

# TIS RECORD

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## At TIS,

.....  
we believe adequate sleep each night will enable students to feel rested in the morning and ready to function at their best to tackle their challenges for the day and tick off plenty of boxes along the way. Without adequate rest, we know it will affect their performance, health, appetite, attitude and behaviour.

## Contents

- PYP News: Page 9
- CASSA Corner: Page 22
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## Key Dates

- 27/1/23: TIS Athletics Championships
- 5/2/23: 2023 Leadership Induction Service
- 10/2/23: TIS Badminton Championships
- 11/2/23: TIS Science Fair

## Thought for the Week

.....  
In the short term, you are only as good as your intensity. In the long term, you are only as good as your consistency.

Shane Parrish



## Our 2023 Student Leaders

At TIS, we believe the four pillars for student balance and ensuing success - academics, service, sport and culture - provide a theoretical lens for inquiry, critical thinking, conceptual understanding in a real world context, through action. Across all four pillars, TIS prides itself on the opportunities and experiences that enable all graduates to develop and enhance leadership attributes and skills to make a difference and the world a better place. As leaders, we create our footprints to ensure authenticity.

One of the major leadership opportunities for our senior students is the Student Council Executives who are elected by the student body at the beginning of each new calendar year. This leadership process involves nomination, interviews and vetting, delivering their election manifestos to the school body and then the election itself. Yes, it can be a daunting experience for some. But like all



"My definition of integrity is a set of beliefs, values, and actions that others can depend on."

-Steve Bollar

## SAT & ACT

- Best advice: students who are required to complete SAT and/or ACT requirements should do so by the end of Grade 11. Leave it until G12 and you have created a personal time-management monster.
- Please follow instructions and details provided in the weekly Counsellors' Corner section of the TIS Bulletin.

## Making Us Proud

- Three Awesome Alumni whom I failed to mention last week for their involvement in Alumni Week were: David King, Emmanuella Bennin and Edem Coffie. Thank you, and apologies for my oversight.
- Karen Magna Quarshie and Terrence Agbesan, our outgoing Academic Executives, for their initiative and commitment to the planning and preparations for the inaugural edition of the Intercolour Spelling Bee.
- Speaking of which, congratulations BLUE, on winning the spelling bee last week. Well done.
- To all the students who joined the race for the Student Council elections. Some did not pass screening or vetting, yet, they showed evidence of the IB Learner Profile attributes and embraced the process. Proud of you!

daunting occasions, it can be a most valuable experience, if you learn from it, especially when you are challenging yourself.

I wish to thank those students who nominated for a position in this year's students' elections. If unsuccessful, look for other leadership opportunities to develop your skills and experiences. These abound at TIS.

I congratulate our elected student leaders for 2023 and look forward to their impact over the next 12 months:

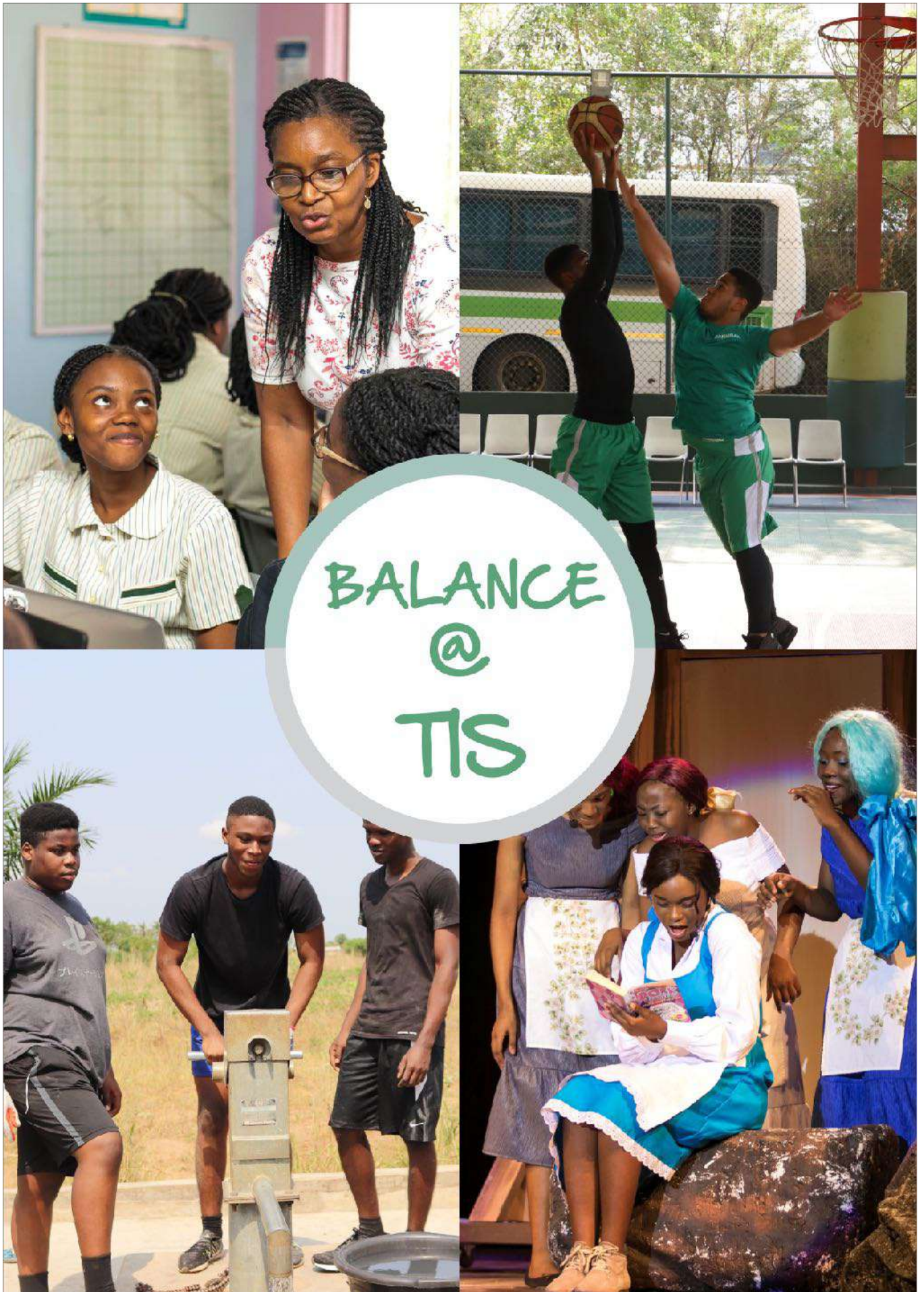
- Heads of Council: Maame Serwah Dabo and Eugene Cobinnah.
- Secretary: Ethan Sunkwa-Mills.
- Hostels: Caleb Offei (Anthony); Jason Chigabatia and Jeffrey Adjagar (Francis); Nissi Arday and Seffirina Masoperh (Catherine); Veronica Arthur and Nanette Ativor (Cecilia).
- Academic: Franklin Adu-Baah and Nana Egyei-Mensah.
- Dining: Odyssey Tetteh and Mercedes Armah.
- Sports: Agormah Agambire and Emmanuel Essel.
- Chapel: Nana Yaa Owusu.Manu.
- Entertainment: Kevin Agbo.

I appreciate your support. Stay healthy.

Dr Ken Darvall (Principal)







BALANCE  
@  
TIS

# TIS

## MAIN CAMPUS



## Exeat

There are two types of exeats: general and medical. All students will be allowed two exeats each mid-semester. Please plan accordingly to avoid disappointments.

All exeat requests must be completed online and submitted with at least 48 hours' notice, with the exception of urgent medical issues. Weekend exeat requests must be received by the preceeding Wednesday. Any requests after this deadline will not be approved.

The integrity of an exeat request is critical.

No exeats will be granted if a student has outstanding work.

No exeats will be granted during the last week before a semester break.

Parents/Drivers must show the approval exeat from their phone to enter (NO SHOW. NO GO!).

Students must return by 5.00pm on Sundays (weekend exeats).

### **General Exeat**

A general exeat will cover passport and visa matters, as well as family events. These must not exceed more than two per mid-semester.

Access the general exeat form from here: <https://www.tis.edu.gh/exeat-form/>

### **Medical Exeat**

A medical exeat will cover medical, dental, optical, and hospital appointments. When possible, appointments should be made for Saturdays, to minimise learning loss.

Access the medical exeat form from here: <https://www.tis.edu.gh/medical-exeat-form/>



## Visiting

For visits during semester 2, parents will be required to book their visit online.

Please go to: <https://www.schoolinterviews.com.au/code/a9uu7>

Complete your details and click next to select your day and time. Then click next to receive a confirmation of your booking.

If you do not receive confirmation of the date and time, then you have not completed your booking.

Weekend times will usually go from 2.00 - 5.00pm on Saturdays, Sundays and public holidays. Sessions are 60 minutes. You must keep to your allocated session.

Book early to avoid disappointment. Please ensure your child/ren know the times of the visit.



## **2023/2024 SECONDARY SCHOOL ADMISSIONS ARE NOW OPEN**

### ***Main School Campus - Grades 7, 8, 9 and 11***

- Prospective students are required to complete application forms online via <https://tis.openapply.com>
- An application fee can be paid via [ExpressPay](#), at the school or into the school's account. The account details can be found on the Bank Details page.
- All prospective students will take an aptitude test that does not require special preparation. An interview would be conducted before a final decision is made. Parents will be informed of the outcome of the selection process.
- Only candidates who have fully completed the applications will be contacted for the aptitude test and subsequent interview.
- Prospective families are encouraged to arrange a tour of the school before or during the application process.

Applications open on 3 October of the preceding year. Early applications and admissions are encouraged. Late applications will be considered, if vacancies exist.

Applicants for Grades 7, 8 and 9 will be required to provide three current term or two semester reports.

Applicants for Grade 11 will be required to provide three current term or two semester reports, predicted grade and a recommendation letter. When final results are released, applicants are required to attach a scanned copy on OpenApply. The release of final results will confirm subject selection levels (Standard or Higher).

After the completion of Middle Years Programme (Grade 10), TIS students are expected to complete the IB Diploma Programme in Grades 11 and 12. They will make initial subject selection choices during the second semester of Grade 10. The release of examination results will confirm subject selection levels (Standard or Higher).

**Please note that students are not normally accepted into (Grade 10 and 12).**



# Tema International School



## MAIN CAMPUS

**SECONDARY ADMISSIONS ARE OPEN FOR 2023/2024 ACADEMIC YEAR  
FROM 3 OCTOBER 2022 UNTIL 31 MARCH 2023**

*A family school, a unique experience.*

**Flexible online admission testing is available**

**ENTRY POINTS:** Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 11 (IB Diploma Programme)

<p><b>Grade 7 (MYP 2)</b></p> <p>Students should:</p> <ul style="list-style-type: none"> <li>a) Have completed Primary 6.</li> <li>b) Be aged 11+(at the time of admission).</li> <li>c) Complete a general aptitude test and interview.</li> </ul>	<p><b>Grade 8 (MYP 3)</b></p> <p>Students should:</p> <ul style="list-style-type: none"> <li>a) Have completed JHS 1 or in JHS 2.</li> <li>b) Be aged 13+(at the time of admission).</li> <li>c) Complete a general aptitude test and interview.</li> </ul>
<p><b>Grade 9 (MYP 4)</b></p> <p>Students should:</p> <ul style="list-style-type: none"> <li>a) Have completed Grade 8 or Basic Education Certificate Examination (BECE).</li> <li>b) Be aged 14+(at the time of admission).</li> <li>c) Complete a general aptitude test and interview.</li> </ul>	<p><b>Grade 11 (IB Diploma Programme)</b></p> <p>Students should:</p> <ul style="list-style-type: none"> <li>a) Have successfully completed MYP 5, the IGCSE (Or its equivalent) or awaiting the results of the IGCSE.</li> <li>b) Be aged 16+(at the time of admission).</li> <li>c) Complete a general aptitude test and interview for non IGCSE &amp; GCSE students (i.e. WASSCE, OCR, AQA).</li> </ul>

To learn more scan this.



To enrol scan this.



The online application process can be completed at: <https://tis.openapply.com>  
For further information contact us on phone:  
+233 303 305134; +233 303 308737; email: [admissions@tis.edu.gh](mailto:admissions@tis.edu.gh)  
Or come and visit the school (Opp Afariwa Farms, Off Tema-Akosombo Road)  
[www.tis.edu.gh](http://www.tis.edu.gh)

# TIS ADMISSION PROCESS

## KEY QUESTIONS

- ✓ Why does your child want to come to TIS?
- ✓ How will your child take advantage of the TIS experience?
- ✓ As a parent, why are you applying?

## DUE DILIGENCE

- ✓ Go to [tis.openapply.com](https://tis.openapply.com)
- ✓ Familiarise yourself with all aspects of the admissions process, including fees.
- ✓ Is this the right school for your child?

## APPLICATION

- ✓ Go to: <https://tis.openapply.com>
- ✓ Complete an online admissions application and include all required documents.
- ✓ Pay the application fee.

## BOOK A TOUR OF TIS

- ✓ Allow 30-45 minutes for the tour.
- ✓ Be prepared to be surprised when you discover West Africa's best kept secret!

## TEST AND INTERVIEW

- ✓ Your child will have to complete an online test.
- ✓ An online interview will be conducted after the test has been completed.

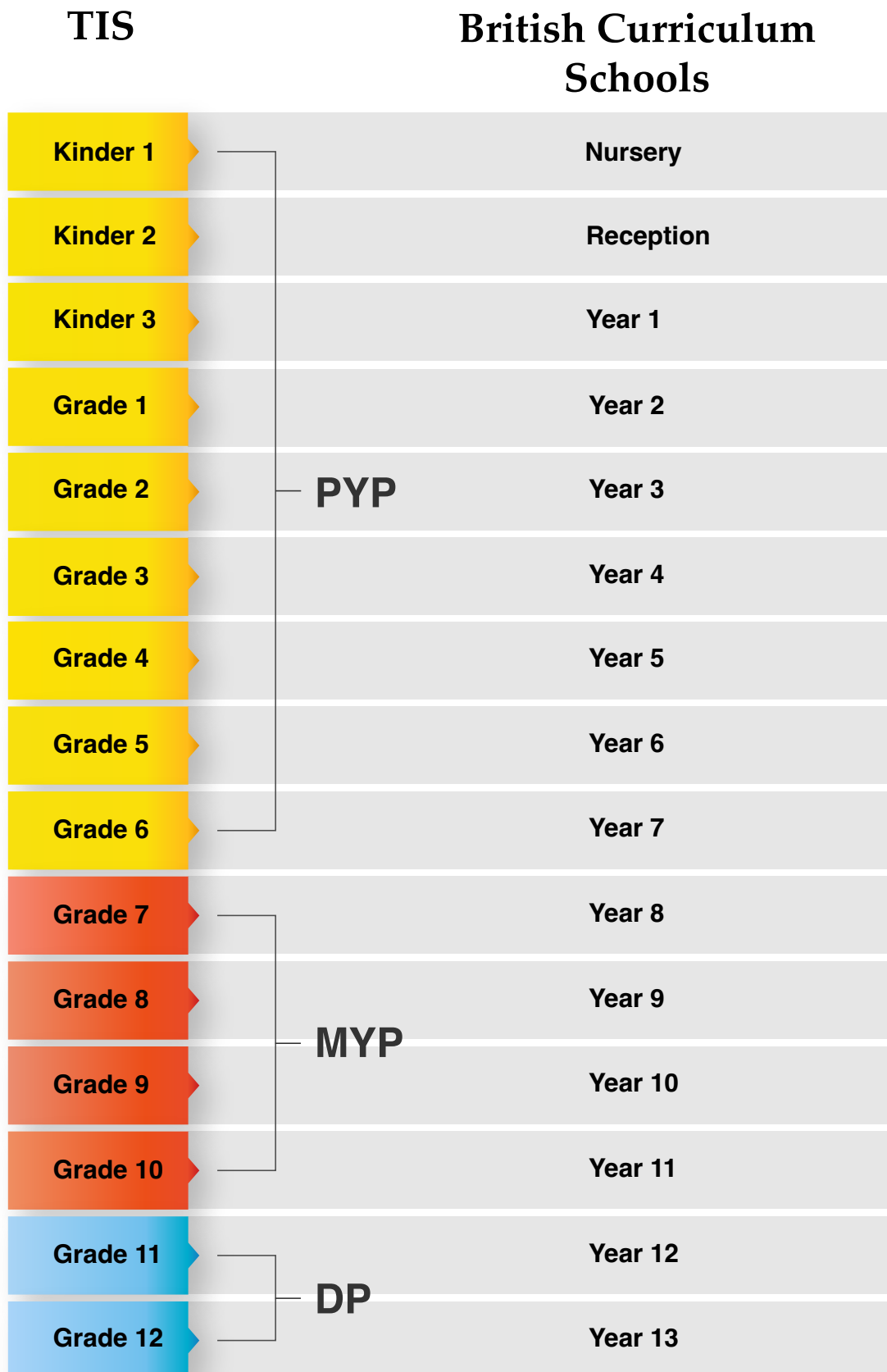
## APPLICATION DECISION

- ✓ If an admission offer is made, you will have 14 days to accept or decline the offer.
- ✓ Otherwise, you will be informed if your child has been unsuccessful or placed on the waiting list.

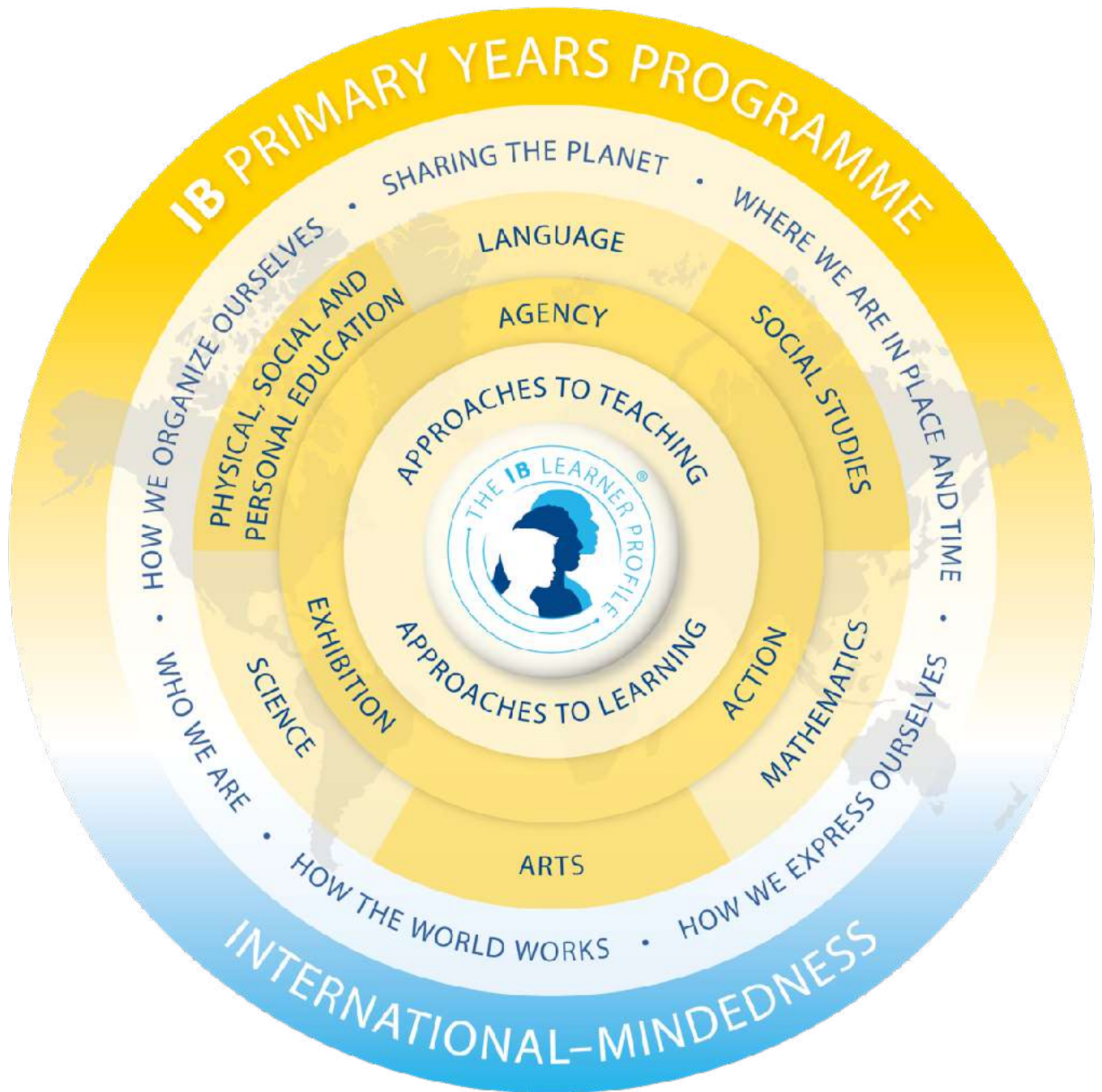
## NEED HELP OR IF YOU HAVE MORE QUESTIONS

- ✓ Please email: [admissions@tis.edu.gh](mailto:admissions@tis.edu.gh)
- ✓ Please call: +233 303 305134  
+233 24 963 7762

# TIS Admissions Grade Chart







## Learning Diversity and Inclusion at TIS Primary School



### What is Inclusion?

Lisa Friedman in her post, 'Removing the Stumbling Block', said, *"Inclusion is a mindset. It is a way of thinking. It is not a program that we run or a classroom in our school or a favor we do for someone. Inclusion is who we are. It is who we must strive to be."* This is a summary of what inclusion is here at TIS Primary school. Inclusion is the bedrock on which the entire learning process is founded. Thus, we successfully and crucially accept, understand and deal with the diversity and uniqueness of learners, which may involve problems with their physical, cognitive, academic, social, and emotional wellbeing.

Learners have diverse needs and approaches to learning for which we strive to meet them all daily. The presence of these diverse needs and the strive for inclusion has seen the use of many strategies and support systems to bridge the gap and ensure that learners attain a higher self-concept, appreciate their peers, love the school, as well as the staff who ensures that all needs are met and are themselves motivated around working and learning.



### **How is Inclusion Done?**

The strategies adopted include approaches to learning, peer-coaching and peer assessments, teacher support and wellbeing. These approaches to learning help meet a learner's need while enhancing the skills attained and ensuring a balance in all. As learners become peer-coaches and engage in peer assessments, their own performance rises because of learning how to assist another learner. Another approach is that teachers help their learners as well by the way they deliver instruction in a larger range of learning modes (visual, aural, and kinesthetic) which caters for the learning diversity and inclusion.





### Teacher/ Learner Support

Teachers use a variety of instructional methodology to support learners during their inquiry. They start with whole-group instruction and transition to small groupings which are mostly student-led with teacher supervision, stations/centres which are also teacher-led or mostly guided instructed and paired learning which is very effective and engaging: as they engage in pair-work and peer tutoring which is mostly student-led.

Again, the application of universal design for learning helps meet the varied learners while ensuring inclusion. Thus, learners have multiple ways of presenting and representing their understanding, questions and findings. These include, but are not limited to, modeling, images, objectives and manipulatives, graphic organisers, oral and written responses.



*Teachers and learners find creative ways to work collaboratively to achieve their learning outcome.*

### Cultural diversity

A key component of International Baccalaureate (IB) programs is cultural diversity. It's crucial to understand and respect the various cultures and backgrounds of our children and families given the variety of our school. In doing so, we try to foster cultural awareness and international mindedness in the classroom in a variety of ways. We often invite learners or family members to share and talk about their country, tradition, culture, language and their various celebrations. During these sessions, traditional foods to sample, native attire to try on, songs to sing (sometimes in another language), and pictures or movies to view are frequently included in these presentations. Giving learners this kind of freedom to contribute not only recognises the value of their culture but also promotes inclusiveness, tolerance, and respect within our school community.



*Learners display the Dipo culture of the Krobos during their weekly unit assembly.*



### Wellbeing

At TIS Primary School, we believe that students' wellbeing and their motivation to learn are vital in supporting any academic programme. Thus, wellbeing is an important influencer to student achievement in any form. Learners are often served a variety of meals to choose from and learners with special dietary needs are fed well according to their diet and nutrition plans to ensure that they stay healthy.





“Inclusive education” and “learning diversity” is the IB’s new terminology, replacing “special education needs” (SEN), which indicate and reflect the IB’s commitment to inclusive approaches to education. TIS Primary School is at its game with inclusive education and learning diversity.

**For further reference, click on the link below to access the school’s policy.**

[Tema International School Diversity and Inclusion Policy pdf](#)



## What Makes TIS Primary A Unique School



TIS Primary is a unique school because: it is a family school; we have qualified teachers; I have good friends, we have great facilities; we are good communicators; and we are open-minded.

Amewusika Tay





# TEMA INTERNATIONAL SCHOOL

# SPORTS



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork, challenges personal best and emphasizes the importance of appreciating how to lose before knowing how to win.



EDUCATION FOR A BETTER WORLD



# TIS 2022/23 School Calendar

August 2022						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2022						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2022						
Su	Mo	Tu	We	Th	Fr	Sa
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2022						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2022						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8		10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	









April 2023						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023						
Su	Mo	Tu	We	Th	Fr	Sa
		2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

June 2023						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

July 2023						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## COLOUR KEY

	School Closed/ Holidays		Teacher in-Service Day (no school for students)
	Main Campus Event		First and Last Day of School (Main Campus)
	Primary Campus Event		First and Last Day of School (Primary Campus)
	SAT Test		ACT Test

**Public Holidays**

21/9/22	Kwame Nkrumah Memorial Day
2/12/22	Farmers' Day
9/1/23	Constitution Day
6/3/23	Independence Day
7/4/23	Good Friday
10/4/23	Easter Monday
24/4/23	Eid Al Fitr (TBC)
1/5/23	Labour Day

**SI Internal Dates: Main Campus**

1/8/22	2022 MYP Results Released; 2021 MYP Enquiries Upon Results Open
1/8/22	Senior management staff resume
8/8/22	Teachers resume; review of school policies
15/8/22	Student Council executive return
17/8/22	Newbies arrive
21/8/22	Continuing students resume
22/8/22	Secondary School classes commence; G9 Subject Selection
27/8/22	SAT; TIS Junior Soccer Championships
28/8/22	School Performance auditions
3/9/22	Health Walk (6.00am)
4/9/22	Thanksgiving Service (11.00am: Students only)
9/9/22	TIS Senior Soccer Championships
10/9/22	ACT
17/9/22	TIS Handball Championships
21/9/22	Family Sporty Day
23/9/22	G12 TOK Exhibition; PP Criterion B draft due
24/9/22	TIS Volleyball Championships
1/10/22	SAT
3/10/22	TIS Founders' Day: Main Campus admissions open for 2023/2024
7/10/22	Inter-Colour Language Comp
8/10/22	Inter-Hostel Sports Carnival (9.00am-1.00pm)
9/10/22	Founders' Day Thanksgiving Service (11.00am)
15/10/22	PSAT
17-21/10/22	Mid-semester break
22/10/22	ACT
25/10/22	G12 EE Café
26/10/22	Special assembly: Ms Juls Mills Lutterodts (Surviving Breast Cancer) 8.30am
28/10/22	G9/G11 Changes to Subject Selections close; Intercolour Maths/Science Comp (7.00pm)
31/10/22	PP Criterion C draft due
12-13/11/22	Annual School Play
15-21/11/22	G10 end of semester exams
21-29/11/22	DP end of semester exams
25/11/22	PP Criterion C completion
30/11-3/12/22	Dukies' Expedition
3/12/22	SAT
5-6/12/22	Group 4 Project (G12)
7/12/22	Christmas Lunch; PP Final Report due
7/12/22-5/1/23	PP moderation (supervisors)
8/12/22	General Inspection.
9/12/22	Last day for first semester: Students may depart from 9.00am.
10/12/22	ACT

**S2**

5-6/1/23	Staff training days (5: MYP; 6: DP)
5/1-20/1/23	PP Standardisation
9/1/23	Students return to hostels; applications for 2022 SC positions close
10/1/23	Second semester commences
10-15/1/23	Alumni Week
15/1/23	Alumni Thanksgiving Service
20/1/23	SC Manifest Readings
21/1/23	Colour Spelling Bee Competition
23/1/23	2023 Student Council elections by voting (7.00am-4.00pm)
24-26/1/23	IDU Days; G12 EE; G11 EE, 11/12 CAS Dukies Reflection Day
27/1/23	TIS Athletic Championships
4/2/23	SC Leadership Camp
5/2/23	Thanksgiving Service and Student Leadership Induction Ceremony
10/2/23	TIS Badminton Championships; TIS Junior Tennis Championships
11/2/23	TIS Science Fair
16/2/23	G11 TOK Exhibition
17-18/2/23	TIS Basketball Championships; TIS Senior Tennis Championships
18/2/23	Chocolate Friendship Day
20-24/2/23	MYP Mock eAssessments
20/2-2/3/23	DP Mocks
25/2/23	General Inspection
4/3/23	MYP Projects' Exhibition (Personal & Community)
5/3/22	TIS swimming championships (3.00 – 5.00pm)
10/3/23	TIS Squash Championships
11/3/23	SAT (Digital); TIS Silver and Bronze Dukies' Awards Ceremony (7.00pm)
14/3/23	Pi Day
25/3/23	Expression Day
26/3/23	Exam Candidates' Service
27/3/23	G12 Grad photos (All day)
30/3-2/4/23	Dukies' Expedition
3-14/4/23	Mid-semester break
15/4/23	ACT; PP Criterion A draft due
21/4/23	G11 EE Cafe
28/4-19/5/23	DP Final Exams
5/5/23	G9 (2023/2024) & G11 (2023/2024) subject selections commence;
6/5/23	SAT (Digital)
8 – 21/5/23	MYP eAssessments
9-18/5/23	G11 semester exams
22-26/5/23	G9 eAssessments
2/6/23	Hostel Clean Up
3/6/23	2023 Graduation and Achievers' Day; Last day for Secondary Classes
4-7/6/23	Dukies Award Expedition
9/6/23	Last day for teachers; S2 reports published
10/6/23	ACT



**Primary School Campus****Public Holidays**

21/9/22	Kwame Nkrumah Memorial Day
2/12/22	Farmers' Day
9/1/23	Constitution Day
6/3/23	Independence Day
7/4/23	Good Friday
10/4/23	Easter Monday
24/4/23	Eid Al Fitr (TBC)
1/5/23	Labour Day

***S1 Internal Dates (Primary School Campus)***

8/8/22	Teachers resume
29/8/22	First semester commences
2/9/22	Meet the Teacher Info Sessions
22/9/22	International Day of Sign Language
26-30/9/22	Student-led interviews
30/9/22	End of UOI #1 Celebrations
3/10/22	TIS Holiday (TIS Founders' Day)
14/10/22	Sports Festival/ Wellbeing Day
17-21/10/22	Mid-semester break
12/11/22	End of UOI #2 Celebrations
18/11/22	Spelling Bee
9/12/22	End of UOI #3 Celebrations; Last day for first semester

**S2**

5-6/1/23	Staff training days
10/1/23	Second semester commences
17/2/23	End of UOI #4 Celebrations
24/2/23	Mother Tongue Day
24/3/23	End of UOI #5 Celebrations
24/3/23	Additional Languages Day Activity
1/4/23	Primary School Campus admissions open for 2022/2023
3-14/4/23	Mid-semester break
21/4/23	Book Day
19/5/23	Environment Day
24/5/23	End of UOI #6 Celebrations (K1-5)
26/5/23	PYP Exhibition (11.00am)
2/6/23	K3 and G6 Graduation & Achievers' Day
2/6/23	End of semester

## CAS-SA Corner



After two academic years of not having a science fair and exhibition in TIS, it is with great pleasure that the IB Class of 2024 presents to you, **TIS SCIENCE FAIR 2023**. The theme of the exhibition is “**Sustainable Development**” which aims at applying scientific knowledge acquired from our classrooms to help achieve the sustainable development goals that were adopted by the **United Nations in the year 2015**.

The TIS science fair and exhibition is an event that offers students a precious opportunity to showcase their understanding of scientific knowledge and their creativity in applying science in improving our lives. The TIS science fair and exhibition involves students from different grades either working collaboratively in groups or individually displaying their scientific knowledge.

The United Nations Department of Economic and Social Affairs stated that “science is likely our best bet to achieve the 17 SDGS”. With just 7 years left until 2030, the IB Class of 2024 is calling on brilliant young scientists like you to rise up to the challenge and make our earth a better place. On that note, we welcome you to the 2023 TIS Science Fair and exhibition happening on the 11th of February, 2023, hosted on the TIS Main Campus.



Students are expected to **sign up their project ideas** with any of the leaders as well as prepare the apparatus that would be needed for the projects as soon as possible. Kindly note that it’s compulsory for all Grades to participate in the upcoming Science Fair. The attire for the science fair and exhibition is the TIS 2023 Science Fair Shirts or the TIS Polo. The TIS science department is looking forward to seeing your self-driven projects that inspire solutions to real-life problems!

### INVITATION TO PARENTS

*Hello parents!*

*The IB Class of 2024 is inviting you to the 2023 TIS Science Fair taking place on 11 February, 2023 at 1.00pm on the TIS Secondary Campus. You are invited to witness the amazing, creative and academic abilities of our young brilliant scientists in the field of science. The theme for this year’s Science Fair is “Sustainable Development” and the young scientists have been tasked with developing projects that relate to any of 17 SDG Goals. Once again, you are all invited and we hope that you show up. See you soon!*



**TEMA INTERNATIONAL SCHOOL**



*The IB Class of 2024 presents...*

# SCIENCE FAIR 23!

**THEME: SUSTAINABLE DEVELOPMENT**

**Saturday 11 February, 2023**

**TIS Main Campus**





## Service as Action Opportunities in TIS

Following on from the previous bulletin, students are encouraged to take action that may lead to service. There are a myriad of opportunities for students to fulfil the requirements of the MYP Core. To make connections and learn by doing, students can collaborate and *act* via the following mediums: **NGOs and Organizations, ASA with Service Components, Classroom Units, School Events, Students Leadership, SDGs, Assembly Meetings, TIS Record – Article Writing, Social Centres, local schools, Local Clinics Peer Tutoring and Peer Buddy System.**



**NGOs and Organizations:** Students may collaborate with organizations and non-profit groups driven by an objective or cause to create an impact. E.g., *Children Heart Foundation, Empower Playground, Plastic Punch, Infanta Malaria, UNCHR* and the like



**ASA with Service Components:** There is an effective after school program with diverse activities for students to engage. These activities with a service component may count as Service as Action. e.g., *Interact Club, Gardenholics, Amnesty Club, Insight TV, Choir*, and the like

**Classroom Units/IDUs:** Topics treated across the disciplines allow students to explore the possibility of creating an impact or making a

difference with the knowledge acquired. Furthermore, students can act grasp a deeper meaning of topics and issues discussed and assessed in class

**School Events:** These involves *Founders' Day, Graduation and Achievers Day, Sporty Family, School Play, Expressions, MYP Projects Presentations*. Students' participation in organizing and serving as committee members for these events provides a unique opportunity for students to take responsibilities leading to meaningful actions.

**Student Leadership:** Student Council and the committees offers a unique opportunity for students to learn and experience the skill of leadership.



**UN Sustainable Development Goals:** This is an international call by the United Nations to rally all nations towards the achievements of the 17 Goals by 2030. e.g., *Zero Hunger, Quality Education, Good Health & Wellbeing, Gender Equality, No Poverty, Clean Water & Sanitation, Life below Water, Climate Action, Reduced Inequalities etc.* Students' meaningful projects co.nnected to these goals may count as Service as Action

**Assembly Meetings:** The whole school meetings is a platform for students to make presentations and exercise their actions towards change.



**International Days:** These are special stipulated days curated by the UN to give opportunities to commemorate causes, actions, people, and happenings. For example, *International Women's Day, World Earth Day, Teachers Day etc*

**TIS Record** – The weekly school bulletin for the school community is an excellent medium for students to practice the act of article writing, written communication and

reflections.

**Social Centres, Local Schools, Local Clinics** – Local setups within our school vicinity serve as an opportunity for students to collaborate & take action to enhance livelihoods for mutual benefits and build relationships/friendships within the vicinity. It also promotes the *Identities & Relationships Global Context* as part of the pedagogy for MYP e.g., *Calvary Presby Basic School, School of the Deaf, Sisters of Charity, St Vincent Elderly Home, Snuggles Montessori, and Save Them Young Orphanage, Crystal Kids Foundation*

**Peer Tutoring and Peer Buddy System** – The community offers a platform for learners to support each other academically, socially, and emotionally. This system gives students the opportunity to meet the 7 learning Outcomes of Service as Action.



Students are encouraged to upload evidence (pictures, videos, certificates, etc.) of their Service as Action commitment and take advantage of all the opportunities in and outside TIS.



## Borderline Personality Disorder

The Right Support Can Make a Difference



Students are encouraged to exercise their skills in writing and take advantage of the Bulletin to express their views and perspectives on social issues of their interests. Read on to learn all about borderline personality disorder; an insightful piece by Kayla Searyoh, MYP 5.

Psychological distress among young people is on the rise. Imagine how young people would feel if they were met with the support they need, allowing them to feel at ease

with their mental illnesses. A lot of weight would be lifted off their shoulders and they'd be given the peace of mind they deserve. Physical sicknesses are easy to detect in people, whereas compared to mental conditions, it can be almost impossible to tell what a person is going through at first glance. This is especially the case when they are dealing with much more complex disorders, an example being borderline personality disorder (BPD).

BPD is a mental condition that is characterized as a personality disorder, affecting a person's self-image and how they see others. It consists of intense, unstable emotions and relationships (it can cause lack of or poor boundaries, feelings of being misunderstood, and more), as well as insecurity. If it is very serious, it can lead to dangerous and impulsive behaviours. It is often stigmatized, sometimes among healthcare providers. A 2013 literature review found that some professionals hold views that people with BPD are intentionally trying to manipulate their close relations with their displays of intense emotions or self-destructive behaviours.

Anyone can be diagnosed with such disorders, but it wouldn't be obvious to the public eye. Therefore, it is important that we treat everybody with kindness and respect, because we never know what they may be going through. It is hard for many people dealing with mental conditions, especially borderline personality disorder. With the right environment and care, things will get better for them.

Due to the stigma attached to mental health, several people feel as though they are alone and have no one to go to. Help can go a long way, and before a person can be good, the people around them must be good too. Support can come from partners, friends, family members and more – in different ways.

### How can we support?

Just learning and educating yourself about BPD counts as a way of supporting. It will allow you to get one step closer to understanding the complexities of it. By understanding how it works, you'll also get to know that BPD is as hard for the person dealing with it.

Talk to the person with BPD and learn about what upsets them. Understanding these triggers will let you know what might put them in uncomfortable situations, and it will let you avoid said situations. When they react strongly to certain things, you will have a sense of understanding.





Staying calm in their fits or outbursts will help them be more secure and grounded in times of conflict. If you begin to feel tense, give them space and take some time alone to clear your mind.

Last, we should constantly remind them of their positive traits. Hearing about all their positive attributes is reassuring for a person living with BPD and helps them open up to promote emotional healing.

In conclusion People with BPD symptoms can overcome their unpleasant emotions the proper guidance from a mental health expert and support from loved ones. Having a mental illness doesn't define a person, and we shouldn't treat them as if it does. If any of our loved ones are dealing with BPD, we must remind ourselves daily that they are not characterized by their condition. They should be seen as an individual, as everybody else is. Try to be a rainbow in someone's cloud.

## Positivity Wall Mural by Peyton Kidd

In light of positive vibrations and inspiring thoughts, Peyton Kidd, MYP 5 has created a mural to remind the community about self-affirmations. Together with her friends, Nana Ama Adjagar and Farah Agoro-Dikeni has designed the wall adjacent the Picasso Hall with positive quotes to inspire passers-by. The wall is filled with positive phrases that will encourage students on a day-to-day basis promoting a sense of reassurance for students & staff to get through the day. Take a walk to the wall and find your phrase.

Check out the sample and read a reflection from Peyton below.



The Positivity Wall Project has been a great lesson for me. I originally got the idea in mid-April of 2022. I was going through a stressful time at school at the moment and wanted to hear some encouraging words from someone. Well, anyone at all. I had thought that, as a student of TIS, we have many encouraging staff, and affirming messages but we don't see such messages every single day and tend not to pay attention to them when everything gets hard to bear. I wanted to create something BOLD and hard to miss to encourage everyone and even myself after long and tiring days.

The process of bringing the wall to life was difficult for me, as I realized how much of a procrastinator I am. I became so stressed with academics and other things in life. Writing those messages honestly became hard for me. I couldn't even walk past the wall without feeling

some kind of guilt, because I felt as though if I wrote those phrases or words, I wouldn't even believe them myself. So, I quit. For a long time, a year. Yes, another big factor was procrastination. I wanted to be in my "perfect" mental state, and wanted everything to look, "perfect". However, I've recently learnt that "perfectionism is procrastination manifested". Dreaming about what should be, oh-so-perfect wastes time of what could be right, just at that moment.

I definitely have had some great moments though with this wall. I was able to work on my creative side, which I absolutely fell in love with and got help from my friends after assuring them so much that I could do it alone. It's alright to get a good push from someone once in a while if it becomes difficult to do it on your own.

Now, being able to see what my final project looks like makes me extremely glad. I remember, thinking "Will I ever finish this?", and now it's been completed. I'm extremely grateful for even being able to create such work. I am thankful for the many opportunities in Service as Action and the MYP. I am glad I have initiated a student led project.

Peyton Kidd – MYP5

Stay true to yourself, even when you feel like you're losing who you are.

Do what makes you happy, make sure its sensible though.

Stay focused on what's important.

being vulnerable doesn't make you weak

work on you, for you

some things in life are to be taken as they are, nothing more or less than that.

a better you is coming

treat yourself like your favourite song

be kind, it doesn't hurt anyone

forgive yourself

raise your hand in that class

cherish people

It's okay to cry sometimes.

be considerate of others' energy

do it for you, not them

something to keep in mind today:

I see you trying, keep going

you made a mistake, learn from it and do better in future situations

check up on your friends and family

growth is important

DON'T FALL BACK INTO OLD PATTERNS JUST BECAUSE THEY'RE FAMILIAR

give yourself space from people once in a while

how you make others feel says a lot about you

don't feel guilty being happy, embrace that happiness wholeheartedly

your feelings are valid

learn how to be at peace

don't burn yourself out

submit your assignments on time

smile, you got through the day

it's okay to be nervous

don't be too overconfident all the time, the giant can't see himself in the hallway mirror

don't doubt yourself

when was the last time you did something for the first time?

change is uncomfortable, but necessary

appreciate where you're at in life

if you love it, you'll find a way to become success from it

Done by: Peyton Amiah Kidd (MYP 4)









Proud to deliver

**THE DUKE OF EDINBURGH'S  
INTERNATIONAL AWARD**


**TEMA INTERNATIONAL SCHOOL**

**Limited Registration!**  
**Registration Deadline:**  
**28 February 2023**

Duke of Edinburgh's International Award (DoEIA)

# EXPEDITION CAMP

**For Bronze, Silver and Gold Award Levels**

Challenging & Equipping Young People, Transforming Lives, Changing the World.

**Adventurous journey, abseiling, hiking, life & survival skills, map reading & compass use, first aid, capsizing drills, radio communication, kayaking, creativity and leadership experiences & much more.**

**30 March - 2 April 2023** **Akateng**

More details on ManageBac or email the DoEIA Coordinator [david.difie@tis.edu.gh](mailto:david.difie@tis.edu.gh)

The 8th edition of the Tema International School Duke of Edinburgh's International Award Expedition Camp (for Gold, Silver and Bronze) participants registration is open. We can assure you an experience of a lifetime while meeting the requirements for CAS (DP students) and the DofE. This is a unique opportunity to develop skills, open up to a new culture, challenge yourself, reflect, be in touch with nature and create long-lasting memories.

**Register now!** LIMITED space available. Only students who are DofE award participants can join the Expedition Camp.

**Activities:** Adventurous journey, abseiling, kayaking, hiking, map reading & compass use, trail navigation, radio communication reading, creativity and leadership experiences, life and survival skills, first aid, drills and much more.

**Benefits:** Students will apply and develop skills, with CAS (DP Students) and DoEIA requirements met.

**Safety:** All safety measures are being taken into consideration, and a risk assessment trip was completed by a TIS team. A wilderness medical officer and emergency nurse with work experience with the West African Rescue Association will be joining the team throughout the program.

**Equipment:** World Ready T-shirt, Cap, Kayak, camping gear, abseil gear, and all outdoor equipment is inclusive.

**Orientation and safety training**– Monday, 29 March, 3:00 pm at the Design Lab with all participants and Expedition Leaders.

**Departure:** TIS campus Tuesday, **30 March 2023, 7:00 am**

The team will **return to TIS Campus on Sunday, 2 April 2023** by 5 pm. Parents are reminded to pick up their wards for the Mid-semester break.

**Duration:** 4 days

**Comprehensive Outdoor Risk and Liability Insurance:** Inclusive

**Logistics:** Certificate, transport, food, water and fees to destinations all inclusive

**Venue:** Akatin, Upper Manya Krobo

**Register now! LIMITED space available.**

**Cost: GHC 3,500 - Registration deadline: 28 February 2023-** Kindly pay by the said deadline.

\*Click on the link below to register. **Payment receipt will be requested to complete the registration.** A kit list is also attached to the form, ensure you have all items on the kit list prior to the Camp.

[https://docs.google.com/forms/d/e/1FAIpQLSfK2av3mBi\\_YL9Ky7C6zl8Gfh\\_EQPXGqo\\_4Vhom7PJzhSfOQRQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfK2av3mBi_YL9Ky7C6zl8Gfh_EQPXGqo_4Vhom7PJzhSfOQRQ/viewform)

When making the payment in any of the accounts below kindly state the purpose: TIS DoEIA Expedition Camp, 8th Edition.

Expedition Camp Cost: **Ghc 3,500**

#### TEMA INTERNATIONAL SCHOOL ACCOUNT DETAILS

**BANK: ABSA BANK**

BRANCH: Tema Main

ACCOUNT #: 060-1798808 (GH¢)

**BANK: Ecobank Ghana Limited**

BRANCH: Tema Main

ACCOUNT #: 0020014471692201 (GH¢)





Proud to deliver

THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD



# REGISTER

## TO DO THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD AT TEMA INTERNATIONAL SCHOOL AWARD CENTRE



### QUALIFYING AGE: 14 - 24YRS

#### AWARD LEVELS



**BRONZE**  
14yrs



**SILVER**  
15yrs



**GOLD**  
16 - 24yrs

### READY FOR CHANGE. READY FOR OUR NEW WORLD.

Right now, more than a million 14 - 24 year olds around the world are stepping outside their comfort zone. They're learning to lead. They're safely supporting their communities, getting active and gaining new skills. They're learning through adventure and having fun. They're participating in The Duke of Edinburgh's International Award.

Through the Award, young people can develop the crucial skills they need to navigate change and build positive habits, now and in the future. All while gaining an internationally recognized accreditation which is valued by governments, businesses and universities around the world.

## APPLY NOW

Email: [david.difie@tis.edu.gh](mailto:david.difie@tis.edu.gh)

**FOR FREE REGISTRATION** send an email to [david.difie@tis.edu.gh](mailto:david.difie@tis.edu.gh) explaining why the centre should sponsor you to do the DofE.



[www.tis.edu.gh](http://www.tis.edu.gh)





Registration for Tema International School students to enroll for the Duke of Edinburgh's International Award programme is open. Sign up with this link <https://docs.google.com/forms/d/e/1FAIpQLSe3xhDk2nESjSjUR4SGZBTlrXOGgXjQc1A39jXtFzSt5Ncz4A/viewform> for your preferred award level. **Registration deadline is 20 January, 2023.**

**Registration for young people in the community to enroll for the Duke of Edinburgh's International Award programme is open.** Sign up with this link <https://docs.google.com/forms/d/e/1FAIpQLSemns3fgjUWJhXg6j1j4i-qoUlqcoKJQQ3A-dlDou45oAl67w/viewform> for your preferred award level. **Registration deadline is 10 February, 2023.**

## WORLD-CLASS LEARNING, OUTSIDE THE CLASSROOM

By encouraging your child to get involved with the Award, you can ensure that they benefit from great non-formal education and learning and they are ready for the world, at a time when the world needs them more than ever.

### GET INVOLVED

-  **Encourage** your child to unplug and expand their horizons, by taking part in the Award.
-  **Embrace** the Award and learn more about the benefits and impacts it can have. Many of the extra-curricular activities your child is already doing can contribute to their Award.
-  **Support** young people to do the Award: consider offering to help your child's local Award unit by offering your time and talents to support other young people.
-  **Refer** people to the Award: encourage others to consider delivering, volunteering, or participating, to ensure more young people can benefit.
-  **Pay it forward:** By making a donation to the Award, you can help another young person to benefit from the impact of non-formal education and learning and become world ready.

Young people face exceptional challenge and change. There has never been a more important time to ensure that they are equipped to be resilient and adaptable to that change. To be ready to take on the world of today and tomorrow. The Award is here to help.

# GLOBAL YOUTH MOBILIZATION

## ABOUT EVENT

On 15 February 2023, the Big Six Youth Organizations, supported by the World Health Organization and United Nations Foundation, invite you to join and participate in a virtual event and accompanying side events showcasing the impact of youth-led solutions, launching our impact report, and celebrating the achievements of the Global Youth Mobilization (GYM) over the last 2 years.

Join us at this key moment as we reflect on the impact from the young people leading youth-led solutions to the health and societal negative effects created by the COVID-19 pandemic, whilst taking stock of the challenges they continue to face in this work. Bringing together leaders and experts in conversations with young advocates and change-makers, we will be charting a roadmap for the future of global youth-led solutions and looking to hear your thoughts every step of the way!

Keep an eye out on this page for more information on the programme, our exciting guest speakers, and ways to engage with the upcoming events!

**REGISTER HERE:** <https://globalyouthmobilization.org/unstoppable-registration/>

Virtual Event

**UNSTOPPABLE TOGETHER**  
Celebrating 2 years of Youth-led Global Action

Date	Time	Event Name	Description
11 February 2023	08h00 (EDT) / 13h00 (UTC) / 21h00 (SGT)	YOUTH ROUNDTABLE	The Young Decision-Makers Driving Youth-Led Solutions
15 February 2023	08h00 (EDT) / 13h00 (UTC) / 21h00 (SGT)	MAIN EVENT	Unstoppable Together: Celebrating 2 Years of Youth-led Global Action
15 February 2023	09h45 (EDT) / 14h45 (UTC) / 22h45 (SGT)	PROJECT SHOWCASE	Youth-led Solutions Project Showcase

Proud to deliver

THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD

THE HEAD OF STATE AWARD SCHEME  
Championing Young People

# Bronze & Silver AWARD PRESENTATION Ceremony

EQUIPPED FOR UNCERTAINTY

**DATE: Sat. 11 March, 2023**  
**VENUE: TIS MAIN CAMPUS MPH**  
**TIME: 7:00 PM**

[www.tis.edu.gh](http://www.tis.edu.gh)

#WORLDREADY

**All Bronze and Silver participants are advised to complete their requirements by 20 February 2023 to receive their award in March.**

The Bronze and Silver award presentation ceremony will be open to parents of awardees, Tema International School students, staff and Head of States Award scheme officials. Parents of awardees will receive an official invitation.

This is going to be Tema International School's third Duke of Edinburgh's International Award Bronze and Silver Award presentation ceremony but the first in-person, so it is promised to be prestigious.



Tema International school  
The Guide project

# A Raffle For a Polaroid

Stand a chance to win a Fujifilm instax  
mini camera + additional items or a  
Fujifilm instax smartphone printer

FOR A PRICE OF 50 CEDIS FOR 5  
RAFFLES

To raise funds for phase two of our project; the painting of  
**NO.2 Ashaiman JHS Cluster of Schools**  
see Ramatu Ibrahim, Karen Quarshie, Maame ama Osei a&  
Phoebe Osei for your raffle!

## CAS Project – We need your HELP

We are final-year students of TIS and the initiators of **The Guide \*CAS Project - Karen Magna Quarshie, Ramatu Ibrahim, Maame Ama Osei & Phoebe Osei**. We initiated The Guide to help underprivileged schools within our community. Our goal is to support **Ashaiman NO.2 JHS's** graduating class through the provision of stationery kits as well as aid in refurbishing the school, specifically its painting. The first stage of the project has been completed; consequently, the second stage is what we aim to tackle with your help.

Our project is associated with the UN Sustainable Development Goal 4/Quality Education and just like **Elizabeth Foss** said, **“When the atmosphere encourages learning, the learning is inevitable”**. We must realize that it does not just take a book and the teacher but the environment where learning occurs.

\*CAS - Creativity, Activity, Service

Our project is associated with the UN Sustainable Development Goal 4/Quality Education and just like **Elizabeth Foss** said, **“When the atmosphere encourages learning, the learning is inevitable”**. We must realize that it does not just take a book and the teacher but the environment where learning occurs.

\*CAS - Creativity, Activity, Service

**DONATE NOW** - <https://makewe.help/d30skxz>

# SUPPORT THE GUIDE CAS PROJECT

Stand a chance to win a Fujifilm instax mini camera + additional items or a Fujifilm instax smartphone printer  
FOR A PRICE OF 50 CEDIS FOR 5 RAFFLES  
To raise funds for phase two of our project; the painting of NO.2 Ashaiman JHS Cluster of Schools see Ramatu Ibrahim, Karen Quarshie, Maame ama Osei a& Phoebe Osei for your raffle!

**Buy your raffle ticket at the CAS office with Ms Miriam.  
GHC 50 for a set of 5 Raffles.**





## CAS Project – We need your HELP



**The Rhythm & Blues CAS Project** Needs Your Help to **Donate Musical Equipment** to the **Chosen Rehab Center** - Achimota, Accra.

We are grade 12 students of Tema International School and the initiators of the CAS project, **Rhythm and Blues- Annalisa Boahen, Karen Apietu & Kimi Otuo-Acheampong.**

Our goal is to donate a semi-acoustic guitar and other musical equipment to support the music studio at the **Chosen Rehab Center**. They

are a **non-profit organization** that provides free boarding facilities to rehabilitate **drug addicts, alcoholics, and homeless children**. They have outreach programs where they go to slums, hospitals, and prisons three times a week to cater for all those that need help. They have three centres, but the one on Tetteh Okuley Ave, Rd includes a music studio that they built to provide patients with lasting skills that they may utilise once they leave rehabilitation. They have a couple of pianos, one music production equipment, and one semi-acoustic guitar. As a result, we have collaborated with them to create a more suitable skill-learning environment for the individuals who live there.

Our project aims to tackle the UN Sustainable Development Goal 4/Quality education and 8/Decent work and economic growth. With your support, we will not only be able to achieve our goals, but others will be able to fulfil their dreams.

Click on the link and **DONATE NOW** <https://makewe.help/9ag6pct>

No amount is too little or too small.



## CAS Project - We need your HELP

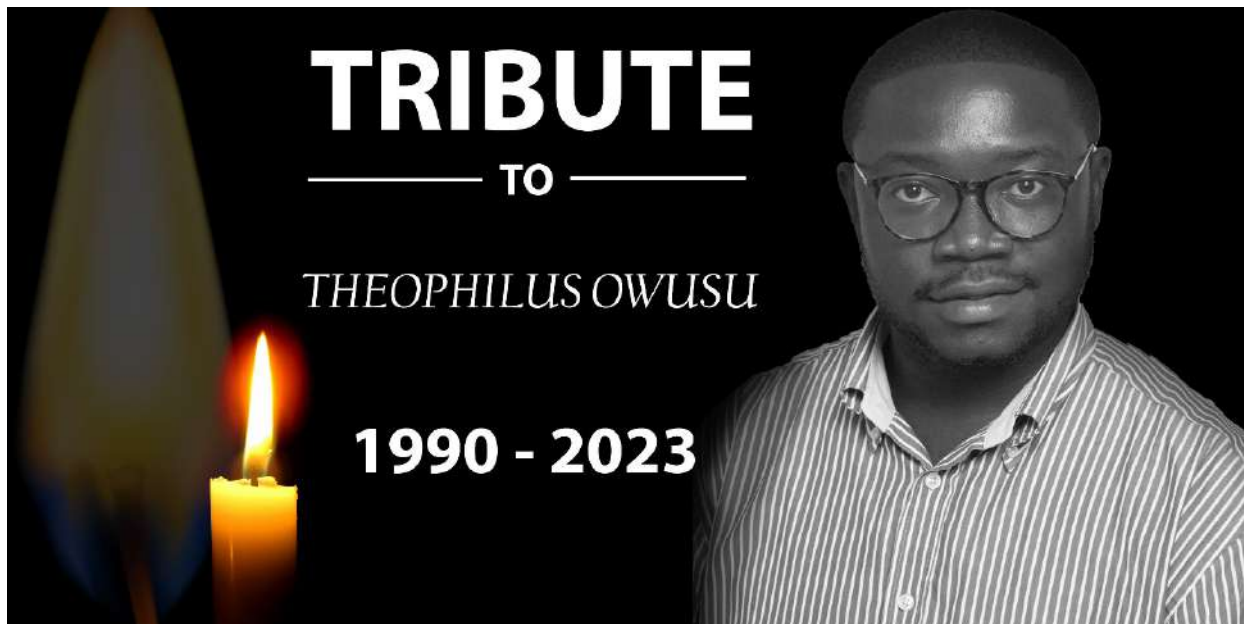


**BC-WeCare** is a CAS initiative by Serwah Dabo, Eugene Cobinnah, Kabukuor Ceasar, Katari Alhassan, Afua Osei Boakye and Veronica Arthur (G11). We are a group of students in the Diploma Program at Tema International School who are passionate about spreading awareness on breast cancer.

For the past month, we have been writing articles about the disease and educating our school community about the importance of spreading awareness to encourage people to screen early, as we know, **#EARLYDETECTIONSAVESLIVES**. In addition, we are extending this campaign outside of our walls to buy **breast prostheses** for women in Ghana who have undergone a **mastectomy** and cannot afford to reconstruct. We are collaborating with **Pink for Africa, a Breast Cancer Foundation** on this cause. <https://www.pinkforafrica.org/>

Currently, a single (quality) breast prosthesis costs \$250. We aim to **raise GHC 25,000 (Twenty Five Thousand Ghana Cedis)** to buy about 6 single breast prostheses (3 pairs). To Support our cause, we would need your donations to reach our goal. Nothing is too small, any amount would be appreciated. We are most grateful.

**DONATE NOW**, please click on the link below. <https://makewe.help/qkgw4ry>



Condolences to TIS and to the family of late Mr Theophilus Owusu

Gone too soon....

We know that death is an inevitable event that we must all come to terms with.

But, we consider the time appointed for Mr Theophilus Owusu to die as rather sudden, untimely and very painful. As a parent of an international student, we did not know him personally. But from our reading of the tributes in the TIS Bulletin written by his students and colleagues, he was an exceptional teacher and achiever who has contributed in no small measure towards the social development of TIS students.

He has left a legacy of excellence, selfless service, courage, and will be deeply missed by those whose lives he had touched.

Our deepest condolences to TIS and his family. May his gentle soul rest in perfect peace.

Amen!!!

Mr and Mrs Fokou - TIS Parents

From Lagos- Nigeria





Click on the link below for a farewell video from TIS family to Mr Theophilus.  
<https://youtu.be/FzWtNilePvg>

We will love to hear your deep voice again.

We will love to see you dance again.

We will appreciate to have you on our soccer staff team again.

We will love to feel your firm hand shake again.

We will like to have you back in staff parliament.

How we wish.

How we wish to see this coming.

Sorry you had to exit this way.

Your demise has put lots of hearts in pain.

There is no greater memory than the sound of a friend's laugh. As we say goodbye to your physical presence, we are comforted knowing

Theo's spirit will always be part of us.

Rest well Theo.

**PAINFULL EXIT**

**AGE 33**

**Theophilus KWAME OWUSU**

**FUNERAL ARRANGEMENTS**

**SUNDAY 29TH JANUARY, 2023**

**LAYING-IN-STATE: SUNDAY 29TH JANUARY 2023 AT AMAKOM S.D.A. CHURCH PREMISES - KUMASI FROM 6:00AM - 4:00PM**

**BURIAL SERVICE: SUNDAY 29TH JANUARY 2023 AT AMAKOM S.D.A. CHURCH - KUMASI**

**BURIAL: SUNDAY 29TH JANUARY 2023 AT (KONKOMA) LAKESIDE, CEMETERY**

*All Friends And Sympathizers Are Cordially Invited*



## Special Assembly in honour of Mr Theophilu Owusu





## CAS project: Climate 180



**Project initiators:** Dzidzor Mac-Deh, Mawulolo Agbeli, Kwadwo Adubofour, Eugene Cobinnah, Maadjoa Obeng-Nkansah, Nana Aba Egyei-Mensah, Ethan Sunkwa Mills, Nanette Ativor and Emmanuel Essel.

### Learning outcomes:

- Initiative and planning
- Commitment and perseverance
- Collaborative skills
- Global engagement
- Challenge and skills

### Project aims:

1. To build a climate clock and place it within the TIS campus in order to raise awareness of our current situation
2. To educate women and students in rural areas on renewable energy, its importance and benefits.

## CAS project: Climate 180



Our CAS project, “Climate 180”, has the pleasure of collaborating with 350 Ghana Reducing Our Carbon, a vibrant youth organization that aims to reduce Ghana’s carbon emissions and promote renewable energy systems. They aim to mobilize the youth into having a voice in our future that is unfortunately being destroyed by selfish entities that rule our countries. Many times has 350 G-ROC been a voice that shouts the crippling truth about climate change and

where our world is headed towards. There are sectors within this organization that work on educating women in rural areas about renewable energy and creating awareness about the impending nature of climate change through the use of a tool known as the climate clock, these areas are what our CAS project is particularly interested in. For those of you who are not aware, a climate clock is a device that shows the time we have left before climate change is irreversible, it is our deadline to make a change and place a significant dent in the common enemy we all share, i.e. climate change.

On the 26<sup>th</sup> of January 2023, Ms. Portia Adu Mensah, the coordinator of this organization, met with us and we discussed the aims of our CAS project. She also shared with us her passion for climate change and the true importance and relevance of the voices of the youth in making decisions that impact our future. She proceeded to show us two climate clocks and everyone in the room was hit with a sudden wave of anxiety. The time read 6 years on the climate clock and we realized that many of us would have just started our lives. If we do not make a change, many of us will not have a future. Climate 180 aims to be a core voice in the fight against climate change in Ghana.

We invite you all to learn more about 350 G-ROC and climate clocks using these links: <https://350groc.org/>, <https://climateclock.world/> . ACT NOW!





# TIS IB CLASS OF 2024



## Chocolate Friendship Day *presents*

**Love: A Work Of Heart**



Fairafric - GH¢30



Twix - GH¢20



Welch's - GH¢5



Chocomilo - 10 for  
GH¢5



Niche mini chocolate - 2 for  
GH¢5



Haribo - GH¢5



KitKat - GH¢15



Cocoa Crunchy - GH¢7



Niche - GH¢10



Maltesers - GH¢15



**SPECIAL PACKAGE - GH¢120**

Stay tuned for a phenomenal party by the pool, with food, drinks, a live band and much more on Saturday, 18 February at 7pm!

The Chocolate Friendship Day Committee in collaboration with Operation Smile is raising funds to pay for the surgery of children with Cleft Lip.



**Chocolate Friendship Day, 2023**  
**Love: A Work of Heart**  
**Raising Funds to pay for the surgery of Children**  
**With Cleft Lip and Cleft Palate.**



The Creatives, the IB Class of 2024 (Grade 11s), are eagerly preparing the best-ever **Chocolate Friendship Day** event in TIS. The organizing committee has so much in store for you. Get your Chocolate form and make that special order for a friend or yourself.

\*Kindly see below the **Chocolate Chart**. Choose your chocolate and who you will share it with, fill out the form (s) and submit it to the CFD rep.

There is also a **special package fair** happening during prep, grades are invited to the Design Lab, where the fair is happening, to choose from Eau de parfum, body splash, body scrub, and jewellery, a special package, all in order to **raise funds** for **children with Cleft Lip and Cleft Palate**.

Stay tuned for a phenomenal **party by the pool**, with food, drinks, a live band and much more on **Saturday, 18 February at 7 am!** The **Chocolate Friendship Day Committee** in collaboration with **Operation Smile** is raising funds to pay for the surgery of **children with Cleft Lip and Cleft Palate**. Each surgery costs **US\$ 1000 at Korle-bu Teaching Hospital**. Most families cannot afford to pay for the surgery and treatment needed for their children. We are appealing to you, **students, staff and parents** to support us.

**Dear Parents**, DONATE, via Momo, cash or contact our CAS Coordinator, Mrs Surama King - surama.king@tis.edu.gh we need your help! To our **teachers and staff**, a member of the committee will see you on Monday. **Your support is appreciated.**

*Mawulolo, Aseda and Dwayne – Leaders of CFD 2023 – ‘Love: A Work of Heart.’*

## Raising Funds to pay for the surgery of Children With Cleft Lip and Cleft Palate.

Let's come together and support Kelvin's mother pay for his surgery



### Meet Kelvin

“My younger sister said she didn't want a baby with a cleft, so she just ran away,” Felicia said.

After watching her sister abandon Kelvin, Felicia decided to adopt her nephew. She's been raising him as her own son ever since.

“There was no one to take care of him, and I couldn't leave him to die,” she said.

Felicia had never seen anyone with a cleft condition before. And although she didn't know if a solution was out there, Felicia refused to walk away like her sister did.

While Felicia loves Kelvin, her life became very difficult after she made the decision to adopt him. She used to make a living as a trader, selling containers of water in the market.

“Now that I have this baby, I can no longer go to the market. I have to strap him to my back, and as soon as people see what he looks like, they don't want to buy anything from me anymore. I have to beg people for money so I can feed him,” Felicia said.

Felicia felt relief and happiness when she learned that Operation Smile Ghana provides safe surgical care for patients like Kelvin.

But after performing a comprehensive health evaluation, medical volunteers determined that Kelvin couldn't be scheduled for surgery because he exhibited signs of malnourishment in addition to having contracted a cold.

“I don't like to take him outside because when I do, he gets sick. He's always sick,” Felicia said. “I don't have money, so when I run out of food for Kelvin, I have to go out and ask people for it. I need someone to help me take care of him.”

Through increasing education and promoting health, Operation Smile Ghana aims to reduce malnutrition and illness as barriers preventing children from receiving safe surgery.

Before Felicia and Kelvin left the patient shelter to return home, volunteer dietitian Dede Kwadjo, who runs the nutrition program for Operation Smile Ghana, evaluated Kelvin and gave Felicia helpful advice about the types of food that Kelvin needs to eat in order for him to become healthy enough for safe surgery.

“We train our mothers to use what they have to create nutritious food for their children. We ask what they have available: fish, beans, banana. Then, we work with them to create a practical solution, teaching them how to help their child,” Dede said.

“I will feed him well so he can gain weight and grow stronger,” Felicia said.

While she waits for the next medical mission, Felicia said that she hopes to spread the word about the work that Operation Smile Ghana is accomplishing in the country.

“If I see someone else with a cleft, I will advise them and encourage them and ensure them that they should come and be seen by the doctors at Operation Smile.”

Felicia hasn't heard from her sister since she left Kelvin shortly after his birth. She has no idea where she is. But after learning that Kelvin couldn't receive surgery yet, Felicia refused to give up hope.

“If he can get the surgery, I believe it will bring my family back together again.”

### References

Operation Smile Canada. (n.d.). *Ghana - Where we work*. [online] Available at: <https://operationsmile.ca/where-we-work/ghana/>.

Operation Smile. (2011). *Home*. [online] Available at: <https://www.operationsmile.org/>.

# TIS IB CLASS OF 2024 CHOCOLATE FRIENDSHIP DAY

PRESENTS

## LOVE: A WORK OF HEART

PARTY BY THE POOL

### MENU

#### SWEET TREATS



ICE CREAM GH 15

MILKSHAKE GH 15

#### SAVOURY TREATS



CHICKEN POPCORN (15) GH 30

SAMOSAS (3) GH 12

SPRING ROLL (3) GH 12

#### TOPPINGS



CARAMEL SYRUP GH 6

CHOCOLATE SYRUP GH 6

CHOCOLATE CHIP GH 5

WHITE CHOCOLATE CHIP GH 5

MACHELLE RESTAURANT IN COLLABORATION WITH CHOCOLATE FRIENDSHIP DAY COMMITTEE RAISING FUNDS TO PAY FOR THE SURGERY OF CHILDREN WITH CLEFT LIP.





















# TEMA INTERNATIONAL SCHOOL

# SERVICE



At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.



EDUCATION FOR A BETTER WORLD





# Ten tips for acting with integrity

**Always act with honesty** and in a responsible and ethical manner—being conscious of the influence that you have on those around you can set a great example to others.



**Familiarise** yourself with the school's rules and ensure that you understand what academic integrity means and consists of.

Don't try to gain an **unfair** advantage in coursework, mock examinations, or assessments by copying someone else's answers or using a mobile phone during an exam, for example.



Always reference and cite other people's work that you have used in your essays—be **proud** of explaining that you understood someone else's ideas and thought that they were good. **Seek help** if you are struggling or are not sure of expectations.

Stand up for what is **right**—alert a member of staff at your school if you suspect that someone has cheated.



Learn to **accept** your strengths and weaknesses and do the best that you can.

**Take responsibility** for your own actions and their consequences.



Know how to **safely collaborate** and share work when using social media and digital collaborative platforms.

**Be mindful** of maintaining academic integrity during group work/projects and keep track of what each group member is contributing.



Try to **overcome procrastination**. Managing your time wisely will reduce stress-induced, last-minute work which increases the likelihood of cheating.



# Be a content creator, not a content imitator.

Academic integrity is a responsibility  
of the whole IB community

Visit our website to find out more: [ibo.org/academic-integrity](https://ibo.org/academic-integrity)



# 6 Principles Shaping the Future of Work



Be Open to Understanding New Technologies and Concepts



Use Mobile Phones for Interactions with Teams



Use Expressive Communication



Integrating Team Softwares for Ease of Collaboration



Create Prioritized and Personalized Messaging Between Teams




Connect Workplaces


ReachOut

# Checklist for **DISTURBING CONTENT**


**Work out whether the content is right for your child.** It might be around their age or just their personality, but trust your gut and put boundaries in place.




**Read up on the issues it explores.** If you show that you are comfortable and knowledgeable with the issues it explores your kids are more likely to open up to you during a tough time.




**Stay up to date with pop culture.** You may not care about the Bieber's or Beyonce's of this world but following sites like [Pedestrian.tv](http://Pedestrian.tv) and [news.com.au](http://news.com.au) will help you stay ahead of the game.




**Make sure they know that not everything they see is how it appears.** Have a frank conversation about not taking everything on the internet at face value.




**Tell them that they don't have to watch something if they don't want to.** **Brainstorm ways they can say no to their peers** and feel confident making their own decisions.




**Encourage them to practice self-care.** If they are going to watch something make sure they've got an arsenal of things to pick them back up afterwards.



**Offer to watch it with them.** That way you can talk through anything tough as it comes up. This can be useful even if they've already seen the content.



**Let them know where to go for help.** Ask them who they would feel comfortable talking to and connect them with services like [ReachOut](http://ReachOut.com) or [Kids Helpline](http://Kids Helpline).





## COUNSELLORS' CORNER



Dear students, all dreams are possible to achieve. You must put in the work to get there from here. No Slacking! No Laziness! No Delays! No Procrastination! Say It! Mean It! and Do it!

~IS ACTION~ TIME STARTS NOW!



- ✓ Life is practical. What you give out is what you receive. Go the extra mile, put in the hard work and you will see the results. **SET SMART GOALS!**
- ✓ Know exactly what is required of you each day. In hours, in minutes, in seconds and bits.
- ✓ Be kind to yourself. You make mistakes, you learn, you grow. Don't let failures and criticisms stop YOU! Positive energy, cheerful spirit!
- ✓ Surround yourself with success. Automatically you attract what you associate with.
- ✓ Celebrate your daily successes and push away procrastination and laziness. You said today, now tomorrow. When then....?

## DP2s: Responding to University Admissions via Email



All set and done. Applications have been submitted.

Please make it a necessity to check your university portals and respond accordingly to all emails sent to you from your universities. Here's why?

- ✓ It is a prove to the university that you are enthusiastic and have a keen interest in the university. This informs your prompt response to emails.
- ✓ It's your surest bet for priority considerations because universities check the date and time you opened and responded to their emails.

**NB:** Unsure about how to respond to a particular request? Please see your Guidance Counsellors.



This Year's Summer holds **A Lot of Opportunities** for You to Enroll in Educational, Fun Summer Programmes. **Check out the list on Managebac and discover more summer opportunities.** Please note that all essays and other supporting documents are ready and submitted to your assigned counsellor.

### YYAS 2023 Program Dates:

YYAS Online: 30 July- 5 August 2023

YYAS Zimbabwe: 11-18 August 2023

<https://africanscholars.yale.edu/overview>

<https://globalscholars.yale.edu/yygs-residential>



- **The University of Miami Summer Programme**



<https://ssp.dcie.miami.edu/apply-now/international-applicants/index.html>

More information here: <https://ssp.dcie.miami.edu/program-information/academic-landing/index.html>

- **York University Summer Programme:**



**2023 Educational Summer Camp (ESC) at York University in Toronto, Canada**

**An exciting three weeks' Summer Programme @ York University, Canada**

<https://yorkinternational.yorku.ca/summer-programs/>

- **Oxford Scholastica Summer Programme**



<https://www.oxfordscholastica.com/summer-courses/>

To Learn More, Visit: <https://www.oxfordscholastica.com/about-us/>

**Savannah College of Art And Design (SCAD), USA Summer Programmes**



<https://www.scad.edu/academics/pre-college-programs/scad-summer-seminars>



VIRTUAL  
OPEN DAYS



UNIVERSITY of NICOSIA | MEDICAL SCHOOL



ON CAMPUS  
INFO SESSION

**STUDY VETERINARY MEDICINE  
AT THE UNIVERSITY OF NICOSIA:  
THE IDEAL CHOICE FOR  
UNIVERSITY STUDIES IN EUROPE**



30 JANUARY 2023  
17:00 - 18:30 EET



UNIVERSITY OF NICOSIA  
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UNIVERSITY of NICOSIA | SCHOOL OF  
VETERINARY MEDICINE



ON CAMPUS  
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**STUDY MEDICINE AT THE  
UNIVERSITY OF NICOSIA:  
THE IDEAL CHOICE FOR  
UNIVERSITY STUDIES IN  
EUROPE**

- 6-YEAR OPTION FOR UNDERGRADUATE ENTRY
- 5-YEAR OPTION FOR GRADUATE ENTRY



30 JANUARY 2023  
17:00 - 20:00 EET



UNIVERSITY OF NICOSIA  
MEDICAL SCHOOL





UNIVERSITY of NICOSIA | MEDICAL SCHOOL



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### **Doctor of Medicine (MD) Degree**

Discuss questions with the Course Director and our Admissions team live. For 2023 Entry!

- EU-accredited medical degrees allow medical practice pathways worldwide
- Listed in the World Directory of Medical Schools
- Early Clinical Exposure

#### **Schedule of on-Campus Open Day:**

15:00 – UNIC City Tour & tour of residences

17:00 – Presentation & tour of medical facilities

### **Doctor of Veterinary Medicine (DVM) Degree**

Learn more about the 5-year Doctor of Veterinary Medicine (DVM) Degree for High School leavers.

#### **Schedule of on-Campus Open Day:**

15:00 – UNIC City Tour & tour of residences

17:00 – Presentation & tour of veterinary medical facilities

## **Ghanaian University Applications**



<https://study.lancaster.edu.gh/postgraduate/#:~:text=Admissions%20now%20open%20for%202023,Start%20your%20application%20now.>



Click on this link to apply: <http://www.webster.edu.gh/>



## SAT 2023 TEST DATES

- ✓ **DP1s: don't wait until the eleventh hour to register. Register now to avoid any disappointments!**



Want to Register for SAT But Don't Know How? Follow the Links!

- ✓ <https://satsuite.collegeboard.org/sat/registration>

Click here for more information <https://www.bestcolleges.com/test-prep/sat/registration/>

If having Troubles Registering contact Aunty Portia in person or by email at [portia.atubiga@tis.edu.gh](mailto:portia.atubiga@tis.edu.gh)

### SAT TEST DATES 2023

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
11 March 2023 ( <a href="#">Digital</a> )**	3 Feb. 2023
6 May 2023 ( <a href="#">Digital</a> )**	31 March 2023



- ✓ SAT without essay \$103 – Online payment only with visa/credit card. **NEW; ACCEPTABLE IDs ARE THE VALID UNEXPIRED PASSPORT IN ADDITION TO GHANA'S NATIONAL IDENTIFICATION CARD (GHANA CARD), AS OF AUGUST 2021 ONWARDS.** <https://collegereadiness.collegeboard.org/sat/register/international/policies>



### 2023 TEST DATES (COMPUTER-BASED TESTING ONLY!)

- ✓ ACT Registration Fees (Online payments only: Visit [www.actstudent.org](http://www.actstudent.org)): ACT Registration Fees \$171.50, with writing \$196.50 (Online payments only: Credit Card)
- ✓ (TIS Test Centre Code: 870390, but inform counsellor first).



- ✓ click: <https://global.act.org/content/global/en/products-and-services/the-act-non-us/registration.html>

**\*To complete registration, payment must be made online in full with a credit card. ACT April DEADLINE coming up. STEM students have an edge.**

### ACT TEST DATES 2023 (COMPUTER-BASED TESTING ONLY!)

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
15 April 2023	24 Feb. 2023
10 June 2023	21, April 2023





## TIPS FOR USING EACH CHARACTER STRENGTH IN A NEW WAY

### ☐ Creativity

Think of one of your problems and two possible solutions. Present the solutions non-verbally as an act or mime to someone.

### ☐ Curiosity

Try a new food for the first time, preferably from a culture different than your own.

### ☐ Judgment

Ask one or two clarifying questions of someone who has a different approach to life or different beliefs than you (e.g., a vegetarian).

### ☐ Love of Learning

Read some of the original works of Gandhi online.

### ☐ Perspective

For one of your interactions today: First, listen closely. Second, share your ideas and thoughts.

### ☐ Bravery

Take on a new adventure or hobby that fits with one of your areas of interest.

### ☐ Perseverance

Complete a small project that you have been putting off.

### ☐ Honesty

Write a poem that expresses an inner truth.

### ☐ Zest

Exert your energy in a unique way – jump on a bed, run in place, practice yoga or body stretching, or chase around a child or pet.

### ☐ Love

Surprise somebody with a small gift that shows you care (e.g., flowers, a Starbucks coffee).

### ☐ Kindness

Put coins in someone's parking meter that has run out of money.

### ☐ Social Intelligence

Start up a conversation with someone whom you normally would not say much more to than typical pleasantries. This person might be the woman at the checkout counter, a telemarketer, or a new employee.

### ☐ Teamwork

Spot and express appreciation for the strengths expressed by your team members.

### ☐ Fairness

Look for beings (e.g., people, animals) that are cast aside or typically held in disgust and go out of your way to treat them right.

### ☐ Leadership

Discuss with someone who reports to you about how they can align their top character strength more in their work.

### ☐ Forgiveness

Let go of a minor irritant or a grudge.

### ☐ Humility

Ask someone you trust to give you feedback on your struggles and growth areas.

### ☐ Prudence

Before you make a decision that is typically very easy, take one full minute to think about it before you take action.

### ☐ Self-Regulation

The next time you feel irritated or nervous today, pause and breathe with the experience for a count of 10 breaths.

### ☐ Appreciation of Beauty and Excellence

Go outside and stand still in a beautiful environment for 20 minutes.

### ☐ Gratitude

Tell someone "thanks" who deserves it and is typically not recognized.

### ☐ Hope

Consider a problem or struggle you are having. Write down two optimistic, realistic thoughts that bring comfort.

### ☐ Humor

Do something spontaneous and playful around another person (e.g., saying something silly, contorting your body in a weird way, or telling a funny story or joke).

### ☐ Spirituality

Read about a religion/spirituality different from your own and look for ways in which the core messages parallel one another.



# The Academic Research & Writing Principles

Turnitin has developed this checklist as a guide to support students in their academic research and writing process. Use the 12 suggested guiding principles to help you to produce high quality research and original writing, from the pre-reading stage to final submission.

## 1

### Explore

**a wide range of research.** Research the topic thoroughly to develop your knowledge base, discover new ideas and strengthen your own line of argument.

## 2

### Evaluate

**the reliability of your sources.** Take some time to evaluate all your sources, particularly if information has been accessed online. Consider who has created the information and why.

## 3

### Organise

**your research notes.** Note taking is a fundamental part of the research process. Keep notes neatly organised and retain a copy of each source used.

## 4

### Write

**an original paper.** The best defence against plagiarism is original writing. Unless quoting directly from someone else's work, express all ideas in your own words.

## 5

### Paraphrase

**other people's ideas.** An essential academic skill, some find it helpful to note down key words and concepts before paraphrasing other people's ideas.

## 6

### Differentiate

**other's work from your own original insights** by referencing or paraphrasing. Avoid accidentally plagiarising someone else's work by using academic referencing.

## 7

### Cite

**all of your sources.** A citation in your paper shows exactly what information has come from another source. Remember to cite all borrowed words or ideas, including those which came from one of your own previous papers!

## 8

### Reference

**all of your citations correctly.** Depending on the referencing system used, this may end in a list of sources as a 'bibliography'. Most students are aware of referencing requirements surrounding books and journals, but we must also reference sources like YouTube videos, images, diagrams and yourself!

## 9

### Use

**the relevant referencing system consistently throughout your assignment.** Referencing can vary across module units or each course so check which system you should use and follow the relevant formatting guidelines.

## 10

### Ask

**your teacher or instructor for their feedback** on any drafts you have written in advance of the deadline. Writing multiple drafts and implementing the feedback you receive can help to make you a better writer.

## 11

### Double check

**your work including citations.** Allow time to double check each of your citations before submission. This includes page numbers, publication dates, web links and authors' names.

## 12

### Submit your final piece through Turnitin

Turnitin will check your work against other sources in the Turnitin database and use this information to generate an originality report.



# WHY PEOPLE GIVE UP



expect fast results



stop believing in themselves



get stuck in the past



dwell on mistakes



fear the future



resist change



give up their power



believe in their weaknesses



feel the world owes them something



fear failure more than desire success



never visualize what is possible



feel they have something to lose



overwork



assume their problems are unique



see failure as the signal to turn back



feel sorry for themselves

by Anna Vital

# TIS INTEGRITY Code

**“TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member.**

**As a TIS family member,  
I promise to uphold and demonstrate its values,  
and protect the reputation of the school.  
I make this pledge in the spirit of honour and trust.”**



