi Fajemmirokun, Nuku Dzakuma, Phoebe Osei, Michael Labor, Karen Magna Quarshie, Tamar Tejan-Cole, Terrence Adegbeson, Ama Andah, Maame Ama Osei, Ryan Tano, Claris Perdison and Nhyira Owusu. We are grateful.
- Our Peer Buddies who also returned early to support the settling in of our 2022 Newbies: Nanette Ativor, Vanessa Stephens, Kwabena Boamah, Jeremiah Dzokoto-Gilgui, Ryan Addo, Dayna Sarpong, Dwayne Sarpong and Jefferson Agbesi. We are grateful.
- Mrs Emily Boahen, TIS Parent and mother of two Heads of Student Council (Lydia and Annalisa) and two boys J(effrey and Philip) at the Main Campus, for her inspiring insights to our 2022 Newbies on Wednesday. We are grateful.
- Alumni, Seyram Nutsukpui (2014) and David Masoperh (2018), for their wisdom and encouragement for our 2022 Newbies on Wednesday. We are grateful.
- Our 2022 Newbies who have settled in so well. Congratulations.

COVID-Protocols

Those students who have been vaccinated we've recorded the details for some of them. So, we don't need their cards again.

Those students we don't have or who have had boosters should bring their documentation to be recorded Sunday and then it can be sent back.

Those who haven't been vaccinated should just come.

For large gatherings, masks are encouraged.

If unwell, wearing a mask will be compulsory.

If a student tests positive for COVID, they will return home to complete isolation.

Visiting until the end of September will be by the booking system. See page 2. No food or drink can be consumed during these scheduled visits.

Admissions*Main Campus*

Limited vacancies exist in G7-9.

Primary School Campus

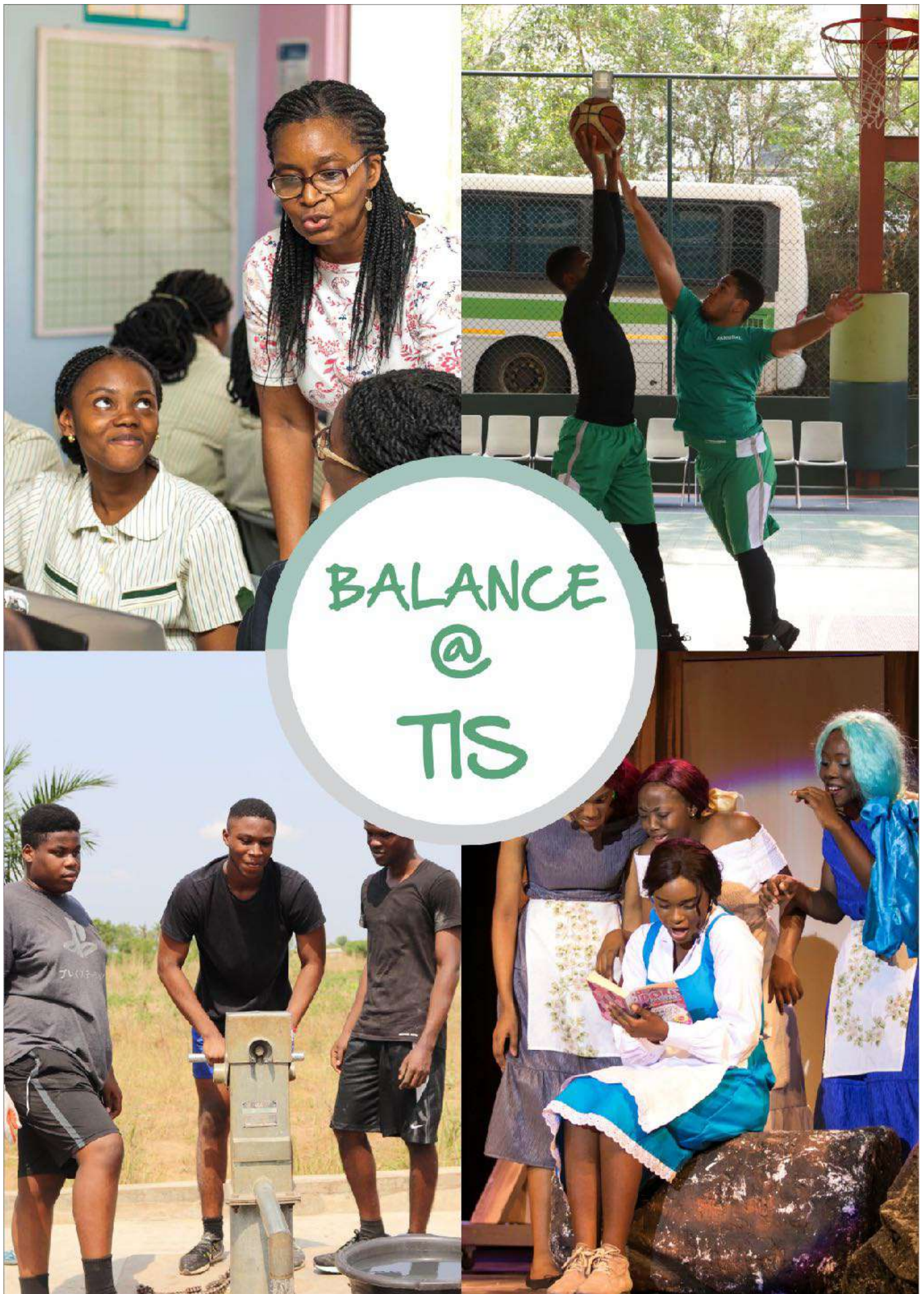
There are vacancies in all grades.

Primary School classes commence on 29 August.

Visit: <https://tis.openapply.com>

I appreciate your support.

Dr Ken Darvall (Principal)



TIS 2022/23 School Calendar

August 2022						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2022						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2022						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2022						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2022						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8		10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	









April 2023						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023						
Su	Mo	Tu	We	Th	Fr	Sa
		2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June 2023						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

July 2023						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

COLOUR KEY

	School Closed/ Holidays		Teacher in-Service Day (no school for students)
	Main Campus Event		First and Last Day of School (Main Campus)
	Primary Campus Event		First and Last Day of School (Primary Campus)
	SAT Test		ACT Test

Public Holidays

21/9/22	Kwame Nkrumah Memorial Day
2/12/22	Farmers' Day
9/1/23	Constitution Day
6/3/23	Independence Day
7/4/23	Good Friday
10/4/23	Easter Monday
24/4/23	Eid Al Fitr (TBC)
1/5/23	Labour Day

S1 Internal Dates: Main Campus

1/8/22	2022 MYP Results Released; 2021 MYP Enquiries Upon Results Open
1/8/22	Senior management staff resume
8/8/22	Teachers resume; review of school policies
15/8/22	Student Council executive return
17/8/22	Newbies arrive
21/8/22	Continuing students resume
22/8/22	Secondary School classes commence; G9 Subject Selection
27/8/22	SAT; TIS Junior Soccer Championships
28/8/22	School Performance auditions
3/9/22	Health Walk (6.00am);
9/9/22	TIS Senior Soccer Championships
10/9/22	ACT
17/9/22	TIS Handball Championships
21/9/22	Family Sporty Day
23/9/22	G12 TOK Exhibition; PP Criterion B draft due
24/9/22	TIS Volleyball Championships
1/10/22	SAT
3/10/22	TIS Founders' Day: Main Campus admissions open for 2023/2024
7/10/22	Inter-Colour Language Comp;
9/10/22	Founders' Day Thanksgiving Service (11.00am)
14/10/22	Creative and Literary Performances Gala Evening
15/10/22	PSAT
17-21/10/22	Mid-semester break
22/10/22	ACT
25/10/22	G12 EE Cafe
28/10/22	G9/G11 Changes to Subject Selections close; Intercolour Maths/Science Comp (7.00pm)
31/10/22	PP Criterion C draft due
12/11/22	Annual School Play
14-18/11/22	G10 end of semester exams
21-29/11/22	DP end of semester exams
25/11/22	PP Criterion C completion
27/11/22	TIS swimming championships (3.00 – 5.0pm)
30/11-2/12/22	Dukies' Expedition
3/12/22	SAT
5-6/12/22	Group 4 Project (G12)
7/12/22	Christmas Lunch; PP Final Report due
7/12/22-5/1/23	PP moderation (supervisors)
8/12/22	General Inspection.
9/12/22	Last day for first semester: Students may depart from 2.00pm.
10/12/22	ACT

S2

5-6/1/23	Staff training days (5: MYP; 6: DP)
5/1-20/1/23	PP Standardisation
9/1/23	Students return to hostels; applications for 2022 SC positions close
10/1/23	Second semester commences
10-15/1/23	Alumni Week
15/1/23	Alumni Thanksgiving Service
20/1/23	SC Manifest Readings
23/1/23	2023 Student Council elections by voting (7.00am-4.00pm)
25-27/1/23	IDU Days; G12 EE; G11 EE, 11/12 CAS Dukies Reflection Day
28/1/23	TIS Athletic Championships
29/1/23	Thanksgiving Service and Student Leadership Induction Ceremony
10/2/23	TIS Badminton Championships; TIS Junior Tennis Championships
11/2/23	TIS Science Fair
16/2/23	G11 TOK Exhibition
17-18/2/23	TIS Basketball Championships; TIS Senior Tennis Championships
18/2/23	Chocolate Friendship Day
20-24/2/23	MYP Mock eAssessments
20/2-2/3/23	DP Mocks
25/2/23	General Inspection
4/3/23	MYP Projects Exhibition (Personal & Community)
10/3/23	TIS Squash Championships
11/3/23	SAT (Digital)
14/3/23	Pi Day
25/3/23	Expression Day
26/3/23	Exam Candidates Service
30/3-2/4/23	Dukies' Expedition
3-14/4/23	Mid-semester break
15/4/23	ACT; PP Criterion A draft due
20-26/4/23	G9 eAssessments
21/4/23	G11 EE Cafe
28/4-19/5/23	DP Final Exams
5/5/23	G9 (2023/2024) & G11 (2023/2024) subject selections commence;
6/5/23	SAT (Digital)
8 – 21/5/23	MYP eAssessments
9-18/5/23	G11 semester exams
30/5-2/6/23	Dukies' Expedition
2/6/23	Hostel Clean Up
3/6/23	2023 Graduation and Achievers' Day; Last day for Secondary Classes
4-7/6/23	Dukies Award Expedition
9/6/23	Last day for teachers; S2 reports published
10/6/23	ACT

Primary School Campus

Public Holidays

21/9/22	Kwame Nkrumah Memorial Day
2/12/22	Farmers' Day
9/1/23	Constitution Day
6/3/23	Independence Day
7/4/23	Good Friday
10/4/23	Easter Monday
24/4/23	Eid Al Fitr (TBC)
1/5/23	Labour Day

S1 Internal Dates (Primary School Campus)

8/8/22	Teachers resume
29/8/22	First semester commences
2/9/22	Meet the Teacher Info Sessions
22/9/22	International Day of Sign Language
26-30/9/22	Student-led interviews
30/9/22	End of UOI #1 Celebrations
3/10/22	TIS Holiday (TIS Founders' Day)
14/10/22	Sports Festival/ Wellbeing Day
17-21/10/22	Mid-semester break
12/11/22	End of UOI #2 Celebrations
18/11/22	Spelling Bee
9/12/22	End of UOI #3 Celebrations; Last day for first semester

S2

5-6/1/23	Staff training days
10/1/23	Second semester commences
17/2/23	End of UOI #4 Celebrations
24/2/23	Mother Tongue Day
24/3/23	End of UOI #5 Celebrations
24/3/23	Additional Languages Day Activity
1/4/23	Primary School Campus admissions open for 2022/2023
3-14/4/23	Mid-semester break
21/4/23	Book Day
19/5/23	Environment Day
2/6/23	PYP Exhibition (11.00am)
2/6/23	End of UOI #6 Celebrations
7/6/23	K3 and G6 Graduation
7/6/23	End of semester



TEMA INTERNATIONAL SCHOOL

P. O. Box CO 864, Tema, Ghana

E-mail: info@tis.edu.gh

Tel:

+233 303 305134

Website: <https://www.tis.edu.gh>

+233 303 308737

+233 24 963 7762

+233 50 384 9799

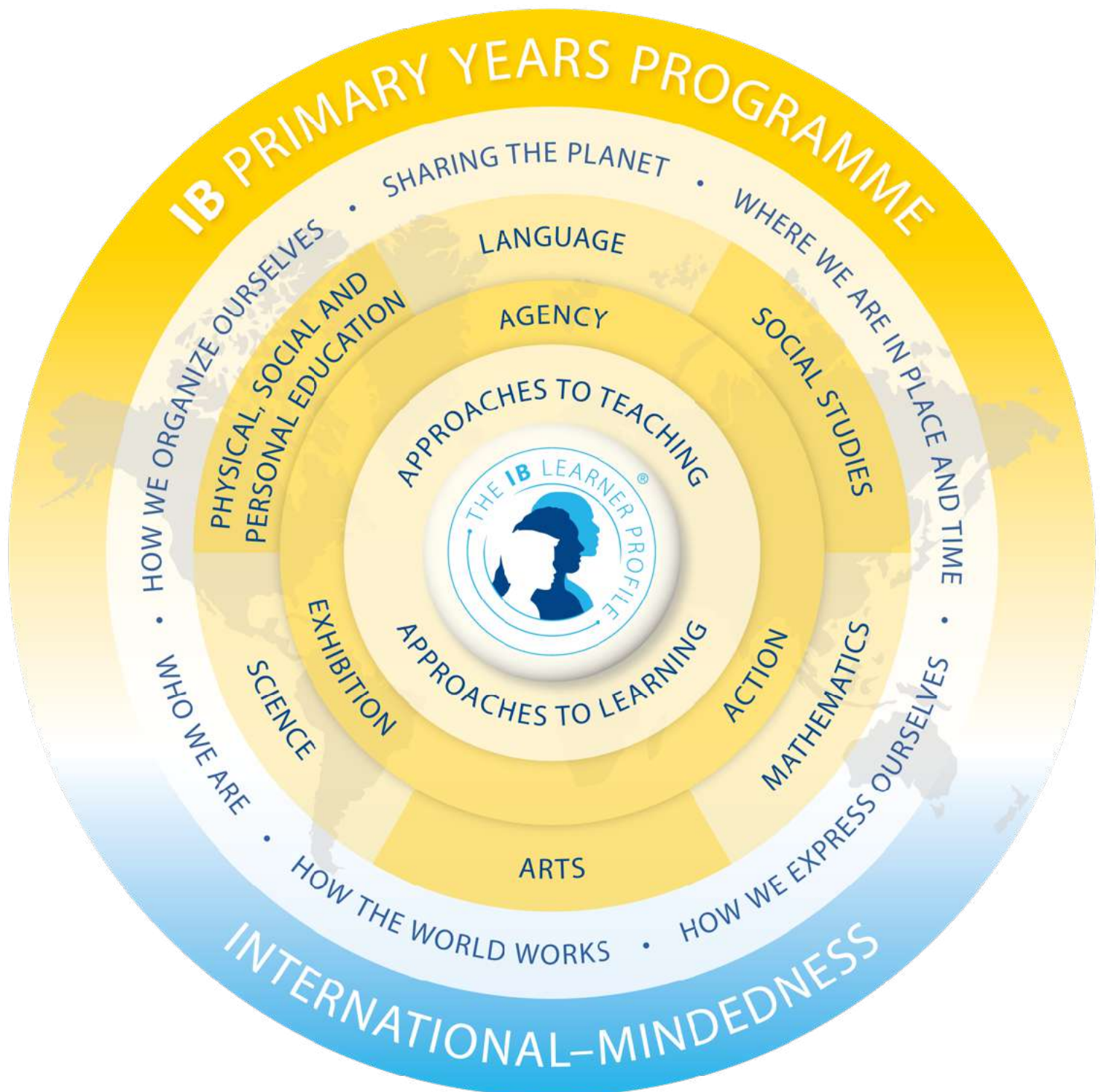


Device Minimum Specifications

Laptops – Windows or Mac

- ✓ Operating system - Windows 11
- MAC OS 11 or higher (OSX 12 recommended)
- ✓ RAM – minimum 6GB (8GB recommended)
- ✓ CPU – minimum 8th Gen Intel – recommended Gen 10 Intel i5/i7 or equivalent
- ✓ Hard drive – minimum 256GB (500GB Solid State Drive recommended)
- ✓ Wi-fi only – dual band 2.4ghz/5gh (5gh is required to connect to student wifi)
- ✓ Screen Size – at least 10”
- ✓ Anti-virus software – up to date at all times (Symantec Antivirus or Sophos Antivirus)
- ✓ Battery life – minimum 4hrs
- ✓ Protective carry case

Knowledge is the KEY



TIS PRIMARY SCHOOL – WE ARE READY!

"Give me six hours to chop a tree and I will spend the first four sharpening the axe."
Abraham Lincoln



members of the TIS-PY

Over the past couple of weeks, the TIS staff family has been in constant training, preparation and planning for this new academic year (2022/23). Having embraced new members of the faculty, the TIS Primary Years Programme has stepped up the preparation process many notches higher to fulfill beyond reasonable doubt her promise of delivering the best IB learning experience. In this edition, we would like to share a gist of what's going on in anticipation of the year ahead.

Training Sessions

Mr. Jacob Lumumba (PYPC) facilitated training on the curriculum. He reiterated the need for teachers to harmonize learning outcomes with TIS scope and sequence and explained how this would be achieved. The practice will lend each learner the tools and skills to attain benchmarks designated for their respective grades though from a phased level. His sessions also delved into the skills that foster authentic inquiry in the learning environment with practical exemplification of how that should be achieved. Teachers are becoming better learners and models of the IB learner profile.

The PYPC also facilitated an engaging conversation on the PSP2020 (Programme Standards and Practices). This was directed at ensuring a firm grip of the best practices and enforcing the standards most conducive for effective learning through inquiry within the Primary School learning community with a depth of our own contextual focus.



Perfecta and Angela gave the team a refresher on creating the right atmosphere, motivation and opportunity for learners to master the Approaches to Learning (ATL) skills. In their presentations they shared many strategies that guide teachers to accomplish this collectively as a unit.

They also touched on guiding learners to fail forward. This idea espouses that learning skills involves a series of failings. These imperfections or misses are totally normal within the learning context and the learner must be guided to consider each failure as a part of the process. The learner should be deliberately made aware of how to positively perceive the failings and own the assessment and be willing to take their next steps to success.

Collaborations Sessions

As staff strength has increased, so has the level of collaboration. There have been many sessions where teachers dialogue among themselves what could be the best practices and best ways to offer the most fulfilling learning experiences for learners across disciplines. For each grade level teachers have sat for hours deliberating and mapping out a unified transdisciplinary approach to ensure each unit of inquiry can offer a holistic learning engagement for every student.



These collaborative sessions have had each grade's central idea amply discussed by the entire team of teachers, and best ideas sieved and sorted into concise plans of action. This is to ensure that we hit the road running yet leave no one behind. Peer-to-peer collaborations were so engaging that it continued even at meals.



What Makes TIS Primary A Unique School



TIS Primary is a unique school because: it is a family school; we have qualified teachers; I have good friends, we have great facilities; we are good communicators; and we are open-minded.

Amewusika Tay



TEMA INTERNATIONAL SCHOOL



Primary School Campus Admissions Open For 2022/2023 Academic Year

Flexible admission screenings and interviews



Entry Points in 2022

Preschool

Kinder 1 (3-4 years)
Kinder 2 (4-5 years)
Kinder 3 (5-6 years)

Junior Primary

Grade 1 (5.5 - 7 years)
Grade 2 (6.5 - 8 years)
Grade 3 (7.5 - 9 years)

Senior Primary

Grade 4 (8.5 - 10 years)
Grade 5 (9.5 years - 11 years)
Grade 6 (10.5 - 12 years)

All admission applications will be online via Open Apply:
<https://tis.openapply.com>

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer PYP, MYP and DP.

To learn more
scan this.



To enrol scan
this.





Tema International School



MAIN CAMPUS
SECONDARY ADMISSIONS ARE OPEN FOR 2022/2023 ACADEMIC YEAR
FROM 3 OCTOBER 2021 UNTIL 31 MARCH 2022

A family school, a unique experience.

Flexible online admission testing is available

ENTRY POINTS: Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 11 (IB Diploma Programme)

Grade 7 (MYP 2)

Students should:

- a) Have completed Primary 6.
- b) Be aged 11+(at the time of admission).
- c) Complete a general aptitude test and interview.

Grade 8 (MYP 3)

Students should:

- a) Have completed JHS 1 or in JHS 2.
- b) Be aged 13+(at the time of admission).
- c) Complete a general aptitude test and interview.

Grade 9 (MYP 4)

Students should:

- a) Have completed Grade 8 or Basic Education Certificate Examination (BECE).
- b) Be aged 14+(at the time of admission).
- c) Complete a general aptitude test and interview.

Grade 11 (IB Diploma Programme)

Students should:

- a) Have successfully completed MYP 5, the IGCSE (Or its equivalent) or awaiting the results of the IGCSE.
- b) Be aged 16+(at the time of admission).
- c) Complete a general aptitude test and interview for non IGCSE & GCSE students (i.e. WASSCE, OCR, AQA).

To learn more
scan this.



To enrol scan
this.



The online application process can be completed at: <https://tis.openapply.com>
 For further information contact us on phone:
 +233 303 305134; +233 303 308737; email: admissions@tis.edu.gh
 Or come and visit the school (Opp Afariwa Farms, Off Tema-Akosombo Road)
www.tis.edu.gh



TEMA INTERNATIONAL SCHOOL

ACADEMICS



At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



EDUCATION FOR A BETTER WORLD



Congratulations!!!
IB Class of 2022
on your outstanding
achievements
in the **DP exams.**



CAS-SA Corner

Newbies Orientation



Good afternoon everyone and welcome to Tema International School!

My name is *Annalisa Boahen* I am a Grade 12 student, and this is the Student Council! I'm the female Head of Council and to my right is the male Head of Council, *Darren Ansah*. Allow me to introduce the executives: *Ryan Tano - Francis executive (Head)*; *Tamar Tejan-Cole - Francis executive (Deputy)*; *Nuku Dzakuma -*

Anthony executive (Head); *Chesney Noye - Anthony executive (Deputy)*; *Ama Andah - Cecilia executive (Head)*; *Maame Ama Osei - Cecilia executive (Deputy)*; *Emefa Agbotui - Cathrine executive (Head)*; *Phoebe Osei - Cathrine executive (Deputy)*; *Karen Quarshie - Academics executive (Head)*; *Terrence Adegbesan - Academics executive (Deputy)*; *Seyram Apreku - MPH executive (Head)*; *Selorm Essey - MPH executive (Deputy)*; *Micheal Labor - Sports executive (Head)*; *Claris Perdison - Sports executive (Deputy)*; *Yosi Fajemirokun - Entertainment executive*; *Nhyira Owusu - Chaplin executive*; *Lexi Forson - Secretary*.

Each one of us has our own story to tell when it comes to our TIS journey and now you get to write your own. I remember when I was a newbie in Grade 7, yes, I've been here for almost six years, and I couldn't help but feel excited, yet nervous to come. To the Grade 7s here today, I know the journey seems long, but believe me it will be both the slowest and fastest time of your life. One thing to note though is no matter what year you join the family, you always fit in just right and get along with everyone as if you've been here forever. School life will come with a lot of ups and downs, but my most memorable moments come from this very school and I know yours will to, and we're so excited to be part of it.

Our advice for you at this stage is ask questions and reach out if you need help, be kind to yourself as you adjust to this new way of living and learning, take advantage of the various opportunities available to YOU and have fun. There is so much in store for you starting right here, right now, so be prepared to have the time of your life! Thank you!!



Newbies Orientation in pictures



MYP Core Corner - Service as Action



The beginning of a new academic year gives way for reflection and fresh opportunities. We are so excited to receive the sixth cohort for **Service as Action** for the 2022/23 academic year, especially students from PYP with an incredible foundation to build on.

Service as Action simply means, learning by doing. Students will have the opportunity to connect their classroom learning to real life situations by taking varied actions to create an impact in the community and environment. Learners will be able to address issues within or outside school to make a positive change.

We call on all teachers for collaboration as we support our learners to make the connection between the unit and real-life situations. As learners move on to the next class, they will develop an understanding of the world and their responsibility within it.



MYP Year 2 students will be introduced to the principles of **Service as Action** through the handbook and how they can take action through classroom units.

MYP Year 3 students will undertake the **Community Project**. Students will identify an authentic need in the community and in groups of 2-3 will propose an action to mitigate the need.

MYP Year 4 students will take advantage of the SDG goals,



collaboration with NGOs, After School Activities with service component, current global/local issues to fulfill their Service as Action requirements

MYP Year 5 will finalize their pending engagements and submit their 13-page **transition** into CAS Workbook.

Service as Action/Community Projects and ATL



Community Projects are a demonstration of **Service as Action** in the community. The ATL skills are a fundamental tool to support learners in achieving their Community Project goals and objectives. A 2-day ATL workshop held at SOS from 8-9 August revealed that when students are taught skills and attitudes, they easily grasp the concept of knowledge in the classroom. Thus, to **explicitly** allow students to **think, research, communicate and manage themselves** is an excellent process to harness their skills and attitudes towards work.

Following this, a thematic approach to teaching the ATLs will be introduced to support students. For instance, Self-Management Skills will be the theme for the semester. Therefore, students will engage in activities focused on **Resilience, Time Management, Procrastination, Concentration, and Mindfulness** within the first 10 minutes of each class to shape their attitudes and approach to challenges overall.



CAS Project – ‘Chosen Children’s Home’ Presentation



This summer, I made sure to complete my CAS project. Due to the pandemic, many orphanages are in need of basic things such as blankets, food, water and stationeries for the children to go to school. During DP1, I investigated an organization in dire need and I reached out. An orphanage called ‘Chosen Children’s Home’, was the selected one. I reached out to family and friends asking for their support in kind and cash. Everyone was so supportive. So, I began receiving donations, meanwhile planning the presentation day, I did not want to only present the item, but also engage the children in some activities.

One of my sessions with the children was very humbling, I got to know them better. They shared about their dreams to become doctors, soldiers, pilots and teachers, I was amazed that, despite their current situation they have big dreams and aspire to be great, to make a difference. That was very touching. They also seemed so content with the little they have, and so eager to enjoy everything about that day.

This was an eye-opening experience for me because I was able to understand the importance of helping those in need. Seeing the children enthusiastic because of the items I brought was the best thing ever! They made me feel so special, I can do more than I can even imagine. I was also able to come out of my comfort zone as this is the first time I have done something like this on my own. I would 100% do this again. I am now more aware of my surroundings and that many young people like me do not have the opportunities I have. I left there feeling grateful and thinking of my next step in serving others.

CAS Project Partnerships – CotL and Unite to Light GH



On the 29 April 2022, **Children of the Light (CotL)** received 200 LED Solar Lights, 2 wood stoves, large boxes of gently used clothing and stationery from Tema International School students, as part of the demonstration stage of their Unite to Light Ghana CAS Project.



The **MISSION** of CotL is to impact young lives by providing creative, holistic, child-centred education to build lives that influence society.

CotL has built a Learning Centre in the Eastern Region of Ghana. The centre serves as the Head Quarters for CotL. Although the centre is not fully complete, they have come a long way since construction started in 2009.



In 2021 a branch of CotL opened in Ghana's North East Region. This currently operates from a small room transformed into a bright ever-growing library. It is filled with beautiful children's books,

educational resources, toys and school supplies. The TIS students CAS project also helped to fill this library.

On 4 May 2022, Jeanette Brown and Patience Akunduo (CotL Director and Senior Staff), set off to Northern Ghana to visit the North East branch of the organisation. Included in their luggage were several items from the donation received from CAS. With transit stops, it took them over 24 hours to reach their destination. Even though they were exhausted by the journey, they were both excited for what lay ahead.

Once they had both acclimatized to the new environment, the plans and sorting of the items with the team in the North began. First, a number of solar lights were put aside for prizes for CotL's Mathematics Competition later in the year.

CAS Project Partnerships – CotL and Unite to Light GH



A motor-king (3-wheeler motorbike with trailer) was the mode of transport for the first distribution. All sat on the back with the goods, moving from house to house through the village. A solar lamp with a bundle of clothes was given to every household. The natives were taken by surprise, so a lot of smiles and blessings received. A few days later, Jeanette and Silas (CotL staff), set off on a journey on bicycles to a remote village with no electricity. This included crossing the White Volta on a small canoe with the bicycles. Beautiful trees, including shea and baobab covered the land. On arrival, the natives, including many children, all gathered under a large neem tree. Their mission was shared, a beautiful story titled, ‘The Puriri Tree’ was read and then the Solar LED Light and clothes were distributed. The community were delighted, as every household received a Solar LED Light. Sometime after, they bid farewell and returned to the village as the sun was setting. It was an afternoon that will never be forgotten.

Before returning to the South, Jeanette and Patience, with the team in the North, started planning and set the date for the Mathematics Competition in July. Working together with two schools, providing worksheets and flashcards, the learning began. It was in July that Jeanette (on her own), made another trip to the North.

The competition was a great success. It showed how hard the children had been learning. One young boy was seen during the time of preparation out in the fields looking after his goats with a book in hand learning the multiplication table. That boy came second in the mathematics drill. All participants (close to 500) received a gift being an exercise book with a pencil, and winners received a beautiful shoulder bag filled with goodies including a Luke Solar LED Light and notebooks. The teachers in the schools were also given a gift for their hard work, this included a Solar LED Light. The children’s overall results was absolutely wonderful.

CAS Project partnerships – CotL and Unite to Light GH



Back at the centre in the Eastern Region, Children of the Light held a Month of Reading in June, with an Awards Banquet on 2 July. Included in the prizes were the Solar LED Lights and notebooks. Then on 6 August, they held their Mathematics Competition. The children did so well. Once again the Solar LED Lights and notebooks were used as prizes for all the winners.

All are thankful to the generous donation they received from TIS students' CAS project. Together we are lighting up one household at a time.

To learn more about CotL and ways you can support them:

Website: <https://childrenofthelightghana.org>

YouTube: youtube.com/watch?v=HIMyhEpocPo

Facebook: <https://www.facebook.com/childrenofthelightghana>

Instagram: <https://www.instagram.com/childrenofthelightghana>



Dukies Corner



Registration for Tema International School students to enroll for the Duke of Edinburgh's International Award programme **is open**. Sign up with this link below

<https://docs.google.com/forms/d/e/1FAIpQLSe3xhDk2nESjSjUR4SGZBTlrXOGgXjQc1A39jXtFzSt5Ncz4A/viewform> for your preferred award level. **Registration DEADLINE** is 16 September, 2022.

Registration for young people in the community to enroll for the Duke of Edinburgh's International Award programme **is open**. Sign up with this link

<https://docs.google.com/forms/d/e/1FAIpQLSenns3fgjUWJhXg6jlj4i-qoUlqcoKJOQ3A-dlDou45oAl67w/viewform> for your preferred award level. **Registration DEADLINE** is 21 September, 2022.



READY FOR CHANGE. READY FOR OUR NEW WORLD.



Right now, more than a million 14 - 24 year olds around the world are stepping outside their comfort zone. They're learning to lead. They're safely **supporting their communities**, **getting active** and **gaining new skills**. They're **discovering adventure** and having fun. They're participating in The Duke of Edinburgh's International Award.

Through the Award, young people can develop the crucial skills they need to navigate change and build positive habits, now and in the future. All while gaining an internationally recognised accreditation which is valued by governments, businesses and universities around the world.

READY FOR NOW

The Award is a commitment which encourages young people to:

1. Stay mentally and physically healthy
2. Connect (safely) with others
3. Give back to their communities
4. Embrace structure and purpose
5. Readjust to formal education*
6. Enjoy themselves!

READY FOR THE FUTURE

The Award develops positive foundations for the future, including:

1. Essential life skills
2. Employability
3. Goal setting and planning
4. Increased community engagement
5. The ability to build resilience and therefore thrive in an ever – changing world

* The Award helps young people to readjust to formal education by developing skills such as resilience, adaptability, problem solving and communication

WORLD-CLASS LEARNING, OUTSIDE THE CLASSROOM

By encouraging your child to get involved with the Award, you can ensure that they benefit from great non-formal education and learning and they are ready for the world, at a time when the world needs them more than ever.

GET INVOLVED

- Encourage** your child to unplug and expand their horizons, by taking part in the Award.
- Embrace** the Award and learn more about the benefits and impacts it can have. Many of the extra-curricular activities your child is already doing can contribute to their Award.
- Support** young people to do the Award: consider offering to help your child's local Award unit by offering your time and talents to support other young people.
- Refer** people to the Award: encourage others to consider delivering, volunteering, or participating, to ensure more young people can benefit.
- Pay it forward:** By making a donation to the Award, you can help another young person to benefit from the impact of non-formal education and learning and become world ready.

Young people face exceptional challenge and change. There has never been a more important time to ensure that they are equipped to be resilient and adaptable to that change. To be ready to take on the world of today and tomorrow. The Award is here to help.

DofE Expedition Camp, June 2022

As an assessor and the leader of the Bravo 3 group, I had the opportunity to see the extraordinary abilities and virtues of each member of the group which constituted providing excellent and effective teamwork. The 12 km hike from the top of the mountain down to the shores of the **Volta Lake** in the Akateng Township is something I'll entreat everyone to embark on before boldly speaking of perseverance. Looking out for one another regardless of the weight you carry which intends to pull you down is a virtue that has come to stay with me as a result of carrying Dzidzor's bag for quite a distance when I realized she couldn't go any further because of the weight of her backpack. Abseiling from the top of a hill down got me thinking of the what-ifs. What if the rope tears apart, etc? In the end, the goal was accomplished when the energy was translated from "what if" to "I can do this regardless".



The JAMA led by Jay Jay a ranger with the boys backing him, while the girls took turns preparing the meals at the campsite at the lake shores, was such a wonderful sight to behold. The kayaking experience always feels new because my fear of drowning in a water body is always challenged. I am looking forward to a paintballing re-match between my group (Bravo 3) and Alpha 2 group the next time we go. The Duke of Edinburgh International Award programme is a must-have experience for every individual who wants to be ready for the World. **I AM WORLD READY - George Manu (Award Leader)**

The DoEIA Expedition Camp was certainly an experience I will never forget. First of all, the camp was not what I expected at all, even though what we were going to do was described to us, actually experiencing it was a whole different thing. Hiking while carrying my heavy hiking bag for hours has shown me that you can accomplish anything despite how impossible it may seem through perseverance. Through this adventurous expedition, I have gained some new skills such as lighting a fire using firewood, kayaking, abseiling, tent making, and some others. This camp really put me out of my comfort zone and forced me to try many things I wouldn't do willingly. Apart from gaining personal skills, one main thing this expedition helped me improve was my collaborative skills because all the activities were conducted in various groups where we had to communicate and work well with each other in order to be successful. Though it was a very challenging experience, it was a very exciting expedition and I would be glad to participate again. **- Jason Van-Tay - G12 - Gold Award Participant**



DofE Expedition Camp, June 2022



Initially, I had no intention of going to the camp and dreaded it very much. However, it was a good experience and I don't regret going on the trip to Akateng. It was quite tough and challenging but I learned a lot from the activities we did. I also overcame my fears while partaking in some of the activities during the trip.

I enjoyed being surrounded by nature the most. The toughest part of the trip for me was hiking because it was a very long distance so it felt like it was never ending and it was extremely tiring. While we were hiking it started raining which made the journey harder because we had to find shelter and walk on the muddy and wet ground to our next destination.

I was extremely tired and drained by the time we reached our next destination after the hike but it was worth the struggle. I think I also enjoyed kayaking a lot because I had a good partner and it was quite relaxing compared to the other activities, we did during the expedition camp. It was a good experience which I would like to do again. Even though it was tough and life-threatening, it was worth the risk and I encourage everyone to sign up for the next Duke of Edinburgh's International Award expedition camp. All in all, it was an exciting experience which I will remember for a very long time!

Nana Yaa Owusu - Manu - G11 - Bronze Award Participant.



Coming for my second expedition camp I learned to expect the unexpected, I might have had an idea of what to expect for this camp but it was a completely different experience from the bus breaking down on the way there to having to bath in the river - a different experience entirely. The people who came were from a different set, different locations although the activities were the same, the experience was not. When I say I learned to expect the unexpected I learned about not having high expectations or any expectations that may seem unrealistic. Still, it also allowed me to live in the moment and not be disappointed or frustrated by the situations happening but to be presently enjoying my time with the people around me. I learned about really just being with people and communicating with them.

- Nemi Asoka - G12 - Gold Award Participant

DofE Expedition Camp, June 2022



The Duke of Edinburgh's International Award expedition camp was a very challenging trip for me because it pushed me out of my comfort zone. Staying outdoors for four days was a struggle for me since I am an indoor person but with the motivation and positive attitudes of my peers and the award leaders, I was able to have a positive outlook during the trip. The trip did not only involve us surviving outdoors but it also pushed us to get to know each other more and that I would say was the icing on the cake during the expedition. I am looking forward to embarking on this expedition again during

December. - Ryan Addo – G12 - Gold Award Participant

The DoEIA expedition camp this year was fantastic. I had a great time discovering new stuff. Despite it being my second time at the camp, everything felt fresh and different in a good way. The entire experience, from hiking to paintballing, had taught me a lot, and it was amazing. Being a camper has given me insight into what works and what doesn't. I seldom ever see stars at home or in school, but being at camp allows you to observe the number of stars in the sky, as well as the sun setting and rising, the horizon, the sensation of a gentle wind, the sound of breaking waves, and other pleasant aspects of nature. I learned the value of endurance at this camp, among other things. And it has helped me with my regular tasks. Tolerating a little discomfort is not as difficult as you would think. Hours of hiking were required. Even when it started to rain, we had to continue going despite the back and leg agony because that takes perseverance. It is something that every person should be able to do.



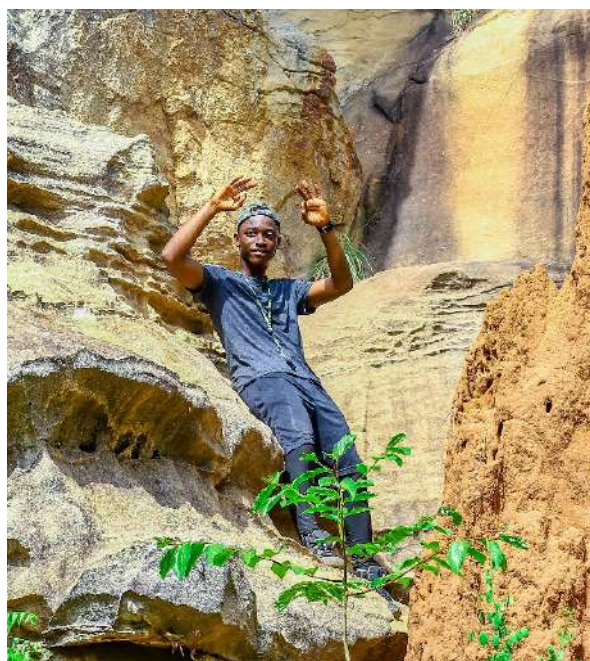
Everyone who qualifies to attend a Dukies camp should do so, and not just because it will assist you with your university applications but also because it will make you more aware of and appreciative of life's small pleasures and necessities. - **Mawunyo Anatsui – G11 – Gold Award Participant.**

DofE Expedition Camp, June 2022

This semester's expedition was to Akateng in the Eastern Region. I had mixed feelings about going on the expedition. In one breath, I was excited to experience being in a new environment and developing new skills but also overwhelmed on hearing the long lineup of activities. I had never done anything so daring and adventurous. I felt an adrenaline rush from when we began to pack and load the trucks with our luggage up until when we got to the first camp site of the trip. We walked and climbed more than I was used to doing in one go. Getting so much exercise outdoors made me feel rather calm, even though it was really hot. Some activities made me regret being on the trip, but I knew the experience was going to be character-building and that I would at least get some good memories. During each task, I talked to a lot of people and made new connections that I wasn't able to make in school. The trip pushed me out of my comfort zone, forcing me to do things I usually wouldn't do. I slept in a tent for the first time, helped make food for everyone, swam in a lake, hiked for 4 hours, played paintball, etc. At the end of the expedition, I found out that I liked kayaking a lot. I also strengthened my social skills. - **Mika Mensah – G10 - Bronze Award Participant**)



What can I say? For a first timer, it was an intriguing experience, with sceneries that can be said to be from a movie. Rock City is by far my favorite scenery, I felt like a king watching over his kingdom. Anyway, the experience taught me some life skills like setting up a fire, a tent, preparing simple food, using a kayak and many others. The whole experience forces you to go out of your comfort zone and interact with new people. It makes you consider "Do you want to be laid back and not engage or quit being shy and have fun?". With regards to the actual activities like abseiling, hiking, kayaking, paintballing and setting up a tent, they were truly a struggle that I'm forever grateful I went through. It taught me the importance of perseverance, teamwork, social interactions outside one's comfort zone and building a strong mentality against difficult situations each day and night. - **Daniel Markin – G12 - Gold Participant**)



DofE Expedition Camp, June 2022

This camp was my first ever camp and I was very excited about it. I had never hiked, abseiled or even kayaked before and I definitely learnt a lot from these activities. I also learnt how to set up my own tent. There were a few challenges that came in the way like our bus getting spoilt on our way to the campsite on the first day, we had to go wait for a commercial bus. This set us back a little because some of us could not abseil on the first day but we got the chance to on the second day. It also started raining while we were hiking so we had to wait a few minutes for the rain to subside before continuing our hike. I had a lot of fun kayaking and learning the capsizing drills even though I'm not a big fan of water, but all in all I had fun and I learnt a lot of new things, I am certainly proud of myself and I will definitely do this again in the future. - **Nhyira Ntim-Adu – G10 – Silver Award Participant.**



The DoEIA camp was a very different experience which was out of my comfort zone. In the beginning, I was quite excited about the camp but as the days drew closer for us to go, I was very nervous. Participating in the Duke of Edinburgh's expedition camp was something I do not regret. It was such a great experience for me. I learned to adjust to a lot of things. Sleeping in the wilderness was something which I had never done before so my first night's sleep was

not really the best but I was okay. The second day was my least favourite day because we had walked and hiked for so long. I also had never walked such a distance before and I had never hiked in my life but I got through it. My second night's sleep was much better and more comfortable because I wasn't as scared as I was before. The next morning, we kayaked. Kayaking was my favourite activity we did. Just like the other things, I had never kayaked before but once we were on the water, I was terrified at first. With time I got used to the stirring and everything and I really enjoyed the kayaking. On the last day, we had paintballing as our last activity. Paintballing was alright for me. It wasn't really anything that was way out of my comfort zone but it was still fun. The DoEIA camp is something I would definitely love to do again, which I will. It was such an amazing and wonderful experience. I got to make stronger bonds with some of my friends and I got to make some new friends as well. This was such a pleasant experience for me and when I look back and think about it, it makes me very proud of myself because, like I said before, I had never done anything like this before. - **Frederica Mawuyram Ayitey - Silver Award Participant)**

DofE Expedition Camp, June 2022



The Akateng expedition wasn't like anything I had ever experienced. It was very challenging, not only physically but mentally as well. On the first day, we hiked shortly to Rock City where we stayed for the night. On this day, multiple award participants partook in abseiling. Unfortunately, I was unable to partake in this activity because it was almost night time. However, I did partake in this activity the following morning. I believe that this was the part of the trip that challenged me the most mentally. Not only did I have to psych myself to believe that I could do this, I also had to psych myself to believe in the whole setup used to abseil. I felt like I would fall as I engaged in this activity but I had to force myself to believe that I would be fine and to follow the instructions that the rangers were giving me, this was very hard for me to do but at the end of the day I finished this activity. On this same day, we were set to hike all the way to Akateng with our bags, seeing as mine was quite heavy and I was able to recognize that I would not

be able to move effectively or at all for that matter, I convinced one of our Award leaders to switch bags with me but as I was struggling to carry the Award Leader's bag and eventually a ranger offered to carry my bag the rest of the way. I learnt from this to pack as light as possible for effective movement whenever participating in activities such as this one. During the hike, we were met with the challenge of rain and even though other groups stopped, my group decided to continue with the hike and this helped me learn to be more persevering. I would say that this hike also challenged me mentally. There were moments where I felt like giving up and so I unconsciously moved at a slower pace, there was a point where we got to Akateng and I could see Lake Volta but with every step I took forward it felt as though the lake wasn't getting any closer. At one point I began to psych myself and I forced myself to see the reality of the situation, the faster I moved the faster I would get to our destination and so I did just that and got to our destination. On Day 3 we embarked on kayaking and my group was the last one to go. I went with one of my teachers and he encouraged me and told me that it was better that I took my time and actually enjoy the activity rather than rushing to get to the Island we were kayaking towards and so I adhered to his advice.

DofE Expedition Camp, June 2022

By the time my set was going, the waves became more aggressive and so we were unable to partake in the kayaking drill that day. On Day 4, my set kayaked out again, not to the island but a far enough distance so that we could successfully perform the drill. I went with my friend, a student this time, and I thoroughly enjoyed it. The first thing we did was rescue another boat of people and then we partook in the capsizing drill. This was also mentally challenging because at the time I did not know how to swim and so I was scared of drowning but the ranger told us that we should not panic once we got into the water as that would make us more likely to drown. I had to once again force myself to believe in the life jacket and remain calm and I was able to do this successfully. My partner did urge me to do it again but I refused and I regret that now, I wish I had been more courageous and that is one thing this activity taught me. On this same day we had a paintball fight and my team won, which I was very happy about, it was a very fun day. Whilst we were on the expedition we also had to cook and it was always fun having conversations with our friends, the rangers and even the teachers during this time. One core memory I have of this experience is when the boys, a few teachers and even rangers formed a circle around us as we girls took turns in cooking and they sang different songs as they danced. Overall, this expedition was a nice one despite the challenges, it weighed down on both my body and my mind but it also helped me to combat things about myself as well as realize them, it has also helped me want to improve myself which I am very grateful about. I look forward to embarking on another expedition once more! After all we went home and got to see our families again and tell them all about our experiences. - **Dzidzor Mac-Deh – G11 - Silver Award Participant.**



CAS Project – Awareness

GLAUCOMA AWARENESS

The More You Know

A CAS Initiative by Karen
Apietu and Kimi Otuo-
Acheampong.

Members: Nuku Dzakuma ,
Darren Ansah , Seyram
Apreku, Jeremiah & Tamar
Tejan-Cole

Glaucoma is a group of eye conditions that damage the optic nerve, the health of which is vital for good vision. This injury is frequently brought on by excessively high pressure within your eye.

Globally, glaucoma **affects over 80 million** individuals as of 2020, and by 2040, that figure is projected to rise to about 111 million.

How can you tell whether you are at risk of getting glaucoma or may already have it?

- It is **hereditary**; thus, if a member of your family has been diagnosed, there is a possibility you may also have it
- Having a condition like **diabetes, heart disease, high blood pressure, or sickle cell anemia**, among others, also puts you at risk.
- Symptoms include: **seeing rings around lights, blurred vision, red eye and intense eye pain.**

If you have any of these risk factors or notice symptoms, please get tested remember **Prevention Is Better Than The Cure.**



You deserve
to **see** the
world.

Duke | 102

Written by Tamar Tejan-Cole



TEMA INTERNATIONAL SCHOOL



CAS - Creativity, Activity, Service &
DoEIA - Duke of Edinburgh's International Award

ORIENTATION CAMP

Challenging & Equipping Young People, Transforming Lives, Changing the World.

Adventurous journey, abseiling, hiking, life & survival skills, map reading & compass use, first aid, radio communication, creativity and leadership experiences & much more.

 **Fri. 26 - Sat. 27 Aug. 2022**

 **Shai Hills**





TEMA INTERNATIONAL SCHOOL



CALL FOR AUDITION

SCHOOL PLAY PRODUCTION 2022



SUN. 28 AUGUST 2022

SPORTS COMPLEX

2:00 PM

Roles Available: Directors, Actors, Singers, Dancers & Crew



TEMA INTERNATIONAL SCHOOL

SERVICE



At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.



EDUCATION FOR A BETTER WORLD



TIS ACCEPTABLE USE OF ICT POLICY & AGREEMENT

The internet and computers on our network are used to support the educational objectives of Tema International School (TIS). Use of these technologies is a privilege and is subject to a variety of terms and conditions. TIS retains the right to change such terms and conditions.

1. Communication

I will use language that is pertinent and appropriate when submitting academic work, participating in online forums and working collaboratively. I will be thoughtful and mindful about the language I use when posting online or sending messages to someone else. I will be mindful of how my words are interpreted by others. I will not use profanity or any language that is offensive to anyone.

2. Privacy

I will be aware of privacy settings on websites to which I subscribe. I understand that anything I do online or electronically is not private and can be monitored. I will not share any personal information about myself, family or staff. This includes passwords, home addresses, phone numbers, ages, and birth date, unless authorised by the school.

3. Honesty and Safety

I will not engage in behaviour that puts myself or others at risk. I will represent myself honestly. This includes accessing the network using an account other than my own. I will seek help if I feel unsafe, bullied or witness unkind behaviour. I will only communicate with people I know. I will follow safety guidelines posted by sites to which I subscribe.

4. Learning

I will have a positive attitude and be willing to explore different technologies. I will evaluate the validity of information presented online and understand that not everything online is true. I agree to document and properly cite all information acquired through online sources including, but not limited to images, videos and music.

5. Respect for self and others

I will not upload or publish personal information, private communications or photos of other people without permission. I will respond thoughtfully to the opinions, ideas and values of others. I will not send or share mean or inappropriate emails or texts.

6. Respect for school and personal property

I will take care of all equipment on campus. I will report misuse and/or inappropriate content to my teachers and adults. I will use the computers on campus for school-related purposes only. I understand that it is my responsibility to honour the Acceptable Use of ICT Policy and uphold the TIS values both online, offline, at school and at home.

I understand that my actions can affect others and that I will be accountable for my behaviour. I will not engage in activities that are in violation of the Acceptable Use of ICT Policy.

1- to-1 Personal Devices

Ownership

- The device is owned by the parents/student but is made available for use as part of the school learning program.
- Parents/students should be aware that files stored on the device are private but may be publicly accessed as part of learning programs.
- Each student is required to possess only one personal device (laptop/tablet/iPad). No student is allowed to use or possess a mobile phone, MiFi, USB dongle, wireless router (or any personal internet sharing device) unless permission is granted by the Principal of the school.

Software and Access

- The school will provide information about standard software programs and applications required for installation on personal devices and will advise when new software or applications need to be purchased.
- Explicit permission should be obtained from the school in order to install any other software that is not approved by the school.
- The school reserves the right to monitor, search and screen student's systems/devices and digital communication devices and confiscate devices if not used for educational purposes or breaches the acceptable use of ICT policy.
- Unproductive software (like Virtual Private Networks tunnels - VPNs, Point to Point - P2P tunnels, etc.) are prohibited from usage or from installation on the school's computer devices or student's personal devices.
- Students need permission from the Principal to use or join social media sites or groups or chat platforms or channels.
- Students are advised not to open hyperlinks or attachments in emails unless they know the person or organisation who sent the message. Students should be mindful that viruses, trojans, phishing attacks, etc., can be spread through this medium.
- Administrator accounts on students' personal devices are to be restricted from usage by the student to prevent installation of applications. Administrator accounts and passwords compromised or used by students are prohibited.
- Students' username and password are to be kept safely and securely so that no other person can see or steal it.
 - Parents are responsible for purchasing and installing new approved programs on personal devices. Parents are advised to set up a separate family account (not use their own accounts) to manage purchases for their child's device.
- Usage of the internet (unless permission is given) to download or upload large files is prohibited since that might take up the internet bandwidth and prevent others from being able to access the internet for their work.
- Students are prohibited from the usage of software or programs that bypass the School's filtering or security system.
- The school's computers and student's personal devices are not to be used for online gambling, online gaming, internet shopping, file sharing or video streaming or broadcasting (eg. Netflix) or streaming of pornographic content.

School Support

*Support **will be** provided for:*

- connecting the device to the school network, internet and other digital technologies
- set up and management of school, student email accounts
- all school-based software and associated issues with school applications.

*Support **will not** be provided for:*

- connecting to home networks, the internet, printers, or other devices
- personal email accounts and settings
- software issues
- hardware issues.

User Responsibilities

Users are responsible for:

- bringing devices fully-charged to school every day
- backing up data securely
- carrying their device in an appropriate protective case at all times
- adhering to this Acceptable Use of ICT Policy when using the machine, both at home and at school, including during lunchtime, or when not in the classroom.

I have read the Acceptable Use of ICT Policy and agree to follow these rules and guidelines when using technology. This applies while I am at TIS, as well as when I am off campus. I understand that the school will take disciplinary action against me if I flout any of the rules or guidelines in the Acceptable use of ICT policy. Sanctions may include loss of access to the school network or internet, confiscation of device, internal suspension, external suspension, dismissal and involvement of police in the event of illegal activities.

Student's Name

Student's Signature

Grade

Date

Parent's Name

Parent's Signature

Role

Date

This form must be completed and submitted before access to the TIS network is granted.

**YESTERDAY
YOU SAID
TOMORROW
JUST DO IT**



Behappy.me

COUNSELLORS' CORNER



The beauty of nurturing little sweet minds ready for a bright future is what we do best at TIS.

To our students, each one of you is uniquely gifted and the joy of working with you is Golden!



First time in a boarding house in a culturally diverse environment? Helpful tips just for You!

- ✓ Observe your environment, take time to know the people around you and read!
- ✓ Confused about something? Ask questions. Hostel parents are just in the hostel with you always happy to assist you. Your prefects and peer buddies can assist too.
- ✓ Be ready to listen and follow through with outlined instructions.
- ✓ Getting ready for school - always pack the day before.
- ✓ Enjoy your new home. Just breathe, relax and take it a day at a time!



2022-2023 TEST DATES

- ✓ **DP1s, don't wait until the eleventh hour to register. Register now to avoid any disappointments!**
- ✓ **To register:** <https://satsuite.collegeboard.org/sat/registration/international-testing/dates-deadlines>
- ✓ SAT Registration Fees (To complete registration online full payment with credit card only. Visit www.collegeboard.org)



- ✓ **SAT without essay \$103 – Online payment only with visa/credit card.**
- ✓ **NEW; ACCEPTABLE IDs ARE NOW THE VALID UNEXPIRED PASSPORT IN ADDITION TO GHANA'S NATIONAL IDENTIFICATION CARD (GHANA CARD), AS OF AUGUST 2021 ONWARDS.**
<https://collegereadiness.collegeboard.org/sat/register/international/policies>
- ✓

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
27 Aug., 2022	15 July 2022
1 Oct., 2022	19 Aug., 2022
3 Dec., 2022	21 Oct., 2022
11 March 2023 (Digital)**	10 Feb., 2023
6 May, 2023 (Digital)**	7 April, 2023

27 August 2022: Test Takers kindly note and bring along the following on the test date:

- ✓ Unexpired passport or Ghana Card
- ✓ Admission Ticket
- ✓ Approved Calculator
- ✓ 2B pencil, eraser, sharpener



Want to Register for SAT But Don't Know How? Follow these Steps!

1. Create a College Board Account. Make sure you save your user name (email) and password; **your first and last names should be exactly as it appears in your passport.**
 2. Visit the SAT Registration Page, and Click "Register Now" Log in, go to the SAT suite, and then navigate to the College Board's SAT registration page. Click the "Register Now" button. Here's the link <https://satsuite.collegeboard.org/sat/registration>
 3. Enter Your Personal Information
 4. Select Your Test Date and Test Center- **TIS** as your test centre
 5. Upload Your Photo
 6. Add Optional Services and Practice Materials if you need to
 7. Review Your Order and Confirm Your SAT Registration
 8. Payment: Make payment with a valid visa card/credit card, to complete registration online
 9. Download your SAT Admission ticket and email it to portia.atubiga@tis.edu.gh
- Click here for more information <https://www.bestcolleges.com/test-prep/sat/registration/>
 Having Troubles Registering do not hesitate to contact Aunty Portia in person or email at portia.atubiga@tis.edu.gh



2022 Preliminary SAT (PSAT) EXAM DATE AND REGISTRATION DEADLINE:

PSAT EXAM DATE	REGISTRATION DEADLINE
15 October 2022	2 September 2022

Please email the University Guides right away if interested (**Open to grade 10 Students and DP1s only**): Eunice.aryee@tis.edu.gh Registration fee to be confirmed soon.



2022-2023 TEST DATES (COMPUTER-BASED TESTING ONLY!)

- ✓ ACT Registration Fees (Online payments only: Visit www.actstudent.org):
- ✓ ACT plus writing – TBD, without writing- TBD (TIS Test Centre Code: 870390, but inform counsellor first).
- ✓ To register click: <https://global.act.org/content/global/en/products-and-services/the-act-non-us/registration.html>

***To complete registration, payment must be made online in full with a credit card.**
ACT April DEADLINE coming up. STEM students have an edge when they take the ACT.



CURRENT & NEW TEST DATES FOR ACT 2022-2023. DONT MISS OUT ON ANY OF THE DATES

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
10 Sept., 2022	29 July 2022
22 Oct., 2022	9, Sept., 2022
10 Dec., 2022	28 Oct., 2022
15 April, 2023	3, March 2023
10 June, 2023	28, April 2023

Welcome to MyACT, the new system to schedule your ACT test and access your scores!

MyACT has replaced the previous online registration system, Student Web Services.

1. Create an Account on ACT.org. Before registering for the ACT, you must make a My ACT account. Click <https://my.act.org/account/signin?location=https://my.act.org>
2. Visit Your ACT Dashboard and Click "Register for the ACT"
3. Choose Your Test Center and Test Date-**TIS as the centre**

4. Review Your Selections. After confirming the testing location and date, review your selections to make sure everything looks correct.
5. Add Services and Practice Materials (Optional)
6. Add Your Photo ID and Additional Personal Information
7. Indicate Your College Choices and Score Preferences (Optional) this step so they can ensure their score is strong enough before sending score reports to prospective colleges.
8. Enter Your Parent or Guardian's Information (Optional)
9. Submit Payment using a valid credit card/visa card and Confirm Your ACT Registration

After reviewing payment information and terms, submit the form and receive confirmation details.

<https://www.bestcolleges.com/test-prep/act/registration/>

Having Troubles Registering do not hesitate to contact Aunty Portia in person or email at portia.atubiga@tis.edu.gh



Professional Exams Centre



Contact Person: Roderick -0244167800

All students who want to take the professional examinations: UCAT, LNAT and BMAT should please contact Linear Assessment Centre for assistance. Click here:

<https://linearghana.com/>

For all exams:

Primary ID	A currently valid passport containing the candidate's photograph and signature. An unsigned passport is only acceptable if it is a biometric passport and does not contain a location for a signature.
-------------------	--



Registration: <https://www.ucat.ac.uk/about-ucat/ucat-test-cycle/>

OPENS: 11TH July to 29th September

Deadline: 10 September 2022 (**Based on availability of slots, register now, slots get filled up quickly)

Cost: £115

Test Day Deadline for UCAS Application: 15 October 2022- Application deadline for all Medical, Veterinary and Dental Schools in the UK.



<https://lnat.ac.uk/registration/dates-and-deadlines/>

Candidates may only take the LNAT once per year (from September 01 to July 31.)

Cost: £70

Student must create accounts and have their username and passwords ready before time.

REGISTRATION OPEN: 1ST August to 20 January 2023

(**Deadlines: NOTE;** Oxford and Cambridge registration and testing deadline- before 15th October 2022, London School of Economics- registration and testing deadline- before 31st December 2022, all others, before 20th January 2023.

BMAT

OPENS: 1st September, **Registration Deadline:** 30th September, **Don't wait, Register now!**

Test Date: 18 October 2022

Cost: £100/\$137

Click here for more information: <https://www.admissionstesting.org/for-test-takers/bmat/bmat-october/dates-and-costs/>



TEMA INTERNATIONAL SCHOOL

CULTURE



At TIS, we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.



EDUCATION FOR A BETTER WORLD

How to Study Intensely (Without Getting Burned Out)

I've done a number of intensive learning projects, sometimes studying for up to twelve hours a day. The risk of going too hard and crashing is always present during projects of this intensity, so I've discovered some strategies for preventing burnout.

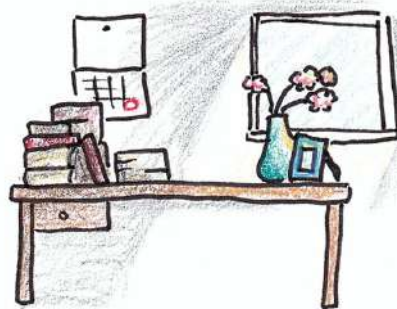
These strategies are critical when studying isn't your full-time job. While a five-hour-per-week project may not sound like much, it can be overwhelming when added to your existing obligations at work and home. People who study after work need to be extra careful about burnout because they have so little spare capacity if they do crash.

Here are five tips for staying focused without burning out.

Tip #1: Cleanly Separate Studying from Life

The worst situation is to be in a state of perpetual semi-studying. This happens when people don't have fixed studying schedules and instead feel like they should "always" be studying.

Since always studying is impossible, people sneak non-studying activities—like playing on their phone or watching television—into their learning time. Then, when they are inevitably unproductive, they feel like they have to study more hours. The end result is burnout.

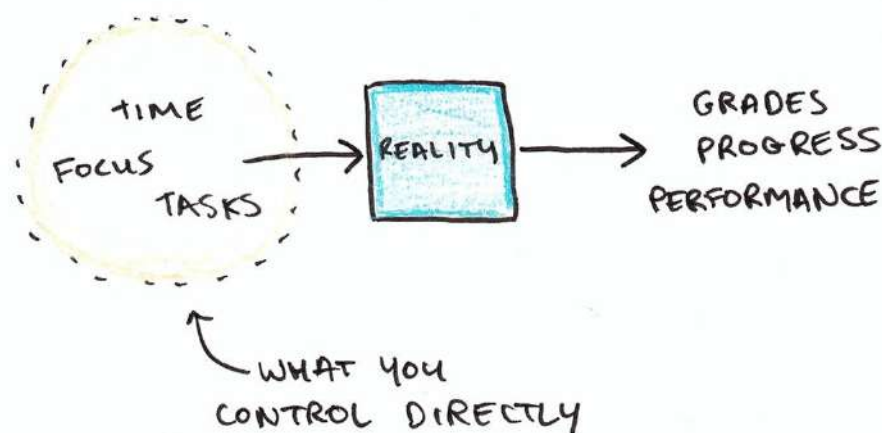


One strategy is to have a clean separation between the hours you're studying and the hours you are not. At peak intensity during the MIT Challenge, for instance, I put in about twelve hours per day. Even so, I always finished by 7 pm, and I never studied on the weekend.

Tip #2: Focus on the Input, Not the Output

Much of burnout is not the actual work, but your emotional reaction to it. Studying all day will probably never be as relaxing as watching movies or hanging out with friends. But it can be a fun, meaningful challenge that you feel good after.

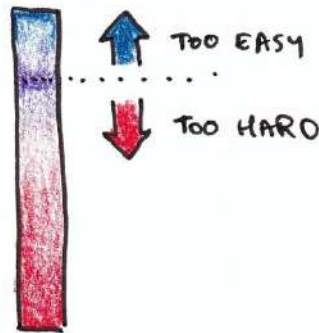
However, for many, studying isn't just effortful. It's painful. They become paralysed by anxiety about failing their test. They feel frustrated by the material or just plain bored.



One thing I've found helpful for dealing with these emotional reactions to shifting your focus onto the work. You can make this explicit. "Work on this assignment, without interruption for 30 minutes" is an achievable task. But "finish writing this essay" can create stress when you encounter writer's block.

Tip #3: Adjust to the Sweet Spot of 85% Success

We learn best when we're successful most of the time, but occasionally challenged. If we fail consistently, not only do we get frustrated, we learn less. The problem isn't just emotional. Machine learning algorithms [also seem to train best](#) when their success rate is around 85%. Our frustration isn't irrational, but a sense that our learning is perhaps not so efficient.



There are plenty of ways you can adjust your success rate. One is to make the task easier. If you're failing to do problem sets, switch to doing them open-book. If you don't understand a key concept, try the [Feynman Technique](#). If you're struggling to memorize something, make a mnemonic.

It's much easier to maintain motivation throughout your studies if you can get to a smooth rate of successful trials (wherever the bar for "success" is set).

Tip #4: Never Cut Sleep

Late-night cramming is a perennial student favorite, but it's the worst possible strategy you can employ when learning.

Sleep plays a crucial role in memory consolidation. Cutting sleep while studying is like cutting your feet right before a footrace. You might think the extra studying time will help, but it only hurts you.

Tip #5: Exercise regularly

Exercise is another learning booster. While cutting exercise in a short-term crunch is sometimes unavoidable, maintaining good exercise habits are among the few things that [reliably improve cognitive functioning](#). Ironically, physical training, not "brain training" games you play on your phone, may be the only kind of [brain training that actually exists](#).

Scott Young
20/4/22

Tema International School Partners with the Oxford Scholastica Academy

Tema International School is very pleased to announce it has become one of the first schools to become an Oxford Scholastica Partner School. Dr Darvall has arranged for the school to join a growing number of schools around the world.

[Oxford Scholastica](#)'s mission is to inspire students to discover, explore and prepare for their futures at an earlier stage, giving them the edge to enable them to succeed, have purpose and make a difference, and they partner with leading schools who share those values.

As an Oxford Scholastica Partner School, Tema International School students get priority access to Oxford Scholastica's popular online:

- **Courses** - offering a taste of university learning, stretching students beyond the curriculum and giving them the edge with their university applications
- **Internships** - work experience with real organisations
- **Conferences** - giving real-life insight into careers and courses such as Medicine, Business, Engineering etc.

Tema International School's commitment to providing an excellent and diverse education for all makes this partnership a natural fit, and Oxford Scholastica looks forward to welcoming Tema International School students.

Tema International School students are entitled to a **15% discount** on Oxford Scholastica's online programmes with the code TEMAINTERNATIONALSCHOOL-15 - please note, this is just for Tema International School students. There are also some bursaries available for students who meet certain criteria - please contact Dr Darvall for more information.

You can read more about the opportunities on offer on the Oxford Scholastica website at www.oxfordscholastica.com, or speak with Dr Darvall.





Drawing on our years of experience running world-class summer schools, our online courses combine Oxford's spirit of excellence with the very best in future-focused learning.

At Oxford Scholastica Academy, our two-week online courses are for **bright, motivated students aged 12-18 from across the globe who are keen to get a head start on their futures** - all while experiencing the inspiring and rigorous teaching for which Oxford is famed.

Whether you dream of becoming a doctor, would like to explore Computer Science & Coding or want to learn more about Psychology, we'll have the perfect course for you.

In small classes and under the guidance of your expert tutor, you'll get **a taste of university-style learning, make friends from all over the world, and leave us ready to take charge of your future.**

“

"This week was the best. **It was truly a one of a kind experience.** I've never been more excited for a class! Thank you Oxford Scholastica Online!"

- Inchara, Politics & Debate, May 2020

94%

of students said they had greater certainty over their future academic and career choices

Get ahead in your future

Book your place today on one of our online courses and get **15% off** using your school's bespoke discount code:

TEMAINTERNATIONALSCHOOL-15

Visit oxfordscholastica.com to book and find out more, and follow us on [@oxford.scholastica](https://twitter.com/oxford.scholastica)



+44 (0) 1865 522 166

www.oxfordscholastica.com

info@oxfordscholastica.com

Free University Preparation Tool from the Oxford Scholastica Academy

Oxford Scholastica have developed a free tool for students aged 15-18 who would like guidance on how to maximise their chances of getting into their top-choice university.

To access your free personalised Report, go to <https://www.oxfordscholastica.com/report/> and fill in a short 5 minute questionnaire.

Your Report will include:

- Tailored book, podcast and video recommendations for you, based on your interests and academic level, to help you read around the curriculum
- Data to let you know where you stand compared with other applicants
- Advice and recommendations for how to improve your university application and set yourself up for success

The Report will give you the edge in your university applications, and it's completely free.

Here's the link: <https://www.oxfordscholastica.com/report/>

Error!

Stephanie Lester
Oxford Scholastica
Academy
[www.oxfordscholastica.
com](https://www.oxfordscholastica.com)



TEMA INTERNATIONAL SCHOOL

SPORTS



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork, challenges personal best and emphasizes the importance of appreciating how to lose before knowing how to win.



EDUCATION FOR A BETTER WORLD

TIS INTEGRITY Code

**“TIS, as a family school that provides unique experiences,
embodies a spirit of integrity and respect for others
which are central to the personal,
academic and ethical development of each member.**

**As a TIS family member,
I promise to uphold and demonstrate its values,
and protect the reputation of the school.
I make this pledge in the spirit of honour and trust.”**



