TIS RECORD

P: +233 303305134 | E: info@tis.edu.gh| W: www.tis.edu.gh

At TIS,

we believe the four pillars for student balance and ensuing success - academics, service, sport and culture - provide a theoretical lens for inquiry, critical thinking, and conceptual understanding in a real-world context, through action. Across all four pillars, TIS prides itself on the opportunities and experiences that enable all graduates to develop and enhance leadership attributes and skills to make a difference and the world a better place. As leaders, we create our footprints to ensure authenticity.

Contents

- PYP News: Page 7
- CASSA Corner: Page 20
- Counsellors' Corner: Page 65

Key Dates

- 26-28/10/23: Ghana MUN (GIS)
- 18/11/23: The Prince of Egypt (National Theatre)
 7.00pm. Bring your village!

Thought for the Week

The primary cause of unhappiness is never the situation, but your thoughts about it.

- Eckhart Tolle



The TIS DNA

Our fabulous Alumni constantly rave about it. So do our parents, past and present. I found out about it in May 2015 when I first visited TIS. We call it the TIS experience, and there is nothing like it. It is unique!

This is not just bravado but reality. As I have recently mentioned, the secret is the TIS DNA. While others may try to emulate TIS, they can't replicate it because we know that DNA is unique.

We witness the TIS experience at every school event. It was displayed in spades during the 20th anniversary celebration events and last week's MYP evaluation. In a nutshell, each performance is our evidence.

So, how does TIS achieve against the odds to be Africa's best kept secret? The DNA structure is revealed on page 3. Simply, it is what we do. Consistently. With purpose and being intentional, based on the vision and values of our Founding Family. We don't take anything for granted. We must always improve what we do by challenging ourselves. No excuses. It's the TIS experience!



"My definition of integrity is a set of beliefs, values, and actions that others can depend on." -Steve Bollar

SAT &ACT

- Best advice: students who are required to complete SAT and/ or ACT requirements should do so by the end of Grade 11. Leave it until G12 and you have created a personal timemanagement monster.
- Please follow instructions and details provided in the weekly Counsellors' Corner section of the TIS Bulletin.

Making Us Proud

We are proud of Ismahil Abanga, Klenam Agyekum, Elijah Akwada, Solomon Atseku, Isaiah Brown-Glover, David Darko, Sefakor Edze, Heaven Mefful, Adalyn O-A, and Abena Sampong (All from Grade 3) for sharing an informative unit assembly about their unit on migration.

Mercedes Armah (G12), best participating female under 16 years at the Scholastic chess championships.

Former parent, **Grace Krobo Edusei**, who is leading the John Maxwell Team Certified Youth Initiative for 43 TIS students over consecutive Saturdays.

Seffirina Masoperh (Director) and **Mawulolo Agbeli** (Stage Director) (12) for the Prince of Egypt production on 18/11/23 at the National Theatre, Accra.

Essential Homework for Parents & Students

Students and their parents must not leave anything to chance. Some critical homework for parents and their children are:

- Read and take action based on what you read in the weekly TIS Bulletin. Subject selection, university guidance meetings, testing deadlines and admissions should never be left until the last moment. Disappointment usually follows in these instances.
- Plan. Every TIS student goes to university, so why wait until Grade 12 to start making plans? Although each TIS student and family are supported by our outstanding and successful University Guidance Counsellors, do your homework ahead of time. Students and parents should be aware of their preferred universities and program requirements. There should never be instances of students wanting to change any DP subject at the start of G12 due to a change in plans. Try and visit your preferred universities before G12 to eliminate the guesswork. Not all that glitters is gold. University choice is personal and needs to provide a best fit for future success.
- Students must be strategic in their actions. It's too late in G12 to say I should have done this. Each student controls their decisions and actions. Make them count. Almost all boxes should be ticked before the first mid-semester break in G12.

I appreciate your support. Enjoy each day, and make everyday count.

Dr Ken Darvall (Principal) principal@tis.edu.gh





THE TIS DNA





27 October 2023



18/11/23: Bring your village to the National Theatre.

27 October 2023



Vol. 20, No. 13

18/11/23: Bring your village to the National Theatre.



TEMA INTERNATIONAL SCHOOL MAIN CAMPUS INFORMATION



Exeat

There are two types of exeats: general and medical.

All students will be allowed two exeats each mid-semester. Please plan accordingly to avoid disapointments.

All exeat requests must be completed online and submitted with at least 48 hours' notice, with the exception of urgent medical issues. Weekend exeat requests must be received by the preceeding Wednesday. Any requests after this deadline will not be approved.

The integrity of an exeat request is critical.

No exeats will be granted if a student has outstanding work.

No exeats will be granted during the last week before a semester break.

Parents/Drivers must show the approval exeat from their phone to enter (NO SHOW. NO GO!).

Students must return by 5.00pm on Sundays (weekend exeats).



General Exeat

A general exeat will cover passport and visa matters, as well as family events. These must not exceed more than two per mid-semester.

Access the general exeat form from here: https://www.tis.edu.gh/exeat-form/

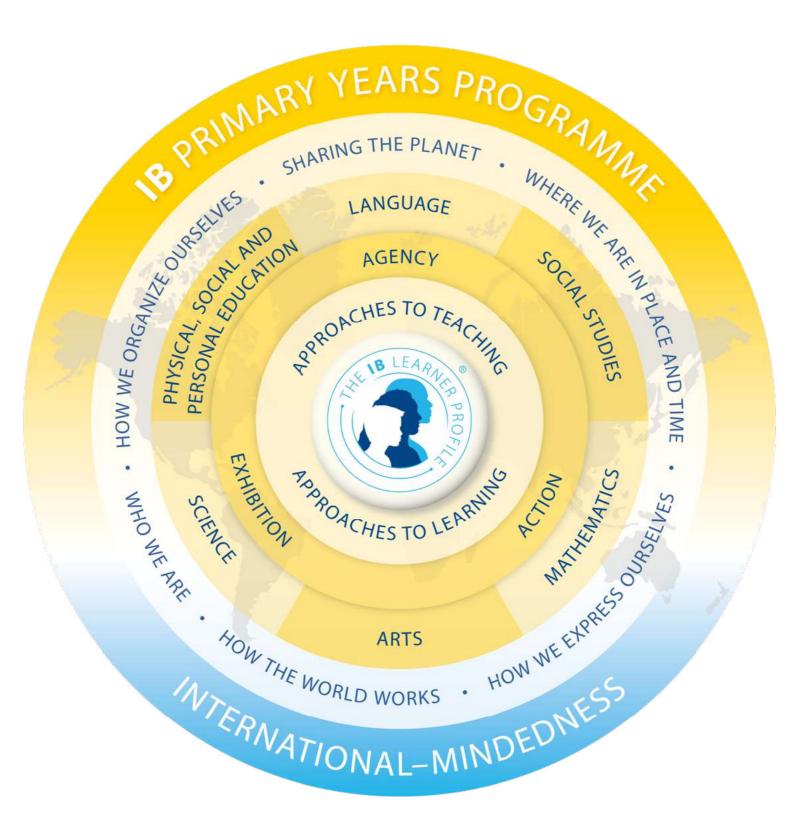


Medical Exeat

A medical exeat will cover medical, dental, optical, and hospital appointments. When possible, appointments should be made for Saturdays, to minimise learning loss.

Access the medical exeat form from here: https://www.tis.edu.gh/medical-exeat-form/

A medical exeat is for the same day departure and return. Otherwise, it is a general exeat. Requesting a medical exeat with a departure on Friday and a return on Sunday is a weekend (general) exeat.



Planning for Learning *The TIS Primary School Experience*

Planning and teaching a unit of inquiry involves a structured process, associated with the International Baccalaureate (IB) Primary Years Programme (PYP) involving different steps and ways that teachers and students undergo in their learning process at TIS Primary School.

It starts with **collaboration**.

At TIS, all teachers and students collaborate, which is a fundamental component of the International Baccalaureate (IB) Primary Years Programme (PYP). It is integrated into the program to promote holistic and transdisciplinary learning. Collaboration is done among additional subject teachers, general staff, and homeroom teachers to gain both vertical and horizontal articulation of the learning collectively.



Then comes understanding the Central Idea.

It is essential to understand the central idea of a unit, which is the overarching "big theme" that students will explore. It is usually conceptually driven and broad enough to allow for multiple perspectives.

Key Concepts and Lines of Inquiry.

We identify the key concepts (form, change, causation, perspective, responsibility, function and connection) from which lines of inquiry are developed (specific aspects or big ideas related to the central idea) to guide the inquiry process throughout the learning.

Approaches to Learning Skills (ATLs)

We determine which transdisciplinary skills (thinking, communication, research, social, and self-management) are relevant to a unit and how they will be explicitly or implicitly developed within the learning process. These are relevant as we believe that the learning approaches help the students learn how to learn. They help us formulate the learning engagements/learning activities.

Resources and Materials

We gather resources and materials with our students to support a unit. Also, we ensure they are age-appropriate, diverse and transcend the subject boundaries. These will ensure that the learning is more transdisciplinary.

Assessment, Tools, Strategies and Feedback

Assessment is at the core of the learning process, so we plan assessments for learning. We plan formative assessments to evaluate student understanding and growth throughout a unit. Our tools and strategies are not judgemental but guide towards more learning and tapping into the hidden potential of our students. We assess student work and provide constructive feedback. Also, we encourage self-assessment and reflection.

Learning Experiences

We develop relevant and engaging learning experiences, such as experiments, discussions, and field trips, that are connected to the central idea and lines of inquiry. Our main focus is to explore learning through student agency.



Differentiation

As we plan for the learning, we consider the individual learning needs and styles of students by giving differentiated instructions and activities to meet the diverse needs of our students. We believe, *"If our students don't learn the way we teach them, then we must teach them the way they learn."*

Reflect and Adjust

Our teachers continuously reflect on their teaching practices and student progress. Based on student feedback and learning outcomes, we are prepared to adjust our plans as needed. We value reflections as they give us valuable feedback to adjust the planners.

Parent Involvement

We communicate with parents and involve them in the learning process. ManageBac (our learning management system), serves well to include parents in the learning process. Parents are encouraged to actively take part in supporting the continued learning process.

Action and Reflection

We conclude the unit with a meaningful culminating activity that encourages students to take action or reflect on their learning. This helps solidify their understanding.





Documentation and Portfolios

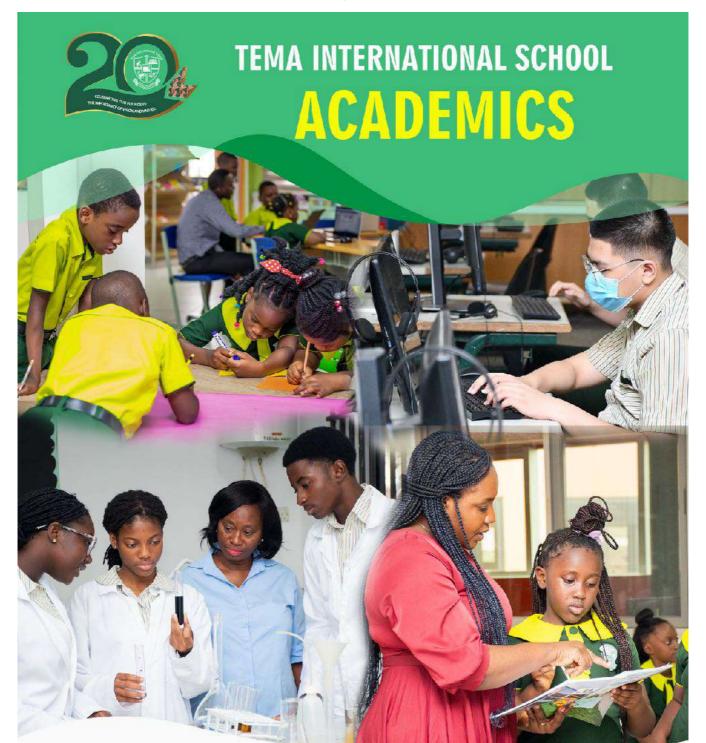
We understand and value records of student work. Thus, we guide the students to keep records of their work and create portfolios that showcase their growth and understanding throughout the units.



Finally, at TIS Primary School, planning and teaching a Unit of Inquiry ensures that learning is engaging, relevant, challenging and significant as we connect to what is real in the world.

Therefore, do you think TIS Primary School is the school of choice?





At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.



Change the World Through Excellence

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Tema International School



MAIN CAMPUS

SECONDARY ADMISSIONS ARE OPEN FOR 2024/2025 ACADEMIC YEAR FROM 3 OCTOBER 2023 UNTIL 31 MARCH 2024

A family school, a unique experience.

Flexible online admission testing is available

ENTRY POINTS: Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 11 (IB Diploma Programme)

Grade 7 (MYP 2)

Students should:

Students should:

interview.

- a) Have completed Primary 6.
- b) Be aged 11+(at the time of admission).

Grade 9 (MYP 4)

a) Have completed Grade 8 or Basic

Education Certificate Examination (BECE).

b) Be aged 14+(at the time of admission).

c) Complete a general aptitude test and

- c) Complete a general aptitude
- test and interview.

Grade 8 (MYP 3)

Students should:

- a) Have completed JHS 1 or in JHS 2.
- b) Be aged 13+(at the time of admission).
- c) Complete a general aptitude.
- test and interview.

Grade 11 (IB Diploma Programme)

Students should:

a) Have successfully completed MYP 5, the IGCSE (Or its equivalent) or awaiting the results of the IGCSE.
b) Be aged 16+(at the time of admission).
c) Complete a general aptitude test and interview for non IGCSE
& GCSE students (i.e. WASSCE,

ocr, Aqa).

To learn more scan this.

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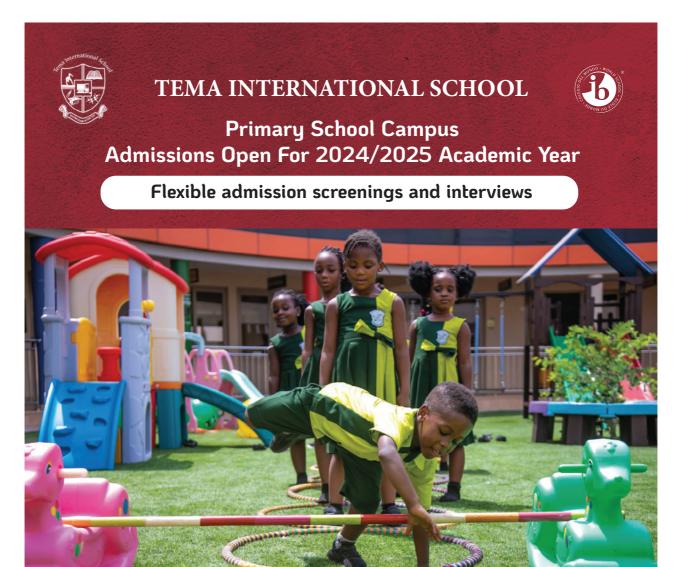


To enrol scan this.



The online application process can be completed at: <u>https://tis.openapply.com</u> For further information contact us on phone: +233 303 305134; +233 303 308737; email: <u>admissions@tis.edu.gh</u> Or come and visit the school (Opp Afariwa Farms, Off Tema-Akosombo Road) www.tis.edu.gh

18/11/23: Bring your village to the National Theatre.



Entry Points in 2024

Preschool

Kinder 1 (3-4 years) Kinder 2 (4-5 years) Kinder 3 (5-6 years)

Junior Primary

Grade 1 (5.5 - 7years) Grade 2 (6.5 - 8 years) Grade 3 (7.5 – 9 years)

Senior Primary

Grade 4 (8.5 -10 years) Grade 5 (9.5 years-11 years) Grade 6 (10.5 - 12 years)

All admission applications will be online via Open Apply: <u>https://tis.openapply.com</u>

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

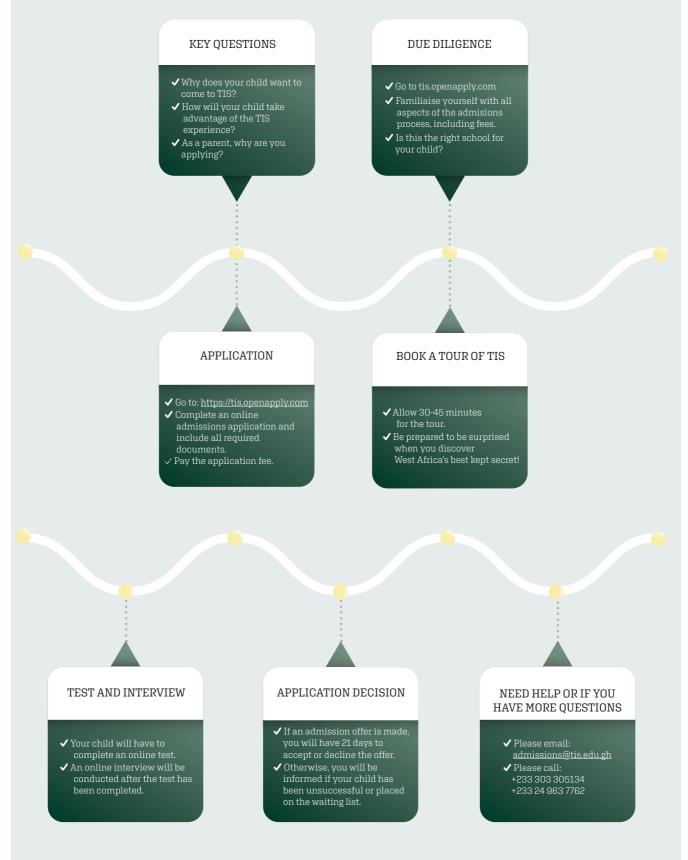
TIS is an IB World School, authorised to offer PYP, MYP and DP.







TIS ADMISSION PROCESS



TIS

TIS Admissions Grade Chart

British Curriculum

115	Schools
Kinder 1	Nursery
Kinder 2	Reception
Kinder 3	Year 1
Grade 1	Year 2
Grade 2 - P	YP Year 3
Grade 3	Year 4
Grade 4	Year 5
Grade 5	Year 6
Grade 6	Year 7
Grade 7	Year 8
Grade 8	Year 9 YP
Grade 9	Year 10
Grade 10	Year 11
Grade 11 - D	Year 12
Grade 12	Year 13



International Baccalaureate Baccalauréat International Bachillerato Internacional





International Baccalaureate * | Baccalauréat International * | Bachillerato Internacional *

18/11/23: Bring your village to the National Theatre.

CAS-SA Corner

"Support the 'Transforming Lives' Project with TIS @ 20 Souvenirs."



TEMA INTERNATIONAL SCHOOL



IB CLASS OF 2025 PRESENTS

"TRANSFORMING LIVES CAS PROJECT" DONATE TODAY!

- 1 Corrective Surgery: Give Infants with Anorectal Malformation a Chance at Life.
- 2 Medical Equipment: Support the Korle-Bu Pediatric Centre, Surgery Unit with an Ultrasound Machine.
- 3 Raise Awareness: Educate communities about Anorectal Malformation for early intervention.

Your donation can make a difference. Join our campaign now!

CAS MOMO No. - 0597621047 - Abigail Ahiadorme | Ref.: Class of 2025 CAS Project TIS Bank Accounts - Absa & Ecobank | Purchase our Anniversary Souvenirs. Purchase a ticket to The Prince of Egypt Musical | Sponsor a child.





Suppose you missed the opportunity to purchase our anniversary souvenirs during past events; worry not. You can contact Gina at (+233 24 649 2051) to place your orders, and Auntie Nora will ensure they are sent to you.

By buying our TIS @ 20 souvenirs, you'll actively support our "Transforming Lives" project. Our goal is to raise funds for corrective surgery for babies with Anorectal Malformation and to provide the Korle Bu Teaching Hospital Pediatric Centre with an

Ultrasound Machine.

"Support the 'Transforming Lives' Project By purchasing TIS @ 20 Souvenirs"



Our product range includes Tissue Boxes, Umbrellas, Personalized Tshirts, Water Bottles/Coffee Cups, USB Drives and Wrist Bands. Please find the items and their respective prices below:

Tissue Box: 60 cedis Water bottle/coffee cup: 100 cedis USB Drives: 150 cedis Umbrella: 100 cedis Polo Shirts: 120 cedis Wrist Bands: 20 cedis

Every purchase you make directly contributes to the **"Transforming Lives" project.** Together, we can create a meaningful impact. Thank you for your generous support. Place your order with Auntie Nora at +233 246130828 - Remember, it's a limited edition.



27 October 2023



18/11/23: Bring your village to the National Theatre.

SLOANE SQU

TIS @ 20 – Sponsor -CHERRY TREE

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TIS @ 20 Sponsor – LANCASTER UNIVERSITY



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The only British University Campus in West Africa

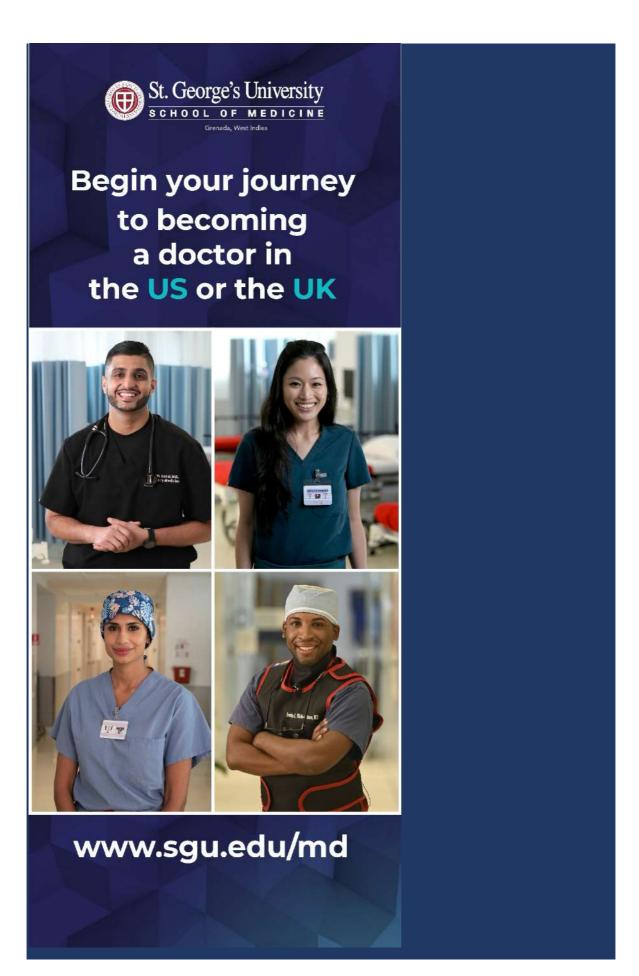
Lancaster University Ghana is a partnership between TAG Ghana and Lancaster University (UK)

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www.lancaster.edu.gh







Discover Insights and Innovations in the World of Education in Dr. Ken Darvall's New Book "The Teaching Guarantee"

Dr. Ken Darvall, with 50 years of global educational leadership experience, unveils his informative book, "The Teaching Guarantee: Every Day is Different." An essential guide for educators and school leaders, it offers profound insights into school education from small institutions to international schools. Dr. Darvall's vast experience promises readers an invaluable perspective on the world of education.

Dive deep into five decades of educational leadership, global experiences, and transformative insights with Dr. Ken Darvall's enlightening new book, "The Teaching Guarantee: Every Day is Different." This masterful creation is not just a must-read for emerging school leaders but an essential handbook for teachers, students, and school bodies across the globe.

From small schools in remote areas to grand international institutions, Dr. Darvall meticulously unravels the intricacies of school education. He delves

into critical aspects, shares lessons learned over time, and introduces best practices with his unparalleled 50 years of leadership experience spanning three continents.

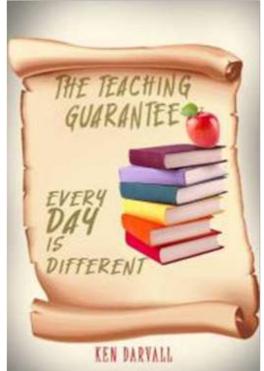
Readers will find a treasure trove of wisdom on school leadership, the uniqueness of schools, common educational elements, community impact, and invaluable lessons from Dr. Darvall's journey. As he places great emphasis on student opportunities, leadership dynamics, and fostering parent connections, he assures that every day in education offers something different.

With a rich tapestry of educational leadership roles across Australia and other parts of the world, Dr. Darvall brings in-depth knowledge from primary, secondary, and international schools to training institutions and business colleges. His academic achievements, including a Doctor of Education, further cement his expertise in the field.

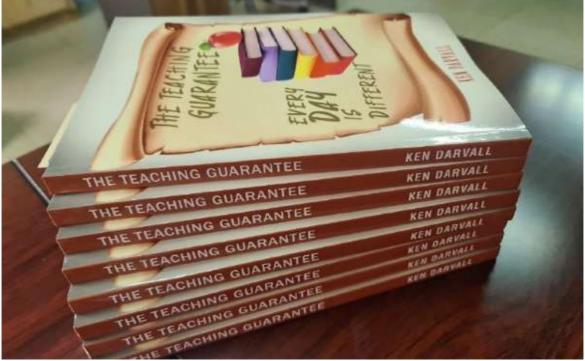
Literary Titan's review applauds the book, stating, "Beyond its insights, this book is a treasure trove of engaging stories that captivate and inspire. Highly recommended for educators..."

Whether you're an educator, a student, or someone passionate about the world of education, "The Teaching Guarantee: Every Day is Different" promises to enlighten, inspire, and offer a refreshing perspective on the ever-evolving world of education.

Available now at <u>DrKenDarvall.com</u>



Discover Insights and Innovations in the World of Education in Dr. Ken Darvall's New Book "The Teaching Guarantee"



About the Book

In the ever-evolving landscape of education, where does the heart of teaching truly lie? Dr. Ken Darvall, with a storied 50-year journey across three continents, unveils the essence of education. From the rustic charm of isolated schools to the grandeur of international institutions, Darvall takes you on an enlightening voyage, revealing the hidden intricacies of school leadership and the transformative power of education. Every chapter is a masterclass, every lesson a revelation. Whether you're an educator at the crossroads, a student seeking direction, or a passionate seeker of wisdom, embark on this journey to rediscover why, in the world of teaching, every day truly is different. Dive deep, question, and find your guarantee in the world of education.

About the Author

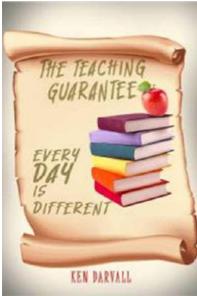
Dr. Ken Darvall is a revered figure in educational leadership, with half a century of experience that encompasses various sectors in Australia and abroad. From establishing IB World Schools to his extensive work in quality assurance and study abroad programs, his journey is filled with significant contributions to the education world. In his leisure, Ken enjoys sports coaching, music, educational technology, and research. Currently, Dr. Darvall is making a difference as the Principal at Tema International School, Ghana.

Contact Information

Name: Dr Ken Darvall Email: drkendarvall@gmail.com Website: https://drkendarvall.com/

The Teaching Guarantee – By Dr Ken Darvall





We are happy to announce that proceeds from Dr. Ken's Darvall book, "The Teaching Guarantee," will go towards the 'Transforming Lives' Project. By purchasing this book, you can make a difference in the lives of families affected by Anorectal Malformation.

Dr. Ken Darvall's book is available at the Primary and Main campuses. "The Teaching Guarantee" is a must-read for all educators, parents and students. We encourage you to grab your copy and consider purchasing an additional copy to be given to a local school Headmaster/Headmistress or a teacher who may not be able to afford one.

To obtain your copy of "The Teaching Guarantee," don't hesitate to contact Mrs Surama King, CAS Coordinator – at

surama.king@tis.edu.gh. Please note that this is a limited edition, so secure your copy soon.

I appreciate your support in transforming lives through education.



TEMA INTERNATIONAL SCHOOL





"TRANSFORMING LIVES CAS PROJECT" DONATE TODAY!

- 1 Corrective Surgery: Give Infants with Anorectal Malformation a Chance at Life.
- 2 Medical Equipment: Support the Korle-Bu Pediatric Centre, Surgery Unit with an Ultrasound Machine.
- 3 Raise Awareness: Educate communities about Anorectal Malformation for early intervention.

Your donation can make a difference. Join our campaign now!

CAS MOMO No. - 0597621047 - Abigail Ahiadorme | Ref.: Class of 2025 CAS Project TIS Bank Accounts - Absa & Ecobank | Purchase our Anniversary Souvenirs. Purchase a ticket to The Prince of Egypt Musical | Sponsor a child.



Live Young, Love Old – CAS Project



In collaboration with **HelpAge**, **Ghana** is dedicated to advocating for the rights and well-being of older adults. HelpAge Ghana manages a Day Centre for the elderly in Accra, providing them with a vital opportunity for socialisation and mental well-being.

Currently, the Centre faces a critical need for facilities—a dependable water source and a functional kitchen. To address this, we are launching a fundraising campaign to **raise GHC 40,000**, focusing on **renovating the kitchen**. Our goal is to ensure that elderly members can have dignified meal preparation in a safe environment.

We are thrilled to share that we have taken our first steps towards this meaningful project. Thus far, we have raised GHC 22,350 (Twenty-Two Thousand, Three Hundred and Fifty Ghana Cedis only). Mrs. Stefanie Addo, a parent and

reliable supporter of our cause, was on campus to receive the amount and oversee the initial phases of the project on behalf of our students.

With your generous assistance, we can confidently reach our **Forty Thousand Ghana Cedis target.** We kindly invite you to contribute and make a tangible impact on the lives of the elderly members of our community.

CALL FOR ACTION - How You Can Support Our Cause - HOW TO DONATE:

- Write a Cheque to Tema International School. Regardless of the amount, every contribution brings us closer to our goal.
- Mobile Money: Transfer your donation directly to our MoMo account 0597621047 - Abigail Ahiadorme, with the reference 'Elderly Care Fund.'
- **Bank Transfer:** Tema International School Bank Details **Ecobank** Cedi Account: 0020014471692201 **ABSA Bank** Cedi Account 0601798808
- **Spread the Word:** Share our campaign with your friends and family in our TIS community. Raising awareness about the importance of caring for our Elderly.

Your support, in any form, helps us make a meaningful difference in the lives of the elderly in our community. Join us in showing love and respect to our seniors by ensuring they have the care and facilities they deserve.

Thank you for your contribution! We are young ... We love and cherish the old.

Initiators: Claire-Elise Addo, Kristine Ayitey-Smith & Dayna Sarpong, G12.







AKOSOMBO DAM SPILAGE APPEAL (CAS & SERVICE AS ACTION INITIATIVE)



TARGET: GHS 15,000.00 CAS project by Tema Int. Sch. Students

As part of their CAS & Service as Action experience, a dedicated group of Grade 10 students, have taken it upon themselves to contribute essential relief items to support these affected communities. The items they are collecting include Water, Clothing, Toiletries, Blankets, Canned Foods, and Mattresses, as requested by the station. These necessities will go a long way

CitiTv/CitiFm has initiated a campaign to provide relief to the victims affected by the recent **Akosombo Dam Spillage.** The devastating impact of this event has left many communities in distress, and they are in dire need of assistance.

As part of their CAS & Service as Action experience, a dedicated group of Grade 10 students, Klenam Torkornoo, Kiros Essilfie, Edwin Jonah, Christian Kwakye and Grade 12 students Ayomi Asante, Samuel Tagoe and Nhyiraba Arkaah-Otoo, (G11), has taken it upon themselves to contribute essential relief items to support these affected communities. The items they are collecting include *Water, Clothing, Toiletries, Blankets, Canned Foods, and Mattresses*, as requested by the station. These necessities will go a long way in providing comfort and relief to the affected communities.

Call for Action - How You Can Support Our Cause - DONATE

Write a Cheque to Tema International School. Regardless of the amount, every contribution brings us closer to our goal. Reference: 'Akosombo Appeal'

AKOSOMBO DAM SPILAGE APPEAL (CAS & SERVICE AS ACTION INITIATIVE)



Mobile Money: Transfer your donation directly to our **MoMo account – 0597621047 - Abigail Ahiadorme**, with the reference **'Akosombo Appeal'**

Items Collection: If you prefer to donate in kind, kindly drop off the items at the **CASSA office** with **Grace Ameyibor**, who will collect and coordinate the items.

Click on the link and donate: <u>https://makewehelp.com/donation/akosombo-dam-spillage-appeal-cas-service-as-action-initiative</u>

Spread the Word: Share our campaign with your friends and family in our TIS community to aid these affected communities in distress.

Your generosity and support will significantly impact the lives of those affected by the **Akosombo Dam Spillage**. Let's unite as a community and make a positive difference during these challenging times.

Thank you for your contribution and support in advance!

Initiators: Klenam Torkornoo, Kiros Essilfie, Edwin Jonah, Christian Kwakye - G10, Ayomi Asante, Samuel Tagoe and Nhyiraba Arkaah-Otoo, (G12)



Beacon of Hope – CAS Project Call for Action



We trust this message finds you in good health and high spirits. We write to provide an update on our ongoing **CAS project**, "**Beacon of Hope**," and to seek your continued support in our mission to uplift underprivileged communities.

"Beacon of Hope" is a CAS project initiated by Winston Mwindaare, Hadi Amoussa, Kwesi Kutu, Joel Adjei, Philip Kwakye, Tiffeney Nyarko, and Mercedes Armah (Grade12) and Nhyira Ntim-Adu, Mekaila Offei, Obapanyin Tweneboah, Moses Armah, Vitus Jesse, Kelvin Asante, Jeffery Owusu Ansah, (Grade 11). We are collaborating with the Hope Has Come Foundation to enhance the living conditions of children and caregivers at the Asuboi Orphanage.

Several months ago, we embarked on this meaningful journey with the initial goal of raising funds to enhance living conditions at the Asuboi Orphanage. Thanks to the incredible generosity of our school community, we successfully raised an impressive amount of 10,000 cedis during the Expression event. These funds provided the orphanage with necessities, including medical supplies, food, and clothing, bringing joy to the children during Easter. However, our visit to the orphanage revealed that there was still much work to be done. The pantry, a vital resource for their daily sustenance, desperately needed renovation and refurbishment.

It became clear that an urgent pantry renovation was essential to ensure the children and caregivers had access to safe and adequate food supplies. We are committed to making a long-lasting impact. Thus, our primary objective is to rebuild the orphanage's pantry, a vital facility that ensures the children have daily access to nutritious meals. To accomplish this, we have set a fundraising goal of GHC 40,000.

We kindly reach out to you to support our initiative. In addition to our fundraising efforts on campus, your support is essential. Here's our Call to Action and how you can **DONATE now:**

CALL FOR ACTION

- 1. Write a Cheque: Payable to Tema International School. Regardless of the amount, every contribution brings us closer to our goal.
- 2. **Mobile Money:** Transfer your donation directly to our MoMo account 0597621047, under the name Abigail Ahiadorme, with the reference: "Beacon of Hope CAS."
- 3. **Bank Transfer:** Use Tema International School Bank Details Ecobank Cedi Account: 0020014471692201 and ABSA Bank Cedi Account: 0601798808.
- 4. **Spread the Word:** Share our campaign with your friends and family within our TIS community and beyond. Raising awareness about the need to improve the living conditions of the children at the Asuboi Orphanage is crucial.

Your support, whether financial or by spreading the word, plays a vital role in making a lasting difference in the lives of these children and caregivers. We appreciate your contribution.

We appreciate your support. *Beacon of Hope team*



HEALTHY LIFE: HEALTHY HEART – CAS Initiative

CAS Project, "Healthy Heart: Healthy Life." Led by Nana Aba Egyei-Mensah, Seffirina Marsopeh, Kwadwo Adubofuor, and Mawulolo Agbeli, is committed to making a positive impact in our community.

Call for Action – How to Donate:

- 1. Online Donation: Visit the Make We Help Fund Donation page <u>https://makewehelp.com/donation/healthy-heart-healthy-life-2</u>.Simply click the DONATE button to make a secure online contribution.
- 2. Bank Transfer: For those who prefer bank transfers, please use the following bank details of Tema International School:
 - Ecobank Cedi Account: 0020014471692201
 - ABSA Bank Cedi Account 0601798808
- 3. Mobile Money (MoMo): Transfer your donation directly to our MoMo account:
 - MoMo Number: 0597621047
 - Account Holder: Abigail Ahiadorme CAS Advisor
 - Reference: "Healthy Heart: Healthy Life"
- 4. Cash/Cheque Donation: You can drop off your cash/cheque donations at the CAS office at the Main Campus. Please ensure your contribution is securely sealed in an envelope with the label "Healthy Heart: Healthy Life" and the name of your ward. All cheques must be paid to Tema International School.
- **5.** Fundraising Events: Participate in various fundraising events and initiatives organized by the project team. Keep an eye out for announcements and opportunities to contribute in creative ways.

Thank you for your generous support in giving **Benjamin** a chance at a healthy life. Together, we can make a lasting impact on his future.

Healthy Heart: Healthy Life team



Interact Club of TIS Operation Digitalisation

"Empower Their Tomorrow, One Desktop at a Time!"

DONATE NOW



Interact Club of TIS - Operation Digitalisation Initiative

The Interact Club of Tema International School is thrilled to unveil our latest initiative to significantly impact education at Obosoni Basic School in Koforidua.

Our project identifies a crucial need for computer desktops at the school, a resource that can substantially enhance the quality of education for the students. To address this need, we kindly request your support in the form of a donation of any amount you can spare. Our ultimate goal is to raise 30,000 Ghanaian Cedis, enabling us to purchase ten computer desktops for Obosoni Basic School.

We firmly believe that technology plays a pivotal role in our contemporary society, and these desktops will empower students to access digital resources and acquire essential computer skills. By integrating technology into their education, we are equipping these young minds with invaluable skills that will serve them well in the future.

Here's how you can contribute to this meaningful cause:

CALL FOR ACTION:

- 1. **Donate Online:** Visit our fundraising page at <u>https://makewehelp.com/donation/interact-club-of-tis-operation-digitalisation-initiative-2</u> to make a secure online donation. Regardless of the amount, every contribution brings us closer to our goal.
- 2. Mobile Money: Transfer your donation directly to our MoMo account 0597621047 Abigail Ahiadorme, with the REFERENCE: 'Obosoni Computer Project.'
- 3. Bank Transfer: Tema International School Bank Details Ecobank Cedi Account: 0020014471692201 ABSA Bank Cedi Account 0601798808

Your support, in any form, is instrumental in shaping a brighter future for these students. Join us in our mission to provide them with the tools they need to thrive in an increasingly digital world.

Thank you for your contribution!

Ewuradjoa Obeng-Nkansah – President Dayna Sarpong- Secretary



Harmonious Note is a CAS Initiative by a group of students of **Tema International School** - **Eugene Cobinnah, Jason Chigabatia, Dwayne Sarpong, Joel Adjei, and Adrian Okae**, grade 12, we are proud members of TIS Pop Band. We are excited to introduce the Pop Band Initiative, "Harmonious Notes." This remarkable initiative is driven by our passion for music and our desire to enrich our school's musical productions by procuring new musical instruments.

Our goal is to contribute to and give back to our school community by acquiring a set of musical instruments. These instruments include a new drum kit, piano combos, and piano and guitar effects. To realise this dream, we estimate a budget of GHC 50,000, of which we have already raised GHC 7,500 through our fundraising events within the school.

As dedicated members of the TIS community, we humbly thank you for your support through donations. We understand these are challenging times for everyone and genuinely appreciate your contribution. No amount is too small, and every gift brings us closer to our goal. We will proudly recognise and acknowledge your generosity on our social media platforms and newsletters as a token of our gratitude.

CALL TO ACTION - SUPPORT "Harmonious Notes"

Write a Cheque: Make cheques payable to "Tema International School" with the memo: "Pop Band Donation." Regardless of the amount, every contribution brings us closer to our musical goal.

Mobile Money (MoMo): Transfer your donation to our **MoMo account – 0597621047** - Abigail Ahiadorme, with the **REFERENCE**: "Pop Band Donation."

Bank Transfer: Use these bank details for your transfer – Reference "Pop Band Donation".

- Ecobank Cedi Account: 0020014471692201
- ABSA Bank Cedi Account: 0601798808

CASH: Send your cash donation sealed in an envelope to Ms Abigail at the CAS office. Please write the name of our ward and project.

Spread the Word: Share our "Harmonious Notes" campaign with your friends and family.

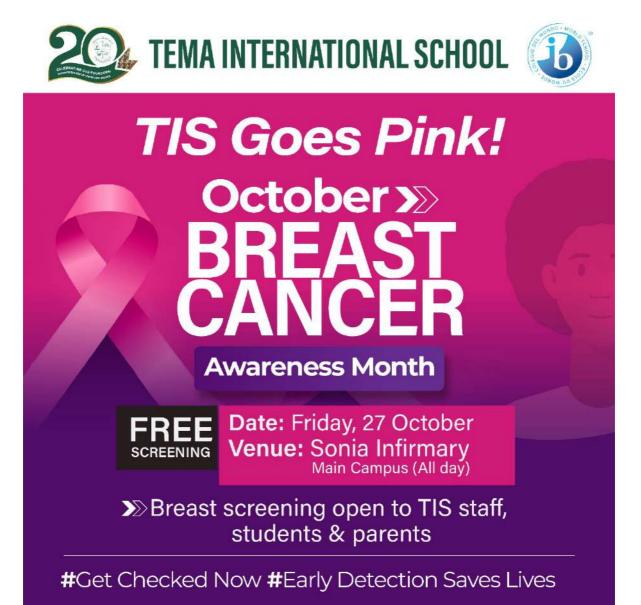
Your support is instrumental in making "Harmonious Notes" a reality. Thank you for helping us create beautiful music!

Strike a Chord, Make a Difference: Support Harmonious Notes!

Eugene Cobinnah - Main Keyboardist, Co-Band Leader

Cctober Breast Cancer Awareness Month 🍪

Join us on Friday, 27 October, as we support the BC We Care CAS Project. Show your solidarity by wearing a touch of pink or going pink entirely. Let's remember those we've lost, support the fighters and celebrate the survivors among us. Your participation matters!



BC-We Care is a CAS initiative led by Serwah Dabo, Eugene Cobinnah, Kabukuor Ceasar, Katari Alhassan, Afua Osei Boakye, and Veronica Arthur (G12), in collaboration with Breindelle Boateng, Kelvin Ansong, Jenevieve Achemdey, Senanu Ahlidza, Obaapanin Koduah, Jenelle Mac-Deh, and Joseph James (G11). We are a group of students in the Diploma Programme at Tema International School who are passionate about spreading breast cancer awareness.

🍃 October Breast Cancer Awareness Month 🄹

For the past months, we have been writing articles about the disease and educating our school community about the importance of spreading awareness to encourage people to screen early, as we know, **#EARLYDETECTIONSAVESLIVES.** In addition, we are extending this campaign outside of our walls to buy breast prostheses for women in Ghana who have undergone a mastectomy and cannot afford to reconstruct.

We are collaborating with **Pink for Africa**, a Breast Cancer Foundation, on this cause. <u>https://www.pinkforafrica.org/</u>

We aim to raise GHC 25,000 (Twenty-Five Thousand Ghana Cedis) to make a meaningful impact. Your support can help us reach our target and make a difference in these women's lives. Please consider donating to our cause today.

Together, we can contribute to breast cancer awareness and support those in need. Thank you for your generosity and commitment to this important cause.

Call for Action - Support BC-We Care

Join us in making a meaningful impact on breast cancer awareness and support for women in need. Here's how you can get involved:

- 1. Donate using the SHORT CODE: *920*78# Your contributions can help us reach our goal of raising GHC 25,000 to buy breast prostheses for women who have undergone a mastectomy and cannot afford reconstruction. Every amount counts, and your generosity can make a significant difference.
- 2. **Spread the Word**: Share our initiative with your friends, family, and social networks. Raising awareness is crucial in encouraging early detection, which saves lives.



- 3. Use the hashtag #EARLYDETECTIONSAVESLIVES to join the conversation.
- 4. **Get Educated**: Learn more about breast cancer, its early detection, and the importance of spreading awareness. Knowledge is a powerful tool in the fight against this disease.
- 5. **Volunteer**: If you have time and skills, consider volunteering with us to expand our outreach and impact. Your involvement can help us reach even more people.

6. Online Donation: Visit the Make We Help Fund Donation page

<u>https://makewehelp.com/donation/bc-wecare</u> Simply click the **DONATE** button to make a secure online contribution.

Your support is invaluable in our mission to make a difference in the lives of those affected by breast cancer. Together, we can raise awareness, provide essential support, and promote early detection. Thank you for joining BC-We Care in this important cause.

Longfield Academy (UK) International Collaboration at TIS



It was an honour to meet **Dr. Felix Donkor, Principal of Longfield Academy** (UK), at Tema International School (Gh) today. His visit marks the beginning of a promising **International Community Project** where students and educators alike can exchange experiences and broaden their horizons.

During his visit, Dr Felix Donkor had the opportunity to explore both our PYP and Main campuses, immersing himself in the unique **TIS experience**. He engaged in a thought-provoking discussion with the CASSA team, touching upon crucial topics such as education,

culture, international-mindedness, and the significance of providing students with opportunities to explore our interconnected world.

As a follow-up to this enriching visit, we are actively arranging a virtual meeting for our Student Council executives. This platform will enable them to share their leadership experiences, insights, and perspectives on their respective schools and communities.



We believe that this exchange will not only foster international-mindedness but also deepen our appreciation for cultural diversity.

Also, we are excited to involve students from Grades 7 to 9 in meaningful conversations about topics that interest them. These discussions will serve as a solid foundation for potential **service-learning projects** driven by the collective efforts of our students. We are genuinely enthusiastic about the positive impact these initiatives will bring to our school community.

Stay tuned for more updates on these exciting developments! We eagerly anticipate future online and in-person interactions with our friends from **Longfield Academy.** *Surama King* – *CAS Coordinator*

Service as Action – The Power of Self-Esteem

Self-esteem is my beliefs and feelings about myself and how valuable or capable I feel about myself. High self-esteem is essential for me in my everyday life, especially regarding my feelings and how I deal with challenges. When I'm confident and feel good about myself, I can handle tough times and not get stressed.

When I have high self-esteem, it gives me strength and resilience. I feel good about myself, and I'm generally happier. But when my selfesteem is low, I start doubting myself, feeling anxious and unhappy. Thus, a key to how I feel about myself and how I handle life's ups and downs.

It also helps me build better relationships with the people around me because I'm more likely to have positive and supportive connections. When

I believe in myself, I'm more motivated to work hard and achieve my goals, which makes me more successful in different parts of my life.

On the other hand, when I don't think highly of myself, it can lead to problems like feeling sad or anxious or even getting into things like Bullying. So, having a healthy self-esteem is like having a best friend that protects my mental and emotional well-being, relationships, and accomplishments. I feel self-esteem affects how I see the world, get along with people, and achieve what I want. Taking care of and boosting my self-esteem is something I have decided to work on regularly. This means being kind to myself, understanding who I am, and trying to become a better me. I believe doing these things will improve my self-image and make me feel better about myself.

How is your Self-esteem? I want to read about your perspective in the next edition of the bulletin.

Enjoy a happier and more satisfying life.

References

https://www.youtube.com/watch?v=MbF5dyU96CE&ab_channel=Psych2Go https://www.youtube.com/watch?v=_RtUt0RsGMc&ab_channel=Psych2Go

Mark Boadi, G10

Service as Action – Student Corner

As part of her Service as Action experiences, **Brianna Boateng in MYP 5** is starting a column on the bulletin titled, **Wiser Minds**. She aims to demystify the various myths surrounding mental Health.

Another student, **Samantha Arthur**, is starting an experience titled "Lyric of the Week". Music tends to have a calming effect thus, she aims to pick or suggest lyrics or stanzas from inspirational songs that may motivate students to get along the week as a way of destressing. Read the introductory pieces below!



Wiser Minds by Brianna

I am Brianna Boateng and I hope to become a behavioural psychologist in the future. I have noticed that **people in Ghana, West Africa and the surrounding areas tend to be prejudiced and stigmatised toward people who suffer from mental disorders.** I want to spread awareness on different mental disorders and why it is important that we are more accommodating to everyone around us.

Such prejudice is due to the lack of awareness, exposure to them, cultural beliefs, or even internalised fear. Based on a small insight into clinical psychology, I have concluded

that We don't know people like we think we do based on a Mental Issue. Judging someone's next move based on a mental health issue would be unfair. Given this, I am happy to begin a 'Wiser Minds' column. This will be a short essay column on the bulletin where I discuss one type of mental disorder weekly. I will speak about what that disorder encompasses, the 'labels' people tend to give people with that disorder, the actual symptoms of these disorders, and fun. I envision a future where we can be more open-minded and knowledgeable of the world around us. As I learnt during the John Maxwell Leadership Workshop, 'the only way to change tomorrow is to learn more today'. Stay tuned. Don't miss the first Myth. Brianna Boateng – G10

Lyric of the Week by Samantha

Which song inspires you? Do you have a favourite lyric? One that plays on repeat in your head and gets you through the day. If so, you're not alone. Music lyrics have the power to connect with us, inspire us and affect us in various ways. I use music to destress when times are challenging or feeling overwhelmed, which is why I have taken the initiative to start **The Lyric of The Week** as part of my **Service as Action** experience to inspire, sing along and destress.



Sneak Peak – The Prince of Egypt Costumes



The Prince of Egypt follows the storyline of the first 14 chapters of the Book of Exodus, focusing on the life of Moses as the Prince of Egypt to a prophet chosen by God to carry out the eventual destiny of leading the Hebrews out of Egypt amidst obstacles set by the Pharoah. This is set as a musical incorporating elements from Ancient Egypt and the Hebrew culture.

Egyptian Royalty (Pharaoh, Queens, Princesses): Elaborate and luxurious costumes with ornate details, including rich fabrics, intricate jewellery, headdresses, and embellishments that signify their status.

Moses (as the Prince of Egypt): Initially, Moses should be dressed in opulent royal attire that distinguishes him as a member of the Egyptian royal family. As he transitions to his life among the Hebrews, his clothing should evolve to reflect the simplicity of their culture.

Hebrews (Slaves): Simple, earth-toned costumes made of rough fabrics like linen, jute fabrics and burlap/gunny representing their humble and oppressed status. Minimal embellishments and accessories would be added to signify their working roles.

Ensemble (Guards, Maidens, Jews, Egyptians): Distinct costumes for each group, with Egyptians in richly coloured garments and Jews in more neutral, muted tones, almost rugged. A variation of clothing would be incorporated to represent the diversity in roles and social classes within the mentioned groups.

Specific Characters (Miriam, Aaron, Jethro, etc.): Unique costume designs that reflect their personalities and roles within the storyline would be integrated, using colours, textures, and accessories to establish their individualism.

Makeup:

Egyptian Royalty: Bold and elaborate makeup emphasising eye makeup, using dark eyeliner to create dramatic and defining looks and rich, vibrant colours to highlight their status and power.

Hebrews (Slaves): Minimal makeup and subtle touches to reflect their simple lifestyle, with neutral earth tones to reflect their subdued appearance.

Ensemble: Use makeup to highlight the differences in roles, with slight variations in intensity to distinguish between character groups.

Specific Characters: Customize makeup to align with the personalities and traits of each character, emphasising facial features that contribute to their portrayal.

Footwear:

Barefoot: Most of the cast should remain barefoot to represent the authenticity of the historical context.

Specific Footwear: Characters requiring specific footwear due to scenes or specific roles would have appropriate footwear, such as sandals or shoes that align with the cultural or historical context.

Avenues for Principled Actions

As shared in previous bulletins, Service as Action is a unique opportunity for students to take action concerning issues within their immediate environments. It encourages students to connect what they learn in the classroom to real-world experiences and make a positive impact in their local community. It also allows students to *Explore, Plan, Implement* and *Reflect* on their efforts to impact their local environment positively.

Exploration: Students begin by exploring various local issues or needs in their



community. This can involve research, discussions, and understanding the context of the issues they want to address. They may also identify their interests and skills that they can bring to their service projects.

Plan: Students design a service project after identifying a particular issue or need. This involves planning and brainstorming how they can contribute to addressing the issue. They set goals, outline tasks, and establish timelines for their projects.

Implementation: During the designated hour in class, students work on implementing their service projects. This may involve volunteering, organising events, creating awareness campaigns, or other hands-on efforts to make a positive impact. They put their plans into action. This is where they make the connection explicit by using classroom content to address the explored or identified need.

Reflection: Reflection is a crucial part of the Service as Action component. Students regularly reflect on their experiences, what they've learned, and the impact of their efforts. It's common for students to document their *actions & service* experiences on their individual portfolios or worksheets on MB for both parents and teachers to access. The weekly school bulletin also allows learners to write reflections and share their experiences with a wider community. This documentation can be used as evidence of their service work and its impact.

Service as Action incorporates ATL skills that help students develop essential skills such as teamwork, problem-solving, communication, and social responsibility while also deepening their understanding of the real-world application of what they learn in the classroom. It fosters a sense of empathy and encourages a lifelong commitment to making a positive difference in the world.

There is dedicated class time for MYP 2-MYP5 learners to work on their Service as Action projects. Students could take action using the various avenues outlined in the poster attached.



#Reflection - Scholastic Chess Championship





In the chess competition, I met many people from other schools, most of whom have played chess for one year or more. It's good to play with them so that I can get a lot of experience from those people. I lacked strategies or tactics when I went to the competition. I told myself, "Just follow your heart". I made many serious mistakes during the competition, and since it was a formal game and not for enjoyment, I

cannot go back. This presents a significant challenge for me. The only thing I have to do is practise over and over. Some of my teammates were new to me before the competition, but everyone on the bus was friendly, and our team's president and executive took good care of us. Outside of school, we work together as a family and are obligated to look out for and support one another. Despite my inexperience, I gave every game my all, did not lose badly, and was not scared of the competition. I am motivated to work harder to get 5 points next year. - Jerry Huang (Grade 11) Chess Level - Beginner

The pressure from the chess tournament made me a better player when under pressure. I also learned new hacks and tricks from the friendly games with better players. I lost two games and drew one that I could've won. I thought critically and chose the best decision to respond to those challenges. We participated as individuals. Before and after every game, we shook our opponents' hands. There was an Indian boy who was 11 years old. Before the tournament, he told us he would compete in the under-20 age group and said he would win the tournament. Then I asked him to play a game with me, and he beat me effortlessly within 3 minutes at the end of the tournament. He won all 5 of his games and placed first in the tournament. These experiences made me realise there is much more to learn in chess, and this sparked my passion for chess even more. - **Blessed Kwesi Quashie (Grade 11) Chess Level - Intermediate**





#REFLECTION/EVALUATION - John Maxwell Youth Initiative



My most valuable aspect of the workshop was to hear about how you can train your brain. I signed up for the workshop to improve as a leader. It went well for the duration of the session, and it assisted me in improving as a leader because initially, I could not lead without yelling, but after the session, things improved, and I stopped yelling a lot. The other thing the session helped me with was making my brain

healthier. Everything we did was fun games and more, so I will give it a 10/10. - Mahmoud Archi Fofanah (Grade 8)

The interactive activities, such as the conversations and the game that we participated in, assisted us in acquiring more information from the diverse perspectives of others, which made the workshop highly valuable and educational. I chose this workshop because I want to run for a Student Council position. Yes, definitely. I understood the various ways I may maintain a healthy mind and thinking through participation in the session. We were instructed on the various factors that can either positively or adversely influence the brain's cognitive functioning We also discussed ANTs, or automatic negative thoughts, and how to circumvent them to have a positive mindset at all times, which is necessary for effective leadership. We also discovered that being a leader requires various skills, one of which is maintaining discipline in one's day-to-day life, thereby adding structure to one's life. This is a trait that I aspire to cultivate in my own life by adhering to a regular schedule and being methodical in my approach to the various responsibilities that I have each day. **Charlene Akwei (Grade 11)**

The John Maxwell Leadership Game was my most valuable aspect of the workshop. Next time, I think they should add a section whereby students participate in an activity in which they are to lead their group to accomplish a goal. My motivation for signing up was self-development. The John Maxwell Youth Leadership workshop was indeed one to remember. We learned what makes our brains both healthy and unhealthy and how to avoid having an unhealthy brain. Aunty Grace and Uncle Armstrong guided us through a game promoting conversations, peer interactions, and decision-making. Additionally, we discussed ANTs (automatic negative thoughts) and strategies for overcoming them. - **Ezra Anim-Somuah (Grade 11)**

The games we played during the workshop were my most valuable aspect. I hope to begin to practice what I learned during the workshop. I want to run for a Student Council position, so I signed up for the workshop. The John Maxwell youth leadership workshop has helped me, and I want to share a few things I learned. The ANTs, which stand for automatic negative thoughts, were something I liked. I discovered that ANTs are negative thoughts that pop into your head and generally depress or exhaust you. However, we learned how to overcome ANTs, which has been helpful to me, and how to maintain a positive mental state, which includes getting seven hours of sleep and avoiding alone time. I'm happy I learned all this through John Maxwell's youth leadership workshop. - Kelvin Asante (Grade 11)

#REFLECTION/EVALUATION - John Maxwell Youth Initiative

Because the workshop was insightful and full of new information, I believe the presentation was the most helpful to me. Things I could have let go of but the thought was normal caught my attention. I registered for the workshop to help me with self-development. I learned how to get rid of automatic negative thoughts, which are thoughts I have a lot of the time. I will use the techniques I learned to ensure these thoughts never reappear. - Nhyira Ntim-Adu (Grade 11)

I believe the most valuable part of this workshop was the brain yoga exercise at the end of the presentation. I've done a bit of research on it and noticed it is helpful. My motivation for enrolling in the workshop was to prepare myself for a possible run for Student Council. Overall, the John Maxwell Leadership Workshop was an interesting, engaging, and productive workshop that helped me enhance my leadership qualities but also helped me gain a significant amount of knowledge on brain health and the importance of 'killing your Automatic Negative Thoughts (ANTs). I strongly suggest this workshop to anyone and everyone; it's a wonderful experience. - Brianna Boateng (Grade 10)

In my opinion, how someone could kill their ANTs (Automatic Negative Thoughts) was the workshop's most valuable lesson. A leader needs to have confidence, problem-solving skills, etc. Self-development was why I signed up for the workshop. I learnt about ways in which I could improve my brain health with daily exercises, and I also learnt about Automatic Negative thoughts that occur, and there are different types, such as labelling Or All or Nothing", etc., with this knowledge, I will improve on my weakness as a leader and take care of my brain health to improve its productivity. - Asare Aseye Asare (Grade 11)

The aspect of the workshop that was valuable to me was the role of brain health in becoming a better individual and a more effective leader. Ms. Grace, the speaker, discussed the significance of developing healthy habits because they directly impact our brains and alter how we view the world. There were apparent suggestions, like the importance of exercise and consuming fruits and vegetables. However, it also made me aware of automatic negative thoughts, or ANTs for short. I used to think of these as normal, but now that I know better, I can recognise and get rid of them. I signed up for the workshop for Self-Development. It was enlightening to attend the workshop. I learned a lot about the brain's critical part in determining a leader's path during the day. It was already clear that our decisions regarding food, exercise, and other substances like alcohol and narcotics all significantly impacted the growth of a healthy mind, which is essential for anyone aspiring to be a well-rounded person, let alone a leader. I also had the chance to explore the idea of automatic negative thoughts, or ANTs. These thoughts can elicit negative emotions and impair our capacity to make intelligent and beneficial decisions. Awareness of this knowledge and the importance of managing our thought patterns and fostering a more positive mental environment create great leaders for ourselves and others. The most profound lesson I took from the workshop was the significance of expressing gratitude to those who guide and set exemplary standards for us. Showing gratitude to those who set examples for us deepens our personal growth and shapes our journey as aspiring leaders. -Senanu Ahlidza (Grade 11)

#REFLECTION/EVALUATION - John Maxwell Youth Initiative

Getting rid of automatic negative thoughts (ANTs) was the most valuable aspect of the workshop for me. I intend to add more advice on decision-making and how it might impact the people involved, as well as leadership and public speaking. My intention for enrolling in this workshop was to improve my leadership skills. Throughout this workshop, I learned a lot. One was getting rid of automatic negative thoughts. These ANTs, as we may call them, are daily things that affect how we think as leaders. My two main takeaways are to think more optimistically and to get rid of ants by doing brain exercises. Showing appreciation is another thing I learned. Showing appreciation can mean more than anything to some people. It may enhance relationships as leaders. I will apply all of these in my daily life by showing appreciation to those who impact my life and thinking more positively to succeed. - Joseph James (Grade 11)

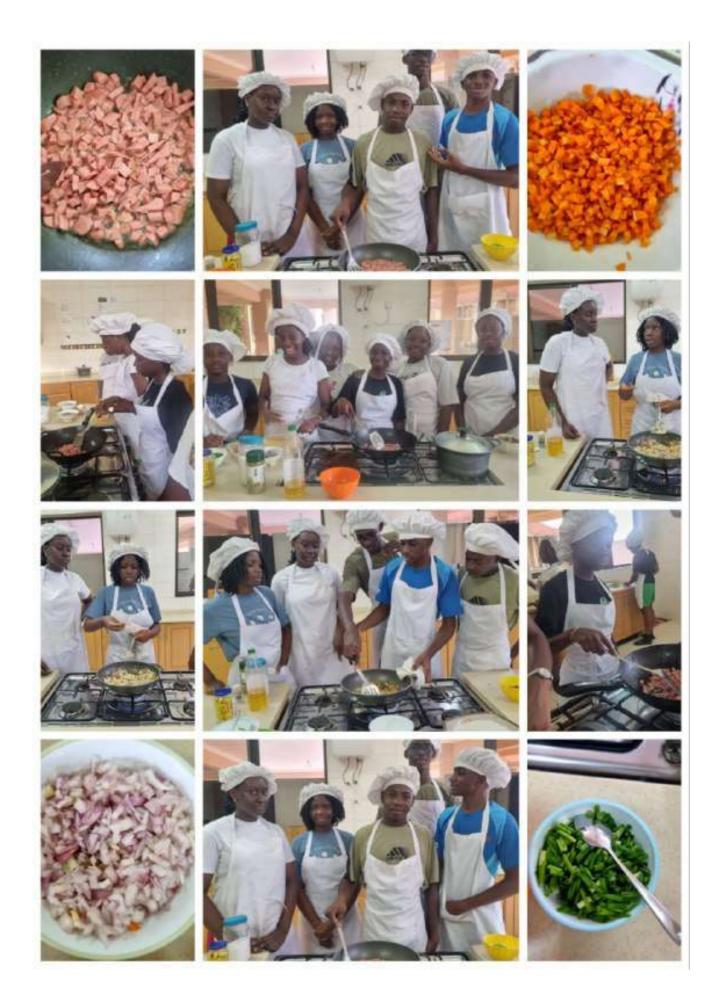


^{18/11/23:} Bring your village to the National Theatre.











TEMA INTERNATIONAL SCHOOL

BC WE CARE CAS project

BREAST Cancer

Breast cancer is the second most common cause of death from cancer in women in the United States after lung cancer.

However, approximately 2.3 million women worldwide were diagnosed with breast cancer in 2020





FREE SCREENING AVAILABLE AT THE INFRIMARY FOR ALL THOSE WHO WANT TO GET CHECKED FOR BREAST CANCER.

TEMA INTERNATIONAL SCHOOL



If the cancer has spread to the regional lymph nodes, the 5-year relative survival rate is





If the cancer has spread to a distant body part, the 5-year relative survival rate is

30%

The relative survival rate for breast cancer is 9% lower in Black women than White women.

SELF-EXAM FOR Breast cancer by:

*** *** * * * * * * * * *

7

- Using your left hand, move the pads of your 3 middle fingers around your right breast, covering the entire breast area and armpit.
- Use light, medium, and firm pressure to feel for any new lumps, thickenings, hardened knots, or any other breast changes.
- Also squeeze the nipple to check for discharge. Repeat these steps for your left breast.

postermywall.com



Tema International School

WhatsApp business account



Scan this code to start a WhatsApp chat with Tema International School.

Vol. 20, No. 13 18/11/23: Bring your village to the National Theatre.

Weekly Bulletin

27 October 2023





At TIS, we believe that service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to demostrate how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.



EDUCATION FOR A BETTER WORLD

Change the World Through

#Make a Difference







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Vol. 20, No. 13 18/11/23: Bring your village to the National Theatre.



Essay Competition

Are you ready for a life changing experience at an Oxford Royale Summer School? 10 FULLY FUNDED PLACES TO BE WON





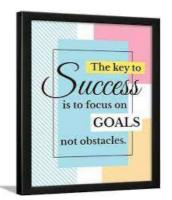
Competition open to all students aged 13 to 18 See oxford-royale.com/essay-competition for full details

Vol. 20, No. 13

COUNSELLORS' CORNER



Dear Students, no matter how, no matter where you are right now in your academic space, just keep going, giving your best and staying focused till the end.



Helpful Tips - Staying FOCUSED till the end

- ✓ Don't look back. Past is past. Focus all your energies on positive changes that will make you feel better and do better!
- ✓ Not having a good day doesn't mean you do not have to submit school assignments. Remember that no situation is permanent and what has to be done must be done well! Your grades are needed most for university applications.
- ✓ Tell yourself and remind yourself it can only get better! You are growing, you are learning. Mistakes are part of the process; just learn and keep moving. At the right time it will all add up resulting in resounding success!

DP2s Applying :



https://peachtreecollegeplanning.com/applications-early-action-vs-early-decision-2/

Kindly note the following:

- ✓ Reneging on an ED agreement could result in being denied admission to all other schools.
- ✓ Be sure to make payment on the CollegeBoard or ACT Inc. website, to send your official test scores to your universities at least a week the deadline.
- ✓ Don't miss your EA/ED Financial aid application deadline- CSS PROFILE, ISFAA, etc.
- ✓ Students who have not done extensive research and are not convinced about the universities they are applying to should not apply using the above options.
- ✓ Students who have not completed all supplemental essays which have been checked by their respective counsellors are not ready to apply using the above options.



DP1 & DP2 UNIVERSITY TIMELINES

DP2 Students' Timelines 2023-2024

ΑCTIVITY	DUE DATE
SEPTEMBER	•
Create Commonapp Account, UCAS Account, Invite Counsellor & 2	Friday 8 th September 2023
Teachers and Assign to all schools	
Essays, Personal Statements, school selection sheet, brag sheet,	Monday 11 th September 2023
initial updates from Summer break	
Quest Bridge all supplementary essays submission	Monday 11 th September 2023
https://youtu.be/KNZndnqRxQs	
Final updated College Essays, & Personal Statements & updated	Monday 18 th September 2023
university list, submission to counselors for final review (all DP2s)	
Create Meto / Concourse Account where applicable	Wednesday 27 th September 2023
OCTOBER	
EA, ED students with Oct. 15 deadline to submit supplements, USA	Monday 2 nd October, 2023
Early Applicants essay supplements (Commonapp and non-	
commonapp)	
Create OUAC Account	Tuesday 3 rd October 2023
Early UK UCAS Applications (MDV)- student submission on UCAS	Thursday 5 th October 2023
(Medicine, Dentistry, Veterinary Science, health-related courses,	
Oxford & Cambridge) "CLICK PAY AND SEND"	
Create Financial Aid Application, remind parents to complete	Thursday 5 th October 2023
portions (CSS, FAFSA, ISFAA, COF, School-specific.)	
EA, ED students with Oct. 15 deadline to submit applications to	Thursday 5 th October 2023
universities	
University of Debrecen Registration/ Univ. of Nicosia Registr.	Friday 13 th October 2023
Confirmation and submission of official intent to apply for "special	Friday 13 th October 2023
scholarships" (mostly counsellor nominated ones)	
Early USA Applications-(Early Decision/Early Action- EA/ED)	Wednesday 18 th October 2023
Commonapp, students' final submission to universities	
SAT/ACT EA/ED Score Reporting	Wednesday 18 th October 2023
California Schools Portal (UC)	Monday 23 rd October 2023
College Essay Supplements for all regular applicants to be submitted	
to counselors for review, USA, Canada	Monday 23 rd October 2023
EA/ ED USA Financial Aid Applic. submission, USA Scholarship priority	Wednesday 25 th October 2023
consideration application submission	
Canadian University application submissions (OUAC & non-OUAC),	Friday 27 th October 2023
Univ. Of Debrecen & Univ. Of Nicosia final submission	Friday 27 th October 2023
NOVEMBER	· ·
Regular UK (UCAS) Application- students' final submissions	Monday 6 th November 2023
All regular USA applications must be submitted.	Friday 10 th November 2023
SAT/ACT Score Reporting	
Submission on the Univ. of California (UC) Schools portal	Monday 13 th November 2023

Regular USA Financial Aid Submission to universities (ISFAA, COF, CSS Profile, FAFSA etc.)	Monday 13 th November 2023
Final Submission of FAFSA Application to U.S. Schools	Friday 8 th December 2023
Initial completion of IBIS Forms with Uni. offers so far	Friday 19 th January 2024
Ghanaian University Applications; purchasing of application forms/scratch cards to submit to counselors	Monday 4 th February 2024
Ghanaian University applications: final online submission to universities by students	Friday 8 th March 2024
Final Submission of IBIS Forms	Friday 12 th April 2024

**Be sure to give your Counsellor a minimum 2 weeks' notice of all university deadlines and requests! NO LAST MINUTE REQUESTS, PLEASE

DP1 Students' Timelines 2023-2024		
DP1 Students to meet counsellors for initial one-on-one	Monday 25 th September to Friday	
discussion; update on individual game plan, DP subjects,	20 th October 2023	
career interests, and country destinations for university.		
DP1 Parents one-on-one meeting with counsellors to discuss	Monday 23 rd October to Thursday	
the University Application Process	30 November 2023	
Personal Statement (draft 1) submission to counsellors for	Friday 16 th February 2024	
review		
College Essay (draft 1) submissions to counsellors for review	Monday 4 th March 2024	
University Selection Sheet- Initial choices to be submitted to	Friday 15 th March 2024	
counselors for review.		
DP1 Parents one-on-one meeting with counselors to discuss	Monday 18 th March - Friday 17	
Financial Aid Application Process.	May 2024	
DP1s submit final names of two DP teachers to write		
recommendations to counsellors.	Friday 22 nd March 2024	
Completed Brag Sheet submission to counsellors		
Financial Aid Tracker Due (university's financial aid	Friday 26 April 2024	
requirements)		

**Be sure to practise daily and sign up for SAT AND ACT tests at least once in DP1!

Dates / deadlines in News Bulletin and will also be posted on ManageBac (Guidance Files.)

DP2s Important Parent Information-

Financial Aid Forms Are Out



Financial Aid Forms

- ✓ Note that FAFSA this year opens on December, 2 2023 months later than was the case. Dear, American citizen parents, please have all your financial documentation ready once the FAFSA portal is opened please login. <u>https://www.edupass.org/paying-for-college/financial-aid/fafsa/</u>
- CSS profile and other school-specific forms are also open for both American citizens and international students. Kindly check and fill in those forms. <u>https://cssprofile.collegeboard.org/</u>
- ✓ ISFAA is also open. https://www.pdffiller.com/40396546-fillable-isfaa-form
- ✓ OUAC is open for students looking at Canada. Kindly click on the link and apply. Should <u>www.ouac.on.ca</u> this week.
- Oxbridge, Medical & Dental School UCAS UK Applicants have up to Thursday to do a final click on "pay and send". Counsellors completed a final submission for the first batch of early UK Applicants on Monday, 9 October 2023.
- ✓ UCAS UK APPLICATION FEE: GHC400 to be paid into the TIS School fees account or MTN Momo merchant number for TIS: 159850
- ✓ Kindly send a copy of the payment receipt to portia.atubiga@tis.edu.gh



NAME OF UNIVERSITY ORGANIZERS	LIST OF UNIVERSITIES IN ATTENDANCE	DATE & TIME	
SEC University Fair, USA	Auburn University University of Alabama University of Arkansas University of Florida University of Kentucky University of Missouri University of Mississippi University of South Carolina Louisiana State University	Monday 23 Oct. 2023, 2-4pm, Einstein Exam Hall	
University of Calgary, Canada	University of Calgary, Canada		
University of Pecs, Hungary	University of Pecs, Hungary		
Western University, Canada	Western University, Canada		
Edu Canada	Edu Canada	Tues. 24 Oct. 9am	
German International College	German International College	Tues. 24 Oct. 1:30pm	
New Zealand University partners and pathways	New Zealand University partners and pathways		
University of British Columbia, Canada	University of British Columbia	Wed. 1 Nov., 1:20pm Einstein Exam Hall	
McMaster University, Canada	McMaster University, Canada	Mon. 30 Oct. , 1:20pm	
Concordia University, Canada	Concordia University, Canada	Tues. 31 Oct. 2023, 1:20pm, Learning Centre	

SEC University Fair: A view from the Einstein Hall

With all these universities converege in one hall: Auburn University, University of Alabama University of Arkansas, University of Florida, University of Kentucky, University of Missouri University of Mississippi, University of South Carolina, Louisiana State University it was a great time for students to interact and pick out useful information from the presentation. Kindly see below Mrs. King giving the Welcome Address and a presentation by University of Kentucky on: What makes a student stand out in the university applications and in their writing.



SEC University Fair: A view from the Einstein Hall students in a tete a tete session with Aunty Frances





Enjoy Reading Student's Reflections from the WREN & SEC Fairs

"The WREN University fair last Monday was insightful. I learned more about the college application process and the requirements for each university. I got more clarification on the courses I wanted to pursue and developed an interest in a particular university that offered several scholarships and D1 (division 1) sports. I was informed about the amazing outside university lifestyle and available work opportunities. All this information has made my college application process easier since I extended my college list. Overall, I had an amazing experience interacting with the wonderful representatives and learned a lot" **~Fareeda English~ DP2**

My time at the university fair was amazing. I was able to meet several universities like LSU, the University of South Carolina, the University of Alabama, the University of Arkansas, and so many more prestigious universities I never even dreamed of being in the same building with these universities. so many recruits and so much information along with it even met my dream university, the University of Kentucky. At first, I was a bit anxious but as I proceeded, I was able to get a lot of information about the school and how it functions, the details and everything. I hope that we get many more university fairs. **~David Ndukaire, DP1~**

"The University Fair with LSU, Alabama State, Mississippi University, Kentucky, and South Carolina showcased diverse higher education options. I learned about unique programs, campus cultures, and extracurricular opportunities. It reinforced the importance of aligning personal goals with a university's offerings and highlighted various majors, financial aid options, and activities. In short, the fair revealed the personal nature of college selection and made me enthusiastic about the range of available educational possibilities". **Chris Quarshie**, **DP2**

"Our school's university fair was amazing! When I arrived at the sports complex, I was greeted by many colourful and lively stands. Walking through, I felt excitement and nervousness, surrounded by reps from different universities who were equally as excited to talk to me. It was like a buffet of choices, from big-shot universities to niche colleges and from Canada to Johannesburg. We were spoiled for choice. The reps were like guides, telling us the ins and outs of everything about their colleges, from programs to campus life. I could talk about majors, internships, and even study abroad adventures—real talk about our future. The fair wasn't just about picking a university; it was about figuring out our academic adventure. —it wasn't just booths and pamphlets; it was a sneak peek into what's next and an opportunity to make real connections". **«Katari Alhassan, DP2~**

"On the 13 October, my friends and I were able to attend a university fair that was held on campus, where we were able to learn about our possible future majors in university, scholarships, and what we would need to be able to receive and benefit from opportunities given to us by the school. This was an amazing university fair that would be remembered in the school for its significance to the final-year students. I was very excited upon hearing about the opportunity to give the vote of thanks at the university fair. After much planning and fun, I was honoured to give to vote for thanks. It was an exceptional experience that I will remember. But I would also like to thank Auntie Constance for such an amazing experience that I was able to receive". **Tricia Minlah, Grade 9**

DP2s:





✓ DP1s don't wait until the eleventh hour to register.



Want to Register for SAT But Don't Know How? Follow the Links!

<u>https://satsuite.collegeboard.org/sat/registration</u>

Click here for more information <u>https://www.bestcolleges.com/test-prep/sat/registration/</u> If having Troubles Registering contact Aunty Portia in person or by email at <u>portia.atubiga@tis.edu.gh</u>

TEST DATE	REGISTRATION AND PAYMENT DEADLINE	
4 November 2023	October 18, 2023	
10 December 2023	November 15, 2023	
9 March 2024	February 2024 TBD	
4 May 2024	April 2024 TBD	

DIGITAL SAT TEST DATES 2023/24



✓ SAT without essay \$103 – Online payment only with Visa/credit card. NEW; ACCEPTABLE IDS ARE THE VALID UNEXPIRED PASSPORT IN ADDITION TO GHANA'S NATIONAL IDENTIFICATION CARD (GHANA CARD), AS OF AUGUST 2021 ONWARDS. https://collegereadiness.collegeboard.org/sat/register/international/policiess

ACT[°] 2023 TEST DATES (COMPUTER-BASED TESTING ONLY!)

- ✓ ACT Registration Fees (Online payments only: Visit <u>www.actstudent.org</u>): ACT Registration Fees \$171.50, with writing \$196.50 (Online payments only: Credit Card)
- ✓ (TIS Test Centre Code: 870390, but inform counsellor first).

Register
 click: https://global.act.org/content/global/en/products-and-services/the-act-non-us/registration.html
 *To complete registration, payment must be made online in full with a credit card.

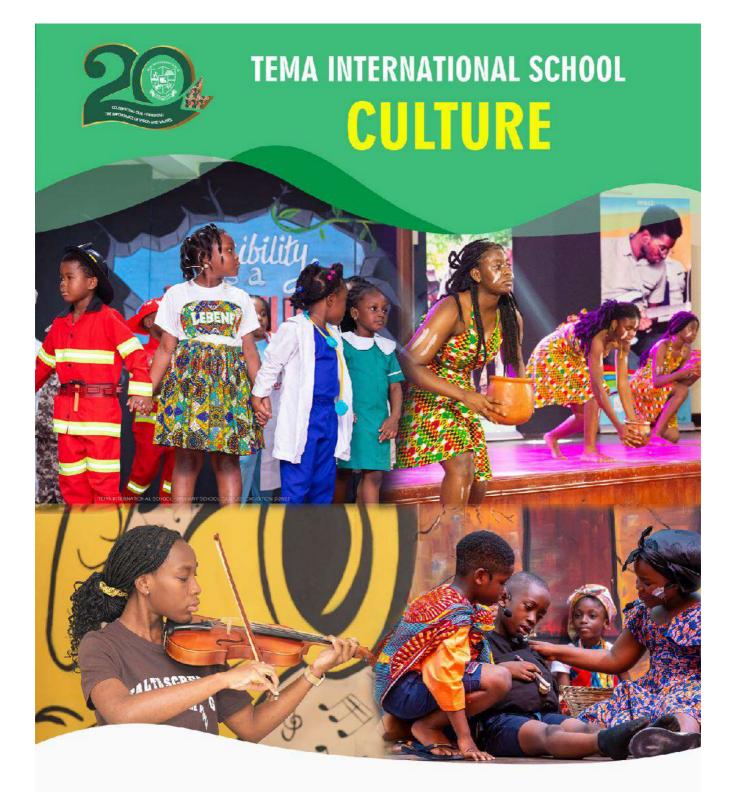
ACT April DEADLINE coming up. STEM students have an edge.

ACT TEST DATES 2023/24 (COMPUTER-BASED TESTING ONLY!)

TEST DATE	REGISTRATION AND PAYMENT
	DEADLINE
28 October 2023	15 September 2023
10 December 2023	20 October 2023
13 April 2024	2 February 2024
8 June 2024	26 April 2024

ACT exams is this Saturday- 28 October 2023. Please come along with your

approved calculator and unexpired passport or Ghana Card.



At TIS, we believe that culture, as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.



Change the World Through Creativity

#Make a Difference



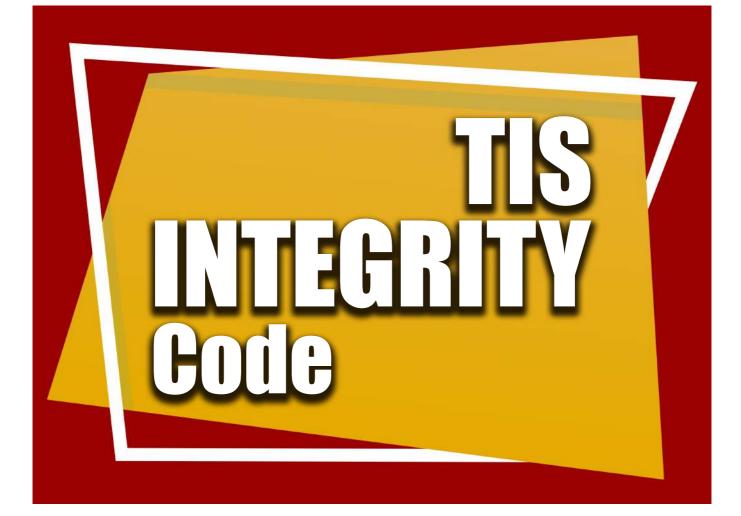


Exciting Opportunity for Students: St.Gallen Institute of Management Summer Schools in Switzerland and Singapore

Building on the success and feedback of our *Summer School in Asia*, we are happy to offer an additional *Summer School in Switzerland* for talented students in the summer of 2024. The Summer School in Switzerland (July 1-12, 2024) and the Summer School in Asia (July 22-August 2, 2024) offer opportunities for discourse through workshops, lectures, guest lectures, company visits, group work, and networking events and provide deep insights into the European or Asian business landscapes. Participants thus get a personal impression of our holistic university education at the University of St.Gallen.

You can find more information about the programs here:

Summer School in Switzerland: Website Summer School Asia (Singapore): Website WHEN WHAT 2 weeks 22 Jul – 2 Aug University of St.Gallen 2024 summer school St.Gallen Institute of Management in Asia Summer School in Asia Experience university wнo WHERE Discover Asia Singapore High school students Make new friends (min. 18 years) Register now for more information: X WHAT WHEN I = I2 July University of St.Gallen 2 weeks 2024 summer school St.Gallen Institute of Management in Asia Summer School in Switzerland Experience university WHERE wнo Discover Europe St. Gallen High school students Make new friends Switzerland (min. 18 years) ALC: C Register now for more information: K



"TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member. As a TIS family member, I promise to uphold and demonstrate its values, and protect the reputation of the school. I make this pledge in the spirit of honour and trust."





