

TIS RECORD

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At TIS we believe,

that sport, as one of the four pillars for student balance and ensuing success, promotes teamwork, challenges one's best and emphasises the importance of appreciating how to lose before knowing how to win..

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Key Dates

- 24/1/26 Inter- School Sports Day
- 28-30/1/26 MYP IDU Days; DP EE, CAS Reflection Day (Public Speaking, Red Cross Training)
- 31/1/26 SC Leadership Camp **NO EXEATS FOR SCHOOL LEADERS**
- 1/2/26 Student Leadership Induction Ceremony **NO EXEATS**

Thought for the Week

Life is simple but not easy. The problem is we want life to be easy, which makes it complicated.

~ Shane Parrish



What a great start to the semester!

Many students stepped up to the challenge of pushing themselves to the finish line in the Athletics Carnival at the secondary campus last Friday afternoon and Saturday morning. Although only one person could be the winner in any event, all competitors were winners because they stepped up. They were the risk-takers. Well done!

It was good to see our alumni on Sunday at the thanksgiving service. Our guest speaker, school choir and Genesis lifted up the service to make it meaningful to all who participated in it.

Leadership

“Leadership is foremost about teamwork, vision and goals, being a role model, being a problem-solver and trying to bring the best out in everyone.” The Teaching Guarantee: Every Day is Different (2023).



"My definition of integrity is a set of beliefs, values, and actions that others can depend on."

-Steve Bollar

Accounts

- When paying an amount in our school's account, always ensure you **use the student's family name and student ID** as the payment reference.
- Please email payment advices to:
finance@tis.edu.gh

Visiting: Must Do

- Arrive on time
- Do not bring too much food! Take home what is not consumed.
- After your scheduled hour, leave your environment tidy for the next visiting family
- Park at the Main Entrance, (not at the Hostel Gate entrance).
- Cancel your booking early, if you are not coming.
- Only book once for a weekend.

Reminders

- Parents must book their visit online. Please go to:<https://www.schoolinterviews.com.au/code/k9frh>
- Exeats are limited to a maximum of 8 per semester. Weekend exeats must be received by the preceding Wednesday. Online exeats can be found at:
<https://www.tis.edu.gh/exeatform>

TIS prides itself on the leadership opportunities that it provides for students. One of the prestigious opportunities is serving as a Student Council Executive. Over the last twelve months, our current Student Council Executive has worked diligently to maintain the smooth running of student affairs at the student level. This week, the process elect new council members started. Hopeful Student Council Executives, who have been vetted earlier, read their manifestos to the secondary students ahead of secondary school council elections.

I thank all outgoing Council Executives for carrying out their roles with dedication. I urge them to remain good role models and to be part of the nurturing and guidance process for our new Council Executives. Special thanks go to Oforiwaah Sakyi-Addo for being a diligent Secretary to the student council. Well done on a role well executed.

Congratulations to *Bruhan Deen Hussein and Nana Yaa Achiampong (Male & Female Heads of Council (HoCs)), Nana Adjoa Asante (General Secretary), Louisa Ayem (Catherine), Xolali Dzakum (Cecilia), Emmanuel Egyei-Mensah (Anthony), Chidubem Akunyili (Francis) Charis Kudiabor (Academics), Kwaku Kusi Opare (Protocol & Dining)*, the newly elected council members for the secondary school 2026/2027. I believe that you will carry out your new roles with pride and diligence.

Re-Enrolment

To ensure the accuracy of our student numbers for 2026/2027, parents must send in their expressions to re-enroll next academic year. They should have received an email yesterday to complete the re-registration of their child/children by 28 February 2026. To confirm enrolment for next year, please use the specific link in the email.

You will enter this data on OpenApply (OA), MB's younger sibling. It is user-friendly, however, if you have any issues, please email me.

Admissions

The Admissions process for the next academic year has begun. Testing will begin in-person at the secondary campus at the end of February 2026. Interviews will be conducted shortly after that March. Apply online today at: <https://tis.openapply>.

Yvonne M Tagoe

Principal principal@tis.edu.gh



Main Campus Information



Exeats

Exeats for secondary school students cover passport and visa matters, family events, as well as medical, dental, optical and medical appointments.

Students are allowed a maximum of 8 days per semester. Note: A weekend exeat that commences on Friday and ends on Sunday counts as three days.

For a weekend exeat, students must return by 5.00pm on the Sunday.

All exeat requests must be completed online and submitted with at least 48 hours' notice, with the exception of urgent medical issues. Weekend exeat requests must be received by the preceding Wednesday. Any requests after this deadline will not be approved.

The integrity of an exeat request is critical.

No exeats will be granted if a student has outstanding work.

No exeats will be granted during the last week before a semester break.

Parents/Drivers must show the approved exeat from their phone to security to enter.

(NO SHOW. NO GO.)

Access the general exeat form from here: <https://www.tis.edu.gh/exeat-form/>

Families should plan their exeat requests carefully to avoid any disappointment.

Visiting

For visits until June 2026, parents will be required to book their visit online. Please go to:

<https://www.schoolinterviews.com.au/code/k9frh>

Complete your details and click next to select your day and time.

Then click next to receive a confirmation of your booking.

If you do not receive confirmation of the date and time, then you have not completed your booking.

Weekend times will usually go from 2.00 - 5.00pm on Saturdays, Sundays and public holidays.

Sessions are 60 minutes.

Only one booking per family per weekend.

There are restrictions on food and/or drink that may be consumed during a visit. Book early to avoid disappointment.



TIS MYP & DP Local and Overseas Educational Trips 2026

MONTH	PROPOSED DATE(S)	FUNCTION
January	23	Ecological Immersion Program (GH)
February		
March	28 to 29	DoEIA Expedition Camp (GH)
March	28 to 30	DP2 Geography/ESS Trip to the Western Region (GH)
April		
May		
June	From 20 June to 12 July	French & Spanish Language Immersion (France/Spain)
July	From 28 June to 5 July	Harvard YLSC (USA)
July	19 to 25 July	Cambridge IGNITE (UK)
August	21	Geography Excursion (GH)
August	27 to 30	FWWMUN Johannesburg (SA)
September	1 to 5	ESS Slapton (UK)
September	17 to 18	IA Data Collection (Geog and Psych) (GH)
October		
November	6	Business Management Trip (GH)
December		
January 2027	3 to 10	Harvard YLSC (USA)

To be cleared for overseas trips, school accounts must be cleared of outstanding bills

TIS 2025/26 School Calendar

August 2025						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

September 2025						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2025						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2025						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2025						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January 2026						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March 2026						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2		
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2026						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2026						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Public holidays 2025/26

4 Aug, 2025	Founders' Day	Jan 1, 2026	New Year's Day	3 Apr, 2026	Good Friday
22 Sep, 2025	KN Memorial Day	7 Jan, 2026	Constitution Day	6 Apr, 2026	Easter Monday
5 Dec, 2025	Farmers' Day	9 Mar, 2026	Independence Day	1 May, 2026	May Day
Dec 25, 2025	Christmas Day	20 Mar, 2026	Eid Al Fitr (TBC)	27 May, 2026	Eid Al-Adha (TBC)

Dates and/or events are subject to changes.

FIRST SEMESTER

1/8/25 2025 MYP Results Released; 2025 MYP Enquiries Upon Results Open;
1/8/25 MYP PP: Final product (photo evidence upload)
5/8/25 All staff resume
11/8/25 Student Council executives return
13/8/25 Newbies arrive (Meeting @ 2.00pm)
15/8/25 PYP Meet the teacher session (1.30pm)
16/8/25 Personal Project: Criterion B draft due
17/8/25 Continuing secondary students resume
18/8/25 All P-12 classes commence
22/8/25 TIS Junior Soccer Championships
23/8/25 SAT
24/8/25 School Performance auditions
29/8/25 TIS Senior Soccer Championships
30/8/25 Peer Buddies Workshop. **NO EXEATS FOR NEWBIES**. Dukies RA trip
31/8/25 Thanksgiving Service (11.00am) **NO EXEATS** Dukies RA trip
6/9/25 TIS Tennis Championships/TIS Badminton Championships; PYP Parents training session (9.00am); ACT
10-11/9/25 PYP Evaluation Visit
11/9/25 G12 TOK Exhibition
12/9/25 MYP PP Criterion B final due
13/9/25 SAT; MYP & DP Parents Information sessions. **NO EXEATS (Until after these sessions)**
19/9/25 PYP End of Unit 1 #WI; DP Geography Excursion
20/9/25 TIS Sporty Family. **NO EXEATS**
24/9/25 Girls Handball Championships
25/9/25 Boys Handball Championships
26/9/25 MYP CP: Community tour
27/9/25 High School Praise (Praise Night Fundraiser)
28/9-5/10/25 22nd Anniversary TIS Spirit Week. Career Fair **NO EXEATS**
3/10/25 TIS Founders' Day. Main Campus admissions open for 2025/2027
4/10/25 SAT;
5/10/25 22nd Anniversary Thanksgiving Service. **NO EXEATS until after 1.00pm**
5-8/10/25 Dukies Gold Award Camp
6-11/10/25 Mid-semester break
12/10/25 Students return to hostels
13/10/25 All classes resume after mid-semester
14/10/25 G9/G11 Changes to Subject Selections close; DP Geography Data Excursion
15-17/10/25 AIS MUN
18/10/25 PSAT: ISSAG Football, Handball, Tennis; ACT
20/10/25 MYP PP: Criterion C draft due
20/10/25 Student Council (SC) shadowing process commences;
21/10/25 G12 EE Café
23-24/10/25 Girls & Boys Volleyball Championships (during ASA)
25/10/25 ~~ISSAG Football, Handball, finals~~
26/10/25 TIS swimming championships (3.00 – 5.00pm)
28-29/10/25 I&S Celebration Days
31/10/25 PYP End of Unit 2 Celebrations; Submission of G12 TOK Draft Essay; Language competition (7-12)
1/11/25 ISSAG Volleyball, Swimming and Badminton
3/11/25 DP Business Management Excursion
8/11/25 SAT; Annual Production **NO EXEATS**
11-12/11/25 Collaborative Sciences Project – G12;
14/11/25 PYP Book Day
17-21/11/25 MYP5 On-screen examination (Reports due 5/12/25) **NO EXEATS for G10**
19-28/11/25 G11-12 end of semester exams (Reports due 5/12/25) **NO EXEATS for G11-12**
24/11/25 MYP CP: Presentation of objectives
28/11/25 PYP End of Unit 3 3WI;
29/11/25 MYP PP Criterion C completion; Peer Buddies Workshop
1/12/25 SC applications open for 2026 elections
6/12/25 SAT; Carols Night (Chaplaincy)
8/12/25 Christmas Lunch
9/12/25 MYP PP Final Report due: Photo evidence & bibliography upload

10/12/25 Last day of the first semester: Students may depart after 3-Way interviews or 1pm if no interview

12/12/25 Last day for teachers*

13/12/25 ACT

SECOND SEMESTER

5-6/1/26 Staff Wellbeing Retreat (5/1/26), Staff Wellbeing Day (6/1/26)

8-9/1/26 Staff training days

11/1/26 Students return to hostels; applications for 2026 SC positions close

12/1/26 Second semester commences. Alumni Homecoming Week

17/1/26 TIS Athletics Championships. **NO EXEATS BEFORE 1.00PM**

18/1/26 Alumni Thanksgiving Service

19-20/1/26 SC Manifesto Readings; 20/1/26 Student Council elections by voting (7.00am-4.00pm)

24/1/26 Inter- School Sports Day

28-30/1/26 IDU Days; G12 EE; G11 EE, 11/12 CAS Reflection Day (Public Speaking, Red Cross Training)

31/1/26 SC Leadership Camp **NO EXEATS FOR SCHOOL LEADERS**

1/2/26 Student Leadership Induction Ceremony **NO EXEATS**

7/2/26 Creative Writing Workshop

9-13/2/26 MYP5 Mock On-screen examination **NO G10 EXEATS**

12/2/26 G11 TOK Exhibition. **NO G11 EXEATS**

13/2/26 PYP End of Unit 4 #WI; Early Years Family Day; TIS Squash Championships;

14/2/26 Peer Buddies Workshop; Chocolate Friendship Day

16-27/2/26 DP Mocks. **NO G12 EXEATS**

25/2/26 MYP PP standardisation and moderation (teachers)

7/3/26 MYP Projects (Personal & Community) **NO EXEATS (until after this session)**

11/3/25 PYP – MYP Info Day at Main Campus

12/3/26 G11 TOK Exhibition. **NO G11 EXEATS**

14/3/26 SAT; Pi Day

20/3/26 MYP PP: Academic Honesty First Record

21/3/26 2026 STEAM Day **NO EXEATS (until after the event)**

27/3/26 PYP End of Unit 5 Unit Celebrations; Three-way interviews: Students depart AFTER interviews

27-30/3/26 School Trips (27-29/3/26 Dukies Bronze & Silver award trip) (28-30/3/26 DP Geography Field Trip)

28/3-12/4/26 Mid-semester break

31/3/26 MYP PP Criterion A draft due; Draft 2026/2027 Calendar Overview Released

11/4/26 ACT

12/4/26 Students return to hostels

13/4/26 All classes resume after mid-semester;

17/4/26 G11 EE Cafe

18/4/26 G12 Grad photos (All day). **NO G12 EXEATS**; MYP5 Examprep workshop (**NO G10 EXEATS**)

19/4/26 Exam Candidates' Service **NO EXEATS**

21/4/26 MYP5 → DP1info session; PP Criterion A draft due

24/4-22/5/26 DP Final Exams

24/4/26 PYP Spelling Bee

2/5/26 SAT

4/5/26 MYP PP Criterion A final due

4-15/5/26 MYP IBMYP On-screen examination

16-30/5/26 Break for MYP5 leavers (**Leavers return to Hostels on 30/5/26 by 5.00 pm**)

18-29/5/26 G11 semester exams;

20-26/5/26 MYP4 On-screen examination

21/5/26 PYP End of Unit 6 3WI

22/5/26 PYPX & VAX

23/5/26 Leavers' Dinner

29/5/26 MYP4 (2025/2026) subject selections

30/5/26 2026 PYP Annual Achievers & Graduation Ceremony; Last day for PYP Students

31/5/26 Peer Buddies Workshop

5/6/25 Last day for PYP staff

6/6/26 2026 MYP/DP Annual Achievers and Graduation Ceremony; Last day for MYP/DP Students

12/6/26 Last day for teachers*; S2 reports published.

13/6/26 ACT

20/6/26 France/Spain trips commence

11/7/26 ACT; France/Spain trips end

25/7/26 MYP PP: Final Product (Photo evidence upload)

Admissions 2026/2027

Admissions for the next academic year are now open for the secondary school, Grades 7-12. The first round of admissions will be conducted in February. Prospective students are required to complete application forms online via <https://tis.openapply.com>. An application fee can be paid into the school's account. The account details can be found on the Bank Details page below.

Prospective families must *arrange a school tour before the admission test and interview*. All prospective students will take an aptitude test that does not require special preparation. Candidates who have completed the application form in full, will be contacted for the aptitude test and subsequent interview. The test for secondary school applications takes place on an arranged date and time at the secondary campus. The test for primary school applications takes place online within a given interval of dates. The test process is followed by an interview. Parents will be informed of the outcome of the entire admissions process after an interview has taken place.

Early applications and admissions are encouraged. Late applications will be considered if vacancies exist. For Grades 7, 8 and 9, applicants must provide three current term or two-semester reports. Applicants for Grade 11 will be required to provide three current term or two semester reports, predicted grades and a recommendation letter. When final results (e.g. IGCSEs) are released, applicants must attach a scanned copy on OpenApply. The release of final results will confirm subject selection levels (Standard or Higher) to the Diploma Programme.

After completing the Middle Years Programme (in Grade 10), TIS students go on to complete the IB Diploma Programme in Grades 11 and 12. They will make initial subject selection choices during the second semester of Grade 10. The release of examination results will confirm subject selection levels (Standard or Higher). Please note that TIS does not admit students into (Grades 10 and 12).





TEMA INTERNATIONAL SCHOOL

Primary School Campus

Admissions Open For 2026/2027 Academic Year



Flexible admission screenings and interviews



Entry Points in 2026

Preschool

Nursery (1.9 years @ August 2026)
Kinder 1 (2.9 years @ August 2026)
Kinder 2 (3.9 years @ August 2026)
Kinder 3 (4.9 years @ August 2026)

Junior Primary

Grade 1 (5.9 years @ August 2026)
Grade 2 (6.9 years @ August 2026)
Grade 3 (7.9 years @ August 2026)

Senior Primary

Grade 4 (8.9 years @ August 2026)
Grade 5 (9.9 years @ August 2026)
Grade 6 (10.9 years @ August 2026)

All admission applications will be online via Open Apply:
<https://tis.openapply.com>

A social readiness screening will be required, as part of the admission process, along with a compulsory interview with parents.

TIS is an IB World School, authorised to offer PYP, MYP and DP.

To learn more
scan this.



To enrol scan
this.





Tema International School



MAIN CAMPUS

**SECONDARY ADMISSIONS ARE OPEN FOR 2026/2027 ACADEMIC YEAR
FROM 3 OCTOBER 2025 UNTIL 31 MARCH 2026**

A family school, a unique experience.

Flexible online admission testing is available

ENTRY POINTS: Grade 7 (MYP 2) | Grade 8 (MYP 3) | Grade 9 (MYP 4) | Grade 11 (IB Diploma Programme)

Grade 7 (MYP 2)

Students should:

- a) Have completed Primary 6.
- b) Be aged 11+(at the time of admission).
- c) Complete a general aptitude test and interview.

Grade 8 (MYP 3)

Students should:

- a) Have completed JHS 1 or in JHS 2.
- b) Be aged 13+(at the time of admission).
- c) Complete a general aptitude test and interview.

To learn more
scan this.



Grade 9 (MYP 4)

Students should:

- a) Have completed Grade 8 or Basic Education Certificate Examination (BECE)
- b) Be aged 14+(at the time of admission).
- c) Complete a general aptitude test and interview.

Grade 11 (IB Diploma Programme)

Students should:

- a) Have successfully completed MYP 5, the IGCSE (Or its equivalent) or awaiting the results of the IGCSE.
- b) Be aged 16+(at the time of admission).
- c) Complete a general aptitude test and interview for non IGCSE & GCSE students (i.e. WASSCE, OCR, AQA).

To enrol, scan this



The online application process can be completed at: <https://tis.openapply.com>

For further information contact us on phone:

+233 303 305134, +233 303 308737, +233 249 637762 email: admissions@tis.edu.gh

Or come and visit the school (Opp Afariwa Farms, Off Tema-Akosombo Road)

www.tis.edu.gh

Please have the following documents available (scan onto a flash drive) before you begin with online application;

- 1 recent passport-style photo
- passport biodata page/ birth certificate
- 3 recent school reports (**Grade 2-11 Applicants**)
- Letter of recommendation and academic transcripts (**Grade 11 Applicants**)

1. Go to our admissions portal **tis.openapply.com**
2. Click on the **Sign In** button found at the top right corner of the page.
3. Click on **Sign up** here if this is your first time using OpenApply otherwise type in the email and password you used the last time you used OpenApply.
- For first time users please proceed to 4. For existing users please proceed to 5.**
4. Fill in **User Details** and proceed to application.
5. Ensure you fill out details correctly and attach all required documents where necessary (passport picture, passport biodata page/ birth certificate, school reports, transcript, recommendation).
6. When forms have been completed kindly proceed to make application fee payment using any of the 3 options:
 - www.expresspaygh.com/tis
 - At the Finance Office on TIS campus
 - At any Barclays Bank into the TIS Account number 1798808 or Ecobank into TIS Account number: 0020014471692201
7. You will receive an email to confirm receipt of your application and the next steps towards admission **only when the application fee payment has been received.**
8. **Please note that your child will be taking a Cognitive Ability Test (CAT4) as an Entrance Exam for admission at TIS. (Grade 7-11 students)**

Thank you for choosing TIS. We look forward to a fantastic relationship in the coming years!

TIS Admissions Grade Chart

TIS	British Curriculum Schools
Kinder 1	Nursery
Kinder 2	Reception
Kinder 3	Year 1
Grade 1	Year 2
Grade 2	PYP Year 3
Grade 3	Year 4
Grade 4	Year 5
Grade 5	Year 6
Grade 6	Year 7
Grade 7	Year 8
Grade 8	MYP Year 9
Grade 9	Year 10
Grade 10	Year 11
Grade 11	Year 12
Grade 12	DP Year 13



A Positive Start to the Second Semester



As we begin the second semester of the academic year at Tema International School, Primary Campus, we step forward with renewed energy, hope, and purpose. This new term presents an opportunity for reflection, growth, and fresh beginnings as our students and teachers set meaningful goals for the months ahead.

This bulletin highlights the aspirations and expectations of our school community, our students sharing their dreams and intentions for learning, and our teachers expressing their hopes for academic progress, character development, and joyful engagement in the classroom. Together, these voices reflect our shared commitment to nurturing curious, confident, and caring students.

Student Leader's Address

During the Welcome Assembly, the student leader addressed the school community and warmly welcomed teachers, other members of staff, and fellow students back to school. His was such a motivational speech, given as follows:



"Good morning, teachers, staff, and my dear friends. Welcome back to school, and welcome to a new semester. I hope you all had a good break and are ready to learn again. This is a fresh start for all of us. As we begin, let us remember to greet our teachers, school staff, our classmates, and visitors every day. Good manners show good character. Let us also behave well, follow school rules, and respect one another at all times. My fellow students, this semester is our chance to be the best version of ourselves. Let us listen in class, try our best, help one another, and never give up. When we work hard and believe in ourselves, we can achieve great things and even sweep awards at the end of the year. Remember, every one of us is special, smart, and capable. Let us speak good words to ourselves every day. Let us all rise and say these words together.

Affirmations:

I am ready to learn.

I believe in myself.

I will work hard and do my best.

I am kind and respectful.

I can achieve my goals.

Let us support each other, learn together, and make this semester a memorable one. Thank you, and have a wonderful semester."

Aspirations for the Semester



I am expecting to get many awards and to get class of the day and class of the year.

Yannis, Grade 4



I am looking forward to being kind to all my friends.

Ewuradwoa,
Grade 1

I expect that the first unit will be challenging enough. I will respect my friends' boundaries, and stop being silly

Sheryl,
Grade 4



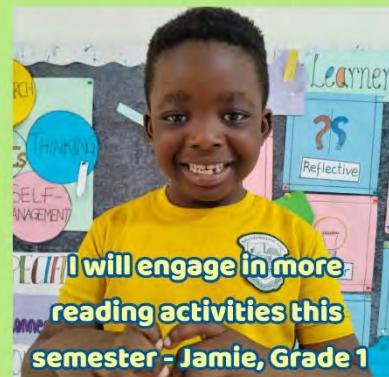
My expectation for this semester is to go to a museum with the class and have fun. I want to achieve class of the day because our class has been communicators.

Chloe, Grade 4



My expectation for this semester is to get five awards at the graduation. I want to get the communicator award and I want to get in the school choir. I also want the class to win the class of the year and so many awards.

Ellie Sevor, Grade 4



I will engage in more reading activities this semester - Jamie, Grade 1

This semester I look forward to being creative through my drawing especially in my class. I would like to work on my writing so I can create stories on Story Jumper. Imani, Grade 2



My expectation for this semester is to win the class of the year and win more awards. I want to go on many field trips and I want to be a thinker.

Kesi, Grade 4





My expectation for this semester is that a new student should join the class and that I will win many awards for the things I am good at. I want the grade 4 class to win many awards and I want to achieve all the IB learner profile attributes bit by bit, but the ones I really want to achieve are knowledgeable, principled and caring.

Amewusika, Grade 4

My expectation is, I will be a great student and Grade 4 will be the best class ever.

Shawn, Grade 4



This semester, I am going to be active, try to get more answers and dig deeper to become an inquirer. I will also try to do research on my own and not only rely on people to always answer me.

Elsa Sevor, Grade 6



This semester I want to be a communicator and improve my research skills. What I think I could do to help me achieve these goals are to ask for help and communicate with others.

Kirsten, Grade 6



I really look forward to new activities and projects. This is a fun way of learning for me.

Dalma, Grade 2

My expectation is to win a Sign Language award and go to the Parliament House in Accra. I also want to get a reflective award and during Achievers' Day, I want to sweep lots of awards.

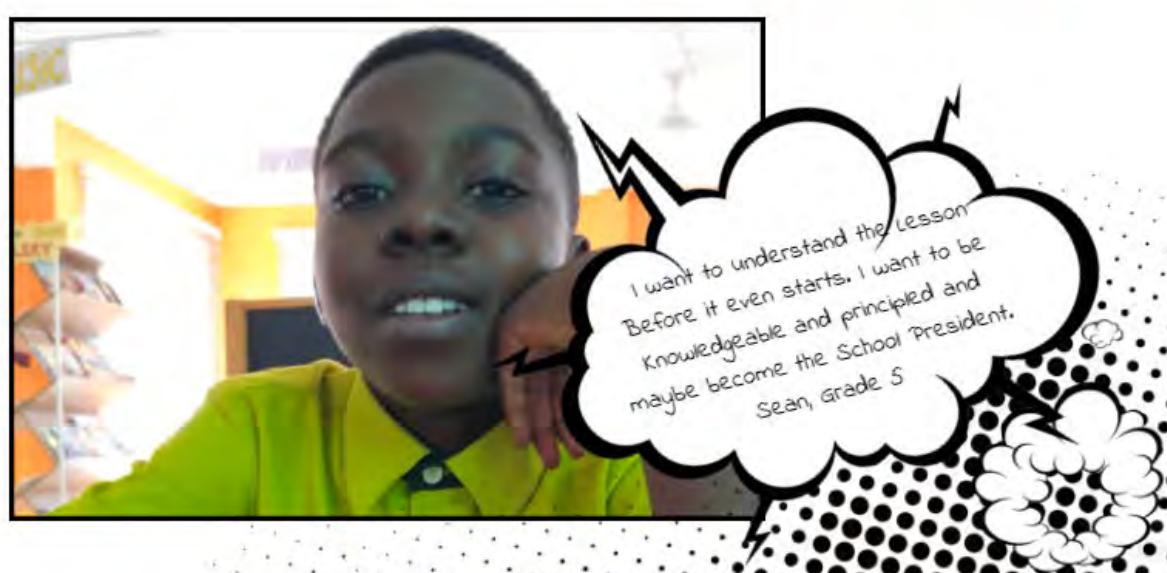
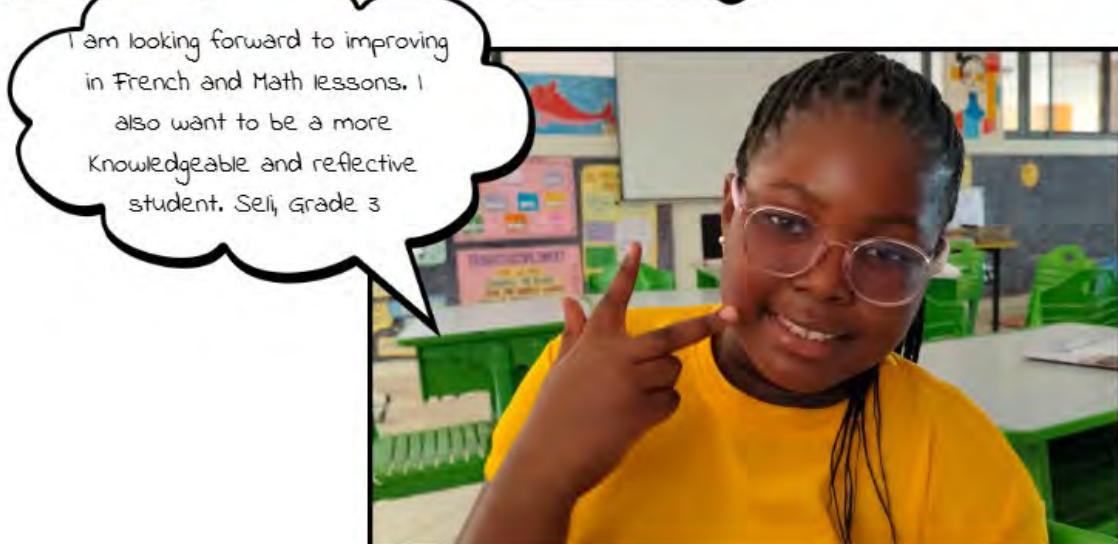
Skylar, Grade 4



I would like to take part in projects and enjoy some activities outdoors. It would be great to have some field trips to learn more about our unit.

Bonnie Applewhaite, Grade 2







I would like to create my own invention and win some awards on Achievers' Day.

Miracle, Grade 2

I love Unit Celebrations because they make me happy. I want us to have one this semester.

Kendrick, K3



I want to do more work on IXL this semester.

Kekle Agyekum, K3



An expectation I have for this semester is for grade four to win class of the day. I also want to be the best version of myself this semester.
Paa Kow, Grade 4



I expect myself to get lots of awards (caring award and a language award). I also want my class to go on field trips that connect with our unit.
Kevin, Grade 4

In this semester, I want to be balanced and improve on my research skills. What I think can help me achieve my goal is to use my time wisely.
Princess Elsa, Grade 6



I want to earn an IXL certificate of 500 questions and win an Edmentum award.
Divyam, Grade 4



I want to win a caring award. I will do this by helping the Kinder students fetch water. I will open and hold doors for others and will not fight anyone.
Precious, Grade 4



My expectation for the semester is to be principled, knowledgeable and an inquirer. I also want to get French and Sign Language awards. I also want to be a responsible person and want to be self-aware.
Elikem Edze, Grade 4

My expectation for this semester is to be more active in school events, share meaningful messages during unit celebrations, and participate fully in activities.
Sefakor, Grade 4



I want to be caring. I will come through for others when they need help.
Ethan, Grade 1





I expect this semester to be smooth, engaging and focused on growth. I will create a safe and supportive classroom where learning is play-based and hands on. I aim to help students build good routines, confidence and independence, while enjoying learning and working well with others.

Ms. Deborah, K3

My expectation for the second semester is to spark curiosity, joy and confidence through play-based inquiry, where students explore, express and collaborate freely while growing as happy, thoughtful members of our learning community.

Miss Irene, K2



This semester, I expect students to engage actively, show curiosity, and collaborate respectfully with their peers. I will guide them to connect learning with real-life experiences, take responsibility for their growth, and reflect on their progress. Together, we will create a positive, supportive, and meaningful learning environment. **Ms Benedicta, Grade 5**

This semester, I want to be knowledgeable by asking relevant questions, listening more, researching more, and learning more. I also want to finish my work on time and be more sociable.

Daryl, Grade 6



My expectation for my class is that students take responsibility for their learning by being curious, respectful, and committed to doing their best. I expect them to ask thoughtful questions, work collaboratively with others, and show the learner profile attributes in their daily actions. Most importantly, I want them to be confident, caring learners who are willing to try new things, make mistakes, and learn from them as they prepare for their PYP Exhibition and the next stage of their learning journey.

Ms Barbara, Grade 6

LOOKING AHEAD

As we journey through this second semester, may our shared aspirations guide our actions and inspire excellence in all we do. With the continued support of our teachers, parents, and the wider school community, we are confident that our students will grow academically, socially, and emotionally.

Together, let us embrace every learning moment, celebrate progress, and remain committed to create a positive and nurturing environment where every child can thrive. We look forward to a semester filled with meaningful learning, joyful experiences, and continued success at Tema International School, Primary Campus.

Welcome back to school! We look forward to a purposeful and rewarding semester filled with discovery, collaboration, and success as we continue working together to support every student's learning journey.

Wishing everyone semester!

Student Leadership



Left to right: 1. Adwoa Darko, 2. Klenam Gboglah, 3. Allen B. Sarpong, 4. Nana Yaa Adusei, 5. Victoria Tettey-Amlalo

The Primary School Student Council

Student leadership is an important aspect of our holistic approach to developing our students at TIS. Both campuses have an elected student council. The student council take on roles that allow them to take on and coordinate areas of school life that would have been done by their teachers and supervisors. Student council roles allow our students to develop their skills in communication (through public speaking, listening, writing), teamwork (through collaboration, conflict resolution), problem-solving, and confidence outside the classroom. Council positions allow students to connect with the wider school community.

Our council members are inspirational in contributing to and creating a more active school environment. Our best council members have been those who have taken the initiative and contributed to broader community development. Through the student council, the student body benefits from a

student voice that works with the school to address concerns, foster ownership in a democratic way leading to a more positive, inclusive, and effective learning environment for everyone. The student council are expected to cultivate a mindset of responsibility and accountability. During their time in council, students will receive mentorship allowing them to grow into well-rounded individuals who are prepared for a life beyond TIS.

The male Head of Council (HOC) Allen B. Sarpong, spoke at the first assembly of the semester. His words were an inspiration to the entire primary school. Allen showed laudable leadership skills.

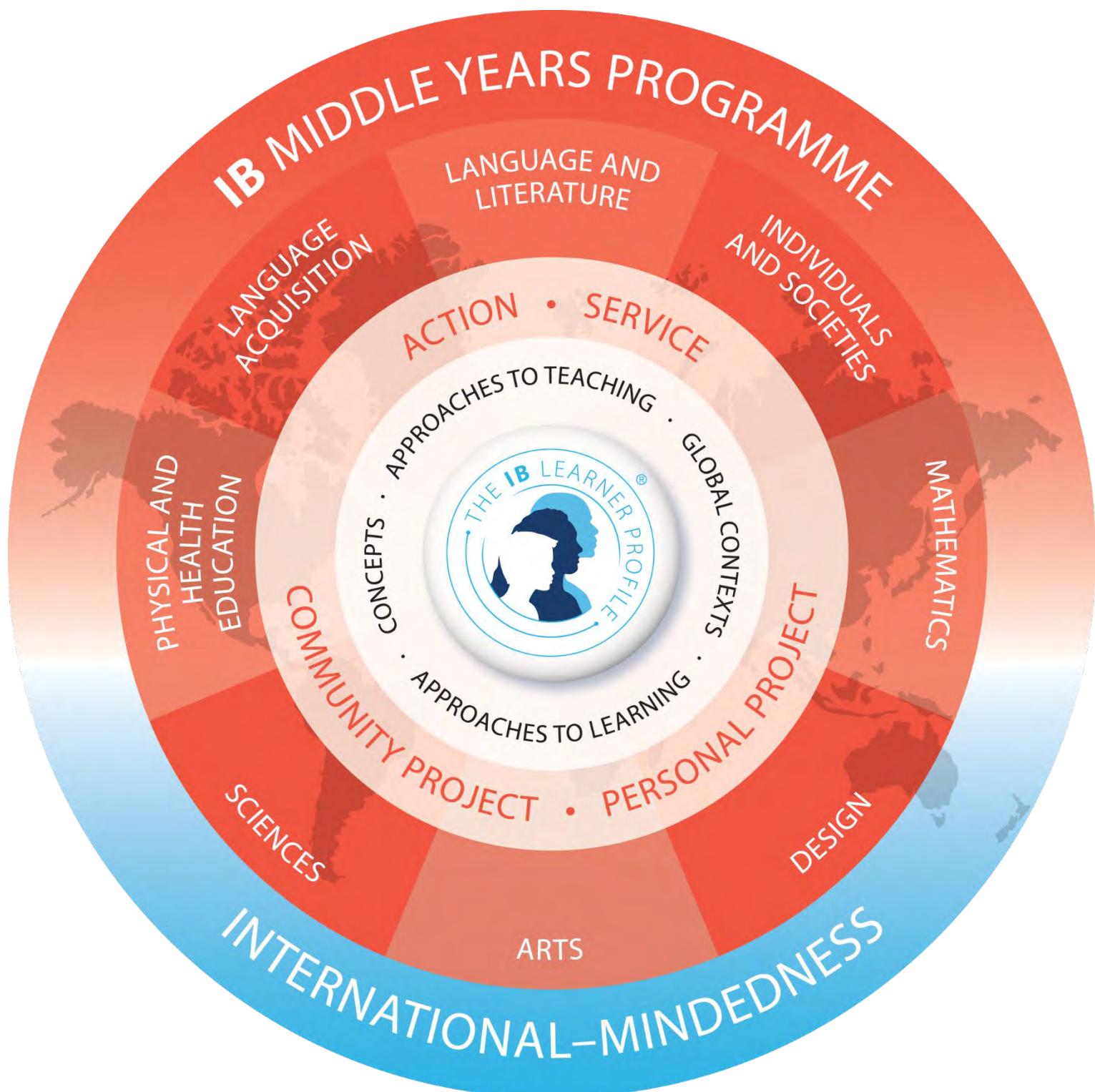




Change ^{the} World Through Respect

#Make a Difference





Interdisciplinary teaching & learning

Each IB programme beyond the general focus on the learner profile; approaches to teaching and learning; and broad, balanced, conceptual and connected curriculum, has specific emphasis. The Primary Years Programme (PYP) is *transdisciplinary*, Diploma Programme (DP), *disciplinary and interdisciplinary*, and Career-related Programme (CP), *disciplinary and interdisciplinary with a focus on developing vocational skills*. The Middle Years Programme (MYP) emphasizes **interdisciplinarity**.

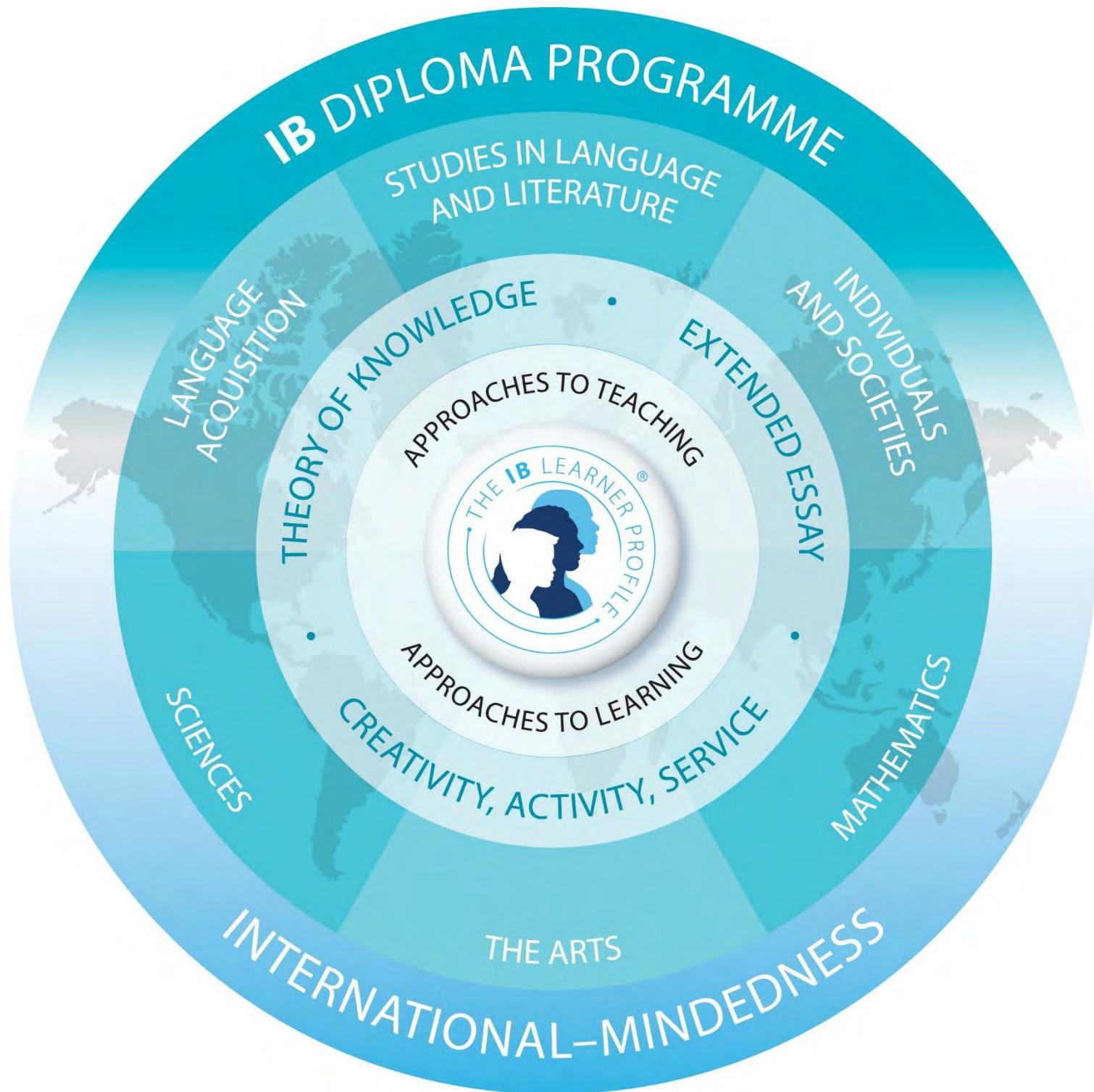
This trait of the MYP emerges from the challenges and opportunities of educating young people in an interconnected world with its complexities. Learners often make connections naturally from their experiences and knowledge domains to understand the world around them. Secondary education fundamentally organizes learning into disciplinary domains; however, the complexity of the ever-changing world demands a purposeful education to provide opportunities for students to integrate knowledge and skills from disciplines to discover new understanding and perspectives. Essentially, to solve today's problems, young learners must adopt an interdisciplinary approach to create novel solutions.

This essence is exemplified in the MYP with a requirement for IB World Schools to: *Each year of the programme, engage students in at least one collaboratively planned interdisciplinary unit that involves at least two disciplines either from the same subject group (for example, chemistry and biology) or from two different subject groups (for example, mathematics and individuals and society)* (ID teaching and learning guide, 2021).

At TIS, the last week of January each year is dedicated to interdisciplinary units (IDU). Students engage in authentic learning experiences. Teachers immerse themselves in learning experiences beyond their respective disciplines and provide opportunities for students to demonstrate new understanding to solve real-life problems.

The teachers from the following subject groups will collaborate in this year's IDU scheduled for **28 – 30 January 2026**.

- MYP 2 – Physical and health education; Design
- MYP 3 – Language acquisition (French & Spanish); Arts (Visual, music, and theatre)
- MYP 4 – Mathematics; Sciences
- MYP 5 – Language and literature; Individuals and societies



CAS-SA Corner

ASA @ TIS

After-School Activities Programme



Academics



Sports



Culture



Service

Supports CAS & DoEIA requirements

Builds leadership, creativity, teamwork, and personal growth

Have YOU Signed Up?

Have you signed up for your **After-School Activities (ASA)** this semester?

Are the activities you chose aligned with your **interests, strengths, and goals?**

At TIS, the **ASA Programme** is a vital extension of learning beyond the classroom. Each semester, students have the opportunity to **continue an activity they are passionate about or challenge themselves by trying something new**. Year by year, these choices

help you **strengthen your portfolio**, develop key life skills, and shape who you are becoming as a learner and as a person.

ASA and the TIS Four Pillars

Our ASA programme is intentionally designed to support the **TIS Four Pillars – Academics, Sports, Culture, and Service**. Through clubs, sports, creative arts, leadership groups, and service initiatives, students:

- Apply what they learn in the classroom to real-life contexts.
- Strengthen academic skills such as collaboration, communication, problem-solving, and critical thinking.
- Develop resilience, discipline, creativity, and leadership.
- Discover passions and talents that often shape future pathways.

Universities today are not only looking at grades. They are looking for **well-rounded students** who demonstrate **commitment, initiative, leadership, and sustained engagement** over time. Your ASA journey plays a powerful role in telling that story.

Important Reminders for Students

- **All students must attend ASA** – this is a structured and meaningful part of school life
- After siesta and during ASA time, **students should not remain in the hostels**
- Please wear **appropriate attire** for your chosen activity (PE kit is for sports only)





If you are facing any challenges with sign-up, choices, or time management, **please visit the CASSA Office**. We are here to support and guide you.

A Note to Parents

We encourage parents to take an interest in what their wards are engaged in as part of ASA. Clubs and activities at TIS offer **incredible opportunities** for growth, exploration, service, and leadership. These experiences are not “extras”—they are an essential part of holistic education and student development.

Let us work together to ensure every student makes the most of the rich and diverse ASA opportunities available at TIS.

Explore. Commit. Grow.



Power for a Better Future: Join the Buddies Without Borders Online Forum



Students passionate about global issues, sustainability, and making a real-world impact are invited to apply for the **Buddies Without Borders (BWB) Online Forum**, an international learning experience running from **7 February to 25 April 2026**. This forum, held in celebration of **Earth Day 2026**, brings together students

aged **15–18** from around the world to collaborate, research, and propose solutions to one of the most urgent challenges of our time: **clean energy and climate action**.

Organised by **Buddies Without Borders**, this fully online forum offers students a unique opportunity to work in **diverse international teams**, represent a country, and examine its commitments to the **Paris Agreement**. Through guided inquiry, workshops, weekly global sessions, and collaborative research, participants will explore renewable energy solutions, analyse obstacles to implementation, and design realistic incentives for a cleaner and more sustainable future.

This forum is a **highly meaningful opportunity for CAS students**. It strongly aligns with **Service, Global Engagement, Collaboration, Research, and Advocacy**, while also developing key skills such as critical thinking, communication, leadership, and intercultural understanding. Students will engage in structured weekly sessions via **Google Meet**, supported by **Google Classroom and team chat spaces**, and will produce a final team presentation and written submission that can be used as evidence for CAS learning outcomes.

Participation is competitive, with only **4–6 students accepted per country**, and applications are reviewed on a rolling basis. A **USD \$50 programme fee** applies if accepted, with **merit-based scholarships** available, including guaranteed scholarship seats for existing BWB Clubs. All students who successfully complete the programme receive a **certificate**, and outstanding participants may earn awards, leadership opportunities, and scholarships to establish a **BWB Club** at their school.

If you are curious, globally minded, and ready to collaborate with peers from across continents to shape a better future, this forum is for you.

👉 **Apply here:** <https://forms.gle/42sHbvPiASW2mFzy9>

✉ **Enquiries:** BuddiesWithoutBordersOnlineForums@GlobalEducationDestinations.org

Take your learning beyond borders—and be part of the change the world needs.  



TIS RED CROSS

SERVICE TO MANKIND



Fainting Treatment

Fainting occurs when the brain does not get enough oxygen. Low oxygen to the brain can be a result of a sudden drop in blood pressure.

Symptoms

- Nausea
- Dizziness
- Sweating
- Weakness
- Tunnel vision or blacking out
- Lightheadedness

Treatment

- Lay the person on their back
- Elevate legs to restore blood flow
- Loosen tight clothes
- Check for responsiveness
- Check their breathing

Prevention

If you feel lightheaded:

- Lie down with your legs raised until the feeling passes
- Drink water
- Get fresh air

Walk with Purpose:

TIS Students Invited to Volunteer with The Children's Heart Foundation Ghana



Tema International School is proud to continue its long-standing partnership with **The Children's Heart Foundation Ghana (CHF Ghana)** through participation in the upcoming **Annual Health Walk**, taking place on **Saturday, 28 February**, starting from **Labadi Beach Hotel**, 7 AM.



For over **15 years**, CHF Ghana has been committed to saving the lives of children born with **congenital heart disorders** by **fully funding life-saving open-heart surgeries**. To date, more than **250 children and their families** have been given a second chance at life, each surgery costing an average of **USD 8,000**. Despite this impact, many children remain on the waiting list at the **Korle Bu Cardiothoracic Centre**, making continued awareness and fundraising essential.

The Health Walk is more than a fundraising event; it is a platform to **raise awareness, build community, and stand in solidarity** with children and families affected by heart conditions. TIS students have played an important role over the years, volunteering at CHF Ghana events such as the **Annual Charity Ball** and previous Health Walks. Through student-led initiatives, the TIS community has also **fully funded six children's open-heart surgeries**, a powerful testament to the impact of

service in action.

This year's Health Walk offers an excellent **CAS experience opportunity for DP students**, allowing them to meaningfully engage in **Service, Activity, and Reflection**. Students will contribute through volunteering, event support, advocacy, and participation in a cause that directly impacts lives within our community. For **MYP students**, the event also qualifies as a valuable **Service as Action** opportunity.

There are **limited volunteer spaces available**; interested students are encouraged to express their interest early. Participation will involve walking alongside CHF Ghana supporters to raise awareness and funds.

Further details regarding registration, supervision, and logistics will be shared soon.

Let us walk together, with compassion, purpose, and heart.

Have a Heart, save a life. ❤️👣



Unite to Light Ghana Returns

Lighting Futures in Honour of the late Professor Anani – Brown University



Unite to Light Ghana CAS Project is back, this time in honour of a remarkable Ghanaian scholar and cultural advocate, **Professor Anani Dzidzienyo**. This new chapter builds on a meaningful partnership that began in **2019**, when TIS students first collaborated with **Unite to Light (USA)** to address energy poverty through clean, sustainable solar lighting.

Since then, TIS students and alumni have helped raise funds and distribute **over 4,000 solar LED lights and solar power banks** to communities across Ghana and beyond. These lights have supported families without access to electricity, enabled students to study after dark, improved safety for households, and brought dignity and hope to communities facing hardship.

Now, in partnership with **Unite to Light, Brown University alumni**, and Professor Anani's family, TIS is proud to launch a **tribute project** that honours his life and legacy by distributing **solar LED Luke Lights** to underserved communities, starting in **Anyako, Volta Region**, his ancestral home, and extending to other areas affected by energy poverty.

Student Leadership at the Heart of the Project

This initiative is co-led by **LesleyAnn (G11)**, **Christine Pratt-Bango (G11)**, alongside **Deen (G11)**, President of **Buddies for Change**, with support from a dedicated member of **the Buddies for Change Club**. As a **CAS project**, students will take the lead in fundraising, awareness-building around clean energy, project planning, and distribution, learning how service, leadership, and sustainability come together to create real impact.

Call to Action: Join Us in Spreading Light

We invite the **TIS community**, families, alumni, and friends to join us in honouring the late **Professor Anani** by supporting this project. Your contribution will help bring safe, clean light to families and individuals who have no access to electricity or cannot afford it.

☞ **Click here to donate and help light a home in Ghana:**
<https://secure.givelively.org/donate/unite-to-light/help-light-futures-in-ghana>

Together, let us honour a life that illuminated so many paths by lighting homes, strengthening communities, and empowering young people to lead with purpose.

“The light of our ancestors guides our steps.”



TIS Annual School Production 2024 – Secret of an Ancient Well - on



YOUTUBE

We are delighted to share with you **the TIS 2024 Annual School Production, *Secret of an Ancient Well***, beautifully adapted and performed by our talented students. This timeless story by *Yaw Asare* explores themes of identity, community, and the deep journey of self-discovery.

We invite the entire school community to **click the link below**, watch the production, and enjoy another memorable **TIS theatre experience**:

 **Watch: Secret of an Ancient Well – TIS Annual School Production 2024**

https://www.youtube.com/watch?v=P6hKJ6GykDo&list=RDP6hKJ6GykDo&start_radio=1

As we continue to grow our online presence and celebrate student creativity, we kindly encourage you to:

- **Subscribe** to our YouTube channel
- **Like** the video
- **Share** it with your friends and family
- **Leave a comment** to cheer on our amazing students and staff

Your engagement supports our students' hard work and strengthens our vibrant TIS community.

Enjoy the show!

#TISchoolProduction #SecretOfAnAncientWell #TISTogether

Chocolate Friendship Day: Created by Students, for the TIS Community

We are excited to introduce **Chocolate Friendship Day**, a student-led event organised by the **IB Class of 2027**. As the main student leaders for this initiative, we are proud to be working alongside an amazing team of classmates who have volunteered their time, creativity, and energy to make this event truly special for the Tema International School community.

Chocolate Friendship Day is about more than just chocolate. At its heart is a meaningful cause: **all proceeds from the event will support corrective surgery for children with cleft lip and cleft palate**. Through this initiative, we hope to show how small acts of generosity can come together to create a lasting impact.

We are planning the event with a **fun, relaxed, pool-party-style vibe**, a space where friends can come together, enjoy chocolate, laugh, and make memories. It is meant to feel light, joyful, and inclusive, while still reminding us of the power of community and giving back. All proceeds will support corrective surgery for children with cleft lip and cleft palate. Another great TIS moment. Where friendship, fun, and purpose come together ❤️

This event would not be possible without our leadership team and classmates who have stepped forward to contribute their ideas and skills. Each group has played an important role in shaping Chocolate Friendship Day and bringing our vision to life.

IB Class of 2027 – Student Leadership Team

Main Leaders

- Nana Yaa Achiampong
- Ethan Achiampong

Party by the Pool - Leaders

- Chidubem Akunyili
- Shandell Nyarko

Labelling Committee

- Vania Stephens
- Navil Yakubu

Packaging and Distribution Committee

- Emmanuel Agyei-Mensah
- Tricia Minlah

Media and Hype Committee

- Nubuke Eli-Dzantor
- Rose Armah

Accountants

- Leslyann Hyde
- Nana Adjoa Asante

Special Packaging Committee

- David Manteaw
- Amaris Osei-Agyeman

We are grateful to every member of the IB Class of 2027 who has volunteered to add their creativity and personal touch to this event. Together, we hope to create **another great TIS moment**, where friendship, fun, and purpose come together.

 **Saturday, 14 February 2026**

 **TIS Campus – Sports Complex Pool side**

Friendship is sweeter when shared.

— **Ethan Achiampong & Nana Yaa Achiampong - IB Class of 2027**

TEMA INTERNATIONAL SCHOOL



CHOCOLATE FRIENDSHIP DAY

*Besties & Bars
Signed with a Smile*

SAVE THE DATE

Saturday, 14 February 2026

📍 Secondary Campus – By the Pool

Because friendship is sweeter when shared...

Bring your besties • Share a chocolate bar
Leave with a smile • Help change a child's life



All proceeds support corrective surgery
for children with cleft lip and cleft palate,
in collaboration with **Operation Smile Ghana**.

Another great TIS moment – where friendship meets purpose

MYP – Community Projects - Taking Action



As discussed in previous bulletins, students undertook the Community Tour to Zenu No. 2 & 4 Cluster of Schools, the Community 22 Polyclinic, and HopeSetters Autism Centre. The aim was to kickstart the introductory phase of the MYP Community Project, which requires students to work in groups to address an authentic issue in their immediate community.

With 11 diverse projects, most of which are channelled toward improving facilities, infrastructure, and teaching & learning at Zenu No. 1 & 2 Cluster of schools, the cohort is ready to *take action* towards their group objective. This school is in dire need of very basic amenities.

Dear TIS Community, we kindly appeal for your support towards the various causes, as your contribution will go a long way in putting smiles on the faces of many pupils at Zenu Public School.

Read on to explore some of the group goals.



Operation Zenu

This project was initiated by Uriel Wulff-Tagoe, Mmalabna Salifu-Mahami, and Josiah Tham-Kanduri. During their investigation, the group discovered that the learning environment was not conducive to effective teaching and learning. They observed that students were learning numbers using stones, while teachers struggled to explain basic shapes due to a lack of teaching materials. Motivated to make a positive impact, the group aims to raise GHC 6,000 to provide a school pack and a teacher's kit, including educational posters, to facilitate easier, more effective teaching and learning.



To support their cause, the team has organised a raffle prize. With just GHC 30, you stand the chance to win a JBL EarBuds worth GHC 650. Raffle tickets would be sold every day at the project centre over the course of 3 weeks. The winner would be announced on 16 February during Assembly. Make sure to get your ticket!

SONNISA Project

This project was initiated by Naa Barkey Vanderpuye, Megan Mayilamene, and Nathan Okai. **Sonnisa** means “**Smile**” in Spanish, and the group aims to bring smiles to pupils' faces through its community project.

Their goal is to raise GHC 3,000 to repipe the entire washroom facility at the Nursery Department. During their investigation, the group observed that pupils were urinating behind an old building within the school because their washroom was not flushing and had been locked. This poses serious health risks to the pupils.

Motivated to address this issue, the group decided to take action through this community project. To reach their fundraising target, the team will be holding a Drink and Puff sale next week. Further details will be communicated on Managebac. To support their cause, kindly refer to the poster for more information.

La Vie Cambios

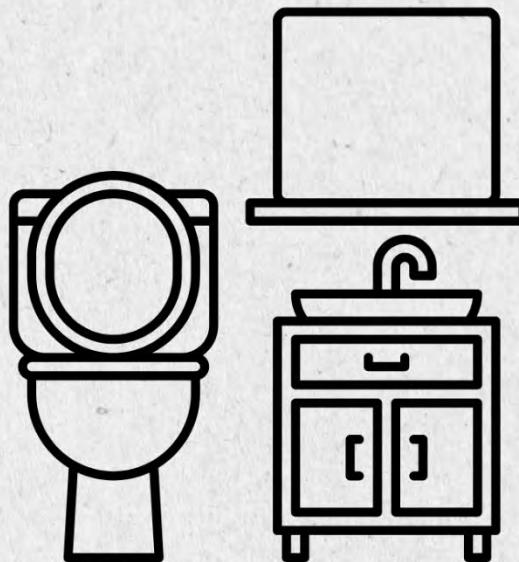
La Vie Cambios is a mixed French and Spanish expression that translates as “**Changing Lives**.” This initiative was started by Ohenenana Danso and Eleazer Tawiah. The team is taking action after observing the lack of electricity and the unsafe hanging of exposed electrical wires in the Nursery Department at Zenu Public School, which posed a serious danger to the children. Their goal is to rewire the entire electrical system in the department to provide proper lighting and ensure that all wires are safely secured.

During their investigation, the team also learned that due to the darkness at night, some careless members of the community would defecate behind the classroom blocks, making the environment unsafe and unhygienic for learning. The team has received an estimated cost of GHC 13,000 to actualize their goal. To support this cause, kindly refer to the poster for further details.

Tema International School

Community Project 2026

SONRISA



**Support us to raise GHC 5,000 to re-pipe the entire
washroom facility at the Pre-School department at Zenu
No1 & 2 Cluster of Schools**

Momo Details

Name: Abigail Ahiadorme

No:0597621047

Ref: CPSonisa

By: Naa Barkey Vanderpuye, Megan Mayilamene & Nathan Okai

Tema International School

Community Project 2026

La Vie Cambios



Live electrical current may cause serious injury; help us raise **GHC 13,000** to re-wire the entire electrical system of the Nursery Department at Zenu No1&2 Cluster of Schools

Momo Details

Name: Abigail Ahiadorme

No:0597621047

Ref: CPLaVie

By: Ohenenana Danso & Eleazer Tawiah

MYP – Service as Action

TISConnect – Online Information Hub

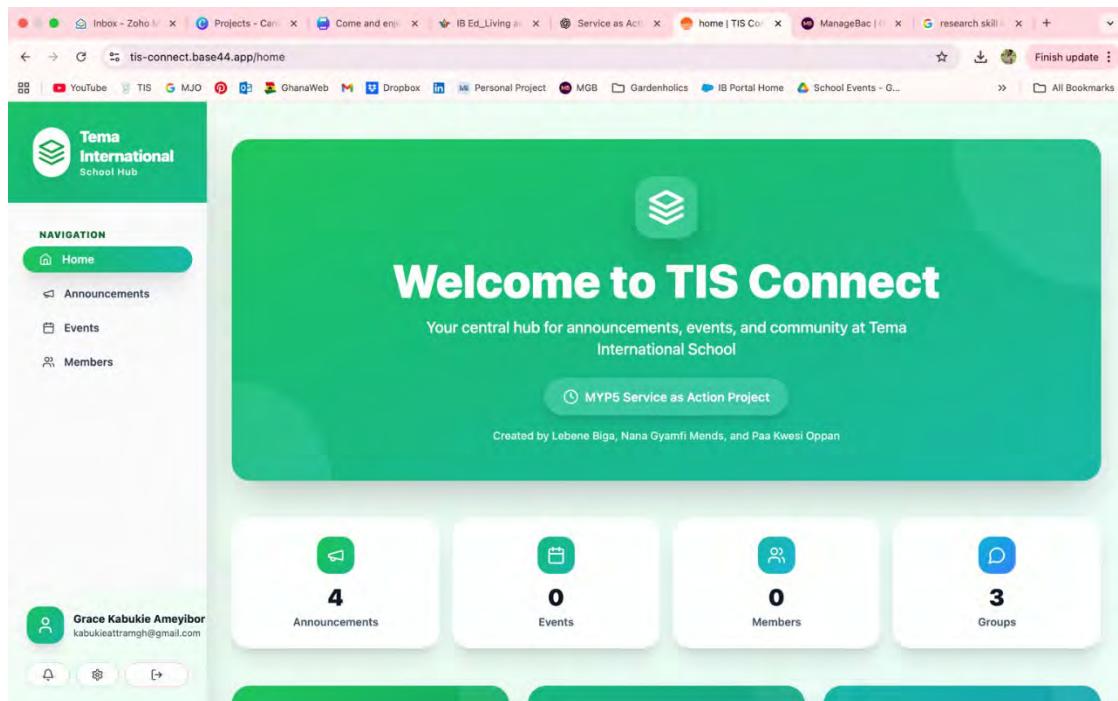
This is an online information hub designed and initiated by Lebene Biga, Nana Gyamfi Mends, and Paa Kwesi Oppan (MYP 5).

TISConnect serves as a digital notice board for the school. It centralizes important announcements, semester plans, key dates, and upcoming events in one easily accessible platform for students.

During their investigation, the team observed that despite multiple channels of communication, including assembly meetings, the main announcement board, and lunchtime announcements, many students were still unaware of important school information and upcoming events. To address this challenge, the group created a website where all upcoming events and key notices from the school bulletin are uploaded in one place. This helps reduce confusion caused by information being spread across multiple platforms and supports students in staying informed and organised.

Recognising that students are frequently online, the team designed the hub to meet them where they are most active. All students can access the platform, but only approved administrators are allowed to upload and edit information.

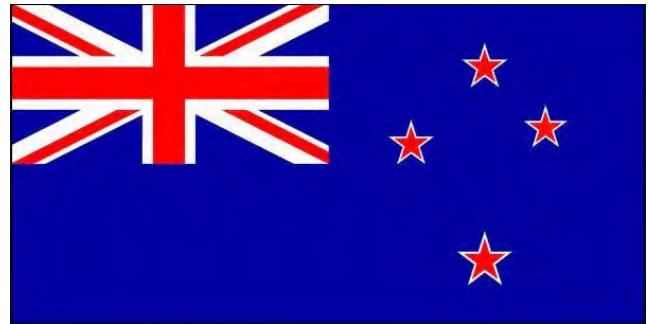
Overall, the project aims to improve communication within the school, reduce missed announcements, and promote better time management across the school community. Check out the website: [TISConnect](https://tis-connect.base44.app/home) and stay informed!



Explore the World Column

By David Tamakloe – MYP4

Inspired by the Geography unit on *Tourism*, **David Tamakloe (MYP 4)** has initiated a new column in the weekly bulletin that shares fascinating travel facts to **educate and inspire students** to create their own bucket lists of amazing destinations to explore. This aims to promote global awareness and appreciation for diverse cultures encouraging readers to learn more about Geography, the world and its wonders.



Enjoy this week's feature – **New Zealand**



Did you know?

- New Zealand was the last country to be inhabited as humans arrived about 800 years ago.
- In New Zealand, there are about 5 sheep for each human, and sheep farms are an iconic sight for tourists.
- Its capital, Queensland, is famous for bungee-jumping, skydiving, jet boating, and more, attracting thrill-seekers from all over the world.

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Our Trash, Our Responsibility

By Gemma Dzareh-Dzah (MYP 5)

Littering is a persistent problem affecting communities and natural environments worldwide.

It is the act of improperly disposing of waste products by leaving them in public places rather than using designated bins or recycling facilities (CENN, 2016). While it may seem like a minor act, littering has serious consequences for both the environment and society.

One of the main reasons people litter is a lack of awareness about the impacts. Many people do not realise that a single piece of trash can contribute to pollution, harm wildlife, and create unsanitary conditions. Sometimes, littering becomes a habit simply because it is easier.



Environmental & Health Impacts

Littering has extreme consequences:

- **Pollution:** Litter contributes to land, air, and water pollution (TDS, 2024). For example, plastics and other non-biodegradable materials can persist in the environment for hundreds of years, polluting soil and waterways.
- **Wildlife Harm:** Animals often mistake litter for food. Consuming these materials can block their digestive tracts, leading to injury or death. (Prassana, 2021)
- **Human Health Risks:** Litter attracts pests like rats and mosquitoes, which can spread diseases such as dengue and malaria. Open garbage also creates unsanitary conditions in public spaces. (Mohit, 2025)
- **Economic Loss:** Littering can deter tourists, lower property values, and force governments to spend large sums on cleanup efforts.



Solving the littering problem requires a combination of education, better waste management, and personal initiative to do what is right (Murray, 2023). In TIS, we have many accessible bins and now, a great understanding of littering and its impacts. Knowing how littering can affect us and our environment, we need to be mindful and influence others to avoid littering.

In conclusion, littering is more than just an eyesore; it is a huge environmental and social issue. By making small changes in our behaviour and encouraging others to do the same, we can all contribute to cleaner, healthier, and more beautiful communities.

Resources

CENN. "Reasons, Consequences and Possible Solutions of Littering." *Caucasus Environmental Knowledge Portal*, environment.cenn.org/waste-management/publications/reasons-consequences-possible-solutions-littering/

"Essay on Littering | Littering Essay for Students and Children in English." *A plus Topper*, 11 Feb. 2021, www.aplustopper.com/essay-on-littering/.

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TEMA INTERNATIONAL SCHOOL

Service as Action (MYP 5)

By: Ewurama, Katie, Paa Kwesi

Not all Bugs need Drugs

Meaning of overdosing on drugs

Overdosing on drugs means taking more of a substance than the body can safely handle, causing toxic effects and dangerous health problems.

Examples

- Taking too many painkillers (like paracetamol) at once.
- Using more prescription medication than a doctor recommended.
- Mixing drugs with alcohol, causing the body to get overwhelmed.
- Taking someone else's medication in large amounts.



Short-Term Effects

- Trouble breathing or very slow breathing
- Dangerous heart rhythm changes
- Confusion, dizziness, or losing awareness
- Nausea, vomiting, or stomach pain

Long-Term Risks

- Permanent liver or kidney damage
- Ongoing heart problems
- Memory and concentration difficulties
- Long-lasting brain or nerve damage
- Higher risk of future health complications

SERVICE LEARNING

Service is for and with others.

Through service learning, **I learn to:**



Become more aware of my **strengths** and **areas for growth**.



Challenge myself to develop new skills.



Discuss, plan and **evaluate** action with my peers.



Persevere in action, *keeping up the effort* even when things are challenging.



Collaborate effectively with others.



Develop **international mindedness** by *engaging with the world, using different languages & understanding other cultures.*



Consider the **ethical implications** of my actions, *thinking carefully about right and wrong.*



TEMA INTERNATIONAL SCHOOL

SERVICE AS ACTION OPPORTUNITIES

Classroom Unit

e.g., Calculating an Area within the school campus as studied in Maths



UN Sustainable Development Goals

SUSTAINABLE DEVELOPMENT GOALS

e.g., Zero Hunger, Quality Education, Good Health & Wellbeing, Gender Equality, No Poverty, Clean Water & Sanitation, Life below Water, Climate Action, Reduced Inequalities etc

NGOs & Organizations

e.g., Children Heart Foundation, Empower Playground, Plastic Punch, Infanta Malaria, UNCHR etc



Assembly Meeting

e.g., Presentation about a Cause



ASA with Service Components

e.g., Interact Club, Peer Buddies, Insight TV & Photography Club



International Day

e.g., World Autism Day, International Women's Day, Teachers Day



Student Leadership

Class Representatives



TIS Record

e.g., Article writing for publishing in the school Bulletin



Peer Tutoring and Peer Buddy System

e.g., Article writing for publishing in the School bulletin



UNLEASH YOUR CREATIVITY: JOIN THE CREATIVES' WORKSHOP

Are you a storyteller at heart? Do you dream of turning your ideas into powerful narratives, films, or digital creations? This is your moment to step into the future of creativity!

The Language and Literature Department is excited to invite you to **register** for **The Creatives' Workshop**: a one-day immersive experience designed to help you transform your passion into skill and innovation.

Theme: *From Echoes to Horizon: Weaving the Future from the Past*

This workshop will bridge traditional storytelling with cutting-edge digital tools, equipping you with practical skills for the 21st-century creative world.



**TEMA
INTERNATIONAL
SCHOOL**



CREATIVES' WORKSHOP

THEME: FROM ECHOES TO HORIZONS:
WEAVING THE FUTURE FROM THE PAST



- ✓ SHORT STORY WRITING
- ✓ GENERATIVE AI FOR CREATIVE EXPRESSION



► **SAT. 7**
FEB 2026 **7:30 AM**
SECONDARY CAMPUS

Participants will explore how stories from the past can shape bold, imaginative futures by blending tradition, creativity, and modern technology.



TEMA INTERNATIONAL SCHOOL



SCIENCE

TECHNOLOGY

ENGINEERING

ART

MATH

STEAM FAIR

SAT. 21*
MAR. 2026

**INNOVATING FOR A
SUSTAINABLE FUTURE
THROUGH STEAM**

• **1:00 PM^{TO}
4:00 PM**

• **SECONDARY
CAMPUS**



SCIENCE

TECHNOLOGY

ENGINEERING

ART

MATH

INTER-COLOUR ATHLETICS CARNIVAL 2026

INTRODUCTION

Our Annual Inter-Colour Athletics Competition was held on 17th of January, 2026 at the school's soccer field. The event aimed to promote physical fitness, uncover new talents, and foster a spirit of friendship and healthy competition among the students. The competition brought together all four colours: Blue Cedar, Red Kigelia, Green Wisteria and Yellow Outeniqua.

EVENTS

The field events took place on Friday after school with the track events taking place on Saturday morning. For this year's carnival. We had 94 individual entries across both track and field events(excluding the team relays).

With warm-up activities and announcements ending at 8:25, the activities started at exactly 8:30 am with the 1500m event. This was followed by the individual events in short distance (100m, 200m). The medium distance events (400m, 800m) followed with the team relays concluding.

HIGHLIGHTS OF THE COMPETITION

This year's carnival was filled with exciting track and field events.

- **Track Events:** The 100m, 200m, team relays, were highly competitive, with red Kigelia (girls) setting a new record for the senior relay and Green Wisteria setting a new record for the junior relay.
- **Field Events:** Long jump, high jump, and shot put saw intense competition, with several new school records set in the senior boys' category.
- **Relays:** The 4x100m team relays were the highlights drawing huge cheers from the crowd.
- **Novelty Races:** Staff race(s) added a fun, lighthearted atmosphere to the day.

RECORDS

- Elikem Amoo broke his previous record of 13.69 in the 100m event for 13 year olds with a new one of 11.19sec.
- Reginald Danquah set a new record of 12.81sec in the 100m event for 12year olds.
- Green Wisteria (junior mixed team) set a new record in the junior relay with a time 1.06sec
- Red Kigelia set a new record of 59.43sec in the senior team mixed relay.

The competition was fierce, but yellow Outeniqua emerged as the overall champions, demonstrating exceptional athletic ability and teamwork.

- 1st Position: Yellow Outeniqua
- 2nd Position: Red Kigelia
- 3rd Position: Green Wisteria
- 4th Position: Blue Cedar

The event was a huge success, strengthening the bonds of friendship across the school. We would like to thank the school management, teachers, and students for their active participation and support.



Sports Team

Below are some of the reflections from our students.

The TIS 2026 Athletics Carnival was a special one for me, as was my 5th time taking part. Having experienced the carnival over the years, this year felt different because I decided to step out of my comfort zone and try long jump and high jump for the first time. That decision paid off, as I managed to place 1st in both events, which was a really rewarding moment for me. On the track, I also had a strong showing, winning both the 100m and 200m. Beyond individual performances, the highlight

was seeing my colour emerge triumphant with a blistering 159 points, clearly dominating the competition across both track and field events. While we were not successful in the relay races, everyone still gave it their all, and the energy and enjoyment remained high throughout. Overall, the carnival was a memorable experience that combined personal growth, team spirit, and pure enjoyment of the sport. **Antonio Osei-Agyeman (G11)**

The TIS 2026 Athletics Carnival was a rewarding and memorable experience for me, both personally and as part of my colour team. I competed in several events, including the 100m, where I placed 1st, the Champion of Champions race where I came 2nd, as well as the senior girls relay and the mixed relay. Each event pushed me to give my best, and I felt proud representing my colour and contributing through both individual and team performances. Winning the 100m was especially motivating, as it reflected on the hard work and determination I put into my training. Although my colour placed second overall, the experience was still incredibly fulfilling. The carnival was not just about winning, but about teamwork, school spirit, and perseverance. Supporting my teammates, celebrating our successes, and encouraging one another made the day meaningful and enjoyable. Overall, the athletics carnival allowed me to grow in confidence, resilience, and sportsmanship, making it an experience I will always value. **Amaris Osei-Agyeman (G11)**

The athletics carnival on Saturday was a demanding but rewarding experience for me. In the weeks leading up to the event, I trained consistently and with purpose, determined to perform well both as an athlete and as a colour leader. I knew the day would test not only my physical ability but also my leadership skills. During the carnival, two of my fellow colour leaders experienced health scares, which meant that I had to take on full responsibility for organising our runners and ensuring everyone was on track and ready, all while still competing in my own events. Managing logistics, motivating teammates, and staying focused on my races at the same time was challenging, but it pushed me to remain calm under pressure and act decisively. In terms of performance, I experienced both success and setbacks. I won some of my races, which reflected the effort and discipline I put into my training. However, I also lost some events. Rather than being discouraged, I used these moments as learning opportunities, recognising areas where my technique, preparation, or in-race decisions could have been better. These experiences taught me the importance of adaptability and reflection in improving performance. Overall, the athletics carnival helped me grow both as a leader and as an athlete. It reinforced the value of resilience, responsibility, and learning from mistakes. Despite the challenges, I am proud of how I handled the situation and of the effort I gave throughout the event, and I will carry these lessons forward into future competitions and leadership roles. **Chidubem Akunyili (G11)**

On 17th January 2026, I participated in the school athletics carnival, where I competed in the 100 m and 200 m events. This experience pushed me both physically and mentally, allowing me to truly test my perseverance and self-belief. After completing the 100m race, I felt extremely weak and exhausted. At that moment, it would have been easy to withdraw or give up, but I chose to challenge myself instead. I reminded myself that resilience is not about feeling strong all the time but about continuing even when the body feels tired. Despite the discomfort, I pushed through and competed in the 200m and later in champions on champions. This experience taught me the importance of perseverance, especially in moments of physical and mental fatigue. I learnt that my limits are often further than I expect and that determination plays a crucial role in performance. **Samuella Adu-Baah (G12)**

The athletics carnival was an exciting and rewarding experience for me. I actively participated in discus, javelin, and shot put, and I was proud to win all three field events. In addition to this, I took part in several track events and consistently placed no lower than second position, which challenged

me physically and mentally. Despite the intensity of the competition, I did not feel overwhelmed or stressed, as my colour, Yellow, worked together with strong teamwork and determination. Our shared effort and positive mindset ultimately led to us winning the overall competition. The carnival reminded me of the importance of perseverance, resilience, and sportsmanship, and it motivated me to continue pushing myself. I truly enjoyed the experience and cannot wait to participate again. **Aseye Torkornoo (G11)**

Athletics day was a tough but exciting experience for me. I took part in the 100m, 200m, 400m, the relay race, and the mixed relay. Running so many races in one day wasn't easy, and after each event, I could feel myself getting more tired. Still, I pushed myself because I wanted to do my best and support my team. By the end of the day, I was exhausted, but I didn't give up. I kept striving to finish each race and give it everything I had. Even when my legs felt heavy, I reminded myself to stay focused and keep moving forward. Overall, taking part in the athletics taught me a lot about discipline and teamwork. Cheering for others and knowing they were cheering for me made a big difference. It wasn't just about winning races but about trying your best and learning from the experience. **Nadia Yakubu (G9)**

Last Saturday, I participated in the athletics carnival. This event taught me resilience, trust, and teamwork. Through resilience, running various races wasn't easy, but I knew I needed to stay determined and push through. Additionally, through teamwork, I worked and cooperated with my blue team members and succeeded effectively and efficiently. This isn't the first athletics carnival I've taken part in or been involved in. Last year, I competed in similar races, which helped me become more competent and resilient. The recent school athletics carnival was a truly heartwarming experience for me. Being part of the Blue team fills me with pride and a sense of duty to do my best and support my friends whenever possible. The lively, encouraging atmosphere had everyone cheering loudly for their teams, creating an exciting, joyful atmosphere. One of the most memorable moments was running the 800m race alone, which required mental strength and perseverance. It was physically demanding, and with no one running beside me, I had to stay focused. I sometimes felt tired and questioned if I could continue, but I remained positive by focusing on my breathing, breaking the race into smaller sections, and reminding myself of my purpose. Hearing my teammates cheer for blue gave me the motivation to finish strong. I also competed in the 400m and 100m races, which tested my speed and stamina in fun and different ways. Juggling multiple events was challenging, especially when I felt fatigued, but staying hydrated, resting where possible, and maintaining a positive outlook helped me persevere. Even when exhaustion set in, I pushed myself to do my best for my team. Overall, I had a fantastic time at the athletics carnival. Supporting my team, cheering for my friends, and feeling their support in return made the day unforgettable. This experience taught me the importance of determination, teamwork, and school spirit qualities I'll always cherish. **Nubuke Eli-Dzantor (G11)**

The Athletics carnival was a powerful reminder of what it means to step outside my comfort zone. This year, I decided to embrace the challenge of the high jump, an event I had never attempted before. The competition became unexpectedly intense as I went five consecutive rounds with Antonio. Even though the heights kept rising, the adrenaline kept me focused, and that head-to-head battle ended up being the most rewarding part of my day. In addition to the high jump, I was thrilled to take second place in the long jump, proving that hard work pays off in the pits. However, my favourite moments weren't just about my own results. I poured my energy into colour spirit, cheering loudly for my teammates during the running events. Whether I was soaring over a bar or losing my voice in the stands, I realised that the Athletics carnival is more than just medals; it's about grit, support, and school pride. **Nii Amarah (G10)**

Participating in athletics, including the 100m sprint, relay, javelin, and long jump, has been a valuable experience. The 100m taught me the importance of focus, speed, and a strong start. The relay helped me understand teamwork, trust, and clear communication during baton exchanges. Javelin improved my strength, coordination, and technique, while long jump helped me work on timing, balance, and control. Overall, the athletics carnival has helped me grow physically and mentally by building discipline, confidence, and determination. I aim to continue improving my skills in all events in the future. **Alisha Bukari (G9)**

The athletics carnival at my school was a really wholesome and memorable experience. The whole atmosphere was full of energy, support, and school spirit, which made it feel more than just a competition. I took part in several events, including the 800m, the 1500m, the 4×100 relay, and javelin, and each event challenged me in different ways. Having my friends and teachers cheering from the sidelines motivated me to keep going, even when I started to feel tired. The 1500m and 800m races in particular, taught me a lot about perseverance. There were moments when my legs felt heavy, and I wanted to slow down, but I pushed myself to stay focused and kept moving forward. These long-distance races showed me that endurance is not only physical but also mental. Pushing through the pain and finishing strong made me feel proud of myself and more confident in my abilities. One of the biggest surprises of the day was winning first place in shot put. I didn't expect to do so well, which made the achievement even more meaningful. Competing in field events like shot put and javelin helped me realize that stepping out of my comfort zone can lead to unexpected success. Overall, the athletics carnival taught me resilience, self-belief, and the importance of giving my best in everything I try. **Mohammed Hussein (G9)**

The school athletic event was a challenging but rewarding experience for me. I competed in the 200 metres, 400 metres, 4x100 relay, and the medley relay, and each race pushed me differently. Finishing first in both the 200 metres and 400 metres was very motivating, as it showed the progress I've made through consistent training and effort. Winning the 4x100 relay with my teammates was another highlight, as it required speed, coordination, and clear communication. However, placing last in the medley relay was disappointing and reminded me that athletics can be unpredictable. Despite this, the experience helped me develop resilience and a stronger mindset. Overall, the event taught me to appreciate both success and failure, as both play an important role in personal growth and improvement. **Reyeis Nsiah (G11)**

Participating in the school athletic event was a really meaningful experience for me. I took part in the 1500 metres, the 4x100 relay, and the medley relay, and each race taught me something different. In the 1500 metres, I placed second, which made me proud because it showed how my training and endurance paid off, even though it was physically challenging. Winning the 4x100 relay as a team was probably the highlight of the event, as it reminded me how important teamwork, communication, and trust are in achieving success. Although we lost the medley relay, it helped me understand that not every race goes as planned, and setbacks are part of sports. Overall, this event taught me resilience, teamwork, and the importance of staying motivated even after disappointment. It also encouraged me to push myself further and improve for future competitions. **Akim Tijani (G11)**

HOSTEL CORNER

Time Matters: A Simple Guide to Being on Time



As students, juggling classes, assignments, extracurricular activities, and social life can be overwhelming.

Every day in school and hostel life, **every moment counts**. The bell rings, announcements are made, and activities begin. Yet, too often, students arrive late, rushing, apologising, or missing important moments. Lateness may seem small, but over time, it becomes a habit that affects learning, friendships, leadership opportunities, and trust.

Being on time is about respecting yourself, others, and the opportunities presented to you. When you are punctual, you show readiness, maturity, and responsibility. **When you are late, you lose time you can never get back.**

In the hostel, time management is especially important because our lives are shared. One person's delay can affect an entire group. Learning to manage your time well now will help you succeed not only in school, but also in university, work, and life beyond TIS.

You do not need to be perfect, just **intentional**. Small changes, practiced daily, can make a big difference.

Being on time is not just a school rule; it is a **life skill**. At TIS, punctuality shows **discipline, respect, and readiness to learn**. When you arrive late, you miss important moments,

and it affects others as well.

Here are simple ways every student can manage time better and be on time for activities.

1. Make Time Your Friend

Time moves whether we are ready or not. Learn to watch the clock and listen to reminders from the bell ringers. When you hear the sound of the bell start wrapping up immediately do not wait for the countdown. Always plan to arrive **5 minutes earlier** than the actual time.

2. Prepare the Night Before

Mornings become stressful when preparation is delayed. Preparation saves time and reduces excuses, so before sleeping, you can

- Iron your uniform
- Pack your school bag
- Keep shoes and books ready

3. Follow a Daily Routine

A routine helps your body and mind move faster. When you wake up, bath, perform your morning duties, dress, and prepare in the same order every day, you waste less time deciding what to do next.

4. Avoid Time Wasters

Laptops, chatting, and unnecessary delays are the biggest enemies of punctuality. Five minutes on your laptop can easily become fifteen. Ask yourself this question: ***Is this helping me get ready or making me late?***

5. Move with Purpose

Walking slowly, returning to the Hostel unnecessarily during Prep, or waiting for friends can make you late. Once it is time to move, move with **focus and intention**.

6. Help Each Other

Punctuality is a team effort. Remind your friends, encourage one another, and lead by example. When your group is on time, everyone benefits.

7. Take Responsibility

Do not wait to be pushed. Time management starts with **you**. Being on time builds trust and prepares you for leadership roles **now and in the future**.

Dear Students

“The best students are not just intelligent, they are dependable.”

Choose to respect time. Choose to be ready. Choose to be on time.

COUNSELLORS' CORNER



Radiate the energy you wish to receive. Positive energy only!

Practical Tips to Radiate Positive Energy

- ✓ **Practice gratitude & Smile genuinely:** A smile is contagious and instantly uplifts both you and those around you.
- ✓ **Use kind words surround yourself with positivity:** Choose environments, music, and people that inspire joy.
- ✓ **Acts of kindness:** Small gestures like helping someone or offering compliments spread positivity outward.
- ✓ **Stay physically active:** Exercise releases endorphins, which naturally elevate your energy.
- ✓ **Declutter your space& mind:** A clean environment/mind reduces stress and helps energy flow freely.

Alumni Week of Celebrations: Sparking Connections, Igniting Memories!



Alumni Week of Celebrations Friday Night # BoMi NkɔMɔ #

Alumni Week of Celebrations: Thanksgiving Service



Thank You Alumni!

To all our alumni who joined us — whether virtually or in person. Your presence made the celebration truly special.

Gerald Kusi 2007, Apiokor Ashong-Abbey 2007, Nana Yaw Akama-Asamoah 2011, Kwame Firempong Boakye 2019, Sanjeevan Allotey 2021, Madiba Gondoe 2022, Arlene Emefa Abotui 2023, Phoebe Osei 2023, Dayna Sarpong 2024, Dwayne Sarpong 2024, Jason Chigabatia 2024, Joel Adjei 2024, Seffrina Masoperh 2024, Veronica Arthur 2024, Farah Agoro Kerim-Dikeni 2025, Emily-Maria Asafo-Adjei 2025, Nana Aisha Hussein 2025, Tracy Adjei 2025, Evaristus Armah 2025, Joseph James 2025, Prince Cobbinah 2025, Jeremy Tackie 2025, Emmanuella Kafui Ashiagbor 2025, & Allyson Acheampong 2025.

Enjoy Reading Students' Reflections from Alumni Week

In my most recent Guidance class, my grade mates and I went into a zoom meeting with an alumnus. Madiba Gondoe. He talked to us about the importance of trying our best at TIS. I learned that this school offers so many opportunities and you can do so well if you try. The alumni that we talked to also showed us his grades from TIS, they were stellar, all A's. He showing us that makes me think that if I genuinely try my best, I can and will excel. This guidance class was probably one of my favourites. I now know that TIS isn't just about friendship and being the most popular person on earth. It's about trying your best, going outside of your comfort zone, and becoming the person that you dreamed to be.

We also watched a video from the Alumna Tracy. She talked to us about respecting our teachers, genuinely learning during prep, trying your best, and not overthinking things. When I first came to Tema International School, I saw many people who were more determined to look good, gain aura, and build friendships. I also saw many people, who were bound to the ground, trying their best in schoolwork, and planning for their future. I used to have the mind-set of wanting to look good, be popular, and befriend everyone, but when you think deeply about friends, and your social image, you really just need one good friend to succeed and if that one person is yourself then that is fine too. Tracy helped me realise that you do not always need to be the life of the party to be liked. Just put your head down and learn, lay low and focus.

Both of the Alumni speeches that I heard were extremely inspirational for me and I feel they will create a big impact on my future friendships and genuine people that I hang around. I learnt a lot from the Alumni and I hope we can have many more Guidance lessons like this because these lessons help guide, inspire, and motivate us to have a much brighter future. **Lady Victoria Frimpong, MYP2**

Guidance Class with Alumni across Grades!



Enjoy Reading Students' Reflections

During guidance class, I had the privilege of hearing from two alumni. Joel Adjei and Phoebe Dadson. I learnt 4 key things from Joel Adjei, One was to respect everybody. Regardless of their role in the school, respect goes a long way to help you in the future as it builds good relations with people which you might just meet in the near future. Another thing I learnt was the importance of being humble. At times, getting off your high horse is really all you need to succeed. eg: If you happen to find yourself struggling in a certain subject you should be able to set aside your ego and ask anyone for help, even if that person happens to be your junior. Moreover, I discovered the importance of courage. It is essential to know when to speak up when people are not doing things right. And most importantly, I learnt that it is best to make use of your talent, eg: braiding hair or playing an instrument really well because in the end universities do not only look at who has the most IB points but also a person with the most diverse portfolio which includes these unique talents.

Phoebe Dadson had a lot of wise, enlightening words to share with us. She touched on the importance of being adventurous and taking up hobbies like sports, learning an instrument, and even dancing because just as there is Division One in basketball which gives you a full scholarship, there is also Division One in dancing and even band teams. Additionally, she emphasized the value of stepping outside your comfort zone and trying opportunities even if they seem intimidating at first. She explained that growth often comes from taking risks, whether that means auditioning for a team, applying for a leadership role, or simply putting yourself out there. Phoebe also spoke about the importance of balance, reminding us that while academics matter, they should not completely overshadow personal development, wellbeing, and passions. Having interests outside the classroom not only makes school life more enjoyable but also helps you develop discipline, confidence, and time-management skills. Overall, hearing from both alumni was inspiring and eye-opening. Their experiences showed me that success is not only defined by grades, but also by character, courage, humility, and the willingness to explore and nurture your talents. I am truly grateful to both Joel Adjei and Phoebe Dadson for taking the time to share their experiences and valuable advice with us. I also appreciate the university guidance team for organizing this session and giving us the opportunity to learn directly from alumni who have walked the path before us. **Amy-Frances Gavor, MYP 5**

Today in our Guidance class, we watched a video from a TIS Alumni discussing the importance of academics. While the video was packed with much information, I will only be focusing on the things that really stuck with me. First, I learned that burnout is very normal and how to counterattack it. Feeling unmotivated to do work is something I can relate to every now and then so learning that it was normal was encouraging and reassuring. In the video, she talked about how watching others study whether through friends or videos could help rekindle motivation to study. This was very useful as it was information I could apply. Additionally, she talked about active recall study techniques. She mentioned using flashcards to help retain information more efficiently rather than just reading through notes. This was really interesting as it introduced me to new study techniques I can apply across subjects. Overall, the video was very interesting and provided me with a lot of information about techniques that I can apply in school. **Uriel Wulff-Tagoe, MYP3**

Savannah College of Art and Design (SCAD) & Berklee College of Music Career Workshop Visit



Savannah College of Art and Design ® SCAD & Berklee College of Music Career Workshop Visit

TIS — a school of choice, where creativity thrives at its peak. The visits from Berklee and SCAD confirm this, opening doors to inspiration and endless possibilities. We are proud that many of our students continue their creative journeys at these world-renowned institutions, carrying the spirit of TIS onto global stages. **Nana Yaw Akama-Asamoah, Class of 2011** a proud alumnus of both **TIS and Berklee College of Music**, led the Berklee Career Workshop. Peter May, Senior Director of Admission at Savannah College of Art and Design, guided students through the SCAD Career Workshop — inspiring the next generation of creative leaders. Read more about SCAD@ <https://www.scad.edu/> Read more about Berklee@ <https://www.berklee.edu>

Berklee College of Music Career -Reflection by Dzidefo Kuivi- Grade 10

I gained valuable insight into how the music industry operates and what life is like as a music student at Berklee, its teaching style, facilities, programmes, and admission process. The session also broadened my perspective by introducing and comparing Berklee with other prestigious music institutions such as The Juilliard School, Curtis Institute of Music, and the Manhattan School of Music. This helped me understand the different approaches to music education and the diverse pathways available for aspiring musicians. What stood out most about Berklee is its contemporary approach to music education within a highly diverse campus environment. The school is equipped with state-of-the-art facilities, including multiple practice rooms and performance spaces, all designed to prepare students for real-world industry scenarios. These resources allow students to develop both their technical skills and professional readiness.

Overall, this visit deepened my understanding of professional music education and introduced me to another music college of strong interest. It helped me reflect seriously on my future in music and the kind of training and environment that would best support my goals.

SCAD -Reflection by Joel Ahiakpor, DP1

This week I had the opportunity to participate in the SCAD workshop. It was a very insightful time, where I got the opportunity to learn more about the requirements to study in my field of interest, Architecture, and the opportunities offered at one of the top US universities in the creative field. Through this, I asked questions which clarified certain thoughts and I am grateful for this experience.



SAT

2026 TEST DATES



Want to Register for SAT But Don't Know How? Follow the Links!

- ✓ <https://satsuite.collegeboard.org/sat/registration>
- ✓ SAT Registration Fee Beginning with **August 24, 2024**, the SAT registration fee is \$68, plus a \$43 international fee of \$ 111.
Click here: <https://satsuite.collegeboard.org/sat/registration/international-testing/>
- ✓ Click here for more information <https://www.bestcolleges.com/test-prep/sat/registration/>.
- ✓ If having Troubles Registering contact **Aunty Portia** in person or by email at portia.atubiga@tis.edu.gh



Online payment only with Visa/credit card **NEW; ACCEPTABLE IDs**
ARE THE VALID UNEXPIRED PASSPORT IN ADDITION TO
GHANA'S NATIONAL IDENTIFICATION CARD (GHANA CARD),

<https://collegereadiness.collegeboard.org/sat/register/international/policies>

<https://satsuite.collegeboard.org/sat/dates-deadlines>



DIGITAL TEST DATES AND DEADLINES 2026

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
March 14. 2026	February 13. 2026
May 2 2026	April 3. 2026



2026 TEST DATES (COMPUTER-BASED TESTING ONLY!)

- ✓ ACT Registration Fees (Online payments only: Visit www.actstudent.org): ACT Registration Fees \$171.50, with writing \$196.50 (Online payments only: Credit Card)
- ✓ **Note: The cost of registration is subject to change.**
- ✓ (TIS Test Centre Code: 870390, but inform counsellor first).
- ✓ If having Troubles Registering contact **Aunty Portia** in person or by email at portia.atubiga@tis.edu.gh



DIGITAL TEST DATES AND DEADLINES 2026

TEST DATE	REGISTRATION AND PAYMENT DEADLINE
February 14. 2026	January 1. 2026
April 11. 2026	February 27. 2026
June 13. 2026	April 22. 2026

To practice for SAT Helpful Tips& More. Check Managebac for More Details

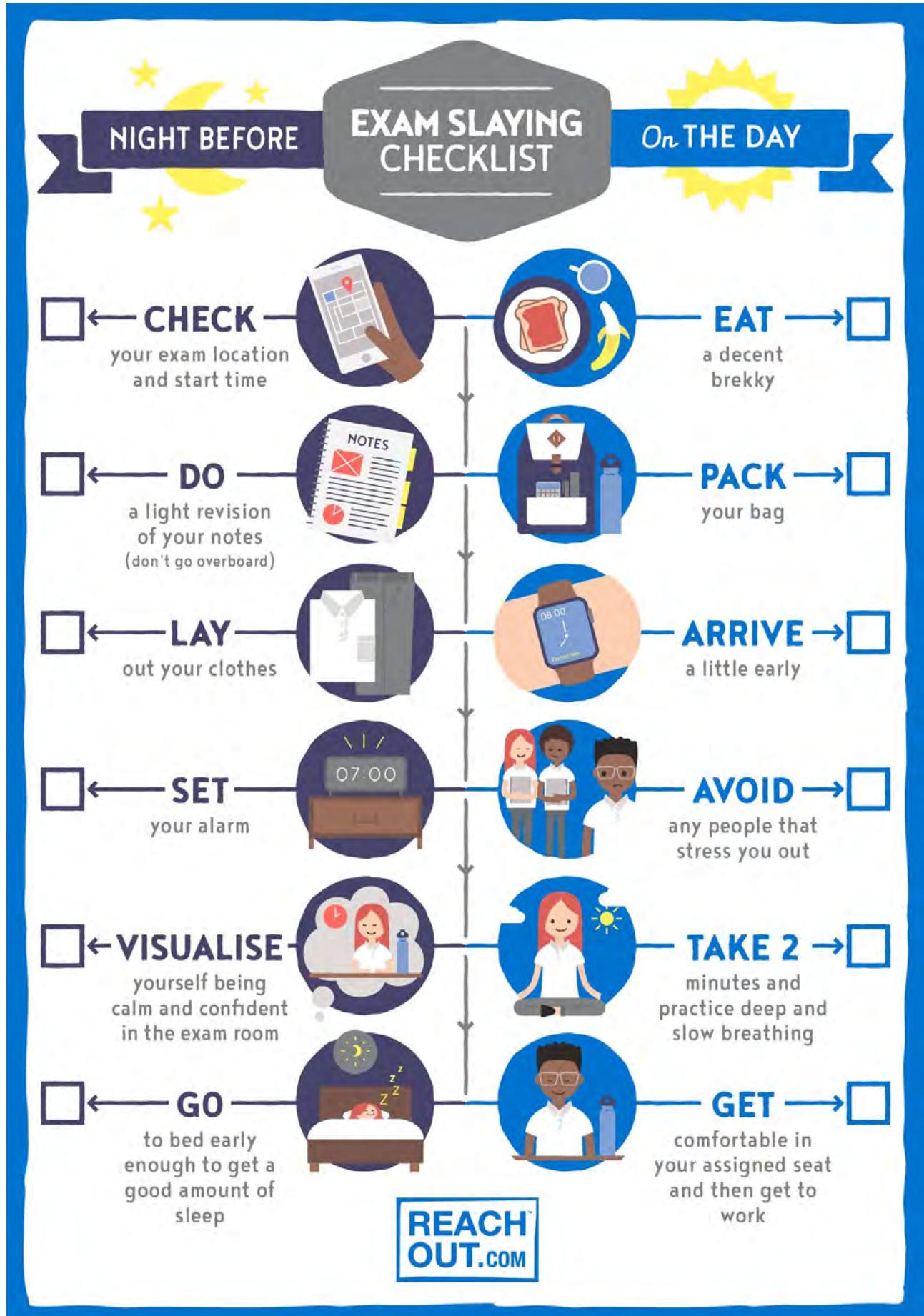
<https://satsuite.collegeboard.org/practice/practice-tests>

[Best 10 Free SAT Preparation Resources for 2025](#)

To practice for ACT Helpful Tips& More. Check Managebac for More Details

<https://www.act.org/content/act/en/products-and-services/the-act/test-preparation/free-act-test-prep.html>

<https://www.kaptest.com/act/free/act-free-practice-test?srsltid=AfmBOophx1HVXn81rfPeDUMxtSRR1Kd5zwncOG0Cwz9J-rgopPueSUL>



Change the World Through Excellence

#Make a Difference





"TIS, as a family school that provides unique experiences, embodies a spirit of integrity and respect for others which are central to the personal, academic and ethical development of each member.

**As a TIS family member,
I promise to uphold and demonstrate its values,
and protect the reputation of the school.
I make this pledge in the spirit of honour and trust."**



