# TIS RECORD

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### At TIS.

we believe that personal success is best judged by one's proficiency in demonstrating daily the ten IB Learner Profile attributes: thinker, inquirer, reflective, caring, open-minded, communicator, knowledgeable, risk-taker, balanced and principled.

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### **Key Dates**

- 28/11/25 PYP End of Unit 3 and 3WI
- 01/12/25 Student council application open for 2026
- 06/12/25 SAT and Carol Night (Chaplaincy)

### Thought for the Week

The more you praise and celebrate your life, the more there is in life to celebrate. When you concentrate on what you have, you'll always end up having more.

**Oprah Winfrey** 



# Balancing Academics, Sports, Culture and Service in the festive season.

As we approach the end of the November, the advent calendar announces the arrival of festivities for the end of the year. Before these festivities begin, the TIS School Calendar reminds us of obligations that we have in school before our festivities in and out of school can begin.

Balancing our four pillars at this time is essential for a successful end of semester. I congratulate PYP pupils and teachers for the passion demonstrated for their third unit of the semester despite any tiredness that must be setting in after a very busy few weeks.

We had our last major **Sports** activity of the semester last weekend. We were very proud of the sportsmanship, effort



"My definition of integrity is a set of beliefs, values, and actions that others can depend on."

-Steve Bollar

### **Student Priorities**

- Organise and set goals: a clear start builds momentum and reduces stress.
- Re-establish routines and healthy habits: consistency in sleep, meals and study routines supports focus and wellbeing.
- Prepare mentally and emotionally: a positive mindset helps students engage with learning and overcome challenges.

### Accounts

- Semester accounts must be cleared by 05/12/25 to access your child's semester report.
- Second semester accounts will be sent out to parents on 06/01/26.

### SAT & ACT

 Best advice: Students who are required to complete SAT and/or ACT requirements should do so by the end of Grade 11. Leave it until G12 and you have created a personal time-management monster. and teamwork that was on display. I encourage all secondary students to continue a healthy balance by engaging in a sporting ASA unless otherwise directed. All MYP and DP **Academics and Service** assignments must be completed and signed off by the programme coordinators by their deadlines; this will allow participation in our last **Culture** (in this case our Carols night) event for this semester.

### Be proactive - take responsibility

I would like to see more ownership of personal status in school. Every week we have students who make us proud by their exemplary behaviour, effort, and sense of responsibility at school. There is room for many more of us to join the list of those making us proud. Let us put more energy into what we can do to stand out and make a positive impact, especially if your goal is to take on student council responsibilities one day.

### **Tardiness**

Despite room changes during the end of semester examination weeks, we should all arrive at our lessons on time. We can achieve this by arriving well before our lessons start to check for any room changes and move quickly towards our alternate teaching space. If we have examinations, we also should be checking for room and/or time changes.



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### Visiting: Do's and Don'ts

- 1. Do not bring too much food! Take home what is not consumed.
- 2. Park at the Main Entrance, (not at the Hostel Gate entrance).
- 3. Cancel your booking early, if you are not coming.
- 4. Only book once for a weekend.

### Reminders

- For visits until December 2025, parents will be required to book their visit online.
- Please go to: https://www.schoolinterviews.com.au/code/pznfv
- Exeats are limited to a maximum of 8 per semester. Weekend exeats must be received by the preceding Wednesday.
- Online exeats can be found at: https://www.tis.edu.gh/exeatform

### Making us proud

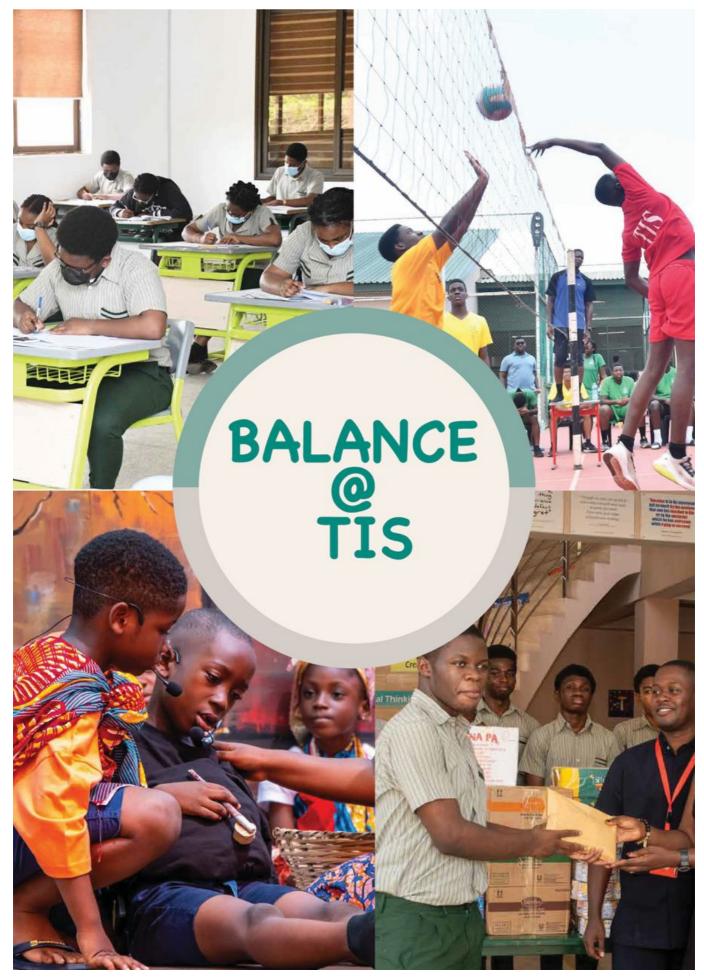
On Saturday, we hosted Association International School (AIS) to a round of friendly games played here at TIS. Good sportsmanship and team effort brought pride and smiles to our faces during the football matches. Congratulations and well done to our boys' basketball and volleyball teams for reaching the first place. Congratulations and well done to the swimmers: Leo Sun MYP3 and Samuella Adu-Baah DP2 (backstroke), Nylah Marfo DP2 (freestyle and breaststroke), Antonio Osei-Agyeman DP1 (freestyle), and Nana Yaa Achiampong DP1 (butterfly), for reaching the first place in their events.

**Dalma Nkunim Yakubu**, a **Grade 2 PYP student**, for confidently taking up the role of a young MC during the Book Week opening.

Barbara Karimu, the Grade 6 PYP Homeroom Teacher, is appreciated for her commitment and great contribution to the success of the Book Week.

Mrs. Surama King, the CAS and Events Coordinator, for her outstanding contribution in securing guest speakers for the PYP Book Week celebration.

Yvonne M. Tagoe Principal, principal@tis.edu.gh



# TIS 2025/26 School Calendar

	August 2025									
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	September 2025									
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	February 2026								
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	April 2026									
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	May 2026								
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June 2026									
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	July 2026									
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# Public holidays 2025/26

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4 Aug, 2025	Founders' Day	Jan 1, 2026	New Year's Day	3 Apr, 2026	Good Friday
22 Sep, 2025	KN Memorial Day	7 Jan, 2026	Constitution Day	6 Apr, 2026	Easter Monday
5 Dec, 2025	Farmers' Day	6 Mar, 2026	Independence Day	1 May, 2026	May Day
Dec 25, 2025	Christmas Day	20 Mar, 2026	Eid Al Fitr (TBC)	27 May, 2026	Eid Al-Adha (TBC)

Dates and/or events are subject to changes.

### FIRST SEMESTER

1/8/25 2025 MYP Results Released; 2025 MYP Enquiries Upon Results Open;

1/8/25 MYP PP: Final product (photo evidence upload)

5/8/25 All staff resume

11/8/25 Student Council executives return

13/8/25 Newbies arrive (Meeting @ 2.00pm)

15/8/25 PYP Meet the teacher session (1.30pm)

16/8/25 Personal Project: Criterion B draft due

17/8/25 Continuing secondary students resume

18/8/25 All P-12 classes commence

22/8/25 TIS Junior Soccer Championships

23/8/25 SAT

24/8/25 School Performance auditions

29/8/25 TIS Senior Soccer Championships

30/8/25 Peer Buddies Workshop. NO EXEATS FOR NEWBIES. Dukies RA trip

31/8/25 Thanksgiving Service (11.00am) NO EXEATS Dukies RA trip

6/9/25 TIS Tennis Championships/TIS Badminton Championships; PYP Parents training session (9.00am); ACT

10-11/9/25 PYP Evaluation Visit

11/9/25 G12 TOK Exhibition

12/9/25 MYP PP Criterion B final due

13/9/25 SAT; MYP & DP Parents Information sessions. NO EXEATS (Until after these sessions)

19/9/25 PYP End of Unit 1 #WI; DP Geography Excursion

20/9/25 TIS Sporty Family. NO EXEATS

24/9/25 Girls Handball Championships

25/9/25 Boys Handball Championships

26/9/25 MYP CP: Community tour

27/9/25 High School Praise (Praise Night Fundraiser)

28/9-5/10/25 22nd Anniversary TIS Spirit Week. Career Fair NO EXEATS

3/10/25 TIS Founders' Day. Main Campus admissions open for 2025/2027

4/10/25 SAT;

5/10/25 22nd Anniversary Thanksgiving Service. NO EXEATS until after 1.00pm)

5-8/10/25 Dukies Gold Award Camp

6-11/10/25 Mid-semester break

12/10/25 Students return to hostels

13/10/25 All classes resume after mid-semester

14/10/25 G9/G11 Changes to Subject Selections close; DP Geography Data Excursion

15-17/10/25 AIS MUN

18/10/25 PSAT: ISSAG Football, Handball, Tennis; ACT

20/10/25 MYP PP: Criterion C draft due

20/10/25 Student Council (SC) shadowing process commences;

21/10/25 G12 EE Café

23-24/10/25 Girls & Boys Volleyball Championships (during ASA)

25/10/25 ISSAG Football, Handball, finals

26/10/25 TIS swimming championships (3.00 - 5.00 pm)

28-29/10/25 I&S Celebration Days

31/10/25 PYP End of Unit 2 Celebrations; Submission of G12 TOK Draft Essay; Language competition (7-12)

1/11/25 ISSAG Volleyball, Swimming and Badminton

3/11/25 DP Business Management Excursion

8/11/25 SAT; Annual Production NO EXEATS

11-12/11/25 Collaborative Sciences Project – G12;

14/11/25 PYP Book Day

17-21/11/25 MYP5 On-screen examination (Reports due 5/12/25) NO EXEATS for G10

19-28/11/25 G11-12 end of semester exams (Reports due 5/12/25) NO EXEATS for G11-12

24/11/25 MYP CP: Presentation of objectives

28/11/25 PYP End of Unit 3 3WI;

29/11/25 MYP PP Criterion C completion; Peer Buddies Workshop

1/12/25 SC applications open for 2026 elections

6/12/25 SAT; Carols Night (Chaplaincy)

8/12/25 Christmas Lunch

9/12/25 MYP PP Final Report due: Photo evidence & bibliography upload

10/12/25 Last day of the first semester: Students may depart after 3-Way interviews or 1pm if no interview

12/12/25 Last day for teachers\*

13/12/25 ACT

### **SECOND SEMESTER**

5-6/1/26 Staff Wellbeing Retreat (6/1/26 Staff Wellbeing Day)

8-9/1/26 Staff training days

11/1/26 Students return to hostels; applications for 2026 SC positions close

12/1/26 Second semester commences. Alumni Homecoming Week

17/1/26 TIS Athletics Championships. NO EXEATS BEFORE 1.00PM

18/1/26 Alumni Thanksgiving Service

19-20/1/26 SC Manifesto Readings; 20/1/26 Student Council elections by voting (7.00am-4.00pm)

24/1/26 Inter- School Sports Day

28-30/1/26 IDU Days; G12 EE; G11 EE, 11/12 CAS Reflection Day (Public Speaking, Red Cross Training)

31/1/26 SC Leadership Camp NO EXEATS FOR SCHOOL LEADERS

1/2/26 Student Leadership Induction Ceremony NO EXEATS

7/2/26 Creative Writing Workshop

9-13/2/26 MYP5 Mock On-screen examination NO G10 EXEATS

12/2/26 G11 TOK Exhibition. NO G11 EXEATS

13/2/26 PYP End of Unit 4 #WI; Early Years Family Day; TIS Squash Championships;

14/2/26 Peer Buddies Workshop; Chocolate Friendship Day

16-27/2/26 DP Mocks. NO G12 EXEATS

25/2/26 MYP PP standardisation and moderation (teachers)

7/3/26 MYP Projects (Personal & Community) NO EXEATS (until after this session)

11/3/25 PYP – MYP Info Day at Main Campus

12/3/26 G11 TOK Exhibition. NO G11 EXEATS

14/3/26 SAT; Pi Day

20/3/26 MYP PP: Academic Honesty First Record

21/3/26 2026 STEAM Day NO EXEATS (until after the event)

27/3/26 PYP End of Unit 5 Unit Celebrations; Three-way interviews: Students depart AFTER interviews

28-30/3/26 DP Geography Field Trip

28/3-12/4/26 Mid-semester break

31/3/26 MYP PP Criterion A draft due; Draft 2026/2027 Calendar Overview Released

11/4/26 ACT

12/4/26 Students return to hostels

13/4/26 All classes resume after mid-semester;

17/4/26 G11 EE Cafe

18/4/26 G12 Grad photos (All day). NO G12 EXEATS; MYP5 Examprep workshop (NO G10 EXEATS)

19/4/26 Exam Candidates' Service NO EXEATS

21/4/26 MYP5 → DP1info session; PP Criterion A draft due

24/4-22/5/26 DP Final Exams

24/4/26 PYP Spelling Bee

2/5/26 SAT

4/5/26 MYP PP Criterion A final due

4-15/5/26 MYP IBMYP On-screen examination

16-30/5/26 Break for MYP5 leavers (Leavers return to Hostels on 30/5/26 by 5.00 pm)

18-29/5/26 G11 semester exams;

20-26/5/26 MYP4 On-screen examination

21/5/26 PYP End of Unit 6 3WI

22/5/26 PYPX & VAX

23/5/26 Leavers' Dinner

29/5/26 MYP4 (2025/2026) subject selections

30/5/26 2026 PYP Annual Achievers & Graduation Ceremony; Last day for PYP Students

31/5/26 Peer Buddies Workshop

5/6/25 Last day for PYP staff

6/6/26 2026 MYP/DP Annual Achievers and Graduation Ceremony; Last day for MYP/DP Students

12/6/26 Last day for teachers\*; S2 reports published.

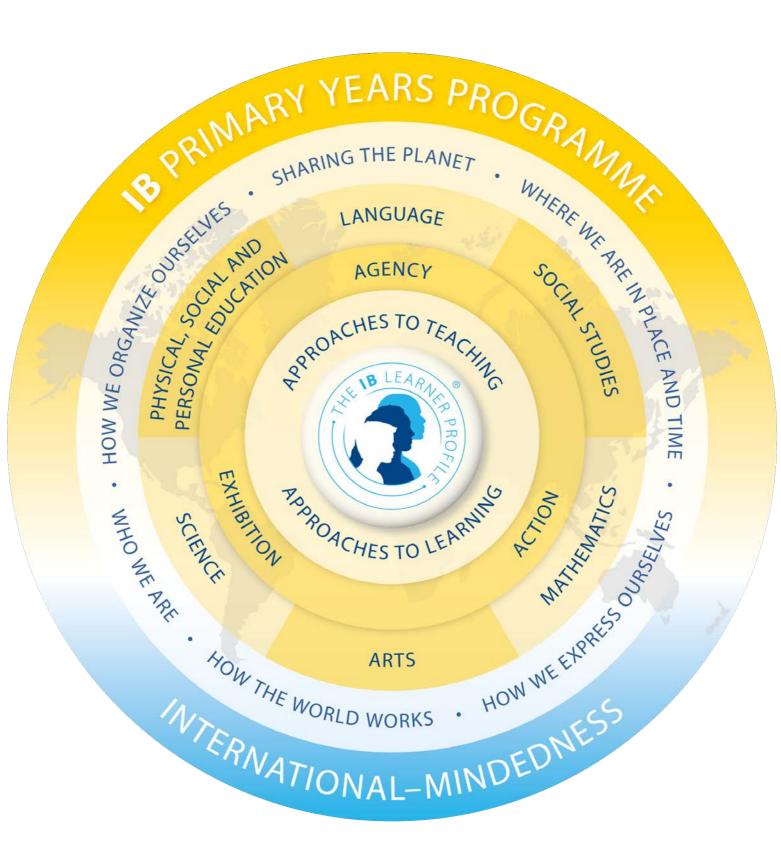
13/6/26 ACT

20/6/26 France/Spain trips commence

11/7/26 ACT; France/Spain trips end

25/7/26 MYP PP: Final Product (Photo evidence upload)

V20/11/25



# BOOK WEEK AT THE TIS PRIMARY SCHOOL - "AUTHORS OF OUR OWN LEARNING" pt. 2



The book week at TIS was a huge success! Beginning on Monday, the 10th to Friday the 14th of November, 2025, the TIS Primary School celebrated their vibrant reading culture during the much anticipated "Book Week". Students and teachers took time off to both share in the joy of reading and showcase their interest in books, literacy and literature. In our previous edition, we shared, in part, our book week events and the preparations that preceded the week's events. This second edition captures the climax of the events that wrapped the celebration of the book week.

TIS Primary Book Week, this year was marked by two main events on Wednesday, 12th November, 2025 and Friday, 14th, November, 2025. The former event being inaugural, was marked with a wonderful assembly where visiting parents and guests shared in the journey of our student authors.

### **Wednesday Inauguration**

The Book Week inaugural celebration at Tema International School (Primary School) unfolded as a vibrant journey into storytelling, creativity, and student agency. The morning assembly opened with a prayer led by Henry Oware-Addo Grade (6), followed by the uplifting notes of the school's anthem. After which the welcome address set the tone, reminding everyone of the importance of becoming authors of their own learning.

Selected students took the stage to share what inspired them to write their own stories. Their reflections highlighted imagination, personal experiences, and the joy of expressing themselves through words. Notable among them were Nana Yaa Ayisibea (Grade 3), Alfred Anim (Grade 6) and Imani Ampah (Grade 3). Brief videos followed, showcasing the journey of being our own authors, reinforcing the theme of ownership and creativity in learning.

Student author, Jeanelle Atalobra (Grade 7) who has published her first book "SPACEY", shared her inspiration with us and recounted the journey to the publication of her work. She thrilled both parents and students alike as she read excerpts from her book. Our second published student author, Sheryl Wornyou (Grade 4) gave a synopsis of her book and quoted a few lines from it. She also relayed her tales of inspiration and courage. Each reading was accompanied by personal insights into what sparked their writing.

The audience also experienced books through sign language performed by two girls in Grade 6, Michal Annan and Kirsten Aboagye. Their very impressive effort demonstrated TIS inclusive spirit emphasises accessibility and the beauty of diverse forms of storytelling. The first session was confidently guided by the MC, Dalma Yakubu (Grade 2) who kept the energy lively and transitions seamless.

After an engaging morning, participants enjoyed a short break to refresh and connect informally. Parents and guests were then ushered into the learning spaces for each grade to join the reading sessions. Parents read favourite stories to student groups of various sizes. In the early years corner, members of the reading club from the TIS Secondary School came over to offer guided reading assistance to our very young minds. It was such an amazing sight! The community spirit that TIS embodies was truly felt.

### **Friday Climax**

The activities and all the euphoria of the book week came to a fitting climax on 14th November, 2025. The Book Week Finale unfolded as a lively and memorable event, bringing together a mixture of tradition, creativity, and student-centered activities. The day began with the arrival of students, parents, staff, and invited guests, welcomed by cheerful background music that set a festive tone. The classrooms and hallways were coloured by students and teachers regaled in costumes of different book characters; from the comic universe of Batman and Spidey, to the folktale world of Ananse and the fairyland of Peter Pan, The buzz was everywhere!

The School gathered for the first session of activities at the Assembly hall at the arrival of our special guests of honour, Messrs **Cycil Jones Abban** and **David Kwaku Sakyi**, in the company of the General Manager, Madam Cecilia Ajavon-Oppan, the Principal, Madam Yvonne Tagoe and the Primary years co-ordinator, Mr Jacob Lumumba.

The assembly opened with a prayer led by Lucille Annan, Grade 1, and a vigorous singing of the school's anthem. The MCs for the session Master Allen Berko (grade 6; School President) and Michal Annan grade 6 steered proceedings. They gave a warm welcome address and invited Messrs Dzah and Teye to follow through with the dress-up parade.

The highlight of this session was the *Dress-Up Parade* as students sported their imaginative costumes inspired by characters from books and tales. Awards for the most creative and funniest costumes could not be decided as the many 'Harry Potters' princesses and everyone you could imagine gave the bookmakers the toughest of jobs.

Invited guests were acknowledged and introduced by Ellis Darko (grade 3) and Mr Owusu (HRT, Grade 3). The First Guest Speaker **Cycil Jones Abban**, delivered an inspiring message about the power of stories and imagination. Cycil is a professional pharmacist, turned cartoonist, illustrator, and animator. In fact, he is the creator and producer of the first feature Ghanaian story cartoon series; "Ananse Must Die" in 2006. He followed it up a year later with a second feature film, '28th The crossroads'. Cycil Jones Abban is the Founder and Chief Executive Officer of Parables Animation Studios.

Among other things, Cycil shared his from being a pharmacist to being a self-taught and well-acclaimed animator. He closed his speech with a lovely folktale about the drowning monkey and the wise giraffe. In the process, he taught a song "kolokree daa ke daa" and showed snippets of the projects he has worked on over his 15 year journey.

Mr. **David Kwaku Sakyi**, our second honoured guest, was also remarkably engaging and inspiring. David, well-known morning show host on Citi-TV, is also an author and transformational thinker with a passion for drawing timeless lessons from the everyday wonders of creation. Through his writing and mentoring work, he inspires individuals and organisations to adopt values that reflect excellence, stewardship, and purpose.

He invited students to read excerpts of his work that they found insightful. He also made a gift of 20 copies of his latest book "Lessons from the Ants" to the school. Through his engagements students discovered unbelievable facts about the wonderful lessons from the life of the ants. Students understood that size is not the ultimate decider for their future but that personal determination is more valuable.

The session concluded with poetry and spoken-word performances by two members of the TIS Secondary School Reading Club, Louisa Xose Ayem DP1 and Uriel Wulff-Tagoe MYP3 in Spanish and English. There was an award for the best story from each class. A group reading activity at the *street library* stations brought everyone together in shared literary joy. These reading sessions were led by our invited guests and students from the Secondary School book club.

After the morning's excitement, participants enjoyed a refreshing break, mingling and sharing impressions of the costumes and performances, the second session followed. This session emphasised personal engagement with books and collaborative exploration. The personal reading time gave students quiet time to immerse themselves in stories of their choice, fostering independence and love for reading. They wrote a variety of reflections and takeaways from the reading experience and shared them on the general padlet. They also had the opportunity to discuss well-known books and give their opinions about the characters, and plots and literally what they enjoyed about those works.

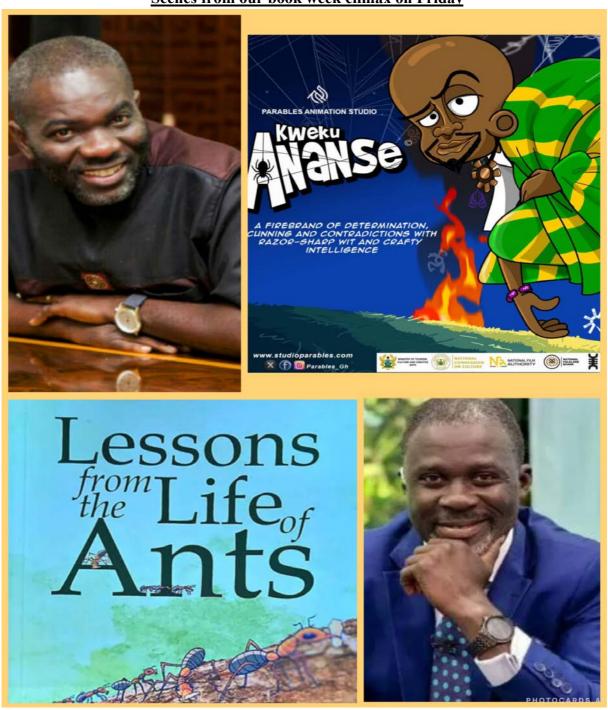
Then came the scavenger hunt! This activity transformed the campus into a playful adventure. Students worked in teams to solve clues and discover hidden treasures related to books, authors, and characters. This activity blended fun with learning, encouraging teamwork and critical thinking. All around the campus, students were excited at the discovery of the hidden treasures when the clues were well followed. Of course, there was the occasional despair on the faces of the teams who seemed to have lost their clues. Eventually all teams were successful in discovering their hidden treasures. It was an exhausting enterprise leading students to lunch tired and hungry.

The afternoon was dedicated to storytelling in a traditional style. The 'By the Fireside' session recreated the warmth of oral storytelling, where tales were shared in an engaging, communal atmosphere. Students listened, reflected, and connected with the cultural roots of storytelling, appreciating how narratives have been passed down through generations.

The day wound down with final acknowledgments and reflections. Students, teachers, and guests left inspired, carrying with them the joy of reading, the creativity of costumes, and the spirit of storytelling.

This years' Book Week was truly a celebration of imagination, culture, and community. From parades and poetry to scavenger hunts and fireside tales, the program honored the diverse ways stories shape our lives and empowered students to see themselves as creators of knowledge and authors of their own journeys.

### Scenes from our book week climax on Friday



Mr Cycil Jones Abban (top left) and Mr. David Kwaku Sakyi (bottom right) and their works



Students in the costumes and comic regalia













Students dazzling in their costumes



Treasure hunters on the adventure trail



**Engaging and thrilling sessions with the Guest Speakers** 



Group reading sessions with mentors



**Teachers were not left out** 



### **Reflections from parents**

Reading is always a good way for children to express themselves. I was very excited to be part of the Book day, it was wonderful seeing the children embrace the joy of reading. These children have very creative minds and need to be encouraged to read even more, discover new words and find different ways to inspire creativity in the academic work. As parents, we hope to establish more reading times with our children before bed.

Today, I was in the grade 4 learning space of the TIS primary School and it was super exciting. The readings were inspiring, informing, educative and motivating. At the end of the day, we learnt many life lessons.

It was a lovely experience meeting the wonderful kids for reading. I really enjoyed out interactions together. They gave a lot of intelligent and wonderful lessons from the books we read together.

The children wrote amazing stories with great plots and great moral lessons. I'm looking forward to more interesting stories. The experience was great and a learning time for me as well.

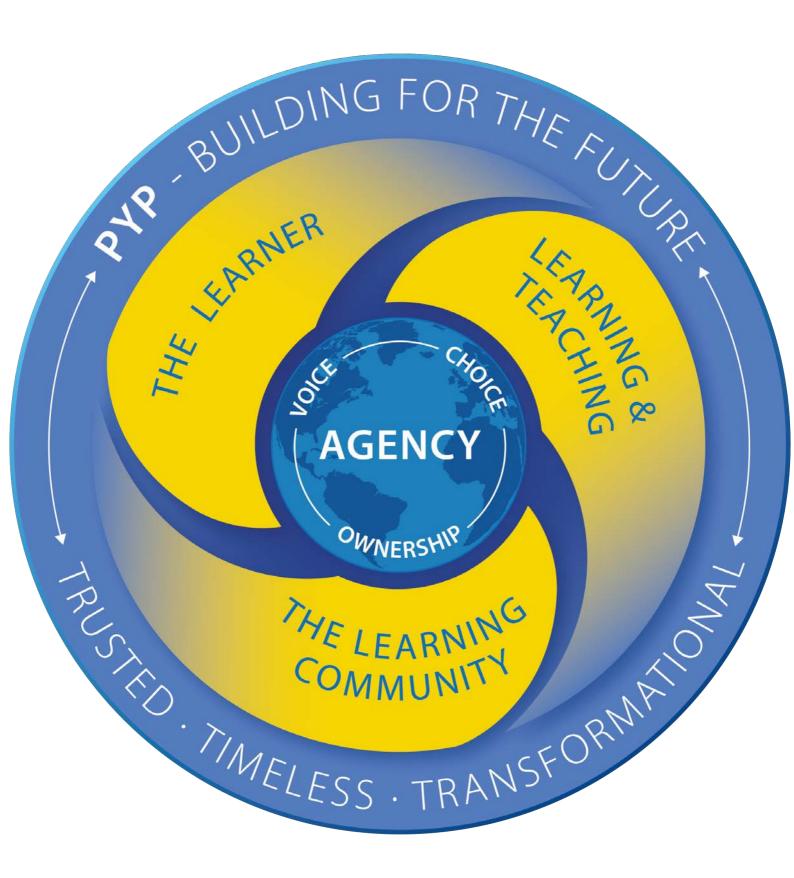
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Miss Lily-White Asare

### **Reflections from teachers**

This Book Week has been one of my most enjoyable and meaningful experiences as an educator. I loved encouraging my students to read, explore stories, and write thoughtful reflections. Watching them dive into books with curiosity, share their ideas, and bring characters to life reminded me of the true power of literature. I dressed up as Lizzie Bennet, a character who represents determination, intelligence, and independence, and I had so much fun explaining to both students and teachers why I chose her. Lizzie inspires us to think critically, stand up for our beliefs, and value our own voice; qualities I hope to awaken in every learner. One of my favorite moments was seeing my students actively engaged in reading and boldly participating in the fierce treasure hunt. Their excitement, collaboration, and problem-solving showed how books can spark imagination, teamwork, and joy. The best stories do more than entertain; they help us grow. May we keep reading, keep questioning, and keep writing our own stories with courage and creativity.

**Ruth Lawson** 





### **TEAMWORK IN ACTION:**

### REFLECTIONS FROM THE MYP SCIENCE LABORATORY

As part of their ongoing exploration of scientific inquiry, MYP 4 Chemistry students recently worked in groups of three to conduct a hands-on laboratory investigation focused on practicing accurate data collection and organisation. This collaborative activity not only strengthened their practical science skills but also highlighted the importance of communication, shared responsibility, and problem-solving in experimental work.

In this bulletin, students share brief reflections on how *teamwork* supported their investigation, the ways *collaboration* shaped their data-collection process, and how joint effort contributed to the overall success of their experiment. Their insights capture the spirit of inquiry, cooperation, and growth that defines learning in the MYP Science classroom.

# STUDENT REFLECTIONS

During our recent lab investigation, our team worked together to study how different concentrations of a substance affect reaction time. We tested solutions of 0.2 M, 0.4 M, 0.6 M, 0.8 M, and 1.0 M using a 1-inch strip and measured the endpoint when bubbling stopped. Our results showed a clear trend: higher concentrations reacted faster. This supported the collision theory we had been learning in class.

Beyond the scientific findings, the most valuable part of the lab was how we functioned as a team. At first, dividing roles was challenging because everyone wanted to contribute differently. After discussing our strengths and listening to one another, we agreed on roles: Enoch recorded the results, Stephen prepared and managed the materials, and Sengbe measured, observed, and timed the reactions. This balanced distribution of responsibilities helped us work efficiently and ensured accuracy, as we checked each other's work and

corrected mistakes quickly. There were moments that tested our teamwork. For instance, Sengbe accidentally spilled the 0.6 M solution and stopped the stopwatch at the wrong time. Instead of getting frustrated, we calmly repeated the test and were reminded of the need for focus and patience. At another point, Stephen misplaced a piece of equipment, but the group worked together to locate it and reorganise the materials without losing much time. Enoch also found recording data under pressure stressful, but with encouragement from the group, he was able to keep accurate notes. These challenges showed us that collaboration is not just about dividing tasks but also about supporting one another when mistakes occur.

Working together reduced stress and built confidence. Whenever one of us was unsure about a step, the others explained it clearly, strengthening our collective understanding. We motivated each other to stay focused, which helped us complete the experiment successfully. Even the accidents became meaningful learning experiences, teaching us the importance of precision, resilience, and communication.

As a team, we concluded that our results were reliable not only because of our methods but also because we collaborated effectively. Each of us brought different strengths organisation, observation, patience, and leadership which made the experiment smoother and more meaningful. Overall, this lab taught us that scientific success depends not just on correct procedures and results, but also on teamwork, resilience, and respect for one another's strengths. ~ Stephen, Sengbe & Enoch

During our experiment, working together made us feel like real scientists. Even though we faced a few challenges along the way, we put our heads together and solved them like professionals. Collaborating helped us understand scientific variables more clearly, especially the IV, DV, and CVs. It also strengthened our ATL skills, including communication, critical thinking, creative thinking, and social skills.

We enjoyed working as partners because we supported each other throughout the investigation. Lorraine made the experiment fun and helped with timing and preventing mistakes, while Tiffany contributed ideas and helped identify the variables. By sharing responsibilities and encouraging one another, we were able to complete the experiment successfully and gain confidence in our scientific skills. Overall, this experience was both enjoyable and educational, and we hope to do more activities like this in the future. ~ *Lorraine & Tiffany* 

On the 11th and 12th of September, we conducted an experiment to investigate the effect of hydrochloric acid (HCl) concentration on a magnesium ribbon. The aim was to observe how the concentration of HCl influences the time taken for effervescence to stop. We learnt that the higher the concentration of HCl, the faster the magnesium ribbon disappears.

During the experiment, our understanding of collaboration, one of the ATL skills, was brought to life. We worked together by sharing ideas and finding effective ways to carry out the investigation, such as using three different timers at the same time to ensure accuracy. This experiment also deepened our understanding of scientific variables and how they apply in real investigations.

Overall, we learnt the importance of teamwork and collaboration with those around us—values that we believe will stay with us forever. ~ *Elyanna*, *Bianca*, & *Ohemaa* 

Collaboration was essential to achieve our experiment. Both members possessed different strengths, whether it was setting up equipment, reading the procedure, or writing down the findings of our experiment. By working together, we were able to assign tasks and finish them on time, saving us time and allowing us to focus on accuracy. Communication was especially important since it allowed us to organize each step of the process precisely.

Group work improved our problem-solving as well. If problems arose unexpectedly e.g., questionable measurements or equipment issues, we brainstormed to solve them. Not only did

our data collection improve through this collaboration, but we were able to have more valid results. Teamwork finally resulted in a successful result, as we learned that teamwork makes scientific studies more engaging, valid, precise, and meaningful. ~ *Michelle & Fareed* 

On 11th and 12th September, we carried out an experiment to investigate how the concentration of hydrochloric acid affects the rate of reaction with magnesium, measured by the time taken for effervescence to stop. Collaboration played a crucial role because several steps required accuracy and close attention. Since there were three of us, we divided the key tasks, conducting the reaction, timing the effervescence, and recording the data so each person could focus on their assigned role.

Working as a group made the experiment much more efficient. Because the reaction times varied depending on the concentration, we had to work quickly and precisely. The person handling the reaction needed strong practical skills, the timer had to stay alert, and the data recorder had to remain organised. Collaborating allowed us to cross-check our work, correct mistakes immediately, and ensure our results were as reliable as possible.

Overall, teamwork helped us collect accurate data, work smoothly, and better understand how concentration affects reaction rates. ~ *David, Delali & Elikem* 

As a group, we worked together to investigate how changing the mass of hydrochloric acid affects the rate of reaction with magnesium. This experiment helped us understand the importance of fair testing, teamwork, and accurate data collection. Each member of the group had a specific role--measuring the acid, cutting equal lengths of magnesium, timing the reaction, and recording the results. Dividing these tasks made the experiment more organised and efficient. One of our strengths as a group was cooperation. We listened to each other's ideas and double-checked all measurements to ensure the experiment was fair. We also

supported one another when setting up the equipment and made sure everyone contributed meaningfully. This teamwork helped improve the accuracy and reliability of our results.

However, we also faced challenges. One difficulty was making sure the magnesium strips were cut to exactly the same length. We also noticed that in one of the trials, the acid took much longer to react with the magnesium than in the others. This slowed down the experiment and may have affected the consistency of our results.

Overall, this experiment taught us not only about reaction rates but also about the importance of precision and collaboration. Working as a group made the task more manageable and enjoyable. If we were to repeat the experiment, we would improve our accuracy by practicing the timing method more carefully and preparing all magnesium strips in advance. ~ *Maame* 

As a group, we believe collaboration was very important in carrying out the experiment. Working together allowed us to manage the key tasks, measuring the hydrochloric acid, timing the reactions, and recording the results more efficiently. Sharing these responsibilities made the experiment faster and more accurate. It also improved safety, as we were able to check each other's work and make sure that no important steps were missed. Teamwork helped us stay organised and ensured that the experiment was conducted correctly from start to finish.

Group work also strengthened our problem-solving skills. When we faced challenges, such as timing the reactions accurately or cutting the magnesium strips to the same length, we discussed the issues together and found solutions as a team. Sharing ideas helped improve the accuracy of our data and made the overall experiment run more smoothly. In the end, our collective effort allowed us to gather reliable results and deepen our understanding of how concentration affects the rate of reaction. ~ *David & Damien* 

Akua, Janice, & Akua















# CAS-SA Corner

### Lighting of the Christmas Tree 2025: A Joyful and Meaningful Tradition!



This year's **Lighting of the Christmas Tree** was a beautiful reminder of how simplicity, tradition, and community spirit can create deeply meaningful moments. Though the ceremony was simpler than in previous years, it was no less significant. Students and staff gathered in unity around the giant **Christmas tree**, a symbol of light, warmth, and the shared values that define the TIS family.

What made this year extra special was the addition of firecrackers, which lit up the night sky with vibrant colours. The display, reflecting off the surrounding spaces, added a festive brilliance that lifted spirits and brought smiles to every face.

As the community counted down to the lighting, there was a quiet yet profound sense of reflection. This tradition is more than just a ceremonial act; it's a time to pause, come together, and acknowledge the meaning of the season: a time to give, to share, to hope, and to love. It is a moment that connects us not only to each other but to the values we carry forward as a school and as individuals.

TIS is more than a school; it is a family. And like any family, we cherish the traditions that bring us closer. **The Lighting of the Christmas Tree** continues to be one such tradition, reminding us of who we are and the light we are each called to bring into the world.

As we journey deeper into this festive season, let us carry that light with us in all we do.

Save the Date: Our Christmas Concert is on Saturday, 6 December at the MPH Secondary Campus. We look forward to celebrating another magical night with the entire TIS community.

# **Inter-colour Language Competition, 2025**





On Friday, 31st October 2025, the Department of Language Acquisition organised its 4th Inter-Colour Language Competition for students across all grades, promoting the learning and use of foreign languages at Tema International School. This competition sought to spark interest in language learning as well as promote collaboration among teachers and students of all grades as they showed support for their various colour groups. Not only was it educational and competitive, but it was engaging and fun as well, as everyone came to support their colour and cheer their representatives.

For the participants, the competition was an enriching experience that strengthened their understanding and enhanced their ability to express ideas clearly and effectively. It also fostered **critical thinking**, **creativity**, **collaboration**, **communication**, **and problem-solving skills** by challenging them to analyse and interpret meaning in real-time and work together as a team with a common goal. Beyond the academic benefits, the event demonstrated the unifying power of languages, as the audience's enthusiastic support created an atmosphere of encouragement and pride. It reminded everyone of the value of learning one or more

foreign languages as a bridge to greater cultural connection and understanding. At the end of the competition, Yellow Outeniqua took first place, Red Kigelia took second place, Blue Cedar took third place, and Green Wisteria took fourth place.

Below are **reflections** from a few participants.

Participating in the Inter-Colour Language Competition for Blue Cedar was both challenging and rewarding. Representing my colour in Spanish helped me step out of my comfort zone and boosted my confidence in speaking the language. I learnt the value of preparation and teamwork, and I am proud to have contributed to my team. Nana Yaa Achiampong (Grade 11) Blue Cedar

Participating in the Inter-Colour Language Competition made me identify my strengths and weaknesses - aiding me in my learning progress. It was also a fun way to test my ability to think on my feet and my active recall during conversations as it was interactive. **Xolali Amoah Dzakuma (Grade 11) Red Kigelia** 





This experience was very nice and helpful, I learned to think calmly yet quickly under situations that demanded quick responses, I was able to help my colour gain some points for the Spanish aspect too. Initially, I

was hesitant, but after I realised that it was actually to help me, I decided to put my mind to it, and it actually paid off. Jason Adjei (Grade 12) Red Kigelia.

The Inter-Color Language Competition was definitely an event to remember. I was honestly a bit nervous going into it because I had very little time to prepare. However, in the end, it worked out well because I was able to answer some questions and support my colour. Uriel Wulff-Tagoe (Grade 8) Blue Cedar

Our language competition was nerve-wracking. We were scared and sure that we might lose. When the host announced the winner, we froze and then erupted in joy. Winning the language competition felt unreal, a bright moment of relief and pride, confirming our hard work and belief in each other. Aseye Torkornoo (Grade 11) Yellow Outeniqua.

On 31st October, I proudly represented the green team in the Inter-Colour Language Competition. I was a little nervous at first, but I soon felt calm and confident. I managed to answer most of the questions in my grade group, which made me really proud and happy about my performance. Yaw Aseda Kwensare Osei Annor (Grade 7) Green Wisteria.

Participating in the Inter-Colour Language Competition was both nerve-wracking and exciting. I was proud to answer questions correctly and represent Yellow Outeniqua, and I'm glad we won. I wished there were questions on expressions and text handling, but overall, it was a fun experience. Oforiwa Sakyi-Addo (Grade 12) Yellow Outeniqua.



The Inter-Color French Competition was an insightful event for me, especially because it made me realize what I was capable of. The scariest thing about the competition was getting the courage to try it in the first place, since I was extremely nervous beforehand. But if I had never stepped on that stage or tested my knowledge, I would still be insecure about my knowledge in French. When I walked off that stage, I felt proud of myself, knowing what I had accomplished. Oluwanifemi Toriola (Grade 12) Red Kigelia.

The ILC had a heated and challenging atmosphere

to it, but that stopped me 0% from being free and enjoying myself. I leave no regrets in volunteering and partaking in the event. It was great for warming up my public speaking skills. All in all, I would do it again and again. Adrien Isaac Sackey Mate (Grade 10) Red Kigelia.

The Inter-Colour Competition was such a joy to participate in. It was fun, insightful, and an overall great way to develop skills in our respective language studies. During the competition, especially during the general knowledge round, I got to know so many new things, such as San Fermin and who the president of Senegal is. This was so fun to participate in, and I cannot wait to further my knowledge in Spanish. Orefile Dunbar (Grade 11) Red Kigelia.



Being part of the Green Team in the Inter-colour Language Competition was a memorable experience. Even though we didn't win, I learned the true value of effort, teamwork, and perseverance. Speaking French in front of others helped me build confidence and made me love the language even more. Losing was disappointing, but it also reminded me that every loss is a chance to grow and do better next time. I am proud of how hard we tried and how we represented Green with effort and spirit. Next time, we will aim even higher. Michelle Abena Amoateng (Grade 10) Green Wisteria.

The Inter-Colour Language Competition was extremely interesting and competitive. Initially, I was not supposed to participate, so I did not revise anything; however, I decided to participate. Since I did not practice or revise anything, I was a bit confused at the start, but as the round progressed, everything started to click. Overall, it was a fruitful experience, and I would like to participate again. **David Tamakloe** (Grade 9) Yellow Outeniqua.

During the recent Inter-colour Language Competition, I represented the Blue Team for French. I am proud to say that I got every French question correct, and I even earned an extra point by answering a bonus question from another team. I felt confident that I had done my part for the team. Unfortunately, my teammates who were handling the Spanish section did not earn enough points for the colour. Despite my efforts, their mistakes cost us valuable points, and we ended up placing third out of four teams. We were only two points away from second place and four points away from first, which made it even more frustrating knowing how close we were to winning. Although the outcome was disappointing, I still learned a lot from the experience. It reminded me that teamwork is crucial, even if one person performs perfectly; everyone needs to contribute for the team to succeed. Next time, I hope we can prepare more evenly and support each other better so that no one gets sold again. Elias Cisse (Grade 9) Blue Cedar.





## **Grip Am** - Post Production Awards



The award ceremony following our production of "Grip Am" was organized by the staff Director (Mawuli) to achieve several meaningful objectives:

**Recognition and Appreciation**: After 2 and Half months of intensive rehearsals, late nights and collective effort, it was essential to formally acknowledge the hard work and dedication of everyone involved, from lead actors to backstage crew, from light to costume designers. Theatre is inherently collaborative and every role contributes to the final production's success.

Celebrating Achievement: Beyond the applause on performance nights, the ceremony provided a dedicated space to celebrate specific achievements and standout contributions. It allowed me to highlight

moments of exceptional creativity, problem-solving and artistic growth that might otherwise go unnoticed in the bustle of production.

**Building Team Morale and Community**: The ceremony served as a proper closure to the production journey, bringing the entire team together one final time to reflect on what we accomplished collectively. This helps strengthen the bonds formed during production and reinforces the sense of community.

**Encouraging Future Participation**: By recognising excellence and effort, the awards motivate both recipients and observers to continue engaging with theatre. It sends a clear message that contributions are valued and that there are opportunities for growth and recognition in future productions.

**Learning and Reflection**: Integrated into the postmortem, the ceremony provided a positive framework for reflection, allowing us to identify what worked well while celebrating our successes before discussing areas for improvement.

### **Award Categories**

Best Actor: Moses Kanneh – G11

Best Actress: Louisa Xose Ayem – G11

Best Supporting Actor: William Adomako-Kwapong – G8

Best Supporting Actress: **Dzidefo Kuivi – G10** Discovery of The Year: **Jaiden Domey – G8** 

Most Promising Performer: Amy-Frances Gavor – G9 Most Disciplined Member: Jeanelle Atalobra – G7 Most Hardworking Crew Member: Ivy Adjovu – G11

Best Technical Directors: Eliana Essel (set and props) grade 12

Sylvia Mwintome Ziniel (Costume) grade 11 Lois Entsua-Mensah (Sound) grade 11

### **Honorary Award**

Most Dedicated Staff Member: Daniel Mensah – Janitorial Staff

Incredible Leadership: Sedinam Ahlidza (Main Student Director) Grade 12











# MYP – Service as Action

Tema International School

# Wave of Change: MYP 5 Students Lead with Purpose



The MYP 5 students have launched an inspiring Service as Action project titled *Wave of Change*, aimed at promoting healthy drinking habits and sustainable hydration. The initiative, led by *Mildred Okyere-Darkwa*, *Nana Gyanfi Mends*, *and Zachary Kitcher (G10)*, encourages the community to make mindful choices while supporting a meaningful cause.



As part of their project, the students are selling freshly made natural juices, Orange, Watermelon, Passion Fruit, and Pineapple Mint, for GHS 10 per bottle. All proceeds will go towards providing reusable water bottles to students of the Mantey School of Excellence, empowering them with sustainable hydration solutions.

Staff and students can support this student-led initiative by placing their juice orders at the **CAS Office**. Each bottle purchased contributes to a *wave of positive change!* 









# #MYP - Explore the World Column

By David Tamakloe – MYP4

Inspired by the Geography unit on *Tourism*, David Tamakloe (MYP 4) has initiated a new column in the weekly bulletin that shares fascinating travel facts to educate and inspire students to create their own bucket lists of amazing destinations to explore. This aims to promote global awareness and appreciation for diverse cultures encouraging readers to learn more about Geography, the world and its wonders.

Enjoy this week's feature — Turkey



### Did you know?

- Turkey is a transcontinental country, stretching across both Europe and Asia.
- With a total area of 783,562 km<sup>2</sup>, it is more than three times the size of the United Kingdom.
- Istanbul's Grand Bazaar (Kapalıçarşı) is the largest and oldest covered market in the world, featuring 64 streets, 4,000 shops, and welcoming around 400,000 visitors every day.

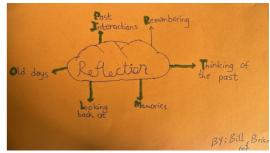
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# MYP 2 Service as Action Class Understanding Reflection

In a recent Grade 7 Service as Action class, students explored the meaning of *Reflection*. Each learner shared a favourite memory and a lesson they learned from it. These conversations were then connected to writing reflections after experiences, linking the lessons to the seven Service as Action learning outcomes for better understanding.



Students discussed how reflection allows them to look back on their experiences, use them to guide future decisions, and identify adjustments they may need to make in their habits or thinking.

Enjoy a word cloud on *Reflection* created by the students in the images below.

**Spotlight:** Michael Boateng demonstrated *Reflection* in action this week by taking the initiative to complete an online malnutrition survey. Read his excellent Reflection as uploaded on MB

### Learning outcomes (Awareness, Global Value and Initiative)

I took part in an online study about food and health. It was about how different diets, like traditional Ghanaian meals and modern fast foods, affect young people's nutrition.

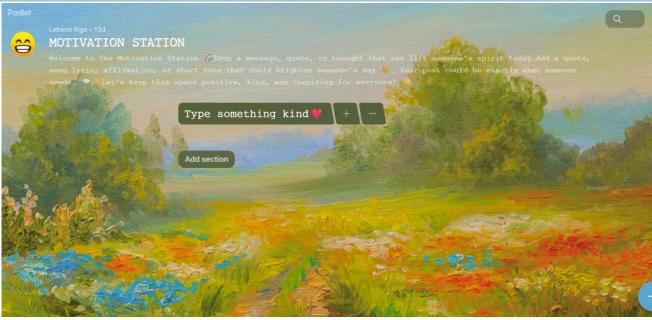
I didn't have to go anywhere or meet anyone. I just filled out a short questionnaire online. It asked about the foods I eat, how often I eat them, and how I feel about my health.

It was easy to do and didn't take long. I learned that the kind of food I eat every day can really affect how I grow and feel. Now I think more about eating healthy things like fruits and vegetables.

Even though I didn't get anything in return, it felt good to help with something important. My answers might help doctors and teachers make better food plans for kids in Ghana. **Michael Boateng – MYP 2** 



# **#MYP – Service as Action Motivation Station**



This initiative is led by Lebene Biga and Nana Gyamfi Mends. They have created a padlet titled "Motivation Station" as part of their Service as Action project. The platform is designed to encourage students to stay motivated and positive, especially during exam periods, by sharing inspiring quotes, reflections, and messages of support.

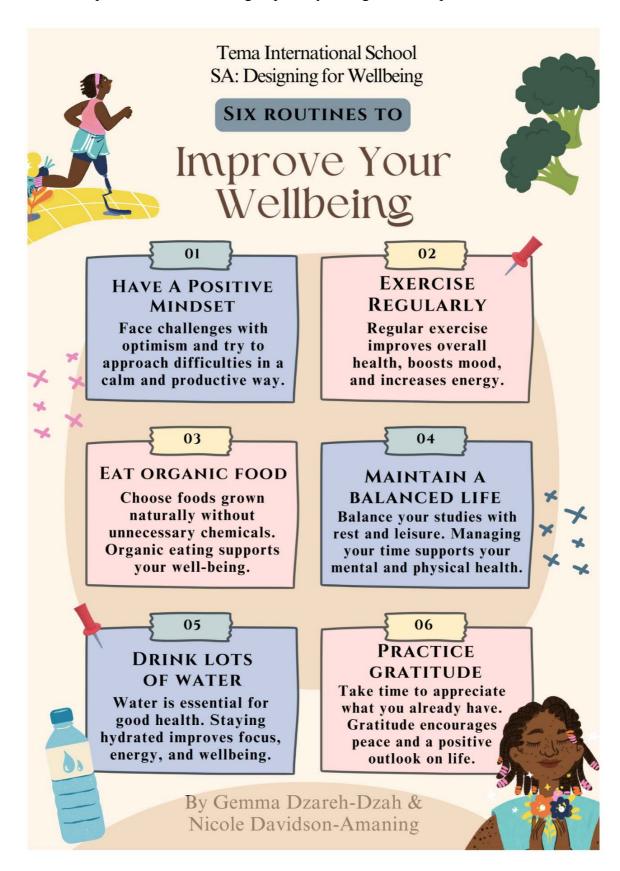
They would like to invite the school community to share words of encouragement to their peers as the exam period approaches. Please note that this platform is for positive quotes and inspiring messages; kindly refrain from posting unrelated or offensive messages

Here is the link to the Padlet: https://padlet.com/lebeneev1/motivation-station-s6hm5lmh7h603m1p



# #MYP – Service as Actin Improve your Wellbeing

Check out a poster designed by **Gemma Dzareh-Dzah and Nicole Davidson-Amaning MYP** 5, sharing tips on how we can prioritise our Well-being, especially during this exam period.



# #MYP - Service as Action - Happy Reading Project

This is an initiative by Bethelle Baiden MYP 4. She has designed a special bookmark for the reading club and students. The bookmark offers tips on reducing stress during the exam period. Her aim is to remind students during their reading time to familiarise with ways to reduce stress during this exam period. There are only 50 Copies, and students can pick up a bookmark on a first-come, first-served basis at the Library with Auntie Setor.

Happy Reading and all the best in your exams!



# Tema International School

Service as Action

# There is no



Climate change is the shirft in the Earth's average temperature and weather patterns, which is caused by human activities like birning fossils. This is a big negative impact on our environment which can lead to extinction to animals, drought, and many more negative impacts

# What can you do?

- Turn off lights & electronics when not in use.
- Use reusable bottles and bags.
- Plant trees or help clean local environments.
  - Recycle
- Spread awareness





# Fun facts

- Every year, over 8 million tons of plastic end up in our oceans.
- One tree can absorb 48 pounds of carbon dioxide per year.
- climate change could displace millions of people by 2050.

By: Janice Marfo Grade 9

# SERVICE LEARNING

Service is for and with others.
Through service learning, I learn to:



Become more aware of my strengths and areas for growth.



Challenge myself to develop new skills.



**Discuss, plan** and **evaluate** action with my peers.



**Persevere** in action, *keeping up the effort* even when things are challenging.



Collaborate effectively with others.



Develop **international mindedness** by engaging with the world, using different languages & understanding other cultures.



Consider the **ethical implications** of my actions, thinking carefully about right and wrong.



# TEMA INTERNATIONAL SCHOOL



# SERVICE AS ACTION OPPORTUNITIES

# **Classroom Unit**

e.g., Calculating an Area within the school campus as studied in Maths



# NGOs & Organizations

e.g., Children Heart Foundation, Empower Playground, Plastic Punch, Infanta Malaria, UNCHR etc



# ASA with Service Components

e.g., Interact Club, Peer Buddies, Insight TV & Photography Club



# Student Leadership

Class Representatives





### UN Sustainable Development Goals

# SUSTAINABLE GOALS

e.g., Zero Hunger, Quality Education, Good Health & Wellbeing, Gender Equality, No Poverty, Clean Water & Sanitation, Life below Water, Climate Action, Reduced Inequalities etc

# **Assembly Meeting**

eg., Presentation about a Cause



# **International Day**

eg., World Autism Day, International Women's Day, Teachers Day



# **TIS Record**

eg., Article writing for publishing in the school Bulletin



# Peer Tutoring and Peer Buddy System

eg., Article writing for publishing in the School bulletin



# **Interact Club Fundraiser Update: Halfway There!**

As shared in our previous newsletter, the Interact Club is raising funds to support the Koforidua School for the Deaf. Our goal is to raise **GHC 8,000** to refurbish the girls' dormitory and create a more comfortable living space for the students.

We're excited to share that, through a series of successful fundraisers, we have so far raised GHC 5, 320 - halfway to our goal! We kindly appeal to the school community to help us reach our target. Please refer to the poster for details on how you can contribute. Thank you in advance.







# **PRESENTS**

# **Hostel Hope**

Join Interact TIS in raising **(8,000+** to make the girls' hostel at the Koforidua School for the Deaf safer and more comfortable.

Donate at the Interact Stand or send your support via

MoMo:

059 762 1047

- Abigail Ahiadorme Reference: Interact

Every cedi counts.

**JOIN THE MOVEMENT!** 

Service Above Self

# Save the Date: Three -Way Interview - Wednesday, 10 December 2025



### Dear Parents,

We invite you to mark your calendars for the upcoming Three-Way Interview for Semester 2, scheduled for:

- Wednesday, 10 December 2025
- 8:00 AM 1:00 PM
- Secondary Campus/Classrooms

This is a **crucial session** for parents to engage with teachers and students to:

- **Follow up** on your child's progress.
- Discuss achievements, challenges, and goals for the rest of the semester.
- Strengthen the collaboration between home and school to support student success.

### Why Attend?

Your participation is crucial to supporting your child's learning journey. The **Three-Way Interview** allows you to:

- Gain **insights** into your child's academic and personal development.
- Meet and connect with your child's teachers and key staff.
- Work collaboratively to ensure your child's success and well-being.

## **Important Information**

- Attendance is on a **first-come**, **first-served basis**; there is no pre-registration required.
- Students whose parents attend the interview may proceed home for the Mid-Semester Break after their session.
- Students whose parents are unable to attend will remain on campus and start their break at 1:00 PM.

We strongly encourage all parents to attend this important event. Your presence and engagement make a **significant difference** in your child's education and development.

We look forward to welcoming you!



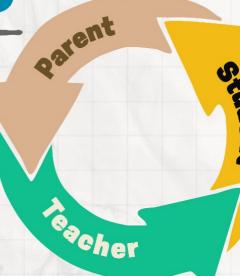
# TEMA INTERNATIONAL SCHOOL



# Three-Way Interviews

A valuable opportunity for students, parents, and teachers to come together to:

- ✓ Reflect on student progress.
- ✓ Discuss achievements and challenges.
- ✓ Set meaningful goals for future growth.



Wed, IO December 2025 8:30 AM - I:00 PM

@ Secondary Campus Classrooms







# EXAM WELLNESS GUIDE



# STAY PREPARED

PACK EXAM MATERIALS THE
 NIGHT BEFORE
 READ INSTRUCTIONS
 CAREFULLY
 STAY CALM AND PACE
 YOURSELF





# STAY HEALTHY

- SLEEP 7–9 HOURS
  - DRINK WATER
- EAT PROPER MEALS
- TAKE SHORT BREAKS
- AVOID STRESS TALK

STAY HEALTHY • STAY SAFE • STAY PREPARED

# Change the World Through Creativity

#Make a Difference





### REFLECTIONS 1-DAY INTERSCHOOL SPORTS FESTIVAL.

TIS vs Association International School (AIS)

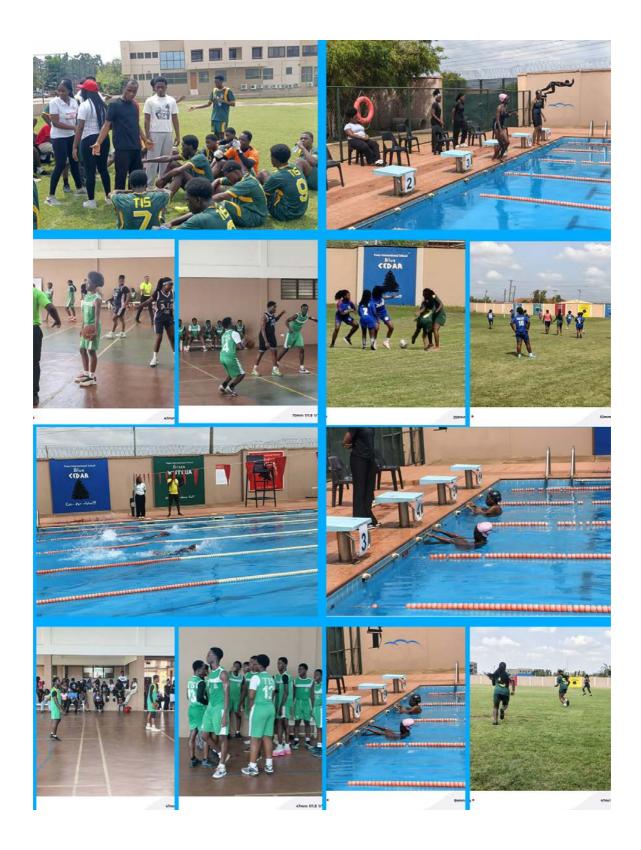
Basketball, Volleyball Football & Swimming – Held at TIS on 15th November 2025 Our school hosted a 1-day Sports Festival with Association International School from Accra. This event was a celebration of athleticism, teamwork, and sportsmanship among our students. It also gave the two schools the opportunity to come together, support our student athletes, and enjoy a day filled with healthy competition. The 1-day competition took place on the 15th of November and in four major disciplines-football, basketball, swimming and volleyball. While the atmosphere was vibrant, energetic, filled with cheers and applause, the participation was enthusiastic with the involvement of student spectators and staff from both schools.

Performance outcomes were generally balanced across both genders and disciplines. TIS secured a strong lead in swimming with a score of (101–56), while AIS dominated most in the games (6–12 points), notably with the AIS girls winning all their games and the AIS boys securing victory in football.

Key Achievements and Observations from the 1-Day Sports Festival are as follows:

- Talent Showcase: students from both schools excelled in the various sports disciplines. This inspired their peers.
- Skill Development: the students demonstrated teamwork, discipline, and the spirit of sportsmanship in a competitive environment. This serves as an indication for the expansion of the sports disciplines to cater for other sporting events.
- Organisation: the smooth transitions between the events were flawless with proper execution by the officials.

By the close of events, our students were victorious in swimming (boys and girls) basketball boys and volleyball boys. The event was a resounding success, leaving lasting positive memories in anticipation of the same next year. We extend our sincere appreciation to the management teams and teachers of both TIS and AIS for initiating this collaborative sporting event. The festival provided an enriching platform for students to interact, compete, and showcase their talents across multiple sporting disciplines.



### Below are some of the reflections from our student participants:

On Saturday, 14th November, we had a swimming competition at TIS against AIS. We had started training about two weeks before the event. I was still anxious on the day because it was my first competition outside of regular school activities. Once the races started, things settled, and TIS ended up performing really well, winning each event in every stroke. The best part was beating my personal record by almost two seconds, which felt like real proof that the training had paid off. Our relay team also had a big win, finishing far ahead of AIS. Overall, the competition was a mix of pressure and excitement, but it left me feeling proud of what I achieved and what the team accomplished together. **Antonio Osei-Agyeman (G11)** 

Last Saturday's swimming competition against AIS was both intense and exciting. We had trained for it for weeks, and the event was highly anticipated. I competed in butterfly, breaststroke, and freestyle, and each event pushed me in different ways. The atmosphere was competitive, but it motivated me to give my best in every race. I'm especially proud because I set a new personal best, which showed me how much I've grown as a swimmer. This achievement reminded me that consistent training, discipline, and resilience truly pay off. Overall, the competition strengthened my confidence and encouraged me to continue challenging myself in future meets. Nana Yaa Achiampong (G11)

The game helped me grow both professionally and personally. It improved my understanding of key aspects of games and competitions and to demonstrate my shooting and game tactics in real-life situations. I learnt how to manage space and time better and stay consistent with my football ethics. Even though the game was challenging and tiring, at some point I did not give up. I contributed my best to the success of the team. Overall, I feel more confident, and I am ready to keep improving next semester. I also felt proud to score our only goal. I realized the importance of teamwork and staying focused until the end. Additionally, I understood we need better communication on the field. Overall, it was a good experience, and I am motivated to improve for the next game. **Kwaku Ayisi (G10)** 

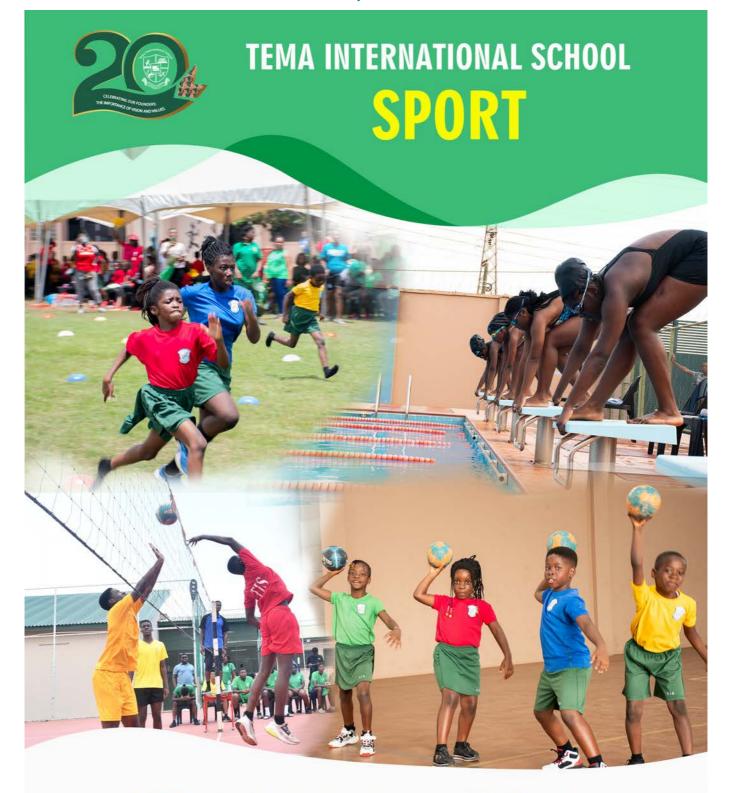
Participating in the inter-school swimming competition between TIS and AIS was a valuable experience for me. The event was competitive and fast-paced, and it pushed me to perform under pressure. Swimming against AIS made me more aware of my strengths and the areas I need to improve, especially in terms of speed and technique. The environment around the pool was intense, but it helped me stay focused and committed to my races. Representing my school motivated me to put in my best effort, and the competition itself gave me a clearer understanding of what high-level school sports require. Overall, the event helped me build discipline, improve my performance, and gain confidence in competitive swimming. It was a practical lesson in preparation, consistency, and handling competition. **David Manteaw (G11)** 

At the recent interschool swimming competition with Association International School, I achieved a personal milestone by finishing first in my race and improving my personal best from 16 seconds to 15 seconds. Although I'm proud of this accomplishment, the race also gave me valuable insight into my technique. My dive created more drag than I expected, costing me about a second to a second and a half at the start. Reflecting on this, I realised that with a cleaner, more streamlined dive, I could have pushed my time even further and set an even more

impressive benchmark for myself. Nevertheless, the experience was both motivating and rewarding. It reminded me that every achievement comes with lessons that can help me grow. I'm proud of my performance, grateful for the opportunity, and excited to keep improving as I look forward to future competitions. **Chidubem Akunyili (G11)** 

In this competition, I faced an unexpected challenge when I dislocated my shoulder mid-race. Even though the pain made every stroke difficult, I chose to keep going and finish. It wasn't the result I had hoped for, but completing the race taught me to be determined under pressure. This experience taught me to stay mentally strong, manage setbacks, and appreciate the effort behind every performance. The tough training taught me discipline and helped me establish new, unexpected friendships. Cedina Laryea (G11)

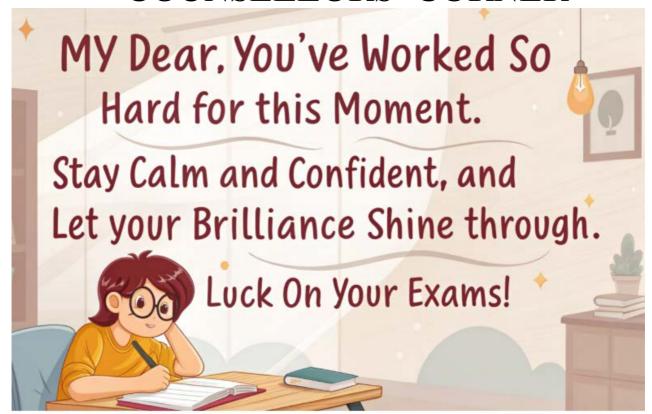
The inter-school friendly swimming competition with AIS on Saturday, 15th November, was both fun and meaningful. I competed in the 25m backstroke and freestyle events. Before my races, I felt quite anxious because I wanted to perform well and represent my school proudly. However, once I got into the water, I managed to calm myself down and focus on my technique. The highlight of the day was winning my 25m backstroke race. It felt rewarding to see my practice pay off. I enjoyed pushing myself and learning from the experience. Overall, the competition had a friendly and supportive atmosphere, and it reminded me how much I enjoy swimming. The friendly conversations, shared laughter, and encouragement created a sense of community that made the competition feel less like a competition. It was a great opportunity to grow, interact with other schools, and positively challenge myself. Samuella Adu-Baah (G12)



At TIS, we believe that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork challenges personal best and emphasises the importance of appreciating how to lose before knowing how to win.



# **COUNSELLORS' CORNER**



Dearest Exam candidates, best wishes in your exams!



- 🖶 Start early and plan strategically.
- Organize your study space
- Use Active Learning Techniques & Flashcards
- Teach someone else.

Tema International School

Remember, the best technique for you may vary depending on your learning style and the subject. Know what works best for you!

 $\underline{https://www.topuniversities.com/student-info/health-and-support/exam-preparation-tenstudy-tips}$ 

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Duquesne University David Frey, Admissions & Student Recruitment Specialist Visits TIS





For financial aid click here: <a href="https://www.duq.edu/admission-and-aid/paying-for-school/affordability/your-success.php">https://www.duq.edu/admission-and-aid/paying-for-school/affordability/your-success.php</a>



To contact David click: freyd@duq.edu

To read more about Duquesne University click: https://www.duq.edu/

# DP1 Essay Writing Session Enjoy Reading a Reflection from Antonio Osei-Agyeman



# Tema International School



# Zoom Meeting The Anatomy of a Powerful College Essay



Alexandra Salcedo Senior Assistant Director - Boston University

Friday 14 Nov. 2025

2:30 PM GMT

In Friday's guidance class, we learnt about the college application writing process, focusing on the two main essay types: the personal essay and the supplemental essay. The representative from Boston University explained that the personal essay submitted through the Common App is an opportunity for students to reveal something meaningful about themselves in up to 650 words. We also reviewed the seven Common App prompts, which revolve around personal identity, challenges, growth, curiosity, and gratitude. The representative emphasised choosing a topic that is genuinely important and explaining clearly how and why it matters.

We then learnt about the supplemental essay, which is much shorter (about 250 words) and tailored to each university. This essay should focus on why the student is a great fit for that specific school, mentioning academic interests, campus life, extra curricular activities, and

even the location of the university. The session also covered important writing tips, such as revising multiple drafts, being authentic, and proofreading carefully. We were also warned about common mistakes, like being too general, forgetting to mention the specific college name, or not making the essay personal enough.

Overall, the talk helped clarify how the two essays serve different purposes: one shows who we are, and the other shows why we belong at a specific university.



# 2025 TEST DATES

Want to Register for SAT But Don't Know How? Follow the Links!

- ✓ https://satsuite.collegeboard.org/sat/registration
- ✓ SAT Registration Fee Beginning with August 24, 2024, the SAT registration fee is \$68, plus a \$43 international fee of \$111.

  Click here: <a href="https://satsuite.collegeboard.org/sat/registration/international-testing/">https://satsuite.collegeboard.org/sat/registration/international-testing/</a>
- ✓ Click here for more information <a href="https://www.bestcolleges.com/test-prep/sat/registration/">https://www.bestcolleges.com/test-prep/sat/registration/</a>.
- ✓ If having Troubles Registering contact **Aunty Portia** in person or by email at portia.atubiga@tis.edu.gh



Online payment only with Visa/credit card NEW;

ACCEPTABLE IDS ARE THE VALID UNEXPIRED PASSPORT IN ADDITION TO

GHANA'S NATIONAL IDENTIFICATION CARD (GHANA CARD),

https://collegereadiness.collegeboard.org/sat/register/international/policiess



### DIGITAL TEST DATES AND DEADLINES 2025

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
Aug. 23, 2025	Aug. 1, 2025
Sept. 13, 2025	Aug. 22, 2025
Oct. 4, 2025	<del>Sept. 12, 2025</del>
Nov. 8, 2025	Oet. 17, 2025
Dec. 6, 2025	Nov. 14, 2025



# 2025 TEST DATES (COMPUTER-BASED TESTING ONLY!)

- ✓ ACT Registration Fees (Online payments only: Visit <a href="www.actstudent.org">www.actstudent.org</a>): ACT Registration Fees \$171.50, with writing \$196.50 (Online payments only: Credit Card)
- ✓ Note: The cost of registration is subject to change.
- ✓ (TIS Test Centre Code: 870390, but inform counsellor first).
- ✓ If having Troubles Registering contact **Aunty Portia** in person or by email at portia.atubiga@tis.edu.gh



# **DIGITAL TEST DATES AND DEADLINES 2025**

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
Sept .6, 2025	<del>July 25, 2025</del>
Oct. 18, 2025	Sept. 5, 2025
Dec. 13, 2025	Oct. 31, 2025

# Gentle Reminder for DP2 Parents & Students This Festive season, TIS Uniquides will be on Break



As we approach the festive season, please note that the University Guides will be on Christmas break and services will resume when school reopens on **8 January 2026**.

We kindly encourage all DP2 students, to adhere to the following;

- If you have any **new universities or countries** you wish to apply to, we are open and ready to support you in completing all applications ahead of time.
- If there are any other supporting documents to fill or submit directly to your respective universities please inform your assigned counsellor.
- Check your spam, and emails frequently for any emails sent to you from your respective universities.
- Once you receive an email, ensure to read the email and know what it requires.
- Let's plan together so everything is smoothly handled before the holidays.

Thank you!

# **HOSTEL NEWS - Building Character: The True Beauty Within**



"Character is the indelible mark that determines the only true value of all people and all their work."

### — Orison Sweet Marden

In the hostel, we live together as one big family, sharing laughter, meals, stories, and sometimes disagreements. But beyond all these daily experiences lies something deeper that shapes who we truly are: **our character.** 

Character is the inner strength that guides our choices, attitudes, and actions when no one is watching. It is what makes people trust, respect, and value us. Good character reflects

honesty, kindness, humility, respect, and responsibility. It is not about your hairstyle, how popular you are, or how many friends you have; it is about who you are on the inside and how you treat others around you.

As young ladies and gentlemen growing into responsible women and men, character determines how far you go in life. A good name, they say, is better than riches. People may forget what you wore or what you said, but they will always remember how you made them feel.

In the hostel, good character builds harmony; it makes our community peaceful and joyful. When each girl and boy chooses to act with integrity and empathy, the hostel and school community become not just a place to sleep, but a home where love and respect dwell.

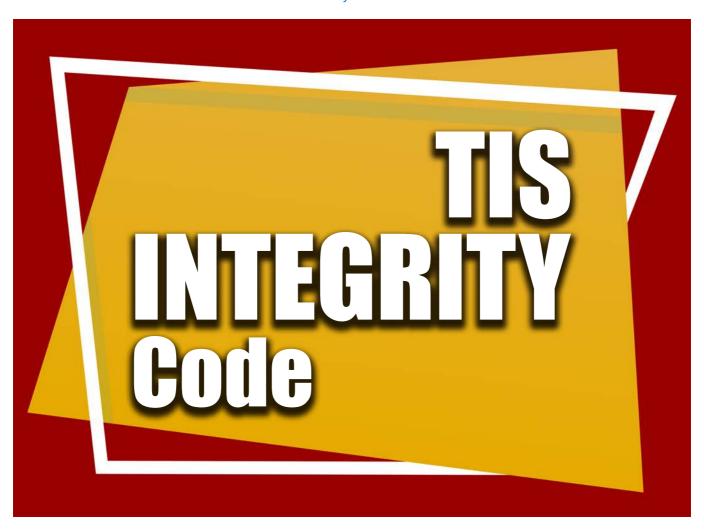
Unfortunately, bad character can quietly destroy relationships, opportunities, and even one's future. In our hostels, we sometimes see behaviours that do not reflect the values we strive to uphold: gossiping, disrespecting others, dishonesty, laziness, poor hygiene, or refusal to take correction. These may seem small at first, but they reveal much about a person's inner attitude. A student who constantly disrespects her teachers or fellow boarders, ignores rules, or stirs conflict shows weakness in character.

**Remember:** talent may get you noticed, but character will keep you respected. Developing good character is a daily choice.

Here are a few ways we can all improve:

- Practise self-discipline. Think before you act or speak. Control your emotions.
- **Be honest.** Tell the truth, even when it's hard.
- Respect others. Speak kindly, listen attentively, and value different opinions.
- Take responsibility. Admit your mistakes and learn from them.
- Be helpful. Offer a hand to a roommate in need. Small acts of kindness build strong character.
- Keep your environment tidy. Cleanliness reflects order and respect for yourself and others.
- Seek guidance. Don't be afraid to talk to your hostel parents or teachers when you struggle with certain habits. Growth begins with humility.

As ladies and gentlemen, let us remember that our character is our identity. It speaks louder than our beauty and handsomeness, louder than our grades, and louder than our words. Let us strive each day to be known for truth, respect, hard work, and compassion. That is the kind of beauty that never fades.



"TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member.

As a TIS family member,

I promise to uphold and demonstrate its values, and protect the reputation of the school.

I make this pledge in the spirit of honour and trust."





