TIS RECORD

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At TIS,

we believe that culture as one of the four pillars for student balance and ensuing success, develops and enhances the creative, artistic and performing skills and talents in each student.

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Key Dates

- 9/2/24: TIS Badminton championships; TIS junior tennis champiosnhips.
- 10/2/24: TIS STEM Fair
- 12-16/2/24: G10 Mock eAssessments.
- 15/2/24: G11 TOK Exhibition.
- 16/2/24: End of UOI 4 Celebrations (Primary School)

Thought for the Week

I always want to say to those who want to be rich and famous: Try being rich first. See if that covers most of it.

- Bill Murray



Leadership

"Leadership is foremost about teamwork, vision and goals, being a role model, being a problem-solver and trying to bring the best out in everyone." The Teaching Guarantee: Every Day is Different (2023).

TIS prides itself on the leadership opportunities that it provides for students. One of the prestigious opportunities is serving as a Student Council Executive. These positions are for 12 months (subject to observing protocols).

Last Sunday, the 2023 Student Council leaders handed over responsibilities to the newly elected 2024 Student Council leaders at a special service and ceremony.

I thank Eugene and Maame Serwah for leading their 2023 team who performed credibly and consistently. It was a pleasure to work with them. Special mention goes to Ethan



Happy Chinese New Year!

"My definition of integrity is a set of beliefs, values, and actions that others can depend on." -Steve Bollar

Making Us Proud

Anthony Mayilamene and Maa Abena Afriyie-Owusu, G12 -Exceptional leadership leading the 2023 Assembly team. To the Outgoing Assembly team, thank you; your growth is evident.

All 25 students in the **Public Speaking Workshop** - Your participation was remarkable!

All 27 students completing the 4day **Red Cross First Aid Training -** Well done!

Zeruiah Yarquah, G10 - For volunteering to take pictures of the University Fair and Red Cross workshop. Great shots, by the way.

All Student Council Executives

aspirants - Your excellent manifestos made this election challenging.

Outgoing Student Council Executives - Your commitment and passion made us proud. Thank you, Maame Serwah, Eugene and your team.

Incoming Student Council Executives - Congratulations on your new roles! We have high expectations, **Mekaila**, **Jeffrey and your team**.

Tracey Adjei (G11), who was selected into HundrED's Youth Ambassador Program. I was one of the lucky 300 out of 1500 applicants.

Weekly Bulletin

who implemented a new quality standard in his role as Secretary.

I congratulate Jeffrey and Mekaila on their election as Heads of Council, along with their executive team. I look forward to the high standards you will set and role model for all students.

Admissions and Re-Enrolment

Apologies for the error in the **re-enrolment** email parents received last Friday. The last date to re-enrol is 29/2/24 (and definitely not 31/2/21). As mentioned last week, there are no re-enrolment fees involved.

Kudos to the 44 families who completed their re-enrolment within an hour of receiving the email. 24 hours later, 79 had completed the task. Please don't leave it until the last minute. (Please email me if you are having difficulties.)

Round 2 admission testing commenced this week for 2024/2025 secondary school admissions. Interviews will be conducted from 19 - 29 February.

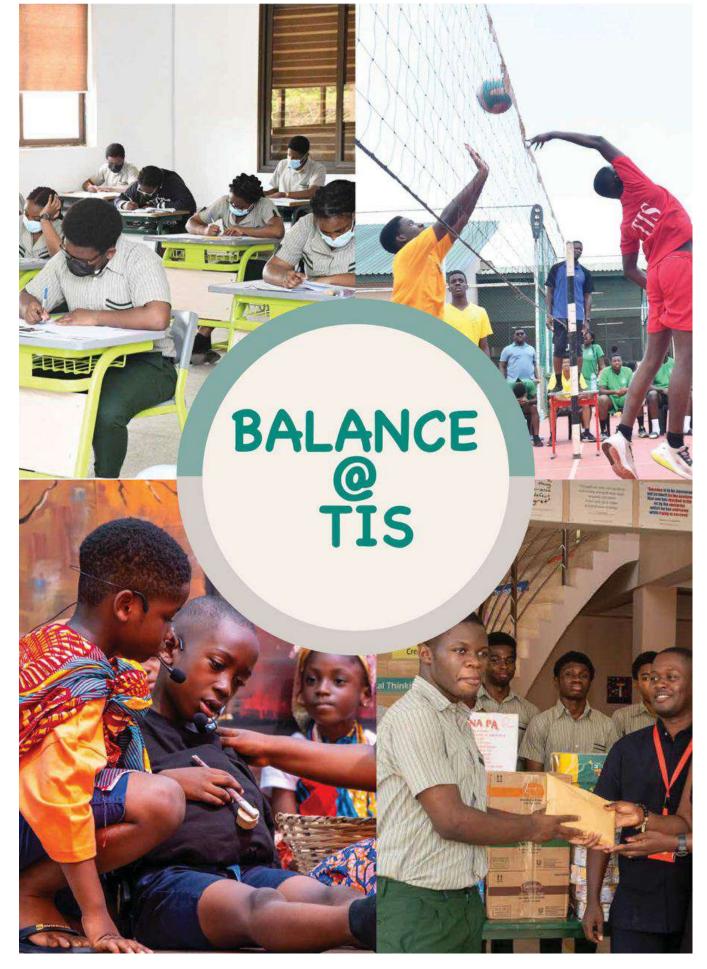
Apply online today at: https://tis.openapply.com

I appreciate your support. Enjoy each day.

Dr Ken Darvall (Principal)

principal@tis.edu.gh





Weekly Bulletin





Exeat

There are two types of exeats: general and medical. All students will be allowed two exeats each mid-semester. Please plan accordingly to avoid disapointments.

All exeat requests must be completed online and submitted with at least 48 hours' notice, with the exception of urgent medical issues. Weekend exeat requests must be received by the preceeding Wednesday. Any requests after this deadline will not be approved.

The integrity of an exeat request is critical.

No exeats will be granted if a student has outstanding work.

No exeats will be granted guring the last week before a semester break.

Parents/Drivers must show the approval exeat from their phone to enter (NO SHOW. NO GO!).

Students must return by 5.00pm on Sundays (weekend exeats).

General Exeat

A general exeat will cover passport and visa matters, as well as family events. These must not exceed more than two per mid-semester.

Access the general exeat form from here: https://www.tis.edu.gh/exeat-form/

Medical Exeat

A medical exeat will cover medical, dental, optical, and hospital appointments. When possible, appointments should be made for Saturdays, to minimise learning loss.

Access the medical exeat form from here: https://www.tis.edu.gh/medical-exeat-form/



Visiting

For visits during semester 2, parents will be required to book their visit online.

Please go to: <u>https://www.schoolinterviews.com.au/code/a9uu7</u>

Complete your details and click next to select your day and time. Then click next to receive a confirmation of your booking.

If you do not receive confirmation of the date and time, then you have not completed your booking.

Weekend times will usually go from 2.00 - 5.00pm on Saturdays, Sundays and public holidays Sessions are 60 minutes. You must keep to your allocated session.

Book early to avoid disappointment. Please ensure your child/ren know the times of the visit.

Admissions 2024/2025

Admissions for the next academic year are now open for the secondary school, Grades 7-12.

Priority for TIS family members ended on 1 December 2023.

The first round of admissions has been completed. The second round will commence in February.

Prospective students are required to complete application forms online via <u>https://tis.openapply.com</u>

An application fee can be paid via ExpressPay, at the school or into the school's account. The account details can be found on the Bank Details page.

All prospective students will take an aptitude test that does not require special preparation. An interview would be conducted before a final decision is made. Parents will be informed of the outcome of the selection process.

Only candidates who have fully completed the application form will be contacted for the aptitude test and subsequent interview.

Prospective families must *arrange a school tour before the admission test and interview*.

Early applications and admissions are encouraged. Late applications will be considered if vacancies exist.

Grades 7, 8 and 9 applicants will be required to provide three current term or two semester reports.

Applicants for Grade 11 will be required to provide three current term or two semester reports, predicted grades and a recommendation letter. When final results are released, applicants must attach a scanned copy on OpenApply. The release of final results will confirm subject selection levels (Standard or Higher).

After the completion of the Middle Years Programme (Grade 10), TIS students are expected to complete the IB Diploma Programme in Grades 11 and 12. They will make initial subject selection choices during the second semester of Grade 10. The release of examination results will confirm subject selection levels (Standard or Higher). Please note that students are generally not accepted into (Grades 10 and 12,





Tema International School



MAIN CAMPUS

SECONDARY ADMISSIONS ARE OPEN FOR 2024/2025 ACADEMIC YEAR FROM 3 OCTOBER 2023 UNTIL 31 MARCH 2024

A family school, a unique experience.

Flexible online admission testing is available

ENTRY POINTS: Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 11 (IB Diploma Programme)

Grade 7 (MYP 2)

Students should:

- a) Have completed Primary 6.
- b) Be aged 11+(at the time of admission).
- c) Complete a general aptitude
- test and interview.

Grade 8 (MYP 3)

Students should:

- a) Have completed JHS 1 or in JHS 2.
- b) Be aged 13+(at the time of admission).
- c) Complete a general aptitude.
- test and interview.

Grade 9 (MYP 4)

Students should:

a) Have completed Grade 8 or Basic
Education Certificate Examination (BECE).
b) Be aged 14+(at the time of admission).
c) Complete a general aptitude test and interview.

Grade 11 (IB Diploma Programme)

Students should:

a) Have successfully completed MYP 5, the IGCSE (Or its equivalent) or awaiting the results of the IGCSE.
b) Be aged 16+(at the time of admission).
c) Complete a general aptitude test and interview for non IGCSE
& GCSE students (i.e. WASSCE,

OCR, AQA).

To learn more scan this.



To enrol scan this.



The online application process can be completed at: <u>https://tis.openapply.com</u> For further information contact us on phone: +233 303 305134; +233 303 308737; email: <u>admissions@tis.edu.gh</u> Or come and visit the school (Opp Afariwa Farms, Off Tema-Akosombo Road) www.tis.edu.gh



Primary School Campus Admissions Open For 2024/2025 Academic Year

Flexible admission screenings and interviews



Entry Points in 2024

Preschool

Kinder 1 (3-4 years) Kinder 2 (4-5 years) Kinder 3 (5-6 years)

Junior Primary

Grade 1 (5.5 - 7years) Grade 2 (6.5 - 8 years) Grade 3 (7.5 – 9 years)

Senior Primary

Grade 4 (8.5 -10 years) Grade 5 (9.5 years-11 years) Grade 6 (10.5 - 12 years)

All admission applications will be online via Open Apply: <u>https://tis.openapply.com</u>

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer PYP, MYP and DP.

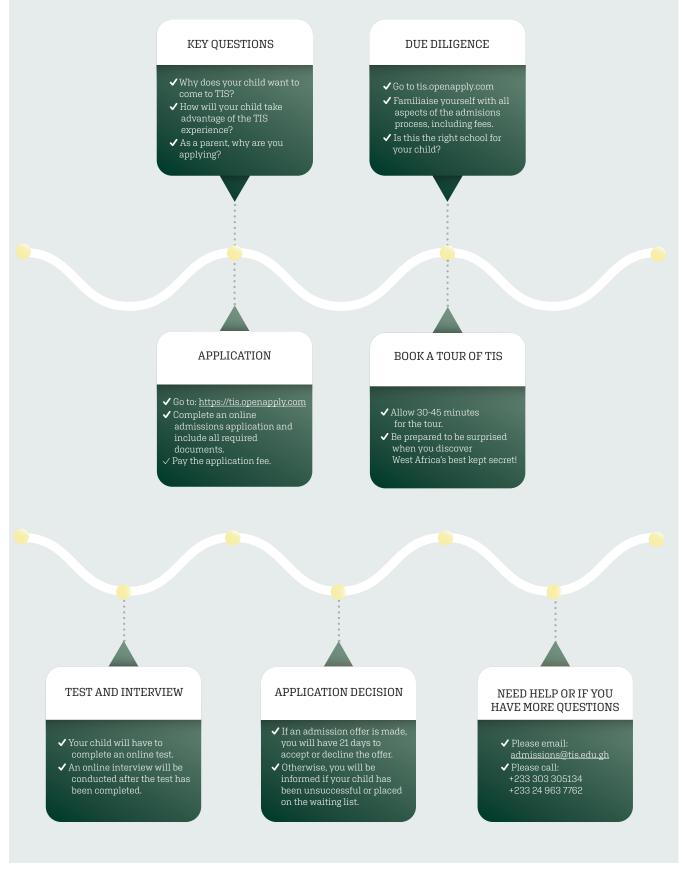


To learn more



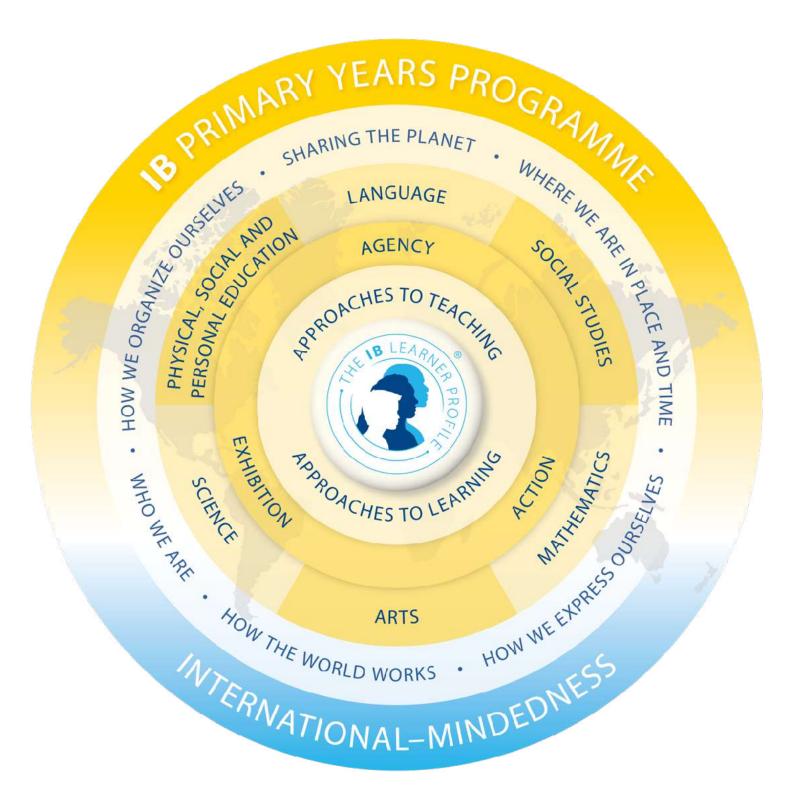


TIS ADMISSION PROCESS



TIS Admissions Grade Chart

TIS **British Curriculum** Schools Kinder 1 Nursery Reception Kinder 2 Year 1 Kinder 3 Grade 1 Year 2 PYP Grade 2 Year 3 Year 4 Grade 3 Grade 4 Year 5 Year 6 Grade 5 Year 7 Grade 6 Grade 7 Year 8 Year 9 Grade 8 MYP Year 10 Grade 9 Year 11 Grade 10 Year 12 Grade 11 DP Grade 12 Year 13



Assessment of Approaches to Learning (ATL) at TIS Primary Campus

In the vibrant learning environment of TIS Primary Campus, the Assessment of Approaches to Learning (ATL) is an integral aspect of our commitment to holistic education. Aligned with the International Baccalaureate Primary Years Programme (PYP), ATL focuses on developing skills that extend beyond traditional academics, nurturing students' abilities in thinking, social interactions, communication, self-management, and research.

Thinking Skills Assessment: Cultivating Critical Thinkers

At TIS, we recognise the importance of fostering critical thinking skills in our students. Regular assessments involve engaging students in inquiry-based tasks that require them to analyse, evaluate, and synthesise information. Thinking routines and strategies are seamlessly integrated into our teaching practices to encourage a habit of mind that extends beyond the classroom.



Social Skills Assessment: Collaborative Learning in Action

Our assessment strategies emphasise developing social skills and recognising the significance of collaboration, effective communication, and teamwork. Students actively participate in projects and activities that promote empathy, intercultural understanding, and cooperation. These skills are assessed formally and observed and encouraged in daily interactions, contributing to a positive and inclusive school culture.



Communication Skills Assessment: Beyond Traditional Boundaries

Communication skills are evaluated through various channels, including presentations, written assignments, and digital media projects. TIS leverages technology to enhance communication skills, preparing students for the diverse ways information is shared in the modern world. Digital presentations, multimedia projects, and collaborative platforms are integrated into assessments, providing students real-world communication experiences.



Grade 6 students advocating for responsible citizenship during their Unit Assembly.

Unit assemblies offer students a valuable opportunity to share aspects of their learning with the entire school community, fostering the development of communication skills as they present their knowledge meaningfully. These assemblies also serve as a platform for students to enhance their confidence and public speaking abilities. By engaging with their peers and teachers, students refine their communication skills and cultivate a sense of community and shared learning experiences.

Here is an image of Grade 4 students fervently showcasing various cultural traditions as part of their efforts to promote respect for diversity during their unit assembly.



Self-Management Skills Assessment: Empowering Independent Learners

Assessing self-management skills involves evaluating students' organisational abilities, time management, and goal-setting proficiency. Our approach emphasises not only academic success but also the development of independent learners. Through self-reflection and goal-setting, students are encouraged to take ownership of their learning journey, fostering a sense of responsibility and autonomy.





Research Skills Assessment: Navigating the Information Landscape

Research skills are fundamental in our ATL assessments. Students are guided through inquirybased projects that require information literacy, data collection, and the formulation of thoughtful inquiries. TIS recognises the role of technology in modern research and equips students with the skills to navigate online databases, collaborate on research projects, and critically evaluate information sources.





Integration of ATL in Subject Assessments: Holistic Mastery

Our commitment to holistic education is reflected in integrating ATL skills into subjectspecific assessments. Class projects emphasise the interconnectedness of ATL skills across different subjects, reinforcing that these skills are not isolated but essential components of a well-rounded education.

Students in grade 6 were tasked with creating their newspaper articles as part of their unit of inquiry on responsible citizenship. As responsible citizens, we must be well informed about current happenings in our environment, hence the need to stay abreast of the news. Their assignment was to write a make-believe newspaper article on issues in the school and propose solutions. This project will require students to utilise all ATL (Approaches to Learning) skills for successful completion. Below are some of the articles the students came up with.

Food Wastage on the Rise in TIS!

By Naa Barkay Vanderpuye

Students of Tema International School (TIS) have been advised to cease wasting food on the premises of TIS Primary School.

There has been a recent case of students discarding food, stating that they don't like it.



Student pouring away lunch

Teachers find this behavior disturbing and have taken measures to warn and caution students, urging them to stop wasting food at school.

They have been informed that children in Africa and

other parts of the world face challenges of food scarcity and poverty, with some becoming orphans due to global conflicts.

With this information in mind, students are urged to take only the quantity they can consume and not to take excess.

Mr. Dennis, one of the Grade 5 teachers, expressed his concern, stating, "I find it disturbing that TIS as a community provides two meals a day, and we waste them when others don't even get one meal."

Consequently, both TIS students and students globally are urged to refrain from wasting food, considering the unfortunate circumstances faced by others. Let's be grateful!

Bus Tardiness Make Parents Wonder "Are My Children Safe?"

By Kekeli Agyekum January 28, 2024

main and the past, yet a persisting issue is bus lateness. Despite the TIS bus crew meticulously planning the route, student tardiness significantly disrupts the schedule.

Some students fail to realize that bus drivers also lead lives of their own, with some returning home late but having to rise early, impacting them physically, mentally, and potentially leading to stress and depression.

Although students have been informed about these challenges, many still struggle to comprehend the bus drivers' lives. In the mornings, buses adhere to the assigned times for student pickups, but a significant number of students do not take this seriously, causing delays and affecting subsequent pickups. Consequently, some parents lose trust in the bus service and opt to transport their children themselves.



Bus Arriving Late to Drop Off Students

This is a substantial issue that requires careful consideration from both students and parents. Addressing this matter collectively can benefit both students and bus drivers in numerous ways. As a famous website aptly notes, "Anybody can drive a car, but it takes someone special to drive a school bus!"

Insults on the Rise Among TIS Students

By Kadmiel Annan

Saturday, 27th January, 2024 The recent years, insults among students at TIS have significantly increased. For some students, insulting others during break time has become a hobby, triggered by minor reasons such as jumping the line for food or accidentally knocking them over during playtime. These insults are sometimes accompanied by offensive hand gestures, such as the middle finger.

Teachers frequently warn students to avoid using insulting language towards each other. Unfortunately, several students still choose to disregard these warnings, resulting in a variety of negative emotions being experienced by those who are insulted.

Despite knowing the harm caused by their actions, the students who insult others continue to ignore the negative impacts they create. Students must learn to recognize the destructive nature of such behavior and take steps to pursue a culture of respect and kindness toward others.



It is essential to be mindful of our words and actions and to treat each other with respect and kindness. By showing empathy and understanding, TIS can develop a safe and supportive environment where all students can thrive.

Let us work together and exemplify the learner profile attribute of being caring to make our school a happy place.

The Stakes are High, as Students Continue to Throw Hands!

By Kwabena Oser-Amoako Monday, 29^m January, 2024

n a classroom on a Wednesday afternoon, a student was caught crying after his teammate in football tackled him to the floor out of anger. While in class, his teammate glared at him with even more anger still in his eves.

It was believed that they were playing a game of football, and during the game, they got into a fight which ended with the teammate tackling the student to the ground.

When they arrived in class, their teacher noticed the continued anger from the teammate. The teacher went to ask



the classmate what was going on, and then saw the student crying.

The teacher wanted to resolve this quickly because the class was about to start. As they were explaining to the teacher what happened, they emphasized that "it is better to be friends than to be enemies."

Student Reflection and Goal Setting: A Path to Growth

TIS strongly emphasises student reflection as an integral part of ATL assessments. Through reflection portfolios and conferences, students can identify their strengths and areas for improvement and set goals for skill development. This reflective practice informs assessment and cultivates a growth mindset among our learners.



Creating posters helps me develop essential skills. Through the process of creating posters, I learn how to find the right information through research, creatively represent the information on the poster to develop my thinking skills, and use time wisely, thereby improving my self-management skills.- Judah Armah

Preparing for unit assemblies offers me the chance to improve my social skills. Collaborating and sharing ideas during these assemblies also helps me learn to communicate better. – Genesis Mainoo





Unit Assemblies are occasions where we showcase our communication and social skills. We learn to confidently and clearly share our ideas with the school community, and we collaborate in groups to make our presentations. I believe this experience also enhances my thinking skills, as I need to make sense of what I am sharing. –

the faces of students at Tettey-Ocloo State School for the Deaf, and I was privileged to be the one to make a presentation to the entire school about the need for assistance. This experience has helped me improve my communication skills as I was able to express my feelings and encourage people to donate. – Edem Amoo





IXL has helped me improve my thinking skills. Knowing that I might lose points for incorrect answers, I often take my time to respond. This, in a way, is helping me to be more focused since I have to finish within a given time. – Ayden Tinkah

In conclusion, the ATL assessment framework at TIS Primary Campus goes beyond traditional academic metrics, aiming to nurture well-rounded individuals prepared for a dynamic and interconnected world. By embracing the principles of the PYP, we strive to develop critical thinkers, effective communicators, and socially responsible citizens equipped to navigate the challenges of the 21st century.

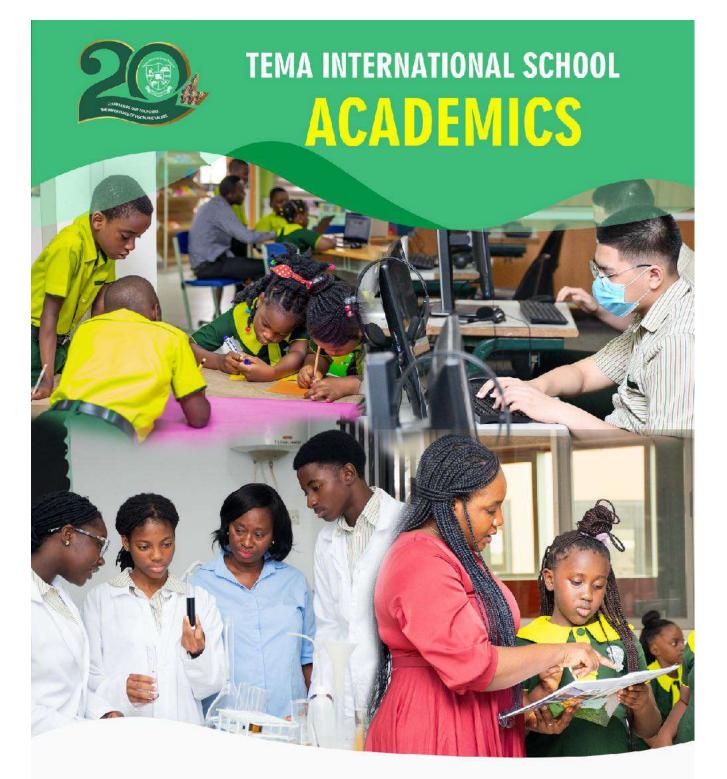


Change the World Through Excellence

#Make a Difference

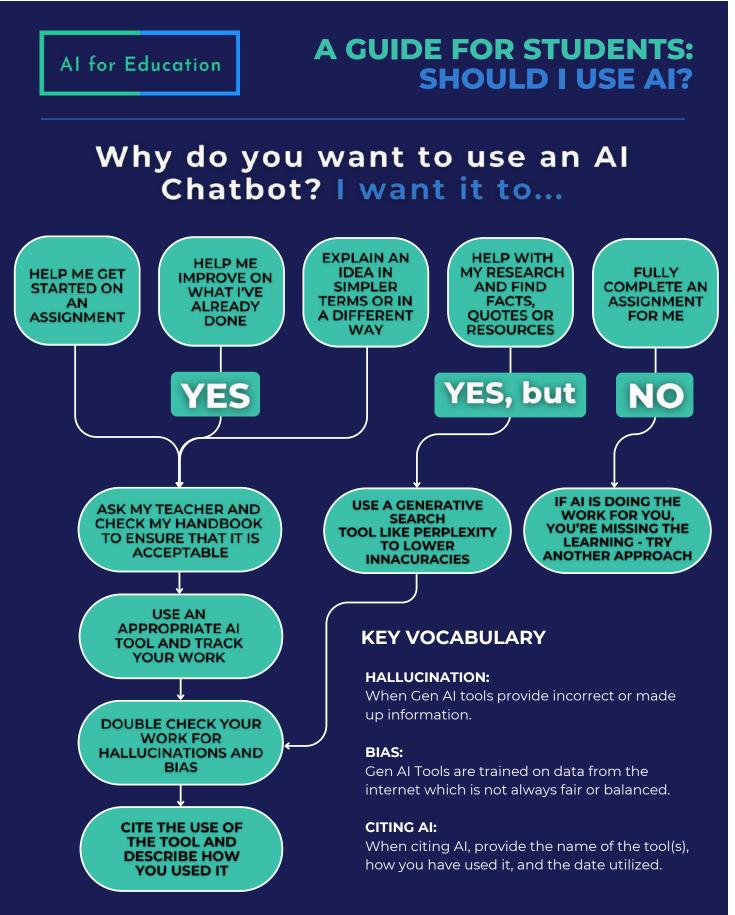






At TIS, we believe that the academics, as one of the four pillars for student balance and ensuing success, provide a theoretical lens for inquiry, critical thinking and conceptual understanding, as well as the opportunity to demonstrate our knowledge and understanding across many areas of learning.





V2 (Updated 1/16/24)

aiforeducation.io

HOSTEL NEWS

Could you ever imagine the merging of two hostels to create an outstanding time of fun experience to bridge the gap between academia and boredom? Ever wondered how a community concerned with the pursuit of great achievement could spread youthful exuberance to balance the equation? HOSTELS CONNECT! CATHONY (CATHERINE AND ANTHONY)

Enjoy students' reflections and pictures on Cathony Week

POISE FINESSE DECORUM AND WE BOYS TICK TOGETHER, CATHERINE AND ANTHONY CHALE IT'S NICE WEATHER! Cathony Week was a gleaming success as we celebrated comradery between the sibling hostels with a variety of activities. This week was bittersweet, however, as it marked the sunset on my tenure as a hostel executive and the start of a new leadership. Generally, it was also a reminder of the soon-coming exit of the IB class of 2024. The week started with Cathony members donning white to prep and watching a fun trailer video at dinner to whet our appetites for the week ahead. The following Wednesday, the hostels were treated to deserts after prep over which we bonded. On Thursday night, the Cathony week celebration began to climax with the hostels' mascot, Cathy, who rocked the MPH with her vibrant persona and catchy amapiano moves. On Friday, the hostels joined around a fire with marshmallows, chips, pizza, and other snacks. We shared laughter, sang songs, and broke bread but the night didn't end there. The organised link-up turned into frenzied fun with a water balloon fight. This was by far my fondest memory of the week, the admin car park was filled with laughter and joyful shrieks as water balloons flew across. Everybody got involved regardless of age and gender and had a great time. In my opinion, this was the climax of the hostel's bonding experience. The following day, in true Cathony fashion, we enjoyed a bountiful spread at breakfast. Puff pastries, pancakes, waffles, and sausages, and we ate to our fill with much to spare. After a short break, we gathered at the sports complex where the DP2 vs Rest of Cathony match ensued. Despite the countless efforts of the referees, the Catherinite seniors pushed through scoring 2-1 over the juniors. However, the junior boys redeemed their ladies with six goals against the DP 2 boys, who scored one. The games were also a source of comedy as like siblings, the hostels lightheartedly poked fun at each other. After a long break following the games, the Hostels crowned the week with the highly anticipated Vegas-themed party. The party was the place to be on Saturday night as it rivalled all previous parties in both vibes and aesthetics. The party started with a formation dance and a surprise appearance by Cathy; this was followed by a game of musical chairs, which has quickly become a TIS party favourite after its introduction at last year's Cathony party. We went on to enjoy good food, cocktails, and a fun photo booth, and the party came to a climax on the dance floor; the vibes were simply contagious. The party then concluded with a short 'Thank you' speech from the outgoing executives, drawing the unforgettable week to a beautiful end. The week was bliss but the Behind The Scenes was just as chaotic as any planning process. There were many ups and downs but with much determination, we weathered the storm together and emerged stronger. I am incredibly proud of the journey we Cathony executives have had together, and the joyful memories we shared with the rest of the hostel before and during the week have given me a sense of contentment. I will forever be grateful for this opportunity to be part of such a group as Cathony. Sefferina Masorpe DP 2

Cathony week in one phrase. The Best of the best! The Week was inspiring as an executive part of the planning as I learned a lot throughout the process. We expected a lot from the event and we wanted it to be the biggest event the two hostels have ever witnessed. But we couldn't do it alone; we needed time, money, and team effort, and despite all the challenges we faced, we came out at the end because once we put our foot into the event, we had to follow through. It was not easy but we did it and we did it together. Overall, it was fun, and my favourite event was the bonfire common room we had,

especially the water balloon fight, where I saw many people release their inner child and come out of their shells to have fun together as a hostel. This Week was one of the most memorable events and I appreciate the effort of everyone involved in the planning process. It was if not, one of the best Cathony events I have experienced in TIS! *Eugene Cobbina DP 2*

Cathony Week marked the end of our tenure as Cathony executives, an effort to celebrate the shared experiences and create lasting memories for ourselves and the hostel. I found this week-long event to be a meaningful testament to our collective commitment to bonding our sibling hostels.

The week started with a video presentation on Monday, setting the tone for the events ahead. The visual narrative not only welcomed everyone but also encapsulated the spirit of unity and joy that summarised the purpose of Cathony Week. On Wednesday, we indulged in a delightful dessert night. Thursday brought a unique touch with the introduction of our mascot, Cathy. The unveiling of Cathy induced an element of fun and symbolism into the week, creating a new shared identity for us. Friday night was pure joy with a bonfire, songs, and a water balloon fight. These activities fostered a sense of togetherness and allowed everyone to unwind. Roasting marshmallows and participating in a water balloon fight added a playful aspect to the evening, creating memories that I know will last. The grand finale on Saturday, a Vegas-themed party, provided a fitting end to Cathony Week. The thematic celebration added a touch of glamour and sophistication, allowing us to exude poise finesse, and decorum. Reflecting on Cathony Week, it is evident that the meticulous planning and execution were pivotal in making it a success. Beyond the surface-level enjoyment, the event served as a meaningful transition from the executives to the next set. It reinforced the importance of tradition, unity, and the love we all share for the hostels. As we passed the baton to our successors, the memories created during Cathony Week stand as a testament to our collective efforts in fostering a vibrant and inclusive hostel community. It was a week that celebrated not only the end of our term but also the enduring spirit of fellowship that defines our hostel experience. Nana Aba Egyei-Mensah DP 2

Cathony Week was just another week to show the whole TIS community the power of poise, finesse, and decorum when we come together. As a proud Catherinite, I can say that this week deserves a huge pat on the back. There was a long lineup of events: from wearing all white to prep, to late-night ice cream, a spicy bonfire night (filled with a lot of whispers), to a very mouthwatering spread as breakfast, and all topped off with the event of the semester, our Las Vegas themed party. All in all, the grandeur of Cathony was surely displayed throughout the week, Catherine and Anthony, chale it's nice weather!

Adelyne Achiampong MYP4

Cathony week kicked off with a dazzling start, everyone dressed in white for "CA goes white for prep"! Seeing the unity and beauty as sisters and brothers came together was heartwarming. Next was the "Sweet Tooth" event, a sugary paradise with endless ice cream, pancakes, and more choices. As the week progressed, the bonfire night crackled with warmth and laughter. Embarrassing videos, hilarious games, and roasted marshmallows fueled the epic water balloon fight, making it an unforgettable night of IB2 bonding. The week continued with a mouthwatering breakfast spread featuring spaghetti, waffles, pancakes, chicken wings, and more. It was a delicious treat that satisfied every craving. Finally, the grand finale arrived: the wholesome Las Vegas Party! This showstopper was my favourite event of the week, filled with musical chairs, cocktails, photos, and endless fun. It was the perfect way to wrap up an amazing week of memories and sisterhood. *Sylvia Ziniel MYP 4*

Change the World Through Respect

#Make a Difference





How Your Teenager Can Manage Distractions

It's entirely normal for teens to get distracted from studying from time to time, especially during stressful exam periods or when they're struggling to understand the work. Plus, the transition to digital school work and having the internet right at our fingertips means that it's never been easier to be distracted.

Avoiding doing work or study is a widespread response to feeling overwhelmed and stressed, but while leaning into a bit of self-care to get through high-stress study periods is one thing, you don't want your teen perfecting the art of procrastination because it'll come back to bite them during exam time.

If your teenager is struggling to balance study with school work, social media and other daily distractions, there are ways you can help them help themselves.

Set time aside for fun

After spending hours studying and working, it's to be expected that your teen might be feeling exhausted or stressed. While they may already have a study plan, please encourage them to have a fun plan, too. If they have a specific time set aside for relaxing, social media or gaming, they'll have less desire to distract themselves while working.

Take regular minibreaks

Suggest that they work in chunks of time - say, 20 minutes - then take a few minutes to get a drink, stretch and walk around. This will keep their energy, maintain their concentration and make their study more manageable. You might watch how they're going by having a cup of tea and a quick chat with them during one of these scheduled mini-breaks.

Block screen alerts

Encourage them to block the alerts if they're working on a tablet or computer linked to their messages or social media. When they're concentrating, a message alert pinging up will distract them and break their train of thought. They can go for it in their non-study time and catch up on social media.

Agree on 'phone free' zones

Talk about areas of the house that can become temporary phone-free zones, such as where they study and where everyone eats together. Encourage the whole family to play a role in making it happen.

Create a space they can concentrate in

This is especially important if your teen has to study in a common area with plenty of distractions, like the living room or kitchen. Being around a lot of noise and activity can significantly disrupt their study routine. Creating a space primarily dedicated to their study hours will help them focus and concentrate.

If you're unable to create a dedicated space, try to create a quiet environment where they're studying. Keep the TV turned down or off and avoid having lengthy conversations around them. If you have other kids, ask them to keep the noise down, so their sibling doesn't get distracted. Some people work best with silence, others with a hum of background noise or music. See what works for them.

Minimise interruptions

While they're studying, don't let anyone disturb them; leave it until they're having a break. Did you know that it takes most people around 20 minutes to get back on track with study after an interruption?

Monitor their sleep

Lack of sleep makes you lose focus, so it's easier to procrastinate or get distracted when you're tired. <u>Here's how you can help them get better sleep</u>. On the flip side, if your teen is studying from home, there may be a temptation to hit snooze on the alarm and lay around all day. Explain the importance of maintaining a routine like this, including when they wake up and go to bed. <u>They can learn more sleep routine tips here</u>.

Eat healthy, regular meals and snacks

Being hungry causes energy levels to drop and makes it hard to concentrate, so encourage your teen to eat proper meals and healthy energy snacks such as nuts. <u>Help them out by using these handy tips when cooking them food</u>. Sharing a meal with your teen is a good chance to check in on how their study is going. Even a break for a quick lunch before heading back to the books gives you a chance to ask how they're feeling and support their wellbeing.

Cut the caffeine

Encourage them to drink lots of tap water; being hydrated will help them concentrate. Long days at the desk may make them keen for coffee (and lots of it!). Remind them that <u>too much</u> <u>of a good thing can be bad</u>, and suggest alternatives: Herbal teas are an excellent calming substitute.

Exams, expectations and study loads can make your teenager stressed and easily distracted. Trying even a few of these tips can help you support them to manage teenage distractions, keep calm during exam periods and <u>study more efficiently</u>, which reduces their overall stress and improves their wellbeing.

Source: <u>https://parents.au.reachout.com/common-concerns/everyday-issues/things-to-try-exam-stress/how-your-teen-can-manage-distractions?utm_medium=email&utm_campaign=MKTG%20231004_Schools_Exams_MZ &utm_content=MKTG%20231004_Schools_Exams_MZ+CID_6298b5fffa7f6c0adf6f60f87f e36a51&utm_source=ROemailCM&utm_term=Share%20with%20parents</u>

CAS-SA Corner STEM Fair 2024

ZO TEMA INTERNATIONAL SCHOOL



IB CLASS OF 2025 PRESENTS STEM FAIR 2024 EMPOWERING COMMUNITIES THROUGH

POWERED BY: SCIENCE & MATHEMATICS DEPARTMENT

Meat with students as they celebrate intellectual curiosity, creativity, and the pursuit of knowledge, providing a memorable and enriching experience for both participants and attendees.

SAT. 10 FEBRUARY '24 1:00 PM-3:30 PM MAIN CAMPUS







Dear TIS Community,

We invite **parents**, **students**, **and staff** to come and witness first-hand the ingenious projects by **TIS Talented Inspiring Students** at the upcoming **STEM (Science, Technology, Engineering, and Mathematics) Fair**! STEM encompasses a wide range of disciplines, and this event is a fantastic opportunity to see their creativity in action.

From innovative robotics to captivating scientific experiments, our students have undertaken various **STEM**-**related projects**. These projects highlight the practical applications of **STEM** concepts and showcase our students' problem-solving skills and innovation.

The event starts promptly at **1:00 pm at the Main Campus** with an intriguing opening ceremony, setting the stage for an exciting day of exploration.

Delicious food and drinks will be available for purchase. The proceeds will support the **Transforming Lives project**, aiding babies with anorectal malformation in need of corrective surgery.

With over eight schools in attendance, it's the perfect place to network with like-minded individuals. Meet other parents, catch up with teachers and staff, and spend quality time with your children.

We look forward to your presence at this exciting event!



POWERED BY: SCIENCE & MATHEMATICS DEPARTMENTS

Join the Global Youth Action Fund Today!



Dear Students,

We are thrilled to share an exciting opportunity with you: the **Global Youth Action Fund by the International Baccalaureate (IB).** It's a chance for students aged 12 to 19 to turn their ideas into impactful projects and make a difference in their communities.

The fund is open from January 23rd to February 27th, 2024. You can apply if you have a project aligned with one of the UN Sustainable Development Goals (SDGs).

Tema International School values service and this is your chance to lead

positive change. Whether you're in MYP 2 or DP 2, I encourage you to discuss your project ideas with your coordinators and apply. For support, Ms. Grace and Mrs. King are available.

Let's embrace this opportunity to make a difference together!

Global Youth Action Fund 2024 Applications are now open to all students.



The International Baccalaureate (IB), a global leader in international education, is launching for the second year in a row the Global Youth Action Fund, an award open to all students enrolled in a secondary school, ages 12 to 19, who have a project or idea they believe will make an impact in their community. The award will shine a light on the impressive work young people are doing around the globe.

The <u>Global Youth Action Fund</u> will be open to students, or student groups, aged 12 to 19 from both IB and non-IB schools and the deadline to apply for the grant will be open from 23 January to 27 February 2024. Students do not need to be enrolled at an IB World School but must be enrolled in a secondary school. The award represents a significant stride forward in IB's mission of making its education programmes accessible to a diverse range of students, breaking down socio-economic barriers.

Last year, 101 projects representing over 500 young individuals from 48 countries showcased their commitment to creating a better world by submitting projects that address issues ranging from sustainability and equity to social justice. The award is designed to recognise and

empower students who are taking the lead in addressing pressing global challenges, within the IB community and beyond.

At the IB, we believe young people can positively change the world. At the core of the IB philosophy is student agency. Through this award, the IB aims to support student development and growth by offering opportunities such as the Global Youth Action Fund grant to foster independent autonomous learning and nurture future leaders and changemakers.

"We are thrilled to be able to dedicate resources to empowering young people to lead positive change within their communities through innovation. The Global Youth Action Fund aims to amplify student voices and provide necessary support to enable them to address the world's greatest challenges as our next generation of leaders. To do this successfully, students must feel seen, heard and valued for their work—which we know can and will change the world for the better", said Mr Olli-Pekka Heinonen, Director General of the IB.

The **Global Youth Action Fund** is part of the IB's commitment to elevate, empower and support youth voices and is a pathway to action for the **Festival of Hope**. Learn more about IB's other pathways to action on the <u>Festival of Hope</u> website.

Each project must be aimed to support one of the <u>17 UN Sustainable Development Goals</u> (SDG). Finalists will receive up to 3,000 USD grant funding depending on project needs, to transform or develop further their powerful idea. Learn more about the fund and the selection criteria.

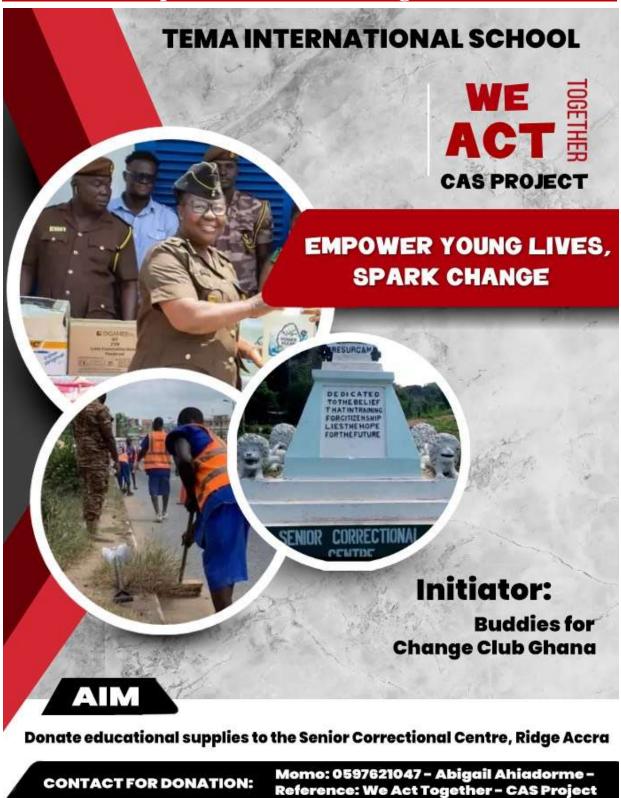
Applications for the IB's Global Youth Action Fund are open from 23 January to 27 February 2024.

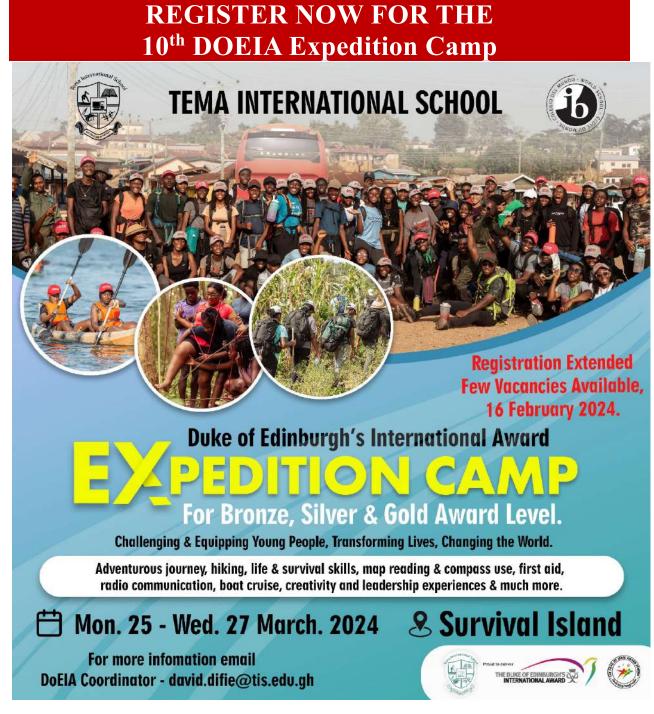
Apply for the Global Youth Action Fund



The Global Youth Empowerment Fund is an initiative to empower young people around the world to impact their communities by investing in grassroots, community projects.

Buddies for Change Club Call for Action Operation 'We Act Together'





The 10th edition of the **Tema International School Duke of Edinburgh's International Award Expedition Camp (for Bronze, Silver & Gold Award Level only)** participants registration is open. We can assure you the experience of a lifetime while meeting the requirements for CAS (DP students) and the DofE. This is a unique opportunity to develop skills, open up to a new culture, challenge yourself, reflect, be in touch with nature and create long-lasting memories.

Register now! LIMITED space is available. Only students who are DofE bronze, silver and gold award participants can join the Expedition Camp.

Activities: Adventurous journey, abseiling, kayaking, hiking, map reading & compass use, trail navigation, radio communication reading, creativity and leadership experiences, life and survival skills, first aid, drills and much more.

Benefits: Students will apply and develop skills, with CAS (DP Students) and DoEIA requirements met.

Safety: All safety measures are being taken into consideration, and a TIS team completed a risk assessment trip. A wilderness medical officer and emergency nurse with work experience with the West African Rescue Association will be joining the team throughout the program.

Equipment: World Ready T-shirt, cap, kayak, camping gear, abseil gear, and all outdoor equipment is included.

Orientation and safety training: – Sun, 24 March, 3:00 pm at the Design Lab with all participants and Expedition Leaders.

Departure: TIS campus Monday, 25 March 2024, 7:00 am. The team will return to TIS Campus on Wednesday, 27 March 2024, by 5 pm. Parents are reminded to pick up their wards for the **Mid-semester break. Duration:** 3 days

Comprehensive Outdoor Risk and Liability Insurance: Inclusive

Logistics: Certificate, transport, food, water and fees to destinations all-inclusive **Venue:** Survival Island, Anum.

Register now! LIMITED space available. Cost: GHC 4,500 - Registration deadline: 9 February 2024 or when maximum numbers have registered- Kindly pay by the said deadline. *Click on the link below to register. A payment receipt will be requested to **complete the registration.** A kit list is also attached to the form. Ensure you have all items on the kit list prior to the Camp.

When making the payment in any of the accounts below, kindly state the purpose: TIS DoEIA Expedition Camp, 10th Edition. Expedition **Camp Cost: Ghc 4,500**

https://docs.google.com/forms/d/e/1FAIpQLSfK2av3mBi_YL9Ky7C6zI8Gfh_EQPXGqo4V hom7PJzhSfOQRQ/viewform

When making the payment in any of the accounts below, kindly state the purpose: TIS DoEIA Expedition Camp, 10th Edition.

TEMA INTERNATIONAL SCHOOL ACCOUNT DETAILS

BANK: ABSA BANK BRANCH: Tema Main

ACCOUNT #: 060-1798808 (GH¢)

BANK: Ecobank Ghana Limited

BRANCH: Tema Main - ACCOUNT #: 0020014471692201 (GH¢)



The Chocolate Friendship Experience is Here!



Hey there, chocolate lovers and buddies!

We've got something super exciting coming your way that's bound to make your taste buds dance, and your heart sing. That's right—it's time for the **Chocolate Friendship Experience**!

Picture this: an evening filled with laughter, good vibes, and, of course, heaps of chocolatey goodness. We're talking about everything from smooth truffles to crunchy bits, all waiting to be devoured by you and your besties.

But wait, there's more! We've whipped up some extra-special packages featuring personalised tote bags, scrunchies, mouthwatering chocolates, and adorable cards. Perfect for treating yourself or surprising your BFF.

The Chocolate Friendship Experience is Here!



And here's the best part: the fun doesn't stop there! Get ready for some sweet surprises as we distribute chocolates and gifts overnight, making sure your Saturday is filled with joy and excitement.

But hold onto your hats because we've got one more delicious detail to add: the dress code for the party by the pool is **a touch of red, pink, and white in a casual wear style**. So, dig out your favourite pieces and prepare to strut your stuff in style!

And let's not forget about the delightful array of food on sale. From savoury snacks to sweet treats, there's something for everyone to enjoy. So, make sure you come prepared to feast like never before!

So, mark your calendars for Saturday, 17th February, and get ready to dive into a world of chocolatey bliss with your friends by your side.

Trust us, you won't want to miss out on this epic celebration!

Stay tuned for more updates, but in the meantime, start spreading the word and get ready to indulge in **the Chocolate Friendship Experience**. See you there!



Yours Truly, The Chocolate Friendship Experience team

Service as Action - Positive Energy with MYP 4



An interesting discussion about **Positive Energy** emerged in the Grade 9 Service as Action Class. It was acknowledged that to make a significant impact in the community and the world at large, one requires the right energy, and it is indeed possible to always radiate positive sentiments. Some items that were identified to radiate Positive energy in the class discussion include:

Food: The saying "Good Food is Good Mood" resonates well in this context. When people gather to eat, there is a feeling of satisfaction that creates the right energy for positive conversations, great decisions, laughter, and bonding.

Affirmations: These are declarations, pronouncements, or phrases that support endurance and grit in oneself to build on the can-do spirit.

Kind Gestures: This involves thoughtful actions that show consideration for others, especially when they come in the form of small gestures like giving a flower or giving up your seat on the bus.

Sharing: giving a portion of yours to another or jointly enjoying something with others always radiates positive energy.

Music: Soothing sounds initiate relaxing moods and contribute to positive vibes.

Words of Encouragement/Compliments: A polite expression of praise and admiration goes a long way to encourage and create joy.

Laughter/Smiling: Bursting into joyful sounds and sharing pleasant facial gestures is said to be food for the soul.

These elements not only contribute to individual well-being but also foster a positive atmosphere that can uplift and inspire others in the community and beyond.

Project Blue Smile



Last semester, the initiators of **Project Blue Smile** paid a visit to the pediatric ward at Tema General Hospital to spread cheer to children undergoing treatment. During this visit, they had the privilege of meeting 6-year-old **Philip Enti**, who was receiving treatment for a second-degree burn.

Moved by Philip's situation, the group felt compelled to extend their support. They found out recently that Phillipa is undergoing skin graft surgery at **Korlebu Teaching Hospital**. To assist Philipa with her hospital bill and facilitate a smooth recovery process, the team has organised a mocktail

sale fundraiser slated for 17 February.

We extend a gentle invitation to all to participate in the **Chocolate Friendship Experience Night** and purchase a cup of mocktail. Your contribution will play a significant role in supporting young Philipa on her healing journey.





Initiative by Ruby, Efua, Sharon and Betty (MYP 5)

The Metal Poster

As part of his Service as Action experience, Joel Ahiakpor – MYP 4, created a poster based on his Chemistry Unit titled Periodic Table. He selected the element "Aluminum" from the table and designed a poster highlighting its origin and various uses.

The posters around the Einstein Block have been displayed for everyone's viewing pleasure. We encourage everyone to take a moment to admire Joel's creativity in showcasing the significance of Aluminum in our daily lives.

Please find the poster attached below:



Community Project

As communicated in the previous bulletin, the Community Project has advanced, and students are currently engaged with Criterion C, working and collaborating to achieve the group's objective.

Please refer to the table below for details on this year's Community Projects undertaken by MYP 3 students:

Groups	Project Name	Description / Global Context	Location	Supervisor
Paa Kwesi Oppan Kwaku Ayisi Lebene Biga Kyla Addo	Beyond Boarders	Collaboration with Longfield Academy - Kent, UK (Online newspaper sharing stories and information on both cultures)	Virtually	Grace Ameyibor
Sameera Rashid Efia Okompah	Project Old Shada	Donation of old clothes to the Tolon community in Tamale	Tamale	Mr. Eric
Adrien Mate Philip Boahen Jerome Tawiah	Creative Explorers	Organising an Art workshop at Snuggles Montessori	Snuggles Montessori	Ms. Abigail
Princess Dzifo Gabriella Som	Watch your Six	Educating and creating awareness about abduction – through presentations and Infographics	PYP Campus and Peak Lyceaum	Auntie Setor
Bryan Tamakloe Bryana Tamakloe Ewurama Fynn	Project Bloom	Donation of school supplies and teaching materials	St Nicholas New Town	Ms. Gilda
NanaYaa A. Boateng Marie Kufuor Derek Tenge	Servitude	Article writing on Child labor – Newspapers and School Bulletin	Print Media	Ms. Tay
Ewura Ocran Ewuraba Sarfo	Clean Genies	Organizing 30packs of Toiletries and basic hygiene items for an orphanage	Crystal KIDS Academy	Ms. Fafa
Katie-Louise Assan Nabil Nassr-Deen Drew Mbavaya	Jumping words	Creating awareness about Dyslexia through print media	African Dyslexia Organization	Mrs. King
Mamoud Archi- Fofanah Ambrose James	Hopeful Soccer	Organizing a football match with Crystal Academy	Crystal Kids Academy	Mr. Tay

Beyond Borders



This Initiative by **Paakwesi Oppan, Lebene Biga, Kyla Addo and Kwaku Ayisi** has advanced significantly. Both schools have exchanged pictures, articles and elements for the online newspaper currently taking shape on *Canva.com*.

Both schools have also bonded over the scheduled meeting times on *GoogleMeet*. The team is eager to share the final work with you. Stay tuned.

Servitude

This is an initiative by **Marie Kufour**, **Nana Yaa Agyenim-Boateng** and **Terrie Tenge**. Their project aims to organise an article highlighting the plights and forms of **Child Labor**. The team will emphasise Street hawking by Children.

The team is currently doing peer interviews about child labour to form the basis of their article. Their supervisor is **Mr. Rueben Brewoo.**





Clean Genies



An initiative by Ewura Ocran and Ewuraba Sarfo aimed to support Crystal Kids Academy's girls. Their goal is to thoughtfully organise 30 packs of hygiene essentials, including soap, toothpaste and brush, deodorant, underwear, and a sanitary towel for donation. The team is currently raising funds using Tally cards to purchase the items. Their supervisor is Ms Fafa Wensley.



Lyric of the Week



Close your eyes and open to apprecaite all the beauty around you. Let the timeless lyrics of Louis Armstrong "What a Wonderful World," serve as an inspiration for us all. This song is a reminder to appreciate the beauty of the world around us and to find joy in simple pleasures.

Be sure to check the bulletin and the main announcement board for updates on "Lyric of the Week.



"I see trees of green, red roses too. I see them bloom for me and you. And I think to myself, what a wonderful world"

Samantha Arthur – G10



MYP Community Project – Part 1 Agnes Drew, Nabil Nasr-Deen, Katie Louise Assan, Grade 8/MYP2 'Jumping Words'

Beyond Awareness: Let's Talk About Dyslexia

Introduction:

So, have you ever heard about dyslexia? It's this cool thing (well, not really a thing, more like how our brains work) where some people find reading and language kinda tricky. But here's the deal: dyslexia doesn't mean you're not smart or not trying hard enough. It's just a different way our brains understand words. And guess what? People with dyslexia are awesome in other stuff like being creative, thinking outside the box, and solving problems.

The Science of Dyslexia:

When dyslexic people read, their brains work in a unique way. It's like they think in pictures, which is super cool! There are actually six types of dyslexia, but the most common one is phonological dyslexia. It's like having trouble understanding the sounds that make up words, which can make reading, spelling, and figuring out words a bit tough. But don't worry, with the right help, people with phonological dyslexia can become awesome readers and boost their confidence.

Dyslexia in School:

Okay, so here's the deal in school. Dyslexia can sometimes make things a bit tricky, especially if teachers don't use cool teaching methods that work for everyone. But you know what? With some support and special ways of teaching, dyslexic students can totally rock in school.

The Struggles Faced by Dyslexics:

Dyslexia isn't just about school stuff; it can also affect how people communicate and feel. Sometimes, it's hard for dyslexic kids to find the right words, which can make talking to others a bit tricky. They might also feel like they're not as quick learners as their friends, which can make them doubt themselves. That's why it's super important to help them out and show them they're amazing in their own way.

Unique Thinking and Abilities:

Guess what? Dyslexic people often have this superpower: they think in unique ways. It helps them come up with cool solutions that others might miss. They're also great at thinking visually, which makes them shine in stuff like architecture, engineering, and design.

Symptoms of Dyslexia:

- Trouble remembering rhymes.
- Sometimes, they pause when talking.
- Following instructions can be a bit tricky.
- They might use short words like 'and,' 'the,' 'but,' a lot or skip them.

'Jumping Words' Community Project – Part 1



Support and Awareness:

Our community project is all about making people understand dyslexia better. Let's talk about it openly, break the silence, and make it something we can all chat about. Remember, dyslexia isn't a bad thing; it's more like a superpower!

Making Life Easier:

• We can help teachers who sometimes find dyslexia a bit challenging.

• Let's use different ways of learning that work for

everyone.

- Be there for each other, support our dyslexic friends, and celebrate our differences.
- Treat everyone the same way, with kindness and fairness.

Movie Recommendations:

- "Little Stars on Earth"
- "Journey to Dyslexia"
- "Mical"
- "I am Dyslexia"

Conclusion:

Hope this article gives you a better idea about dyslexia. Let's make a world where we celebrate dyslexia as a superpower, not see it as a problem. Together, we can make our community more awesome and understanding!

- oeonline.american.edu. (2023). Teaching Strategies for Students with Dyslexia. [Online] Available at: <u>https://soeonline.american.edu/blog/teaching-strategies-students-with-dyslexia/#:~:text=Effects%20of%20Dyslexia%20on%20Students&text=For%20starters%20starters%2C%20dyslexia%20can%20impede</u>
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- British Dyslexia Association. (n.d.). Living with a dyslexic partner. [Online] British Dyslexia Association. Available at: <u>https://www.bdadyslexia.org.uk/advice/adults/living-with-a-dyslexic-</u> partner#:~:text=There%20is%20a%20common%20misconception.

'Jumping Words' Community Project – Part 1

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- Child Mind Institute. (n.d.). Understanding Dyslexia. [Online] Available at: <u>https://childmind.org/article/understanding-</u> <u>dyslexia/#:~:text=Kids%20with%20dyslexia%20often%20show.</u>
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www.readingrockets.org. (n.d.). Dyslexia and the Brain: What Does Current Research Tell Us? | Reading Rockets. [Online] Available at: <u>https://www.readingrockets.org/topics/dyslexia/articles/dyslexia-and-brain-what-does-</u> current-research-tell-us#:~:text=There%20is



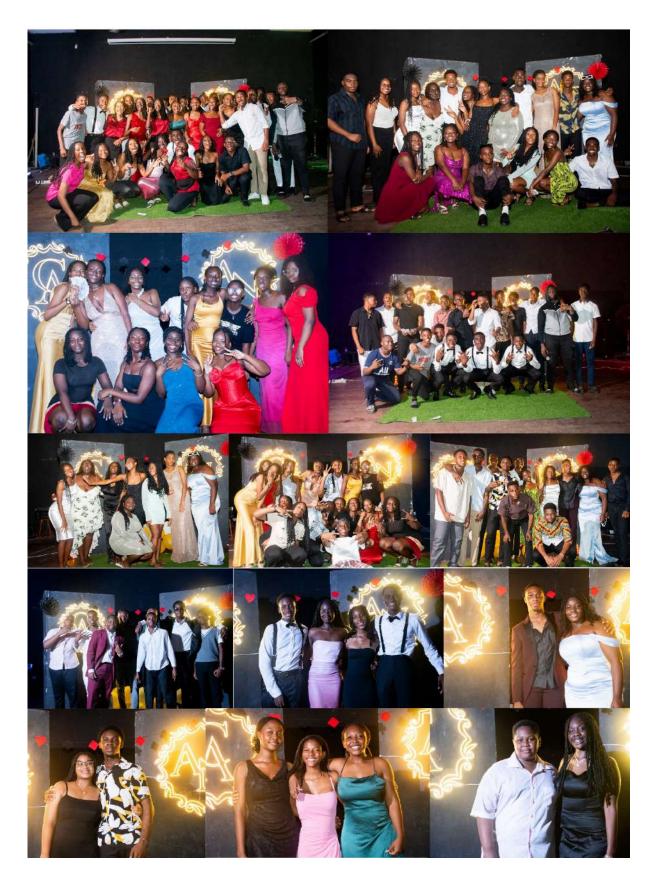
USA University Fair



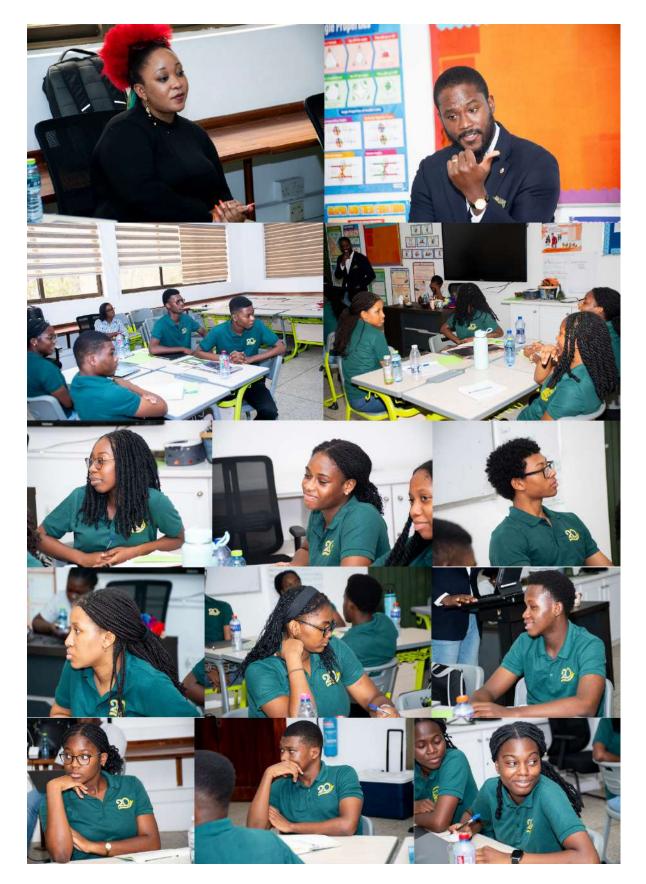
RED Cross First Aid Training



CaThony Experience



Student Council Leadership Camp









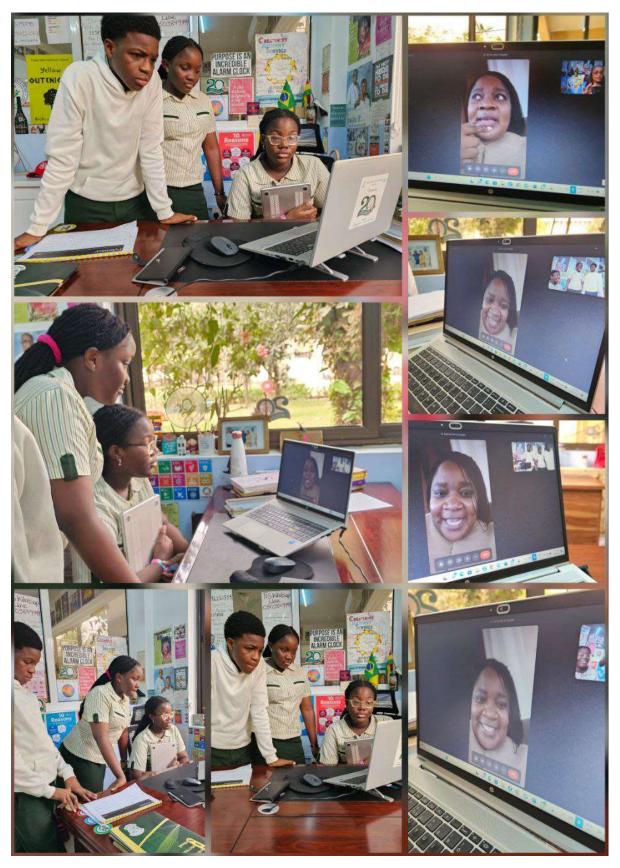
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Happy Chinese New Year!

TEMA INTERNATIONAL SCHOOL Watch Party SAT. 24 FEBRUARY, 2024. TIS MAIN CAMPUS.



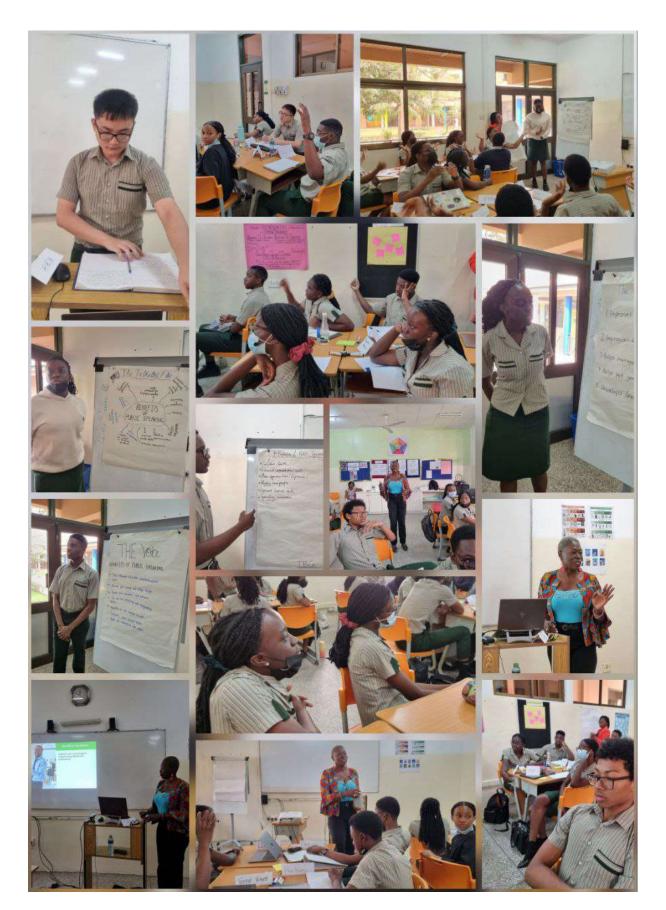
Community Project – 'Jumping Words ' Talking with the Founder of the Africa Dyslexia Organisation Ms Rosalin Kyere-Nartey



Paper Flower & Embroidery session



Public Speaking Workshop



Public Speaking Workshop



Red Cross First Aid Training



STEM Fair behind the scenes



STEM Fair behind the scenes





ASA - Club Patrons

A club patron in a school typically supports and oversees a student club or organisation.

This person may be a teacher, staff member, or even a community member who takes an interest in the activities and goals of the club.

The club patron serves as a mentor, advisor, and liaison. Their role is to provide guidance, ensure that the club operates within school policies, and offer support to the students involved in the club.

They help their students succeed academically, even when that takes extra time to alter a lesson or one-on-one time teaching the student. They make students feel special.

All teachers have their own unique mixture of qualities. It is this individuality that ultimately makes a teacher special. Each teacher is different, but nearly every great teacher has some fusion of the essential qualities of passion, inspiration, humour, respect and resourcefulness.

In honour of students knowing about their patrons, we thought it would be fun to share a few interesting facts about them. The Music department can be found at Handle Picasso. You may find them there if you're looking for Mr. Asase or Mr. Prosper.



Here are some fun facts about him:

Introducing Mr. Prosper, Your Music Instructor

• Hobbies: Mr. Prosper has a deep passion for both sports and music.

•**Passion:** He is dedicated to teaching and mentoring students, inspiring them to view music as a potential career.

• Fun fact: Mr. Prosper earned the nickname "Pozo" during his school days for being the fastest athlete on the track.



ASA - Club Patrons

Introducing the extraordinary Mr. Asase, your dedicated music instructor!

Hobbies: Mr. Asase really loves music. He enjoys carefully listening to and appreciating the small details in musical compositions. His sharp ear and refined taste make him a true expert in the field of music.

Passion: While Mr. Asase undeniably enjoys performing music in various forms, his heart beats loudest for the soulful melodies that resonate with his beloved saxophone. The instrument becomes an extension of his emotions, allowing him to communicate and express his deepest sentiments through its enchanting notes.

Fun Fact: Mr. Asase is not just a teacher and musician; he also has a deep love for the saxophone. When he holds the instrument, a magical connection forms between him and it, making the atmosphere special. Playing the saxophone is not just a hobby for him; it's a passionate and dedicated symphony that echoes in every breath he takes into the instrument.



ASA – the Fast & Furious TIS



Expression, 2024 Fabric Technique Workshop with John Odimegwu

Exciting news! The talented artist **John Odimegwu** will lead a five-week **fabric technique workshop** at the Design Lab starting Tuesday, 13 February.

Here are the details:

- Dates: Every Tuesday and Thursday, starting 13 February.
- Time: 4:15 pm to 5:30 pm
- Location: Design Lab
- Limited Vacancies: Only 12 spots available
- Registration Fee: GHC 450 All materials and certificates inclusive

This workshop is your chance to:

- Learn fabric portrait-making from an experienced artist
- Exhibit your work at **EXpression 2024**
- Develop your artistic skills and techniques

Workshop Criteria:

1. Commitment: Students must demonstrate a high level of commitment to attending and participating in every class session. This includes actively engaging in the learning process and completing assigned tasks or projects—no previous experience is needed.

2. Availability: Students must



ensure their availability for the entire duration of the workshop. They should not have conflicting commitments or obligations that would prevent them from attending class regularly.

3. Punctuality: Students are expected to arrive on time for each class session. Punctuality is essential to maximise learning opportunities and ensure a smooth flow of the workshop activities.

4. Registration: Click on the following link to

register <u>https://forms.gle/xzbxPYZNhf2iQVps7</u> Only 12 vacancies are available. Registration closes on Sunday, 5m.

By adhering to these criteria, students can fully benefit from the workshop and enhance their skills in fabric portrait-making under the guidance of **John Odimegwu**.

Below is John Odimegwu's profile for your reference.

Weaving Dreams: The Fabric Artistry of John Odimegwu



John Odimegwu, a Nigerian-born artist based in Ghana, is not just an artist but a visionary dedicated to transforming the narrative of Africa and Africans through his art.

With fifteen years of experience in the arts, **John's** journey began in his childhood and has flourished into a remarkable career. He is a self-taught artist, demonstrating perseverance and dedication to his craft.

Renowned for his expertise, John has become a prominent figure in the art community, influencing and guiding aspiring artists through his teachings. He is passionate

about helping develop the youth in Africa to enhance their artistic skills and gain recognition on the global stage.

John's artistic style is distinctive, focusing on fabric pieces that evoke profound emotion and connection. Specialising in portraits of African women, he captures their strength, beauty, and resilience through semi-abstract realism art and fabric collage art.

Alongside his portraiture, **John** explores abstract compositions and various subjects, showcasing his versatility and creativity across different mediums, including acrylic paint.

John's philanthropic endeavours extend beyond the canvas. His involvement with **The Children's Heart Foundation Ghana** demonstrates his commitment to using art as a catalyst for positive change, auctioning his artwork to raise funds for children with Congenital Heart Disorders.

Throughout his career, John has showcased his artwork in prestigious exhibitions at venues such as the African Reagent Hotel, Golden Tulip Hotel, and Labadi Beach Hotel in Accra, Ghana.







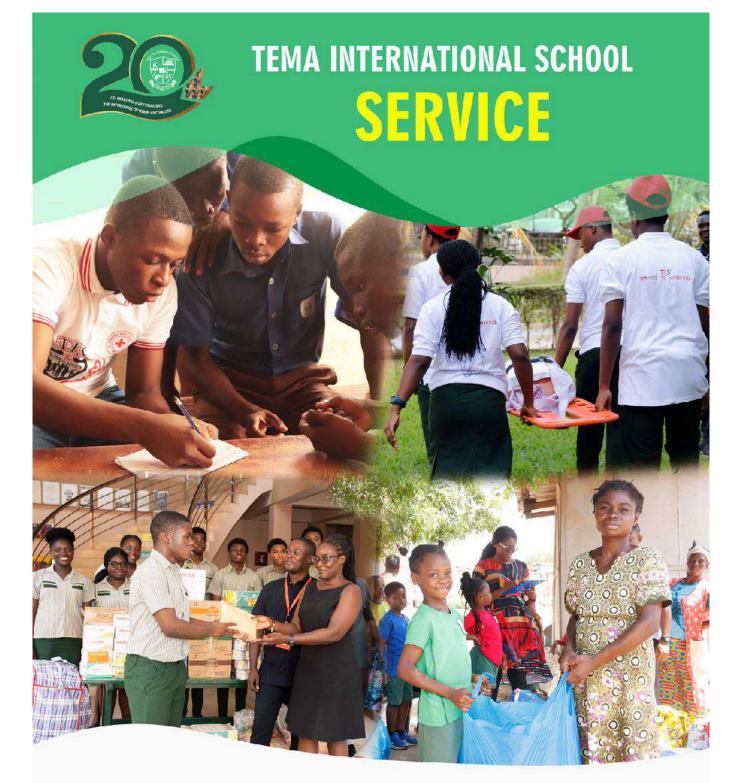
Additionally, John owns the Odisart Gallery, a testament to his artistic vision and entrepreneurial spirit.

John believes creativity is a valuable asset regardless of one's profession and strives to inspire and empower others through his art.

John Odimegwu's unwavering dedication to his craft, coupled with his altruistic endeavours, establishes him as not only a talented artist but also a compassionate and visionary individual. His contributions to the art world and society at large leave an enduring legacy of creativity, inspiration, and kindness.

"Art is not what you see, but what you make others see."- Edgar Degas

9 February 2024



At TIS, we believe that service, as one of the four pillars for student balance and ensuing success, provides a hands-on experience to demostrate how we can make the world a better place through action and an understanding that success comes from helping others grow and becoming empowered.



Change the World Through Teamwork

#Make a Difference







International Baccalaureate® Baccalauréat International Bachillerato Internacional

🕅 🗹 🕀 **Ten tips for acting** with integrity Always act with honesty and in a Familiarise yourself with the school's rules responsible and ethical manner—being conscious of the influence that you have on and ensure that you understand what academic integrity means and consists of. those around you can set a great example to others. Don't try to gain an **unfair** advantage in Always reference and cite other people's work coursework, mock examinations, or assessments by copying someone else's answers or using a mobile phone during an that you have used in your essays—be **proud** of explaining that you understood someone else's ideas and thought that they were good. Seek help if you are struggling or are not sure of expectations. Stand up for what is **right**—alert a member Learn to **accept** your strengths and of staff at your school if you suspect that someone has cheated. weaknesses and do the best that you can. 000 Take responsibility for your own actions and Know how to safely collaborate and share work when using social media and digital collaborative platforms. Be mindful of maintaining academic Try to **overcome procrastination**. Managing integrity during group work/projects and keep track of what each group member is your time wisely will reduce stress-induced, last-minute work which increases the likelihood of cheating.

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Beacontent creator, not a content imitator.

Academic integrity is a responsibility of the whole IB community

Visit our website to find out more: ibo.org/academic-integrity

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Vol. 20, No. 26

Happy Chinese New Year!

COUNSELLORS' CORNER



When the doors of opportunities are opened, it takes intentionality to step out and embrace it fully. Dear students, whatever you do and pursue, both academically and socially, do it with purpose for the desired results!



Why is being intentional important?

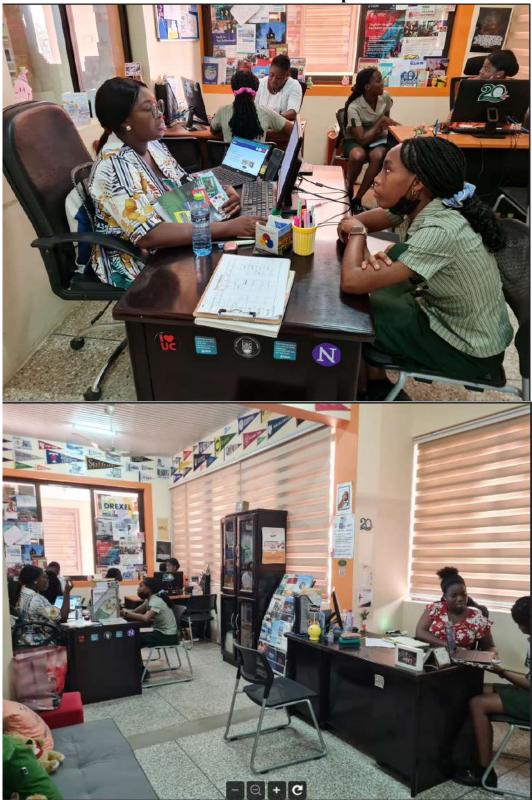
Making intentional choices can improve <u>mental fitness</u> and help you surround yourself with the things that matter to you.

Living intentionally can also:

- ✓ Reduce stress
- ✓ Boost resilience
- ✓ Improve focus
- ✓ Become more present
- ✓ Encourage optimism
- ✓ Set healthy boundaries <u>https://www.betterup.com/blog/being-intentional</u>



Sneak Peek into the Guidance Office. DP1s' One –On-One Sessions with the University Guides Has started on an enthusiastic note. Be immersed in the process!!



TIS @ 20 COLLEGE AND UNIVERSITY VISITS EDITION





NAME OF VISITING	DATE OF	VENUE OF	TIME OF
CANADIAN UNIVERSITIES	VISIT	EVENT	VISIT
 Alexander College Algoma University Brock University Capilano University Dalhousie University Fanshawe College George Brown College of Applied Arts and Technology Huron at Western University Lakehead University Lakehead University Laurentian University MacEwan University McGill University Mohawk College Northern Alberta Institute of Technology Olds College of Agriculture & Technology Ontario Tech University Red River College Polytechnic Saskatchewan Polytechnic Sir Sandford Fleming College of Applied Arts and Technology St. Francis Xavier University The University of Winnipeg Thompson Rivers University Sault College of Applied Arts and Technology University of Alberta University of Lethbridge 	12 February 2024	Sports Complex	9:00am

 ✓ University of Ottawa Université d'Ottawa ✓ University of Regina ✓ University of Waterloo ✓ Western University 	12 February 2024	Sports Complex	8:00am
 ✓ METO Institution (US, Canada, UK presentation) 	7 February 2024	Learning Centre	1:20pm
✓ Laurentian University	8 February 2024	Learning Centre	1:30pm
✓ University of Surrey, UK	28 February 2024	Learning Centre	1:30pm





Parents are warmly welcome to attend. See you there!!





EdPrograms US Visits TIS with 5 Universities University of Nebraska at Omaha, The University of Texas at Arlington California Baptist University and West Virginia University



EdPrograms Visit:

TIS is the central home for many university visits across the globe. We were thrilled to have another mini-US fair. See the pictures below and the university highlights. Enjoy reading students' reflections.



University Highlights:

✓ University of Nebraska at Omaha



UNO is Nebraska's metropolitan university – a university with strong academic values and significant relationships with our community that transforms and improves the lives of those on a local, regional, national, and international level.

Leadership Team	Strategic Planning	Accreditation	Consumer Information

To read more: https://www.unomaha.edu/

SCHOLARSHIP AVAILABLE Click: <u>https://www.unomaha.edu/admissions/financial-support-and-</u> scholarships/types-of-aid/scholarships/uno.php

✓ The University of Texas at Arlington



Click here: https://www.uta.edu/



Click here: https://www.uta.edu/administration/fao/scholarships

✓ California Baptist University



Click: https://calbaptist.edu/admissions/undergraduate/



Click: https://calbaptist.edu/financial-aid/undergraduate/scholarships-and-grants

✓ West Virginia University



Click: <u>https://www.wvu.edu/</u>



Click: https://nursing.wvu.edu/students/resources/scholarship-opportunities/

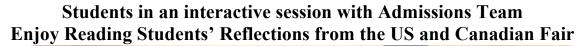
✓ University of Arizona

Click: <u>https://financialaid.arizona.edu/types-of-aid/scholarships</u>

THE UNIVERSITY OF ARIZONA



Click: https://financialaid.arizona.edu/types-of-aid/scholarships





"The Canadian University Fair in the Gardens recently was an insightful event that helped broaden my knowledge about Canadian Universities. At first, I was discouraged from visiting the fair but I did not regret it. The different University representatives made the whole visit f un and engaging throughout thefair, informing us about the different courses they offer and gi ving us recommendations about what subjects to pick for a particular course. With the help of these University representatives and the calming jazz music that played in the background, I gathered much information about the universitiesat the fair. I recommend attending all univer sity fairs to keep your options wide and varied enough to accommodate any situations ". Ann Gavor, DP1



"On Thursday, 1 February, I had the privilege of attending a Canadian university fair. The fair is hosted at various universities with different programs and opportunities. It made me notice new schools to add to my university list and answered my questions on studying in Canada. I'm glad I could have this experience of talking with University representatives and I 'm looking forward to more fairs to come". **Keziah Botchway, DP1** "I was fortunate to have experienced the Canadian University Fair. Initially, I was working on a group project with some of my friends when Miss Portia came to inform us of the ongoing University fair in the garden. I did not want to go, but I did anyway and was satisfied. During this fair, I got a better understanding of the University and College structure in Canada as well as an introduction to a variety of universities, and so I am very grateful to TIS for giving me this opportunity". **Louisa Xose Ayem, MYP 4**

<section-header>

DP2S' Want to Apply to Ashesi University? We are opened.



SAT 2023- 2024 TEST DATES

✓ DP1s don't wait until the eleventh hour to register.



Want to Register for SAT But Don't Know How? Follow the Links!

✓ <u>https://satsuite.collegeboard.org/sat/registration</u>

Click here for more information <u>https://www.bestcolleges.com/test-prep/sat/registration/</u>

If having Troubles Registering contact Aunty Portia in person or by email at portia.atubiga@tis.edu.gh

DIGITAL SAT TEST DATES 2023/24

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
9 March 2024	February 2024 TBD
4 May 2024	April 2024 TBD



SAT without essay \$103 – Online payment only with Visa/credit card. NEW; ACCEPTABLE IDs ARE THE VALID UNEXPIRED PASSPORT IN ADDITION TO GHANA'S NATIONAL IDENTIFICATION CARD (GHANA CARD), AS OF AUGUST 2021 ONWARDS. <u>https://collegereadiness.collegeboard.org/sat/register/international/policiess</u>

ACT 2023 TEST DATES (COMPUTER-BASED TESTING ONLY!)

✓ ACT Registration Fees (Online payments only: Visit <u>www.actstudent.org</u>): ACT

Registration Fees \$171.50, with writing \$196.50 (Online payments only: Credit Card)

✓ (TIS Test Centre Code: 870390, but inform counsellor first).



click: <u>https://global.act.org/content/global/en/products-and-</u> services/the-act-non-us/registration.html

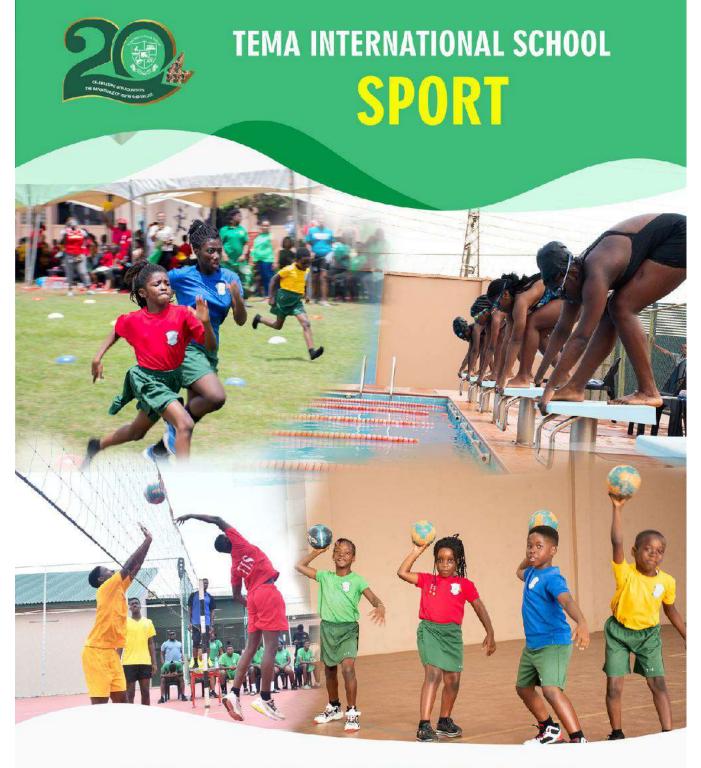
*To complete registration, payment must be made online in full with a credit card. ACT April DEADLINE coming up. STEM students have an edge.

TEST DATE	REGISTRATION AND PAYMENT	
	DEADLINE	
13 April 2024	2 February 2024	
8 June 2024	26 April 2024	

ACT TEST DATES 2023/24 (COMPUTER-BASED TESTING ONLY!)

Weekly Bulletin

9 February 2024



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork challenges personal best and emphasises the importance of appreciating how to lose before knowing how to win.



Change the WOLD Through International Mindedness

#Make a Difference





🔁 turnitin

The Academic Research & Writing Principles

Turnitin has developed this checklist as a guide to support students in their academic research and writing process. Use the 12 suggested guiding principles to help you to produce high quality research and original writing, from the pre-reading stage to final submission.

<u>+</u>

Explore

a wide range of research. Research the topic thoroughly to develop your knowledge base, discover new ideas and strengthen your own line of argument.

5

Paraphrase other people's ideas.

An essential academic skill, some find it helpful to note down key words and concepts before paraphrasing other people's ideas.

Evaluate the reliability of your

sources. Take some time to evaluate all your sources, particularly if information has been accessed online. Consider who has created the information and why.

6

Differentiate other's work from your

own original insights by referencing or paraphrasing. Avoid accidentally plagiarising someone else's work by using academic referencing.

•

Cite

all of your sources.

exactly what information

source. Remember to cite

ideas, including those which

came from one of your own

has come from another

all borrowed words or

previous papers!

A citation in your paper shows

Organise your research notes.

Note taking is a fundamental part of the research process. Keep notes neatly organised and retain a copy of each source used.

Write

an original paper. The best defence against

plagiarism is original writing. Unless quoting directly from someone else's work, express all ideas in your own words.

8

Reference all of your citations

correctly. Depending on the referencing system used, this may end in a list of sources as a 'bibliography'. Most students are aware of referencing requirements surrounding books and journals, but we must also reference sources like YouTube videos, images, diagrams and yourself!

9

Use

the relevant referencing system consistently throughout your assignment. Referencing can vary across module units or each course so check which system you should use and follow the relevant formatting guidelines.

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10

Ask your teacher or instructor

for their feedback on any drafts you have written in advance of the deadline. Writing multiple drafts and implementing the feedback you receive can help to make you a better writer.

11

Double check

citations. Allow time to double check each of your citations before submission. This includes page numbers, publication dates, web links and authors' names.

12

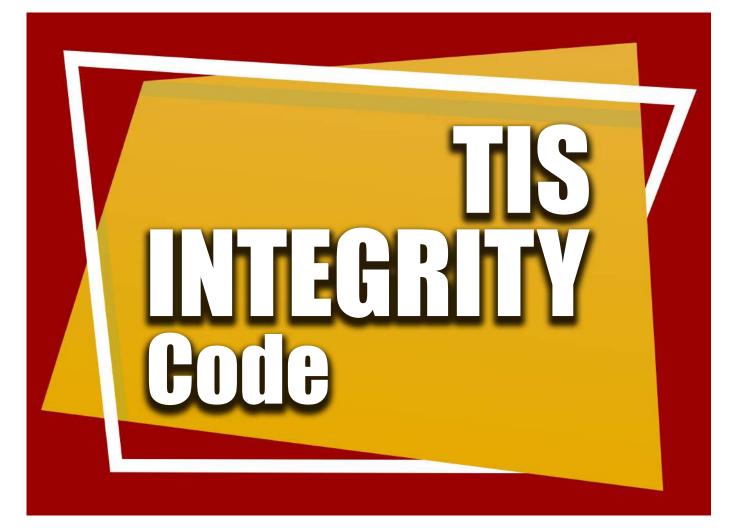
Submit your final piece through Turnitin

Turnitin will check your work against other sources in the Turnitin database and use this information to generate an originality report.

Research and Writing Principles_Infographic_UK_EN_062

Vol. 20, No. 26

Happy Chinese New Year!



"TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member. As a TIS family member, I promise to uphold and demonstrate its values, and protect the reputation of the school. I make this pledge in the spirit of honour and trust."





