TIS RECORD

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At TIS,

we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.

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Key Dates

- 24/3/23: G5-6 excursion

 25/3/23: 2023 TIS Expression Day

- 26/3/23: Exam Candidates Service

- 31/3/23: End of Unit celebration (Primary School)

Thought for the Week

It doesn't make sense to continue wanting something if you're not willing to do what it takes to get it. If you don't want to live the lifestyle, then release yourself from the desire. To crave the result but not the process, is to guarantee disappointment.

James Clear



TIS Expression Day 2023

A beautiful day is guaranteed tomorrow, Saturday, 25 March, at our 2023 Expression Day at the Main Campus.

Expression Day is a time when TIS celebrates the arts while also fundraising for worthy causes.

The action starts at 1.00pm and continues until 5.00pm.

Enjoy the sights and sounds, and marvel at the talent on show within the beautiful garden area. Students have also worked very hard to create a variety of art and craft items for sale. There will also be food stalls onsite.

As funds raised will go towards paying for the surgery of children with cleft lip and cleft palate, we hope you will bring your village to help us reach our fundraising goal

Please join us tomorrow for this wonderful experience.



"My definition of integrity is a set of beliefs, values, and actions that others can depend on."

-Steve Bollar

SAT & ACT

- Best advice: students who are required to complete SAT and/ or ACT requirements should do so by the end of Grade 11. Leave it until G12 and you have created a personal timemanagement monster.
- Please follow instructions and details provided in the weekly Counsellors' Corner section of the TIS Bulletin.

Making Us Proud

- Dentu Gyampo (10) for his report on his exciting Personal Project, *A Bottle of Light*, in last week's Bulletin.
- Serwah Dabo, Eugene Cobinnah, Kabukuor Caesar, Katari Alhassan, Afua Osei-Boakye and Veronica Arthur (11) for their BD-WeCare CAS project.
- Daniel Markin (12) for his creative and reflective CAS completion report.
- Sharon Quarcoo, Fernanda Kofigah, Eliana Essel and Brianna Boateng for their reflections on the G9 Language & Literature poster exhibition.
- Maadjoa and Ewuradjoa Obeng-Nkansah, Nana Yaa Owusu-Manu and Madame Serwah Dabo for their Ignite CAS project initiative to refurbish the playground at St Nicolas School in Tema.

Mid-Semester Break

Next week will be the last week before the mid-semester break commences. On 31 March, unit celebrations will be held at the Primary School along with student-led interviews.

At the Main Campus, on 31 March, teachers will be available between 8.30am and 1.00pm for parent/teacher interviews. Students may depart hostels from 9.00am.

Classes will resume on Monday 17 April with students returning to hostels by 5.00pm on 16 April.

Re-Enrolment

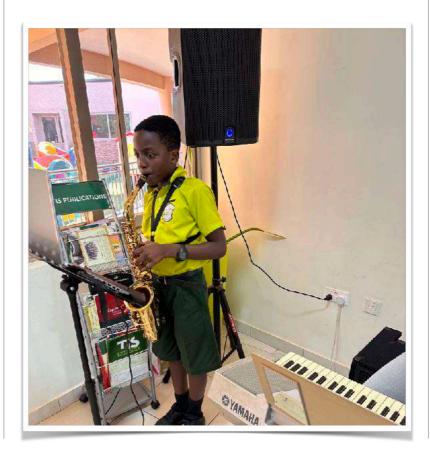
Re-enrolment emails were sent out on Tuesday requesting parents to state their intentions about re-enrolment for 2023/2024. There are no fees involved with re-enrolment.

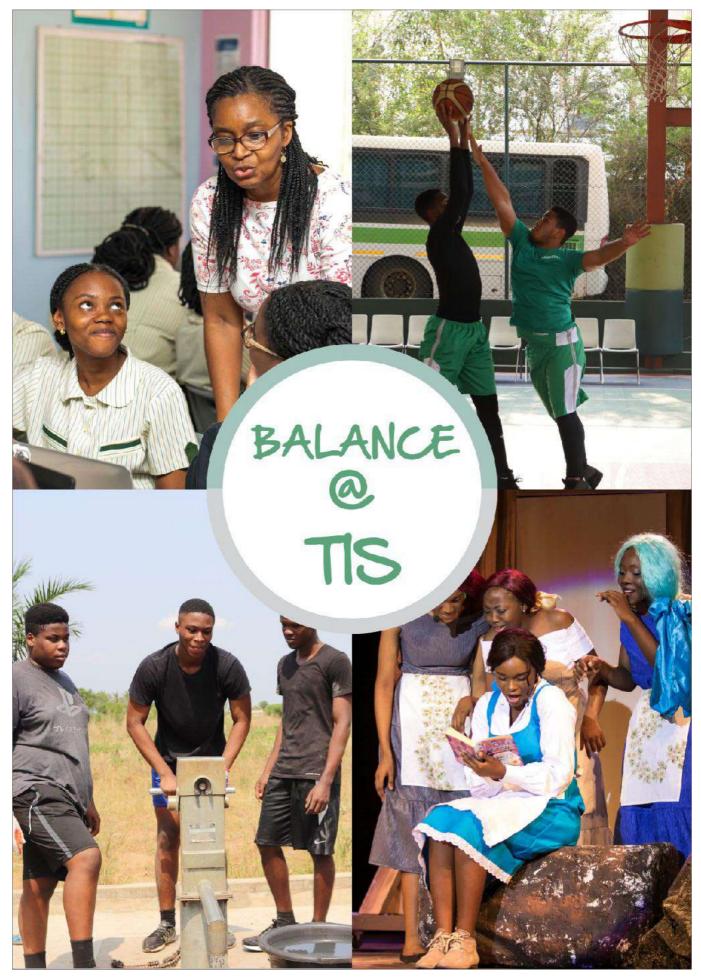
As we are at a critical stage with our admissions process for 2023/2024, I will appreciate your responses to assist us with our planning for the next academic year.

Please accept or decline by 31 March 2023 (and not 2021!).

I appreciate your support. Stay healthy.

Dr Ken Darvall (Principal)









Exeat

There are two types of exeats: general and medical. All students will be allowed two exeats each mid-semester. Please plan accordingly to avoid disapointments.

All exeat requests must be completed online and submitted with at least 48 hours' notice, with the exception of urgent medical issues. Weekend exeat requests must be received by the preceeding Wednesday. Any requests after this deadline will not be approved.

The integrity of an exeat request is critical.

No exeats will be granted if a student has outstanding work.

No exeats will be granted guring the last week before a semester break.

Parents/Drivers must show the approval exeat from their phone to enter (NO SHOW. NO GO!).

Students must return by 5.00pm on Sundays (weekend exeats).

General Exeat

A general exeat will cover passport and visa matters, as well as family events. These must not exceed more than two per mid-semester.

Access the general exeat form from here: https://www.tis.edu.gh/exeat-form/

Medical Exeat

A medical exeat will cover medical, dental, optical, and hospital appointments. When possible, appointments should be made for Saturdays, to minimise learning loss.

Access the medical exeat form from here: https://www.tis.edu.gh/medical-exeat-form/



Visiting

For visits during semester 2, parents will be required to book their visit online.

Please go to: https://www.schoolinterviews.com.au/code/a9uu7

Complete your details and click next to select your day and time. Then click next to receive a confirmation of your booking.

If you do not receive confirmation of the date and time, then you have not completed your booking.

Weekend times will usually go from 2.00 - 5.00pm on Saturdays, Sundays and public holidays Sessions are 60 minutes. You must keep to your allocated session.

Book early to avoid disappointment. Please ensure your child/ren know the times of the visit.

2023/2024 SECONDARY SCHOOL ADMISSIONS ARE NOW OPEN

Main School Campus - Grades 7, 8, 9 and 11

- Prospective students are required to complete application forms online via https://tis.openapply.com
- An application fee can be paid via ExpressPay, at the school or into the school's account. The account details can be found on the Bank Details page.
- All prospective students will take an aptitude test that does not require special preparation. An interview would be conducted before a final decision is made. Parents will be informed of the outcome of the selection process.
- Only candidates who have fully completed the applications will be contacted for the aptitude test and subsequent interview.
- Prospective families are encouraged to arrange a tour of the school before or during the application process.

Applications open on 3 October of the preceding year. Early applications and admissions are encouraged. Late applications will be considered, if vacancies exist.

Applicants for Grades 7, 8 and 9 will be required to provide three current term or two semester reports.

Applicants for Grade 11 will be required to provide three current term or two semester reports, predicted grade and a recommendation letter. When final results are released, applicants are required to attach a scanned copy on OpenApply. The release of final results will confirm subject selection levels (Standard or Higher).

After the completion of Middle Years Programme (Grade 10), TIS students are expected to complete the IB Diploma Programme in Grades 11 and 12. They will make initial subject selection choices during the second semester of Grade 10. The release of examination results will confirm subject selection levels (Standard or Higher).

Please note that students are not normally accepted into (Grade 10 and 12).





Tema International School



MAIN CAMPUS SECONDARY ADMISSIONS ARE OPEN FOR 2023/2024 ACADEMIC YEAR FROM 3 OCTOBER 2022 UNTIL 31 MARCH 2023

A family school, a unique experience.

Flexible online admission testing is available

ENTRY POINTS: Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 11 (IB Diploma Programme)

Grade 7 (MYP 2)

Students should:

- a) Have completed Primary 6.
- b) Be aged 11+(at the time of admission).
- c) Complete a general aptitude test and interview.

Grade 8 (MYP 3)

Students should:

- a) Have completed JHS 1 or in JHS 2.
- b) Be aged 13+(at the time of admission).
- c) Complete a general aptitude. test and interview.

To learn more scan this.



To enrol scan this.



Grade 9 (MYP 4)

Students should:

- a) Have completed Grade 8 or Basic Education Certificate Examination (BECE).
- b) Be aged 14+(at the time of admission).
- c) Complete a general aptitude test and interview.

Grade 11 (IB Diploma Programme)

Students should:

- a) Have successfully completed MYP 5, the IGCSE (Or its equivalent) or awaiting the results of the IGCSE.
- b) Be aged 16+(at the time of admission).
- c) Complete a general aptitude
- test and interview for non IGCSE
- & GCSE students (i.e. WASSCE,
- OCR, AQA).

The online application process can be completed at: https://tis.openapply.com For further information contact us on phone: +233 303 305134; +233 303 308737; email: admissions@tis.edu.gh Or come and visit the school (Opp Afariwa Farms, Off Tema-Akosombo Road)

www.tis.edu.gh

TIS ADMISSION PROCESS

KEY QUESTIONS

- ✔ Why does your child want to
- ✓ How will your child take advantage of the TIS experience?
- ✓ As a parent, why are you applying?

DUE DILIGENCE

- ✓ Go to tis.openapply.com
- ✓ Familiaise yourself with all aspects of the admisions
- \checkmark Is this the right school for

APPLICATION

- ✓ Go to: https://tis.openapply.com
- ✓ Complete an online admissions application and include all required
- ✓ Pay the application fee.

BOOK A TOUR OF TIS

- ✓ Allow 30-45 minutes for the tour.
- ✓ Be prepared to be surprised when you discover West Africa's best kept secret!

TEST AND INTERVIEW

- ✓ Your child will have to
- ✓ An online interview will be conducted after the test has been completed.

APPLICATION DECISION

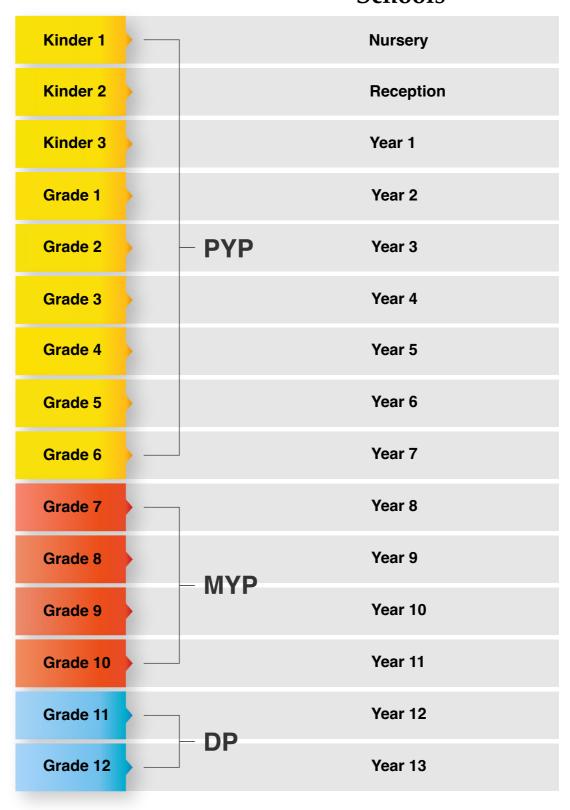
- ✓ If an admission offer is made,
- ✓ Otherwise, you will be informed if your child has on the waiting list.

NEED HELP OR IF YOU HAVE MORE OUESTIONS

- ✓ Please email: admissions@tis.edu.gh
- ✓ Please call:
- +233 303 305134 +233 24 963 7762

TIS Admissions Grade Chart

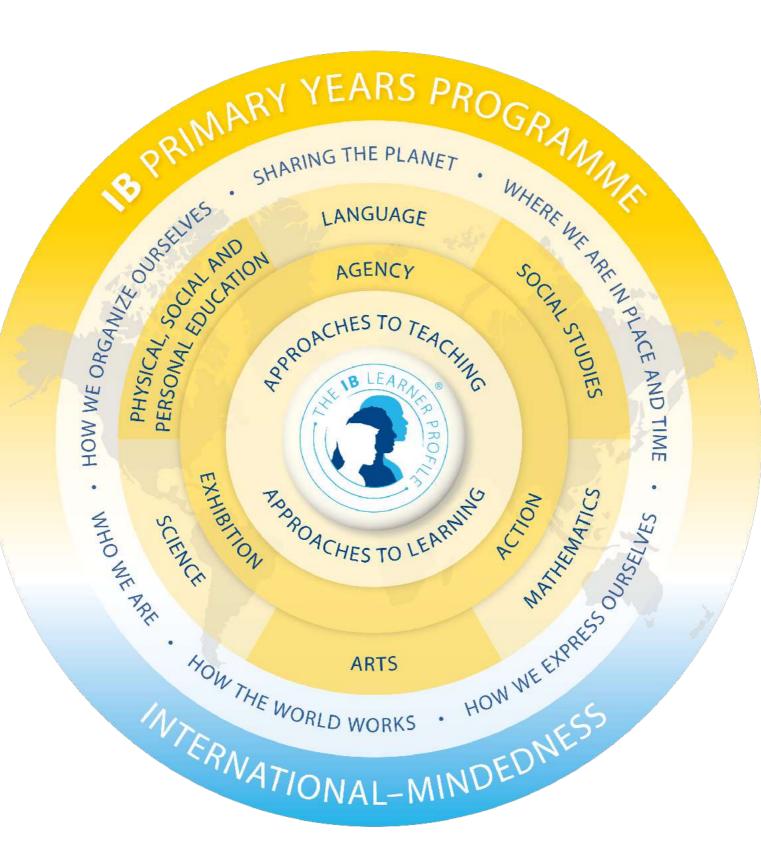
TIS British Curriculum Schools





TIS Primary is a unique school because: it is a family school; we have qualified teachers; I have good friends, we have great facilities; we are good communicators; and we are open-minded.

Amewusika Tay



AGENCY AT TIS PRIMARY SCHOOL

Inquiry is an approach to learning that involves the process of exploring the natural or material world, and that leads to asking questions, making discoveries and testing those discoveries in the search for new understanding. It allows a student to be actively involved in their own learning and to take responsibility for that learning. This is agency.













To this understanding, learners at TIS Primary School are allowed to take ownership of their learning throughout the six transdisciplinary themes by inquiring through research and asking questions on concepts they do not understand. Learners are then allowed to share with their peers their findings from this research through effective communication.













Learners in Grade 1 are currently inquiring into how people share responsibilities towards a common purpose in an organization. These learners took ownership of their own learning by demonstrating the roles people play in an organisation through drama. In this drama, there was a Graduate Doctor who went for an interview where there is an emergency case where he had to apply his knowledge. Other workers present at the moment such as the Janitors, security, Nurses and Pharmacist helped in supporting the Doctor to treat the patient. In music, these learners have taken ownership of their learning by researching into the music industry to find out careers that exist in the industry such as producers, sound engineers, music publicists, artists, artist manager, orchestras and their responsibilities in the industry.



Grade 1 learners make their unit presentation on the assembly.



Grade 1 learners making a poster for their French class.

Learners in Grade 2 are inquiring into how communities provide interconnected services designed to meet people's needs. Through research, students came across different institutions and the services they provide. For instance, education, health, catering, airline and security services. Musically, learners are exhibiting their creativity, thinking and communication skills by expressing their ideas and knowledge gathered through research on the types of services by composing a jingle for the products they are making in arts.



Learners in Grade 2 creating art work.

Learners in Grade 3 are taking ownership of their learning by researching into resources. Each learner has researched into one natural resource. They made posters on how our natural resources should be protected as a medium of educating the wider learning community. They also composed a unit song to educate the general public on how to protect the earth's natural resources. They embarked on a field trip to Legon Botanical Garden to learn different means by which our natural resources can be protected.



Students in Grade 3 inquiring and taking ownership of their learning through research and making posters to educate the wider learning community on the importance of protecting our natural resources.

Diving into this unit, learners in Grade 4 took ownership of their learning educating the learning community on how different living things can live together without harming each other and the importance of taking care of other living things as humans. They further took an action by planting trees and flowers in the learning community to educate other learners on the necessity of afforestation and the fact that, animals and humans need these trees to survive. They worked with the school's horticulturist to embark on the planting project.



Grade 4 learners taking action into their unit by planting trees and flowers in the learning environment with the help of the school's horticulturist.

Grade 5 class is inquiring into how the world works and their central idea being scientific innovations have a positive and negative impact on people's lives. Students were given the agency to think of projects that will suit this unit. Students came up with diverse ideas on using scientific and technological tools in conjunction with art-related software to shoot a documentary on bullying. Others also had a TV show where they discussed technology and its related advantages and disadvantages for people. This project also equipped learners with basic video editing skills which they will carry on into the future. Some learners also channeled their creativity into robotics and also using art-related software such as photoshop to design classroom door labels for the various classrooms in the school. Students were given the opportunity to choose whether they want to work in groups or solo projects. Assessment strategies to be used in these projects were co-constructed by the teacher and the learners.



Learners in Grade 5 taking action into their unit through research and building robots through innovative ideas.





Grade 5 learners in action, having a discussion on technology and its positive and negative effects on people.



Learners presenting on their selected topics of interest scientific innovations and technology and its effects.

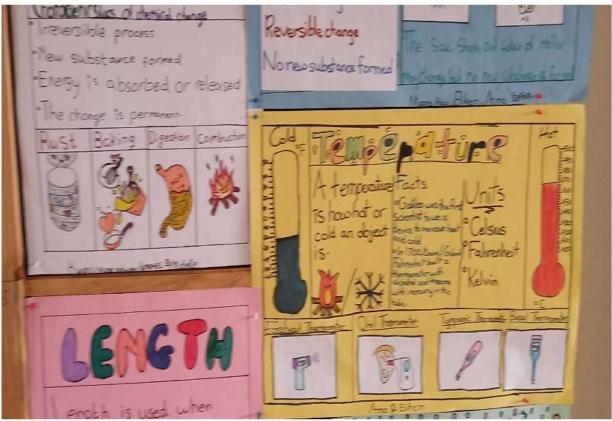
24 March 2023

In Grade 6, learners are working on the unit, "How the world works", where they are diving into matter, its states and the several laws of nature. They researched into the three states of matter where they made posters to demonstrate these states of matter. They also exhibited their creativity by expressing themselves through a music rap they created on the three states of matter with a chorus.



Learners in Grade 6 taking ownership of their learning through modeling





Posters made by learners on the three states of matter through research to further explain the knowledge gathered on the unit.





TEMA INTERNATIONAL SCHOOL

ACADEMICS



At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



EDUCATION FOR A BETTER WORLD

TIS 2022/23 School Calendar

	August 2022								
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September 2022								
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	November 2022								
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February 2023									
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	March 2023								
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	April 2023								
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May 2023									
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June 2023								
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	July 2023								
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30	31								

COLOUR KEY

School Closed/ Holidays

Teacher in-Service Day (no school for students)

Main Campus Event

First and Last Day of School (Main Campus)

Primary Campus Event
SAT Test



First and Last Day of School (Primary Campus)

ACT Test

<i>S2</i>	
5-6/1/23	Staff training days (5: MYP; 6: DP)
5/1-20/1/23	PP Standardisation
9/1/23	Students return to hostels; applications for 2022 SC positions close
10/1/23	Second semester commences
10-15/1/23	Alumni Week
15/1/23	Alumni Thanksgiving Service
20/1/23	SC Manifest Readings
21/1/23	Colour Spelling Bee Competition
23/1/23	2023 Student Council elections by voting (7.00am-4.00pm)
24-26/1/23	IDU Days; G12 EE; G11 EE, 11/12 CAS Dukies Reflection Day
27/1/23	TIS Athletic Championships
4/2/23	SC Leadership Camp
5/2/23	Thanksgiving Service and Student Leadership Induction Ceremony
10/2/23	TIS Badminton Championships; TIS Junior Tennis Championships
11/2/23	TIS Science Fair
16/2/23	G11 TOK Exhibition
17-18/2/23	TIS Basketball Championships; TIS Senior Tennis Championships
18/2/23	Chocolate Friendship Day
20-24/2/23	MYP Mock eAssessments
20/2-3/3/23	DP Mocks
25/2/23	General Inspection
4/3/23	MYP Projects' Exhibition (Personal & Community)
5/3/22	TIS swimming championships (3.00 – 5.00pm)
10/3/23	TIS Squash Championships; 11/12 Geography excursion
11/3/23	SAT (Digital); TIS Silver and Bronze Dukies' Awards Ceremony (7.00pm)
14/3/23	Pi Day
25/3/23	Expression Day
26/3/23	Exam Candidates' Service
27/3/23	G12 Grad photos (All day)
29/3/23	G12 Exam Readiness Workshop
30/3-2/4/23	Dukies' Expedition
3-14/4/23	Mid-semester break
15/4/23	ACT; PP Criterion A draft due
21/4/23	G11 EE Cafe
28/4-19/5/23	DP Final Exams
5/5/23	G9 (2023/2024) & G11 (2023/2024) subject selections commence;
6/5/23	SAT (Digital)
8 - 21/5/23	MYP eAssessments
9-18/5/23	G11 semester exams
22-26/5/23	G9 eAssessments
2/6/23	Hostel Clean Up
3/6/23	2023 Graduation and Achievers' Day; Last day for Secondary Classes
4-7/6/23	Dukies Award Expedition
9/6/23	Last day for teachers; S2 reports published
10/6/23	ACT

Primary School Campus

Public Holidays

21/9/22	Kwame Nkrumah Memorial Day
2/12/22	Farmers' Day
9/1/23	Constitution Day
6/3/23	Independence Day
7/4/23	Good Friday
10/4/23	Easter Monday
24/4/23	Eid Al Fitr (TBC)
1/5/23	Labour Day

S1 Internal Dates (Primary School Campus)

SI Internat Dates (Frimary School Campus)		
8/8/22	Teachers resume	
29/8/22	First semester commences	
2/9/22	Meet the Teacher Info Sessions	
22/9/22	International Day of Sign Language	
26-30/9/22	Student-led interviews	
30/9/22	End of UOI #1 Celebrations	
3/10/22	TIS Holiday (TIS Founders' Day)	
14/10/22	Sports Festival/ Wellbeing Day	
17-21/10/22	Mid-semester break	
12/11/22	End of UOI #2 Celebrations	
18/11/22	Spelling Bee	
9/12/22	End of UOI #3 Celebrations; Last day for first semester	
S2		
5-6/1/23	Staff training days	
10/1/23	Second semester commences	
10/2/23	G1-2 excursion to Shai Hills	
17/2/23	End of UOI #4 Celebrations	
24/2/23	Mother Tongue Day	
10/3/23.	G3-4 excursion	
24/3/23	G5-6 Excursion	
24/3/23	Additional Languages Day Activity	
31/3/23	End of UOI #5 Celebrations	
1/4/23	Primary School Campus admissions open for 2022/2023	
3-14/4/23	Mid-semester break	
21/4/23	Book Day	
19/5/23	Environment Day	
24/5/23	End of UOI #6 Celebrations (K1-5)	
26/5/23	PYP Exhibition (11.00am)	

v. 160323

2/6/23

2/6/23

K3 and G6 Graduation & Achievers' Day

End of semester

What is an Open Book Exam (OBE)?

An OBE is a situation where students use permitted resources to complete an assessment, such as:

- Data or formula booklet
- School textbook or dictionary
- Book (e.g. a literary or philosophical work)
- Approved summaries
- Student notes
- Websites

The Diploma Programme Open Book Exam (OBE) pilots are an initiative to explore how offering a specific type of OBE can benefit students and the school community as a whole.

What are the benefits of OBEs?

When students sit an OBE, they can focus more on demonstrating problem-solving and critical thinking skills. They are less likely to make unnecessary mistakes in for example names, definitions and supporting quotes. OBE questions can be more analytical in nature and focus more on applying knowledge.

Pilot subjects and OBEs

The IB is setting up a series of pilots for three different types of OBE for the following DP subjects and components: English A Literature Paper 2, Economics Paper 1 and Psychology Paper 1.

Pilot schools

TIS has been selected as a pilot school and will be offering OBE in the **May 2024 and 2025** sessions.

By answering a series of survey questions, pilot schools, their teachers and students enable the research team to understand the impact of offering one OBE per pilot subject on:

student learning

- the classroom and exam experience of both students and teachers
- what it means for the school as a community.

Parental consent

Student participation in this crucial activity is contingent upon parental approval. As a result, consent forms will be made available to you through your wards in the upcoming days.

Please fill them out and send them to dpc@tis.edu.gh no later than 31 March 2022.

As always, we count on your assistance.

Thank you.

Ben Darko (Diploma Program Coordinator)

Source: https://www.ibo.org/research/assessment-research/dp-open-book-exam-pilots/





TEMA INTERNATIONAL SCHOOL

CULTURE



At TIS, we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.





Tema International School



IB MYP & DP Examination Candidates' -Service!

Sunday, 26 March 2023 11:00am | Multipurpose Hall (MPH)

Guest Preacher: Ing. Richard Densu

Theme: Excellence



CAS-SA Corner Expression, 2023 – Curating 2030: The World of Tomorrow



By Seffirina and Veronica – G11 (Committee Leaders)

The count down to a mind-blowing event in TIS has begun. **Expression 2023** is just around the corner. With a very intriguing theme:

Expression, 23 – Curating 2030: The World of Tomorrow.

This is the opportunity for students to express their ideas on how we can achieve the **Sustainable Development Goals by 2030.** How can we creatively overcome poverty, eradicate hunger, promote health, provide quality education, reduce inequalities, nurture gender equality, provide clean water and sanitation, adopt renewable energy, create good jobs and economic growth, be innovative in creating sustainable infrastructure, reduce inequalities, create sustainable cities and communities, be responsible consumers, initiate climate action, protect life below water and life on land, create a peaceful and just world for all and bring partnerships for the goals in our community?

All parents and friends of TIS are invited to experience TIS students' creativity. There will be amazing art and craft items, cakes, garden accessories, plant and art pieces all made by the students on sale. Also, an amazing array of music, dance, drama and poetry performances for those lovers of the arts. Delicious food and drinks will be on sale.





Expression, 2023 - Preparations

TIS Expression 2023

CAKE O' CLOCK!





Carrot cake with chocolate



Chocolate cake with coconut





Banana cake



Caramel bread pudding



Orange cake









All proceeds from our CAKE SALES go toward supporting Cleft Lip & Cleft Palate surgeries

Expression, 2023 – Preparations



Expression, 2023 – Preparations



Expression, 2023 – Preparations



Morning Assembly



CAS Project - We need your HELP BC WeCAre



BC-WeCare is a CAS initiative by Serwah Dabo, Eugene Cobinnah, Kabukuor Ceasar, Katari Alhassan, Afua Osei Boakye and Veronica Arthur (G11). We are a group of students in the Diploma Program at Tema International School who are passionate about spreading awareness on breast cancer.

For the past month, we have been writing articles about the disease and educating our school community about the importance of spreading awareness to encourage people to screen early, as we know,

#EARLYDETECTIONSAVESLIVES. In addition, we are extending this campaign outside of our walls to buybreast prostheses for women in Ghana who have undergone amastectomyand cannot afford to reconstruct. We are collaborating with Pink for Africa, a Breast Cancer Foundation on this cause. https://www.pinkforafrica.org/

Currently, a single (quality) breast prosthesis costs \$250. We aim to **raise GHC 25,000** (Twenty Five Thousand Ghana Cedis) to buy about 6 single breast prostheses (3 pairs). To support our cause, we will need your donations to reach our goal. Nothing is too small, any amount would be appreciated. We are most grateful.

DONATE NOW Please click on the link below. https://makewe.help/qkgw4ry





Ignite CAS Project



Developing tomorrow's world begins with children, and we must help them make it better. Everything in this world has its time. A time for learning, and a time for playing. While every child deserves a moment of rest and relaxation, some children cannot enjoy such opportunities.

In reference to this, we would like present the "Ignite" CAS Activity, (Creativity, Service) project to you, initiated by **Maadjoa** Obeng-Nkansah, Maame Serwah Dabo. Ewuradjoa Obeng-Nkansah, and Yaa Owusu-Manu, Nana (G11) from Tema International School.

There is no complex or lengthy story behind "Ignite". The CAS project simply seeks to introduce the importance of play and activities in children's lives by refurbishing the St. Nicholas Charity School playground in

Tema Newtown.

The **St. Nicolas School** is run entirely by voluntary donations and receives no state funding. Knowing the facilities at our disposal that aren't always used, makes it extremely heartbreaking that their playground is inaccessible.

Therefore, we would like to extend an earnest request to you for your assistance in raising **GHC 25,000.00** (Twenty-Five Thousand Ghana Cedis) to refurnish the **School playground.** There is no doubt that this generous act of yours will not go unnoticed by these students, and that the value of your gift will be returned to you in a much greater measure. It doesn't matter how small the contribution is, it makes a difference. Thank you.

Ignite team

Ignite CAS Project https://makewehelp.com/donation/ignite-cas-project-2

Kindly share the link and support our students CAS initiative to refurbish the **St Nicholas** Charity School Playground.

To **DONATE** click on the link and look for the yellow button *DONATE NOW* and follow the prompt.

Together we can do more.

ASA – Grade 7 Mini Chefs – Indomie Festival



ASA - Grade 8 Mini Chefs Indomie Festival



Service as Action International Happiness Day - Put on a Smile



International Days as curated by the UN is an opportunity for SA students to *Take Action* and as such **Peyton Kidd**, **Kayla Searyoh**, **Nana Ama Adjagar**, **Jenevieve Achemdey** and **Edudzi Mac-Deh** in MYP 5 observed the International Day of Happiness and titled it, "**Put On a Smile**"

The International Day of Happiness is celebrated on 20 March every year. The purpose of this day is to know the value of happiness in one's life and create awareness around it. The General Assembly of the United Nations passed this resolution on 12 July, 2012.



Nana Ama, as a member of the team, designed the T-shirts and the graphics. Peyton and Kayla designed cards customised to each department to wish the school **Happy International Day of Happiness**. Edudzi shared the cards to the departments explaining the purpose behind their action. Read a message from the team below.

'Happiness is when what you think, what you say, and what you do are in harmony'
Mahatma Gandhi.



Happiness is a state of pure bliss and joy. A state in which we experience smiles, laughter and a spike "feel good" hormones. It is considered one of the key factors in life and extremely important to the wellbeing of every individual.

As students, it is very easy for us to get lost in the stress of it all, as it could be anxiety-inducing and tiring for us. We simply forget that we need to take step back and breathe sometimes and engage in experiences that makes us happier. Simple examples include reading a good book, playing your favourite sports with your closest friends, crocheting, making an art piece, having a chat with friends. We think it important that we achieve a sense of balance in our school lives.

Thus, this initiative was created with the aim of creating a relaxing day full of joy. We wanted to be the reason why someone would smile on **International Happiness Day**, especially as we wore our colourful SMILE t-shirts. We also thought it will be a nice gesture to extend the joy to all departments in the school and it was fulfilling to see all the smiles we created and the addition of positive energy we shared.

Our message is simple - A smile is the prettiest thing anybody can wear!

By Kayla Searyoh, Nana Ama Adjagar, Ama Mac-Deh, Peyton Kidd and Jenevieve Achemdey - MYP 5

Service as Action Testicular Cancer Article by Senanu and Kelvin – MYP

Service as Action allows students to practise the skills they acquire in the classroom and take advantage of the happenings in their immediate environments to *Take Action* and create an impact. During the Breast Cancer month in October last year, the school welcomed a breast cancer survivor to our assembly to share her story and mark the day. Her presentation was so insightful it inspired Senanu and Kelvin in MYP 5 to read about other cancers that affect males. In their research they decided to highlight Testicular Cancer; below is an article sharing the cause and prevention of Testicular Cancer. Furthermore, the team had discussed types of article writing fit for publishing in varied magazines in their lang-lit class e.g. fashion, female magazines, Architectural, male magazines etc. Thus, the article below will be fit for a male magazine. Enjoy.



PROTECTING THE BALLS

Cancer. Several different images might come to one's mind at the mention of that word. The chemotherapy, the buzz cut and in many unfortunate cases, the loss of life. They are detrimental and anguish-inducing, and cause the victim and their loved ones to be downtrodden. Unfortunately, there are diverse "flavours" so to speak and just like with ice cream, some flavours receive the spotlight more than others. This is disheartening because the few who do not receive enough attention can be equally as devastating. One such cancer is **Testicular Cancer**.

Imagine waking up a confident male ready to take on the world. You hop into the shower on your quest to become "that guy", then as you bathe and eventually reach your groin, you notice a lump in your scrotum or an immense amount of swelling in the testicles. These symptoms are characteristic of testicular cancer. However, most men, because of the stigma of appearing masculine or the fear of embarrassment would hinder them from voicing this discovery to their doctors and acquiring a medical diagnosis. This shame can cause men to expire earlier than their time, with some dying as early as five years after diagnosis. To curb this unnecessary loss of life, this piece will help individual males on what symptoms to look for and what to do when you have identified these symptoms.

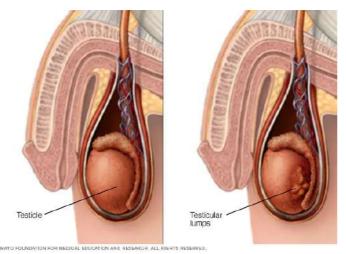
Testicular cancer is a hereditary disease meaning it is passed down from father to son. Individuals with HIV and those with an undescended testicle (one in an abnormal position) are at a higher risk of acquiring cancer. Other known risk factors include certain genetic conditions, such as Down Syndrome.

- Age: Males between the ages of 20 to 45 are most likely to develop cancer although men of any age can still get it.
- Intratubular germ cell neoplasia (ITGCN): Germ tumours which form in the sperm factory part of the testicle.

Service as Action Testicular Cancer Article by Senanu and Kelvin – MYP

It is said that the best candidate to look after our health is ourselves. Therefore, it is extremely important to self-examine often to detect symptoms. The examination is a fairly simple process. All an individual is required to do is to cap a testicle with both hands and roll the testicle between the thumb and fingers to familiarise themselves with their scrotal region. This should be done at least once every week and if the individual feels any irregularities, they should be reported to a urologist. The irregularities one should look for are as follows:

- Formation of a lump in the testicles.
- The swelling of the testicles
- General enlargement of the testicle.
- Heaviness in the scrotum.
- The buildup of fluid in the scrotum.



These symptoms relate specifically to the testicle and scrotum, however, a dull ache in the back, tenderness of the breast or breast enlargement and groin pain are other noteworthy signs. These signs are not specific to testicular cancer but various other male reproductive diseases and even general illnesses which is why it is essential to report abnormalities to a doctor or urologist.

However, approximately 90% of testicular cancer is caused by germ cells

that cluster in the testicles. Eventually, these germ cells tend to develop into sperm. Germ cells are the source of two forms of testicular cancer, seminoma, and non-seminoma.

Seminoma is a form of testicular cancer that grows slowly and essentially affects adults in their 40s and 50s. Nevertheless, non-seminoma develops faster than seminoma. It mostly affects people in their late teens, early twenties, and early thirties. Non-seminoma tumours can be classified into four kinds. Each tumour is called after a certain type of germ cell. Cancers other than embryonal carcinoma, yolk sac carcinoma, choriocarcinoma, and teratoma are examples of non-seminoma tumours.

Moreover, testicular cancer therapy is determined by various factors, including the stage of the disease, the kind of cancer cells, and the individual's overall health. Radiation therapy, chemotherapy and surgery are the most often used treatments for testicular cancer. The afflicted testicle is removed during surgery, and in certain circumstances, adjacent lymph nodes are also removed. Other treatments that can be used to destroy cancer cells and stop the disease from spreading to other body areas include chemotherapy and radiation therapy. A combination of these therapies may occasionally be used to treat testicular cancer. Together with you, your doctor will create a treatment strategy that is tailored to your particular requirements.

Service as Action <u>Testicular Cancer Article by Senanu and Kelvin – MYP</u>



Testicular cancer is a rare but potentially fatal condition that must be diagnosed and treated right away. It's critical to visit a doctor as soon as possible if you have any pain or discomfort in the scrotum or detect any changes in your testicles, such as a lump or swelling. The likelihood that testicular cancer will be successfully managed can be significantly increased by early detection and treatment. Keep in mind that periodic medical visits and self-exams can help diagnose testicular cancer early and increase your chances of receiving successful treatment.

Sources

"Testicular Cancer: Symptoms, Causes, Diagnosis & Treatment." *Cleveland Clinic*, my.clevelandclinic.org/health/diseases/12183-testicular-cancer

Mayo Clinic. "Testicular Cancer - Symptoms and Causes." *Mayo Clinic*, 2018, www.mayoclinic.org/diseases-conditions/testicular-cancer-care/symptoms-causes/syc-20352986.

"Testicular Cancer: Symptoms, Diagnosis & Treatment - Urology Care Foundation." *Www.urologyhealth.org*, www.urologyhealth.org/urology-a-z/t/testicular-cancer.

"Testicular Cancer - Symptoms and Signs." *Cancer.net*, 11 Apr.2019, www.cancer.net/cancer-types/testicular-cancer/symptoms-and-signs.

"Testicular Cancer Causes, Risk Factors, and Prevention." <u>Www.cancer.org</u>, <u>www.cancer.org/cancer/testicular-cancer/causes-risks-prevention.html</u>.

By Senanu Ahlidza and Kelvin Ansong – MYP 5

Community Project Reflections

MYP 3 students have officially completed their Community Project and at the reflection stage of the entire process from designing a goal to Project exhibition. As they finalize their process journal on MB, here are some incredible reflections from the class.







After the completion of our project, I felt relieved. Honestly, this project has been challenging and stressful. The hard part is getting all members involved but our project was simple and straight forward. planning meetings with supervisor, trying to get work done as a group and overall trying our best to manage school work, this project has surprisingly been a lot of fun! Not only this but we have learnt a lot in the process like how to manage our time, how to effectively communicate with each other. It is not easy to work as a team but respecting each other's views always makes it easier. Rose Armah - MYP 3

My group and I were slow with the entire process and throughout the project, it has made us better at not only managing ourselves and our time but also sharpening our math skills and making us better communicators. The project has made me stronger and because of that, I think I would be able to treat other projects similarly to this one more seriously and do them more efficiently. This Community Project has taught me that some things that seem small can impact people and their thinking. Now I know I will be able to manage myself better throughout the rest of my life not just in order to excel in the Personal Project but for the rest of my life.

Ewen Sevor – MYP 3

This experience has taught my group and me about the essence of time management. We were very stressed on 4 March, because it was the day of the presentation

and we had not finished the poster that we were going to use to present and we were taking action on that day. I now understand why it is important to maybe create a plan and create times for doing different works. **Emmanuel Egyei-Mensah – MYP 3**

Community Project Reflections



Throughout this whole process, we learned a lot of things. Like how to communicate with people we have never met before and how to sign numbers and letters in Ghanaian sign language. We felt happy and excited throughout this whole process because we were teaching people very beneficial skills they could use in the future and we are also benefiting from it ourselves because we are coming across new people and creating new bonds. Now, if we were to come across a deaf person in real life, we will know how to communicate with them a little and the students we taught would be

able to communicate with them which could really make the world a better place. Amaris Osei-Agyeman – MYP 3

With Expression 2023 happening this weekend, there is a lot of buzz around campus. Everyone is engaged and involved. MYP 2 students are not left out, a group of girls will have a street food sale to support the cause where all proceeds go towards the corrective surgeries for children with cleft lip and cleft palate in collaboration with Operation Smile, Ghana. Visit the street food stand with only GHC 5 and be served with a smile from **Sameera Abdul Rashid**, **Sybil Amekugee**, **Katie-Lousie Assan**, **Efia Okoampah** & **Emaan Ibrahim** – MYP 2.



Tema International School Service as Action Fundraiser

Kosua ne Moko With Local Drinks!



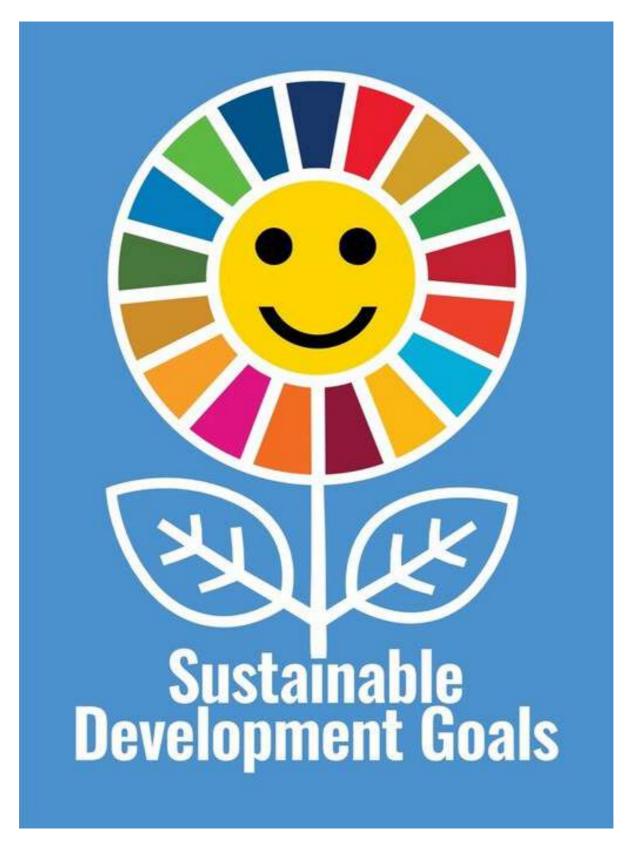


All proceeds from our sales go toward the corrective surgery for children with Cleft Lip & Cleft Palate

By: Sameera, Emaan, Sybil, Katie and Oparebea

'At **TIS**, we believe that through actions and service that demonstrate our commitment to the **UN Sustainable Development Goals**, we can make the world a better place. But, we must be active and committed participants and not just vocal spectators'.

Ken Darvall





TEMA INTERNATIONAL SCHOOL

SERVICE



At TIS, we believe that Service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.







Ten tips for acting with integrity

Always act with honesty and in a responsible and ethical manner—being conscious of the influence that you have on those around you can set a great example to others.



Stand up for what is **right**—alert a member of staff at your school if you suspect that someone has cheated.

Take responsibility for your own actions and their consequences.

Be mindful of maintaining academic integrity during group work/projects and keep track of what each group member is contributing.













Familiarise yourself with the school's rules and ensure that you understand what academic integrity means and consists of.

Always reference and cite other people's work that you have used in your essays—be **proud** of explaining that you understood someone else's ideas and thought that they were good. **Seek help** if you are struggling or are not sure of expectations.

Learn to **accept** your strengths and weaknesses and do the best that you can.

Know how to **safely collaborate** and share work when using social media and digital collaborative platforms.

Try to **overcome procrastination**. Managing your time wisely will reduce stress-induced, last-minute work which increases the likelihood of cheating.

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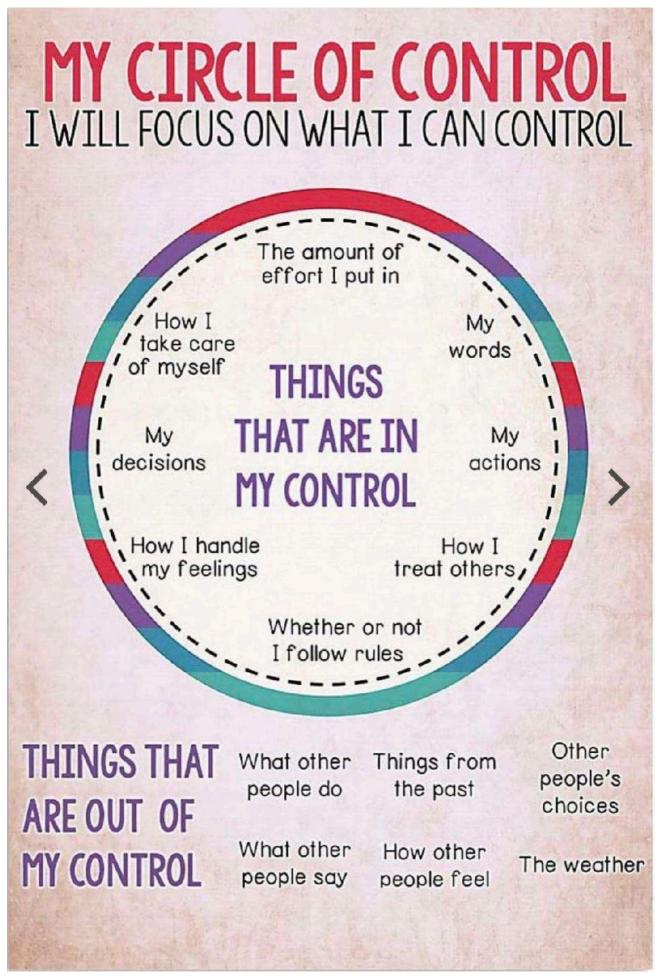
Be a content creator, not a content imitator.

Academic integrity is a responsibility of the whole IB community

Visit our website to find out more: ibo.org/academic-integrity

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Energy Takers



- Sugar
- People pleasing
- Fear and doubt
- Sitting all day
- Overthinking
- Worrying
- Dehydration
- Living on autopilot
- Junk food
- The news
- Resentment
- Gossip
- Clutter
- Hate

Energy Givers



- Sunlight
- Being authentic
- Positive self-talk
- Movement
- · Living in the moment
- Deep breathing
- Filtered water
- Living mindfully
- Nutritious food
- Music
- Acceptance
- Friends
- Minimalism
- Love



Oh YES! Students dreams do come true at TIS. Put in all the work and effort required on a daily basis to excel. Don't quit. Little by little, closer, closer, just keep going and work hard. It will happen live. Just believe!

TIS Education Takes You To Places! A Hotspot Destination to Universities all over the World. Join Us!



TIS is a hot spot destination to many universities across the globe. Africa, US, UK, Canada, Australia, Europe, China, South Korea, The Netherlands and Scandinavian countries, just to mention a few. This opens doors for students to meet admission managers or university deans in person, to clear some myths about colleges and careers, have first hand information about university appplications, scholarships and more. Students are strongly encouraged to attend such informative sessions online or in person. Please see below the scheduled visits. **DP1s:** kindly treat such meetings as an important requirement for the university application process.



NAME OF UNIVERSITY	LOCATION	DATE	TIME	VENUE
Trent University	Canada	16 February 2023	1:30pm	Learning Centre
Savannah College Of Art &Design	USA	17 February 2023	2:00pm	Einstein Block
Swiss Education Group	Swiss	17 March 2023	2:00pm	Einstein Block
Hult Int. Business School	U.S/UK	24 March, 2023	1:30pm	Learning Centre
University of Reading	UK	27 March 2023	2:00pm	Einstein block
University of York	UK	27 March 2023	2:00pm	Einstein block
University of British Columbia	Canada	30 March 2023	12:00pm	Learning Centre
McMaster University	Canada	31 March 2023	1:30pm	Learning Centre

DP1 Parents' Financial Aid One-on-One Meetings



Dear DP1 Parents, you are warmly welcome to our zoom one-on-one financial aid meeting with the University Guidance and Counselling Department.

Meeting start date: 27 March 2023 Meeting end date: 18 May 2023

Our cherished parents are encouraged to sign up for any of our sessions either morning or afternoon based on your availability. **Kindly confirm via email when you receive our invitation.**

Thank you and we are excited to see you via zoom!



Real-world global education with lifelong impact



We were excited to have Madam Rosalin Nartey, Country Director for Africa from the Swiss Education Group who made a presentation to our DP1 students. The start to an exciting hospitality career at one of Swiss Education Group's four schools based in Switzerland delivers world-class education that equips students with critical thinking and practical business skills that are most needed in the hospitality industry and beyond. The schools are listed below.









24 March 2023

Enjoy Reading DP1 Students' Reflections

"We've had universities and colleges come to our guidance sessions and talk to us about their schools and what it entails. In our previous class, a representative from the University of Switzerland visited our campus and spoke to us about life in Switzerland, careers, and opportunities. Miss Rosalin, a postgraduate student at the University of Switzerland and a TIS enthusiast, took the time to elaborate on a variety of careers and job opportunities available, as well as explain the future of life before and after university. Miss Rosa told us about how self-actualisation, or being content and happy with one's life situation, was a problem for many students and how it affected their career choices. Typically, society is what forces students to pursue careers in which they have no genuine interest. Society, which can include parents, friends, teachers, strengths and weaknesses, becomes a barrier to students achieving self-actualization in their lives. She talked to us about various hospitality courses that have a lot of interest perks as a career, which kept us interested throughout the discussion. I had a fantastic time at the guidance session and learned a lot about the value of diversity in the workplace". "Kevin Afriyie"

"I was really blown away by that amazing presentation by Ms Rosalin. I love the way she spoke to us about the fastest-growing industry in the working world. She told us that most people choose accounting, engineering and those other jobs people want and then after university struggle with getting a job in the future. While there are so many job opportunities in the tourism and hospitality industry, she encouraged us to follow our path and not follow the crowd and try to take into consideration these things before applying to schools". "Maa Abena Afriyie-Owusu"

"The visit from the Swiss Hospitality Management Institute informed me on the true meaning of hospitality management and its benefits. I learned that hospitality management is not a course that produces civil servants, but rather a course that helps increase versatility and leadership skills, which end up benefitting the reader of this course in job applications. I learned about how jobs that fall under hospitality management are growing rapidly as there is an increase in the total world population, and as a science student, this interaction gave me something to think about". "Caleb Offei"



Real-world global education with lifelong impact

- 97% of our students are hired upon graduation
- Unique specializations and real-world experience for successful careers in hospitality and beyond
- Lifelong education: junior and family programs, higher education, professional solutions, and online courses. https://www.swisseducation.com/en/

1. Apply for a merit-based scholarship

You've worked hard to get here and your grades and overall academic performance can attest to that – highlight your success as a student when you apply and ask us how you could qualify for a merit-based scholarship.

Scholarships click: https://www.swisseducation.com/en/news/student-life/6-financial-tips-and-tricks-minimize-your-costs-and-maximize-your-time-student/



DP2s: Ghanaian University Applications 2023



Lancaster University Ghana - Apply Online Now

study.lancaster.edu.gh https://study.lancaster.edu.gh



Click on this link to apply: http://www.webster.edu.gh/



Click on this link to apply: https://admissions.ashesi.edu.gh/



ADMISSIONS IN PROGRESS

INSTRUCTIONS FOR ALL STUDENTS

Fill out the online application form on this page.

Upload your high school transcript & a copy of your ID

Submit the form & you will hear back soon from our Admissions office

Note: Academic City only accepts applications that are submitted online. There are no fees or payments needed to submit an admissions application and to receive a decision from our admissions department. You can download a copy of the online application to prepare all the materials and information you will submit, and then return to this page to fill it out. Good Luck!

Click on this link to apply : https://acity.edu.gh/applyonline/

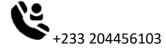


COST OF PROGRAMME

The entire programme costs is GHS3,000.

This fees covers:

- ✓ Accommodation on Ashesi's campus
- ✓ Transportation between Ashesi and selected programme activity locations
- ✓ Meals and refreshments, course material, and AIX merchandise.



Deadline for applying is 15 May.

Click here to apply https://www.ashesi.edu.gh/admissions/innovation-experience.html



2023 TEST DATES

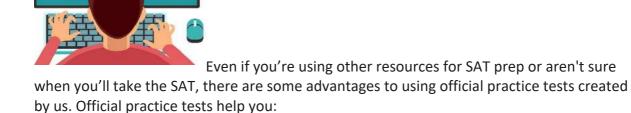
✓ DP1s don't wait until the eleventh hour to register. Register now to avoid any disappointments!

Want to Register for SAT But Don't Know How? Follow the Links!

✓ https://satsuite.collegeboard.org/sat/registration
Click here for more information https://www.bestcolleges.com/test-prep/sat/registration/
If having Troubles Registering contact Aunty Portia in person or by email at portia.atubiga@tis.edu.gh

Benefits of Taking a full-length digital SAT Practice Test

The Digital SAT is Much Easier and Simpler. It's your turn to take the Test!



- ✓ Get familiar with the length, format, and experience of the test.
- ✓ Understand the types of questions used on the test.
- ✓ Know your strengths and areas for improvement.
- ✓ Practice without pressure.
- ✓ Reduce stress and anxiety on test day.
- ✓ International (digital):
- ✓ Full-Length Digital Practice Tests—Bluebook™
- ✓ Official Digital SAT Prep on Khan Academy
- ✓ Quick Guide to the Digital SAT

Click And Start Practising Now!

https://blog.collegeboard.org/benefits-taking-sat-practice-test

https://www.khanacademy.org/test-prep/sat

https://www.khanacademy.org/test-prep/sat

https://www.bestcolleges.com/blog/free-sat-prep-resources/

https://www.bestcolleges.com/blog/free-sat-prep-resources/

https://blog.collegevine.com/your-guide-to-free-sat-prep-classes/

https://satsuite.collegeboard.org/sat/practice-preparation

https://www.khanacademy.org/digital-sat/confirmed

https://www.bestcolleges.com/test-prep/psat/practice-tests/

https://www.varsitytutors.com/psat-practice-tests

https://www.engeniuslearning.com/top-3-psat-prep-strategies

SAT TEST DATES 2023

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
11 March 2023 (<u>Digital</u>)**	24 Feb. 2023
6 May 2023 (<u>Digital</u>)**	31 March 2023



✓ SAT without essay \$103 – Online payment only with visa/credit card. NEW; ACCEPTABLE IDs ARE THE VALID UNEXPIRED PASSPORT IN ADDITION TO GHANA'S NATIONAL IDENTIFICATION CARD (GHANA CARD), AS OF AUGUST 2021 ONWARDS. https://collegereadiness.collegeboard.org/sat/register/international/policiess

2023 TEST DATES (COMPUTER-BASED TESTING ONLY!)

- ✓ ACT Registration Fees (Online payments only: Visit <u>www.actstudent.org</u>): ACT Registration Fees \$171.50, with writing \$196.50 (Online payments only: Credit Card)
- √ (TIS Test Centre Code: 870390, but inform counsellor first).
- click: https://global.act.org/content/global/en/products-and-services/the-act-non-us/registration.html
 - *To complete registration, payment must be made online in full with a credit card. ACT April DEADLINE coming up. STEM students have an edge.

ACT TEST DATES 2023 (COMPUTER-BASED TESTING ONLY!)

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
15 April 2023	17 March 2023
10 June 2023	21, April 2023



TEMA INTERNATIONAL SCHOOL

SPORTS



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork, challenges personal best and emphasizes the importance of appreciating how to lose before knowing how to win.



How can students prepare to summarize?

Strong summaries grow from careful reading. Your students can follow this close reading process to help them uncover the main points of written texts:

- Skim the reading. Review the title, headings, pictures, graphics, and topic sentences.
- Read the full selection. Don't rush!
- 3. **Take notes and annotate.** To *annotate* means to mark up a text while reading-highlighting, underlining, and writing notes in the margins.
 - Note headings and topic sentences, which often contain main points.
 - Note repeated words or ideas. Authors often say important things several times.
 - Ignore trivial details. Don't write down details that are of little importance. If they are not key to the meaning of the text, do not include them in your notes. Instead, focus on the "big ideas."
- Answer the 5 W's and H questions to make sure you understand the essential information. (Complete this minilesson.)
- 5. Review your notes and answers.
- 6. Reread parts you still don't understand.

—LOVE ALL OF IT!=

LOVE THE STRUGGLE

because it makes you appreciate your accomplishments.

LOVE CHALLENGES

because they make you stronger.

LOVE COMPETITION

because it makes you better.

LOVE NEGATIVE PEOPLE

because they make you more positive.

LOVE THOSE WHO HAVE HURT YOU

because they teach you forgiveness.

LOVE FEAR

because it makes you courageous.

Carpenter

A Story About the Greatest Success Strategies of All

Carpenter11.com

ReachOut @

Checklist for DISTURBING CONTENT

Work out whether the content is right for your child. It might be around their age or just their personality, but trust

your gut and put

boundaries in place.



Read up on the issues it explores. If you show that you are comfortable and knowledgeable with the issues it explores your kids are more likely to open up to you during a tough time.



Stay up to date with pop culture. You may not care about the Bieber's or Beyonce's of this world but following sites like *Pedestrian.tv* and news.com.au will help you stay ahead of the game.



Make sure they know that not everything they see is how it appears. Have a frank conversation about not taking everything on the internet at face value.



Tell them that they don't have to watch something if they don't want to.

Brainstorm ways they can say no to their peers and feel confident making their own decisions.



Encourage them to practice self-care. If they are going to watch something make sure they've got an arsenal of things to pick them back up afterwards.

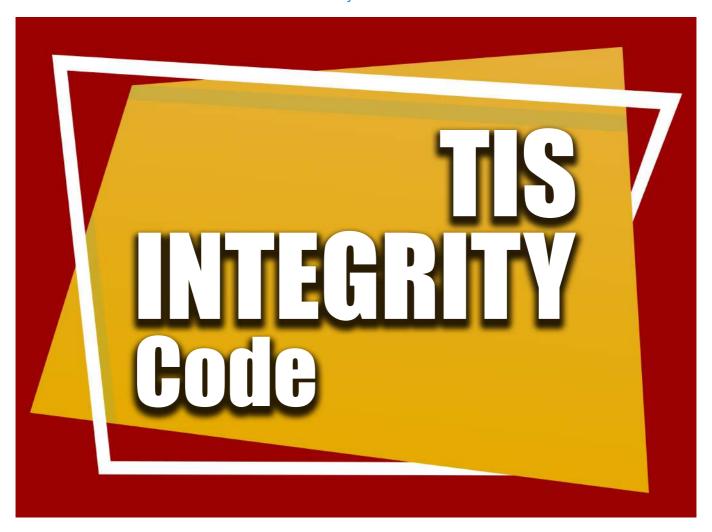


Offer to watch it with them. That way you can talk through anything tough as it comes up. This can be useful even if they've already seen the content.



Let them know where to go for help. Ask them who they would feel comfortable talking to and connect them with services like ReachOut or Kids Helpline.





"TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member.

As a TIS family member,

I promise to uphold and demonstrate its values, and protect the reputation of the school.

I make this pledge in the spirit of honour and trust."





