

TIS RECORD

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At TIS,

we believe experiential learning allows our students to understand the theory in the classroom to practise across the real world, where personal experiences and reflections add real meaning and a sense of purpose to each student, while making the world a better place.

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Key Dates

- 20/8/23: Continuing secondary students return.
- 21/8/23: Primary Classes commence
- 23-25/8/23: MYP IDU Days
- 24-25/8/23: CAS Orientation Camp
- 26/8/23: SAT

Thought for the Week

The myth is that there isn't enough time. There is plenty of time. There isn't enough focus with the time you have. You win by directing your attention toward better things.

- James Clear



Welcome Newbies, 2023

The Main Campus welcomed the secondary school Newbies of 2023 on Wednesday.

Newbies commence TIS with a lot of hope and intentions in terms of their future achievements and success. This is most important if our Newbies are going to take advantage of the many opportunities and experiences that are available to each and every student at TIS.

TIS has expectations for students if they are to maximise the benefits of the TIS experience. These five expectations are:

- Performance. Each student must perform to the best of their ability in any, and every, activity in which they participate. To achieve their best, each student must set their challenges that will push them that little bit further



"My definition of integrity is a set of beliefs, values, and actions that others can depend on."

-Steve Bollar

SAT & ACT

- Best advice: students who are required to complete SAT and/or ACT requirements should do so by the end of Grade 11. Leave it until G12 and you have created a personal time-management monster.
- Please follow instructions and details provided in the weekly Counsellors' Corner section of the TIS Bulletin.

Making Us Proud

Our Student Council executives and Peer Buddies leaders who are assisting our Newbies settle in to TIS:

- Peyton Kidd • Farah Agoro
- Kirem Dikeni • Phebe Tweneboah • Adelaide Egbenya • Mika Mensah • Jeffery Boahen • Kwabena Boamah • Frederick Frempong • Dayna Sarpong • Dwayne Sarpong • Mawunyo Anatsui • Maame Serwah Dabo • Eugene Cobinnah • Ethan Sunkwa-Mills • Veronica Arthur • Nanette Ativor • Nana Yaa Owusu-Manu • Kevin Agbo • Seffirina Masoperh • Jeffrey Adjagar • Jason Chigabatia • Caleb Offei • Mercedes Armah • Emmanuel Essel • Agormah Agambire • Franklyn Adu-Baah • Nana Aba Egyei Mensah

each time. There should be 'no excuses' when we talk about our performance.

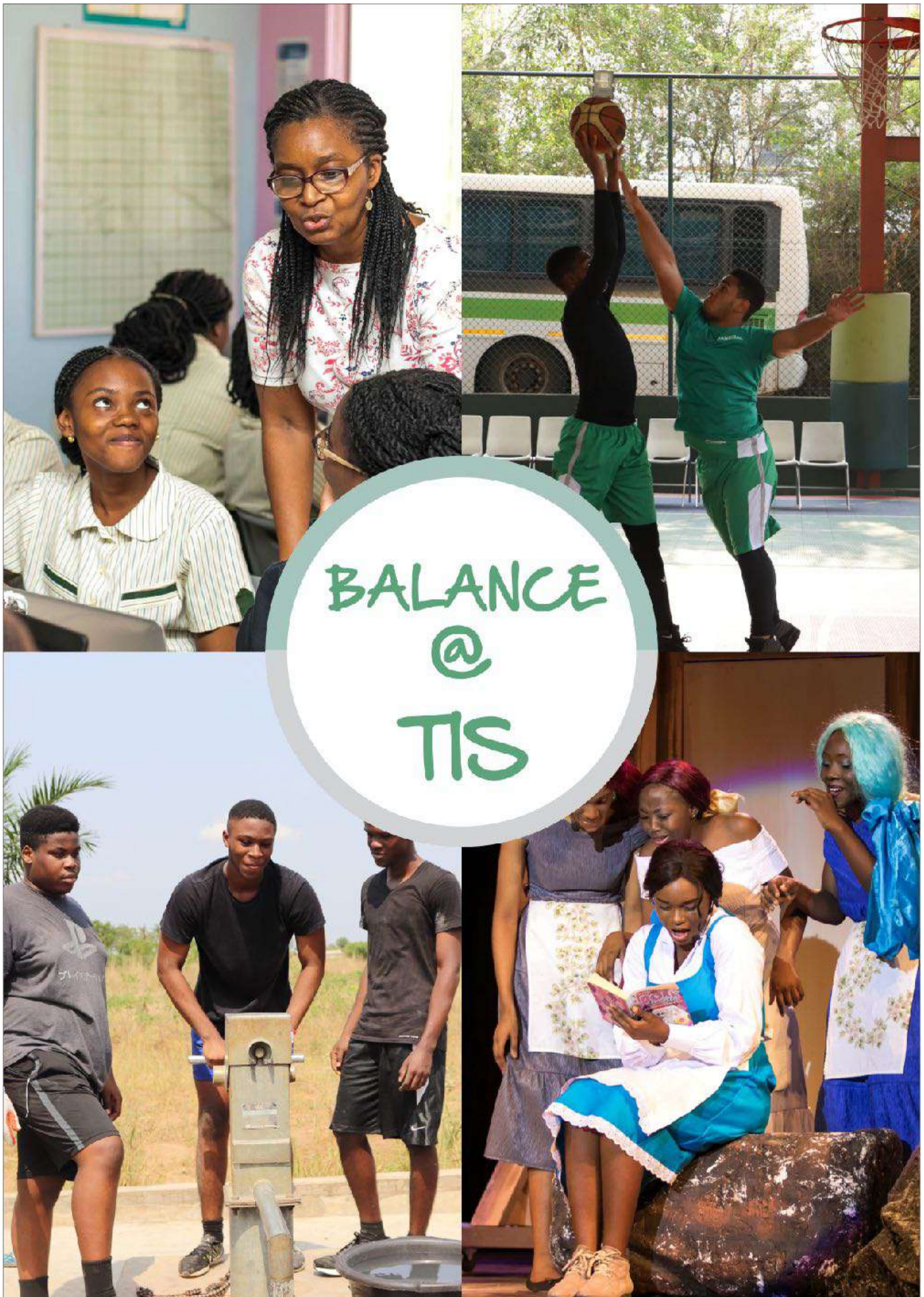
- Behaviour. If you make TIS proud by the behaviour you demonstrate on a daily basis, then you're at the right school. If not, you know the answer.
- Presentation. Wear your uniform well. Always present yourself well, no matter the venue or occasion. Your presentation reflects your character.
- Communication. TIS operates on the 48-hour rule. Any issue should be discussed with the appropriate person within 24 hours. We don't want issues lingering and turning into problems and distractions.
- Participation. TIS does not accept spectators. If you are not participating to the best of your ability and ensuring balance, then TIS is the wrong school for you.

We look forward to our Newbies settling in and then making their mark through their actions.

In our 20th anniversary year, you have chosen a perfect time to commence at TIS. You are welcome.

Dr Ken Darvall (Principal) principal@tis.edu.gh





2023/24 TIS School Calendar Overview

| August 2023 | | | | | | |
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| September 2023 | | | | | | |
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| October 2023 | | | | | | |
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| November 2023 | | | | | | |
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| December 2023 | | | | | | |
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| January 2024 | | | | | | |
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| February 2024 | | | | | | |
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| March 2024 | | | | | | |
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| April 2024 | | | | | | |
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| May 2024 | | | | | | |
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| June 2024 | | | | | | |
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| July 2024 | | | | | | |
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COLOUR KEY

| | | | |
|---|-------------------------|---|---|
|  | School Closed/ Holidays |  | Teacher in-Service Day (no school for students) |
|  | Main Campus Event |  | First and Last Day of School (Main Campus) |
|  | Primary Campus Event |  | First and Last Day of School (Primary Campus) |
|  | SAT Test |  | ACT Test |

Public Holidays

| | |
|---------|----------------------------|
| 4/8/23 | Founders' Day |
| 21/9/23 | Kwame Nkrumah Memorial Day |
| 1/12/23 | Farmers' Day |
| 7/1/24 | Constitution Day |
| 6/3/24 | Independence Day |
| 29/3/24 | Good Friday |
| 31/3/24 | Easter Monday |
| 9/4/24 | Eid Al Fitr (TBC) |
| 1/5/24 | Labour Day |

SI Internal Dates: Main Campus

| | |
|-------------|---|
| 24-27/7/23 | Dukies' Gold expedition camp |
| 1/8/23 | 2023 MYP Results Released; 2023 MYP Enquiries Upon Results Open |
| 1/8/23 | Senior management staff resume |
| 7/8/23 | Teachers resume; review of school policies |
| 14/8/23 | Student Council executives return |
| 16/8/23 | Newbies arrive |
| 20/8/23 | Continuing students resume |
| 21/8/23 | Secondary School classes commence; G9 Subject Selection |
| 22/8/23 | PP Criterion B draft due |
| 23-25/8/23 | MYP IDU Days |
| 24-25/8/23 | G11 CAS & Dukies Orientation Camp |
| 25/8/23 | TIS Junior Soccer Championships |
| 26/8/23 | SAT; TIS Senior Soccer Championships |
| 27/8/23 | School Performance auditions |
| 1/9/23 | TIS Handball Championships; |
| 2/9/23 | MYP Parents Information session. (10.00am) NO EXEATS |
| 3/9/23 | Thanksgiving Service (11.00am: Students only) NO EXEATS |
| 8/9/23 | Legal Minds mooted competition |
| 9/9/23 | ACT ; TISSA Soccer Championships/TISSA Badminton Championships |
| 16/9/23 | TISSA Handball Championships/TISSA Tennis Championships |
| 21/9/23 | TIS@20 Sporty Family Day. NO EXEATS |
| 22/9/23 | G12 TOK Exhibition; PP Criterion B final due. NO EXEATS |
| 23/9/23 | TIS Volleyball Championships. NO EXEATS |
| 30/9/23 | TIS Education Forum: 2.00pm NO EXEATS |
| 2-6/10/23 | 20 th Anniversary TIS Spirit Week. NO EXEATS |
| 3/10/23 | TIS Founders' Day - Special Assembly: Main Campus admissions open for 2024/2025 |
| 7/10/23 | SAT; NO EXEATS |
| 8/10/23 | 20 th anniversary Grand Durbar & Thanksgiving Service. NO EXEATS |
| 9-14/10/23 | Mid-semester break |
| 14/10/23 | PSAT |
| 15/10/23 | Students return to hostels |
| 16-18/10/23 | MYP Evaluation Visit |
| 23/10/23 | Student Council (SC) shadowing process commences; SEC Universities Fair (2.00-4.00pm) |
| 24/10/23 | G12 EE Café |
| 28/10/23 | ACT |
| 30/10/23 | PP Criterion C draft due |
| 31/10/23 | G9/G11 Changes to Subject Selections close |
| 4/11/23 | SAT |
| 18/11/23 | 20 th Anniversary Musical Production (National Theatre). NO EXEATS |
| 20-30/11/23 | G10-12 end of semester exams |
| 27/11/23 | PP Criterion C completion |
| 2/12/23 | SAT |
| 3/12/23 | SC applications open for 2024 elections |
| 4-5/12/23 | Group 4 Project (G12) |
| 7/12/23 | Christmas Lunch |
| 8/12/23 | PP Final Report due |
| 9/12/23 | ACT; |
| 10/12/23 | 20 th Anniversary Christmas Concert |
| 12-14/12/23 | Dukies' Bronze & Silver expedition camp |
| 13/12/23 | Last day for the first semester: Students may depart after 3-Way interviews. |
| 15/12/23 | Last day for teachers |

S2

| | |
|--------------|---|
| 11-12/1/24 | Staff training days |
| 14/1/24 | Students return to hostels; applications for 2024 SC positions close |
| 15/1/24 | Second semester commences. |
| 15-21/1/24 | Alumni Homecoming Week |
| 21/1/24 | Alumni Thanksgiving Service |
| 22/1/24 | SC Manifesto Readings |
| 24/1/24 | 2023 Student Council elections by voting (7.00am-4.00pm) |
| 27/1/24 | TIS Athletic Championships |
| 29-31/1/24 | IDU Days; G12 EE; G11 EE, 11/12 CAS Dukies Reflection Day |
| 3/2/24 | SC Leadership Camp |
| 4/2/24 | Student Leadership Induction Ceremony NO EXEATS |
| 9/2/24 | TIS Badminton Championships; TIS Junior Tennis Championships |
| 10/2/24 | TIS Science Fair. NO EXEATS |
| 12-16/2/24 | MYP Mock eAssessments |
| 15/2/24 | G11 TOK Exhibition |
| 16-17/2/24 | TIS Basketball Championships; TIS Senior Tennis Championships |
| 17/2/24 | Chocolate Friendship Day |
| 19/2-2/3/24 | DP Mocks |
| 28/2/24 | PP standardisation and moderation (teachers) |
| 2/3/24 | MYP Projects (Personal & Community) NO EXEATS |
| 3/3/24 | TIS swimming championships (3.00 – 5.00pm) |
| 9/3/24 | SAT (Digital); TIS Squash Championships; TISSA Basketball Championships |
| 14/3/24 | Pi Day |
| 16/3/24 | Expression Day NO EXEATS |
| 25-27/3/24 | Dukies Bronze & Silver expedition camp |
| 25/3-6/4/24 | Mid-semester break |
| 8/4/24 | G12 Grad photos (All day) |
| 13/4/24 | ACT |
| 14/4/24 | Exam Candidates' Service NO EXEATS |
| 19/4-17/5/24 | DP Final Exams |
| 21/4/24 | PP Criterion A draft due; G11 EE Cafe |
| 4/5/24 | SAT (Digital) |
| 6 – 17/5/24 | MYP eAssessments |
| 8-17/5/24 | G11 semester exams |
| 19/5/24 | Leavers' Dinner |
| 24-29/5/24 | G9 eAssessments |
| 30/5/24 | MYP4 (2024/2025) subject selections |
| 1/6/24 | 2024 Annual Achievers and Graduation Ceremony; Last day for Secondary Classes |
| 7/6/24 | Last day for teachers; S2 reports published. |
| 8/6/24 | ACT |
| 9-12/6/24 | Dukies' Gold Level expedition camp |
| 22-25/7/24 | Dukies' Gold Level expedition camp |

Entertainment Night Events

- TIS Speaker of the Year
- Inter-Colour Language Competition

S2

| | |
|--------------|---|
| 11-12/1/24 | Staff training days |
| 14/1/24 | Students return to hostels; applications for 2024 SC positions close |
| 15/1/24 | Second semester commences. |
| 15-21/1/24 | Alumni Homecoming Week |
| 21/1/24 | Alumni Thanksgiving Service |
| 22/1/24 | SC Manifesto Readings |
| 24/1/24 | 2023 Student Council elections by voting (7.00am-4.00pm) |
| 27/1/24 | TIS Athletic Championships |
| 29-31/1/24 | IDU Days; G12 EE; G11 EE, 11/12 CAS Dukies Reflection Day |
| 3/2/24 | SC Leadership Camp |
| 4/2/24 | Student Leadership Induction Ceremony NO EXEATS |
| 9/2/24 | TIS Badminton Championships; TIS Junior Tennis Championships |
| 10/2/24 | TIS Science Fair. NO EXEATS |
| 12-16/2/24 | MYP Mock eAssessments |
| 15/2/24 | G11 TOK Exhibition |
| 16-17/2/24 | TIS Basketball Championships; TIS Senior Tennis Championships |
| 17/2/24 | Chocolate Friendship Day |
| 19/2-2/3/24 | DP Mocks |
| 28/2/24 | PP standardisation and moderation (teachers) |
| 2/3/24 | MYP Projects (Personal & Community) NO EXEATS |
| 3/3/24 | TIS swimming championships (3.00 – 5.00pm) |
| 9/3/24 | SAT (Digital); TIS Squash Championships; TISSA Basketball Championships |
| 14/3/24 | Pi Day |
| 16/3/24 | Expression Day NO EXEATS |
| 25-27/3/24 | Dukies Bronze & Silver expedition camp |
| 25/3-6/4/24 | Mid-semester break |
| 8/4/24 | G12 Grad photos (All day) |
| 13/4/24 | ACT |
| 14/4/24 | Exam Candidates' Service NO EXEATS |
| 19/4-17/5/24 | DP Final Exams |
| 21/4/24 | PP Criterion A draft due; G11 EE Cafe |
| 4/5/24 | SAT (Digital) |
| 6 – 17/5/24 | MYP eAssessments |
| 8-17/5/24 | G11 semester exams |
| 19/5/24 | Leavers' Dinner |
| 24-29/5/24 | G9 eAssessments |
| 30/5/24 | MYP4 (2024/2025) subject selections |
| 1/6/24 | 2024 Annual Achievers and Graduation Ceremony; Last day for Secondary Classes |
| 7/6/24 | Last day for teachers; S2 reports published. |
| 8/6/24 | ACT |
| 9-12/6/24 | Dukies' Gold Level expedition camp |
| 22-25/7/24 | Dukies' Gold Level expedition camp |

Entertainment Night Events

- TIS Speaker of the Year
- Inter-Colour Language Competition

Primary School Campus**Public Holidays**

| | |
|---------|----------------------------|
| 4/8/23 | Founders' Day |
| 21/9/23 | Kwame Nkrumah Memorial Day |
| 1/12/23 | Farmers' Day |
| 7/1/24 | Constitution Day |
| 6/3/24 | Independence Day |
| 29/3/24 | Good Friday |
| 31/3/24 | Easter Monday |
| 9/4/24 | Eid Al Fitr (TBC) |
| 1/5/24 | Labour Day |

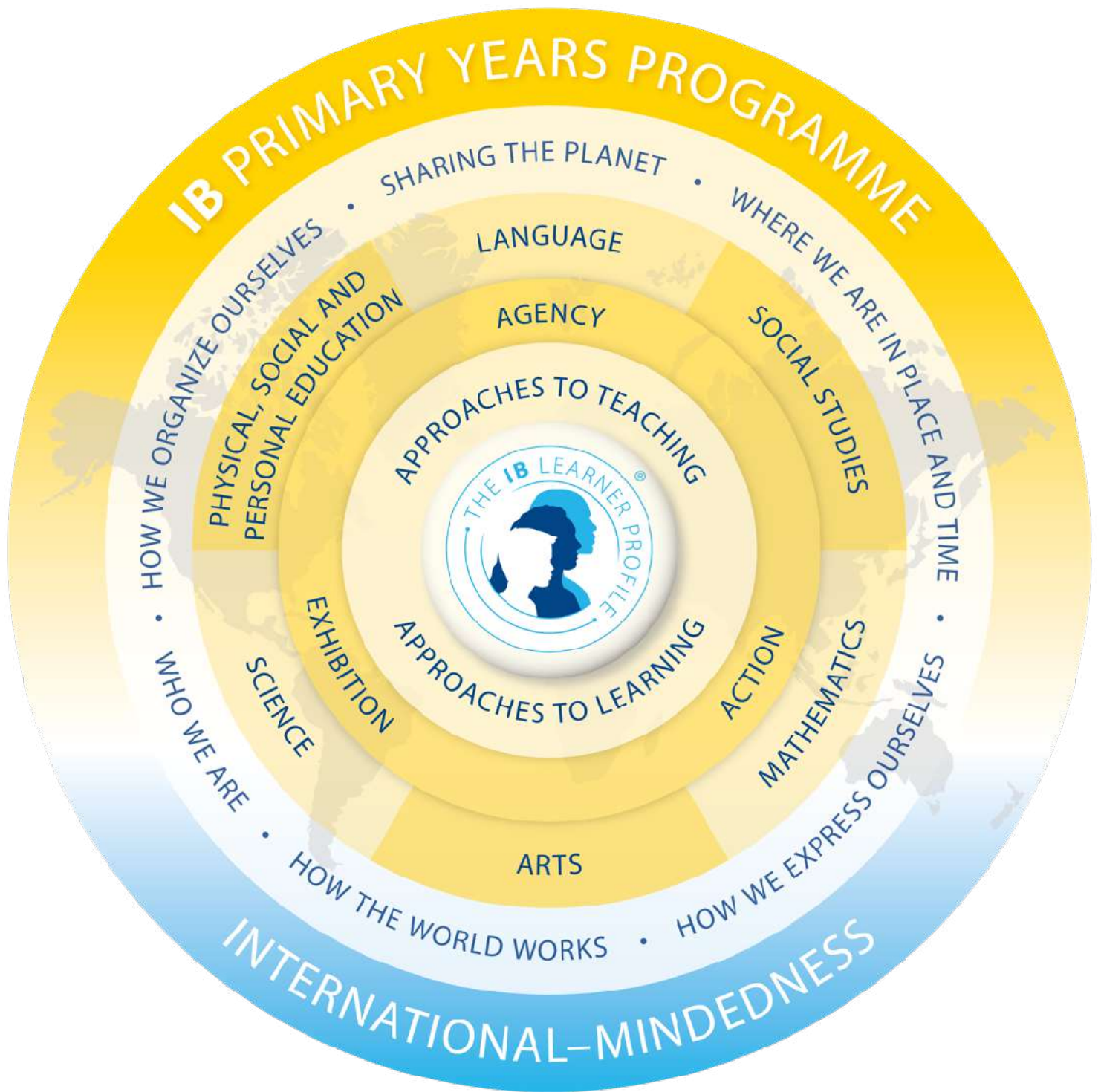
S1 Internal Dates (Primary School Campus)

| | |
|-------------|--|
| 7/8/23 | Staff prep commences |
| 18/8/23 | Meet the teacher session |
| 21/8/23 | First semester commences |
| 22/9/23 | Sign Language Day |
| 29/9/23 | End of UOI #1 Celebrations |
| 20/10/23 | Sports Festival/Wellbeing Day |
| 23-27/10/23 | Mid-semester break |
| 10/11/23 | End of UOI #2 Celebrations |
| 24/11/23 | Spelling Bee |
| 13/12/23 | End of UOI #3 Celebrations; Last day of semester |
| 15/12/23 | Last day for teachers |

S2

| | |
|-------------|---|
| 11-12/1/24 | Staff Training Days |
| 16/2/24 | End of UOI #4 Celebrations |
| 15/2/24 | Mother Tongue Day (Celebrating Culture) |
| 15/3/24 | Celebrating Additional Languages |
| 22/3/24 | End of UOI #5 Celebrations |
| 25/3-6/4/24 | Mid-semester break |
| 19/4/24 | Book Day |
| 10/5/24 | Environment Day/ Unit Celebrations (K1-G4) & Visual Arts Exhibition |
| 17/5/24 | PYP Exhibition/ (Sports Picnic K1-G4) |
| 24/5/24 | 2024 Achievers and Graduation Ceremony |
| 2/6/24 | Last day for teachers; S2 reports published |

v. 110823



FOSTERING STUDENT AGENCY AT TIS PRIMARY SCHOOL CAMPUS

Welcome to another exciting school year! We are thrilled to share with you the incredible journey of our students, teachers, parents, and the entire learning community. Throughout the past year, we witnessed a remarkable display of student agency, where our students took ownership of their learning and showcased their unique abilities. This edition will highlight the various planning strategies and platforms that contributed to this empowering and enriching experience.

LEARNING THROUGH EXPLORATION



Learners experience their learning journeys in our dynamic school where student agency takes centre stage. Our campus provides a unique environment where students thrive, cultivating essential ATL skills through a myriad of engaging transdisciplinary activities. Our learners always arrive at school prepared to embark on interactive, explorative, and fun-filled learning experiences that empower them.

Exploring Creativity and Expression

At TIS Primary School, the power of learning through arts comes alive. Imbued with the belief that artistic exploration enhances cognitive and emotional development, we encourage our learners to immerse themselves in various forms of artistic expression. Through visual arts, music, and drama, our learners engage in a dynamic process of inquiry, experimentation, and reflection. These enriching experiences not only nurture their creativity but also enables them to communicate ideas, emotions, and perspectives, fostering a deeper understanding of the world around them as they connect them through their units of inquiry. Their experiences lead them on a transformative path where the arts serve as a vehicle for both self-discovery and meaningful connections with the global community.

STUDENTS EXPRESSING THEIR UNDERSTANDING



THROUGH ARTS



LEARNERS CONSTRUCTING SIMPLE MACHINES OF THEIR CHOICE.

Nurturing Growth

In the engaging realm of the IB Primary Years Program (PYP), our early years and primary school learners embark on a remarkable journey of learning through play. This pedagogical approach recognizes the innate curiosity and creativity within each child, fostering a holistic development that transcends traditional boundaries. Through purposeful play, students explore, question, and collaborate, igniting their cognitive, social, and emotional growth. Guided by the PYP framework, this immersive experience empowers young minds to construct meaning, make connections, and develop essential skills while embracing the joy of discovery.



LEARNING THROUGH PLAY



Celebrating Learning

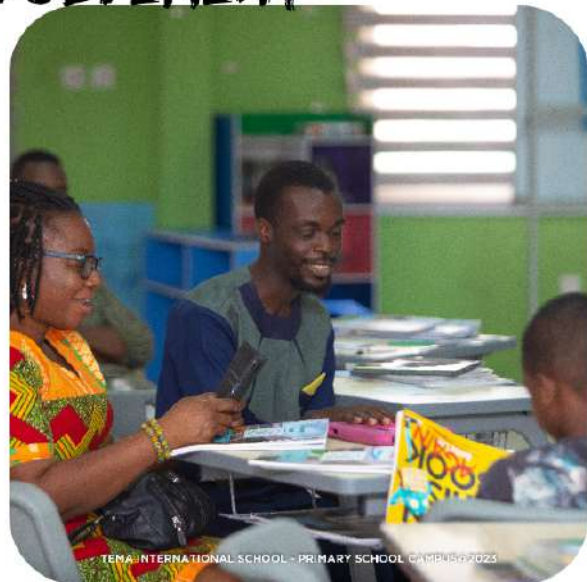
At TIS Primary Campus, learning finds its true fulfilment when shared with our vibrant learning community. We eagerly anticipate these exhilarating moments, a true highlight of our campus life. Our doors open wide to welcome the entire learning community, as our learners take the stage through diverse artistic expressions including drama, music, visual arts, and dance. Attendees who witness firsthand as our students communicate their newfound knowledge, seamlessly embodying the IB Learner Profile Attributes, key concepts, and ATL skills will attest to their ingenuity. Let's also acknowledge and extend our heartfelt gratitude to our invaluable parents for their unwavering support throughout their wards' enriching learning journeys.

LET US SHARE OUR LEARNING





PARENTS' INVOLVEMENT



A Collaborative Learning Journey

Our cherished parents are recognised as vital partners in the educational voyage. We believe in and emphasise a holistic approach to learning that extends beyond the classroom, and parents' active engagement plays a pivotal role in this process. By participating in various aspects of their child's education, from discussions about learning goals during Three-Way Interviews to attending school events such as Unit Celebrations, our parents contribute to a cohesive and supportive learning environment. This collaborative synergy between educators and parents fosters a deeper understanding of each learner's unique strengths and challenges, ensuring a harmonious and impactful educational experience. As parents embrace their role as co-learners and facilitators, they empower their children to thrive academically, socially, and emotionally, ultimately shaping well-rounded individuals poised for success in our ever-changing world.



CELEBRATING LEARNING





Prioritizing Holistic Wellbeing at TIS Primary Campus

At the TIS Primary School campus, the wellbeing of our community is of paramount importance. Our commitment to nurturing physical, mental, and social health is unwavering. At our maiden Fit and Fun Fest, an inspiring display of unity unfolded as parents, students, and teachers joined forces for a delightful day of sports and camaraderie. The event showcased remarkable teamwork, highlighting our shared dedication to fostering a balanced and active lifestyle. This spirited gathering embodies our core values and reinforces the strong bond that enriches life on campus.

Fit and Fun Fest

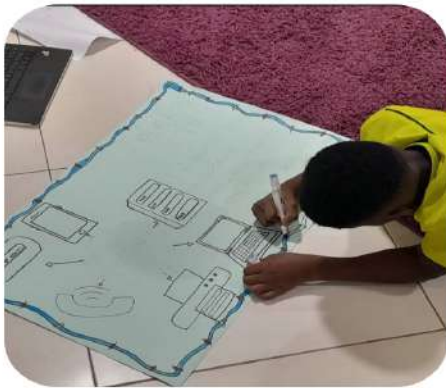




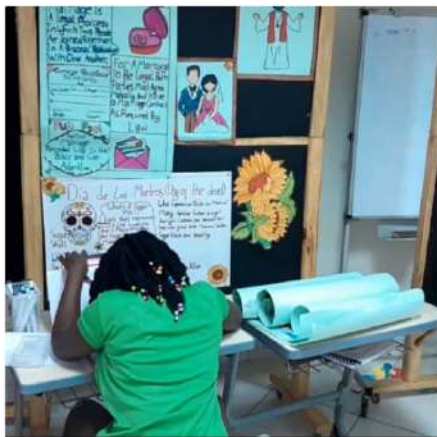


Celebrating the Graduating Class Exhibition

We are thrilled to acknowledge the exceptional accomplishments of our graduating class in embodying the fundamental tenets of the IB PYP. Through their self-driven inquiries, these students skillfully demonstrated their conceptual grasp, showcasing the IB Learner Profile attributes and honed ATL skills. Witnessing their genuine actions, which have proven both authentic and beneficial to our learning community, fills us with immense pride. The exhibition stands as a testament to our students' practical problem-solving abilities, as they ingeniously address real-life challenges. This joyous occasion has illuminated the incredible potential within our learners, as they truly exemplify the essence of the IB PYP journey.



EXHIBITION PROCESS





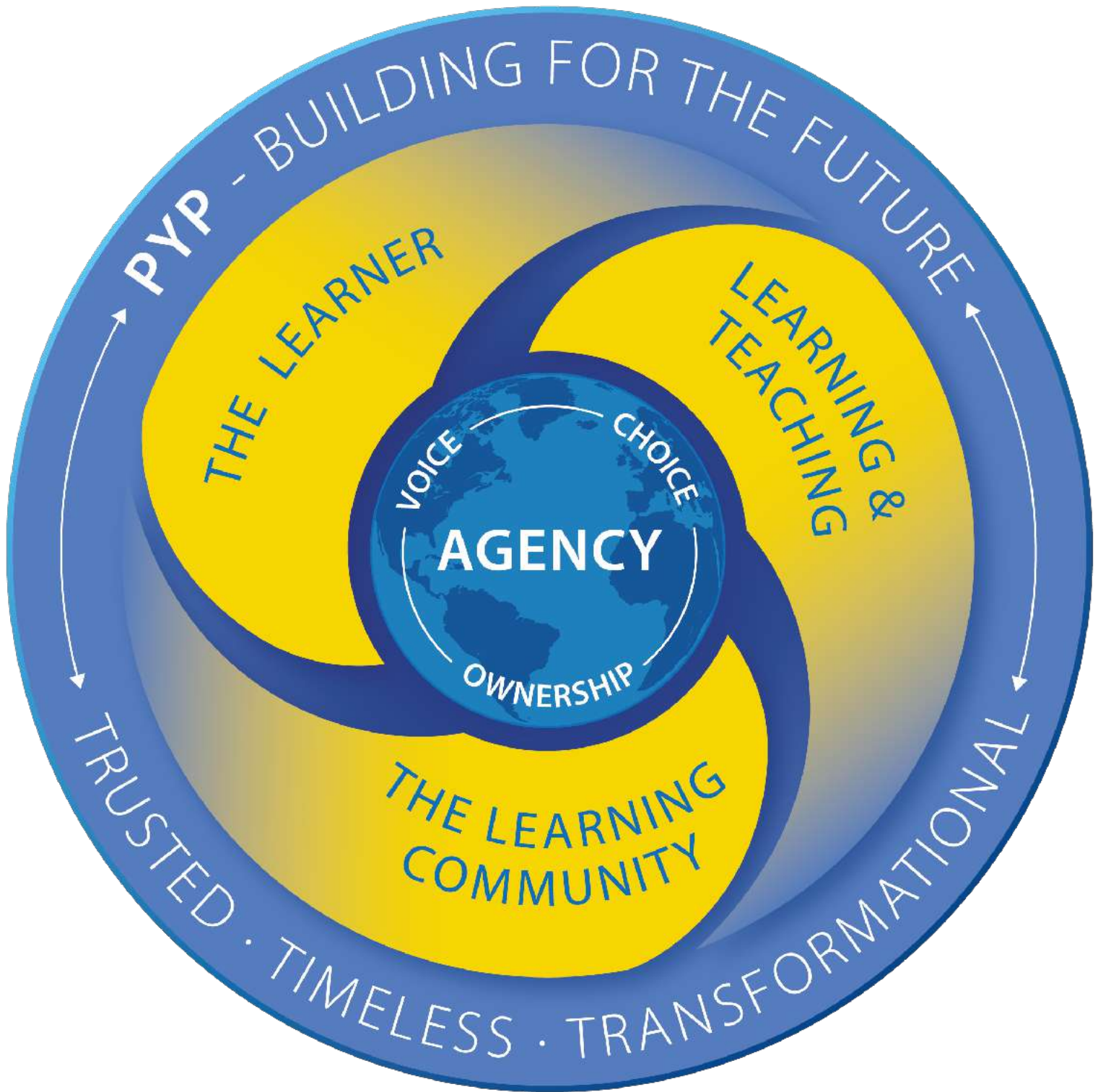
PREPARING FOR THE FINAL DAY





Our learning journey was not only fulfilling but also incredibly enjoyable. As we eagerly anticipate another year ahead, brace yourselves for a wave of exhilarating ideas set to be brought to life by our upcoming leaders.

***Another Engaging and Enjoyable Learning Experience
Awaits Us!***





TEMA INTERNATIONAL SCHOOL



Primary School Campus Admissions Open For 2023/2024 Academic Year

Flexible admission screenings and interviews



Entry Points in 2023

Preschool

- Kinder 1 (3-4 years)
- Kinder 2 (4-5 years)
- Kinder 3 (5-6 years)

Junior Primary

- Grade 1 (5.5 - 7 years)
- Grade 2 (6.5 - 8 years)
- Grade 3 (7.5 - 9 years)

Senior Primary

- Grade 4 (8.5 - 10 years)
- Grade 5 (9.5 years - 11 years)
- Grade 6 (10.5 - 12 years)

All admission applications will be online via Open Apply:
<https://tis.openapply.com>

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer PYP, MYP and DP.

To learn more scan this.



To enrol scan this.



COUNSELLORS' CORNER

*A Sweet Ending
to New Beginnings*



Dear Newbies, you have been cracked from your shells. Wondering how the journey will take off? Just relax, follow the rules, be engaged and ready to enjoy the limitless opportunities that TIS offers.



A Warm Welcome to the TIS FAMILY!

Newbies. Key Points to Note:

- ✓ First point of call is your hostel parents. Allow yourselves to enjoy the warmth and great care from the hostel.
- ✓ Embrace the new change with a positive attitude and an open mindset.
- ✓ Treat others just like the way you would like to be treated. Treat others kindly!
- ✓ Observe and know your environment. Choose friends wisely! Enjoy the ride!

DP2S, IT IS YOUR SEASON FOR UNIVERSITY APPLICATIONS. BE THE REASON FOR THE SEASON!



Achieving top university offers is no mean feat. The rules still apply. In case you have forgotten, time starts now.



At TIS, the one-on-one university and career guidance support is an enriched system embedded in the educational curriculum and it's **free of charge**. With seasoned and committed counsellors, all students are required to work up to speed and get ready with the following;

- ✓ CommonApp Applications opened on the 1 August 2023. Students applying to the US as already discussed in detail in class must fill in the online forms whiles at home with mum and dad.
- ✓ Applying Early Decision or Early Action as an early bird requires that right about now essay supplements, all other pertinent information ready to be checked and submitted when school resumes.

- ✓ Regular applicants must also complete essay supplements, portfolios and other requirements as discussed extensively.
- ✓ Want to apply through Quest Bridge? (Highly Competitive Full scholarship opportunity for American citizens only). Kindly get all the names and requirements of the universities of your interest and let's begin once you return from the break.



- ✓ Be assured that the University Guides are going to assist you at every step of the way. Avail yourself to be helped and take your guidance lessons and advice seriously which works to your advantage!



Dear DP1s and DP2s, you have 4 competent, experienced and dedicated University Guides to help you navigate the complicated, confusing and competitive university application process.

Take advantage of this opportunity! We will share the DP1, DP2 Application timelines on ManageBac. Keep track of all your deadlines, and work closely with your Counsellor.

DP2s must give your Counsellor minimum 2 weeks' notice of all your university deadlines & requests!

College Visits



WE HAVE SEVERAL UNIVERSITY VISITS LINED UP AND A FEW FAIRS WITH REPUTABLE UNIVERSITIES FROM AROUND THE WORLD VISITING US RIGHT HERE AT TIS! WE'LL KEEP YOU POSTED. DON'T MISS OUT!



DP2s:

INTERESTED IN MEDICINE OR LAW IN THE UK?

- ✓ **PLEASE REGISTER NOW FOR THE LNAT, UCAT, AND BMAT BEFORE RETURNING TO SCHOOL! CONTACT THE COUNSELLORS FOR THE UCAS BUZZWORD, OR IF YOU NEED HELP. SEE DETAILS BELOW:**



Professional Exams Centre

DP2s, PLEASE REGISTER NOW FOR THE LNAT, UCAT, BMAT BEFORE RETURNING TO SCHOOL! CONTACT THE COUNSELLORS FOR THE UCAS BUZZWORD OR IF YOU NEED HELP.



Contact Person: Roderick -0244167800

All students who want to take the professional examinations: UCAT, LNAT and BMAT should please contact Linear Assessment Centre for assistance. Click here:

<https://linearghana.com/>

For all exams:

| | |
|------------|--|
| Primary ID | A currently valid passport containing the candidate's photograph and signature. An unsigned passport is only acceptable if it is a biometric passport and does not contain a location for a signature. |
|------------|--|



Registration: <https://www.ucat.ac.uk/about-ucat/ucat-test-cycle/>

OPENS: 20TH June to 21ST September

Deadline: 2ND September 2023 (***)Based on availability of slots, register now, slots get filled up quickly)

Cost: £115

Test Day Deadline for UCAS Application: 15 October 2023



<https://lnat.ac.uk/registration/dates-and-deadlines/>

Candidates may only take the LNAT once per year (from September 01 to July 31.)

Cost: £70

Student must create accounts and have their username and passwords ready before time.

REGISTRATION OPEN: 1ST August to 20 January 2024

(**Deadlines: NOTE**; Oxford and Cambridge registration and testing deadline- before 15 October 2023, London School of Economics- registration and testing deadline- before 31 December 2023, all others, before 20 January 2024.

BMAT

OPENS: 1 September 2023, **Registration Deadline:** 29 September 2023, **don't wait, Register now! Exam registration takes place at the British Council**

Test Date: 18 October 2023

Cost: £104

Click here for more information: <https://www.admissionstesting.org/for-test-takers/bmat/bmat-october/dates-and-costs/>

BMAT CONTACT: SARAH BOATENG: +233-560027838



✓ **DP1s don't wait until the eleventh hour to register.**



Want to Register for SAT But Don't Know How? Follow the Links!

✓ <https://satsuite.collegeboard.org/sat/registration>

Click here for more information <https://www.bestcolleges.com/test-prep/sat/registration/>

If having Troubles Registering contact Aunty Portia in person or by email at portia.atubiga@tis.edu.gh

DIGITAL SAT TEST DATES 2023/24

| TEST DATE | REGISTRATION AND PAYMENT DEADLINE |
|-----------------|-----------------------------------|
| 26 August 2023 | August 11, 2023 |
| 7 October 2023 | September 20, 2023 |
| 4 November 2023 | October 18, 2023 |
| 2 December 2023 | November 15, 2023 |
| 9 March 2024 | February 2024 TBD |
| 4 May 2024 | April 2024 TBD |



- ✓ SAT without essay \$103 – Online payment only with Visa/credit card. **NEW; ACCEPTABLE IDs ARE THE VALID UNEXPIRED PASSPORT IN ADDITION TO GHANA'S NATIONAL IDENTIFICATION CARD (GHANA CARD), AS OF AUGUST 2021 ONWARDS.**
<https://collegereadiness.collegeboard.org/sat/register/international/policies>

ACT[®] 2023 TEST DATES (COMPUTER-BASED TESTING ONLY!)

- ✓ ACT Registration Fees (Online payments only: Visit www.actstudent.org): ACT Registration Fees \$171.50, with writing \$196.50 (Online payments only: Credit Card)
- ✓ (TIS Test Centre Code: 870390, but inform counsellor first).



- ✓ click: <https://global.act.org/content/global/en/products-and-services/the-act-non-us/registration.html>
***To complete registration, payment must be made online in full with a credit card. ACT April DEADLINE coming up. STEM students have an edge.**

ACT TEST DATES 2023/24 (COMPUTER-BASED TESTING ONLY!)

| TEST DATE | REGISTRATION AND PAYMENT DEADLINE |
|------------------|-----------------------------------|
| 15 April 2023 | 17 March 2023 |
| 10 June 2023 | 12, May 2023 |
| 9 September 2023 | 28 July 2023 |
| 28 October 2023 | 15 September 2023 |
| 2 December 2023 | 20 October 2023 |
| 13 April 2024 | 2 February 2024 |
| 8 June 2024 | 26 April 2024 |



2023 Preliminary SAT (PSAT) EXAM DATE AND REGISTRATION DEADLINE:

| PSAT EXAM DATE | REGISTRATION DEADLINE | GLOBAL ORDERING DEADLINE |
|-----------------|-----------------------|--------------------------|
| 14 October 2023 | 25 August 2023 | 28 August 2023 |

Please email the University Guides right if interested (**Open mainly to Grade 10 Students and DP1s only**): Eunice.aryee@tis.edu.gh REGISTRATION FEE TBC ON MANAGEBAC.

Want to Register for SAT But Don't Know How? Follow these Steps!

1. Create a College Board Account. Make sure you save your user name (email) and password; **your first and last names should be exactly as it appears in your passport.**
 2. Visit the SAT Registration Page, and Click "Register Now" Log in, go to the SAT suite, and then navigate to the College Board's SAT registration page. Click the "Register Now" button. Here's the link <https://satsuite.collegeboard.org/sat/registration>
 3. Enter Your Personal Information
 4. Select Your Test Date and Test Center- **TIS** as your test centre
 5. Upload Your Photo
 6. Add Optional Services and Practice Materials if you need to
 7. Review Your Order and Confirm Your SAT Registration
 8. Payment: Make payment with a valid visa card/credit card, to complete registration online
 9. Download your SAT Admission ticket and email it to portia.atubiga@tis.edu.gh
- Click here for more information <https://www.bestcolleges.com/test-prep/sat/registration/>
Having Troubles Registering do not hesitate to contact Aunty Portia in person or email at portia.atubiga@tis.edu.gh

**Welcome to MyACT, the new system to
schedule your ACT test and access
your scores!**

MyACT has replaced the previous online registration system,
Student Web Services.

1. Create an Account on ACT.org. Before registering for the ACT, you must make a My ACT account. **Be SURE YOUR FIRST AND LAST NAME MATCH YOUR PASSPORT EXACTLY!** Click <https://my.act.org/account/signin?location=https://my.act.org>
2. Visit Your ACT Dashboard and Click "Register for the ACT"
3. Choose Your Test Center and Test Date-**TIS as the centre**
4. Review Your Selections. After confirming the testing location and date, review your selections to make sure everything looks correct.
5. Add Services and Practice Materials (Optional)
6. Add Your Photo ID and Additional Personal Information
7. Indicate Your College Choices and Score Preferences (Optional) this step so they can ensure their score is strong enough before sending score reports to prospective colleges.
8. Enter Your Parent or Guardian's Information (Optional)
9. Submit Payment using a valid credit card/visa card and Confirm Your ACT Registration

After reviewing payment information and terms, submit the form and receive confirmation details.
<https://www.bestcolleges.com/test-prep/act/registration/>

Having Troubles Registering do not hesitate to contact Aunty Portia in person or email at portia.atubiga@tis.edu.gh

BEING SCHOOL READY

Getting ready for a new school year after a long vacation can be exciting. Here are a few critical things students can do to prepare:

1. **Get organised:** Start by organising your study materials, textbooks, and stationery. Having everything in place will help you stay focused and save time.

2. **Set goals:** Think about what you want to achieve in the upcoming year. Set realistic goals for your academics, extracurricular activities, and personal growth. It'll give you something to work towards.

3. **Review previous material:** Take some time to review the subjects you learned in the previous year. It'll help you refresh your memory and be better prepared for the new material.

4. **Establish a routine:** Start gradually adjusting your sleep schedule to match your school routine. Getting enough rest is crucial for staying alert and focused during classes.

5. **Plan your schedule:** Take a look at your class schedule and extracurricular activities. Plan out your day, including study time, breaks, and leisure activities. Having a schedule will help you manage your time effectively.

Remember, it's important to ease back into the school routine gradually. But, be ready to go from 21 August.

Importantly, start reducing screen time so that FOMO and twitchy fingers are not a major distraction when school starts.

Dr Ken Darvall

MY CIRCLE OF CONTROL

I WILL FOCUS ON WHAT I CAN CONTROL



THINGS THAT ARE OUT OF MY CONTROL

What other people do

Things from the past

Other people's choices

What other people say

How other people feel

The weather

CAS-SA Corner
CAS Experience - OPERATION SMILE - ISLC
International Students Leadership Conference 2023: LIMA-PERU
By Princes Maxine Kas-Vorsah – Student Program Coordinator/Ghana



The annual Operation Smile International Students Leadership Conference was scheduled to happen in Lima, Peru from 17th to 23rd July 2023. Elikem Nyavor, the Country Manager and Princess-Maxine Kas-Vorsah the student program coordinator for the Ghana foundation led the Ghana team. We had the greatest team from the Tema International School join us to represent Ghana namely; Nissi Arday, Bradley Hoedoafia and Seffirina Masoperh, (G12).

The theme for the year was “YOUR ADVENTURE STARTS NOW”. Elikem, Nissi and Seffirina headed to Peru with transits through France, Charles de Gaulle Airport and the other team, Princess and Bradley, had to depart the next day headed to Peru but with transits through Qatar and Brazil. The first team arrived before the next with a one-day interval. After 32+ hours, the second team arrived in Lima.

Accommodations were at the beautiful Hotel Decameron El Pueblo Resort and it had all sorts of amazing facilities. It was cold, between 10°C and 12°C during the day and lower at night. The weekend began with the countries introducing themselves and their participants and having some simulations organising fundraisers, and getting to plan it out with the whole process of comprehensive care provided to the cleft patients.

To foster unity and team spirit there were 12 groups named after mountains from all over the world and all participants from all 30 countries where Operation Smile is present were placed in these groups to promote intercultural teamwork and mentorship.

Monday 17th July was the welcome orientation and opening ceremonies to acknowledge the countries and representation of all participants from across the globe. Mrs. Kathy Magee (the co-founder of Operation Smile Inc.) welcomed all participants and told us the foundation's history and why it was dear to her heart. Dr Billy Magee (co-founder of Operation Smile) also joined us virtually to welcome all participants. In addition, each country displayed their country flag to highlight the countries present. Bradley was the flagbearer for Ghana.

CAS Experience

OPERATION SMILE - ISLC

International Students Leadership Conference 2023: LIMA-PERU

By Princes Maxine Kas-Vorsah – Student Program Coordinator/Ghana



The usual day started at 7:00 am with a wonderful and huge breakfast set up by the staff of El Pueblo catering to all sorts of dietary and medical restrictions and team huddles where all the teams met and had different activities.

There were sessions with some foundation staff and students who received awards for their outstanding performances in their schools in fundraising, leadership & advocacy and keynotes from some of the best speakers and facilitators in the world. There were little snacks and desserts in between these keynotes and refreshing icebreakers and dance breaks to keep the participants

active.

There were a few keynote speakers on Tuesday 18th July. We had a session with Julie Pulsen and Felipe Barriero Vice presidents of Align Tech, the sponsors and partners of Operation Smile for this year's ISLC. They shared with the participants how they wanted to change the world and create smiles with technology by creating and manufacturing invisible aligners, intraoral scanners, and Exocad. He shared his 19 yrs. experience in Medtech and its impact on reaching people and creating smiles. In addition, the company was impressed with the work done by Ghana and the other program countries enough for them to sponsor these countries coming for ISLC to understand better how more can be done for the cleft cases left in the world.

Julie shared how she has been volunteering with Operation Smile since she was in college and how glad she was that she could still contribute to programs that help equip the next generation of leaders by strengthening leadership skills, experiencing different cultures and truly understanding what it takes to make a difference. The days followed with many sessions that are more similar where speakers (both young and old) share how they have contributed to the empowerment of the youth concerning service and dedication to helping patients with cleft. The participants had lunch with Align Tech to present them with gifts to thank them for the sponsorship. On Wednesday, 19 July, the participants were up for an amazing session with Dr. Michael Fowlin, an actor and psychologist who expresses and act out how less privileged kids feel and how kids suffer growing up under either health conditions like cleft and other socially excluding experiences. These sessions and

CAS Experience

OPERATION SMILE - ISLC

International Students Leadership Conference 2023: LIMA-PERU

By Princes Maxine Kas-Vorsah – Student Program Coordinator/Ghana

hearing the hard truth about how other people have it made everyone emotional and decide there and then to do whatever it takes to help spread smiles.

On Thursday 20th July, there were some wonderful sessions by Operation Smile Students from Operation Smile USA. These two 16-year-old participants volunteer for Operation Smile and they champion advocacy and awareness in their schools and homes. Aria and Raina Shah used their birthdays to raise \$27,000 and \$24,000, respectively, to provide surgeries several cleft children. They taught the participants that they could help underprivileged children by starting gradually or finding a reason bigger than themselves to want to do it. Their mindsets were reformed after their first surgical missions, although their mothers have been involved with Operation Smile for over 25 years.

Next was Mich Rakotomalala, the senior regional manager under the Global Medical department for Operation Smile based in Madagascar and works closely with the nine countries in the Sub-Saharan Africa Region. She has volunteered with organisation for eleven years and started as a translator. She shared her

experiences on how she wanted to work with Operation Smile and the roles she has played in student programs in Madagascar, and how the students, in addition to raising funds, also contribute by creating awareness and championing advocacy.

It was lovely to see Nissi and Seffirina join a team representing Africa to show our rich cultural dance in the talent show and win second place.

Friday, 21 July, was a day for the service project and visiting some places in Lima. All participants were asked to bring some items and stationery to create smile bags for these kids. We went to a school in the city and using our various groups, we all engaged with the children. It was a wonderful day of creating smiles and mingling with kids with different abilities.

Team games were scheduled for the next day and it was a great day. Each team had a round of games to go through, and had fun. These games were completely done in teams to foster team bonding and unity. To remind the participants that Operation Smile thrives on leveraging on the strengths and weaknesses of everyone.



CAS Experience

OPERATION SMILE - ISLC

International Students Leadership Conference 2023: LIMA-PERU

By Princes Maxine Kas-Vorsah – Student Program Coordinator/Ghana



Saturday night ended with the closing party where we all exchanged hugs, and there were emotional goodbyes. Most of us departed that dawn and day of Sunday and headed for the airport. A lot was learnt from all 30 Operation Smile foundations present from all over the world. We made new friends and became part of a family whose primary goal is to help patients access free comprehensive cleft care and the advocate to strengthen health systems in the various program countries.

Lessons Learnt by participants:

- How to make a difference in the world in your own little way.
- Operation Smile is grateful for all support from students and volunteers. And is ready to provide and assist with expertise and resource materials to support the students to volunteer and contribute to the cause.
- The pillars that for student programs (Empathy, Leadership, Service, Advocacy)
- Many more lessons that are personal learnt from various keynotes.

The participants definitely made an impact and will always be remembered by their teams, leaders, and wonderful contributions they made.

And they will definitely miss Peru!

#Reflection by Seffirina Masoperh, grade 12



ISLC 2023 was such a surreal experience.

Even before day 1, we Align Scholars started a journey of discovery and looking beyond ourselves. We partook in many Ice breakers and activities to get to know each other. We were shared in random groups at the first meeting and asked to develop fundraising ideas. My group developed a Basketball tournament to raise money through ticket sales to fund nutrition programs for 70 patients. This exercise pushed me to be creative and open-minded. It also helped me see the logistics side of fundraising, which I normally don't get into. Hearing other ideas also served as inspiration for possible future fundraising activities.

In our Country Groups, we were also tasked with designing a poster introducing our countries, which to teach us more about each other's culture and how Operation Smile works in other places. These presentations went a long way in helping me understand and relate to people from different places, which came in handy during the conference.

The highlight of the meetup with the align scholars was the sessions with Micheal, which got us moving and Dr. M, who brought our attention to the realities of having cleft lip and palate, especially in a space where help wasn't readily available. This led us to an insightful open interaction about our various healthcare systems.

The Conference officially began with a bang, with the Hotel staff welcoming us with a dance! Since then, dancing became a common occurrence before and between sessions.

During the conference, numerous speakers spoke on different aspects that make up Operation Smile and its values. We got to see how the different parts of operation smile worked, including missions and outreach, surgical programs, fundraising, surgeries etc. One thing that inspired me throughout the conference was hearing from and seeing people like me and around the same age as me speaking on how they had played a part in creating more smiles. It was a major confidence booster and helped me see that we could make a change. One session I would never forget was the breakout with Micheal Fowlin, a Psychologist and Comedian. He merged his two areas of expertise to create a bond between us through empathy. While making us laugh he managed to break down walls and reveal the things no one wanted to discuss. In the end many were reduced to tears, I included, because we were hit with the hard truths and also the realisation that we were not alone and for me, in a conference filled with hundreds of people from different walks of life, that meant a lot. Overall, the sessions and various keynote speakers fueled my motivation to do more, make a difference and hopefully make more smiles in my own area.

Another big part of the ISLC was the teams which were named after mountains around the world. Fortunately, I found myself in Team Cotopaxi, a group of divers' characters that was by no means the 'IT' team, but as time went on, we learned to love and tolerate each other and by the end we came up on top (especially during team games), more importantly we did it together. Being in such a group taught me so much, like patience, support, humility and open mindedness.

#Reflection by Seffirina Masoperh, grade 12



I am not always very big on parties and events, but the ISLC events that concluded on various days were one for the books. The random ‘just dance’ sessions, the lively sales, during the ‘I Party’, the nostalgic movie, during the PJ party and the food and drinks generously provided by the EL PUEBLO staff were all so wonderful. The parties were a major vibe. The Talent show was my most memorable event. Watching people being supported while having fun and expressing themselves was so beautiful to see and experience. Getting up on stage and representing a part of my culture in a space where the majority didn’t quite relate, was a big thing for me and being honoured with a prize made it even more special.



Service Project Day was such an awesome day. Meeting and sharing some joy and love with little students in the community was gratifying. Seeing the smiles on their faces while they took photos and did silly dances was fun to watch. And after, getting to see a bit of our host country, learning its history and roaming about it was fun.

I can confidently say this was a well spent week and I would love to do it again.





CAS & DoEIA Orientation Camp



TEMA INTERNATIONAL SCHOOL

**Registration Deadline
18 August 2023**

CAS & DoEIA ORIENTATION CAMP

Challenging & Equipping Young People, Transforming Lives, Changing the World.

Adventurous journey, hiking, life & survival skills, map reading & compass use, first aid, radio communication, boat cruise, creativity and leadership experiences & much more.

Thu. 24 - Fri. 25 August 2023 **Trident Island**

CAS Coordinator surama.king@tis.edu.gh
DoEIA Coordinator david.difie@tis.edu.gh

Proud to deliver
THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD



The Council Corner



For the sake of formalities, I will say Good Afternoon, esteemed Management, appreciated Teaching and Non-Teaching Staff, valued Alumni, and most importantly, incoming students and parents. Now that you're a part of the TIS family, we have to greet you accordingly, Brothers and Sisters, Aunties and Uncles, Good Afternoon!

To our newbies, a massive shoutout from your student council - we're thrilled to have you on board. Brace yourselves for a fast and furious ride at Tema International School, where learning goes beyond the classroom. It's in every laughter, friendship, and experience.

Picture this: a community buzzing with energy, a diverse crew of people, and a student council that's got your back. We're all about making our time here legendary – from a contagious school spirit that you'll soon catch onto to creating an atmosphere where you're not just a student, but a vital piece of our TIS puzzle.

My name is Ethan Sunkwa-Mills, the General Secretary of your Student Representative Council and I'm here today to introduce you to my peers.

Leading our council are the ever-reliable Eugene Cobinnah and the caring Serwah Dabo, our Heads of Council.

Of course, we have come to school to learn, Franklyn Adu-Baah and Nana Aba Egyei-Mensah are our studious Academic executives and they are committed to ensuring that our environment stays productive. Alongside academics, Sports is one of the four pillars of balance that we maintain at TIS. I present your sports executives, Agormah Agambire and Emmanuel Essel. Both passionate sportspeople, it's their duty to ensure TIS stays healthy and active. Let's not forget Mercedes Armah, the Multipurpose Hall {gesture to surroundings} is central to life at TIS and she single-handedly coordinates mealtimes and ensures our MPH stays in top condition. We also have Nana Yaa Owusu-Manu, our Chapel executive, she's responsible for spiritual affairs on campus, also producing an inclusive environment for members of all faiths.

The Council Corner



As I mentioned earlier, at TIS we prioritise a balanced lifestyle, and so for those days when we need to kick back and relax, we have Kevin Agbo, our Entertainment executive. Finally, let's talk hostels! The Francis Hostel prides itself on their steeze, I think you'll find that in your Francis Hostel executives Jason Chigabatia and Jeffrey Adgagar. And, of course, Anthony boys stick together, under the precise guidance of their Anthony Hostel Executive, Caleb Offei.

Onto the girls, the Cecilia Hostel has both looks and brains and these ladies of class are led by the beautiful and intelligent Cecilia Hostel executives, Veronica Arthur and Nanette Ativor. And last, but definitely not the least, Catherine girls have got it all, poise, finesse, decorum; and you'll find no shortage of these in your Catherine Hostel Executives Nissi Arday and Seffirina

Masoperh.

This year marks a special anniversary as we celebrate our Founders, their vision and values. Our journey from a humble beginning, an institution founded on values of integrity and inclusivity to a landmark of education in Ghana, West Africa and for IB world schools across the globe. We look forward to seeing you, parents and students, at all the wonderful events to mark this milestone. To a year of Celebration, Impact, Joy and Excellence.

Thank you for your attention.



Red & Proud CAS project Investigation Stage



Red and Proud! A female's body is fragile, and unfortunately, not all women have the privilege of understanding their bodies. Some societies often treat it as something mysterious or forbidden. However, joining the **Ghana Girl's Guide Association** alongside **Senam Dzakpatsu, Ashley Asante, and Alicia Asante from SOS HGIC, Kendall Codjoe, and myself (G11)** from **Tema International School** has been the most impactful

decision I've made. It has opened my eyes to the lack of knowledge among Ghanaian girls about their bodies, leaving them incredibly vulnerable. I felt compelled to share my knowledge and help them realise the importance of their bodies.

In certain regions, menstruation is seen as taboo, and girls who experience it are believed to be untouchable and excluded from activities like football. As intelligent young women, we decided to challenge this taboo. We travelled to PramPram and visited the new Ningo Chps, where we were warmly received by beautiful young ladies who sang the girl's guide song. We shared a story about a girl who saw menstruation as sinful, emphasising that it is a natural process. We also discussed the reproductive system and encouraged them to abstain from early sexual activity and its consequences. Personally, I gave a presentation on puberty, reassuring them that the changes they experience are normal and nothing to be alarmed about.

Afterwards, we split into groups and taught them how to make reusable cloth pads using Macintosh rubber, as commercial pads can be quite expensive. I even connected with some of the girls and shared snacks with them. This project has been incredibly fulfilling because I had the opportunity to both teach and learn from this experience. I was unaware of reusable pads and the burden girls feel during their periods.

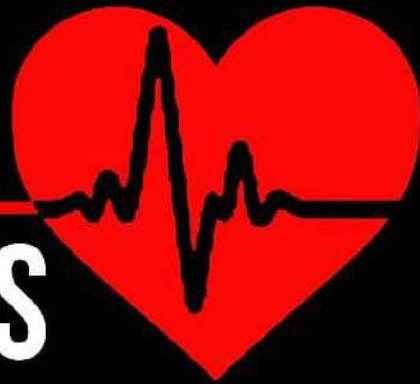
I believe young women worldwide must stand by and assist other underprivileged young women who may be unaware of certain aspects of their bodies and their functions. Instead of keeping our knowledge to ourselves, we should share it with others. Joining the **Ghana Girls Guide Association** can significantly contribute to the support and empowering experiences of more girls.

Red & Proud CAS project Investigation Stage



Healthy Heart: Healthy Life CAS Project Fund Raiser

IT'S A BEAUTIFUL DAY
TO SAVE LIVES



DONATE NOW: <https://makewehelp.com/donation/healthy-heart-healthy-life-2>

We are excited to introduce our CAS Project, **Healthy Heart: Healthy Live**. Our team, led by **Nana Aba Egyei-Mensah, Seffirina Marsopah, Kwadwo Adubofuor, and Mawulolo Agbeli**, is passionate about changing our community. This initiative was started in 2021 by Tema International School (TIS) Alumni **Jano Attionu, Madiba Gondoe, David Safo and Caleb Hammond (IB Class of 2022)**. However, due to the effects of the Covid-19 pandemic, they could not raise sufficient funds for **Benjamin**.

Benjamin has been waiting for his surgery for about 2 years, and each day that goes by, his condition becomes more regressive. He was diagnosed with Tetralogy of Fallot, a congenital heart defect that affects the structure of the heart and the flow of blood through it.

Tetralogy of Fallot can cause oxygen-poor blood to be pumped from the heart to the rest of the body, leading to many other life-threatening effects.

This project aims to raise funds for Benjamin, who desperately needs life-saving surgery. His mother, a single parent, cannot afford the surgery and has reached out to **The Children's Heart Foundation Ghana** for help. We believe that everyone deserves a chance at a healthy life, and we want to do our part to help Benjamin receive the medical care he needs. That's why we have re-launched **Healthy Heart: Healthy Lives**, a fundraising campaign to help cover the cost of his surgery.

In collaboration with **The Children's Heart Foundation Ghana**, we aim to raise awareness about congenital heart disorders and encourage our school community to donate towards this cause.

There are many ways to support **Healthy Heart: Healthy Lives**. You can directly donate to our campaign by clicking on the **DONATE** button, purchasing our T.Shirt, sharing our message on social media, or hosting a fundraising event to help us reach our goal. Every contribution can make a difference in his life, no matter how big or small.

DONATE NOW - Have a heart, save a life. <https://makewehelp.com/donation/healthy-heart-healthy-life-2>

IT'S A BEAUTIFUL DAY

TO SAVE LIVES



CAS PROJECT

Healthy Heart: Healthy Life
The clock is ticking
Benjamin needs our help

CAS Project – SaniFlush

SANIFLUSH CAS PROJECT – WE NEED YOUR HELP.

[Home](#) / [Donations](#) / [SaniFlush CAS Project – We Need Your Help.](#)



SaniFlush is a CAS project initiated to aid the Ashaiman No. 2 JHS with a modernized, functioning washroom system, and the members are a group of DP1/G11 students of Tema International School: **Gregory Fokou Kotang, Papa Duodu Fynn, Bradley Hoedoafia, Kow Yarney, Nadeem Yakubu, Odassey Tetteh, and Malcolm Enimil Ashun.**

We are determined to solve a pressing problem in our community and found an opportunity to make a difference at Ashaiman No.2 JHS. After interviewing the headmistress, we learned that the school struggled with a large student-to-washroom ratio. The deteriorating condition of the washrooms had health implications for the students and hurt their overall learning experience. The lack of clean and safe washroom facilities made it difficult for students to attend school regularly, as they were more prone to falling ill and required time off to recover. This interrupted their academic progress and could lead to poorer academic performance.

Additionally, the lack of adequate washroom facilities created a sense of discomfort and unease among the students, which affected their concentration and focus during class. This could ultimately lead to a decline in their academic performance and achievement. The poor condition of the washrooms had far-reaching consequences on the health and well-being of the students, as well as their academic success, highlighting the urgent need for renovation and improvement. Also, most children lacked appropriate toilet facilities at home, causing them to defecate outside the school. Due to the poor toilet facilities, even though we wore masks during the interview, the smell from the washrooms lingered about a kilometer away, showing the severity of the situation.

After surveying the area, a professional plumber presented a budget. We needed to raise approximately GHC 28,000 to cover the cost of renovating the washrooms. Through Expression sales we manage to raise GHC 7,600. We have raised so far GHC 22,300. To meet our target we need GHC5,700.

Our project aims to address several UN SDG Goals, including **Good Health and Well-Being, Clean Water and Sanitation, Industry, Innovation, and Infrastructure, and Life on Land.** We believe that by undertaking this project, we can make a meaningful contribution towards creating a sustainable future for the community, improving the lives of people, and protecting the environment around us. By aligning with the UN SDG goals, we hope to inspire others to join us in our efforts and help create a more equitable and sustainable world for future generations.

To support our cause, we need your donations to reach our target amount. Any amount donated will be most gratefully and heavily appreciated. **DONATE NOW, by clicking on the following link – <https://makewehelp.com/donation/saniflush-cas-project-we-need-your-help-2>**

Ignite CAS Project



Developing tomorrow's world begins with children; we must help them improve it. Everything in this world has its time. A time for learning, and a time for playing. While every child deserves rest and relaxation, some children cannot enjoy such opportunities.

In reference to this, we would like to present the **"Ignite" CAS (Creativity, Activity, Service)** project to you, initiated by **Maadjoa Obeng-Nkansah, Maame Serwah Dabo, Ewuradjoa Obeng-Nkansah, and Nana Yaa Owusu-Manu, (G11)** from **Tema International School**.

There is no complex or lengthy story behind **"Ignite"**, the **CAS project** simply seeks to introduce the importance of play

and activities in children's lives by refurbishing the **St. Nicholas Charity School** Playground in Tema Newtown.

The **St. Nicolas School** is run entirely by voluntary donations and receives no state funding. Knowing the facilities at our disposal that aren't always used, makes it extremely heartbreaking that their playground is inaccessible.



Therefore, we would like to extend an earnest request to you for your assistance in raising **GHC 25,000.00** (Twenty-Five Thousand Ghana Cedis) to refurbish the **School playground**. There is no doubt that this generous act of yours will not go unnoticed by these students and that the value of your gift will be returned to you in a much

greater measure. It doesn't matter how small the contribution is, it makes a difference. Thank you. *Ignite team*

Ignite CAS Project <https://makewehelp.com/donation/ignite-cas-project-2>

Kindly share the link and support our students CAS initiative to refurbish the **St Nicholas Charity School Playground**.

To **DONATE** click on the link and look for the yellow button ***DONATE NOW*** and follow the prompt.

Together we can do more.

Eradicating Hunger and Poverty Initiative



SUSTAINABLE DEVELOPMENT GOALS

Eradicating Hunger & Poverty is a CAS (Creativity, Activity, Service) Initiative of **Ayomi Asante, Samuel Tagoe and Nhyiraba Arkaah-Otoo, (G11)**. In line with the Sustainable Development Goals, **No Poverty and No Hunger**.

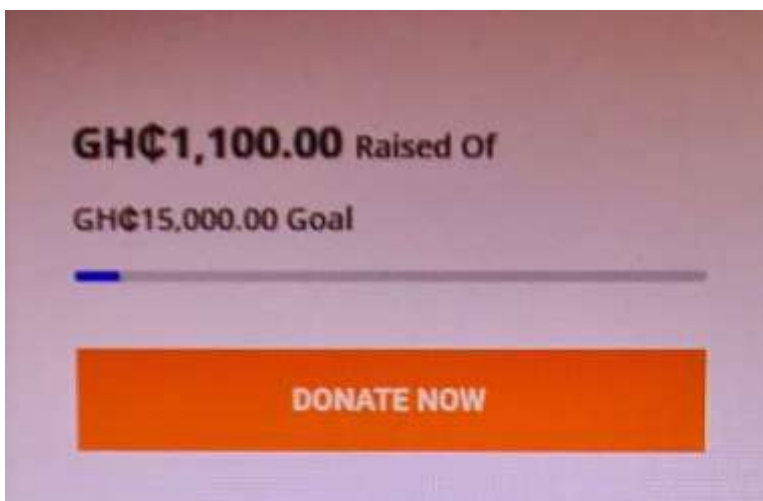
Through this **CAS project** we hope to raise funds to purchase food provisions and clothes for children who lack them in our community.

After investigation, we identify a home for children that call **Maa Paulina Children Foundation**, located at Ashaiman Lebanon Zone 2. **Maa Paulina** is a home for many children in the Ashaiman community, who run from home because their families cannot handle their basic needs. According to the Caretaker and founder Madame Maa Paulina, she struggles to feed them once daily. Food provisions and clothes are something she prays we can assist her with.

With the high cost of living in Ghana, she can barely meet the children's needs as they come. She also mentioned that she has some brilliant children who come to her place to get support

to go to school. Some are doing so well in school despite their challenges. She also hopes they can be sponsored to go through education and maybe even go to University and have better opportunities in life.

We like to appeal for your support to the **Maa Paulina Children Foundation**. We aim to raise GHC 15,000 to support the home with food items and school fees for some children.



For further details, you can reach out to our CAS Coordinator, Mama Su, Surama.king@tis.edu.gh

To **DONATE**, click on the link below. No amount is too small or too big, we need your help.

<https://makewehelp.com/donation/eradicating-hunger-and-poverty-initiative-2>

The TIS Experience – Newbies Parent Orientation



The TIS experience – Team Building with Newbies



The TIS experience – Newbies Orientation is on



ASA – After School Activity – Time to Sign UP



The **After School Activities program** reflects our **4 pillars** and the variety of experiences will challenge, engage and inspire you through the semester. **Crocheting class** is so much fun, the **Chess Club** offers many opportunities to compete on the national and international levels, **Swimming Club** on Sundays will help you relax and prepare for the week ahead, and the **Anniversary Production, with the adaptation of The Prince of Egypt**, is just the right platform to discover your talents while we celebrate TIS @ 20. The delicious **cooking classes** will satisfy all your cravings, the variety of **sports activities** will keep you fit, these are just a few of the opportunities available for you. These experiences will fuel your learning by stimulating creative thinking, your social and organisational skills will improve, it will develop your interests and talents, and best of all it will offer you the chance to do something you really enjoy and be **BALANCE**.

The **ASA program** will also help you meet the requirements for **CAS (Creativity, Activity, Service – DP students only)** and the **DoEIA (Bronze, Silver, and Gold levels – Dukies only)**. These experiences will make your university transcript stand out from the many other candidates worldwide. Remember, the best Universities seek the best candidates, the best in all areas, **academics, sports, culture and service**. The **TIS experience** allows you to become that candidate.

Don't miss the **Sign-up Day on Wednesday, 23 August, at 4:15 pm at the Project Centre Cafeteria**, patrons will be there to assist you, be punctual, note that some classes can get filled in no time.

*Kindly find below the **ASA timetable for semester 1**. Start planning the activities you are interested in, every TIS student are expected to engage in a minimum of 3 activities per week, no double sign-up, only one activity/Club per day.

Enjoy another fast and furious ride. Make the best of your time here. You can find me at the **CASSA office**, or reach me via email abigail.Ahiadorme@tis.edu.gh

<https://youtu.be/YoHWrQHAtAw> - Visit our YouTube Channel and know more about the CAS-SA team.

ASA – After School Activity Time Table



TEMA INTERNATIONAL SCHOOL



ASA - After School Activities – 2023/2024 Academic Year – Semester 1

| DAY 4:30 - 5:30PM | ACTIVITY | INSTRUCTOR/PATRON | VENUE | VACANCY /GRADE |
|---|---|---|---------------------------------------|---------------------------------|
| MONDAY | Brass Band | Borsah & Shadrach Asaase | Music Room 3 – Handel & Picasso | All grades |
| | Cosmetology | Abigail Ahiadorme | Strands Saloon | 10 Ss- All grades |
| | Crocheting Club | Rita Tay & Chidubem G9 | Design Lab 2 | 12 Ss – All grades |
| | Chess Club | Abass Amidu & Franklin Adu-Baah, G12 | Design Lab 1 | 30 All grades |
| | Piano Lessons | Prosper Fiebor & Emmanuel Hygienus | Music Room 2 – Handel & Picasso | Individual lessons - All grades |
| | Debate Society | Louis & Welagaamo & Ms Irene Koree | C6:LL2 | 30 Ss - G7-G11 |
| | Cooking Club – G7 | Abigail Ahiadorme and Eyram Mahoney | Project Centre Kitchen | 8 Ss – G7 |
| | Badminton & Tennis | Sports Team | Sports Complex | All grades |
| | Anniversary Production – The Prince of Egypt | Ebenezer, Prosper & Mawuli | *Black Box – Handel & Picasso | Auditioned Students only |
| | TUESDAY | Squash | Takasi Nyande | Sports Complex |
| Sewing Club (Machine Sewing) | | Donald Dodoo | | 8 Ss – G11s |
| Tennis | | Sports Team | Sports Complex | All grades |
| Cooking Club – G8 | | Abigail Ahiadorme | Project Centre Kitchen | 8 Ss – Grade 8 |
| MUN | | Emmanuel S., Richard D. Daniel G. & Gilda | C12 IS4 | 50 Ss- All Grades |
| Innovation & Entrepreneurship Club | | George M, Nicholas S. Mr Kumah-Noi | Library | 18 Ss- G9 - G11 |
| Cosmetology | | Fafa Wensley | Strands Saloon | 10 Ss- All grades |
| Mooting Society | | Louis W., Eunice and Constance | C6:LL2 | 25 Ss - G9 - G11 |
| TIS Orchestra | | Shadrach Asaase | Orchestra Room – Handel & Picasso | All grades |
| Anniversary Production – The Prince of Egypt | | Ebenezer, Prosper, & Mawuli | *Black Box – Handel & Picasso | Auditioned Students only |
| WEDNESDAY | Badminton | Sports Team | Sports Complex | All grades |
| | Chess Club | Abass Amidu & Franklin Adu-Baah, G12 | Design Lab 1 | 30 Ss - All grades |
| | TIS Choir | Prosper Fiebor, Shadrach Asaase & Portia | Music Room 3 – Handel & Picasso | All grades |
| | Reading Club | Setor Adih, Emmannel Hygienus | Learning Center | 24 Ss - All grades |
| | Insight TV | David Dife | Media Room | 15 Ss - G9 - G12 |
| | GardenHolics | Eric Brownson & Grace Ameyibor | Project Centre Garden | 12 Ss - G7 - G10 |
| | Cooking Class – G9 & G10 | Abigail Ahiadorme & Linda Adika | Project Centre Kitchen | 8 Ss – G9 - G10 |
| | Anniversary Production – The Prince of Egypt | Ebenezer, Prosper, & Mawuli | *Black Box – Handel & Picasso | Auditioned Students only |
| | Handball & Squash | Sports Team | Sports Complex | All grades |
| | THURSDAY | Art & Craft | Mama Su & Donald Dodoo | Design Lab |
| Squash | | Takasi Nyande | Sports Complex | All grades |
| Pop Band | | Borsah | Music Room 3 – Handel & Picasso | Individual lessons - All grades |
| Interact Club of TIS - Meeting 2 x Month | | Grace Kabukie & Gilda Afegbedzi | I&S CL113 | 20Ss - All grades |
| Cooking Club – G11 | | Setor Adih & Rita Tay | Project Centre - Kitchen | 8Ss - Grade 11 |
| STEM CLUB | | Science Team | Einstein Block | All grades |
| Dance Club – Prep for Production | | Dennis Dzah | Dance Room – Project Centre | 16 Ss – Auditioned Ss Only |
| TIS Orchestra | | Shadrach Asaase | Orchestra Room – Handel & Picasso | All grades |
| Photography Club | | Dennis Akortah & Joshua Nartey | Media Room – Project Centre | 14 Ss – All grades |
| Anniversary Production – The Prince of Egypt | | Ebenezer, Prosper, & Mawuli | *Black Box | Auditioned Students Only |
| FRIDAY | School Choir | Prosper Fiebor, Shadrach Asaase & Portia | Music Room 3 – Handel & Picasso | All grades |
| | Piano Lessons | Prosper Fiebor | Music Room 3 – Handel & Picasso | Individual Lessons - All grades |
| | Visual Art Club | Albert Dowuona | Visual Arts Studio – Handel & Picasso | 10/All grades |
| | Mindfulness | Mama Su | Dance Room – Project Centre | 12 Ss – G11 & G12 |
| | Anniversary Production – The Prince of Egypt | Ebenezer, Prosper, & Mawuli | *Black Box | Auditioned Students Only |
| SATURDAY | Volleyball – After lunch | Sports Team | Girls Hostel Court | All grades |
| Equestrian – Horse Riding (2pm– 5pm) | Assigned Chaperons | Polo Club House – Burma Camp Accra | 12 Ss – G9 – G11 | |
| SUNDAY 4 - 5 PM | Swimming Club | Dr Ken Darvall & Swimming Team | Pool - Sports Complex | All grades |

Service Projects - An opportunity for Service as Action and CAS Students to develop their Service projects within the community. Discuss the project logistics with your coordinator or supervisor. Check the list of NGOs you can collaborate for the purpose of your Service Learning projects at the CASSA office.

CAS projects: G11 & G12 Students must submit the Project proposal form to the CAS Coordinator before starting a project.

Red Cross Club: Meetings once a month for all those who are certified by Red Cross Ghana Society. Sign up for the 4-day online workshop. Date and time TBC – Patrons: Mr. Hayford Gyasi and Abigail.

Performance/School Event organizers: Open to all students. Look out for opportunities on the Notice Board, Bulletin or ManageBac

Workshops: Opportunities will be shared on the Weekly Bulletin - CAS-SA Corner and ManageBac. You will learn valuable skills in these workshops. Don't miss out.

DoEIA - Dukies - Kindly follow up the Dukies Group on ManageBac for updates. To register for **Bronze, Silver or Gold Award Level** contact Mr. David D - david.dife@tis.edu.gh

All students are expected to participate in at least 3 After School Activities during the week. Sign up with the activity patron/instructor. **Commitment and Balance are essential.**

MB* - ManageBac - Ss* - Students.

*Black Box – The School Play Production Venues will be determined by the directors. They may use Music Room (s), Orchestra Room, MPH, Sports Complex, Dance Room, and Einstein Hall as per their need.

CAS Project – Stitching Smiles

By Agormah, Nana Akosua and Ewuradjoa



Crocheting isn't just a skill, it's a passion to many. Having the ability to make all sorts of creative and mind-blowing items allows us to demonstrate acts of kindness as caring IB students. With this in mind, *Agormah, Ewuradjoa* and *Nana Akosua* three dedicated and passionate grade 12 students are initiating a new CAS project titled **“Stitching Smiles: crochet toys for children in need”**.

We want to make a variety of stuffed animals, such as octopuses, bees, dolphins etc. The items we would make will be donated to an orphanage in December. December is the season to give and doing this handmade whilst giving genuinely would be a shining example of how the art of crocheting can be harnessed to make a positive impact on society. We are calling on board other students who know how to crochet to help us in this initiative and to help us transform colorful yarn and soft cotton into adorable stuffed animals that will bring smiles to the faces of young recipients.

If you're passionate about making a positive impact, is eager to learn a new skill, there are several ways you can get involved. We encourage you to help by donating cotton, yarn or monetary contributions to help ensure a steady supply of material, enabling us to create a diverse range of cuddly companions for the children at the orphanage.

See you at the ASA fair, make sure to sign up for the Stitching Smiles/Crocheting Club





Mental Health Gratitude



Notice the **good**, look for it and appreciate it



Express gratitude by practising **kindness**



Commit to one **complaint-free** day a week



Keep a gratitude **journal**



Write down **three things** each day that went well



Tell the people in your life **how you feel**, what they mean to you





Mental Health Self-Care



Live healthily, eat healthy foods, get enough sleep and exercise regularly



See friends to build your sense of belonging



Try to do something you **enjoy** every day



Find ways to **relax**, like meditation, yoga, getting a massage and taking a bath



Exercise - make it enjoyable by doing what you love to do - walk, dance, run!





Mental Health Reducing Stress



Breathe - take a deep breath, close your eyes and listen to music or a meditation app



Relax your mind - gratitude and mindfulness



Do something **artistic** - sing, paint, write!



Disconnect - read or listen to music and take a break from your screens



Get outside and enjoy the outdoors with your friends



Plan your week ahead



6 Principles Shaping the Future of Work



Be Open to Understanding New Technologies and Concepts



Use Mobile Phones for Interactions with Teams



Use Expressive Communication



Integrating Team Softwares for Ease of Collaboration



Create Prioritized and Personalized Messaging Between Teams



Connect Workplaces



Ten tips for acting with integrity

Always act with honesty and in a responsible and ethical manner—being conscious of the influence that you have on those around you can set a great example to others.



Familiarise yourself with the school's rules and ensure that you understand what academic integrity means and consists of.

Don't try to gain an **unfair** advantage in coursework, mock examinations, or assessments by copying someone else's answers or using a mobile phone during an exam, for example.



Always reference and cite other people's work that you have used in your essays—be **proud** of explaining that you understood someone else's ideas and thought that they were good. **Seek help** if you are struggling or are not sure of expectations.

Stand up for what is **right**—alert a member of staff at your school if you suspect that someone has cheated.



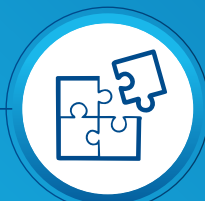
Learn to **accept** your strengths and weaknesses and do the best that you can.

Take responsibility for your own actions and their consequences.



Know how to **safely collaborate** and share work when using social media and digital collaborative platforms.

Be mindful of maintaining academic integrity during group work/projects and keep track of what each group member is contributing.



Try to **overcome procrastination**. Managing your time wisely will reduce stress-induced, last-minute work which increases the likelihood of cheating.

TIS INTEGRITY Code

“TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member.

As a TIS family member,

I promise to uphold and demonstrate its values, and protect the reputation of the school.

I make this pledge in the spirit of honour and trust.”



Tema International School

